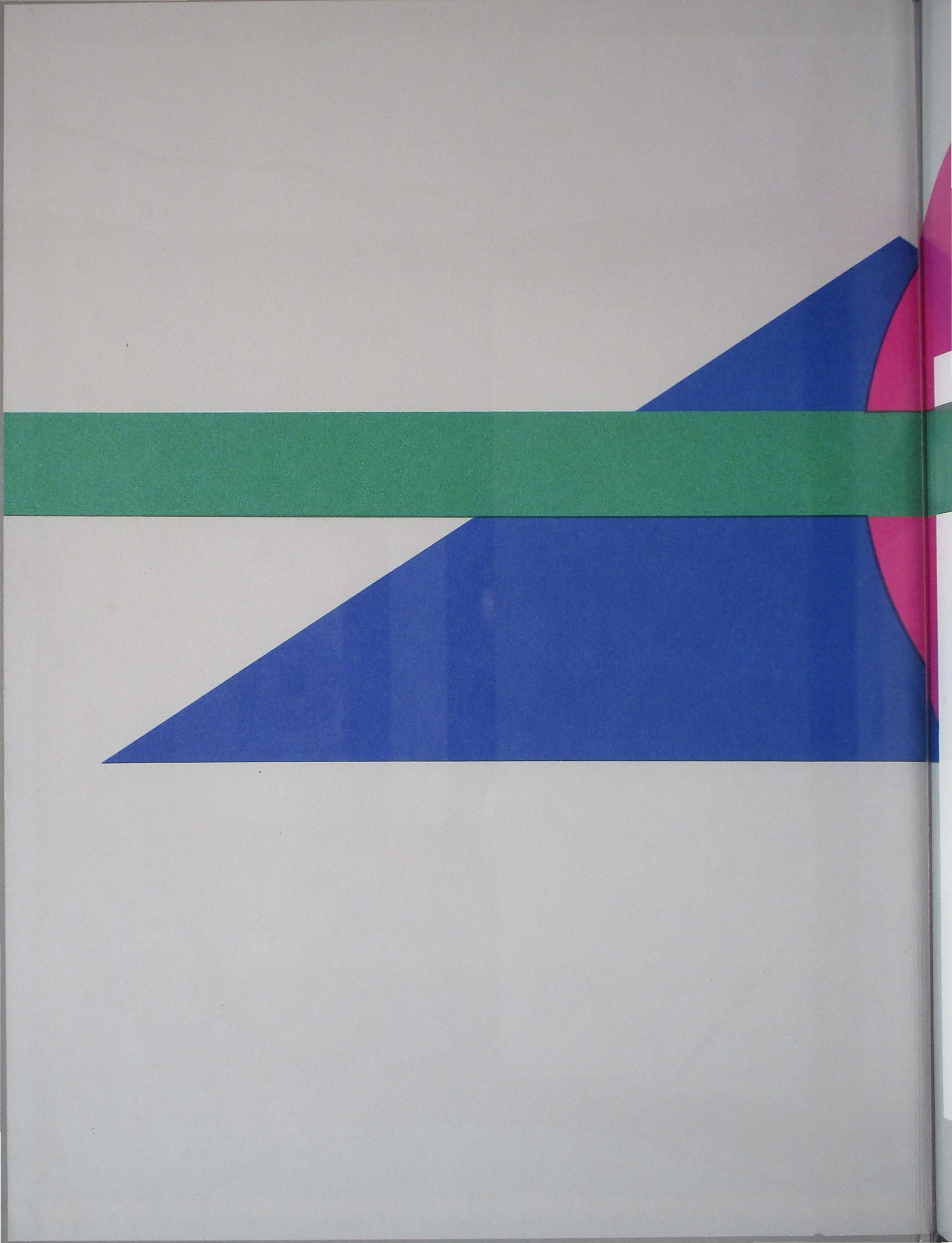




**SERIOUS**

**SPIRIT**  
**1989**







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Jamie



"Ames High, Aims Hi!" Students gather on September 30 for the Homecoming pep assembly. Later that night the varsity football team beat DM Hoover 14-7. (Photo by Jamie Watt)



## SPIRIT 1989

Ames High School  
20th and Ridgewood  
(515) 232-8440  
Ames, Iowa 50010  
Volume 77



With all of life's complexities and surprises at work and at play, there was always time to . . .

# Get Serious!

"D

ude! Have you seen the Student Council co-presidents? Most of their hair has grown back since their 'Go Bald' campaign last spring."

"You mean they actually shaved their heads? Get serious!"

"Yep. But the U.S. Presidential candidates wouldn't go that far — it was a close race to the finish line until November 8, when Bush and Quayle took the lead."

"Speaking of races, how about the boys' and girls' track teams! For the second year straight both ran away with Metro titles. Then the boys went on to capture State and the girls missed the title by three points, placing third."

"And don't forget the other successful teams: the boys' basketball team's number one ranking in the state, the journey to the state football playoffs, the volleyball team captured the Metro title, and both the girls' and boys' tennis teams captured Metro titles."

"Seriously? That's impressive! AHS not only took sports seriously, but also academics. There were 14 National Merit Scholar Finalists, Speech Club sent four individuals and one group to All-State, the Academic Decathlon team took second at State and the Academic Enterprises captured eighth place in the nation."

"I also heard that over a quarter of a million dollars was awarded to certain lucky scholarship winners."

"Not too shabby. I guess that's why they say 'Ames High Aims High', huh? And thanks to the passage of the Enrichment Tax, taxpayers will pay up to \$950,000 a year during the next three years to help the Ames school system to aim even higher."

continued on p. 4



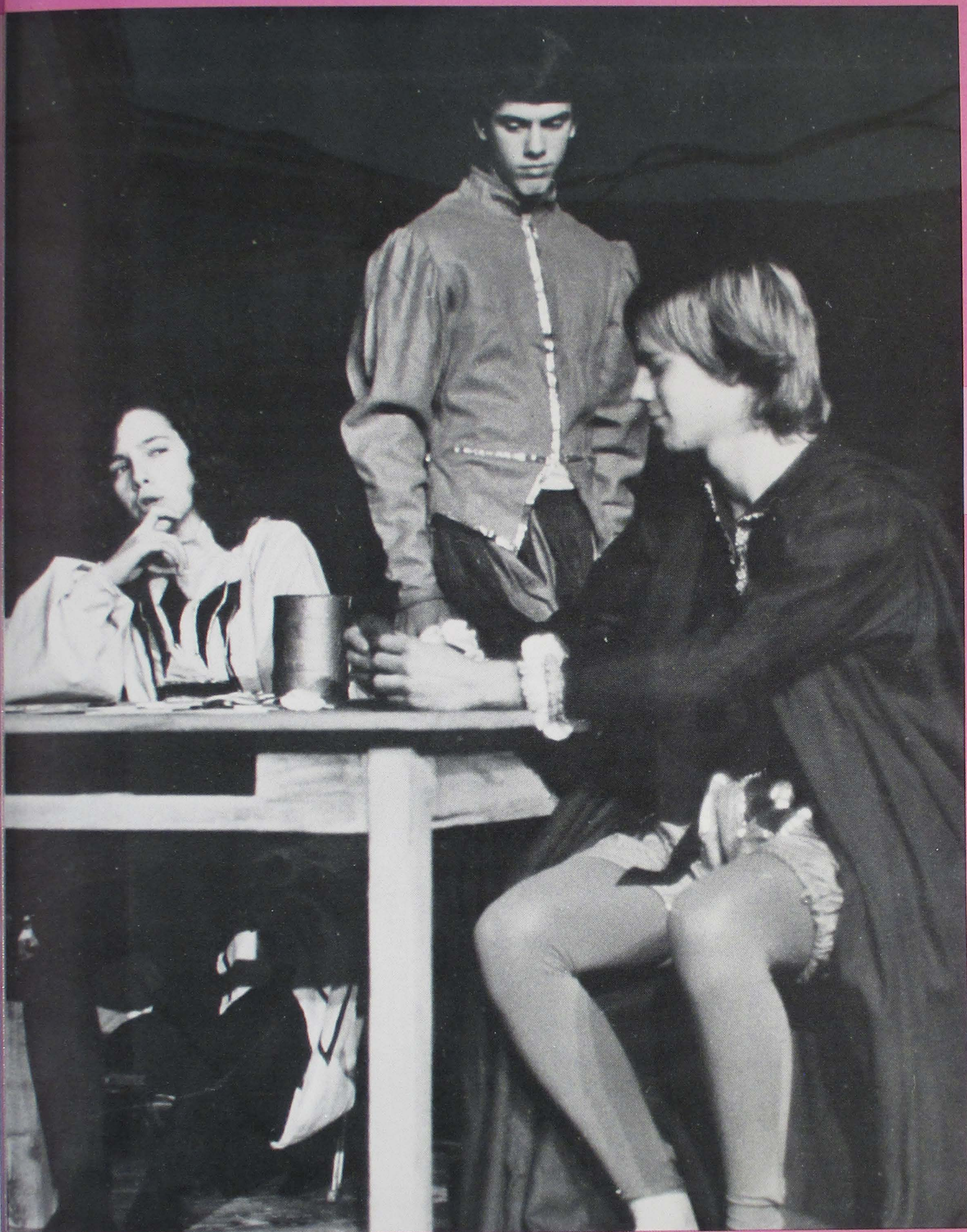
Piling their plates with Valentino's pizza and spaghetti, sophomore Fred Hoiberg, freshman Eric Martin and junior Kent Kavanaugh attend the Spring Sports Kick-Off on April 28. (Photo by Lanai Byg)

At a taping of "Visions", sophomores Jason Moore and Tim Hoekstra focus in on an interview. The student-produced TV show was taped every other Monday and aired on Cable Channel 35 to Ames residents. (Photo by Janet Rorholm)



After receiving a bloody note in the One-Act "A Game of Chess," freshman Sandra Deluca, sophomore Todd Hawbaker and senior Dan Anderson ponder their next move. (Photo by Doug Adams)







# From the 'pumpkin heads' to Airbands, controversy and spirit brought a sense of excitement into our lives

continued from p. 2

"Yeah, money was a big issue — Welfare Week generated over \$2500 which was donated to Youth and Shelter Services and the Special Olympics, and contributions totalling over \$25,000 were donated by the community, school and people across the country to help relieve medical costs for social studies teacher Tom Jorgensen after his liver transplant."

"It was cool that the school and community were able to ban together to accomplish something that would help others."

"But even though there was cooperation, it was sometimes divided by controversy. I'll never forget the Airbands conflict where three students were suspended and the whole incident was scrutinized by the community; threats from parents and the administration to cancel the Mistletoe Dance unless students behaved themselves; and the traditional Homecoming bonfire was extinguished from Ames High, thanks to a new city ordinance since it had been so dry during the summer."

"Oh, yeah — Homecoming and other football games were quite different this year. Remember the 'pumpkin heads' and the orange-hatted senior guys? They really helped to generate some school spirit at the games. And then there was the Powderpuff game and the senior 'hitlists'. But, enthusiasm deflated for that game since it was raining."

"Rain and unusually cold weather also hit during Drake Relays and Veishea, which ruined the typical "sunbathing" tradition. It was impossible to find the sun when we needed it!"

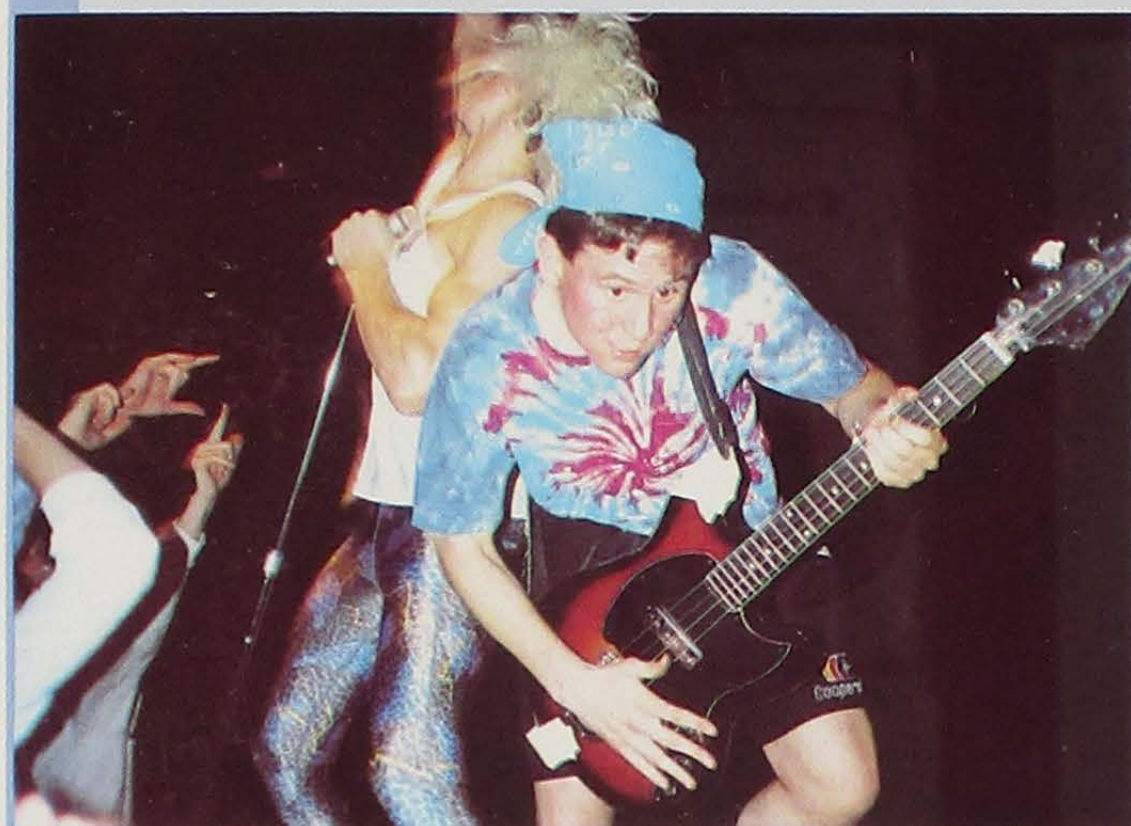
"And don't forget another disappearance — the pencil sharpener handles were missing all year, due to senior pranks!"

"That was such a hassle, my pencil was continually dull!"

"Well, dull or not, the year had its ups and downs. Whether we were joking or serious, I think we made it through OK. In fact, I may even miss these brick walls this summer!"

"Get serious!"

Taking a break at a Hawaiian graduation party held at Beamers, juniors Angie Brunner, Stephanie Graves and Chantel Jordan snack on fruit from a carved watermelon. (Photo by Carrie Stidwell)



Among the screaming fans, senior Jason Teal and lead singer, senior Matt Smalling, jam to Van Halen's "Panama" at the Airbands held during Welfare Week, April 11, by Student Council. (Photo by Carrie Stidwell)

Attempting to complete their chemistry lab before their 43-minute lab period ends, seniors Christy Cooney and Kristi Coffey measure sulfuric acid into a graduated cylinder. (Photo by Carrie Stidwell)









# *You can't be* **Serious**

**"W**

hat's up? I just got back from Terpsichore practice. Man, I can't wait to wear a skin-tight unitard in front of the entire school — how embarrassing!"

"Come on! I know that you've done way more embarrassing things than that! Like your 'fender-bender' Friday night in the middle of Campustown, when two cop cars came with lights flashing. That qualifies as embarrassing in my book!"

"Yeah, you're right. My face was a little red! But at least my car is such a junker that another dent didn't matter. Speaking of weekends, what did you do?"

"Well, actually I was a prisoner in my own home . . . I was grounded!"

"Grounded? Give me a break — you're 18 years old! What happened? Did you get in another fight with your sister?"

"Actually, we've been getting along pretty well lately. This was a messy situation . . . my mom told me that I was a slob and that I was stuck inside until I cleaned my room. Obviously I didn't get it done until Sunday night!"

"Really? That's terrible . . . but at least you finished it so you can go out this weekend. Don't forget about our plans to go shopping for Prom dresses. Even though we don't have dates yet, it can't hurt to prepare!"

"What are you, some kind of Boy Scout or something? Besides, even if I did have a date, I wouldn't have any money to buy a pair of pantyhose, let alone a Prom dress. I need a job!"

"Well, you'd never have any time to goof off if you did have one. Remember, only 52 days 'til we graduate! I looked on the Senior Countdown today."

"Seriously? That's awesome. I'm getting Senioritis already. I can't believe that after 13 years and millions of days of Ames Public schooling, we'll be ending it all on May 24 when we get our diplomas at Hilton."

"I know — it's wild! We just have to remember to make the most of the next two months and have some serious fun!"

"Of course we will! When you have only two months of school left, you can't be serious!"



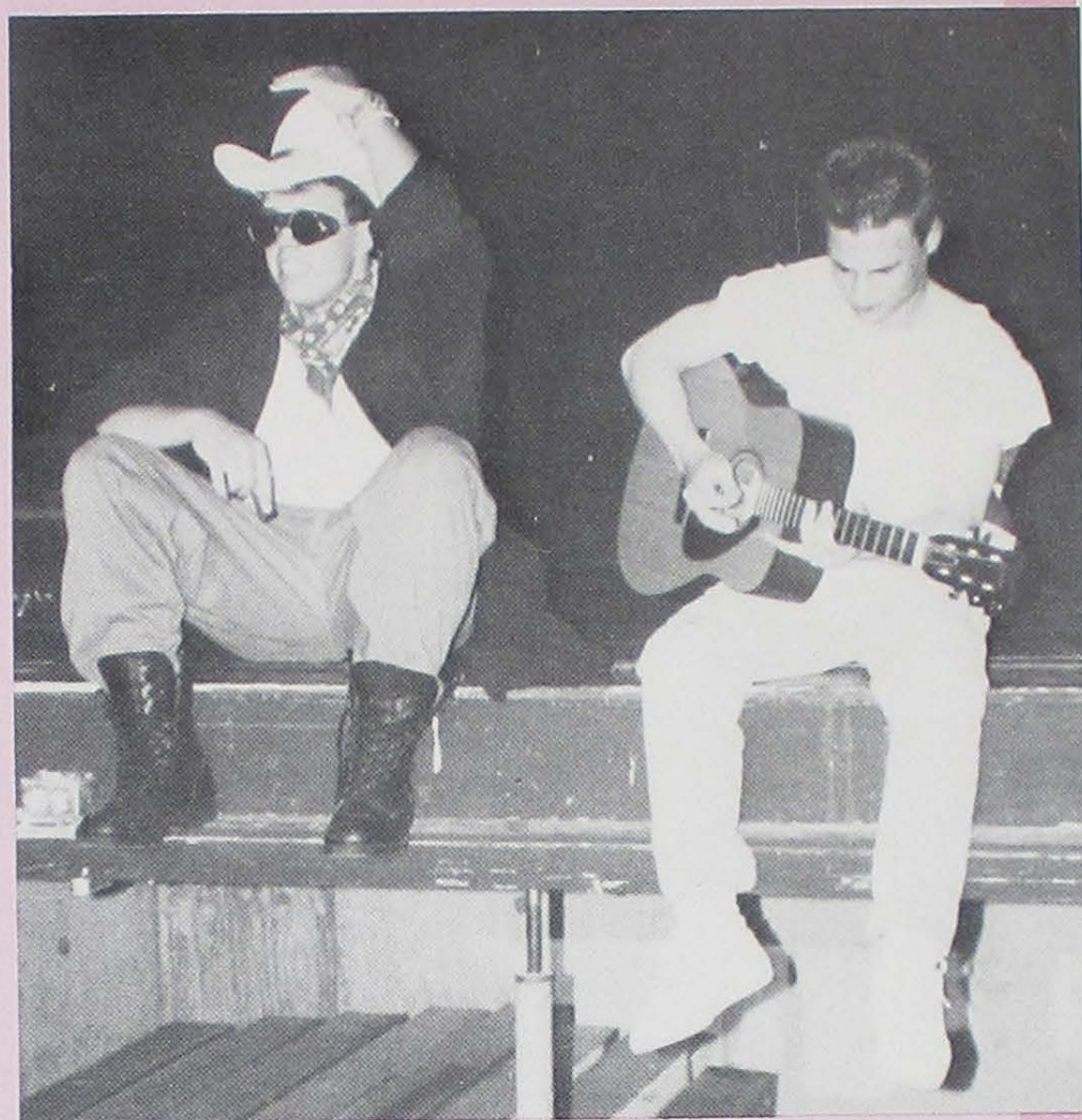
**W**hile decorating for the "Spirit" Sweetheart Dance, sophomore Jennie Jones, junior Jennifer Holden and senior Craig Neal put paper hearts in the cafeteria to create Valentine spirit. (Photo by Amanda Jones)







Sitting on the auditorium stage, seniors Tyler Farner and Matt Booth perform "Bad Seamstress Blues" by Cinderella at the Airbands held on April 17. (Photo by Carrie Stidwell)



'Pumpkin heads', seniors Bryan Schabel, Tony Potter, Josh Littrell and Ben Klaas display school and Halloween spirit at the October 28 football game. Ames beat Marshalltown, 21-14. (Photo by Dan Ketelsen)

In the middle of "Casting a Spell" by Robert Palmer, junior Mignon Iber concentrates on holding a pose in a dance choreographed by senior Julie Theile and junior Diane Dubansky. (Photo by Doug Adams)



# School's Out

Students escaped to work and play

-Heather Jesse

After five days of school the weekend rolled around. For some students it was a break to have fun, but for others the weekend brought further responsibilities.

Many students felt the weekend started as soon as Friday's 3:00 bell rang. It was a time they looked forward to all week.

"I start thinking about the weekend around Wednesday. I can't wait to relax and get away from school," freshman Becky Allen said.

Getting away from school also meant getting together with friends.

"There are about 20 of us that we call the gang. We usually get together and have a party at someone's house. We just keep switching houses every weekend," junior Becky Moore said.

On Friday nights football and basketball games were often the main attraction.

"We usually go to the varsity basketball game and then to the school party afterwards," sophomore Julia Ford said.

Besides the high school games, another popular evening pastime was catching a movie. Students generally rented videos rather than going to a movie theater, and found the VCR was a very valuable source of entertainment.

"Theaters are too expensive at \$4 a shot, especially with a date," senior Trevor Andersen said. "Now I sometimes go to Nevada where it's only a dollar."

Other students found weekend activities expensive.

"I spend all my money on weekends. I spend it on food, movies and who who knows what else," senior Dave Sedgwick said.

After going out and spending money on weekend nights, many students considered mornings an ideal time to stay home and catch up on sleep.

"On Saturday mornings I usually sleep in to 10:00 or 11:00. It depends on the mood I'm in," freshman Theresa Franco said.

However, some students couldn't sleep in because they had to get up and go to work.

"Unfortunately, I can't lay around and watch all the games on TV on the weekends because I'm usually at work," junior Brian Krausman said.

Other students had plenty of time to just lounge around on weekend days.

"On Saturdays I basically do nothing. I just lay around and watch a game on TV," junior Brian Campbell said.

But some students incorporated a little exercise in their day.

"I run on the weekends to stay in shape for the upcoming season," junior Dan Bergan said.

Weekends were also used to catch up on homework.

"Some of the gang get together and watch movies of books we were supposed to read for English," Moore said.

But others put their homework off until the last minute.

"I wait until 8:00 Sunday night to do my homework. Weekends were not meant to do homework, they're meant to have fun," senior Annie Weltha said.



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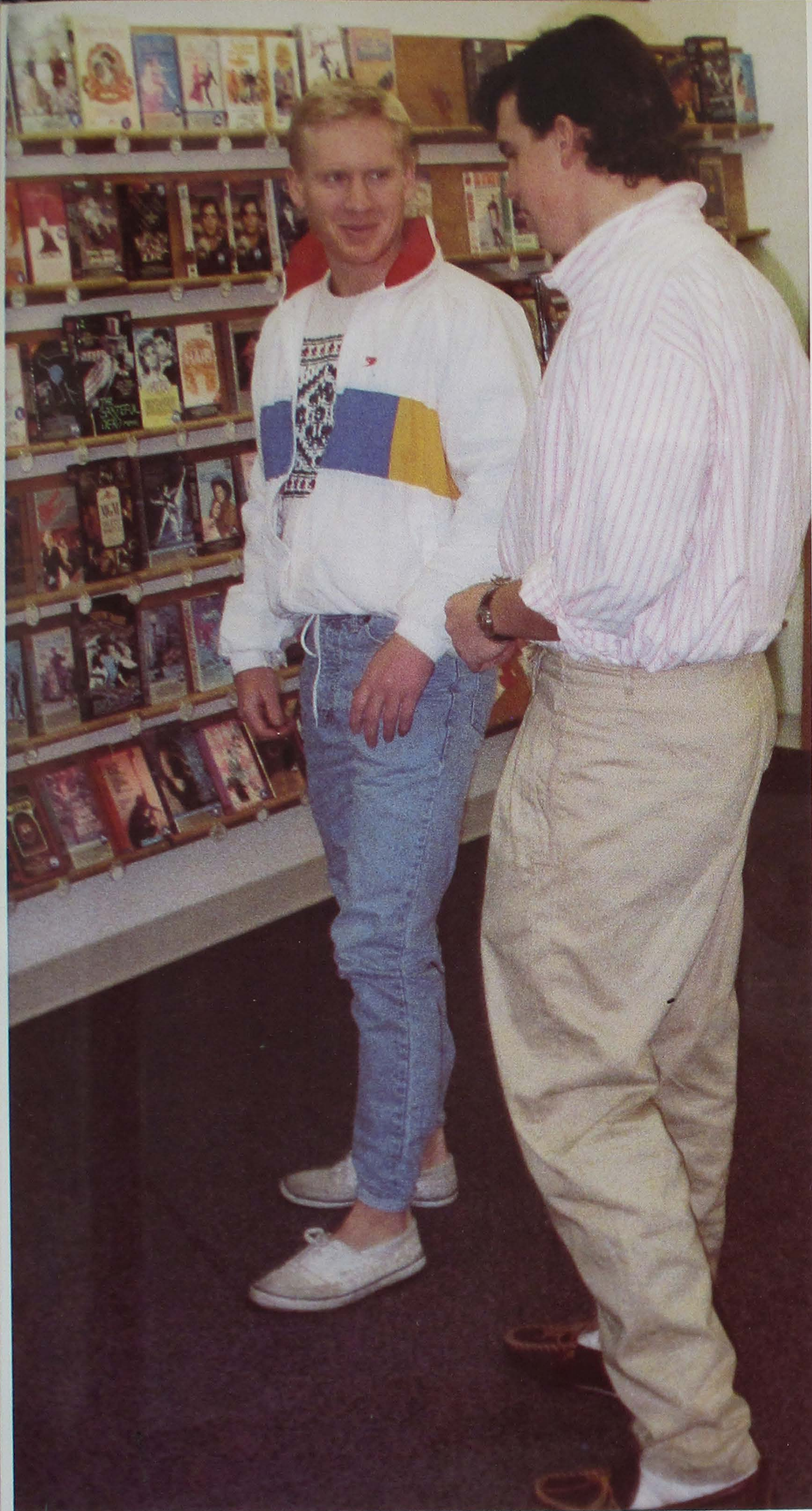


Students had a regular hangout on weekends. Senior Mike Herman and friends often supplied food and went to senior Tony Potter's house. (Photo by Dan Ketelsen)

Grabbing a bite to eat before going out for the evening, senior Amy Greimann and sophomore John Barnett place an order at Rocky Rococco's. (Photo by Dan Ketelsen)

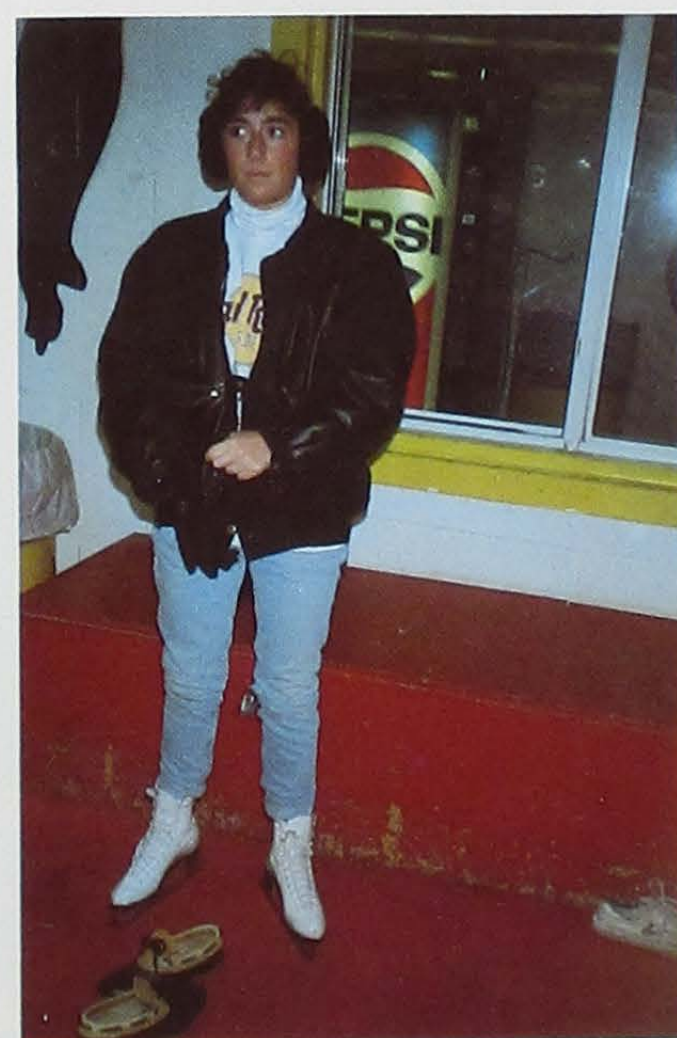
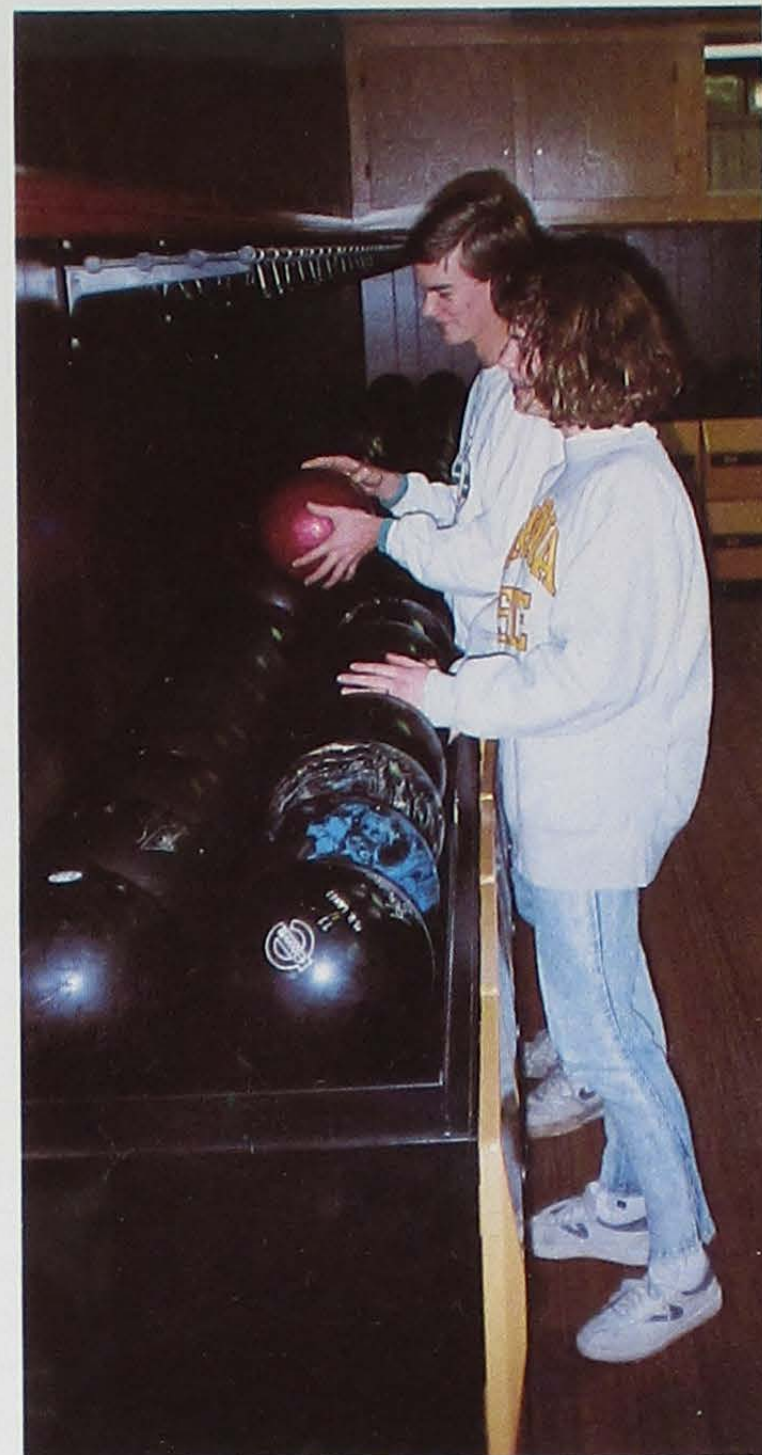






Students found it cheaper to rent movies than go to the theater. Seniors Tyler Farner and Darrin Pohar choose movies at Sounds Easy Video for their evening entertainment. (Photo by Dan Ketelsen)

Dating was common among students on the weekends. At the ISU Memorial Union sophomore Mike Ketelsen and freshman Krista Olson spend their evening bowling. (Photo by Dan Ketelsen)



Students often went to the Cyclone Area Community Center ice rink to watch a hockey game or to ice skate. After putting on her skates, senior Katie Tapscott heads out to the ice. (Photo by Carrie Stidwell)



# Final Victory

Untraditional Homecoming week ended with success



-Heather Jesse

Students arrived Monday morning with the school in a scheme of orange and black. This was created by cheerleaders who had decked the halls the day before.

Along with the decorations, a list of Homecoming activities lined the front hall. But some of these traditional events were altered through the week, creating disappointment among many students.

"The decorations created the most school spirit because some activities had to be cancelled," junior Amy Hausman said.

The activity list began on Monday with window painting.

"The window painting activities gave students a chance to use creative abilities to add to school spirit," senior Eric DeLuca said.

But the spirited air began to deflate on Wednesday when the Powder Puff game had to be crossed off the list due to rainy weather.

"I was really disappointed they changed everything and postponed the Powderpuff game. It wasn't the

same. It didn't seem like Homecoming at all," senior Paul Flugrad said.

The disappointment and conflicting weather continued Thursday. The evening began with the annual coronation ceremony. Neila Anderson and Boris Bachmann were crowned Homecoming Queen and King before a thundering crowd.

After coronation a pep rally was held on stage consisting of a brief pep talk from Head Football Coach Kirk Daddow. This took the place of the traditional bonfire that had to be cancelled because of the dry summer.

"Having the pep rally inside just didn't have the same effect as having a crowd around a blazing fire," sophomore Jennie Jones said.

The enthusiasm of the student body began to rise once again Friday as the game approached. Several football players showed their team spirit by shaving their heads and piercing their ears.

"I just felt like doing something wild and crazy for Homecoming," junior Scot Angus said. "So I sacrificed my hair for school spirit."

That night the crowd carried on the momentum to help lead the Little Cyclones to a 14-7 victory over the Hoover Huskies.

Celebration of the victory continued when approximately 375 students attended the dance held after the game.

However, many students would have preferred a Saturday dance. They felt that there wasn't enough time to go out before and some people were too tired after the game.

"Having the dance after the game made it seem like a normal school party," freshman Joanna Pelz said.

Yet Homecoming '88 couldn't be considered normal because of the many changes. Unfortunately the week was clouded with disappointment and conflicts, but the victory and occasional excitement were able to shine through.

Showing her school spirit, senior Wendy Conley writes supportive messages on orange boxer shorts for her and her friends to wear to the Homecoming game. (Photo by Carrie Stidwell)

I just felt like  
doing something  
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So I sacrificed  
my hair for  
school spirit.

-junior Scot Angus



After collecting \$85 with proceeds going to the Junior Senate, junior Tenaya Darlington was elected the '88 Homecoming school mascot. (Photo by Jamie Watt)

**1988** Homecoming Court: Wendy Zenor, Neila Anderson, Whitney Olson, Kam Archbold, Cari Bauman, Peg Rohovit, David Knight, Adam Langston, Derrick Epstein, Seth Gilson, Boris Bachmann, Mike Urlick. (Photo by Dorothy Gugel)







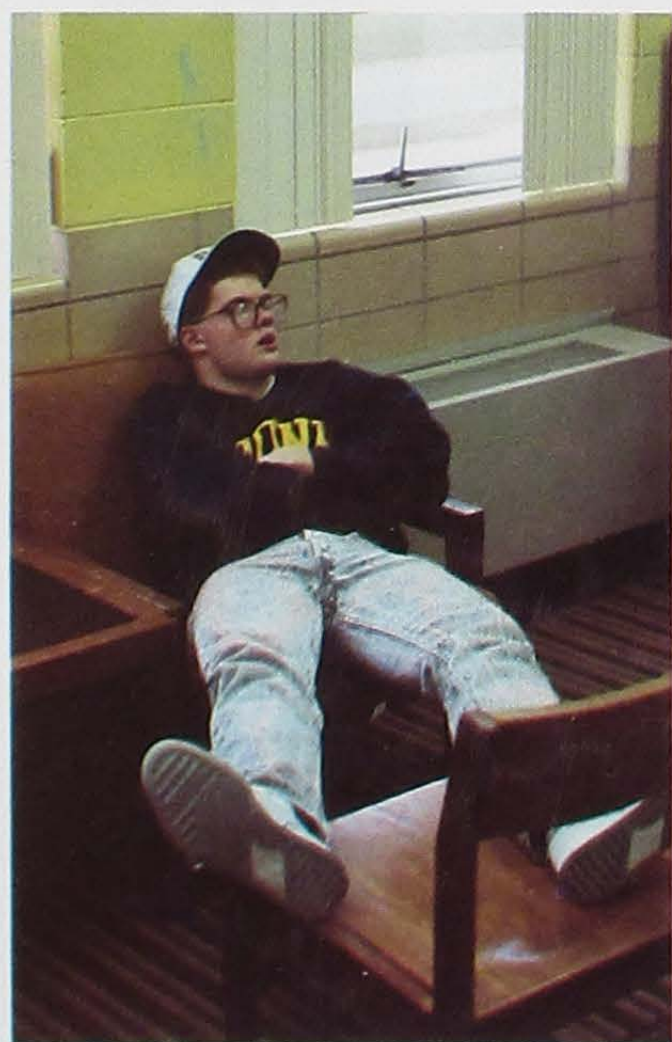
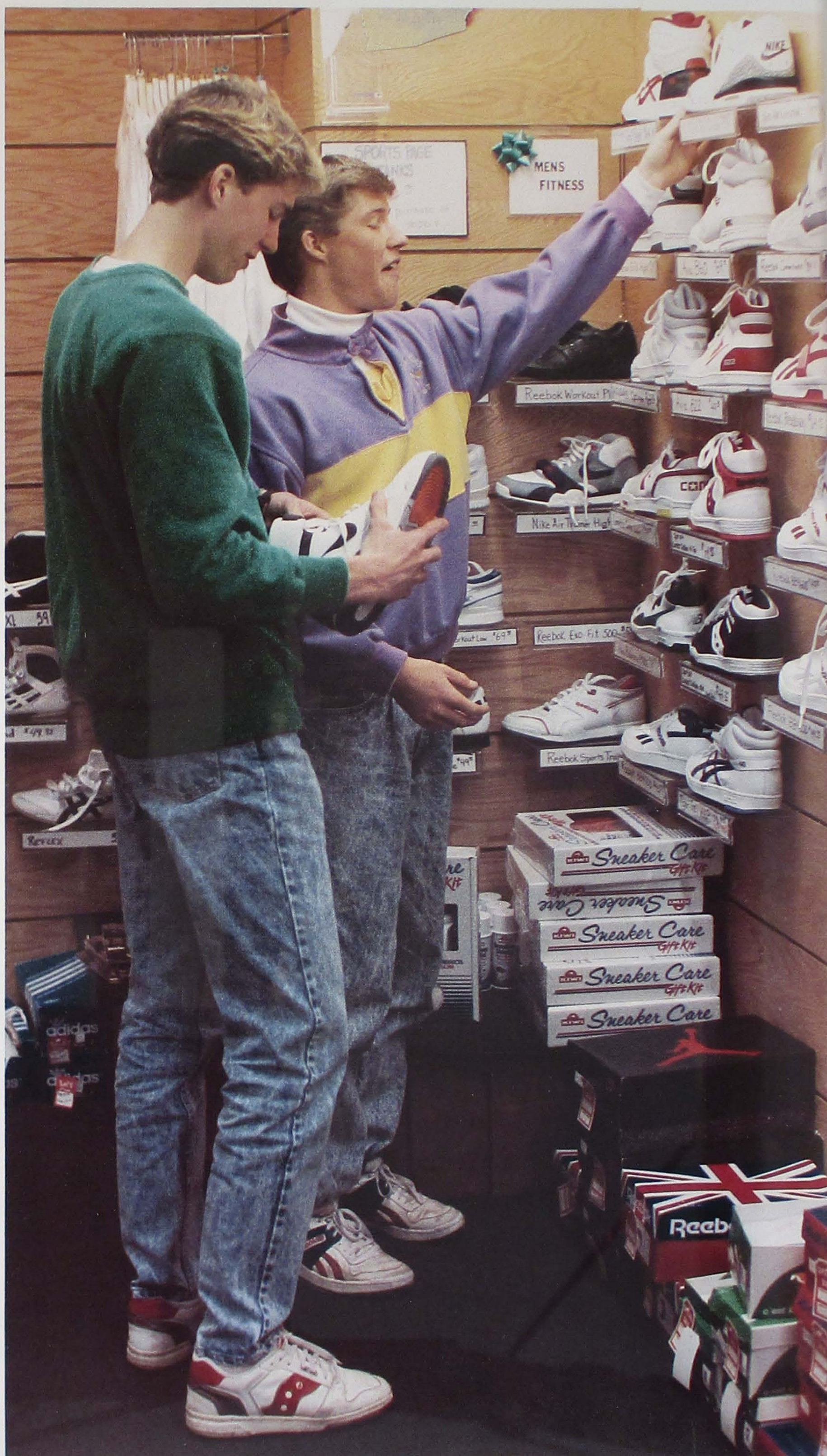
To give the school more color, senior Bob Sansgaard participates in the window painting contest in which the winner won free Homecoming tickets. (Photo by Chuck Bevolo)

At the assembly, Coach Kirk Daddow warns the Huskies that his dog Cyclone wants them for a snack. (Photo by Jamie Watt)



Looking good on the court is important to seniors Jeff Isaacson and Lance VanHouten. Getting set for basketball, they check out shoes at The Sports Page. (Photo by Dan Ketelsen)

Comfortable shoes were a frequent choice. Senior Jenny White sports a red pair of Converse high-tops. Converse shoes were a popular choice because of their variety of colors. (Photo by Dan Ketelsen)



While napping in the media center, senior Derrick Epstein appears dressed to his laid-back mood in a Champion sweatshirt and his oldest pair of jeans. (Photo by Dan Ketelsen)



# Comfort Counts

Being comfy was the fashion alternative

-Kim Carey

"You look mahhhvelous!" Students felt that feeling comfortable was just as important as looking marvelous and tried to combine the two for the ultimate outfit.

Baggy sweatshirts, faded Levis and comfy shoes were often seen throughout the halls. When thinking about how to be comfortable, students often found the solution was the oldest pair of jeans they possessed and that they could possibly get their bodies in.

"Old jeans are way more comfortable than new jeans because they've already been broken in," senior Donna Kislingbury said. "They always fit the way they're supposed to fit."

Along with old age, students felt that ripped jeans were stylish and gave a feeling of comfort as well.

"Ripped jeans are comfortable and they look good when it's natural, but when people try and rip their jeans on purpose it looks really stupid," sophomore Devon Alexander

said.

However, some students felt that to be comfortable, clothes didn't necessarily have to be old. They could be comfortable and still remain in style with clothes that could be bought at any time.

"I would wear a colorful rugby with matching leggings and socks and a pair of Tretorns. That's always comfortable and it looks good as well," freshman Beth Muller said.

Many students found that during the cold Iowa winters, warm jackets were definitely necessary. But comfort was still an issue. A frequent answer that fit both of the requirements was leather bomber jackets.

"Bomber jackets are roomy, comfortable and very warm," senior Leah Whigham said. "They're also stylish and many people have started to wear them."

Many students felt that sweatshirts also symbolized the word comfort. Students were seen wearing Champion sweatshirts which were extremely thick and came in a

variety of colors and styles.

"Champion sweatshirts are both comfortable and in style," junior Kirk Thompson said. "They're also very warm and you can wear them anywhere."

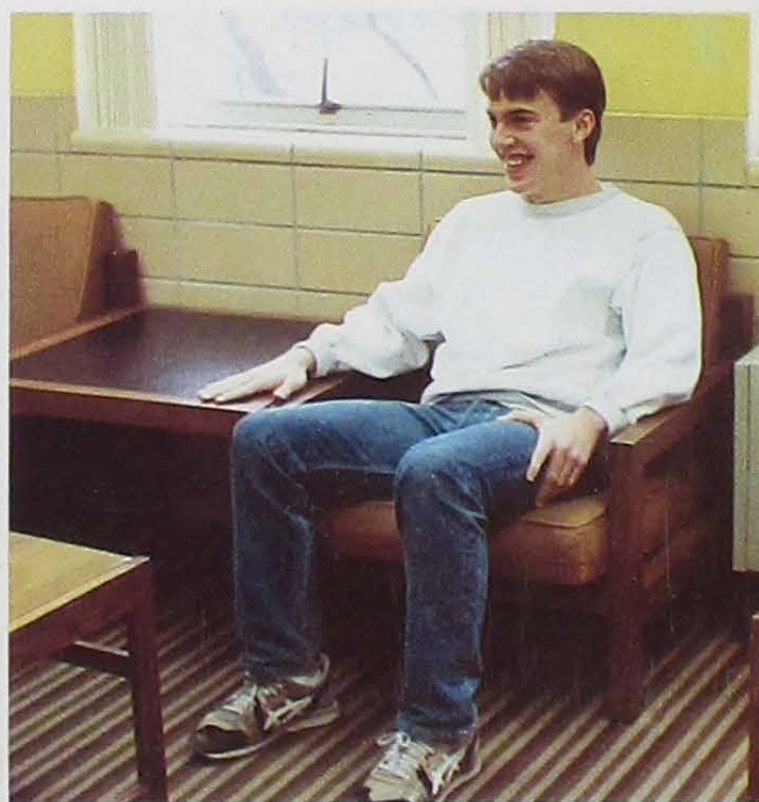
Seeing girls in men's underwear was also a common occurrence. Boxer shorts appeared everywhere from the basketball court to the classroom. While guys wore them for their original purpose, girls found them a comfortable alternative to casual shorts.

"Boxer shorts are really cool because they're so comfortable. I have sort of a collection of them; everything from different universities to different holidays," senior Pam Westvold said. "My mom thinks it's gross when girls wear them because they sag."

Comedian Billy Crystal might say, 'It's better to look good than to feel good.' However, the majority of students found that they could look good as well as feel good by wearing clothes that were comfortable.

Old jeans are way more comfortable than new jeans because they've already been broken in. They always fit the way they're supposed to fit.

-senior Donna Kislingbury



Many guys would rather sleep than worry about what to wear. Senior Mike Brown wears whatever is on the top of the pile when he gets up in the morning. (Photo by Dan Ketelsen)

"Whenever my diet's not going well I put on a very comfortable, roomy outfit," senior Cari Bauman said. Bauman and senior Heather Murrell take the easy way out. (Photo by Dan Ketelsen)



# Play Time

Hey, lady, remove your hat!

-Stephanie Wessman

Night and day. Black and white. The fall and winter plays.

It was a given that a comedy and a tragedy would have many differences. "I'm Sorry the Bridge is Out, You'll Have to Spend the Night," was a musical comedy performed November 4-6. Similar to "The Rocky Horror Picture Show," Mary Merryman (senior Cheryl Kaplan) and John Wellgood (senior Dave White) spent a rainy night in a spooky castle.

The many one-liners which resulted allowed the audience to release their tension for two hours.

"The audience really liked 'Bridge' because they could get into it without having to think," junior Marit Munson said.

Although the audience enjoyed the production, a change in curtain time caused noticeable differences. Instead of all performances being held in the evening as in years past, the November 6 show was at 2:00 p.m.

"The matinee was strange because people are in a different mood in the afternoon than in the evening. They weren't as relaxed," Kaplan said.

The audience found something to laugh about in "Bridge," but the winter play made people concentrate.

"Blood Wedding" was performed January 12-14. This Spanish tragedy, similar to "Romeo and Juliet," demanded the actors put forth more effort and concentration.

"There's a lot of passion — it's really intense. I was proud to be part of it ('Blood Wedding')," sophomore Todd Hawbaker said.

After intense practices, Director Wayne "Hank" Hansen noticed contrasts between the presentations of the two plays.

"The whole mood is opposite from 'Bridge.' 'Blood Wedding' depends on light, sound and costume — it's highly poetic so the technical aspects are important," Hansen said.

While bright costumes and

scenery in pastels were used in "Bridge," dark outfits and little scenery were used in "Wedding." The sound crew used pre-recordings for "Bridge," but the crewhead, senior John Pursey, used his own equipment for the winter play.

"I'm actually playing (keyboards) — I have to improvise. But I like it because the sound in the auditorium is so much bigger than at home," Pursey said.

Other crewheads also found the winter play more demanding than "Bridge." As the costume crewhead, senior Toni Jackson had trouble getting the costumes done on time.

"It's impossible to get everything done for the winter play. With the breaks and finals, there's never enough time," Jackson said.

Being carefree or full of tension, the actors played in bright lights or dark shadows. In either case, they affected the audience's emotions — leaving them laughing or crying.



As the father of the bride, senior Jason Volmer had to dye his hair before each performance. At this point, he is discussing grandchildren. (Photo by Janet Rorholm)

As the lucky fool who wanders into a castle on a stormy night, senior Dave White attempts to elude his new "friends" by hiding in a coffin. (Photo by Janet Rorholm)



There's a lot of passion — it's really intense. I was proud to be a part of it.

-soph. Todd Hawbaker





**W**ith a demanding lead in "Blood Wedding," sophomore Sonya Bibilos has to juggle her already busy schedule even more. In the play Bibilos has to choose between love or loyalty. (Photo by Janet Rorholm)

**S**tudents involved in the plays spent their Saturdays working on "crews." This gives junior Mike Cantonwine a chance to earn the required hours needed to become a Thespi-an. (Photo by Janet Rorholm)



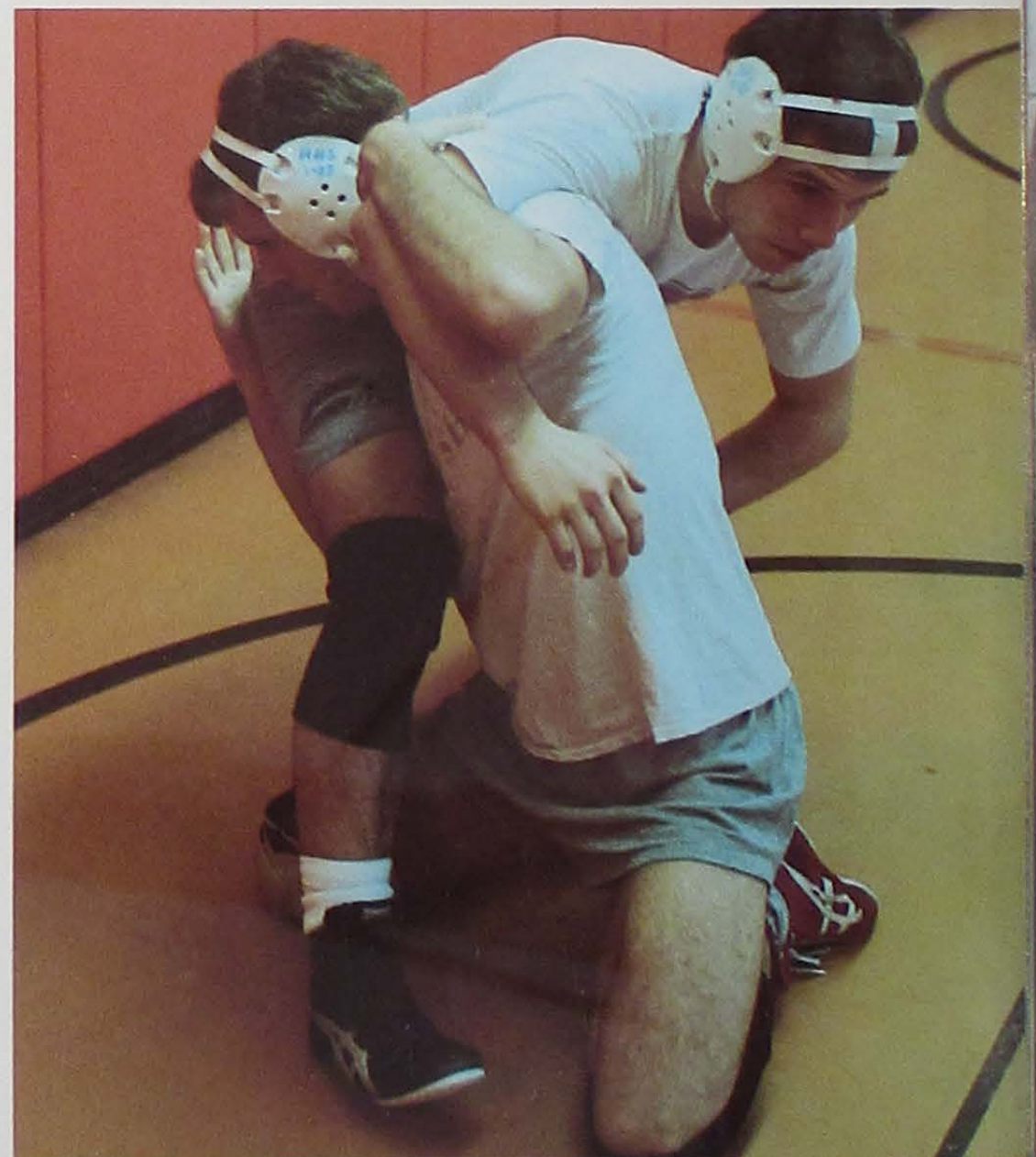
**A**t a dress rehearsal, sophomore Anjali Trivedi twists the red string which represents fate. The seriousness of "Blood Wedding" was a change for her from the frivolity of "Bridge." (Photo by Janet Rorholm)





**I**nstead of riding the bus, freshman Stacey Nutt grabs a ride with her older sister, senior Teresa Nutt, to be at school by 8:00 a.m. (Photo by Janet Rorholm)

**T**o keep their skills ready for competition, senior Troy Meinhard and junior Matt Meinhard wrestle in the Ames High wrestling room. (Photo by Janet Rorholm)





# Double Trouble

Siblings gave much needed help, unwanted advice

Katie Stevermer

From riding to school or borrowing money to ignoring or yelling at each other, the lives of brothers and sisters were filled with contrasts. Some days siblings were the best of friends, while others, the worst of enemies.

"We usually get along. I like her (freshman Rebecca Allen) a lot. She has a lot of qualities I don't," sophomore Kim Allen said.

Although siblings were generally cooperative, they did not always get along.

"It's not much fun to be together all the time. Sometimes you just want to get away from each other," junior Dorie Homan said, speaking of twin sister Natalie Homan and herself. "We've tried to get involved in different things, but we like the same things. We usually try to stay

out of each other's way."

Participating in activities at school kept some siblings out of each other's way while it kept others together. Identical twins, freshmen Jay and Phillip Greenfield, participated in activities in which they were often together.

"We're mostly in the same sports and activities together. At school we're together a little more than usual," Jay Greenfield said.

When they were together at school, some treated their sibling as if they were at home.

"Every once in a while I hit him (junior Jay Titus) when I go by, or I usually say something to him when I pass him in the halls," senior Mark Titus said. "We always hit each other at home. It's just what brothers do, I guess. It's normal."

At home, siblings acted normal by behaving differently than at school. Physical fighting and verbal arguing with each other were often popular evening activities.

"We don't fight that often but when we do it's really heated, just about being obnoxious or one call-

ing the other bad names," Jay Greenfield said.

Being obnoxious and annoying was a common reason for not getting along with a sibling. For freshman Brian Coffey, his older sister, senior Kristine Coffey, bothered him often.

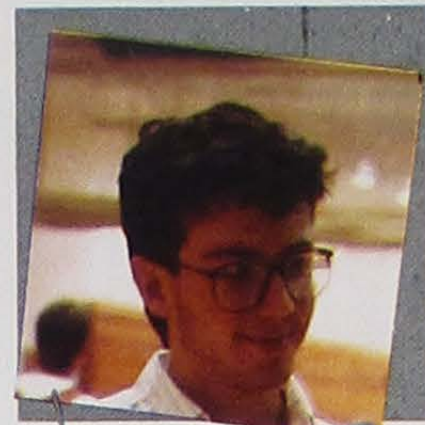
"She thinks she's superior. She gives me lectures on stuff like manners, how to act, who to be friends with, to go to this and that, and not to dress like that," Coffey said.

Although older siblings generally gave lots of advice, homework help and extra favors came in handy too for younger brothers and sisters.

"She has free periods and can go home and bring stuff for me if I forget it. She can look out for me," Coffey said.

While older siblings were looking out for their younger counterparts, the opposite was true as well.

"I can borrow money or food or whatever from her. It's nice having someone up here," Kim Allen said.



She thinks she's superior. She gives me lectures on stuff like manners, how to act, who to be friends with, to go to this and that, and not to dress like that.

-junior Brian Coffey

Fraternaternal twins, juniors Kurt Munson and Marit Munson work together to study their physics and Western Civilization homework. (Photo by Janet Rorholm)



Waiting for his younger sister, sophomore Matt Franco stands near freshman Theresa Franco's locker as she prepares to go home. (Photo by Janet Rorholm)

Trying to stay out of each other's way, sophomores Anjali Trivedi and Mira Trivedi maneuver around each other to eat breakfast. (Photo by Janet Rorholm)



To some, the basic tux with tails was too mundane. Seniors Scott Magnuson, Marc Moore and Tim Madson all decided to add a bit of their own style to the typical evening attire. (Photo by Chuck Bevolo)

Various fundraisers enabled the Senior Girls' Club to have the Winter Formal at the I.S.U. Memorial Union Sun Room. Senior Kristin Adams decorates for the evening's festivities. (Photo by Carrie Stidwell)



Slow dances were often the only chance for a couple to talk privately during the evening. Sophomore Stacey Hendricks and senior Mike Peterson discuss the night's events. (Photo by Chuck Bevolo)





# Pucker Up

Mistletoe, formal and Binaca made winter a blast

-Bryan Schabel

What do tantalizing tongues, luscious lips, multiple mash-mates and often saliva sicknesses all add up to? The solution is obvious . . . the Mistletoe dance. To many, it was the ultimate school party, the biggest date listed on the calendar, or the one thing that made the four years of high school rewarding.

"Mistletoe is rockin'," senior Tony Potter said. "I've always had the desire to kiss multiple women, and the loose morals of this particular dance let me do just that."

One question students were often confronted with before the party was whether to go for quality or quantity.

"I chose quantity without hesitation," sophomore Rachel Faltonson said. "I lost count after 42 kisses but it got kind of scary when certain people started chasing me for a kiss."

Although some did find a few of their requests a little frightening, most had non-biased lips and kissed about anyone.

"At Mistletoe, no one cares who they kiss," junior Steve Beaudry said. "It gave me a chance to mash with girls I never thought I'd get a chance to go out with. It's great!"

Even freshmen knew that Mistletoe was possibly their only chance to actually kiss upperclassmen. Some also knew that they had to seize the moment.

"I wasn't scared to go up to any girls," freshman Alex Garn said. "This was Mistletoe . . . I had nothing to lose!"

Two weeks later came Winter Formal. It was the formal where the guys sat back and enjoyed an all-expense paid evening. For the gals, however, it was a test of creativity. They had to ask the guys for a change, and the night belonged to them.

"I really didn't know what to expect," sophomore Pete Egeland said. "I thought the dance was boring, but after dinner we went to Rutles and had a candle-light dessert. It was hysterical."

Many couples chose to stay near home, and often actually at

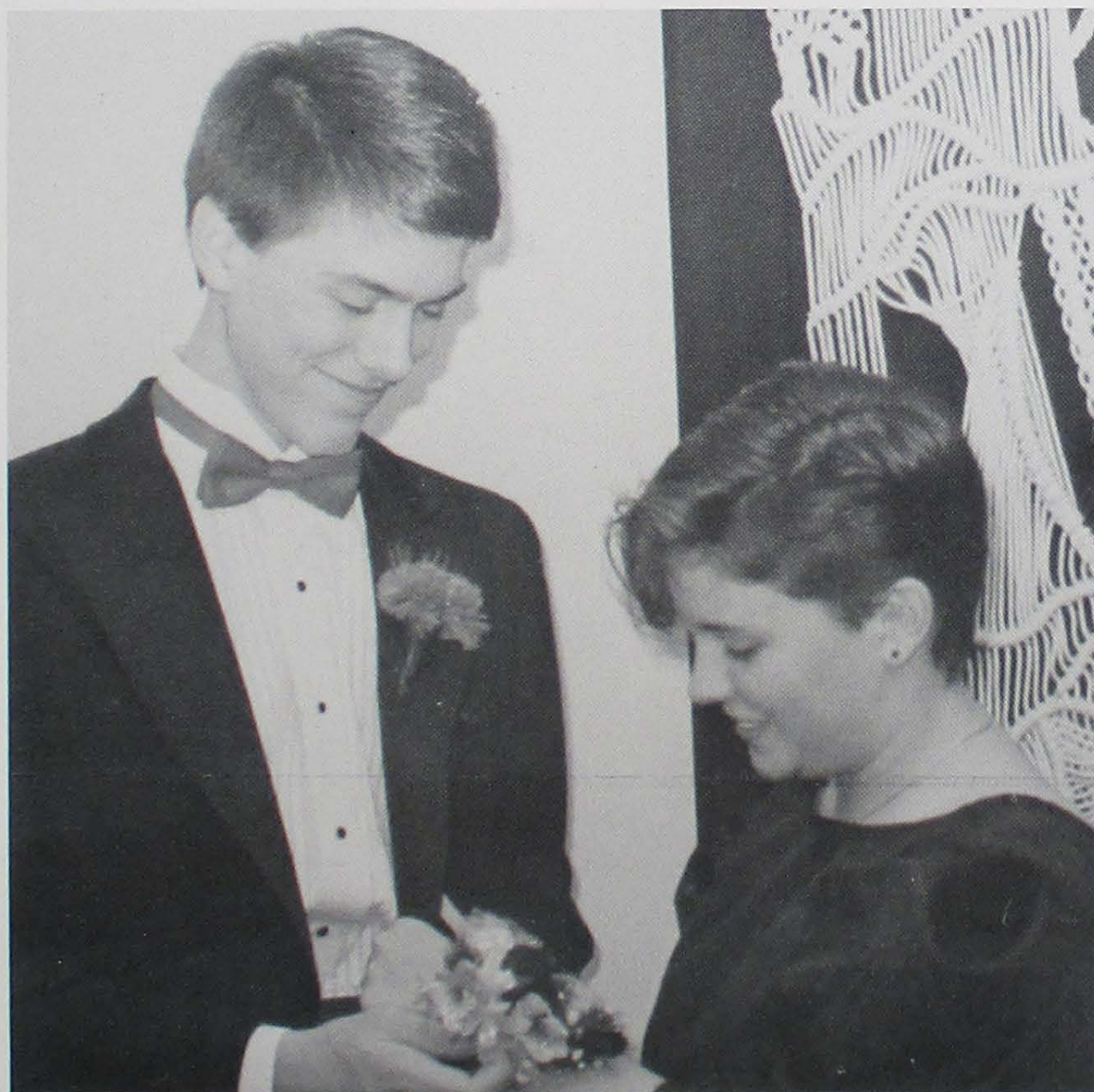
home for their evening. Some girls cooked dinner for their dates and others entertained at home after the dance.

"After the dance, we all wanted to just be comfortable," senior Pam Westvold said. "We decided to go to one of our houses and relax. We ended up playing our own version of Pictionary and we all had loads of fun."

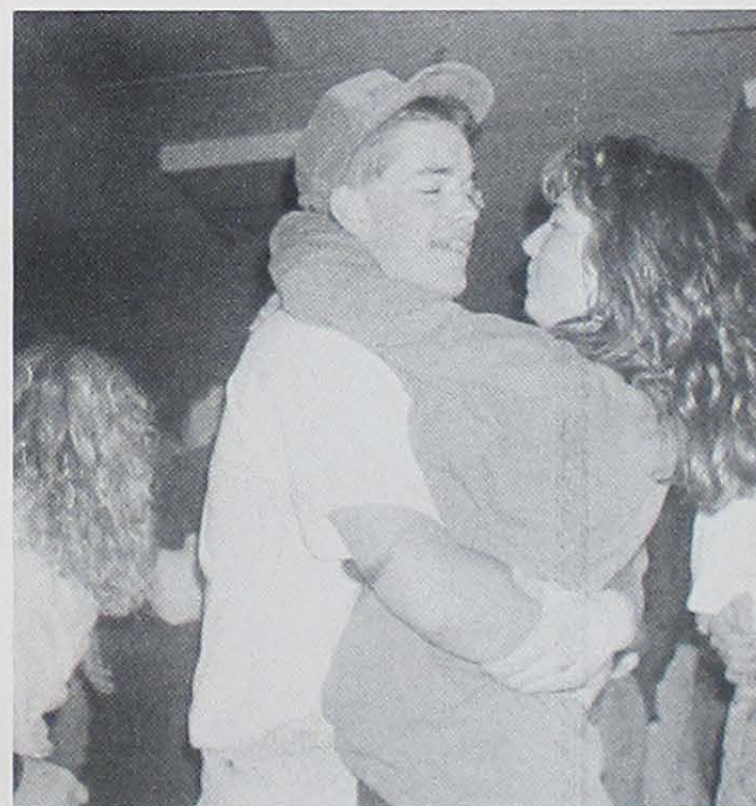
An additional advantage of the dance for many underclassmen was extended curfews. Some could stay out much later than a usual weekend night.

"The dance was fun, but not exactly what I expected," freshman Kendal Holder said. "I did get to stay out until 1:00 though, and my date, (senior) Paul Flugrad, got to stay at my house until 5:15."

December was always the most festive month for many students. With one formal dance to look forward to in addition to one extremely informal dance, it was tough for people to get serious.



-senior Tony Potter



At the most popular dance of the year, Mistletoe, senior Brett Linder and junior Jennie Pelz recover from a kiss. Student Council raised nearly \$1000 from this particular dance. (Photo by Amanda Jones)

Putting on corsages and boutonnieres was always an adventure. Sophomore Todd Hawbaker and junior Amy Jo Smith smile with relief . . . the tradition was successfully completed. (Photo courtesy of Deb Smith)



# After Classes

Creativity put excitement into everyday life



-Kara Maehner

As the the bell signified the end of the school day, students were faced with the decision of what to do besides "couch potatoing." Rather than getting lost in a sea of afternoon talk shows, some utilized their time in more creative ways.

Senior Stephanie Wessman found that writing was a way to express herself without being involved in a club or a sport.

"If I can put my feelings down on paper as poetry; I can say exactly what I feel. I can express my emotions in that way," Wessman said.

Others got involved in their hobbies purely for fun.

"When my family and I went on vacation to Pennsylvania, we saw some people kayaking down at a river. I thought it looked fun so when I got back I learned how," junior Garth Dolphin said.

Dolphin has been a dedicated member of the I.S.U. Kayaking Club for two years.

Dedication was sometimes a requirement for a hobby. Sophomore

Missy Thomas danced 10 to 12 hours a week in preparation for The Nutcracker Ballet.

"The week before Nutcracker we practiced from early evening until 11:30 p.m. every night. It was really stressful because I had no time to do any of my homework," Thomas said.

Though some felt pressured by their hobbies, others did it because it was exciting and provided a break from daily stresses.

"I like skateboarding because it gets my mind off school. It's a way to break up a hectic day," junior Chad Smith said.

Others participated in hobbies that were traditional, but with a new twist.

"Instead of buying baseball cards for my collection, I play pool for other cards. I like the risk factor involved in betting on a game," sophomore Nathan Koch said.

To others, taking a risk meant jeopardizing their well-being.

"You can never expect to ride a skateboard and not fall. I've sprain-

ed my ankles and I've gotten scraped up lots of times," Smith said. "Sometimes I wear pads but they wear out quick if you use them a lot, and it's expensive to buy new ones."

Besides buying pads, skateboarders ended up spending up to \$125 per board. Like skateboarding, some hobbies could end up being astronomical.

"I've taken ballet lessons ever since I was in kindergarten. I've gone through so many different pairs of shoes and leotards, I'd hate to add up how much my parents have spent," Thomas said.

But besides the time and money sacrificed for a hobby, many felt it was worthwhile.

"You have to practice a lot to be good, but when you get where you want to be you realize it was worth it," Smith said.

On a Wednesday afternoon, senior Kam Archbold leads group of Cub Scouts through a meeting. Each Wednesday afternoon Archbold was a den mother. (Photo by Jamie Watt)

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skateboarding  
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up a hectic  
day.

-junior Chad Smith



Doing tricks, freshman Judd Reynoldson releases his tensions after a school day by riding his skateboard on the street in front of his house. (Photo by Jamie Watt)

Sharing a hobby, freshman Summer Knudtson brushes her horse Che Che while her friend, freshman Maribeth Patterson, helps by feeding it. (Photo by Dan Ketelsen)







**A**fter hunting pheasants for six years, senior Brett Linder has developed a collection of guns. During hunting season, he makes sure they are ready for use. (Photo by Jamie Watt)

**A**n avid fisherman, senior Dan Ketelsen researches a model of a lure on a Saturday afternoon. He had recently purchased the lure at an auction to add to his collection. (Photo by Jamie Watt)



# Odd Jobs

Unusual jobs gave spice to everyday work

-Kim Carey

Bugs, bagels, bicycles and balloons. For some students, these things represented jobs they could enjoy and a reliable source of funds for their weekends at the same time.

Junior Garth Dolphin got his job at Iowa State University studying insects for a project in his biology class.

"Working at ISU, I don't have to do a lot," Dolphin said. "I sort and hatch mosquitoes. It's interesting and, believe it or not, I really enjoy it."

Junior Andy Scott worked at Michael's Cyclery and felt that the benefits and discounts, as well as the additional biking knowledge he learned were definite assets of his job.

"I like to race and I do a lot with my bike so the discounts are very helpful," Scott said. "It's a unique place to work because Michael has developed many talented racers across the U.S. I've learned a lot

about bike racing from him."

Some students found that the people they worked with and got to meet through their job added excitement to ordinary work. It also helped in preparing them for later life.

"I work at Bagel Works in campus town and I'm the only high school student that works there," junior Heather Jesse said. "It's great — I like working with and meeting the college students. It's also taught me a lot about college life."

The nostalgic atmosphere of Ruttle's 50's Grill brought waitress senior Jessica Gowdy more than just a bi-weekly pay check from her job.

"It's kind of neat when older people come in and joke with me about how it used to be," Gowdy said. "They're always telling me how the food should be cooked and what music we should play."

Many students kept their future in mind and searched for jobs which related to their career goals. This often helped them make the choice of

their future occupation.

"I love getting the experience of working at the Hair Cellar," freshman Kelly Craig, who assists owner and cosmetologist Karen Christenson, said. "I'd like to be a beautician some day. I honestly can't see myself doing anything else."

Senior Carrie Stidwell was often found working at Balloon Boutique. Part of the job included delivering balloons dressed as either a clown or gorilla and publicly singing "Happy Birthday" to complete strangers. Her job provided a lot of fun experiences and interesting memories for her to look back on.

"Most of the time the other person is way more embarrassed than I am," Stidwell said. "One time I had to deliver balloons to a topless dancer; I was definitely more embarrassed in that case!"

Whether delivering balloons or baby mosquitoes, students found that unusual jobs paid off in more ways than one.



Most of the time the other person's way more embarrassed than I am. One time I had to deliver balloons to a topless dancer; I was definitely more embarrassed in that case.

-senior Carrie Stidwell



Sorting through and filing customers' itineraries, senior Jenny Lang works at Sail Aweigh Travel Agency. (Photo by Chuck Bevelo)

While training for her clerical job in the children's department at J.C. Penney, senior Tammy Scherr consults with her supervisor. (Photo by Quentin Crowner)

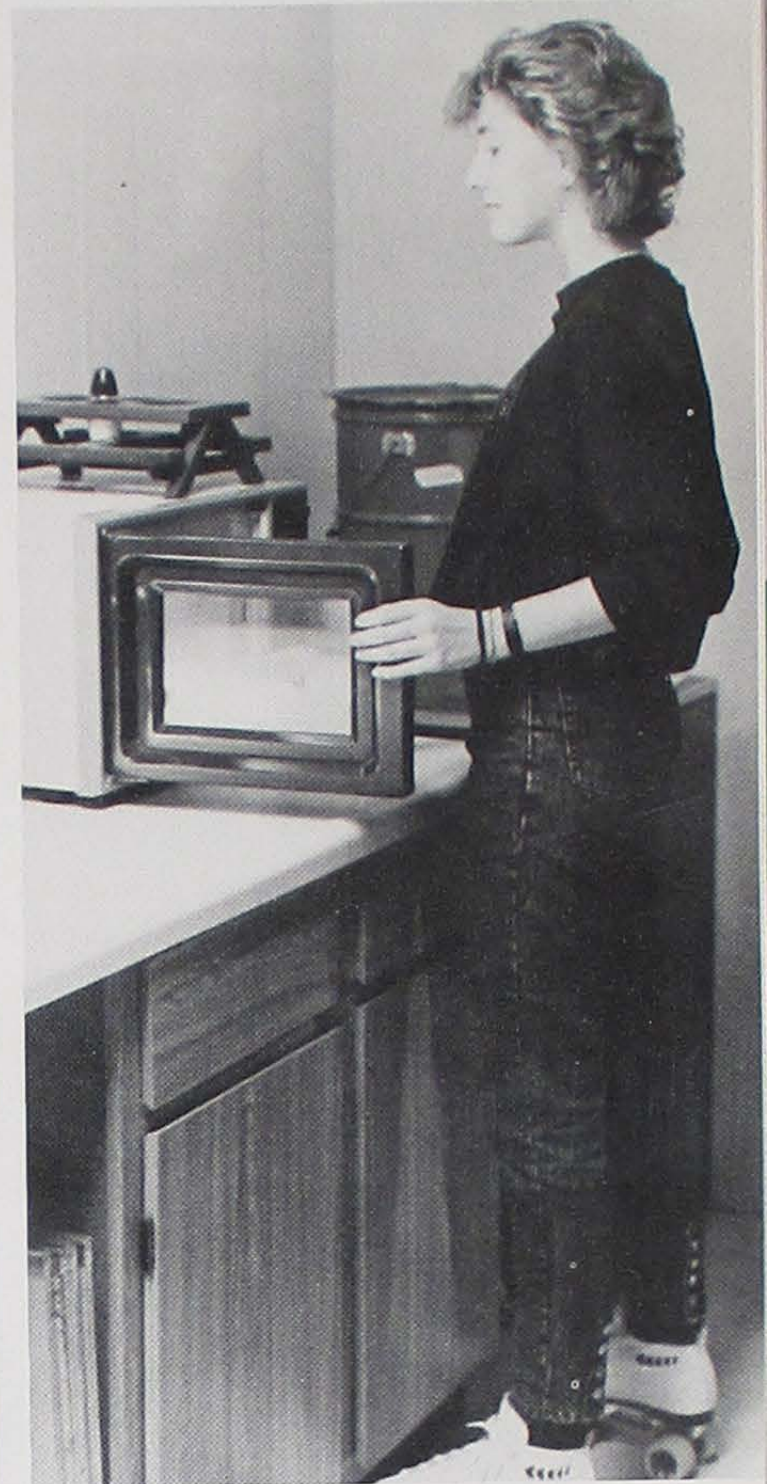






**A**mong the Raisinettes and Goobers, junior Amy Hausman serves a Coke to a customer at the Mall Theaters. Three other AHS students worked there as well. (Photo by Chuck Bevolo)

**A**t J-4 Rollaway, freshman Melanie Clapp prepares a hot dog in the snack bar. Clapp began skating seven years ago. (Photo by Quentin Crowner)



**W**orking as a cook at Mama Capone's, junior Eric Ziebold serves up some spaghetti as he prepares an Italian feast. (Photo by Quentin Crowner)



# Jumping Around

Many students got physical on their own time



-Bryan Schabel

I play pick-up basketball games at State and Beyer to take off some of the extra weight. There's really no way I improve, but it's good for the off season.

-junior Jeff Dale

Sure a school sport could be great for the ol' bod . . . but often students weren't interested in the sports the school offered, or being seen in shorts and t-shirts. These people chose recreational activities away from the school's teams to tighten their buns or just for fun.

"I've been ice skating since I was seven years old," senior Annie Weltha said. "I go with my friends — it's good exercise and a great way to meet guys."

Aerobics was also a common weapon against excess bodily dimensions. Students who chose to do this either joined a local fitness club or went home to bounce around in front of their tube.

"At home, I can exercise privately to my aerobics tapes or to a television show that might be on ESPN," sophomore Missy Thomas said. "It gets off the excess flab on my arms, inner thighs; it's great for the stomach and it's fun!"

Some sports weren't offered by the school's athletic department.

Those interested in these had to find their own way to strut their stuff.

"I bowl every Saturday morning in a league," senior Jason Bauge said. "It's good practice for the tournaments I enter. My greatest finish was in the Mother-Son National Tournament — we took 14th."

A lot of students got together with some of their friends and played games on their own time non-competitively.

"We played softball all summer long at 4:00 every Sunday," senior Ben Klaas said. "None of us really had much to do, so we always had a good turn-out. It was a lot of fun because we played on a little league field which translated into a lot of home runs."

Often athletes didn't end their season when the school team's season had ended. They continued to play with friends on their own team, or work out at the gym by themselves for their sport.

"I lift for volleyball and basketball. I'm not quite as wimpy on the court now," freshman Megan Miller said. "I don't do it for the guys

though — they usually don't like girls who are stronger than they are."

Some tried to improve their appearance, as well as their game, by working outside of the season.

"I play pick-up basketball games at State and Beyer to take off some of my extra weight," junior Jeff Dale said. "There's really no way I improve, but it is good for the off season."

AAU (Amateur Athletic Union) teams also provided ways to improve individual playing and teamwork.

"AAU basketball helps my game a lot," freshman Mark Milleman said. "The school team's top 13 go around the state and play tournaments. It's great for our teamwork."

Whether school related or not, many students took action in getting their bodies fit — Ames High, in result, had a great student body.



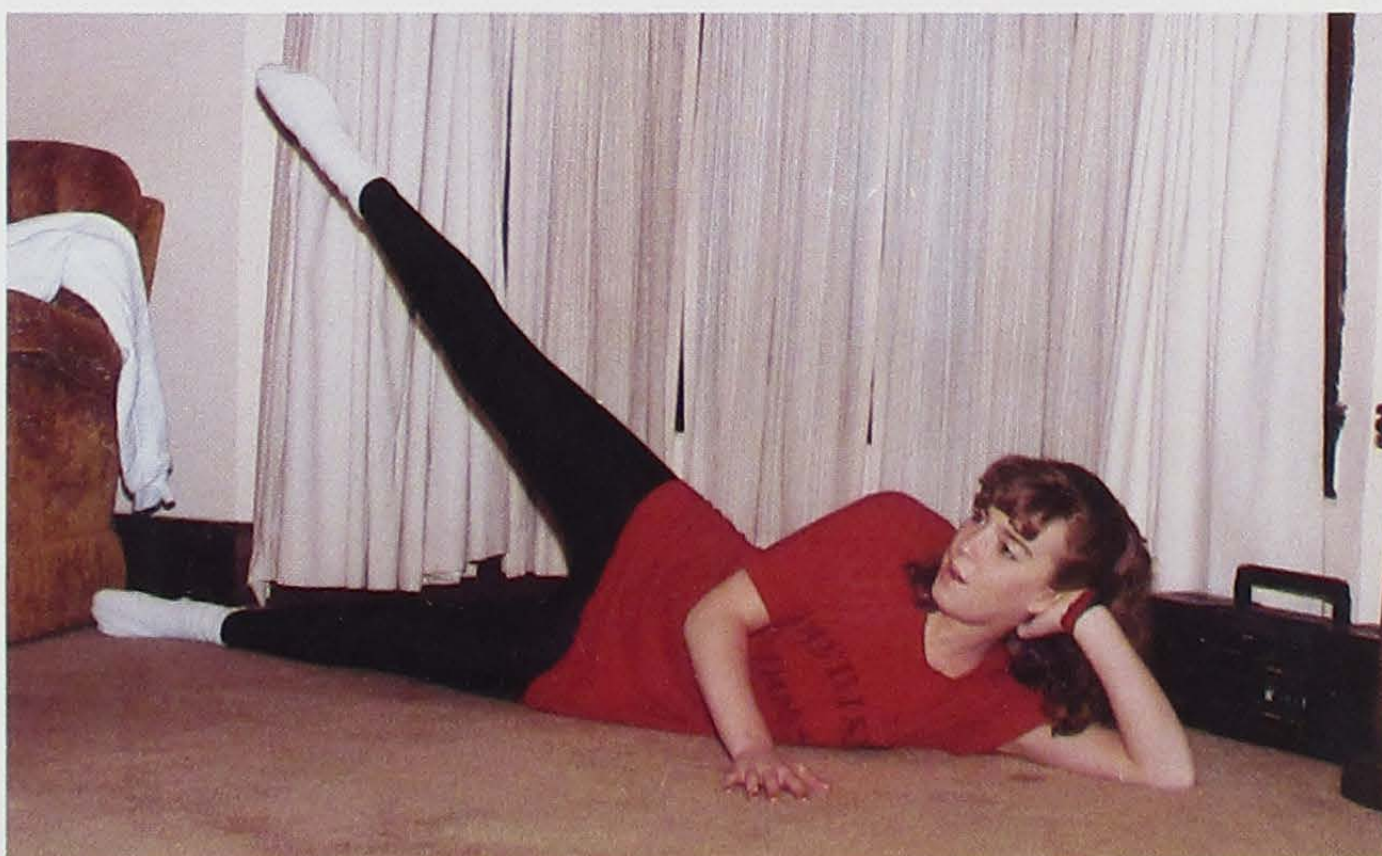
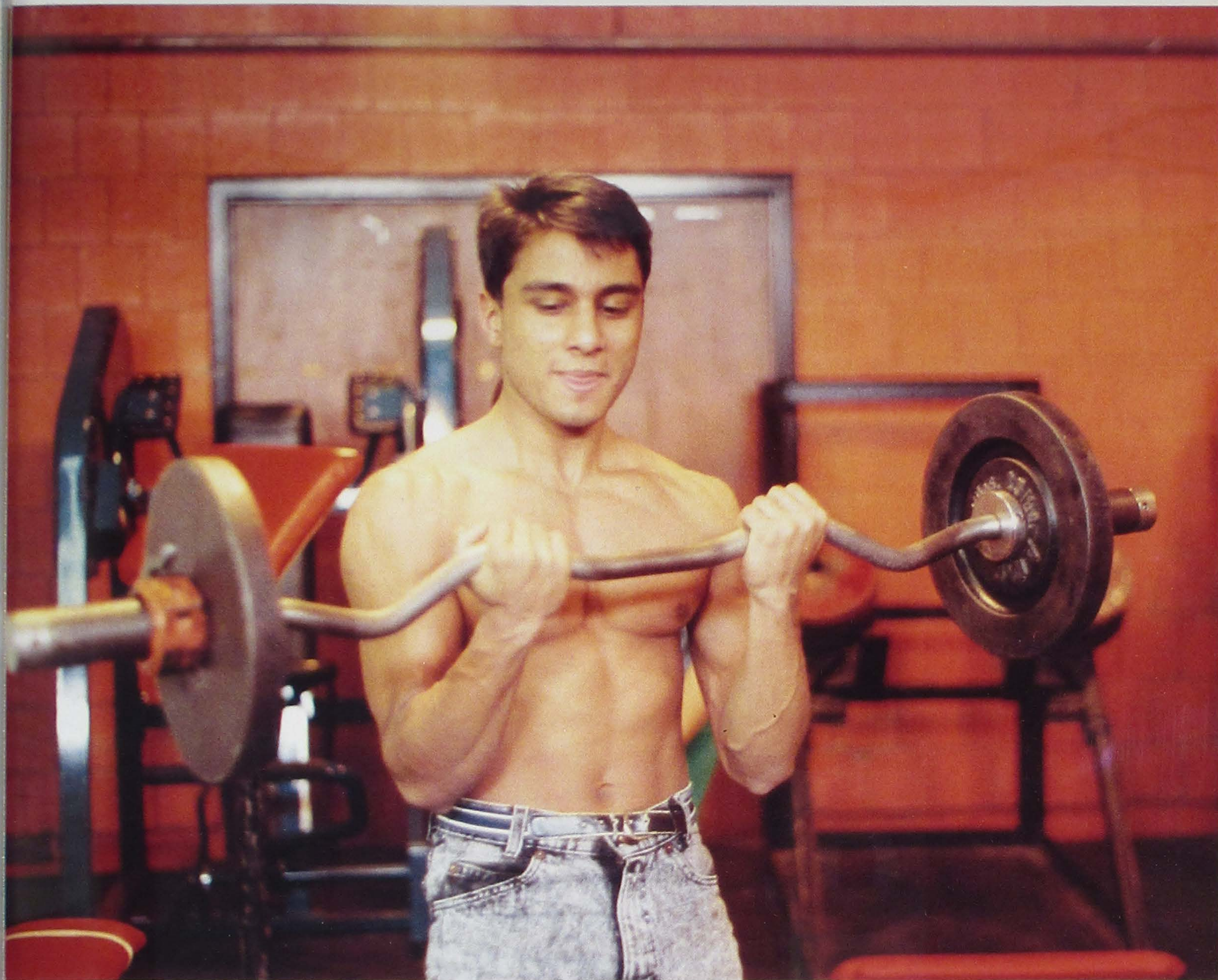
**M**artial arts were activities many students participated in. Sophomore Nicole Praty took Tai-Kwon-Do lessons at The Ames Racquet Club. (Photo by Jayna Jarnagin)



**C**ross-country skiing was a more traditional workout for students. Freshmen Jamie Lang and Matt Thomas skied around Lang's secluded home. (Photo by Jamie Watt)

**I**n the weight room, senior Kartik Athreya works out for any power-lifting competitions he might enter around the state. (Photo by Jayna Jarnagin)





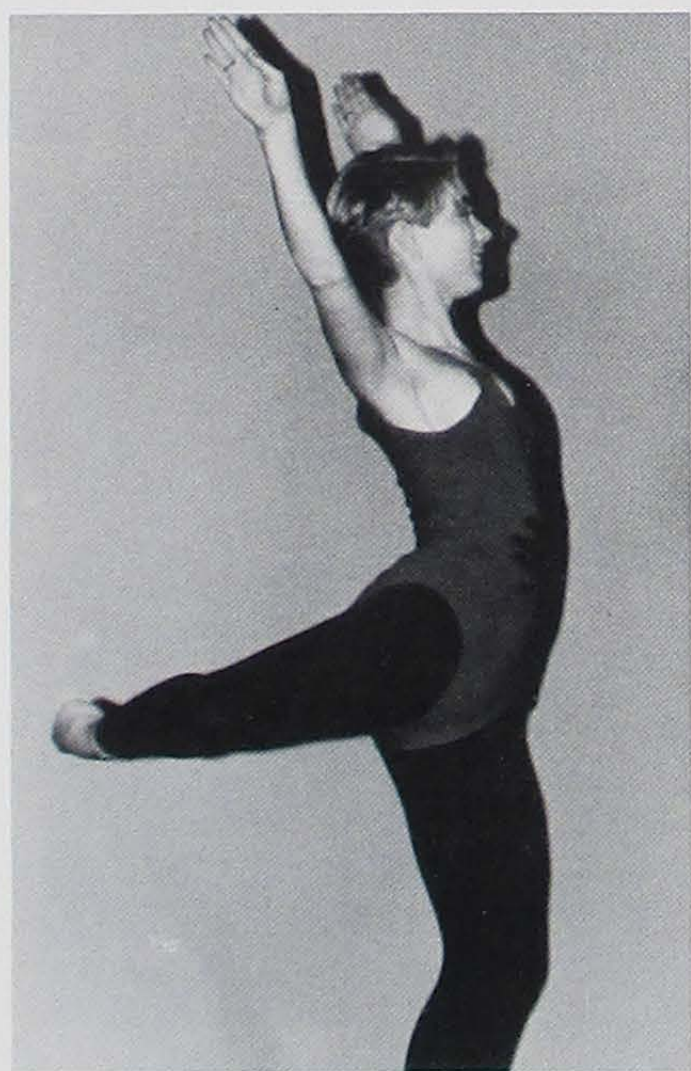
**R**iding his mountain bike in the winter was a favorite pastime for senior Pat Connolly. He practiced year round for summer races. (Photo by Jayna Jarnagin)

**A**erobics in the privacy of home was junior Jessica Miller's answer to fitness. Many students kept in shape to their own personal beat. (Photo by Jayna Jarnagin)



**G**rimming nervously, sophomore Kim Oldehoeft takes center stage in 'Keepin' You Movin!' The dance was produced by one of the four junior choreographers, Tracy Rogers. (Photo by Doug Adams)

**B**alancing glasses atop her head, Martha Trujeque dances the 'Jarana,' a dance native to the Yucatan. Trujeque was a part-time student from Mexico who assisted with Spanish classes. (Photo by Doug Adams)



**O**pening the show with her own moves, choreographer Ann Basart demonstrates an attitude jump. The dance, 'Give Us A Hand,' was choreographed to music by R.E.M. (Photo by Doug Adams)





# High Tension

Dancers were plagued with fears

Stacy Morford

Months before the dance show panic began, choreographers were slaving away on dance designs. Even after their dances were perfect, the tension of practices began and revisions became a common practice.

"A lot of things I made up that I thought were easy were confusing to teach to my dancers, so I made a lot of revisions during practices. We had to put in a lot of extra time, especially when it came to learning the quick steps," senior choreographer Ann Basart said.

Dance choreographers were often portrayed as impatient and demanding. But in Terpsichore, choreographers also took the roles of fellow dancer and friend.

"We had a lot of fun with our dance. There were only five people in it so we helped each other and could laugh over mistakes," freshman Anjie Gupta said.

Many dancers had taken lessons together for years, and Terpsichore seemed like just another re-

cital. To them, the unusual dances were more appealing.

"Cheryl (Kaplan's) dance wasn't quite as jazzy as the others, it was slower and just flowed with the music. I could really get into the moves and I liked it a lot," freshman Neena Paul said.

Learning the dances was simple for those who had been subjected to weekly ballet and jazz classes. But newcomers to dance found they had to struggle.

"I took two years of modern dance at school, but I still had some problems. I worked with Craig (Neal) during my free periods before the show to get my moves up to performance level," senior Jeff Sturges said.

Once tryouts were over, those dancers who were chosen were assured a spot in the show. A few returning dancers unable to attend tryouts were also put into the show, but they still had to prove themselves in practice.

"I was really nervous about getting into the show. I was on crutches when they had tryouts, so Mrs.

(Mary) Kautzky put me in on a trial basis. I could have easily been kicked out," junior Mignon Iber said.

Many fears arose beyond just getting in to the dance. One common fear was 'unitard-i-phobia'.

"I used to think that I wouldn't be caught dead in a unitard. They are so explicit and the first three rows are always filled with guys and photographers," junior Allison Horner said.

But terror of tight-fitting unitards and fears of staying in the show were often upstaged by the horror of stage fright.

"The night before the show I could hardly sleep. I kept going over the dance in my head again and again and thinking 'What if I screw up?'" sophomore Nikki McCubbin said.

As the show developed from choreographing to opening night, tension built. But to the dancers, the weeks of frustration and the three nights of frenzy were worth the experience.



I kept going

over the dance

in my head again

and again and

thinking 'what

if I screw

up?'

-sophomore  
Nikki McCubbin



Performing Deb Smith's dance, "Danzan Solas," junior and choreographer Sara Gitchell slides toward the floor in a dramatic sweep, portraying a woman's sorrow for her missing son. (Photo by Doug Adams)

Showing some shoulder flesh, senior choreographers Cheryl Kaplan and Jenny Lang take it all off (well almost!) in the choreographers' strip tease. (Photo by Jamie Watt)



# Messed Up

Some never took the time to clear away the clutter

-Heather Jesse

"Not until you clean your room!" This was a threat that students didn't like to hear. But after searching their rooms just to find a ringing telephone and discovering an ancient bowl of Cheerios, some students had to admit they lived the life of a slob.

Slobs were found throughout the school, from the lunchroom to the classroom. You could spot a slob by the papers sliding out of their torn folders or the remains of lunch on their faces.

"I guess I love food so much I really eat fast and get it all over my face," senior Allison Bundy said.

Slobs were also easy to detect by their jarred lockers with coats and math assignments hanging out.

"My locker is a mess. I leave papers in there and forget to put books on the shelves and I often have several coats or P.E. clothes in there because I tend to forget about them," freshman Peter Loutzenhiser said.

While some students' lockers resembled a pig sty, other students

slopped everything into the back seat of their car.

"I'm too lazy to clean my car. It's never even been to a car wash. I always throw things in there and wherever it lands it stays — everything just piles up," senior John Niyo said.

Things also tended to pile up at home. Students' bedrooms often had heaps of dirty clothes and evidence of missed dunk shots by the waste basket.

"I don't feel comfortable in a place that is totally neat. I'm afraid I'll mess it up. In my room I can just throw things on the floor or under the bed," junior Rob Armstrong said.

For other students, flinging a coat on the floor rather than hanging it in the closet was a way to escape from perfection.

"I often leave my room a little messy because I figure if I have to be perfect in every other way, like at school, I can come home to my room and loosen up," sophomore Samantha Shearer said.

However, the 'non-slobs' wrin-

kled their noses in disgust when encountering a messy situation. These perfectionists had to have every little trinket in its proper place.

"I can't tolerate slob. I have to have everything neat and tidy. I even clean up my friends' bedrooms," junior Tonja Morken said.

Yet many students tolerated slob as long as they didn't invade their space.

"If I don't live there (in a mess); no problem, as long as it's not a serious public health problem," senior Jeff Berryhill said.

But sometimes slob did create health hazards.

"I was trying to find a bare place to step in my room, but I miscalculated. I caught my foot in a crate and took a big chunk out of my big toe," junior Teri Pipitone said.

Not all slob went to the extreme of causing personal injury, but for many the threat of a locker clean-out was a nightmare. After all, who knew what they might find lurking at the bottom?



I don't feel comfortable in a place that is totally neat. I'm afraid I'll mess it up. In my room I can just throw things on the floor or under the bed.

-junior Rob Armstrong



Messy bedrooms were common for many teenagers. After pushing the clutter aside, freshman Jason Burris lies down on his bed to do his homework. (Photo by Jayna Jarnagin)

"I love watching slob chow on their food, because they shovel it in so fast they don't even stop to take a breath," junior Craig Barum said as he watched junior Chris Kennedy eat. (Photo by Jayna Jarnagin)







**S**ome students had to be very strategic when opening their lockers to prevent an avalanche of books. Sophomore Jeff Brown carefully hunts for his folder in his overflowing locker. (Photo by Jayna Jarnagin)

**W**hen students cleaned their rooms they often pitched things into the closet or under the bed. Looking for a favorite shirt, junior Jessica Miller rummages through her crammed closet. (Photo by Jayna Jarnagin)



**W**hile searching through his car, senior John Okiishi discovers things he had been missing for a long time. (Photo by Jayna Jarnagin)





**P**reparing for the senior-directed One-Acts, sophomore Heather Claus helps senior Jeff Sturges with his make-up. Sturges played in "A Game of Chess" directed by senior Jason Volmer. (Photo by Jayna Jarnagin)

**"A**fter we got the two directors working together it was definitely beneficial having experts in both areas," senior Dan Jolly said. He and sophomore Margaret Lloyd were cast members of "Damn Yankees." (Photo by Jayna Jarnagin)





# New Direction

Spring productions exemplified variety and expertise

Kim Carey

In a theatre production there is always someone behind the scenes responsible for everything and everyone. This person is the director.

Every two years the Ames High Drama Department puts on a musical. This year's choice was "Damn Yankees," performed April 27-29. It is a story about a man who is a fan of the Washington Senator's baseball team. He sells his soul to the devil in order to become a long ball hitter for the team.

What made this musical different was that it was co-directed. The task was shared by drama director Wayne Hansen and choral director Gary Schwartzhoff.

"I think we need a musical in the school system. It exposes students to a body of literature that they otherwise would not be exposed to,"

Schwartzhoff said. "(In co-directing) we're able to pull on the strengths of both the music and drama departments. This enables us to work individually with the actors and focus in on certain aspects."

Freshman Sandra Deluca played the part of Lola, the assistant to the devil. Deluca felt that having two directors rather than one added pressure to a difficult role.

"It's like no other role I've ever played before, unique and difficult," Deluca said. "It (having two directors) added a lot of stress because either you're a drama member or a choral member. I'm both and because of that they each had different expectations of me."

The senior-directed One-Acts were performed February 15-18. Three acts were performed Wednesday and Friday nights and three different acts were performed Thursday and Saturday nights. They were: "The Richest Girl in the World Finds Happiness," directed by Michael Kavanagh; "Me Too, Then," directed by Cheryl Kaplan; "Limbo," directed by Patrick Marley; "Love is

a Hot Fudge Sundae," directed by Craig Neal; "A Game of Chess," directed by Jason Volmer; and "She Married Well," directed by Toni Jackson.

"It's great to be able to give instructions and to be in charge of everything," Kaplan said. "Hank's (Hanson) knowledge is beyond compare, but being able to do something on your own is just a great feeling. A director can say, 'This is the way I see it, the way I interpret it.'"

Having a student director created a much different atmosphere for members of the One-Acts.

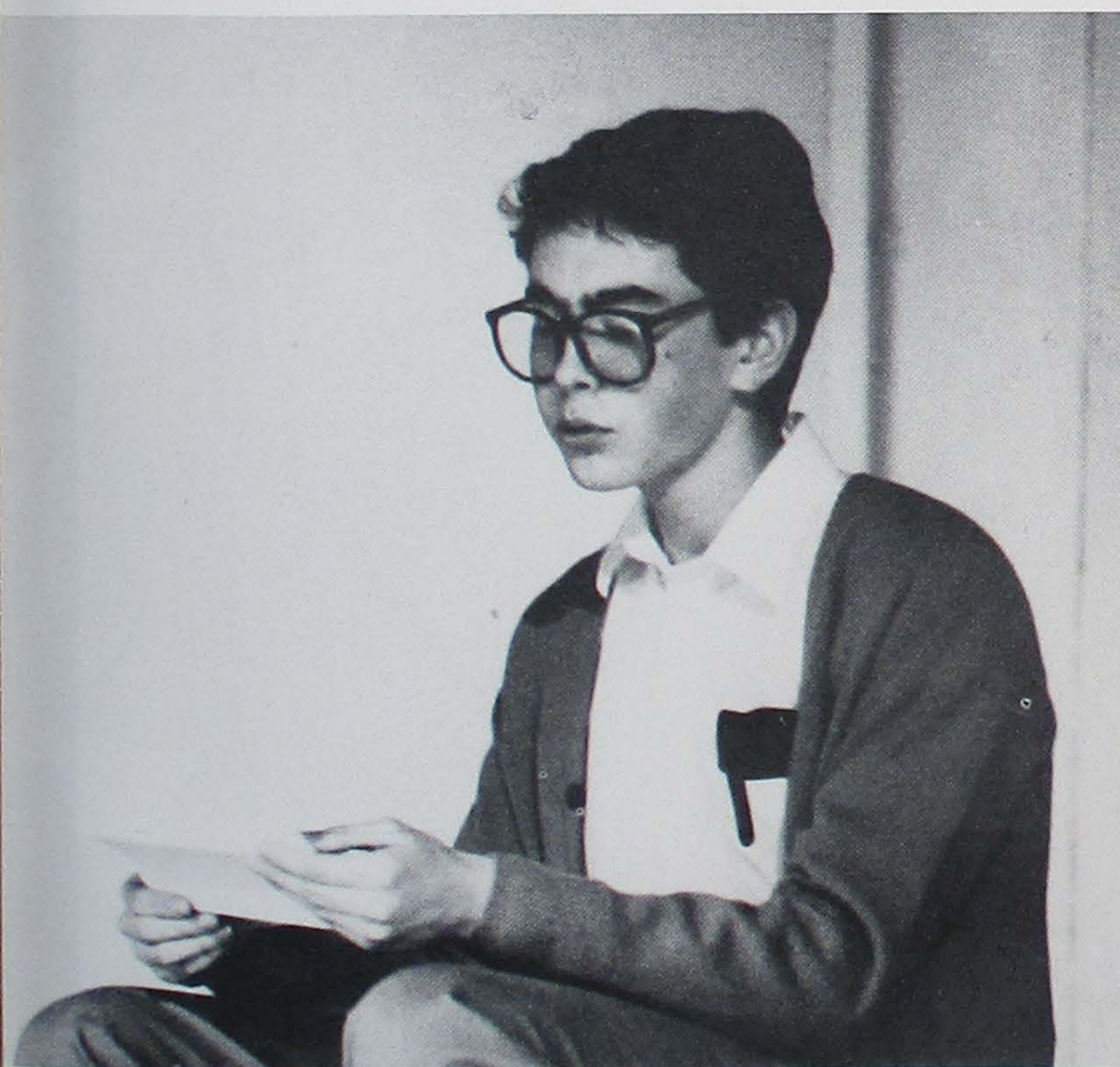
"Being directed by a senior is very different. There may be some conflicts, but once you learn to get along it's more of a one-on-one kind of thing," sophomore Catherine Woodman said. "It's more relaxed and there's a lot more freedom involved."

Having two directors instead of one and student directors instead of adults not only made spring productions fun, it also helped make them successful.



It's great to be able to give instructions and to be in charge of everything. Hank's (Hanson) knowledge is beyond compare, but being able to do something on your own is just a great feeling

-senior Cheryl Kaplan



In the One-Act "She Married Well" directed by senior Toni Jackson, senior Whitney Olson poses as a maid to impress her mother's visiting friend who is an old rival from her college days. (Photo by Chuck Bevolo)

"Directing is really hard to do because when you're an actor you can blame the directors for everything," senior Noah Zaring said. Zaring was in the One-Act "She Married Well." (Photo by Chuck Bevolo)



# Perfect Lives

Students modeled lives after athletes and stars



-Sarah Post

After I've seen a (James Bond) movie, I'll try some of his lines on my friends just to see if they recognize who it came from.

-senior Matt Booth

Whether it's their steamy good looks, outstanding athletic ability or their versatile singing voice; idols symbolized the perfect lifestyle to many students.

"An idol is someone you would want to be reincarnated as," senior Matt Booth said.

Hoping to pattern their lives after their idols, many students showed their adoration in different ways.

"About a year and a half ago, I started to watch Andre Agassi because he's a good tennis player," sophomore Tod Berkey said. "I try to be pleasant on the court to model his attitude."

Many students attempted to mimic their idol's personality and idiosyncrasies.

"After I've seen a (James Bond) movie I'll try some of his lines on my friends just to see if they recognize who it came from," Booth said.

Although some students chose to clone their idols, others simply observed their way of life.

"Marilyn Monroe was the best actress. She looked so innocent and gave strength to all her characters," junior Darice Brinkman said.

Or some students simply admired their physical appearance.

"I like Sylvester Stallone because he's cool and he's muscular," freshman Andy Hagen said.

Other students found different ways to idolize their heroes.

"I have so many posters of James Hatfield (of Metallica) that you can't see my walls anymore," sophomore Matt Hill said.

While some plastered their walls, other students brought a reminder of their idol to school.

"I have a big poster of Johnny Depp in my locker," junior Jenny Chen said. "I like the way his hair hangs over his eyes; it's so sheik."

Some idols not only found their way onto students' lockers and bedroom walls, but also into their cars.

"Guns-n-Roses helps me to relax when I'm in my car. I like to turn it up real loud, lean back and enjoy driving," sophomore Dave Jurgens said.

Whether it was the glamour and glitz of stardom or the wealth that was associated with these perfect lives, students often dreamt of meeting their idols in person.

"If I could meet Bob Marley I'd ask him for his autograph," senior John Niyo said, "because he's my hero and he's the greatest Reggae singer in the world."

Other students thought they would be interested in finding out how their idols became a success.

"I would ask him (Agassi) why he chose tennis instead of another sport," Berkey said.

But some students felt that they would rather have their idols show them first hand how they became so successful.

"I'd probably ask him (Jack Cubel of East Rutherford) to show me how to be as good of wrestler," junior Scott Sams said.

Whatever combination of talents their idols possessed, students looked to them as role models for the future.



During one of her flying lessons, senior Christa Holden prepares her plane with a pre-flight routine. Holden wanted to become a pilot, much like her idol, Amelia Earhart. (Photo by Jennifer Holden)

Browsing through one of the latest fashion magazines, junior Toni Jackson looks for new fashions by Christian Dior. Jackson wanted to add more Dior designs to her fashion wall. (Photo by Chuck Bevolo)

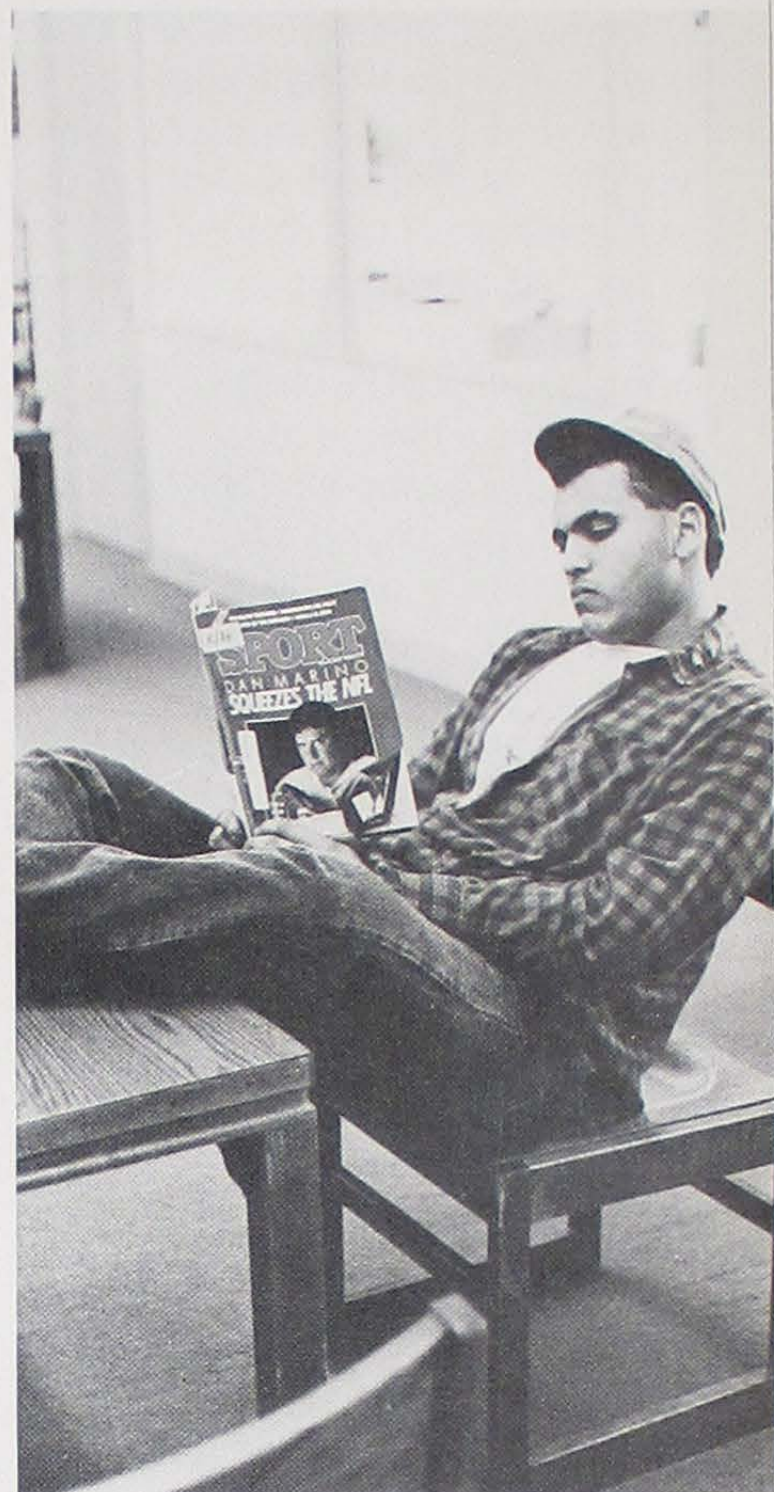
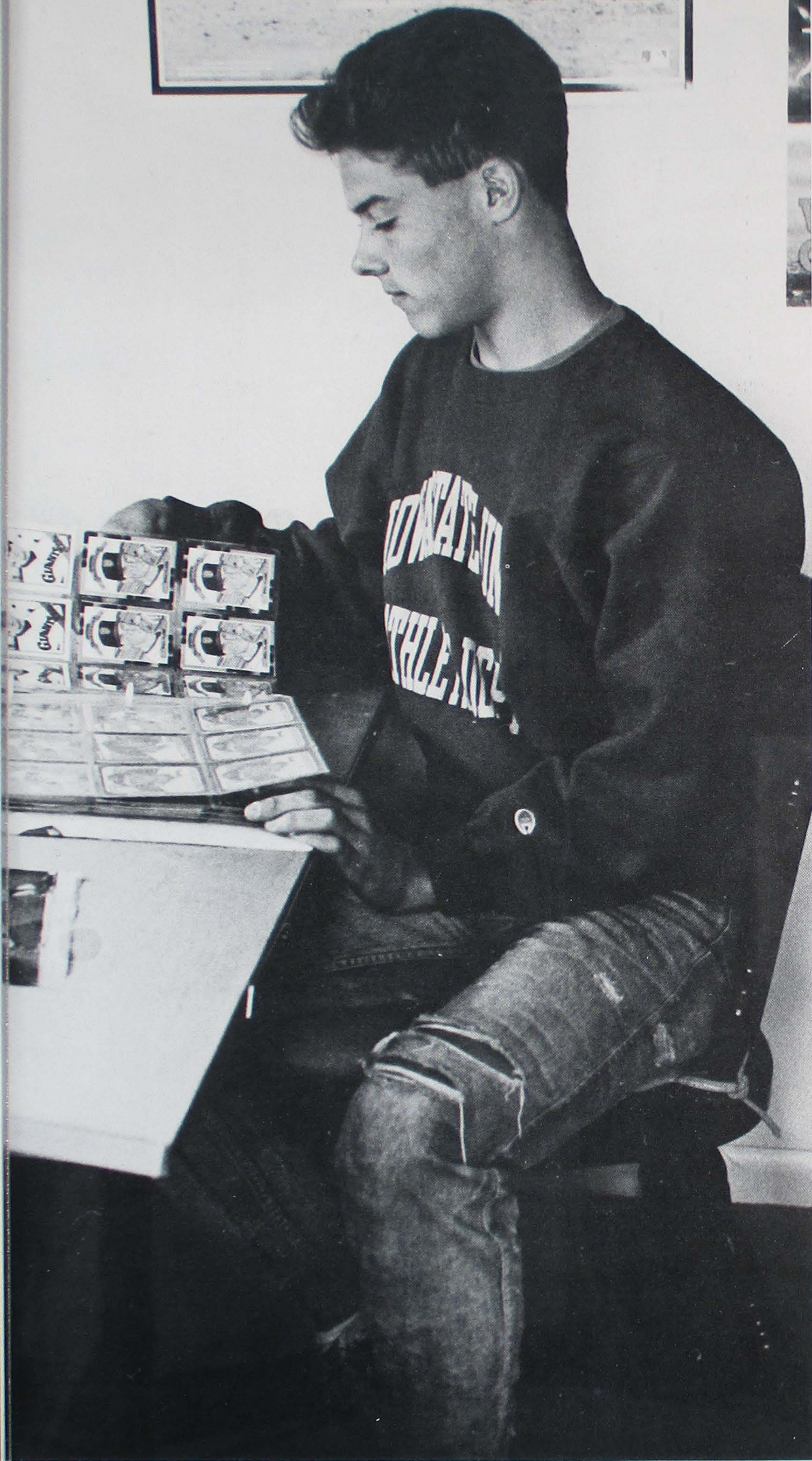






**S**earching through his baseball card collection, sophomore Mike Corones tries to find an empty space to put another card of his idol, San Francisco Giant's Will Clark. (Photo by Chuck Bevolo)

**A**n avid fan of Miami Dolphin's quarterback Dan Marino, senior Ashraf Gabal wears his favorite hat and takes some time during his free periods to read about his idol. (Photo by Chuck Bevolo)



**T**rying to choose her favorite photo of her idol, Princess Diana, freshman Amy Leeman searches through one of her Lady Di photo albums filled with articles and photos. (Photo by Chuck Bevolo)



# Helping Hands

Students shared their time and talents

-Shelley Countryman

Whether lending a helping hand in extra-curricular activities or in classrooms, many students were working for brownie points in the best tradition of the scouts. Instead of earning merit badges, they were building new friendships and strengthening old ones.

"Being a new student this year, lunch was like the scariest thing to me. I started sitting with (seniors) Kim Konechne and Danny O'Berry because they made me feel comfortable. Then we just began doing things outside of school and our friendship got stronger," senior Kristi Coffey said.

Besides helping each other feel accepted, students learned a lot from each other.

"My friend (freshman) Erika Helmuth took the time to teach me to ice skate. It was pretty cool because I'd never tried to do it before," freshman Jeanne Pugh said.

Learning course work wasn't always easy, either. Sometimes it was made less aggravating when a classmate was called on to explain

it.

"If (sophomore) Dyan Millsaps or I have a problem with a geometry assignment, we call each other on the phone or get together during study hall. I can ask more questions then that I might feel stupid asking a teacher," sophomore Florann Ramsey said.

Another way students helped each other was through the Peer Helping program.

"In Peer Helping, we try to get people to help themselves by discussing the pros and cons of a situation. We act as a mirror," sophomore Dawn Cadwell said.

Besides sharing their time and talents, students also shared their possessions.

"When I have a car, I don't mind giving my friends rides. They give me rides all the time when I need them, and I greatly appreciate their kindness," junior Eric Brant said.

Injured students on crutches especially appreciated the efforts of their classmates.

"I had knee surgery recently for an injury that occurred during football and got worse during wrestling

season. My friends opened up doors for me and helped me get to classes by carrying my books. It made me feel good to know they were concerned about me," sophomore Jason Holdredge said.

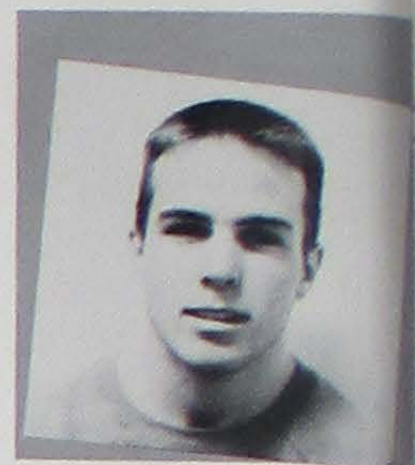
Many students found other ways to help someone through an athletic season.

"During wrestling season, I gave (freshman) Del Keigley a bunch of food that he didn't like, like raisins instead of cookies, so he wouldn't gain weight," freshman Andy Hagen said.

But birthdays were one of the most popular times for friends to show they cared and helped make them very unforgettable.

"For (junior) Beth Eitter's birthday, some friends and I put a small cake in her locker. When she came to school, we surprised her and presented her with gifts," junior Tricia McPeak said.

In class and out of class, students were working together to make the year fun, and earning their brownie points with honors.



I had knee surgery recently

for an injury . . .

My friends

opened up doors

for me and

helped me get to

class by carrying

my books.

-sophomore  
Jason Holdredge



To relieve tensions during the school day, sophomores Len Keltner and Dan Wilson take the time to eat lunch together and talk about what they've been doing. (Photo by Doug Adams)

Preparing to welcome senior Katie Stevermer home from Spain, senior Susan Owen blows up balloons and decorates her friend's bedroom with streamers and an American flag. (Photo by Janet Rorholm)

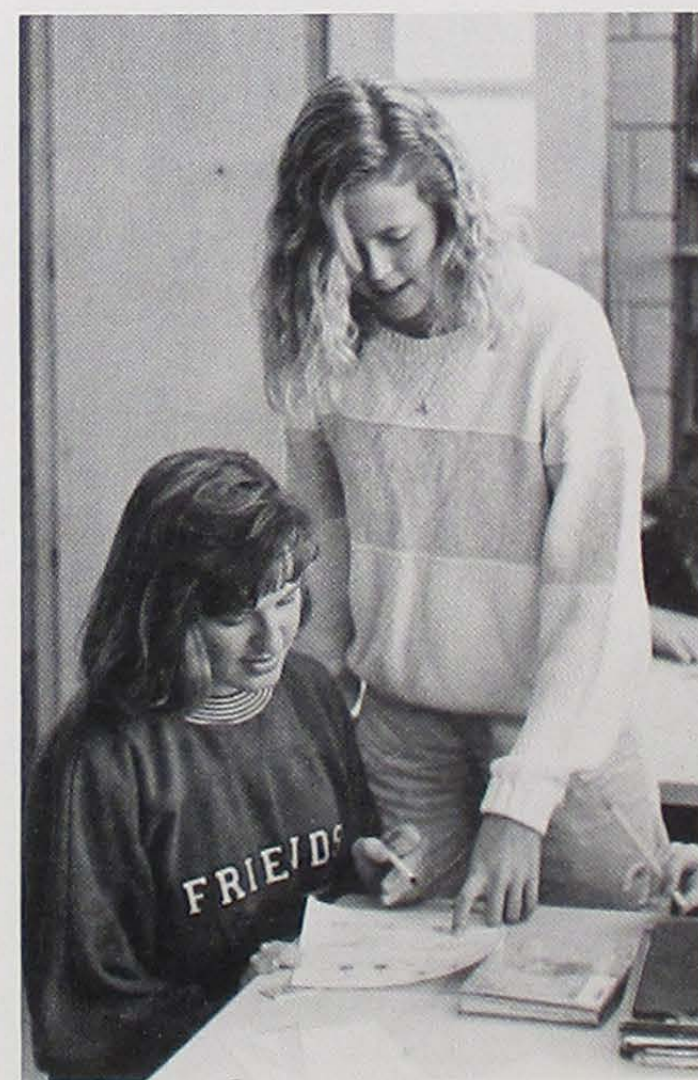






**A**ssisting junior Frank Genalo to his next class, junior Kirk Foote steers his wheelchair carefully through the hall. Foote was one of many students willing to help Genalo. (Photo by Doug Adams)

**B**etween classes, junior Amy Morrison helps out junior Diane Dubansky by carrying a stack of books and folders for her. Dubansky was injured during a track meet early in the season. (Photo by Doug Adams)



**S**haring ideas for their three-dimensional art class, freshmen Lisa Millen and Holly Anderson discuss sketches for pieces of jewelry they will create. (Photo by Chuck Bevolo)





**I**n October, rescue crews worked to save two California gray whales trapped in Alaskan ice. It became an international effort as news media from around the world converged on Barrow, Alaska, to cover the successful rescue. (Photo by AP)

**F**orest fires spread throughout the western part of the country in the summer of 1988, destroying millions of acres of national parkland including Yellowstone National Park in Wyoming. (Photo by AP)





# National News

Bush, NASA, 'trash TV' made it a 'whale' of a year

Donnie Hsu

**September 17.** Opening ceremonies began for the 16-day 24th Summer Olympics in Seoul, South Korea, with almost 100,000 spectators. It was the culmination of seven years' preparation and over \$3 billion, with 160 nations who sent a record 9,600 athletes.

**November 3.** Talk-show host Geraldo Rivera got a chair thrown at his nose as white supremacists clashed with black activists on his show, an example of what *Newsweek*' magazine called "Trash TV."

**November 8.** President Ronald Reagan said goodbye as George Bush was elected president with 26 electoral votes to the Democrat-presidential candidate Michael Dukakis' 112 votes. Bush achieved 54-46 percent victory in the popu-

lar vote.

**December 7.** A Soviet earthquake, measuring 6.9 on the Richter scale, struck in Armenia, an area of the Soviet Union near the Turkish border. The disaster cut short Soviet leader Mikhail Gorbachev's visit to New York, and initial reports placed the death toll at tens of thousands, with the possibility of thousands of trapped survivors.

**December 21.** Tragedy struck Pan American Flight 103 as the Boeing 747 jumbo jet, bound for New York from London, broke apart and crashed to the Scottish countryside at Lockerbie. Circumstantial evidence suggested it was a terrorist's bomb that killed all 244 passengers and 15 crew members aboard and at least 11 Scottish villagers. Among those killed were 35 students from Syracuse University in New York.

**January 20.** George Herbert Walker Bush was inaugurated as the 41st president of the United States at 12:03 p.m., and was given the oath of office by Chief Justice William H. Rehnquist. Minutes earlier, J. Danforth Quayle was sworn in as

vice-president by Associate Justice Sandra Day O'Connor. In his inaugural address, Bush called on Americans "to make kinder the face of the nation and gentler the face of the world."

**February 14.** The Ayatollah Khomeini denounced Indian-born British author Salman Rushdie's book, "The Satanic Verses," as blasphemous to Islam and ordered a price to be placed on Rushdie's head.

**March 24.** The largest tanker oil spill in U.S. history occurred when the Exxon Valdez, loaded with 1,260,000 barrels of crude oil, ran aground on Bligh Reef in the Gulf of Alaska's Prince William Sound. Within two weeks, the spill had extended over an area of 2,600 square miles, and great environmental damage had occurred.

**April 26.** Lucille Ball, the "queen of television comedy," died after undergoing emergency heart surgery in California's Cedars-Sinai Medical Center. Millions were fans of the "I Love Lucy" star, who was 77.



Sensation-

alism was a big

part of news

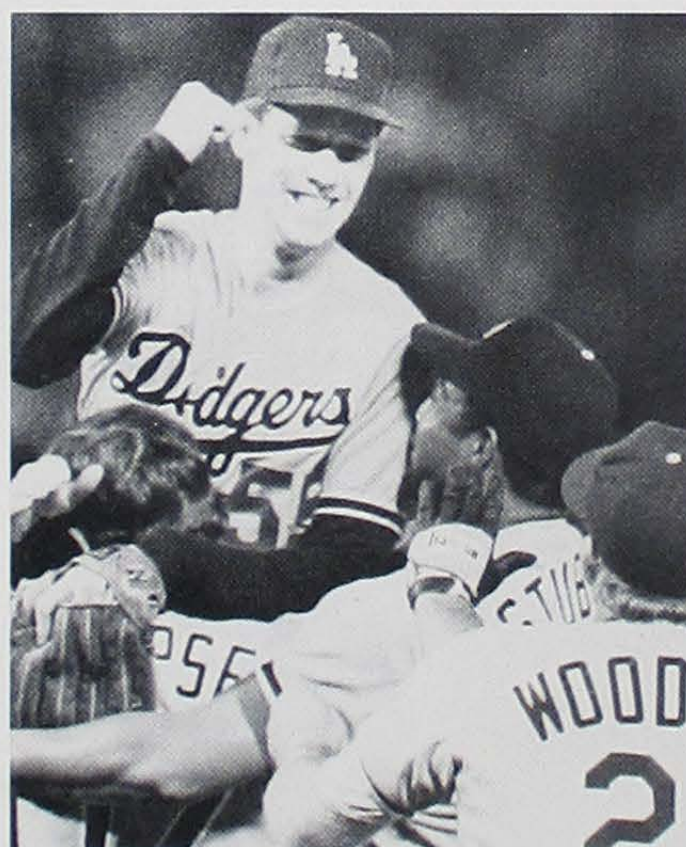
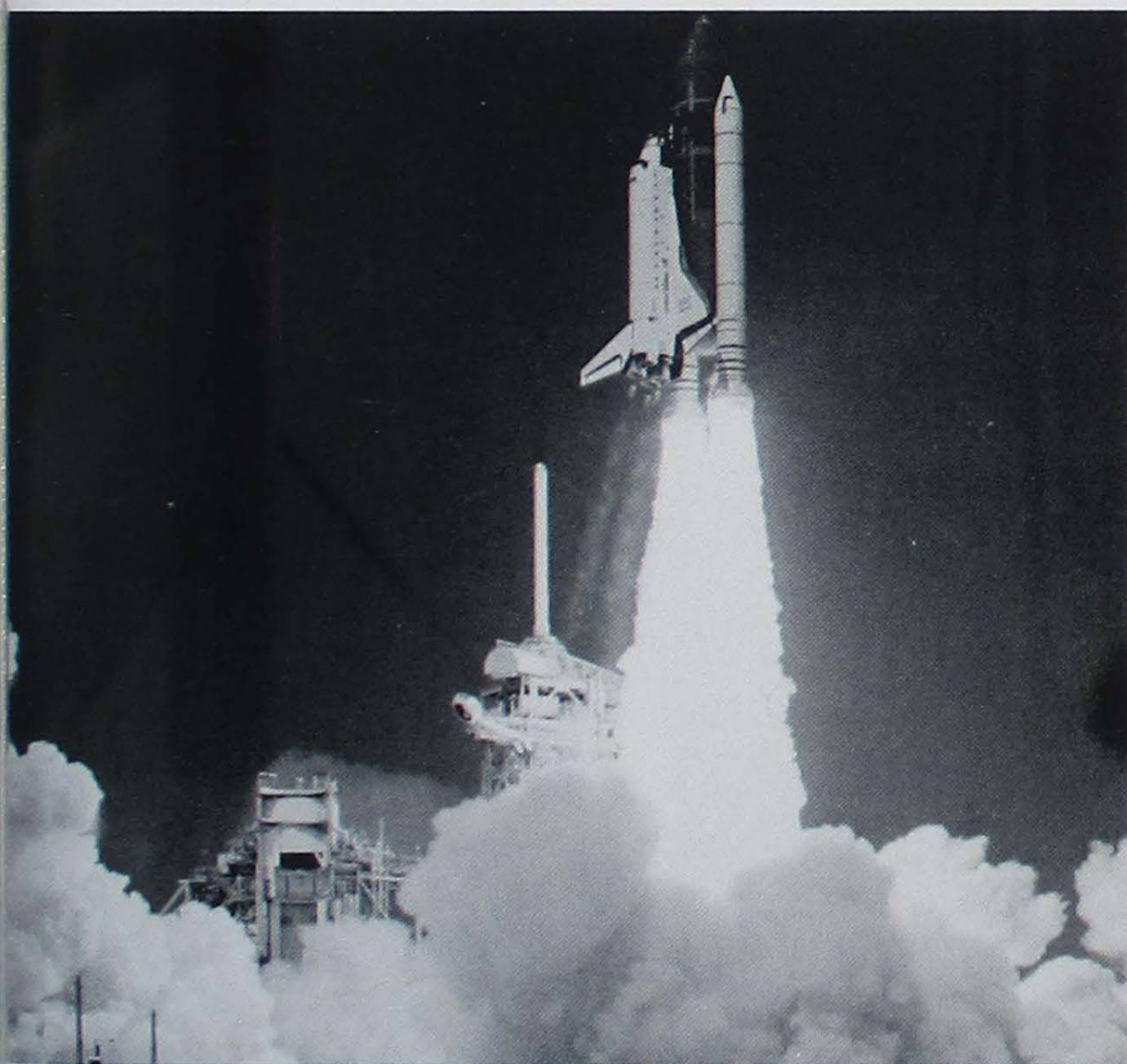
this year. The

media focused

on people rath-

er than issues.

-sophomore  
Rachel Stansbery



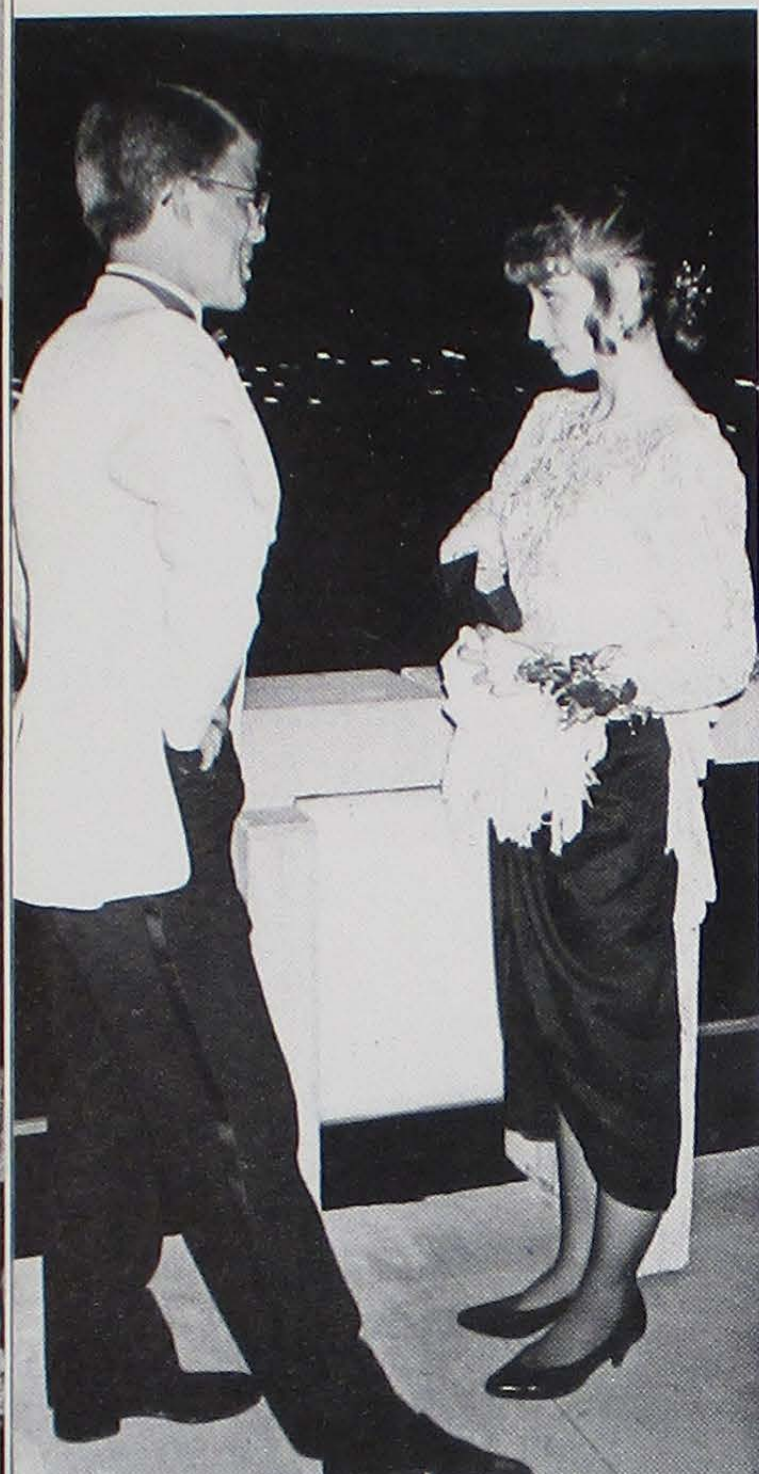
The Los Angeles Dodgers captured their sixth World Series title in October with a 5-2 victory over the Oakland A's in the fifth game of the series. (Photo by AP)

September 29, America blasted back into space for the first time since the Challenger tragedy on January 28, 1988, with the successful launch of the Discovery Shuttle. (Photo by AP)



**T**he 1989 prom queen, senior Jessica Gowdy, receives a hug from senior Toni Jackson as she is crowned and given a bouquet of roses. The prom king was senior Rodney Harl. (Photo by Amanda Jones)

**T**aking time to enjoy the night air, senior Jason Martin and his date, sophomore Amy Slater, relax on the terrace at Scheman. Students were able to be outdoors if they wished. (Photo by Amanda Jones)



**O**ften times many students chose to bring a date from another town or possibly even another state. Senior Mike Toomsen dances with his date from Minnesota at Prom, held May 13. (Photo by Amanda Jones)





# Many Mishaps

Prom night problems didn't always add up to disaster

-Kim Carey

The junior-senior prom is a big event in the lives of many students. Whether it means buying the perfect dress or renting the right color of limousine, Prom is something students often prepare for for weeks and weeks.

Despite endless preparation, some students found that Prom night, May 13, was filled with a variety of mishaps.

"My date called me three days before Prom and said that he didn't want to go because if we were going to be 'just friends' he didn't want to waste his money," senior Jenni Lang said. "My friends all wanted me to go with them and their dates. I figured that since I didn't go last year and I already had my dress, which I couldn't return, I should go. I went to Prom and After-Prom with a friend and her date and it was a lot of fun."

Preparing themselves for this

big event was very important to some students and many had no limits to what they would do to look just perfect. A few students even found themselves driving to Des Moines in order to get their hair styled.

"A friend and I went to Des Moines to get our hair done. The guy at the hair salon like totally ratted and teased my hair, so I ran home and washed it out," junior Amanda Jones said. "It took me at least half an hour to comb all the knots out."

While attempting to prepare themselves and make sure they looked perfect, students often found themselves rushing to get ready.

"About half an hour before my date was supposed to pick me up I was shaving my legs and I cut them terribly. The cuts were even bleeding through my hose," senior Melanie Fiddelke said. "Eventually the cuts stopped bleeding though and everything was OK."

Dinner was often a big part of the evening and although some stu-

dents tried to be creative with innovative dinner plans it didn't always work out.

"Even though I told my date that I didn't like oriental food too well she took me to Shogun in Des Moines for dinner. I absolutely hated it and didn't eat anything, so we stopped at Burger King on our way to Prom and I got a cheeseburger and a strawberry shake," sophomore Brian Carver said.

Although some students found Prom night filled with occasional mishaps, they were often quite minor and the night usually turned out a success.

"People always want everything to be absolutely perfect on Prom night, so when something little happens it usually gets blown out of proportion," senior Tammy Scherr said. "In the end though, the problems are forgotten and the night always turns out great."



... She took me to Shogun in Des Moines for dinner. I absolutely hated it and didn't eat anything, so we stopped at Burger King on the way to Prom and I got a cheeseburger and a strawberry shake.

-sophomore Brian Carver



At the after-prom party, junior Julie Hanson helps herself to part of a giant submarine sandwich. The after-prom party was held in the North Grand Mall from 12:30 to 3:00 a.m. (Photo by Amanda Jones)

Ames High graduate Robb Vallier interviews seniors Mindy Woodworth and Chad Gibson at Scheman for a college course he is taking. Vallier created a video tape of Prom. (Photo by Amanda Jones)



**S**enior Dan Jolly jammed with his band "Food" at the '89 Jam, February 4. Other bands that played were the Skanktones and Outrage. The proceeds went for the Junior/Senior Prom. (Photo by Doug Adams)

**P**erforming Whitney Houston's song "One Moment in Time," senior Toni Jackson sings at the assembly held January 31 in remembrance of Dr. Martin Luther King Jr. (Photo by Jayna Jarnagin)



**W**earing a leather and wool suit, a bolero hat and a coyote jacket from Petra Furs, art teacher Susie Petra models her outfit at the Faculty Style Show January 19. (Photo by Jayna Jarnagin)





# School Events

School events altered daily schedules, broke monotony

-Craig Neal

**June.** Seven students accompanied by science teachers Jack Troeger, Ron Bredeson and Mary Buck went on a geology trip to the Rocky Mountains. The group traveled throughout national parks in Utah, Colorado, Wyoming and South Dakota. Yellowstone Park and the Grand Tetons were just a few of the places visited.

**August 3-5.** Over 300 kids from Story County participated in the Iowa Games, an event sponsored by the Olympic Games committee. The competition gave many students a chance to compete on a state level. Some of the sports Ames High students were involved in were tennis and volleyball.

**September 26-30.** For the first time in Homecoming history, Ames High went without a bonfire. According to the Ames Fire Department, the Ames Municipal Code did not allow open burning for high school or college ceremonies. And because the dance was changed to after the

game, a number of students made other plans to celebrate the 14-7 victory over DM Hoover.

**November 10.** Through the support of teachers, parent volunteers and over 60 facilitators, Positive Life Choice Day was made possible. A day was set aside for speakers to talk with students on subjects such as suicide, drugs, sexuality and money management.

**November 20-21.** Thirteen Terpsichore choreographers went to an elementary school in Perry, Iowa to teach students their dances. Senior Cheryl Kaplan and juniors Gabi Kupfer and Sarah Gitchell gave presentations about their Jewish faith and culture, while Martha Trujek, a native of Yucatan, Mexico, discussed her culture.

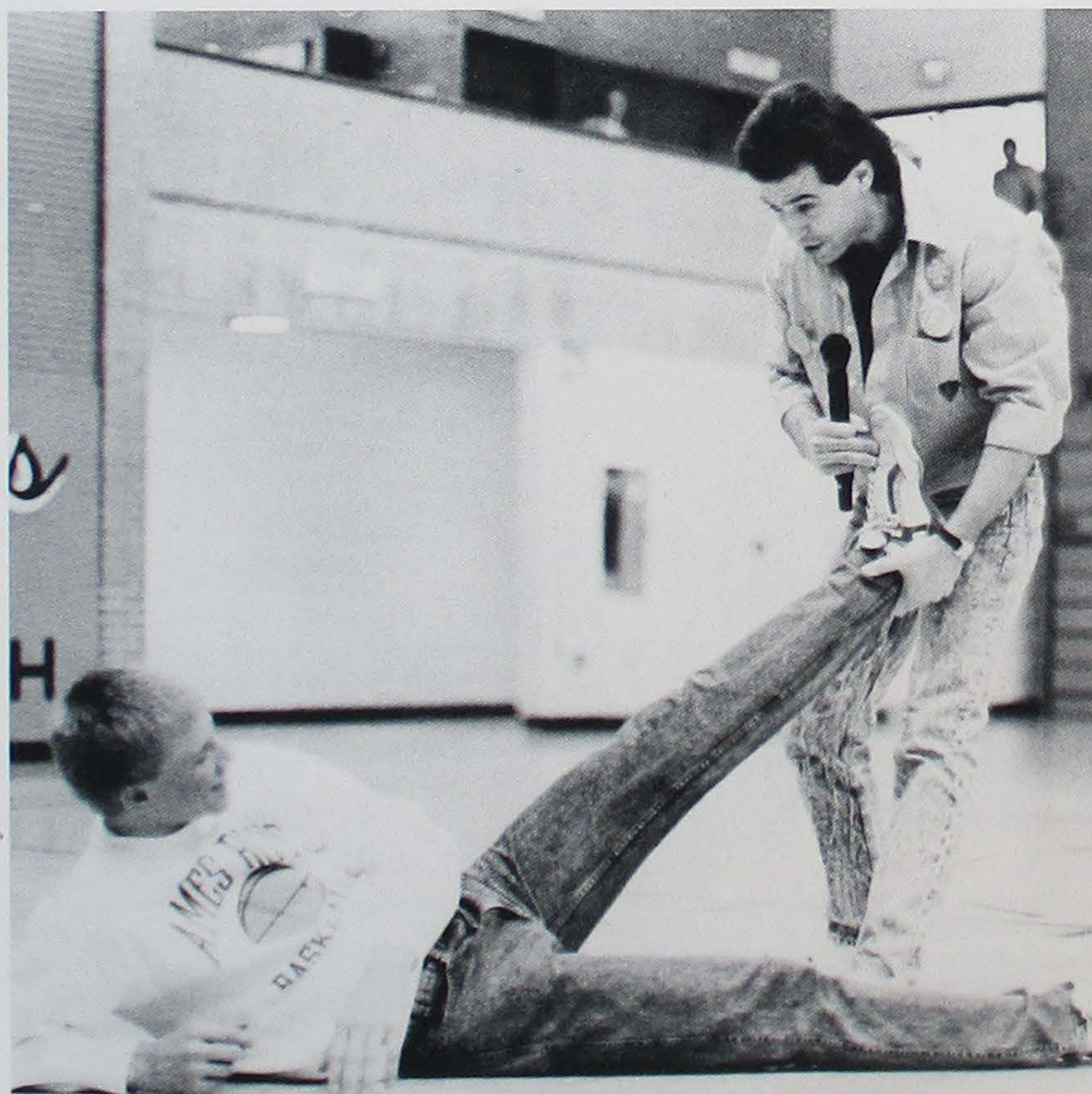
**February 2-3.** Western Civilization and art students toured the Art Institute of Chicago and saw the Sears Tower. This was the first time such an event was planned between departments.

**April 11.** Airbands marked Welfare Week with controversial over-

tones. Participants in one act were suspended because their act was deemed sexually offensive by the administration and another group's members were reprimanded because some considered their act racially offensive. Despite the controversy, \$2500 was raised during the week which was donated to Youth and Shelter Services and Special Olympics.

**May 12.** The Key Club sponsored a luau in the courtyard featuring Outrage to raise money for the Tom Jorgensen fund. This was just one of many fundraisers held to help cover the Jorgensen family's medical expenses after his liver transplant. Over \$25,000 was raised through donations and fundraisers.

**May 25-27.** Special Olympics, a function for mentally and physically disabled students took place at Cap Timm Field on the ISU campus. Twenty-two Ames High students competed in the swimming and track events.



**A**t the Key Club sponsored luau May 12, seniors Pam Westvold, Mindy Woodworth and John Montgomery jam to Outrage. Luau proceeds went to the Tom Jorgensen fund. (Photo by Sarah Post)

**N**ationally recognized speaker John Crudele tugs on sophomore Fred Hoiberg. February 17 the Ames High graduate encouraged students to make wise choices in their lives. (Photo by Doug Adams)

So often

we just hear

statistics.

John Cru-

dele's speech

gave us a first

hand account

of what life

can be. He

made us feel

that we're not

the only ones

going through

teen prob-

lems.

-sophomore  
Nupur Ghoshal



# Becoming Alumni

## Seniors bid farewell and looked to the future



-Shelley Countryman

Dates are an important part of every high school student's life, but for the graduating class of 1989, May 24 was the most important one of the year. That evening at 8:00 the air in Hilton Coliseum began to tingle with anticipation as 327 students prepared to receive their diplomas.

"Allison Bundy and I practiced a lot before we gave the class address at graduation, but we were still a little nervous. Once I got to the podium I had a sense of power," senior Josh Littrell said.

Following the class address was a slide presentation given by Ames Board of Education president Carolyn Jons that traced the activities of the senior class as small children to young adults.

"Other than getting my diploma, the slide show was the best part. There were pictures of us in grade school and junior high that were fun to see again," senior Jeff Moravetz said.

Cameras flashed as the class celebrated that night, but the celeb-

rations had actually begun much earlier with graduation parties.

"At our party we had posters and books for people to sign little messages and their names on. It showed how many friends I had made in high school and who wanted to keep in touch with me when I was away at college," senior Bev Rhoades said.

Although some graduation parties were held in unique locations like Zazoo II or Inis Grove Park, many students opted for a simple reception at their homes.

"I wanted to have an open house because it's traditional, and so I could talk with my friends and family about my graduation and future plans," senior Hope Hathaway said.

The senior picnic at the Ames Golf and Country Club on May 22 was another important date for seniors to remember because it was the last chance they had to be together as a whole group before they graduated.

"Playing volleyball was the best part of the picnic because I got to

see a lot of people; about 20 played at a time," senior Rachel Peters said.

Besides the athletic activities, lunch also provided an opportunity for seniors to socialize.

"During lunch we sat around and talked with friends. The picnic was definitely worth the \$12 for the ticket," senior Michael Asefa said.

Finally, the long-awaited night arrived and each senior prepared themselves for the brief walk across the stage.

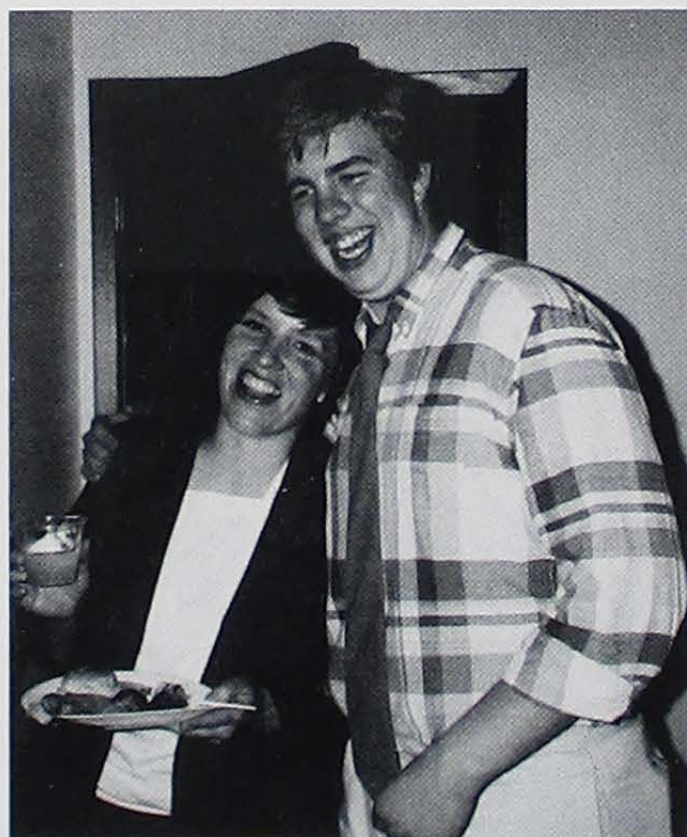
"I was so relieved when I finally got my diploma because now I feel like I'm officially out of high school!" senior Kim Koch said.

Although high school had ended, it had formed a foundation for the new alumni to stand on as they stretched toward the future.

**S**treamers were flying and hats were tossed as the Class of 1989 celebrated with tears and hugs in the final moments of the commencement exercises. (Photo by Marit Munson)

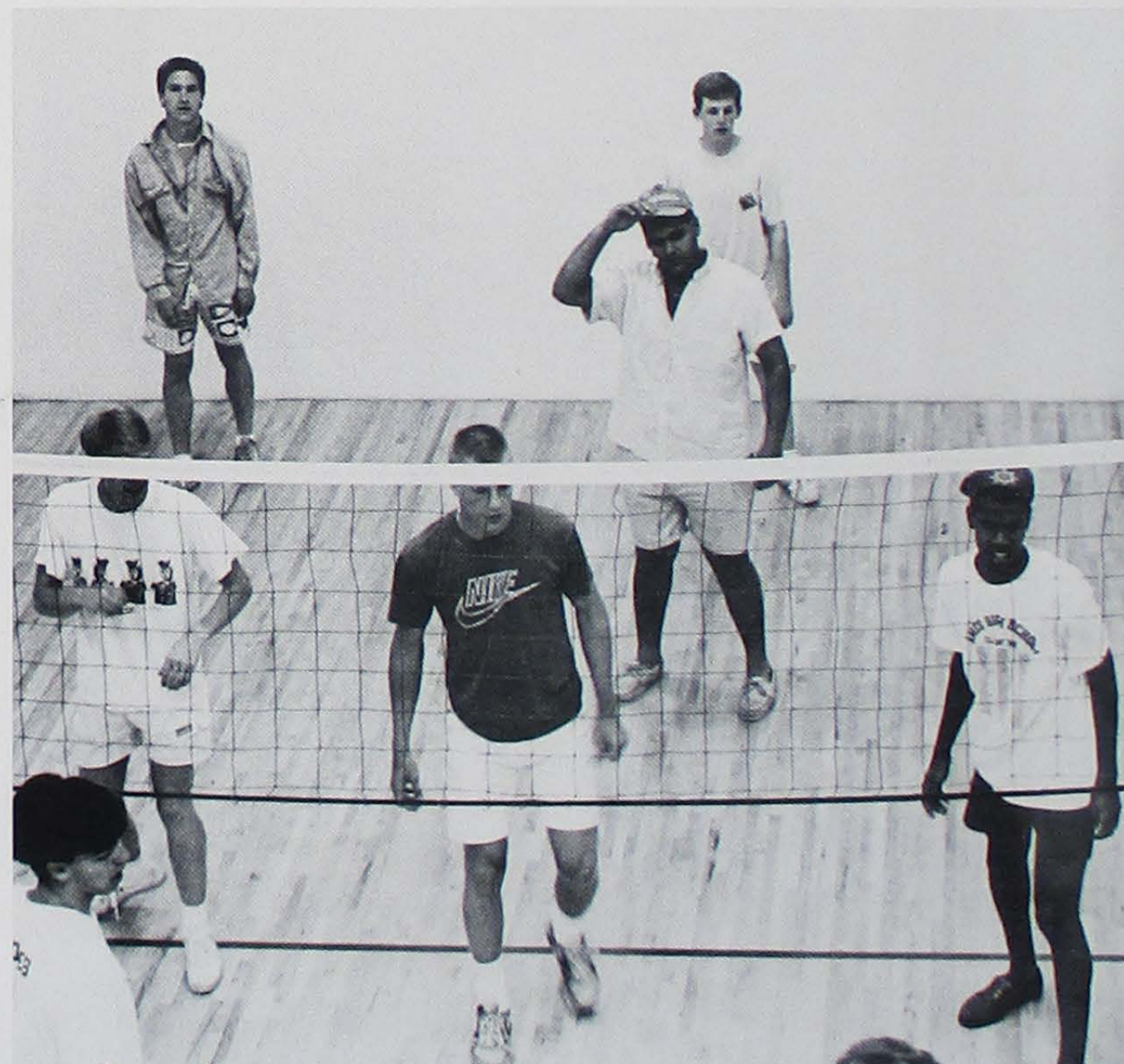
I was so relieved when I finally got my diploma because now I feel like I'm officially out of high school!

-senior Kim Koch



**R**eceiving an enthusiastic hug from senior Todd Boehlje, German teacher Betty Furr helps him celebrate at his graduation open house held at his home. (Photo courtesy of Todd Boehlje)

**A**nxiously awaiting the wallyball serve, this team was one of many who participated in the activities at the graduation party held at the Ames Racquet and Fitness Club. (Photo by Quentin Crowner)







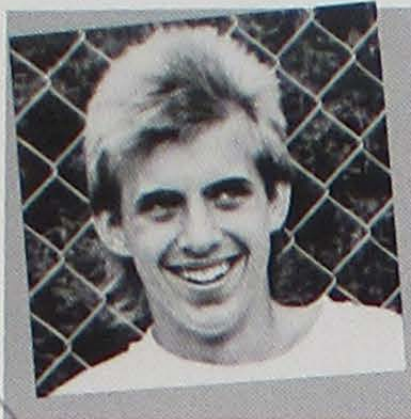
**D**onning a bright orange hunting cap during the class benediction, senior Rod Harl reflects on the spirit students showed during athletic events. (Photo by Quentin Crowner)

**B**arbequed beef, chicken and salads were a few of the lunch options for seniors Melanie Fiddelke, Kate Wilson, Deb Flatt, Michael Kavanagh and Dan Jolly at the senior picnic. (Photo by Jamie Watt)



# May Flowers

Spring fever marked the countdown to the last day



-Bryan Schabel

It's like (the teachers) forgot to teach us whole chapters and expect us to figure them out and do our assignments anyway.

-sophomore  
Tod Berkey

For freshmen, it was something like, "Pardon me Mr. Rosheim, could you repeat that, please?" The sophomores said, "Excuse me, Mrs. White?" For juniors, it changed to, "Say what, Mr. Windsor?" And for seniors, it was just, "Huh?" It was spring, the time of year when the sun comes out of its hibernation to fill the students' minds with activities other than academics.

"The work just builds up towards the end of the year," junior Frank Genalo said, "especially my junior year. Sometimes I find myself thinking 'Gosh, how will I ever make it?'"

Many students thought that teachers crammed all of the assignments covering the material they didn't teach into the last few months, giving them incredulous schedules.

"I can't believe how much more homework I have the fourth quarter compared to the other quarters," sophomore Tod Berkey said. "It's like they forgot to teach us whole chapters and expect us to figure

them out and do our assignments anyway."

But a lot of students realized that it was their own fault that their schedules were so full. They put their spring activities ahead of their academic activities.

"I'll do anything that will keep me away from my homework," freshman Brian Greving said. "I'm watching a lot of TV and I'm outside a lot shooting hoops. It's spring and I really do not want to do my homework."

Some knew that the annual problem would arise, as always, and planned ahead in order to incorporate that problem.

"I dropped Physics and took easier classes, like business applications and consumer economics, so I'd have an easier second semester," junior Lana Rahfeldt said. "Now I can lay out and fool around instead of do homework!"

The seniors considered their spring fever the worst of all. With most of their college letters of acceptance already received, all that was left of high school was a pass-

ing report card.

"I always thought that senioritis was just an excuse to party for the seniors," senior Sephe St. Charles said, "but it's for real. This whole second semester has brought my grades way down. I know where I'm going to school, and I've been accepted, so I'm just blowing everything off. I just want to pass."

Common release valves for the illness were the student's weekends. They were often considered the ultimate cure for the almost-summertime blues.

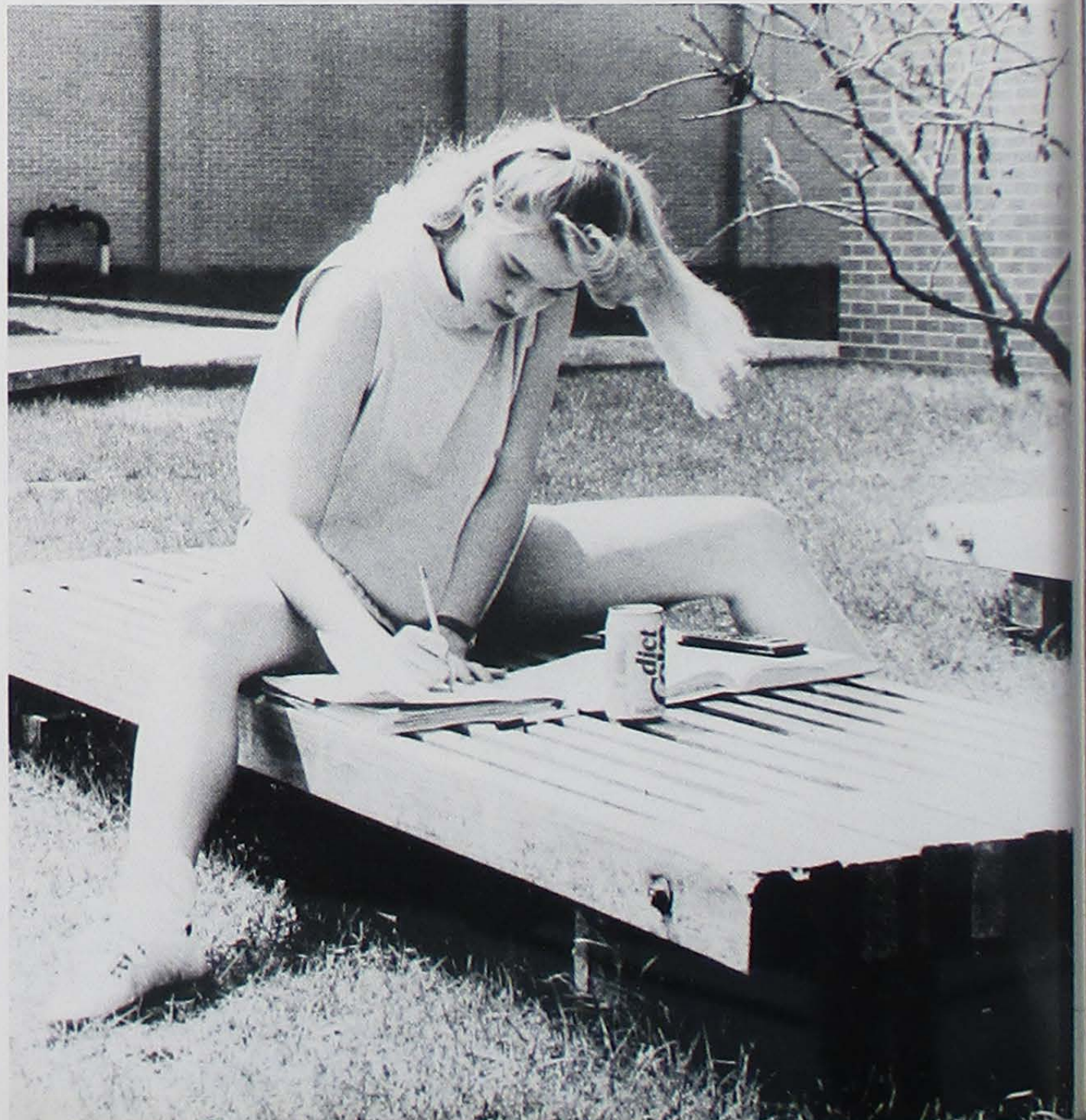
"I have to party on weekends to relieve the pressure and tension," senior Eric Smith said. I get together with my friends and drink and eat chips. "I got accepted so all I have to do is graduate . . . and that's all I am doing."

Every year, the the legend says that the ground hog decides when winter will end and spring will commence. Little does that varmit know, he is also deciding whether or not a lot of students will neglect their academic responsibilities.



With spring comes dirt and mud . . . that's common knowledge to a Jeep owner. Sophomore Mike Ketelsen cleans out his brother's jeep on his brother's authoritative command. (Photo by Dan Ketelsen)

If the sun was out, students were as well. During her free period, sophomore Nicci Sartori studies her geometry under a clear spring sky. (Photo by Janet Rorholm)







**H**acky Sacking was a common student activity during free periods. Juniors Jason Horras and Aaron Overland kill off their third period with the little leather ball of beads. (Photo by Doug Adams)

**D**uring the Drake Relays intermission, seniors Karen Augustine and Ami Soden take a quick trip to see the variety of plants in the Des Moines Botanical Center. (Photo by Jayna Jarnagin)



**T**o break the monotony of school, junior Becky Dill forks the football field during a free period. Students used every possible excuse to get outside if the sun was shining. (Photo by Chuck Bevolo)



# Joking around

-Kara Maehner

Late for the assembly you run to the gym in search of the friends who have saved you a spot. Locating them, you weave through the crowd until you've reached your destination. Just as you sit down to enjoy the assembly, you hear 'Pppppbbb-bbblllitt!' While your face is turning as red as the Whoopi Cushion your friends let you sit on, you wonder, 'why did they do this to me?'

"I really needed to get back at a friend. She was in powderpuff, so I wrote her an anonymous note from the senior girls threatening to beat her up and left it on her car," junior Camille Young said.

While some practical jokes were planned, others were spur of the moment.

"After the Ankeny (basketball) game we were so wound up from winning we decided to play a joke on (sophomore) Fred Hoiberg. While he was in the shower we put Ben Gay in his underwear," junior Eric Bappe said.

But the victim didn't have to be a teammate or a close friend.

"One time I was at a party and we put Saran Wrap over the toilet bowl," junior Dan Waller said. "It was hilarious to see people's faces when they walked out of that bathroom."

While some jokes were relatively new, others were traditions that were better to accept as a part of life.

"I was sitting there, minding my own business when a couple of the older wrestlers jumped on me and put me in a 'jock lock.' They do it every year to underclassmen," sophomore Tim Randles said.

Practical jokes were sometimes cruel and embarrassing for the victims, but pranksters have been a part of high school through history. For both, the memories created will probably stay with them longer than their faces will remain red.

**S**tealing a pencil sharpener handle, senior Robert Hefley contributes to a senior prank. The seniors planned to exchange the handles for diplomas during commencement ceremonies May 24. (Photo by Doug Adams)





# A way of life

-Janet Rorholm

Although Ames is located in America's heartland, most students have no idea what it's like to live on a farm. Agriculture is the basis for much of Iowa's economy yet the closest many have come to farming is detassling corn.

Still, Iowans were often stereotyped as farmers by out-of-staters. Iowa was often confused with Ohio or Idaho.

"It's so annoying. They (out-of-staters) don't even know

where Iowa is; they must not be very educated," junior Amy Morrison said. "It makes me mad that they automatically think I live on a farm, eat corn all the time and wear overalls."

Although few Ames High students lived on farms, most of those that did liked it.

"You're not restricted by space," senior Jeremy Kellen said. "You learn more responsibility by taking care of more things. For many people farming is their life, and by understanding it (farming) it gets rid of all the stereotypes."

Junior Stuart Penney agreed stereotyping farmers was common. Working as a farmhand gave him new insight into farm-

ing.

"It's hard work but it's also very gratifying," Penney said. "If I didn't do this job, I wouldn't know Iowa's basic principle. Iowa is based on the family farm."

Another student who truly understood the ups and downs of farming was senior Chris Goodwin. Goodwin raised and sold hogs.

"It's hard work and the market's not guaranteed. Prices change quickly," Goodwin said. "One thing I like about it is the money I'm making from it."

Although most students didn't plan on making farming their careers, many turned the experience into an advantage.

**L**eaning over a fence, senior Kim Koch feeds her sheep an afternoon snack of corn on Koch's acreage outside of Ames. (Photo by Janet Rorholm)

## Accepting Responsibility

-Katie Stevermer

Just like advancing from tricycles to driving cars, students headed down the road to adulthood and accepted its responsibility.

"Since adulthood is one big responsibility, it's important that we ease into it a little each year," senior Wendy Christensen said. "Learning to be responsible in high school is important because in college we all have to be responsible for ourselves."

In order to take care of themselves, many students learned to cook, do laundry and vacuum or learned to manage money earned at a job.

"I learned I can't buy every-

thing I want unless I get more hours (at work). You don't realize how much you rely on parents until you move out and have to pay for things alone," senior Danny O'Berry said.

When students accepted the responsibilities of a job and household chores, many parents granted their children more freedom.

"My parents don't have to remind me about things because they trust me more," sophomore Breann Bruton said. "They never say when I have to be home as long as I tell them before I go out."

Although some students were given privileges in exchange for responsible behavior, others felt parents expected a lot.

"Mom gives out jobs that she says will only take 15 minutes, but only she can do them,"

freshman Andy Glatz said. "I guess with our own kids and a house, we'll know how to vacuum, do dishes and assign jobs too."

As students learned skills for the future, they increased their ability to take care of themselves. Whether the problem was sewing on a button or grocery shopping, students prepared for life away from "Mom and Dad."

"I'm glad my parents made me do them (household jobs) because soon I'll be in college living on my own, and I wouldn't have any concern about doing things for myself," junior Amy Mangold said.

Taking time to carry out responsibilities and to take care of themselves gave students the fuel to continue heading down the road to adulthood.

**B**y straightening up the apartment, sophomore Julie Wengert takes responsibility for more than keeping her own room clean. (Photo by Janet Rorholm)



# Who ... Said what?!

-Kim Carey

Gossip 'gas-ep n: rumor or conversation consisting of personal information, factual or otherwise.

Throughout the school year the most widespread news wasn't about the nation's current events, but was usually the latest gossip.

"Everyone gossips because it's fun," freshman Amy Bartsch said. "One thing is said and by the end of the day the entire school knows it and it's a completely different story."

At the beginning of the football season some of the players began a tradition of starting a new rumor each day to see how

many people they could get to believe them.

"It started when we told a couple of people that these four guys were our captains. The funny part was that one had moved away and another didn't even play football," senior Matt Smalling said. "Our playing time was so minimal, we just did it for excitement. It was fun and no one got hurt."

Although students found that what happened to whom over the weekend was fun to talk about, people sometimes did get hurt.

"People gossip when there's nothing else to talk about. It makes good conversation," junior Jessica Miller said. "No one

realizes that people will get hurt."

But some students found hearing other's gossip a source of entertainment in itself.

"My friends and I always laugh at the girls during lunch because they're always gossiping. They make fun of someone new every day," sophomore Tim Randles said.

Gossip 'gas-ep n: rumor or personal information which circulated in the halls while entertaining the student body.

**T**he library was often used for socializing. Freshmen Mary Beth Patterson, Dawn Dean and Laura Young spend a free period chatting. (Photo by Chuck Bevolo)

## Big sis/lil' sis: worth the hassle

-Lilian Riad

How would you feel if someone you'd never seen before picked you up on Big Sis/Lil' Sis Discovery Day and told you to get set for a day of fun and games with your big sis? About 15 minutes later you find yourself being blindfolded from behind, getting a paper bag thrown over your head and being paraded around the streets of Ames (or at least that's where you think you are). Wouldn't that be great?

But the Big Sis/Lil' Sis program wasn't always fun and games. In fact there were a lot of problems.

"I never knew where to take my presents and stuff," freshman Ashley Myers said.

Senior Libby Black felt the same way.

"I wish they would have given us a schedule or some more information about our lil' sis," Black said. "It was so hard trying to figure out how to get her the presents."

Stolen and lost items were also a problem for some students.

"I think they should have had a better place to put the presents, because that box in the office got awfully crowded and half the time things were either lost or stolen," senior Ife Fadeyi said.

A lot of lil' sisses had the same problem and felt left out.

"After awhile I just stopped giving her presents," freshman Summer Knudtson said.

Some sisters solved the problem by giving the presents to their little sisters or big sisters in person.

"I knew who my lil' sis was so I gave her the presents and notes and stuff and told her that it was from her big sis," senior Susie Owen said.

Although there were a lot of problems with communication, 'sisters' agreed that discovery night was fun.

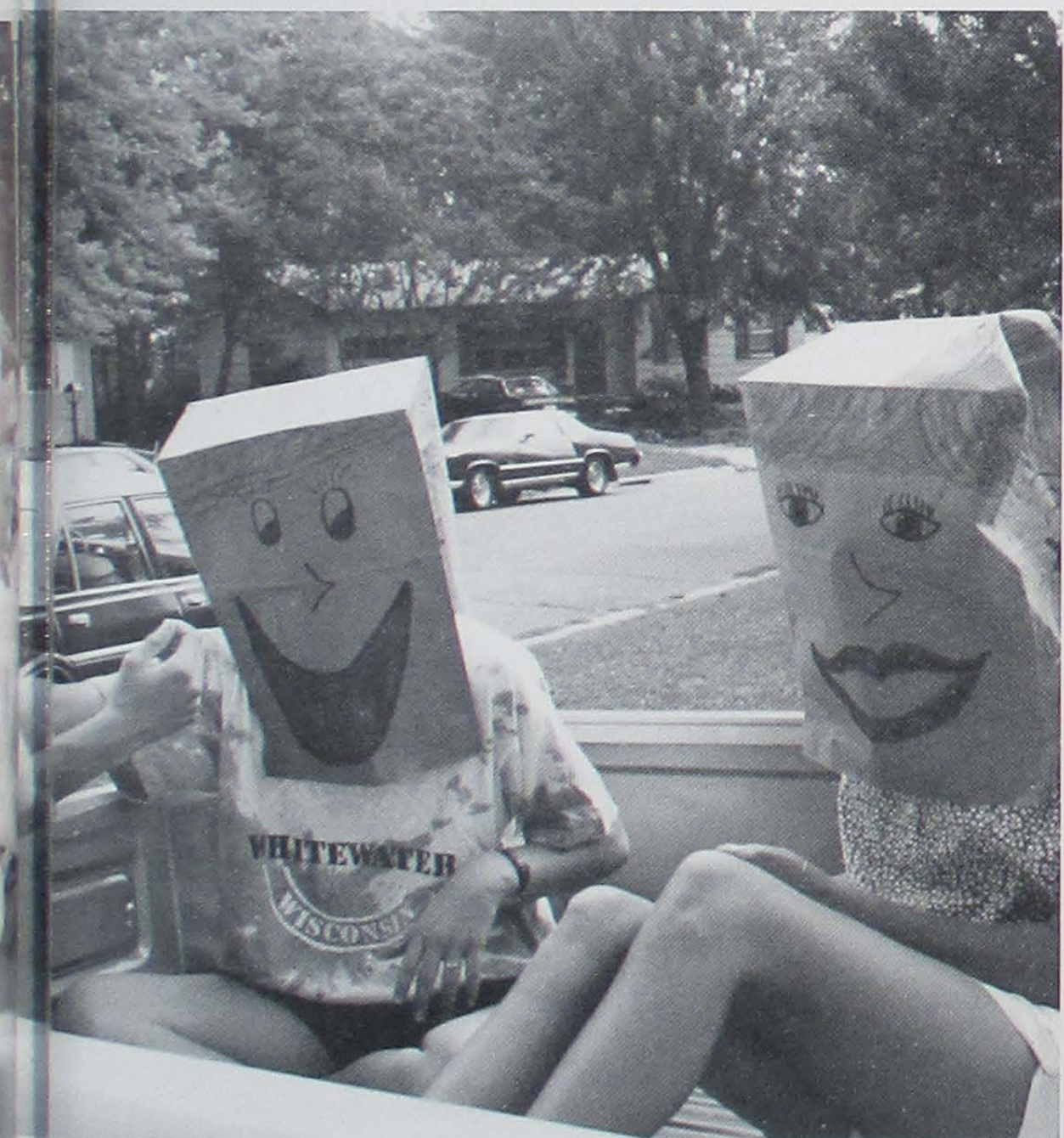
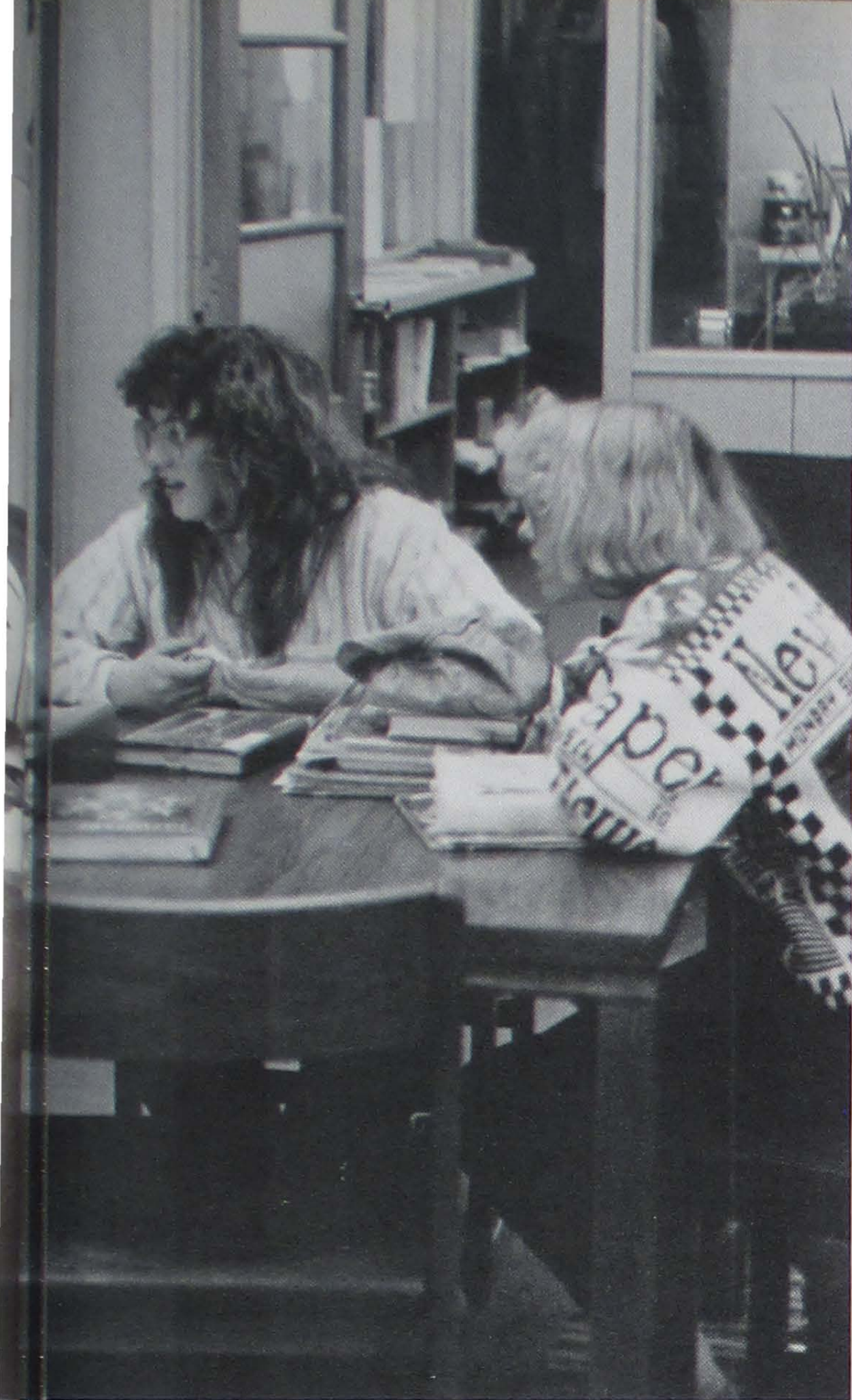
"It was exiting to see the expression on her face when she found out that it was me," Black said.

Despite problems, most big and lil' sisses also agreed that the program was worth any amount of trouble, because the friendship that resulted would last a long time.

**O**n Discovery Day seniors Neila Anderson and Jason Teal pick up freshmen Holly Forssman and Holly Anderson at Forssman's before going to the picnic. (Photo by Carrie Stidwell)







# Cars had personality

-Becky Dill

You're walking through a parking lot and you pass cars named 'The Demon Beast' and 'The Mean Green Dream Machine.' You expect a salesman in a plaid suit, nicknamed Squiggy, to walk out and try to sell you one. But you're not in a used car lot. You're in the Ames High parking lot.

When school resumed in August a wide variety of cars filled the parking lot. Some were old, some new. Some were family cars and some unique cars.

'The Flintstone Mobile,' driven by junior Aaron Overland, was a 1980 two-door yellow Chevette.

"There's a hole in the floor that goes all the way through the car. You could put your feet through the hole and run with the car like they do on 'The Flintstones,'" Overland said.

Overland's car was also missing a rear view mirror and the passenger door was attached to the car by string.

Junior Geoff Emmel drove a 1976 Datsun 710, alias 'Orange Crush.' The car's name was self explanatory since it was orange and crushed. The 'Orange Crush' had no rear window and the car radio was stuck on station EZ listening 104. But it also had the capacity to exceed the city's speed limits.

"I like to drag people in my

'Orange Crush.' I usually leave them in the dust," Emmel said.

Some cars at school were nameless but still unique. Sophomore Lenny Keltner drove a 1977 red Ford Pinto that was lacking a few features. It didn't have a heater, turn signals or windshield wipers. The exhaust and muffler system rattled and the engine blew up. Keltner also had two bullet holes in the rear of his car.

"I think people have been trying to shoot out my back window," Keltner said.

Another car's name was derived from a nasal function. 'Booger', junior Teri Pipitone's car, a 1970 green VW Bug. 'Booger' was missing a radio, heater, speedometer and gas gauge. It also had a weak floor and the steering wheel had a tendency to jerk when she hit the brakes.

"'Booger' is missing a lot of needed parts, but it's a great little car and it takes me wherever I want to go," Pipitone said.

Those cars may not have been the most glamorous cars at Ames High, but they served their driver's purpose by taking them wherever they wanted too.

Sealing the plastic on his rear window, junior Geoff Emmel takes care of his 'Orange Crush.' Emmel's was just one of the many "unique" cars that filled Ames High's parking lot. (Photo by Jamie Watt)





# *This is serious* Stuff

"H

ey! Wait up for me. You're always in a rush to get somewhere. Where are you off to now? The weight room again?"

"No, I'm supposed to be on 'Visions' today to talk about Homecoming week activities. What about you? Why are you still hanging around school?"

"I was headed to a study party, but then I realized that I forgot my Spanish book so I thought I'd better pick it up on my way. We have a Spanish unit test tomorrow and I need as much help as I can get."

"Sounds like a smart idea to me. I could use some serious help in chemistry. I've procrastinated so long that I haven't even read the chapter yet and I have a major test tomorrow!"

"Maybe you should consider getting yourself a tutor, or using the 'A-Team'. I know you're busy planning things for Senior Senate on Wednesday mornings, but the 'A-Team' for chemistry meets on Fridays before school."

"You expect me to study on Fridays? Ha! As far as I'm concerned, the word 'Friday' means only one thing . . . the WEEKEND!"

"Speaking of weekends, the only activities I have planned are taking my ACT's, and then I have a Speech Club competition Sunday afternoon. What a weekend."

"Sounds pretty exciting to me. What about homework — aren't you going to squeeze some studying into your fabulous schedule? How about some molecular physics or algebraic equations to liven up your two free days? I know that always works for me when I feel like having some serious fun."

"I just bet it does. Somehow I can't picture you staying in the same place for longer than the 43 minutes we have to sit in class, let alone putting in extra time studying outside of the classroom."

"What can I say . . . I just can't sit still for long periods of time. And speaking of time, I need to get going — I've got to get to 'Visions' before the show is over."

"And I have to study Spanish. After all, this is serious stuff!"



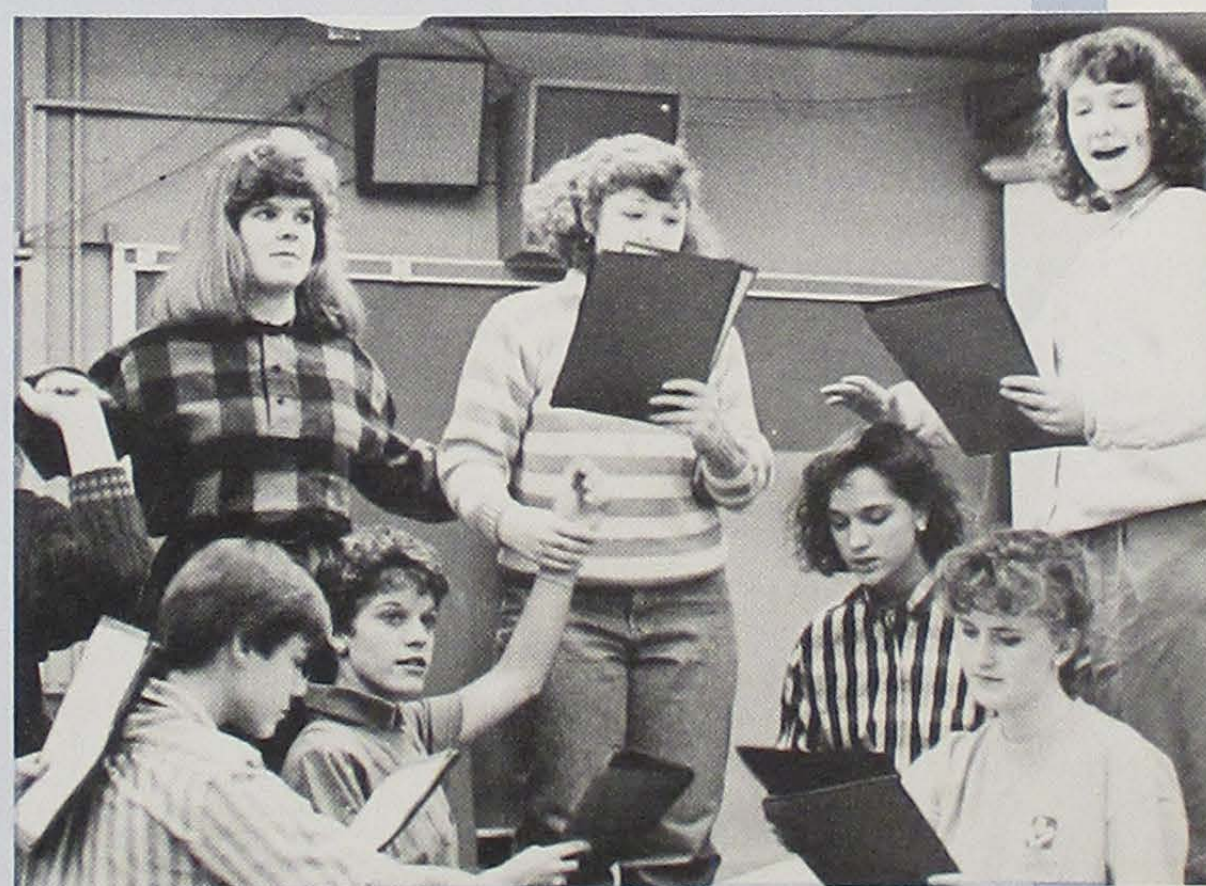
Flashing an embarrassed grin, senior Rod Harl tries to remain cool, calm and collected while he receives a balloon bouquet for his birthday during his choir class. (Photo by Jayna Jarnagin)







**P**erforming a magic show for children at Bethesda Lutheran Church, sophomore Volunteers Suzi Hunger and Beth Dinsmore help at the Volunteers' carnival February 28. (Photo by Janet Rorholm)



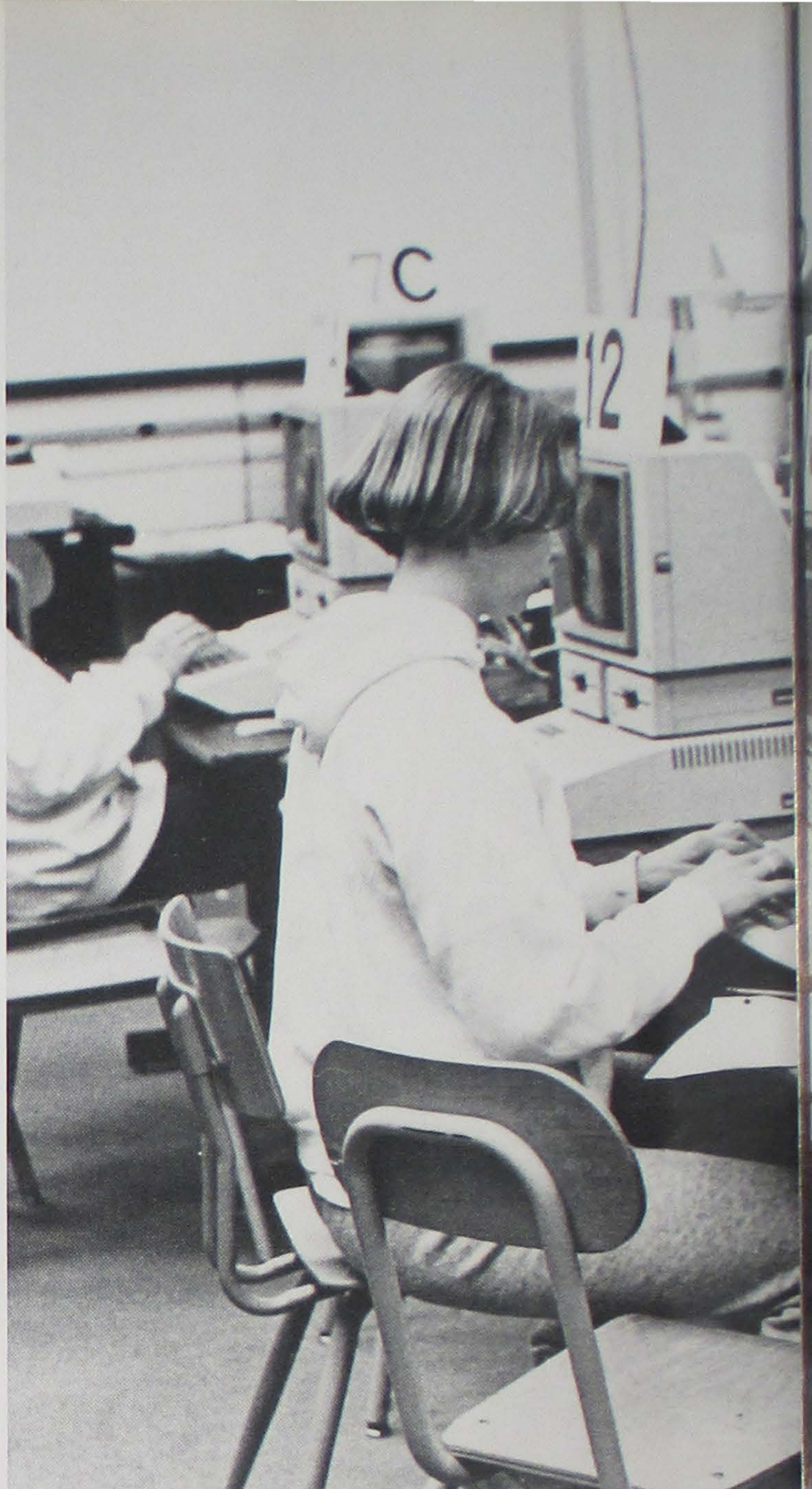
**A**t an after-school practice, members of Speech Club perform a choral reading. The group received a 'I' rating at Districts to qualify for State, and earned three 'I' ratings at State. (Photo by Chuck Bevolo)

**S**urrounded by screaming fans, senior Mike Herman sings "Night Train" by Guns'n'Roses at Airbands held during Welfare Week. Herman was imitating lead singer, Axl Rose. (Photo by Jayna Jarnagin)





**"Spirit" Photographers.** Front Row: Janet Rorholm, Stacia Madsen, Amanda Jones, Jayna Jarnagin, Lanai Byg. Back Row: Chuck Bevolo, Jamie Watt, Dan Ketelsen, Quentin Crowner. Not Pictured: Doug Adams.



**"Spirit" Page Editors.** Front Row: Becky Dill, Jennie Jones, Shelley Countryman, Lilian Riad, Michelle Rayhons. Second Row: Stacy Morford, Kara Maehner, Heather Jesse, Stacia Madsen. Back Row: Steve Wuhs, Bryan Schabel.



**"Spirit" Editors.** Front Row: Josh Murphy, Sarah Post, Carrie Stidwell, Adriana Platt, Craig Neal. Back Row: Jennifer Holden, Stephanie Wessman, Katie Stevermer, Janet Rorholm, Jayna Jarnagin.





# Frenzy: 'Spirit' provided a source for experience and escapade

-Bryan Schabel

There was a group of juveniles that stayed at school until the wee hours of the night, working diligently on their latest deadline, and at the same time keeping the spirit alive. They were the "Spirit" staff — half brain, half insane.

"'Spirit's' awesome," senior photographer Jamie Watt said. "I look forward to it every day. The only time I regret the class is when a deadline is rapidly approaching."

It wasn't that there wasn't enough time for staffers to fulfill their assignments, there tended to be a little procrastination existing in the class' morale.

"I admit I procrastinate a little too much, and I realize you can't do that in journalism," senior photographer Dan Ketelsen said. "But, I get yelled at constantly during class — they don't seem to realize that I'm on

'Spirit's' awesome. I look forward to it every day. The only time I regret it is when a deadline is rapidly approaching.

-senior Jamie Watt

the staff to party with the 'Spirit' dudes."

The class was, for the most part, a party. Jokes were told daily in the class, and every month, a birthday committee set up a party for those whose birthday was that month.

"I can't wait for class on a party day," senior co-editor Adriana Platt said. "My favorite was the February one . . . it was on Valentine's Day so we celebrated that too. The Valentine cookies were awesome."

"But the class wasn't always just a bunch of people fooling around. At times, they did take on a more mature attitude.

"'Spirit' is a class with a laid-back atmosphere," junior page editor Steve Wuhs said.

"You have to be responsible because you're on your own and

your teacher isn't breathing down your neck all the time."

The fact that the students had to be responsible for their own schedule also taught them what journalism is all about.

"I didn't realize how tough journalism really is," senior photographer Chuck Bevolo said. "'Spirit' taught me some of the basics for journalism that I'll need — I'm going to study journalism in college."

Making the book also took up a lot of time when the deadlines closed in. Some staffers found themselves in the media center's computer lab until 3:30 in the morning making finishing touches on the stories.

"I spend more time on 'Spirit' than any other class I've taken," senior classes and clubs editor Katie Stevermer said. "When the finished product comes out, I'm sure I'll feel that it was worth it all."

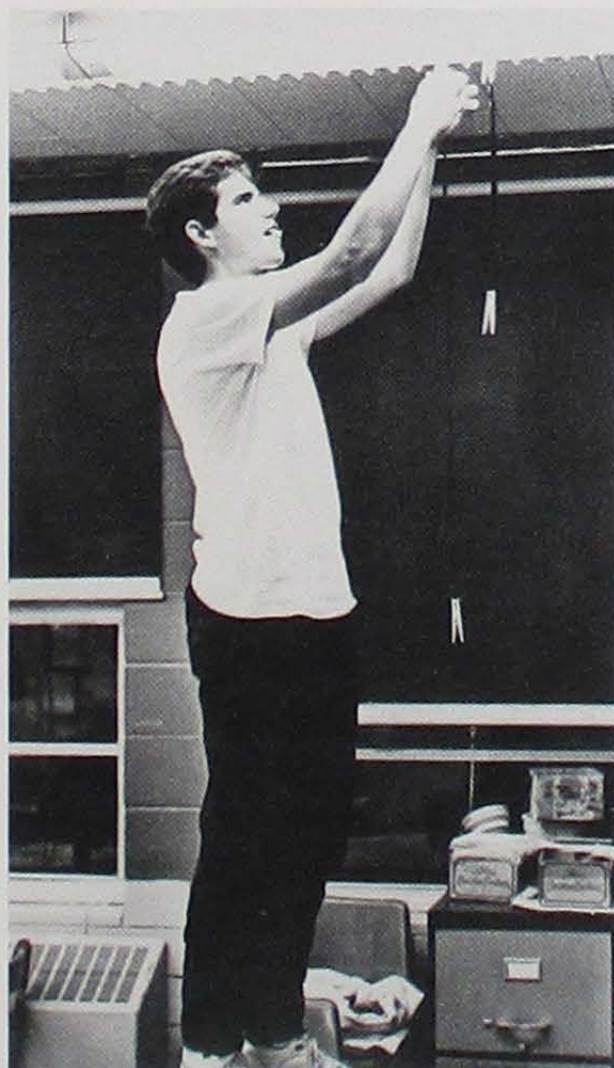
After five stressful deadlines, the "Spirit" staffers all shut off their computers and put away their cameras. The book was complete. They came, they saw, and they got serious.

During one of the weekly Wednesday work nights, sophomore Jennie Jones types up her latest story assignment to hand in on the upcoming Friday. (Photo by Dan Ketelsen)



Calling up strangers was a task senior Kim Carey had to do for stories. Meanwhile, seniors Carrie Stidwell and Shelley Countryman hunt for names to call. (Photo by Dan Ketelsen)

At one of the staff's ever-popular monthly birthday parties, senior photographer Dan Ketelsen takes a big, gooey chomp of Domino's pizza. (Photo by Chuck Bevolo)



At staff's first monthly birthday party, adviser Kendi Neff displays her tremendously festive attitude as the staff takes a break. (Photo by Chuck Bevolo)

When the darkroom is occupied, no one can get in. Senior Doug Adams compromises by finding an unique place for his freshly developed negatives to dry. (Photo by Dan Ketelsen)



In her first period printmaking class, junior Teri Pipitone putzes her copper plate in order to remove scratches before printing her design. (Photo by Quentin Crowner)

Using acrylic paints, freshman Kendal Holder puts the final touches on her painting in her seventh period Two-Dimensional Art class. (Photo by Quentin Crowner)



Taking Dorothy Gugel's Two-Dimensional Art class gives freshman Jason Swift a chance to explore painting and use his creativity. (Photo by Quentin Crowner)

In printmaking, seniors John Okiishi and Chad Gibson use color pencils to put the finishing touches on their intaglio prints. (Photo by Quentin Crowner)





# Creativity: Original minds produced masterpieces

-Kim Carey

A well thought-out idea, along with hard work and discipline add up to one thing: a masterpiece. The creation of this masterpiece involves dedication, concentration, relaxation and above all, patience.

To many students, art was an essential part of their day. It provided a release from their everyday problems.

"I look forward to going to art every day because it relaxes me. It's a way to show my feelings on paper," freshman Wendy Ward said. "Some people relax with music, I relax with art. Art is necessary for me because I like it."

For other students art was not only a release but also something they considered pursuing as a career.

"I find art relaxing because it allows me to express myself. I plan to study commercial art and possibly get into illustration some day," senior Debbie Lewis said.

I look forward to going to art every day because it relaxes me. Some people relax with music, I relax with art. Art is necessary for me because I like it.

-freshman Wendy Ward

The key for success in art was often thought to be a teacher's honest opinion.

"I especially like printmaking with Ms. Gugel. She gives me good ideas and tells me what she thinks of my work. She always tells the truth about a student's work," sophomore Brian Carver said.

Art provided a challenge as well as a sense of self-fulfillment for many students.

"Art is a challenge to see what you can prove to yourself. If you keep trying you'll get better and see improvement. It makes you feel good about yourself and what you can do," junior Diane Dubansky said.

Another challenge to art clas-

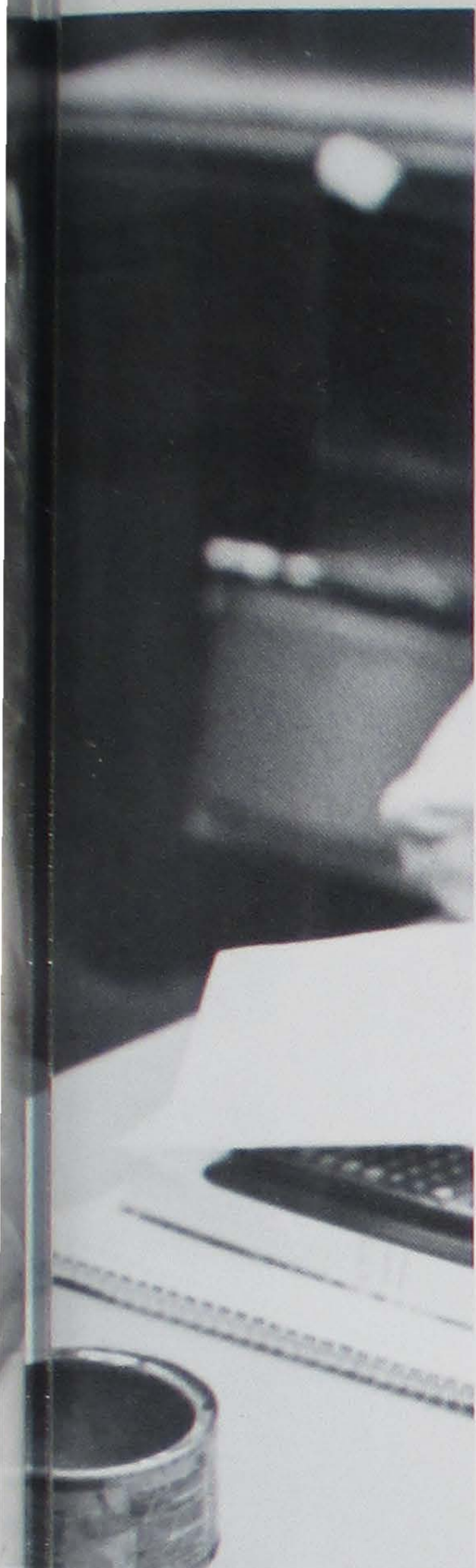
ses were the deadlines. Coupled with full class loads and procrastination, these deadlines often caused students to become "stressed out."

"Most of the stress has a lot to do with all of the scholarship deadlines, also the fact that you also have classwork to deal with at the same time (as deadlines). It is all very overwhelming," senior Kate Wilson said.

Art classes added a little spice to otherwise ordinary days, but they also helped students prepare for the future.

"It's something different. The teachers are really cool, they let you do what you want," junior Tony Frasher said. "Art is a class that you can take to prepare for the future. I want to get into architecture so the art background will help me a lot."

Whether art classes were taken as a form of relaxation or for future career purposes, students found that dedication was the key to unlocking a masterpiece.



In their first period printmaking class, junior Ken Doran and senior Tyler Farner ink plates to prepare copper prints. (Photo by Quentin Crowner)

As a unit in his Two-Dimensional Art class, freshman Gustavo Riesco transfers his design for a painting from paper to canvas. (Photo by Quentin Crowner)





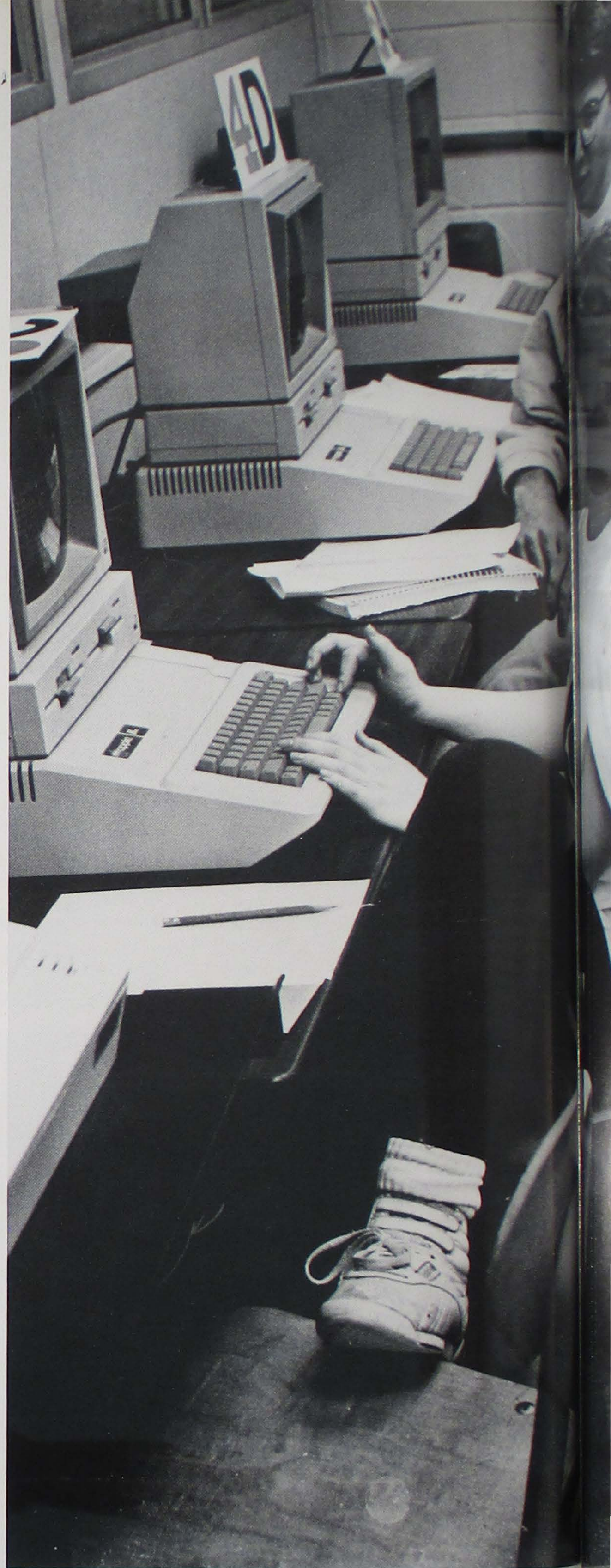
**First Semester "Web" Staff.** Front Row: Jeneane Beck, Wendy Christensen, Katie Stevermer. Second Row: Cheryl Kaplan, Janet Rorholm, Lance Van Houten. Back Row: John Niyo, Ben Klaas, Pat Connolly.



**Second Semester "Web" Staff.** Front Row: John Niyo, Brandon Miller, Janet Rorholm, Sarah Post, Dan Ketelsen. Back Row: Chuck Bevolo, Craig Neal, Chris Arp, Ben Klaas, Pat Connolly.



**"Scratch Pad" Staff.** Front Row: Patrick Marley, Liz Cummings, Krista Osterberg, Shelley Countryman, Sonya Bibilos, Vicki Tsai, Jennifer Hethcote. Back Row: Adviser Kirk Daddow, Stephanie Wessman, Tenaya Darlington, Josh Murphy, Gustavo Riesco, Jeanne Pugh, Keri Daddow. **Not Pictured:** Heidi Brayton, Kendra Willson.







# Deadlines:

Creative minds worked to produce student publications

-Lilian Riad

Work nights. Paste-up. Board meetings. Proofreading. These four words could summarize how students on the "Web" and "Scratch Pad" staffs spent their time when a deadline was near. And meeting that deadline was often a challenge for both publications.

"Procrastination is the main reason we always get behind. Every time we think we're ready something comes up; there's always something missing — a layout, a story, a picture, an ad," senior Chuck Bevolo said.

"Scratch Pad" had similar problems, but for different reasons than "Web".

"Our board is really diverse, so when we read entries, nobody agrees on what's good and bad," senior co-editor Stephanie Wessman said. "Things like that slow us down a lot."

In order to catch up, "Scratch

**T**ension and frustration were a part of being on a student publication. Senior "Web" staff members Sarah Post and Ben Klaas work on a story. (Photo by Chuck Bevolo)

Work nights are a great place to catch up on all the gossip and eat some of the world's greatest junk food.

-senior Janet Rorholm

Pad" members attended meetings and the "Web" staff put the paper together on paste-up nights. But at times, seriousness turned into immature antics.

"Everyone usually has something to do, but the tension builds up and we just start yelling at each other and throw things across the room to release the stress," senior "Web" editor Janet Rorholm said.

"Work nights are a great place to catch up on all of the gossip and eat some of the world's greatest junk food," Rorholm added.

Besides munching food in room 202, the "Web" staff published a paper every three weeks. The "Scratch Pad" staff had only one deadline for the entire year, however.

"We're not really rushed, but

we have to worry about how to get money to publish "Scratch Pad," and we have to decide on the cover designs and on which pieces to include," senior Patrick Marley said.

To decide on the entries, the "Scratch Pad" staff rated each entry and then met once a week to discuss any problems.

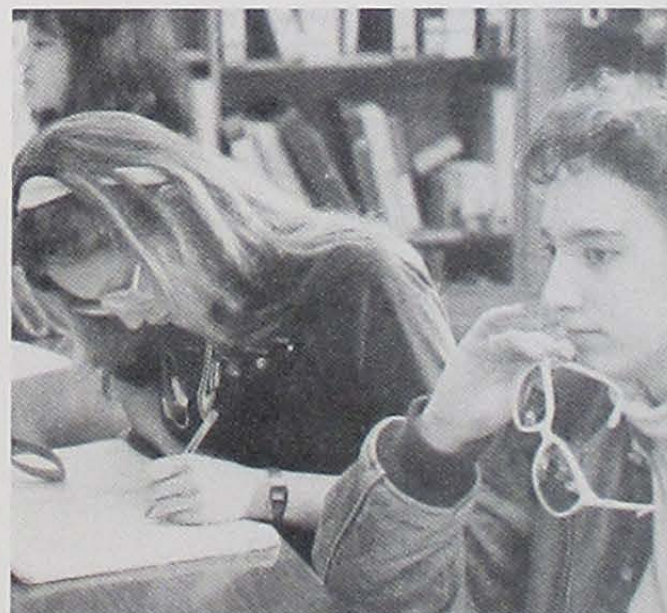
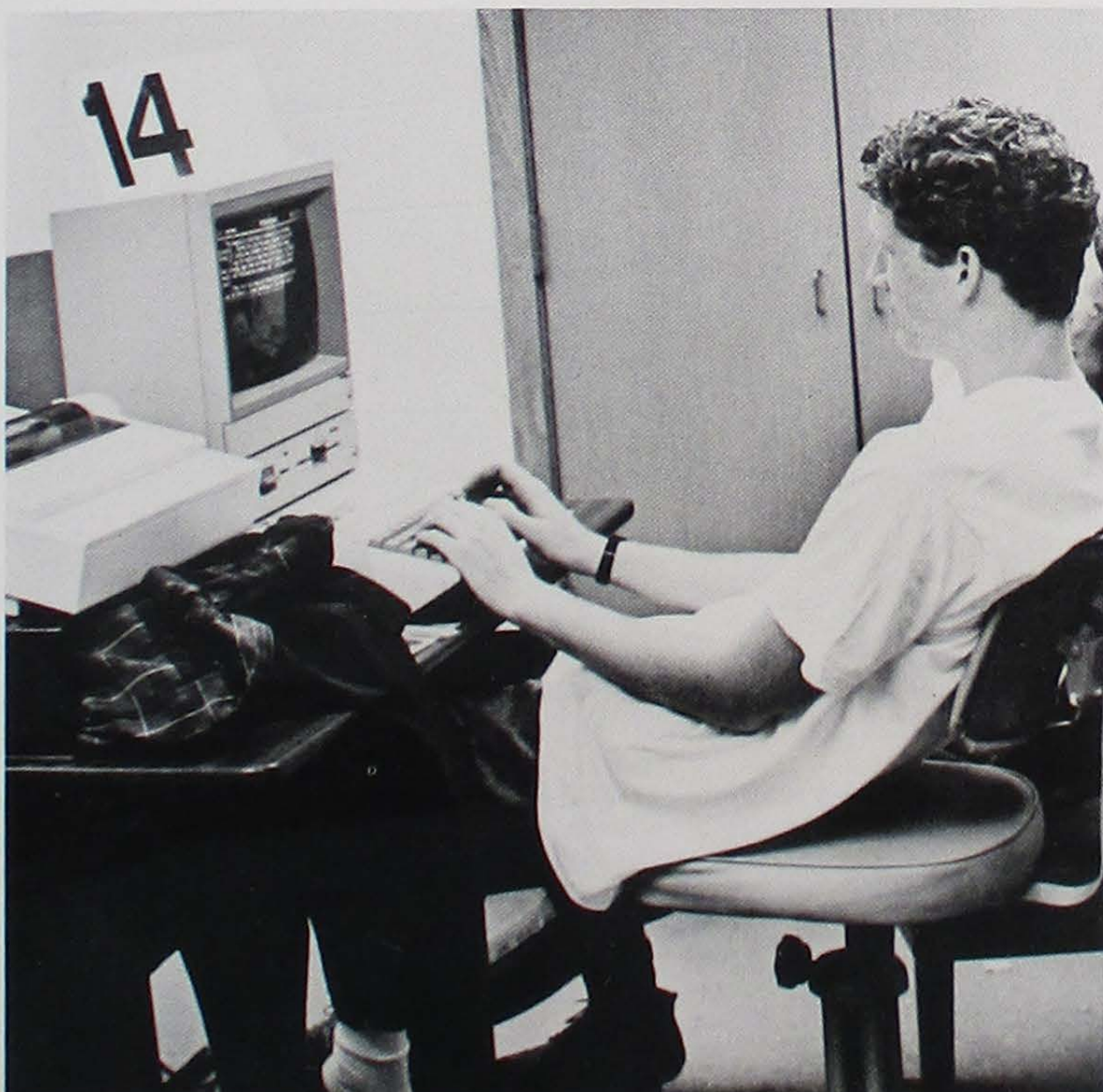
"All the members read each entry, so it takes a lot of time. You have to want to do it, and you have to like writing," junior Josh Murphy said.

Writing was a major part of both publications, and the more one enjoyed it, the more fun the publications became.

"I like 'Scratch Pad' because we can do anything we want. We don't have to abide to rules. That helps when we're near the deadline," Wessman said.

Whether the staffs got to do what they wanted or not, there was satisfaction in the long hours of hard work and the finished product.

"It's worth our time, because a lot of people read the 'Web,' but we don't think about that 'til it's all over," senior Dan Ketelsen said.



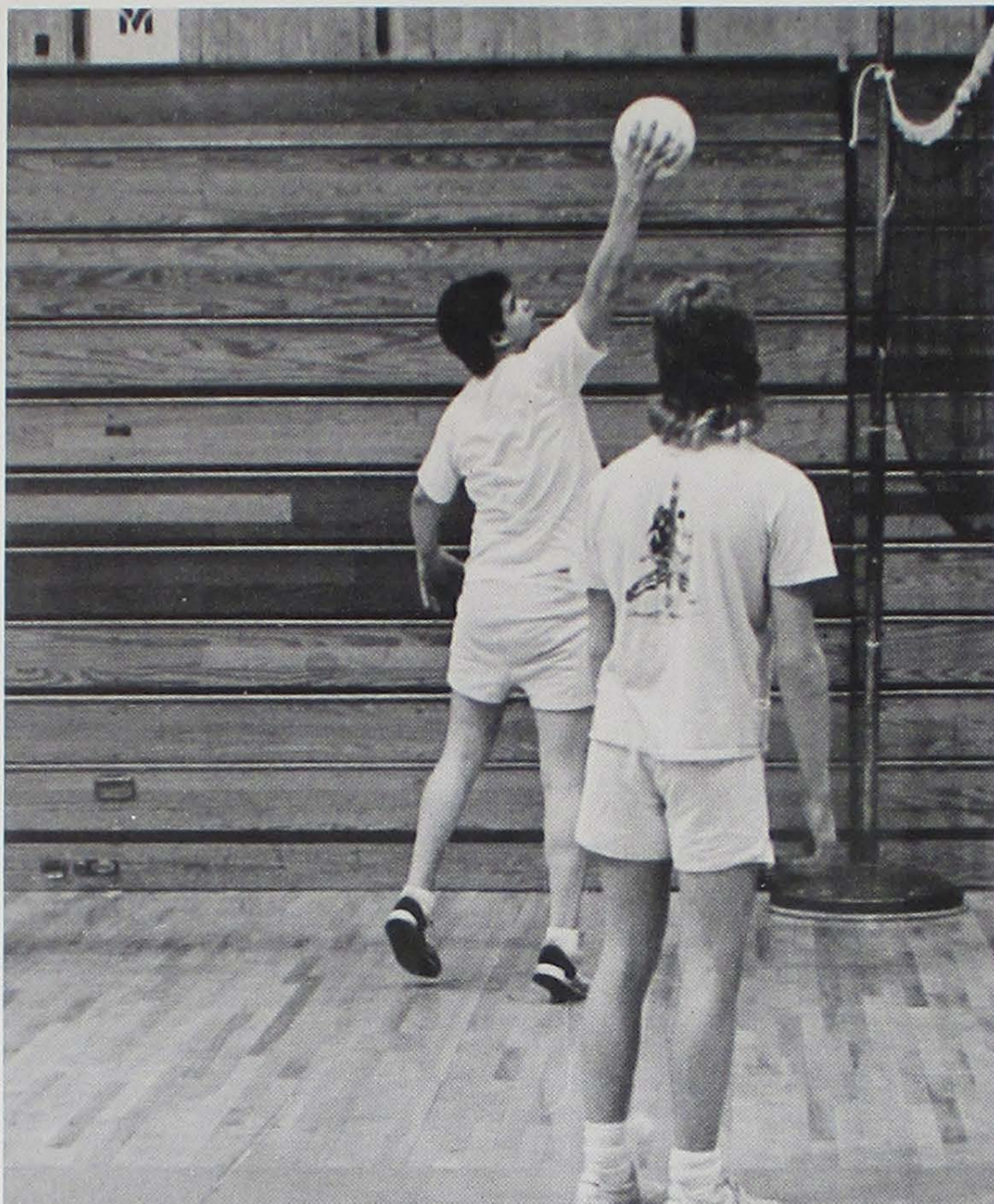
**A**t a 3:00 Tuesday meeting, senior "Scratch Pad" member Kendra Willson evaluates entries, while senior co-design editor Shelley Countryman ponders the cover. (Photo by Chuck Bevolo)

**B**eing on the "Web" staff meant a lot of work, both in class and out. Senior feature editor Pat Connolly works to meet a deadline. (Photo by Chuck Bevolo)

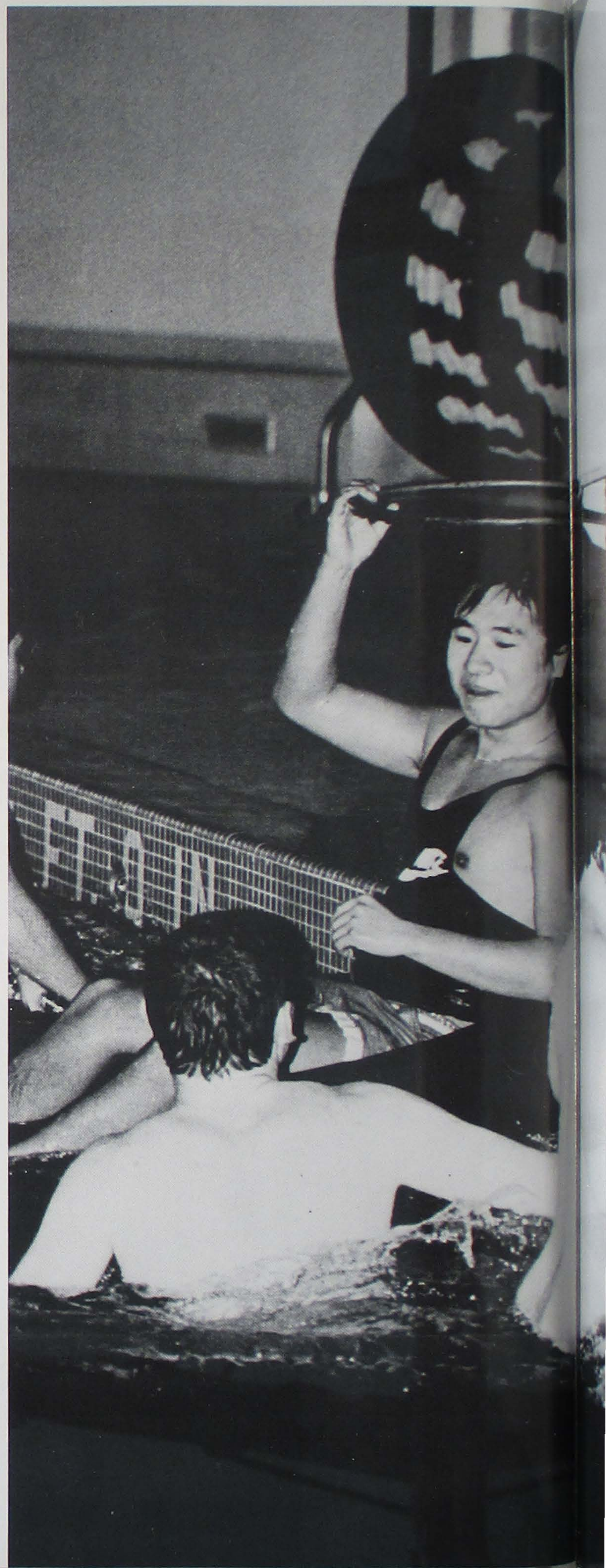


**D**uring a vigorous game of 'water basketball,' senior Chae Ho Choi rests along the side of the pool while waiting for a classmate to retrieve the ball. (Photo by Janet Rorholm)

**D**uring his fourth period gym class, junior John Livingston attempts to smash the ball while teammate, senior Peter Fatka, stands by. (Photo by Janet Rorholm)



**A**fter smashing the pulp out of the shuttlecock, senior Kristin Adams watches it go over the net while her badminton partner, junior Dave Burnett, stands dumbfounded. (Photo by Chuck Bevolo)





# Required: Students made fun out of workouts

-Steve Wuhs

Gym class. Almost every student dreaded the two periods each week that they were forced to sweat. But even its biggest critics found its positive points.

Some students saw it as a time for stress release.

"We're playing badminton right now and if I'm mad, I just plow on the shuttlecock," senior Terri East said.

Other people thought that one of P.E.'s greatest attributes was its ability to wake the dead.

"The exercise you get in gym makes you wake up to the world," senior Brad Abendroth said.

Gym class was divided into three six-week units, with the activities ranging from handball to weightlifting to rollerskating.

One major complaint among students was the choice of activities.

"All we ever do is give each

We're playing badminton right now and if I'm mad, I just plow on the shuttlecock.

-senior Terri East

other piggy-back rides and do wheelbarrow exercises up and down the floor," junior Susan Recker said.

And it seemed like no one could escape the pool. Swimming was a required class for sophomores, but a few teachers chose to do a water unit beyond what was required.

"I've had to swim all three years I've been here and I think it's ridiculous," junior Eric Bappe said.

Although many students disliked it, gym was made more fun when everyone participated.

"It is really lame when we don't even try. It's more fun when everyone gets involved," sophomore Anya Whigham said.

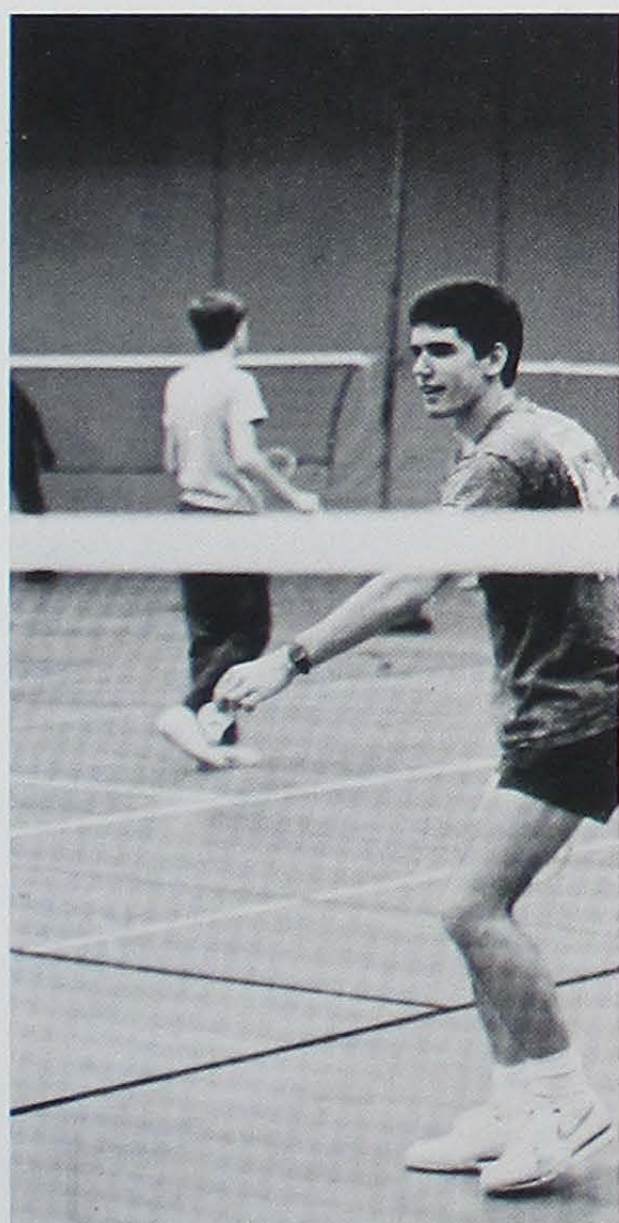
But students that couldn't stand normal gym had other options: Modern Dance and Choreography. It was a chance to develop dance skills if they hadn't had the opportunity before. Part of the choreography class was a field trip to Perry.

"We got out of school for a day to go to Perry and teach elementary school kids our Terpsichore dances. It was really different," senior Ann Basart said.

For many freshmen, high school P.E. was a nice break from the more strenuous middle school classes.

"The teachers at the middle school tried to make you work a lot harder. The teachers are more realistic here," freshman Rob Swanson said.

Then the bell would ring and students felt a sense of relief and also sensed their sweaty bodies. That was gym class, and students tried to make the most of these 86 minutes per week.



**D**unking gym teacher Mary Kautzky's son Keegan underwater are seniors Chris Goodwin and Mike Herman, while Jason Bauge offers no help. (Photo by Janet Rorholm)

**"I** give my opponent the 'evil eye' to psyche them out right before I serve. It works." Senior Doug Adams shares some of his badminton pointers. (Photo by Janet Rorholm)



# Confident:

Students spoke out and met people

-Connie Hsu

Stage fright was something students tended to get when they spoke in front of others. But being involved in Speech Club, Thespians and the TV show "Visions" helped some students become more familiar with public exposure, while also meeting new people.

Speech Club focused on developing self-confidence through speaking, and included competitions which were held in two series, Ensemble and Individuals. From state competition, four people with individual performances and a large-group performance of six people earned All-State ratings, the top honor granted to speech contestants.

"Speech Club really teaches you to become more expressive and relaxed around new people. You have to get your self-confidence built up to talk to a roomful of faces you've never seen before," sophomore Nupur Ghoshal said. "The competitive environment isn't the same as just talking with your friends, and I think Speech Club has

You have to get your self-confidence built up to talk to a roomful of faces you've never seen before.

-sophomore Nupur Ghoshal

helped me in communicating more effectively with people."

Self-confidence was important for Thespians too. Being a Thespian meant working on school drama productions, both as an actor and on the production crews.

"I like performing in front of others; there's a certain thrill to it. It can be a really nerve-racking experience, but I think the satisfaction is worth it in the end," sophomore Ben Jackson said. "Being in Thespians really builds up your self-confidence."

"Visions" was also an activity for students who liked to be in the public eye, or who just wanted the chance to help develop a television show. From working on the show, students met many new people.

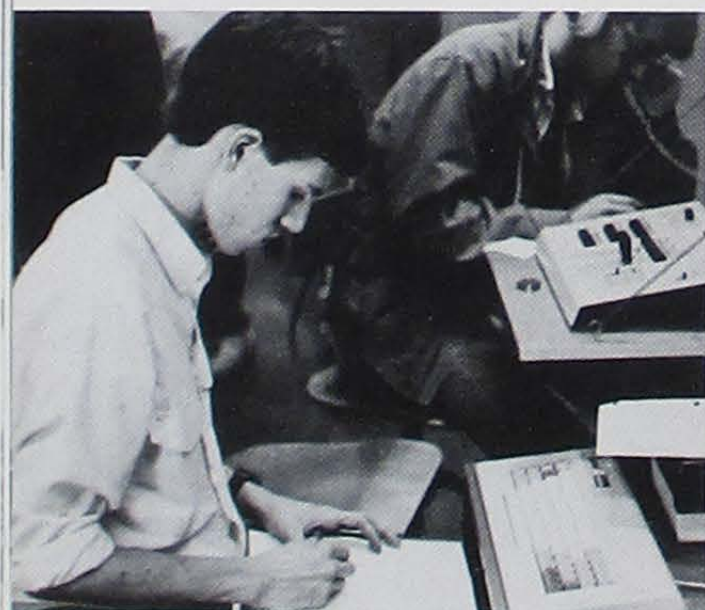
"Visions" has given me some direction into what I'd like to do in the future, because it brings together a lot of my interests, from working with people to the technical part of developing the show," junior Amy Jo Smith said.

"Visions" also gave some students a chance to explore their interest in the media field.

"Visions" gives you experience by helping you learn to work with people, sometimes under pressure," sophomore Tim Hoekstra said. "You meet a lot of new people, even working behind-the-scenes. It's a really enjoyable experience."

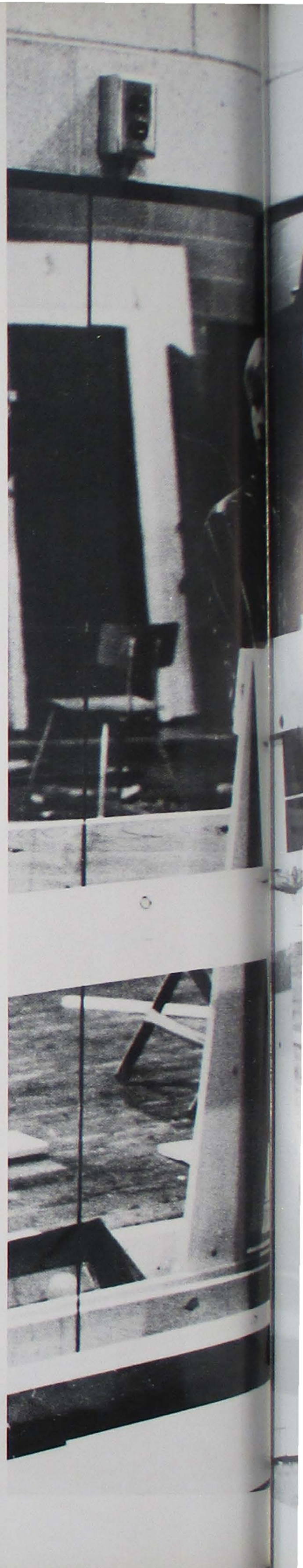
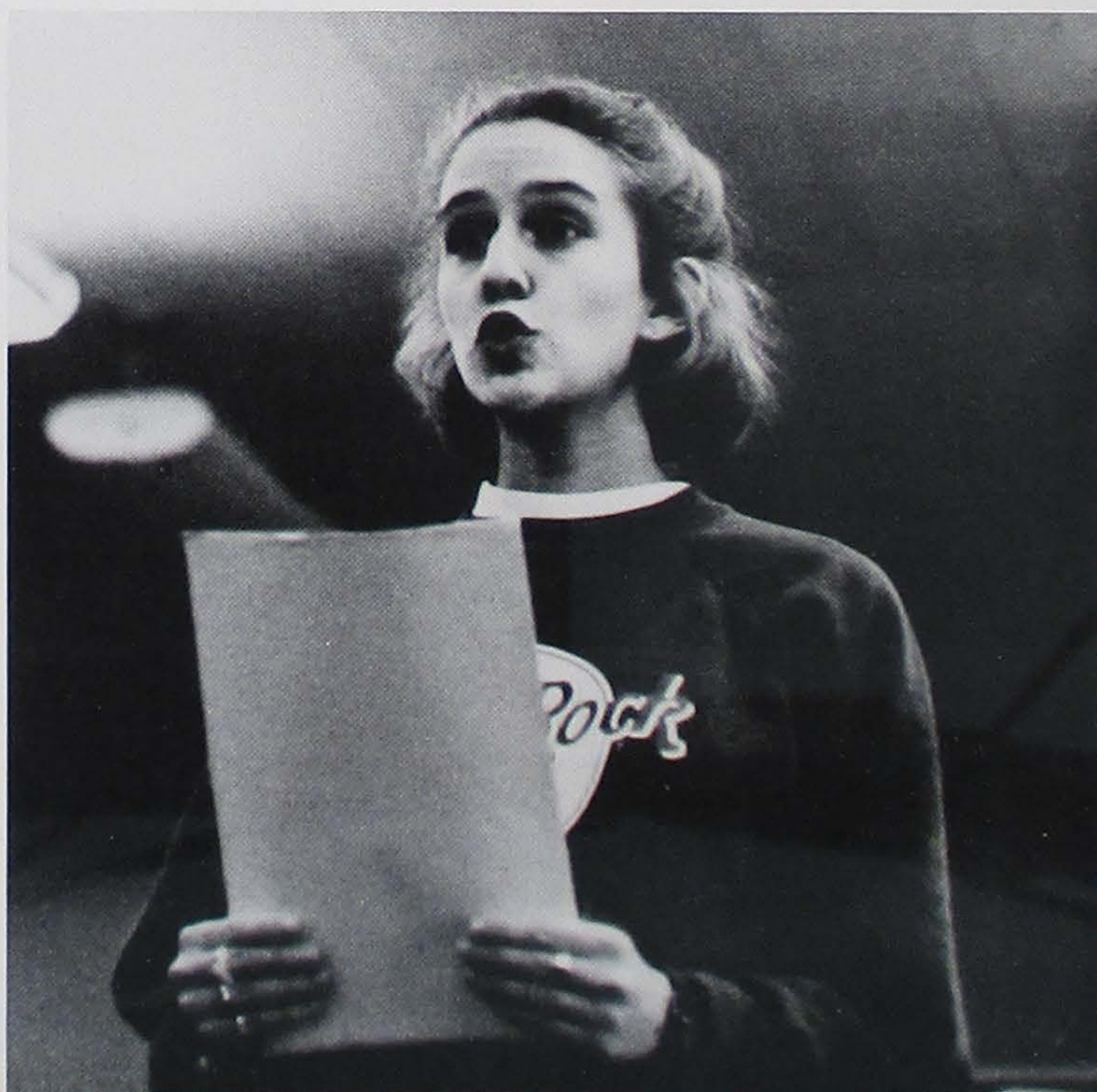
So whether it was being part of an ensemble acting group, interviewing a student on the air or rehearsing a line for a play, Speech, "Visions" and Thespians taught students how to speak more comfortably in front of others and provided a place to meet new people.

Working on the set of "Damn Yankees" on a Saturday morning, junior Michael Patterson waits on another production crew member to help him move scenery. (Photo by Chuck Bevolo)



Helping to put together another "Visions" show, senior Allen Newman and junior Rob Parrish work in the control room with audio visual equipment. (Photo by Chuck Bevolo)

Utilizing facial expressions, junior Gabi Kupfer rehearses her lines for an oral reading in the Individual All-State competition. (Photo by Jamie Watt)



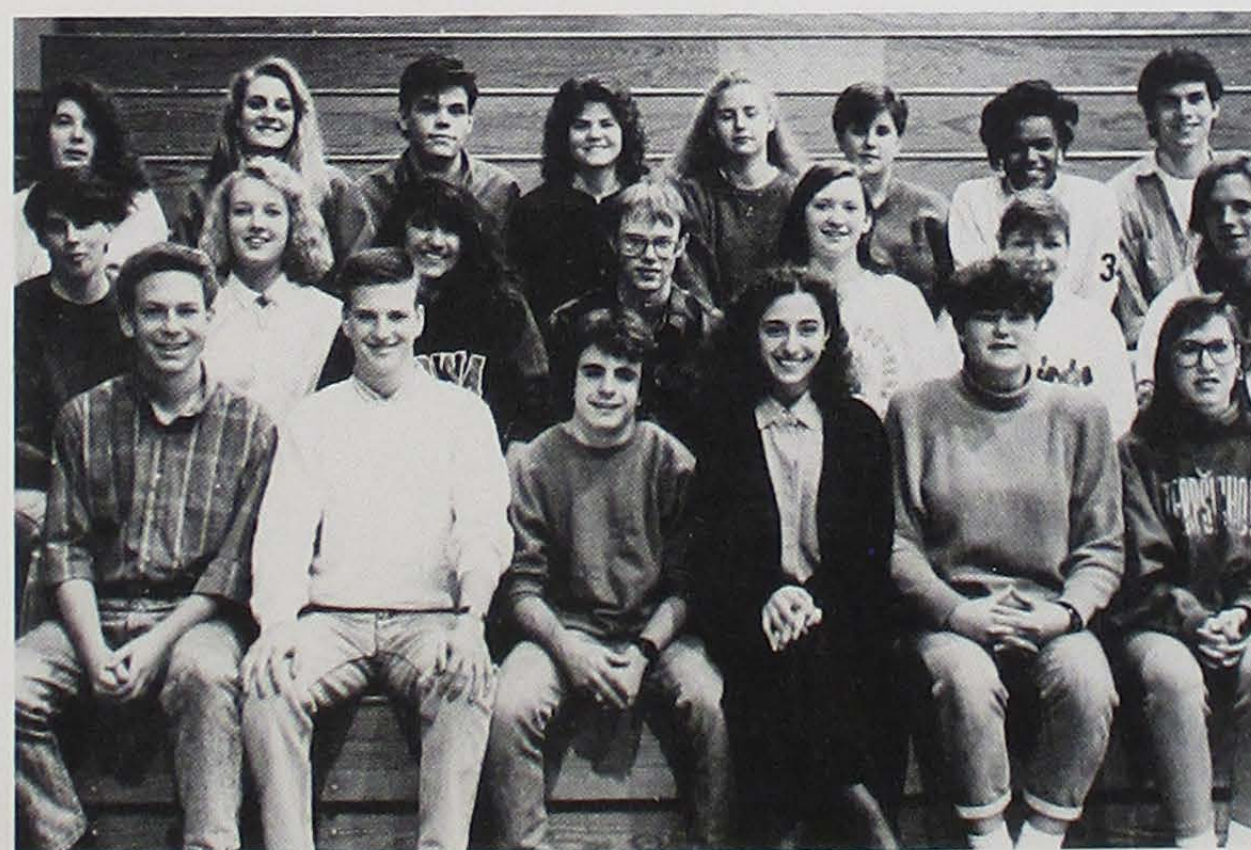




**Speech Club.** Front Row: S. Gitchell, C. Woodman, B. Luecke, C. Kaplan, A. Basart, G. Kupfer, A. Hausman, R. Hefley. Second Row: M. Hoover, P. Marley, M. Lloyd, N. Ghoshal, A. Mangold, B. Jorgensen, L. Leacock, D. Waller. Back Row: J. Beck, C. Osslund, G. Vogel, A. Kim, A. Cheville, S. Harms, K. Schafer, B. Carlson. Not Pictured: D. Alexander, M. Thomas, C. Dieter, L. Pierson, B. Wollaston, J. Osweiler, S. Harvey, N. Wesley, C. Bouton, D. Lewis, K. Augustine, S. Scholten, C. Spike, B. Schabel, D. Pederson, M. Divine, S. St. Charles, A. Reyes.



**"Visions."** Front Row: Connie Hsu, Amy Jo Smith, David White, Ann Basart, Jason Moore. Second Row: Maria Groeneveld, Allen Newman, Jeremy Kellen, Wendy Christensen, Troy Rutter. Back Row: Eric Wylie, Mary Trahanovsky, Tim Hoekstra, Bob Goodfriend, Jeanne Pugh. Not Pictured: Aaron Jones, Dave Abelson, Brent Weber, Christine Chen, Dan Salisbury, Derek Kruempel, Jodi Skaff, Lisa Elbert, Mark Sutch, Matthew Haubrich, Megan Manatt, Phil Schafer, Rachel Stansbery, Sandra Deluca, Suzi Hunger.

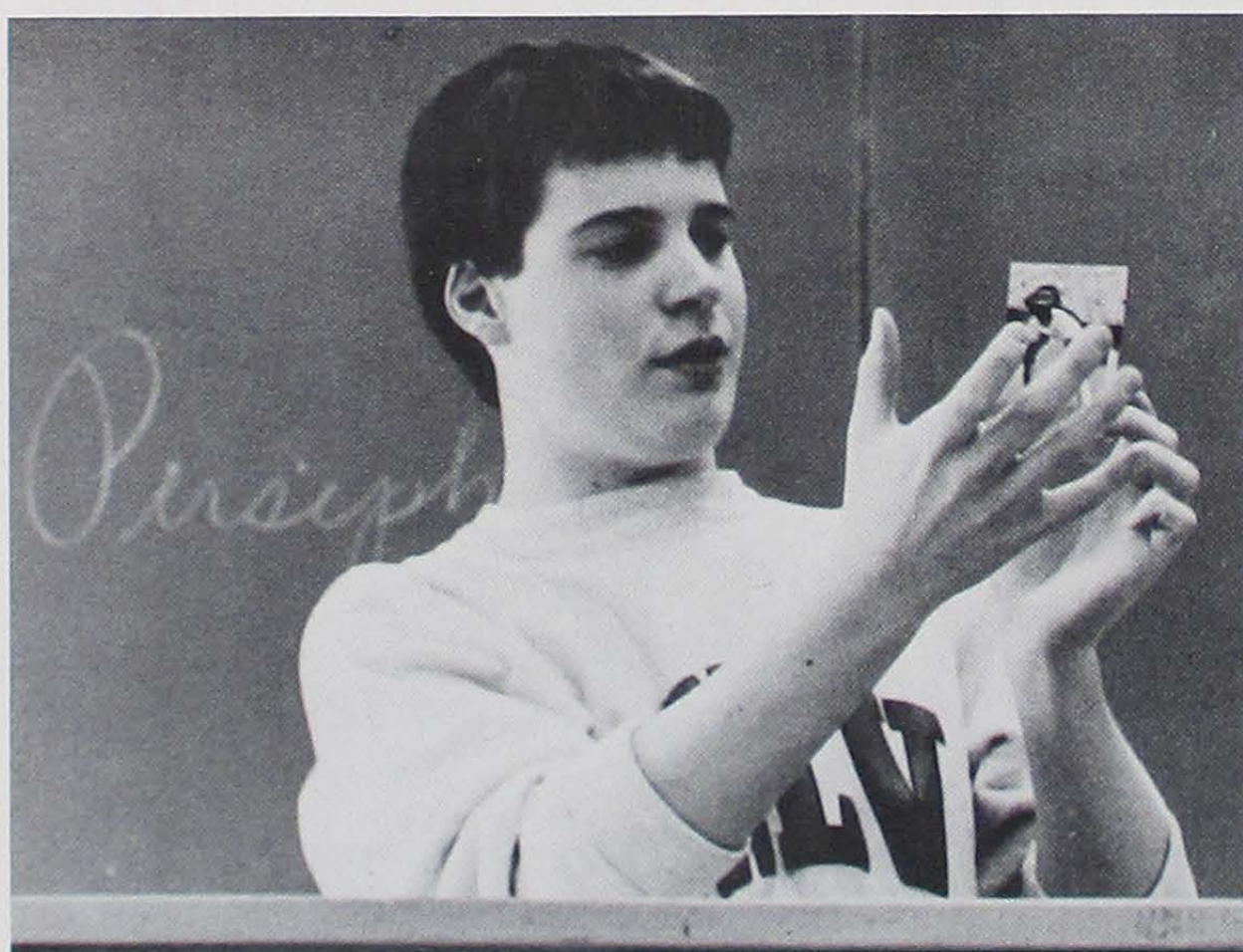


**Thespians.** Front Row: T. DeJong, T. Senne, D. Andre, S. Bibilos, T. McPeak, D. Smith. Second Row: P. Marley, A. Trivedi, J. Pursey, M. Trahanovsky, K. Schafer, D. Anderson. Back Row: V. McAndrews, C. Kaplan, D. White, M. Groeneveld, Eva Bryne, A. Smith, T. Jackson, E. Jackson. Not Pictured: G. Vogel, M. Kavanagh, C. Neal, D. O'Berry, J. Volmer, D. Dobson, D. Abelson, B. Jackson, M. Trivedi.



**D**iscussing the novel **Summer of My German Soldier** for English 10, sophomores Dave Abelson, Mike Bergan and Mike Corones share their insight. (Photo by Amanda Jones)

**A**rguing about which movie to see, juniors Nicole Devens and Stephanie Graves perform a skit for Mona Smith's Creative Writing class. (Photo by Amanda Jones)



**D**isplaying a baseball card for Annette Rowley's Speech I class, junior Dave Burnett tells of his personal collection of 10,000 cards. (Photo by Amanda Jones)

**U**sing body language to express an aggressive character, senior Lexi Leacock dominates a shy character played by senior Derrick Epstein. (Photo by Amanda Jones)





# Revived:

Students communicated with creativity

-Shelley Countryman

"I've had to take Vivarin to make it through English class," sophomore Monty Faidley said.

Some students found English extremely boring, but others found ingenious ways to make it fun.

"I wrote a golden idea paper with sound effects on 'The Pearl' for Mr. (John) Forssman's class. The book was very depressing, so I stuck them in to liven it up," sophomore Geoff Wilcken said.

A group of students in LoAnn Campbell's Honors American Literature class also found a creative way to satisfy an assignment.

"My group read the book **The Great Gatsby**. The whole class participated in our speech as we dressed up as characters and reconstructed the party scene," junior Suzanne Harvey said.

Perhaps those bored students simply had chosen the wrong class. A total of 23 En-

I wrote a golden idea paper with sound effects for Mr. Forssman's class. The book was very depressing, so I stuck them in to liven it up.

-sophomore Geoff Wilcken

glish classes were offered, with English 9 being required. Each class had a variety of topics.

"I really liked reading 'The Odyssey', especially the episode with the cyclops. The plot really kept me interested," freshman Keri Daddow said.

For upperclassmen, the selection of English courses included such classes as World Literature and Discussion and Argumentation.

"I liked talking about controversial topics in Discussion and Argumentation. It was fun having a chance to support my opinions," senior Liane Westphal said.

Speech I and Composition for

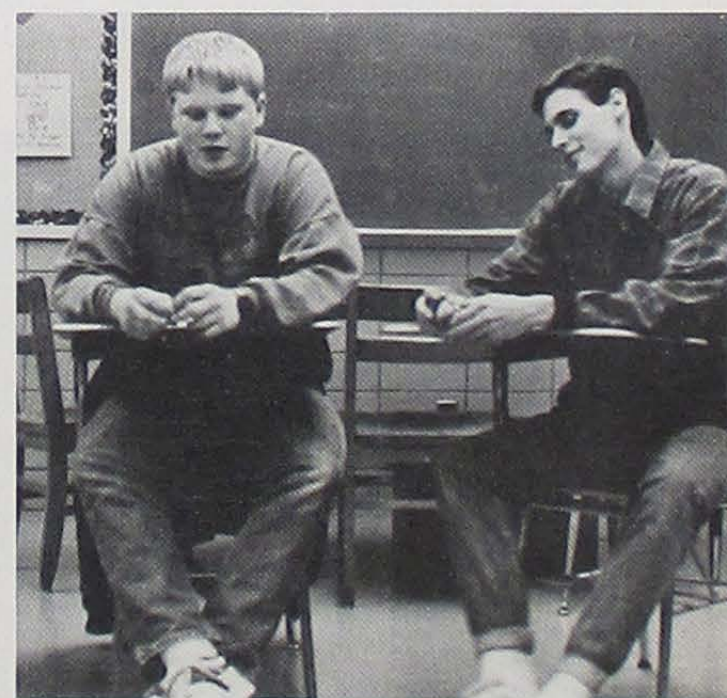
the College Bound were other alternatives students had for English courses.

"I think Composition for the College Bound is good preparation for writing in college. I decided to take it as a junior so I can take Advanced Placement Senior English next year," junior Maria Groeneveld said.

Honors classes were offered through an application process to all students except freshmen. The sophomore honors class spent first semester analyzing literature and second semester in speech and writing workshops.

"In Mr. Forssman's class, we are writing about special moments in our lives. I like that kind of writing because we get to choose what we write about," sophomore Kara James said.

Choosing the right English course to stimulate their minds was not always easy for students, but many revived a dull class by adding their own style and a little creativity.



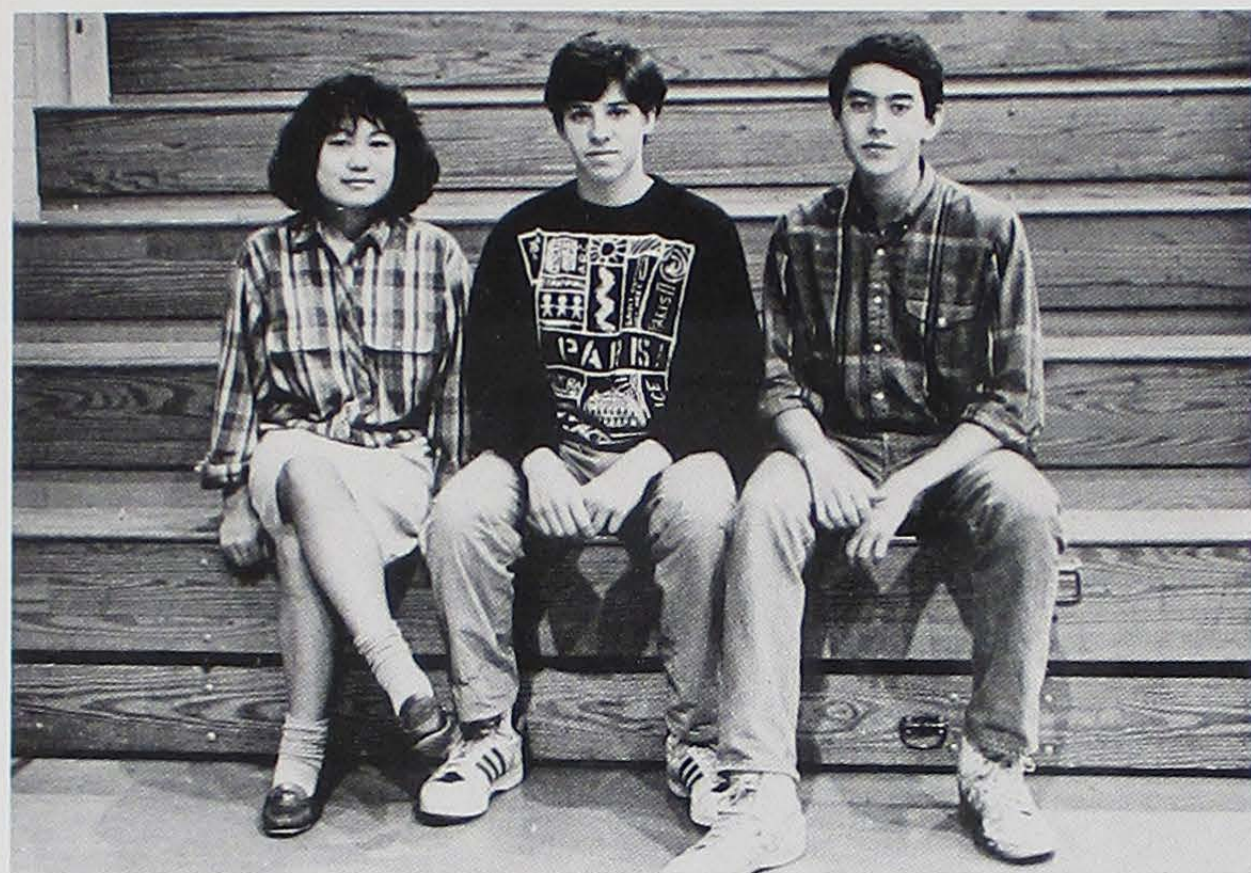
In a four-minute improvisation, senior Matt Wiggins portrays a stubborn person while senior Erik Deluca plays the "wet-blanket." (Photo by Amanda Jones)

Arguing in Discussion and Argumentation class, senior Mike Puffer takes a stand on the SAT scores of athletes while senior Toni Jackson listens closely. (Photo by Amanda Jones)





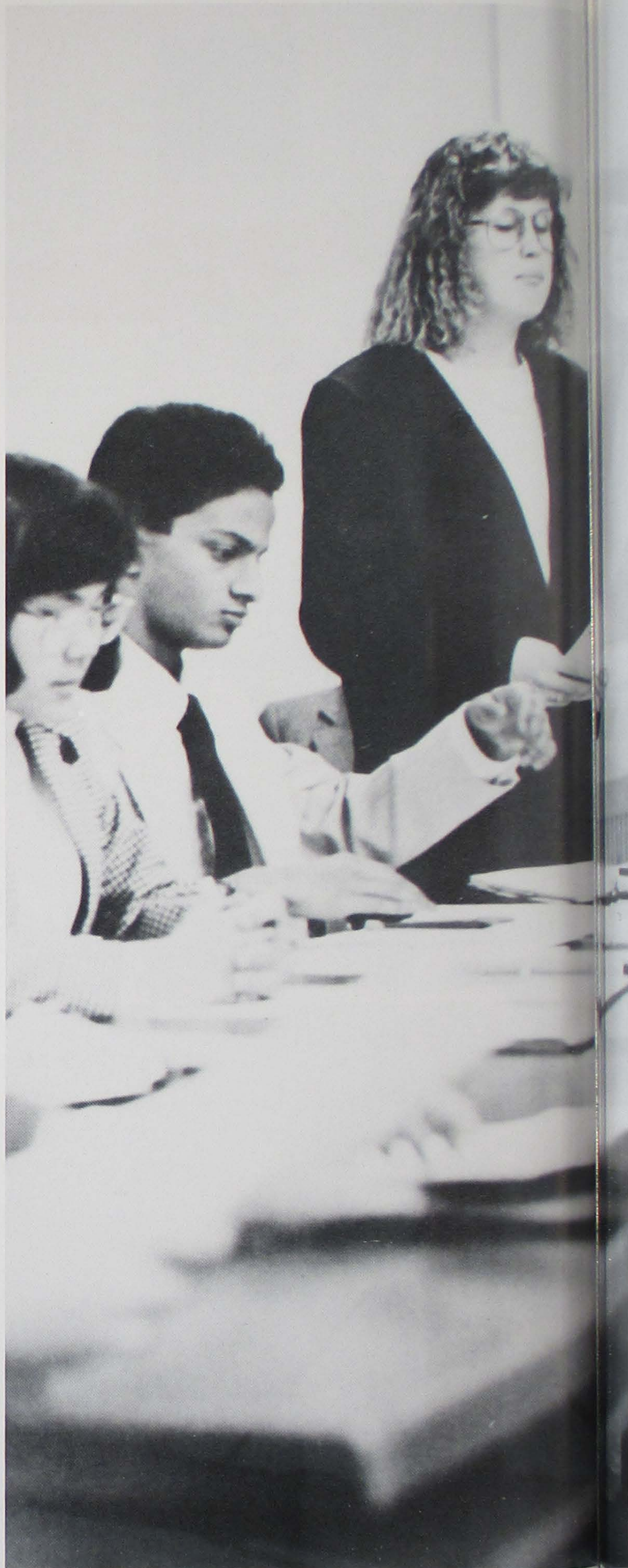
**Academic Decathlon. Front Row:** Mike Divine, Scott Coon, Kendra Willson, Jeff Berryhill, Adviser Kirk Daddow. **Back Row:** Dan Anderson, Noah Zaring, David White, Phil Schafer, Erik DeLuca.



**Debate:** Amy Wagner, Ron Shinar, Noah Zaring. **Not pictured:** Kori Heuss, Molly Holz, David Nickum, Nicky Wesley, Adviser Marv Scott.



**Mock Trial. Front Row:** Laura Young, Stephanie Coon, Michelle Smith, Nupur Ghoshal, Christine Willard, Jeff Osweiler, Ron Shinar. **Second Row:** Nova Williams, Amy Wagner, Cindy Hawley, Adviser E. Verhoeven, Adviser R. Jacobson. **Back Row:** Derek Kruempel, Connie Hsu, Rachel Stansbery, Sumit Basu.





# Twisted: Speakers found success once knots were out of their tongues

-Stephanie Wessman

Everyone remembers trying to find out how many pecks of pickled peppers Peter picked. But while most students left that behind in grade school, it continued to torment others.

Those involved in speaking activities had to first untwist their tongues if they wanted to achieve success. The unique aspect Debate, Mock Trial and Academic Decathlon had in common was needing to speak off the top of one's head.

"Part of the reason I joined was because I'd thought about becoming a lawyer, and it (debate) gets you to think quickly on your feet," senior David Nickum said.

Nickum was a member of the policy debating group. Their topic remained the same all year. The other group, Lincoln-Douglas, had different topics at each tournament, which usually dealt with moral issues. Since

Primarily, I joined because I had a general hatred for all the other teams there. I wasn't motivated by some enlightening intellectual experience — I joined for spite.

-senior Jeff Berryhill

they couldn't prepare as thoroughly, successes were even sweeter.

"The rush you get after doing well is the best. I love basking in that feeling," junior debater Molly Holz said. "The worst part is having to say something when you don't have anything to say and still make it come out right."

Preparation helped participants become more at ease when speaking.

"We got together three times each week and went through the case. We practiced questions with our witnesses and made sure they answered correctly," junior Becky Moore said. Moore and six fellow Mock Trial members presented a simulated court case.

Even though the main objective was the same for all groups, methods and techniques of preparation varied.

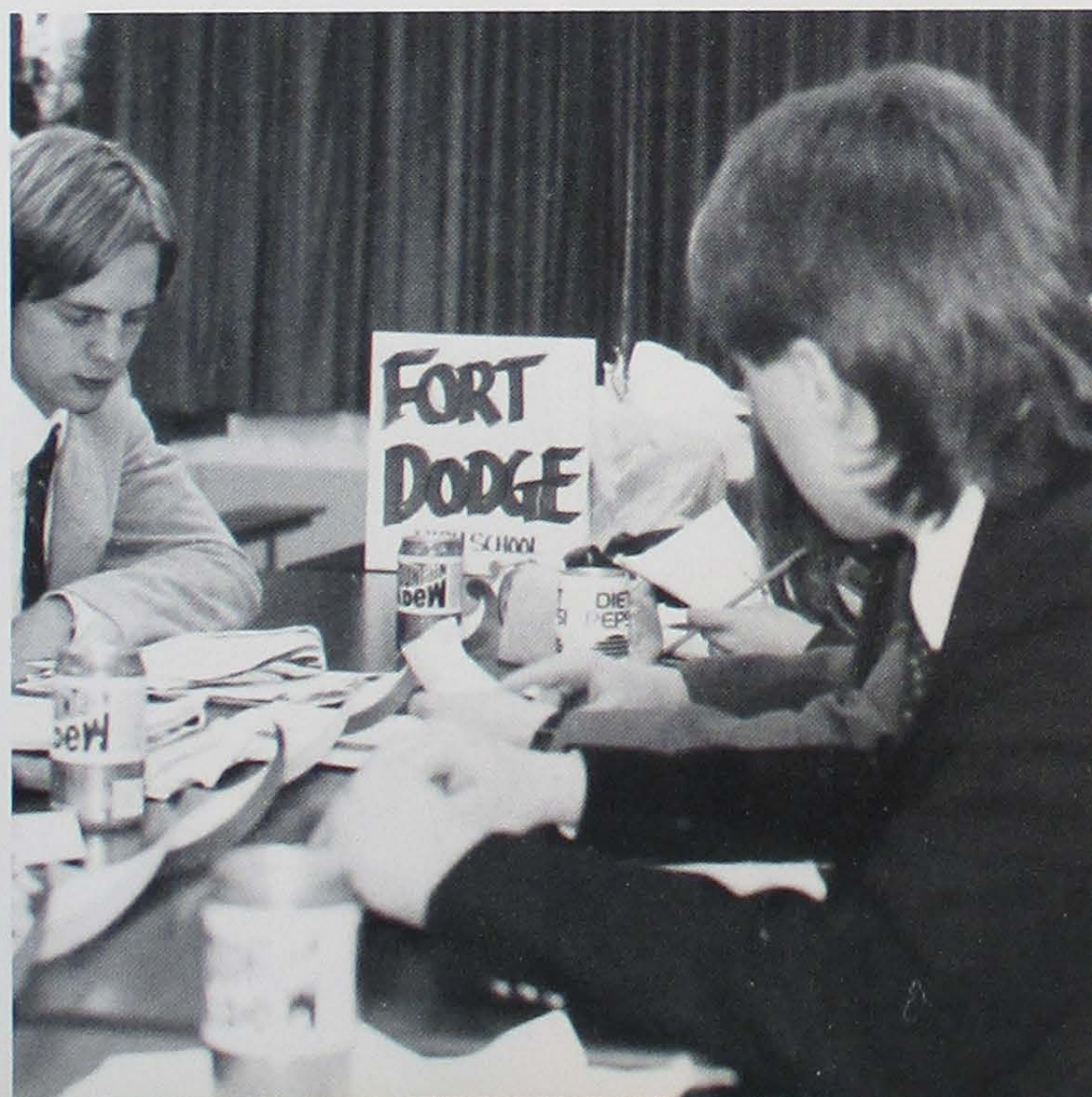
"When we were studying the night before State, Jeff (Berryhill) drank dense coffee and I had two liters of Mountain Dew. Then we water ballooned the teams out in the hallway who were playing Lazer Tag," senior Academic Decathlon member Erik DeLuca said.

Whether it was due to their method of preparation or not, the Academic Decathlon team placed second in the state. Berryhill also set a state scoring record and finished first individually.

"Primarily, I joined because I had a general hatred for all the other teams there. I wasn't motivated by some enlightening intellectual experience — I joined for spite," senior Berryhill said.

Reasons for wanting to untwist their tongues varied, but even if it meant asking themselves how much wood a woodchuck could chuck, these groups found their own definition of success.

If this were the real thing . . . sophomores Connie Hsu and Sumit Basu, and juniors Becky Moore and Derek Kruempel practice for a Mock Trial competition. (Photo by Dan Ketelsen)



Feelings of revenge and rivalry motivated members to do well during the "Super Quiz." Academic Decathlon State competition was held March 3 and 4. (Photo courtesy of Kirk Daddow)

Academic Decathlon members couldn't escape the need for caffeine. Junior Dan Anderson and senior Jeff Berryhill prepare for competition. (Photo courtesy of Kirk Daddow)



# Resolved: Digits helped discover formulas for success

-Lilian Riad

Citrucel laxative summed it best in the words of a commercial: "I can't take it anymore! Nope, no more." A lot of students often felt the same way about their math and business classes.

"My class gets really boring after awhile, so I just stop listening, and my mind just wanders around the room. Then I get so frustrated because I don't know how to do my assignment," sophomore Kim Oldehoeft said.

Frustration often led to feeling that the classes were pointless and students wondered if they would ever use the things they learned, except to make sarcastic remarks.

"After only one semester of AP Calculus, I'm ready to go out and find the instantaneous velocity of a polar satellite. Ha Ha!" senior Eric Deluca said.

Regardless of what they thought about them, one of the main reasons students enrolled in math and business classes

My class is not easy, but it is interesting to see how all the big corporations work and that it isn't as complex as it is made out to be.

-senior Dave White

was to prepare themselves for a college major. But some classes turned out to be a lot harder than students thought they would be.

"I took accounting because I wanted to be a business major in college and I thought that maybe it could help me learn the basics," junior Stacey Murray said. "But I don't feel that I'm learning anything in that class. The class is a lot harder than I thought it would be and my teacher doesn't explain everything, so we never know what to do. It also makes me lose interest in business."

While business classes were

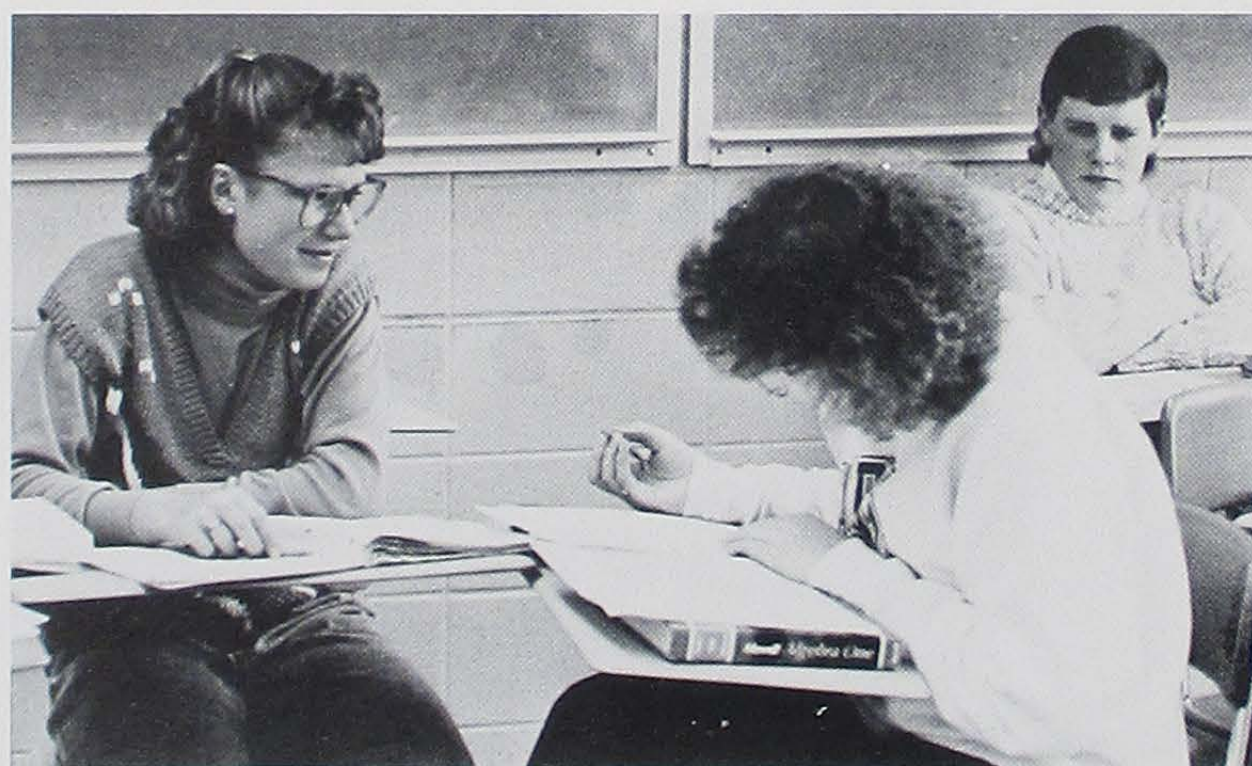
often boring for many students, it didn't seem all bad if they learned something.

"My class is not easy, but it is really interesting to see how all of the big corporations work and that it isn't as complex as it is made out to be," senior Dave White said.

Teachers were often depended upon to make classes interesting for students.

"Mr. (Merle) Garman is really easy to get along with. He explains everything in an interesting way and he makes everyone participate, so you can't get bored," junior Kate Mitchell said.

No matter how pointless a class seemed, something always managed to be planted in students' heads. Accounting students managed to learn the basics in accounting, algebra students finally solved quadratic equations simultaneously and calculus students figured out how to calculate the instantaneous velocity of a satellite.



**M**ath classes also allowed students to catch up on the gossip. Sophomores Jami Stiles and Cindy Hawley chat during their Algebra class. (Photo by Jamie Watt)

**N**o matter how hard homework was, it had to be done. Senior Marty Johnson gets help from Math Aide Judy Brunner in the Math IMC. (Photo by Jamie Watt)

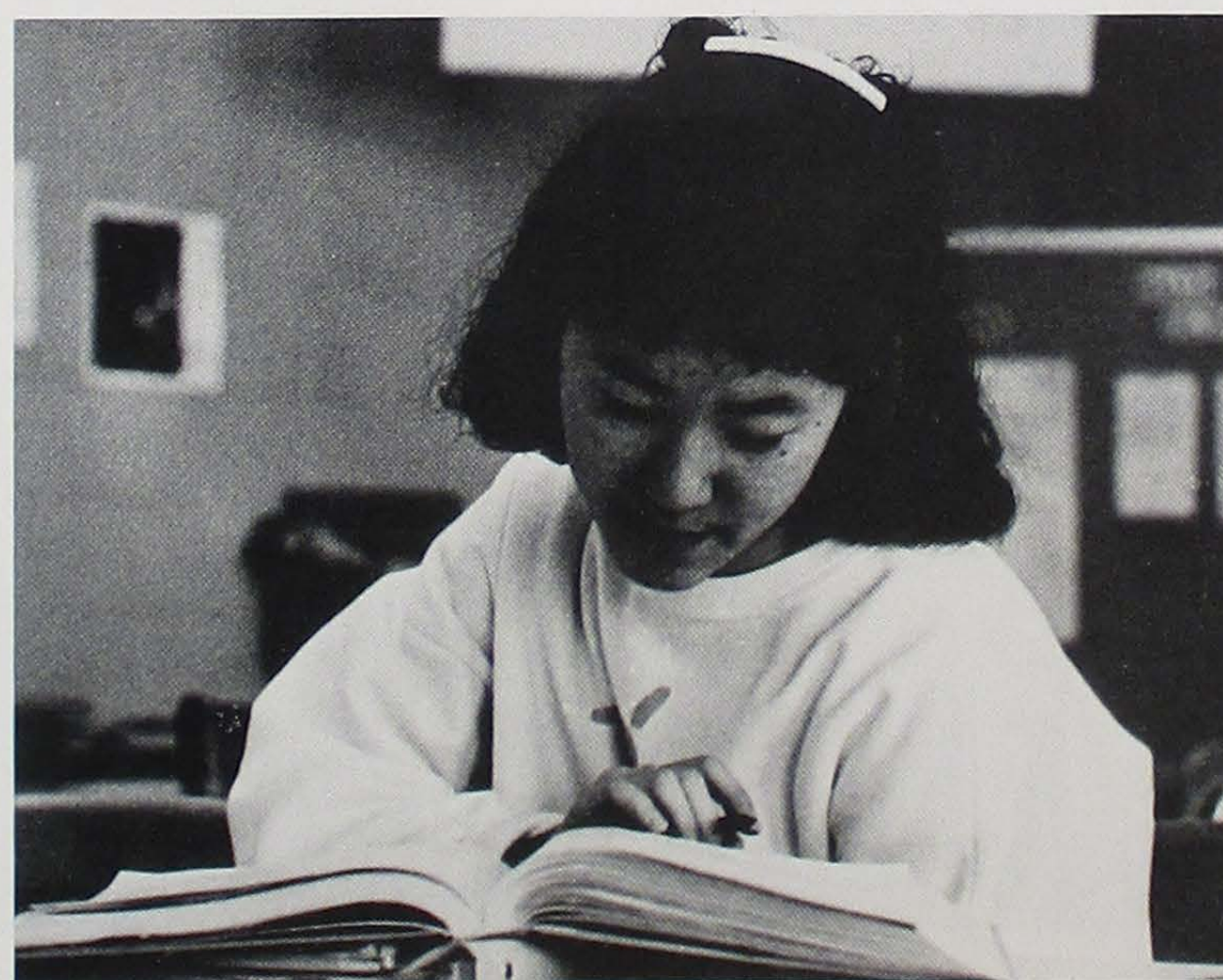
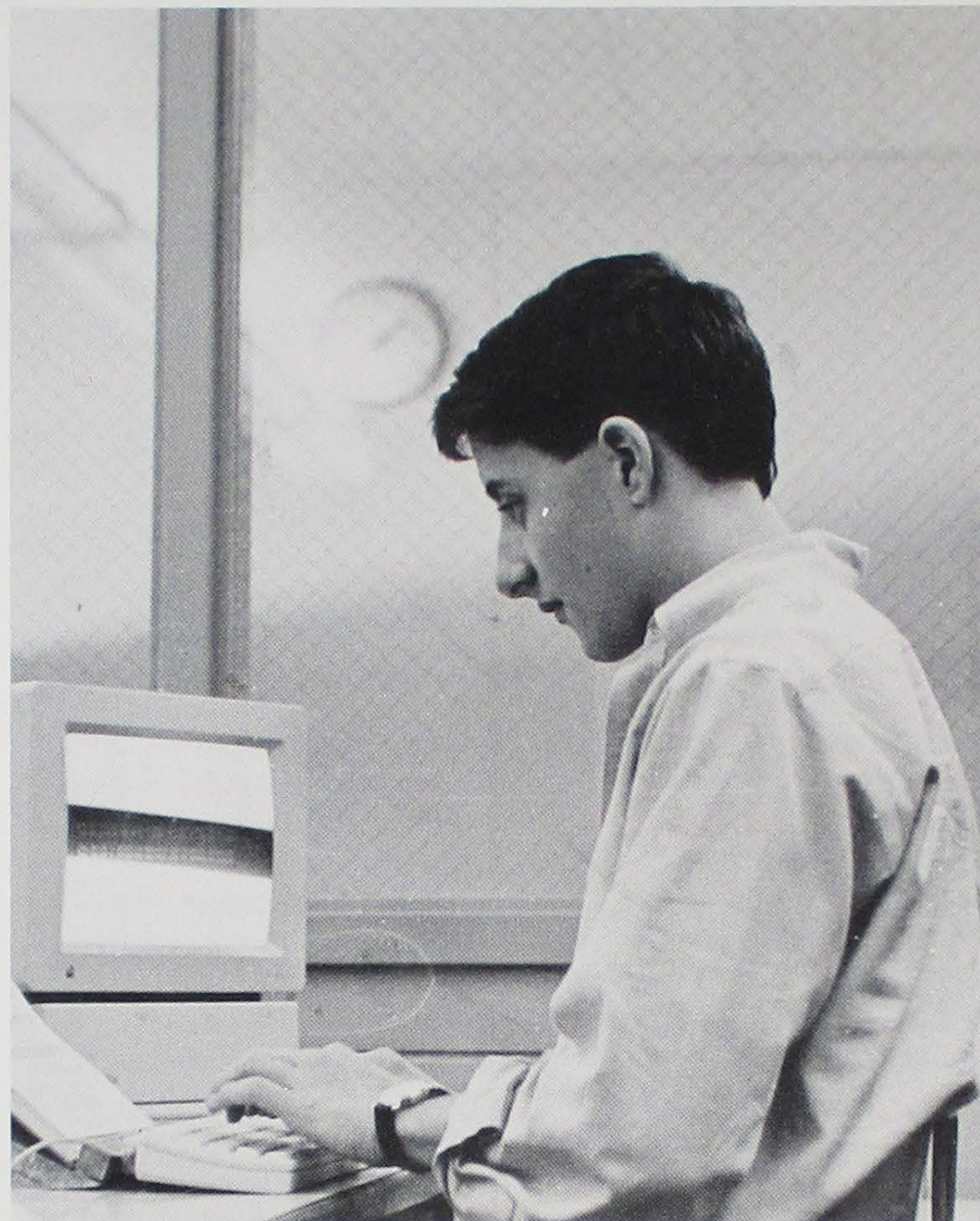






Some students did their homework during class to avoid taking it home. Junior Kirk Foote works on an assignment during his seventh period Algebra II class. (Photo by Jamie Watt)

Advanced typing levels allowed students to strengthen skills and develop techniques. Sophomore Dan Wilson works on a typing drill during his Typing II class. (Photo by Jamie Watt)



Calculus required concentration and intelligence. Senior Cindy Pang finds a quiet place in the media center to finish up her calculus homework. (Photo by Jamie Watt)



# Challenged: Mental competition sharpened minds

-Stacy Morford

Contrary to popular opinion, athletics were not the only reasons students spent extra hours at school. Many clubs could have been discovered diligently sharpening their skills before and after regular school hours.

Two of these accomplished clubs were Chess Club and Model U. N.

"It (Chess Club) stimulates the mind and is a lot more challenging than going home and staring at the tube for hours," junior David Andre said.

Attitudes like Andre's brought some of the school's sharpest minds together to form one of Iowa's best high school chess teams.

"Ames has had the best team for the last two years and David Andre has been the top player in the state for the last three years. There are really only 20 good chess players in the state and it just happens that half of them go to Ames," senior Scott Coon said.

With so many players at Ames High, two separate teams were

It (Chess Club) stimulates the mind and is a lot more challenging than going home and staring at the tube for hours.

-junior David Andre

arranged to accommodate all the players.

"Varsity and JV are determined by state rankings, mostly varsity is juniors and seniors. We (both teams) usually spend about six hours each week practicing," freshman Dan Sailsbury said.

While chess players were forming strategic moves in room 103, three doors down the hall Model U. N. members were improving their parliamentary procedure and debating skills.

Model U. N. was set up to simulate the parliamentary procedure of a United Nations assembly and form similar resolutions. Each participating school represented a country at a state convention. Having nearly 10 members, Ames was assigned both Angola and Iceland.

"We get topics for our country, like I have Angola's stand on developments in Antarctica," sophomore Rachel Stansbery said. "First we read pamphlets to get an idea what the country's government believes. Then we write essays on their stand and how lenient they would be resolving the problem."

While many believe that only sports competitions are vicious, Model U. N. members found opposing delegates just as abusive, only verbally.

"Most of us aren't that great of debaters. It's a lot of fun, especially to see someone slip up so we can jump on them and just rip them to shreds," senior Phil Schafer said.

Hours of dedication helped each club improve their skills. These clubs kept the mind in top condition, just as sports kept the body in shape.

**L**ost in concentration, junior David Andre formulates a strategy to defeat his opponent. Andre has been rated first in the state since his freshman year. (Photo by Jamie Watt)



**P**reparing for the upcoming Model U. N. conference, adviser Marvin Scott points out some forgotten clauses in the rules of parliamentary procedure. (Photo by Jamie Watt)



**Chess Club. Front Row:** Mike Patterson, Jeff Sturges, Gustavo Riesco, Mohamed Abdelsadek, Dan Sailsbury, Jim Krogmeier, Matt Welch. **Back Row:** David Andre, Chris Rehbein, Bret Larwick, Alan Murdock, Nick Nakadate, Aaron Jones, Robby Schwarzenbach, Adviser Roger Goetchell. **Not Pictured:** Heidi Brayton, Scott Coon, Raji Gandhi, Bob Goodfriend, Brian Lewis, Stuart Penney.





**Model U. N. Front Row:** Vicki Tsai, Nupur Ghoshal, Rachel Stansbery, Connie Hsu. **Back Row:** Ron Shinar, Noah Zaring, Sumit Basu. **Not Pictured:** Phil Schafer.



**L**oading the school car, sophomore Ron Shinar and adviser Marvin Scott prepare for the Model U. N. conference at UNI April 13. (Photo by Jamie Watt)

**D**emonstrating the most valuable characteristic to a chess player, patience, Stuart Penney carefully works his king out of a check. (Photo by Jamie Watt)



# Involved: Students exposed to faces and places

-Connie Hsu

From people of the past to faces of the future, social studies classes gave students a greater understanding of what was already history and what was yet to become history.

In classes ranging from Anthropology to Honors U.S. History, students had the opportunity to take a closer look at not only the past, but the present and future as well.

"I think studying history is important because the past may repeat itself in the future. I like social studies classes because they give me a chance to explore my interest in history," sophomore Sarah Van Deusen said.

Many students found that social studies classes gave them a chance to get involved with their studies in different ways, and they often benefitted from first-hand experiences. Such an experience was the Advanced Placement Western Civilization trip to Chicago.

"I learned a lot about the im-

I like the way it all fits together, the way things in history tend to repeat themselves. History is an important subject, and I think people should learn more about it.

-freshman Matt Haubrich

pact of art in history by actually going to see the places I'd heard about in class. I had a really good time," junior Jeff Osweiler said.

Politics was also stressed in many of the social studies courses, and the presidential election of 1988 was a popular time for students to become involved with political activities in the community, or just gain some needed extra credit for their social studies class. Many students discovered that they enjoyed following the political campaigns.

"Investigating and researching the (presidential) election

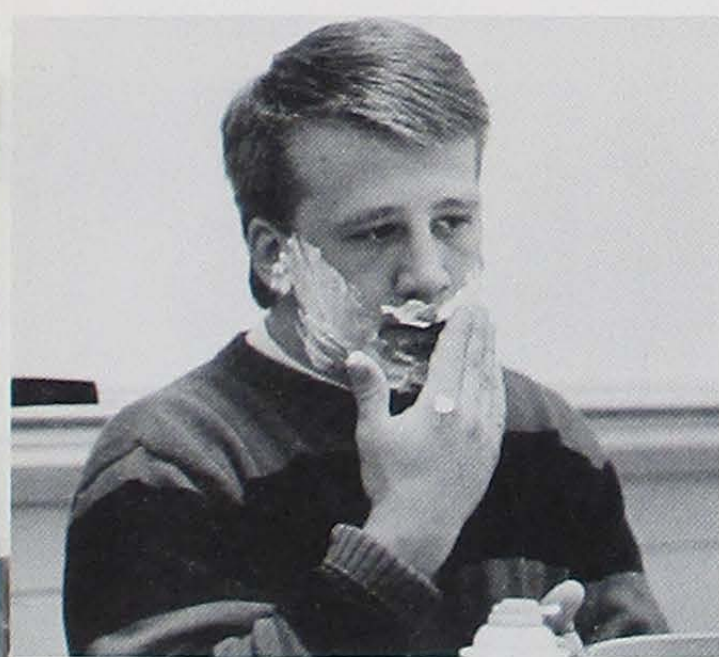
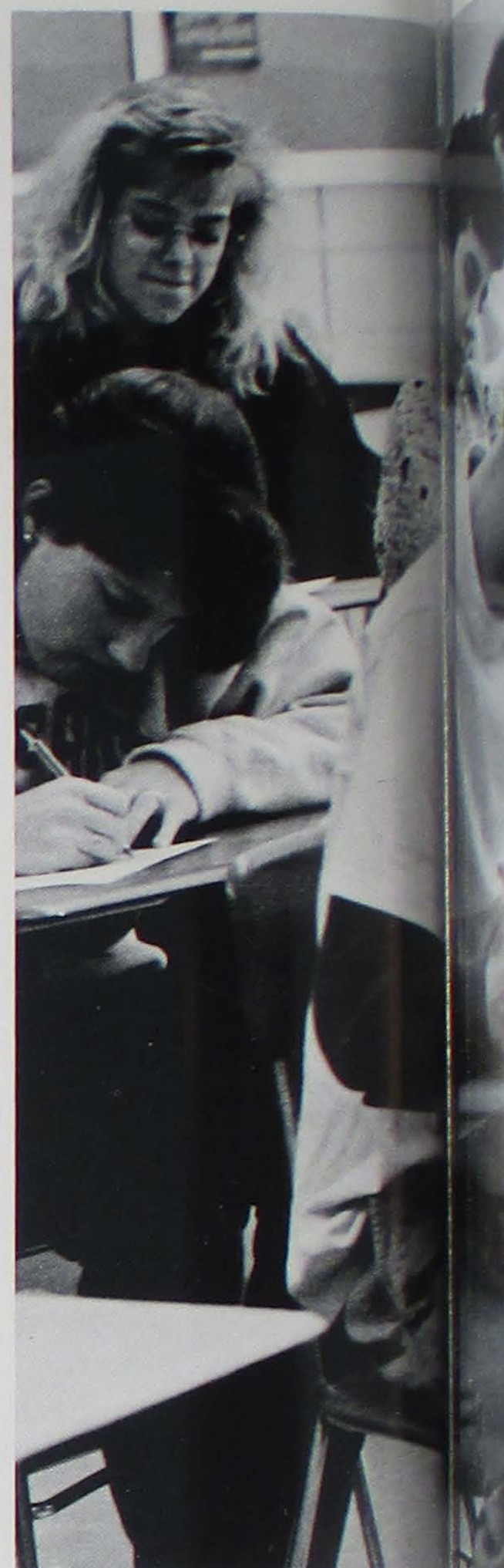
was interesting, even though I didn't really like the results of the election," sophomore Devon Alexander said. "My history class really gave me a chance to learn about politics and gain a greater understanding of the presidential elections."

Some students enjoyed the academic benefits of studying history as well.

"History can help you in a variety of subjects, from writing in English classes to French history in French class. There are a lot of classes where you may use what you learn in history," junior Marit Munson said.

Other students enjoyed the social studies classes that focused on history simply because they liked learning about different time periods and new cultures.

"I like the way it all fits together, the way things in history tend to repeat themselves. History is an important subject, and I think people should learn more about it," freshman Matt Haubrich said.

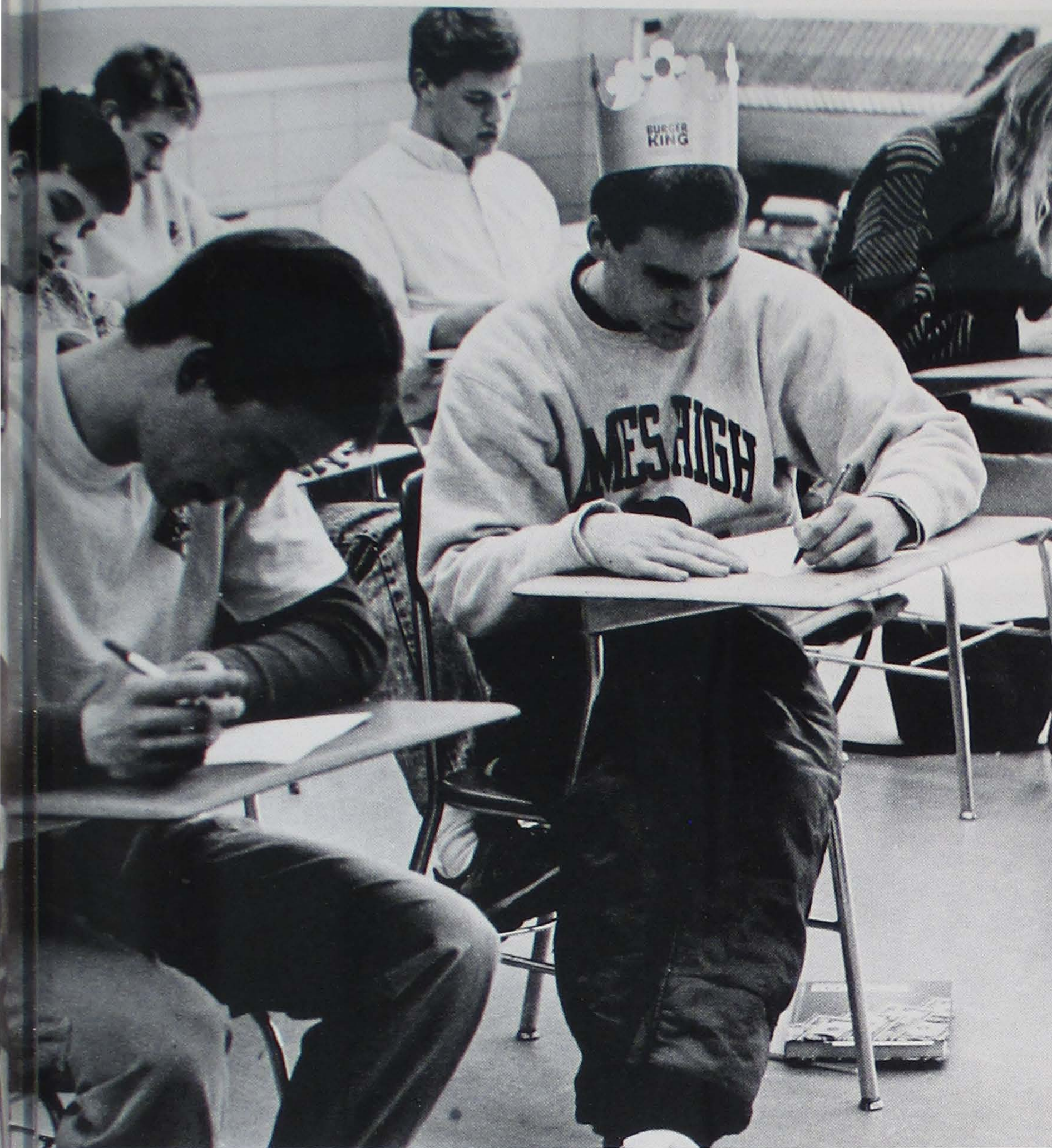


In Richard White's anthropology class, junior Paul Gibbons demonstrates his daily shaving routine. The class also conducted an experiment with makeup. (Photo by Chuck Bevolo)

In Jim Duea's Honors U.S. History class, sophomore Staci Kepley questions Richard Henry Lee, played by guest speaker Clair Keller. (Photo by Jamie Watt)

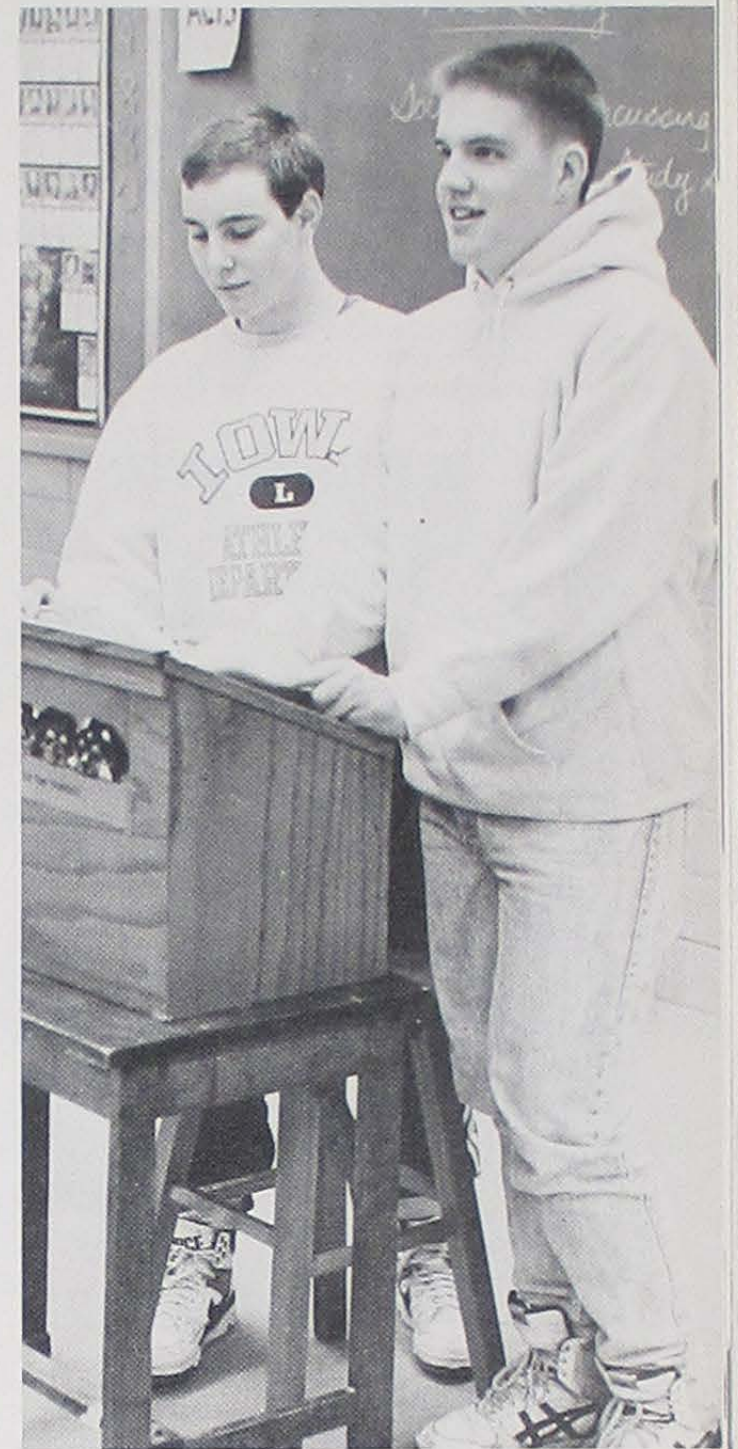






**A**Adding a little humor to Marvin Scott's economics class, senior Ethan Clapp wears a Burger King crown while he and junior Monte Anderson take a test. (Photo by Dan Ketelsen)

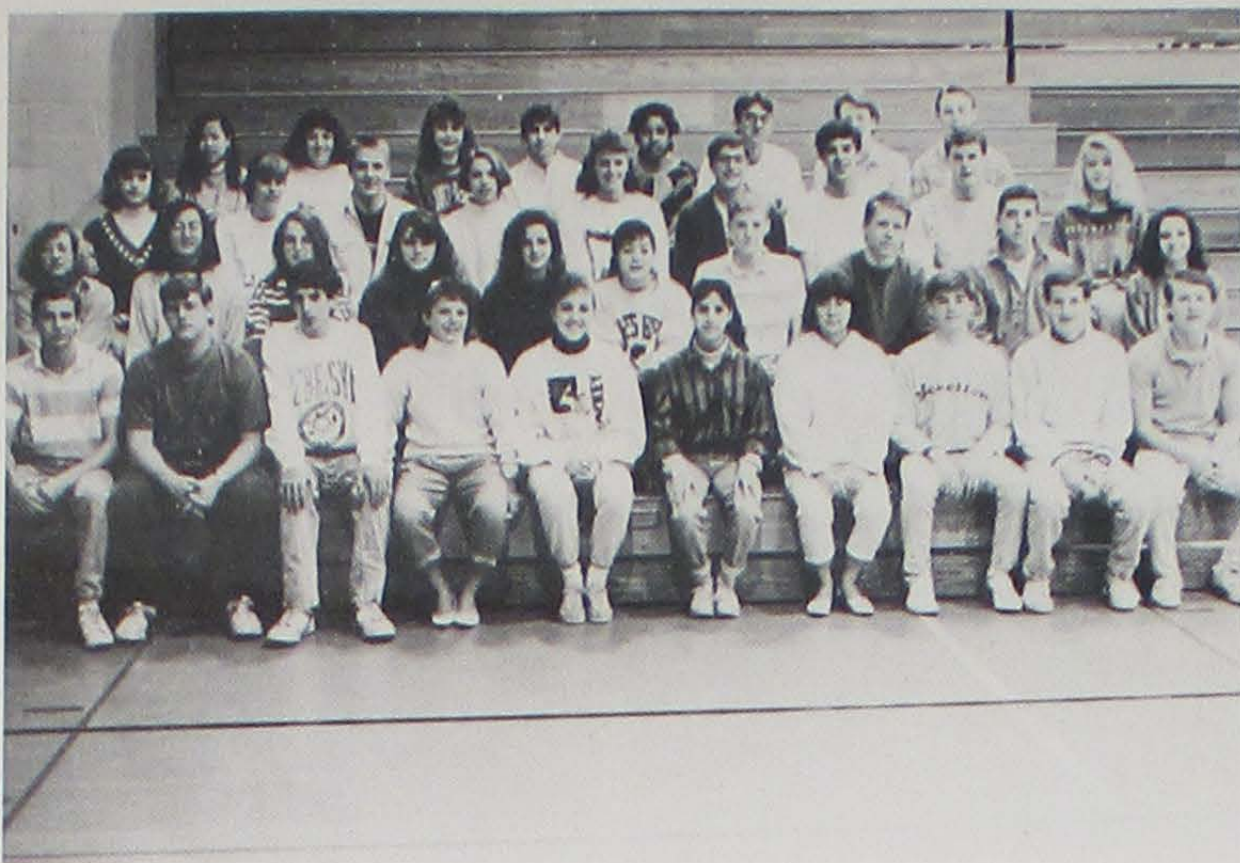
**I**n Tim Jorgensen's third period sociology class, juniors Eric Bappe and Jason Berg give a speech on the family structure. (Photo by Dan Ketelsen)



**U**sing model battleships, history teacher Marvin Scott demonstrates a naval battle of World War II to his Western Civilization II class. (Photo by Dan Ketelsen)

**R**eading the Des Moines Register, freshman Tara Carmean catches up on current events for a quiz in her World Studies 9 class. (Photo by Dan Ketelsen)

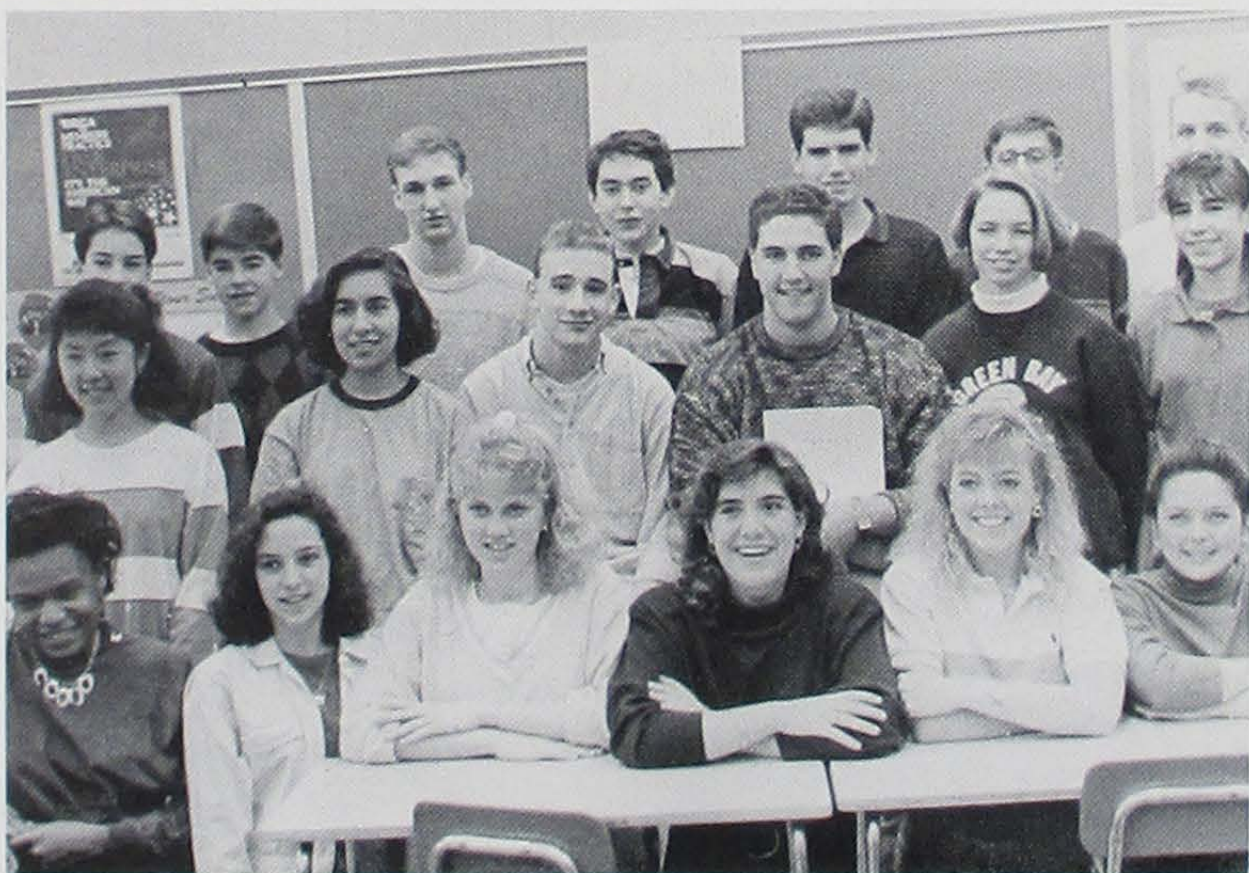




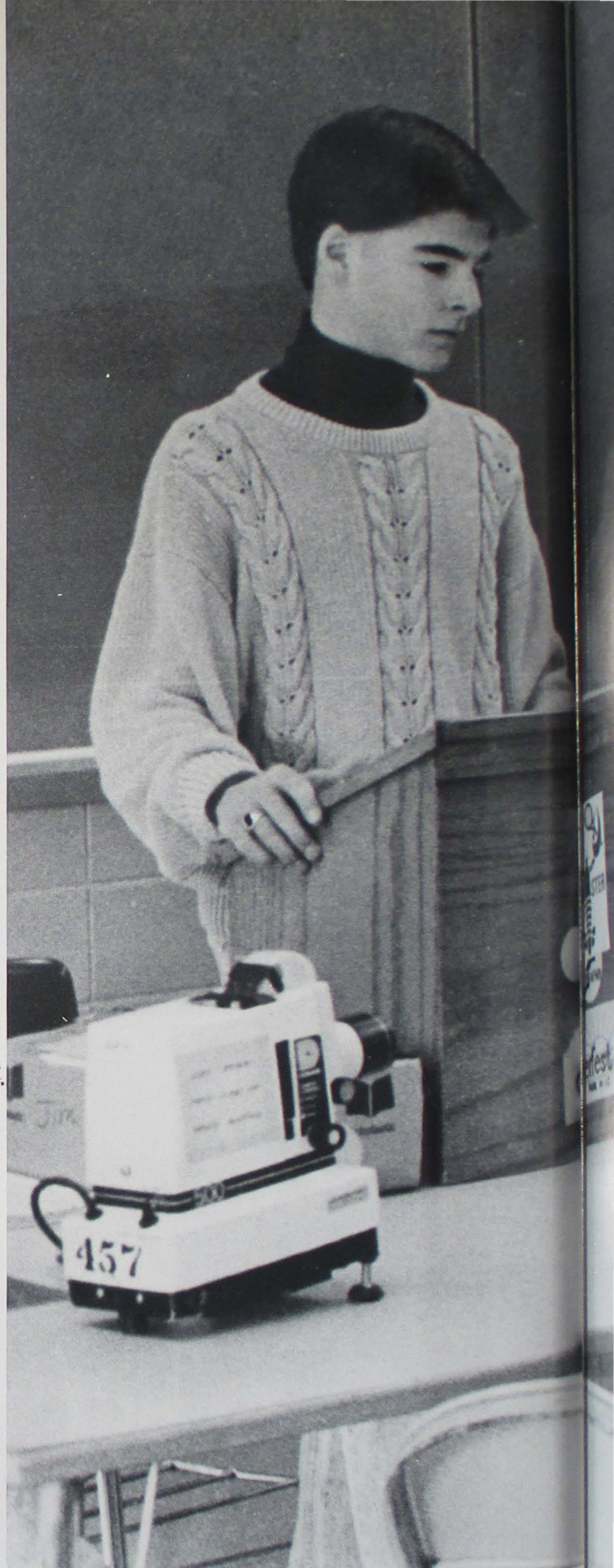
**Freshman/Sophomore Senates.** **Front Row:** Mark Milleman, Jim Meadows, Peter Loutzenhiser, Jami Stiles, Staci Kepley, Nupur Ghoshal, Connie Hsu, Bryce Freeman, Ryan Carver, Jeremy Moore. **Second Row:** Renee Ripp, Vicki Tsai, Rachel Stansbery, Tammy Gibb, Nicki Praty, Angie Kim, Chris Hampson, Brandon Geise, Pete Egeland, Sandra Deluca. **Third Row:** Alison Sams, Claire Haws, Joe Nelson, Jennie Jones, Jennifer Kellen, Danny Wilson, Scott Sundstrom, John Barnett, Kjersten Johnson. **Back Row:** Amanda Cooper, Tina Langston, Amy Bartsch, Neena Paul, Jeanne Pugh, Troy Rutter, Mark Sutch, Jeff Kaczmarek.



**Junior/Senior Senates.** **Front Row:** Jim Heintz, Wendy Zenor, Neila Anderson, Kim Carey, Megan Manatt, Adriana Platt, Marty Johnson, Sindy Pang, Lilian Riad. **Second Row:** Blair Greimann, Mike Urick, Tony Potter, Jeff Sturges, Tony Landin, Dawn Ricketts, Jeff Dale, Kevin Lee. **Third Row:** Lia Pierson, Anne Cheville, Eldree Baer, Gretchen Vogel, Amanda Jones, Jennie Pelz, Jill Wall, Stephanie Graves, Sarah Ford, Jayna Jarnagin. **Back Row:** Brian Campbell, Michelle Hoover, Karen Augustine, Tenaya Darlington, Cindy Harris, Christa Jungst, Nathan Block.



**Student Council.** **Front Row:** Toni Jackson, Sandra Deluca, Neila Anderson, Carrie Stidwell, Laura McKlveen, Cari Bauman. **Second Row:** Sindy Pang, Cindy Harris, Josh Littrell, Mike Urick, Jennie Jones, Neena Paul. **Back Row:** Jason Burris, Bryce Freeman, Brian Campbell, Noah Zaring, Doug Adams, Danny Wilson, Joe Nelson.





# Involved:

Senates, Council dedicated time for welfare of student body

-Heather Jesse

For most students, Wednesday mornings meant an extra half hour of dreamland and a screwed-up schedule. But student government members didn't have that pleasure. For them Wednesday mornings meant business.

This early business meant involvement with decision making and the administration.

"If we didn't have student government, a lot of things wouldn't get done because the administration doesn't always know what the students want," Junior Senate Vice-President Lia Pierson said.

Since student government was the main tie between the students and the administration, many students felt it was important to get involved.

"I enjoy it the more I get involved. It's a good way to spend my time. I have more to say as I get older," Sophomore Senate

If we didn't have student government a lot of things wouldn't get done because the administration doesn't always know what the students want.

-junior Lia Pierson

President Danny Wilson said.

Student government spent most of its time performing basic duties such as planning Homecoming, school parties, Mistletoe, Welfare Week and Prom.

"We spent almost the whole year planning Prom," Junior Senate member Jill Wall said. "Our toughest decision was picking theme colors that wouldn't clash with the carpet."

Student government also tried to provide new opportunities and conveniences for students like Positive Life Choice Day, earlier opening hours for the media center, girls' bathroom stall doors, and guest speaker John Crudele.

"The Council thought John Crudele would be neat in com-

parison to assemblies in the past. It was good to have someone to talk to the students rather than preach and lecture about drugs, sex and alcohol," Freshman Senate President Sandra Deluca said.

But sometimes council and senate members became discouraged when trying new things, because they felt they lacked power.

"We want and deserve more power. Even if we work really hard to prepare and present our plans with good detail, they can automatically veto it. We tend to be secondary to the administration," senior Student Council Co-President Noah Zaring said.

Since student government wasn't always able to justify its ideas with the administration, the student body often felt that it didn't do anything.

"People complain that we don't do anything, but we do try. Students don't respond to the minutes in homeroom, and no one seems to care," Sophomore Senate Treasurer Vicki Tsai said. "After all, student government is supposed to be for everyone's benefit."

**A**t a Freshman Senate meeting, Vice-President Bryce Freeman demonstrates his leadership skills by conducting a discussion about Welfare Week plans. (Photo by Lanai Byg)



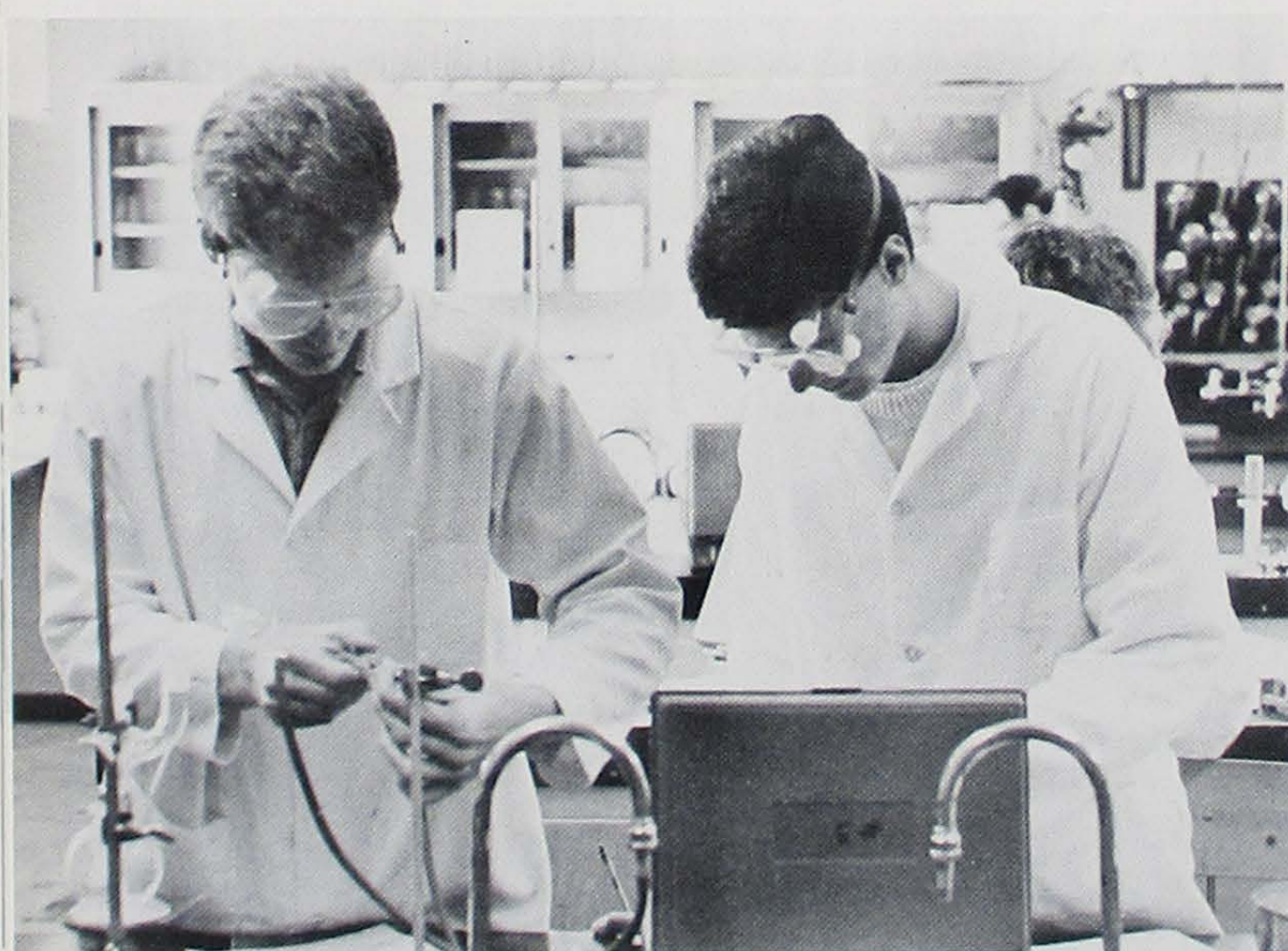
**A**fter answering a Welfare Week trivia question correctly, senior Bryan Schabel is presented with a free Hardees meal by Senior Senate President Mike Urlick. (Photo by James Watt)

**I**n the fall, Co-Presidents Doug Adams and Noah Zaring kicked off Oak Tree 2000, a plan for the class of 2000 to help beautify the school by planting trees. (Photo by Kendi Neff)



**H**iding behind a pair of chemistry goggles during Ken Hartman's fifth period chemistry lab, senior Patrick Connolly distills alcohol on a bunsen burner. (Photo by Chuck Bevolo)

**L**ooking at buds and woody stems under a microscope in their Biology A class are sophomores Elizabeth Holder and Laura Orning. (Photo by Chuck Bevolo)



**D**iligently working during their fifth period chemistry lab to construct a still, seniors Mark Mathison and Phil Sposito make ethanol. (Photo by Chuck Bevolo)





# Experiment: Students learned through experience

-Becky Dill

The smell of hot apple pies bellowed from Mr. Hartman's fourth period chemistry lab. Was he holding the Pillsbury bake-off? Was Betty Crocker teaching the class? No, he was teaching his class how to bake pies using simple chemicals.

This was just one of the unique things students did during various science classes.

"We dissected frogs in my biology class. We had to take a frog's leg muscle and electrocute it to see how the muscle reacted to the treatment. It was good experience in learning more about animal anatomy," sophomore Dawn Newhouse said.

One student's Earth Science class witnessed a planetarium built by science teachers Steve Adams and Jack Troeger.

"My class went into a large dome-shaped structure constructed out of taped-together garbage bags. The ceiling of the dome had pin holes in it repre-

We dissected frogs in my biology class. We had to take a frog's leg muscle and electrocute it to see how the muscle reacted to the treatment. It was good experience in learning more about animal anatomy.

-sophomore Dawn Newhouse

senting stars. The light from the classroom that showed through the holes and neon paint outlined the constellations of the night sky," freshman Bryce Freeman said.

A physics class learned more about the concept of friction and air pressure by riding on a man-made hover craft.

"Mr. (Charlie) Windsor put a board, a piece of plastic and a vacuum together to make a hover craft. The craft moved by air pressure pushed out of the vacuum, set on a reverse cycle. The craft created a frictionless plane and was able to float down

the hall. It was great fun," junior Tom Joensen said.

If class didn't prove a form of entertainment for the student they could usually rely on the possibility of learning something interesting.

"We learned about the reflection and refraction of light waves. Dr. Jones showed us how light creates waves when it is refracted in a tank of water. It was very interesting and it created a neat light show," junior Jean Clem said.

Another student developed an interest in the growth of plants and also found a greater sense of responsibility from this experience.

"Growing plants taught me to be responsible, and I also had a very nice plant to present to my parents," sophomore Mike Ketelsen said.

These labs and activities encouraged students to experiment and learn exciting new skills in the science field. They also proved a nice change from the routine of everyday class.



**L**ighting a bunsen burner in their chemistry lab, seniors Toni Jackson and Shelley Countryman prepare to find the concentration of a solution. (Photo by Chuck Bevolo)

**O**bserving the growth and development of his Easter lily in the Ames High greenhouse, sophomore Tate Womack checks his plant for moist soil. (Photo by Chuck Bevolo)



# Helping: In school and in the community, students improved everyday life

-Kara Maehner

Being forced into a new place can be a trying experience for anyone.

Whether it was a student, opposing athletes or senior citizens, Ames High students were there to make them feel at home. These students were members of Ambassadors, Peer Helping and Volunteers.

"When we (Volunteers) visit the retirement centers it's really important to make sure that the people have a good time that they'll always remember. I think the memories we create will make them think of other good ones as well," senior Carol McGee said.

The only requirements to be in any of the three programs was to have a charitable attitude toward helping others and to have time available during the school day, after school or on weekends.

"You have to be willing to help others, especially new people who need to make friends and learn their way around," junior Ambassador Judy Pang said.

According to Sharon Nibbelink, coordinator of the Ambassador program, Ambassadors

In my peer helping class we talk to each other about problems we have in our lives and then discuss possible solutions to them.

-junior Buddy Price

was modeled after another school's program.

"We started ambassadors after we saw one similar to it at (Iowa City) City High School. Some students greeted us at the door and took us on a tour of the school; it was really impressive," Nibbelink said.

And how Ames High was represented to visitors was important to many.

"I think it (Ambassadors) shows people that the school cares about new students and visitors," senior Ambassador Angela Bass said.

Although it was important to make good impressions on those who came into the school, the Volunteer Program impressed individuals in settings outside the school.

"I like Volunteers because you can meet people that you never would have met otherwise. A lot of the senior citizens we visit don't get the chance to come up to the school, so we get to bring a piece of it to them," junior Volunteer Steph Davis said.

Though the reputation of the school was high because of its academic and athletic achievements, the atmosphere could sometimes become stressful. Some students felt out of place among a student body of high achievers.

"It's a really hard place to fit into," junior Buddy Price said. "In my peer helping class we talk to each other about problems we have in our lives and then discuss possible solutions to them."

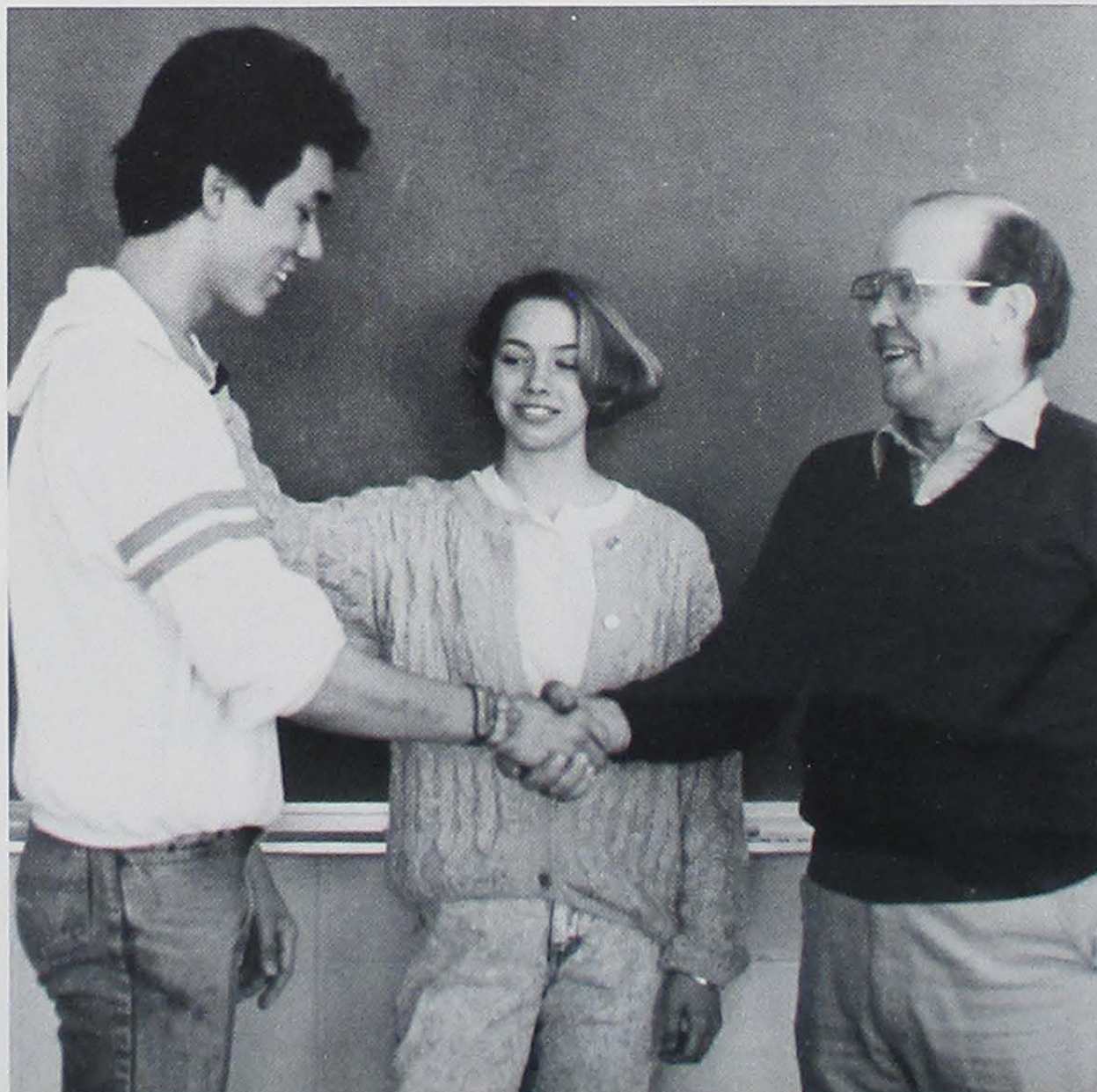
Helping was a key word for all of these programs. In the community and in the school, students created a good feeling among others, one that was hard to find just anywhere.

At the Special Olympics swim meet held at Ames High, senior Volunteer Michelle Morden cheers on the participants from the side of the pool. (Photo by Jayna Jarnagin)



On trip to a senior citizens' center, junior Stephanie Graves gives valentines to residents at the annual party given by the Volunteers. (Photo by Jayna Jarnagin)

Taking new student Jay Carpenter to his classes, sophomore Ambassador Jennie Jones introduces him to his first period geometry teacher, Phil Johnson. (Photo by Kara Maehner)



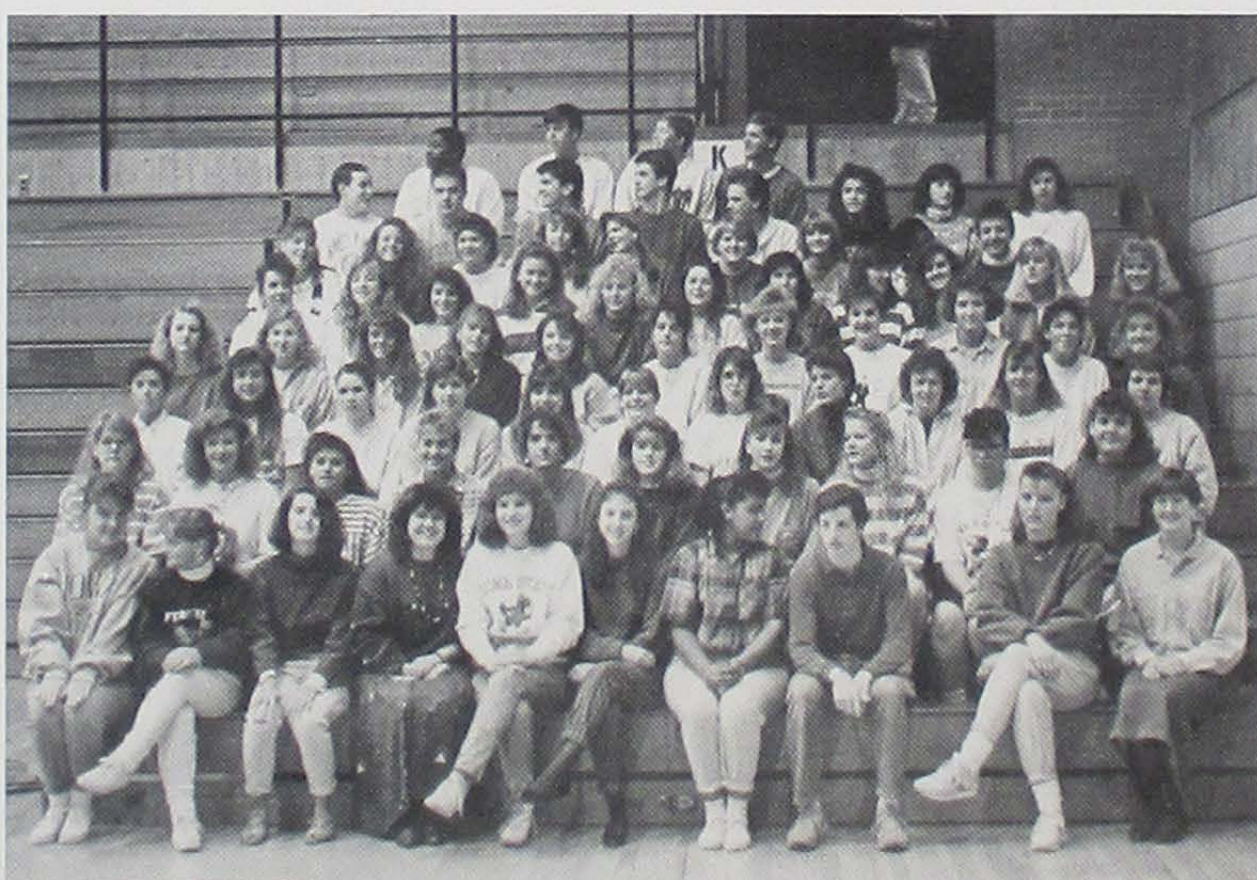




**Ambassadors. Front Row:** Dawn Hunter, Katie Tapscott, Shika Seecharran, Tami Burnham, Angie Kim, Eric Surber, Matt Smalling, Marty Johnson, Debbie Dobbs. **Back Row:** Karen Heggen, Carol McGee, Elizabeth Holder, Lisa Petersohn, Lana Rahfeldt, Lance Van Houten, Amy Greimann, Monty Muller.



**Peer Helping. Front Row:** Allison Campbell, Carrey Foote, Tara Hensley, Wendy Zenor, Michelle Rayons, Amy Morrison, Jennie Pelz, Jessica Miller. **Second Row:** Scott Harold, Kim Webb, Michelle Morden, Dawn Cadwell, Stacia Madsen, Libby Black, Camille Young, Danielle Wright. **Third Row:** Ron Rittgers, Jerry Spencer, Judicia Lomantow, Tim Johnson, Amanda Jones, Lori Schorpp, Toria Simmons. **Back Row:** Yvonne Johnson, Linda Fausch, Angela Bass, Ben Baccam, Rich Cooper, Angie Brunner, Carrie Soy.

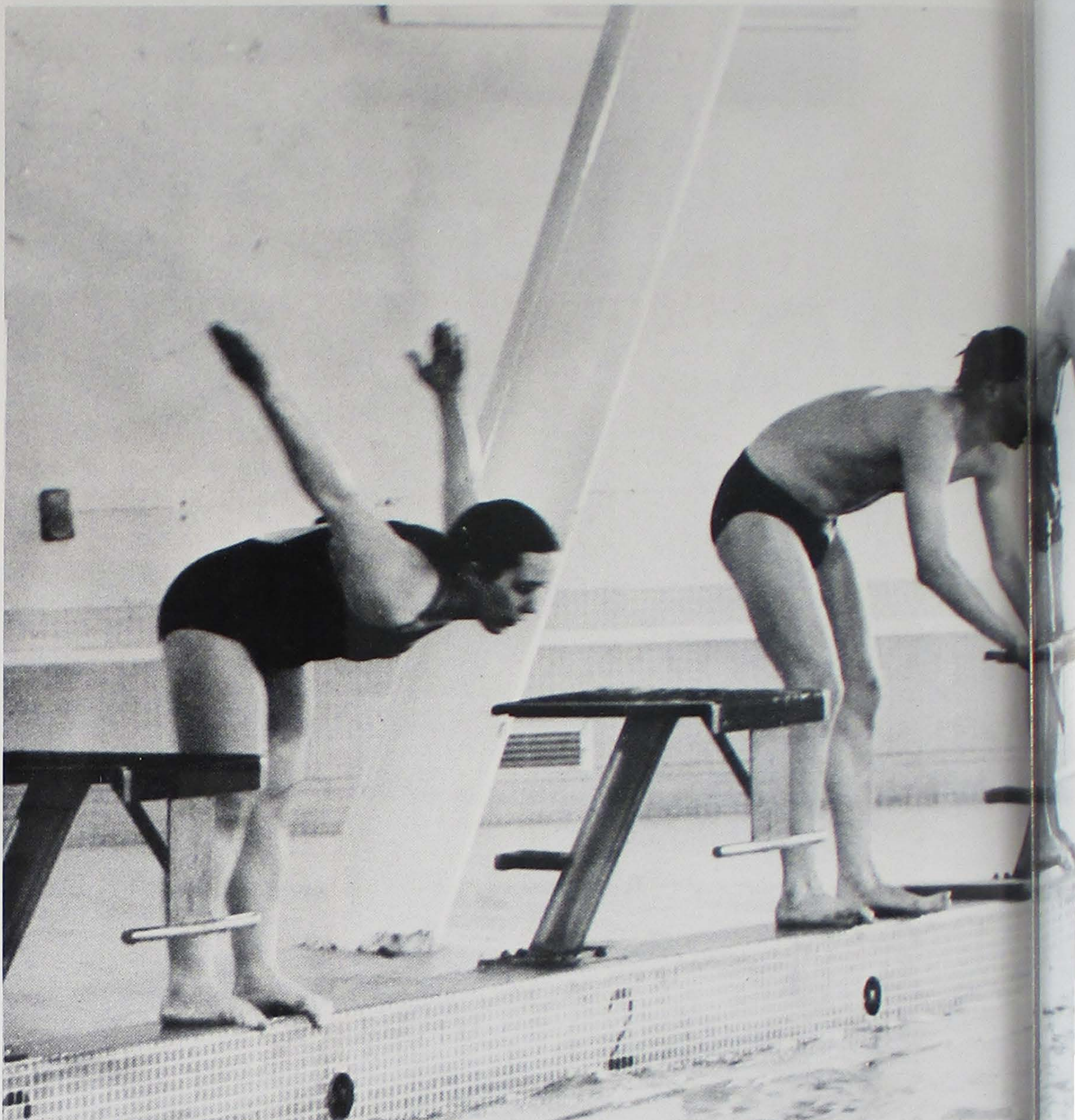


**Volunteers. Front Row:** P. Westvold, W. Conley, M. Stover, K. Osterberg, K. Konechne, S. Countryman, M. Warren, A. Doyle, M. Morden. **Second Row:** M. Johnson, D. Dobbs, J. Tabatabai, S. Graves, N. Devens, M. Nelsen, J. Folkman, L. Black, A. Slater, S. Harvey. **Third Row:** K. Tapscott, S. Miller, B. Wollaston, K. Scott, S. Hunger, B. Dinsmore, B. Moore, C. Osslund, A. Chevillie, T. Rogers, T. Schwieger. **Fourth Row:** S. Madsen, M. Hoover, A. Morrison, A. Hausman, K. Maehner, D. Kislingbury, L. Rahfeldt, K. Allen, C. Jungst, J. Hansen, A. Jones. **Fifth Row:** H. Jesse, D. Dubansky, J. Holder, M. Manatt, N. Schnieder, C. Bauman, T. Scherr, T. East, C. McGee, L. Schorpp, N. Anderson. **Sixth Row:** J. Miller, T. Pipitone, S. Metzger, J. Pelz, C. Young, S. Davis, R. Renz, L. Riad. **Seventh Row:** E. Bappe, J. Berg, A. Scott, M. Smalling, E. Surber, A. Platt, K. Stevermer, J. Jarnagin. **Back Row:** R. Chieves, T. Potter, L. Van Houten, J. Weiss.



**S**wimming class was a favorite with many students. Preparing to dive in are seniors Tina Stephenson, Doug Wiskus and Ron Gregory. (Photo by Dan Ketelsen)

**G**ood cooking required lots of time and concentration. Junior Holly Van Winkle gives both of those as she learns how to make soup during home economics class. (Photo by Dan Ketelsen)



**C**utting the butter for hot lunches was one of the responsibilities the students had. Freshman Jason Kotouc arranges the pats on a tray for serving. (Photo by Quentin Crowner)

**W**orking in pairs taught students how to cooperate. Junior Mark Angove readies the ingredients as sophomore Melissa Wierson stirs them. (Photo by Dan Ketelsen)



# United: Interaction, curriculum taught vital lessons

-Jennie Jones

One look inside room B-1 will tell you it's not a regular classroom. There's a stove, sink and refrigerator along one wall, a computer, a table full of artwork and only 10 desks.

There is a reason for this. These additions are utilized to fulfill the needs of the special education students who use it.

"The students spend all day together except for P.E. and lunch for the most part, so they're with each other all the time," teacher Reggie Greenlaw said.

Instead of changing classes each period with different students and teachers, these students stayed with each other for most of the day. And besides having different classes such as language arts, vocational preparation and community mobility, they had their own classes of industrial arts, P.E. and home economics.

"We measure ingredients and cook things like potato soup. In industrial arts we made cars and a map of the state that was ex-

I see my friends from outside of class during lunch. I like talking to everybody and meeting people. It's helped me to be less shy.

-sophomore Michelle Rice

cellent," junior Holly Van Winkle said.

The special curriculum was geared to prepare the students for life, but it didn't often include interaction with other people in the school. To change that situation, a program was started to help socially integrate the special education students with regular students. As part of that program, a buddy system was set up, pairing a peer helper with one of the students.

"My friend was Kendal Holder and we'd eat breakfast sometimes, color in the cafeteria or go up to the MC to work on the computers," sophomore Missy

Wierson said.

Every few days one or two peer helpers would visit the classroom during the afternoons.

"They play games like Uno with us; if it's a nice day we'll go on walks and sometimes we watch movies together," sophomore Tammy Horness said.

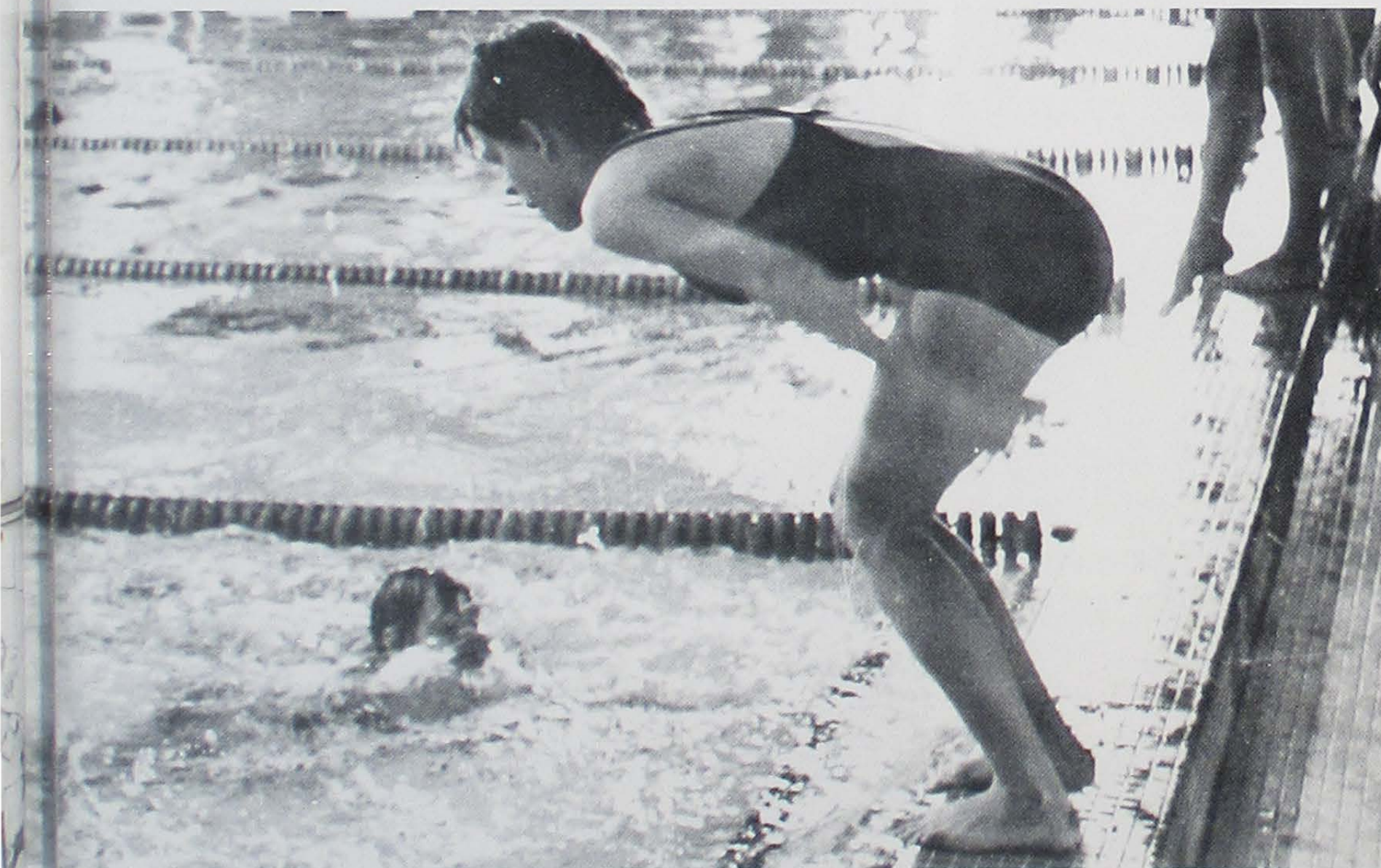
There were other times during the day when the students had a chance to interact with people outside of their classes.

"I see my friends from outside of class during lunch. I like talking to everybody and meeting new people; it's helped me to be less shy," sophomore Michelle Rice said.

Students found friends in the regular grade-appropriate homeroom they attended every day.

"I liked being able to talk to friends I'd made in homeroom and saying 'hi' to them," freshman Jason Kotouc said.

While the curriculum for these students may have been different, they too found that friends could breach any gap.



**M**aking soup was a favorite activity in home economics class. Stirring his latest project is junior Steve Sederburg and helping him is sophomore Mary Mohler. (Photo by Dan Ketelsen)

**P**articipating in Special Olympics was important to many students. During a district meet, sophomore Sherry Massey is poised to enter the water. (Photo by Quentin Crowner)



# Tradition:

Students experienced cultures; started traditions

-Stacy Morford

From touring Spanish palaces to reenacting a French revolution, foreign language classes toyed with traditions.

Traveling to foreign countries has become a tradition and often the very reason for learning a foreign language.

"I always wanted to visit Europe, and since my ancestry is German that seemed like the logical language to learn so I could go there," junior Michael Cantonwine said.

The German trip was an exchange; students from Ames saw Germany in June and students from Wulfrath saw Iowa in March.

"We always have a great time when the Germans are here, but every one (German) I've had left at least one beer bottle and a pair of underwear behind," sophomore Devon Alexander said.

Allowing the teenagers to drink alcohol in Europe surprised the American students touring

They (Spanish students) could buy beer and wine in their school cafeteria just like we buy milk in ours.

-senior Sara Scholten

France and Spain.

"They (Spanish students) could buy beer and wine in their school cafeteria just like we buy milk in ours," senior Sara Scholten said.

While most of the students enjoyed the trips, many would not stay in the foreign schools.

"I loved Spain, but I wouldn't want to attend school there," senior Michelle Morden said. "The desks were like old inkwell desks, and the classrooms were so dirty I felt like I could wear gardening clothes and not feel out of place."

Living with Spanish or French families for two weeks was a crash course in the language and returning to the States, four

of these students found their conversation abilities had improved enough to win honors at the State Spanish competition in quiz bowl and dialogue.

"The quiz bowl was just a bunch of questions about Spain, spoken in Spanish of course. For dialogue we were given a topic and 10 minutes to prepare a conversation. One dialogue placed fifth and the quiz bowl team placed second in State," sophomore Amy Murphy said.

Foreign language classes participated in more activities than previous years, from Spanish and German competitions to French theatrical productions.

"We're reenacting some scenes from the French revolution in a screenplay. We've been studying French history and the play is helping us understand reasons behind the revolution," senior Phil Berger said.

Combining the traditional trips to Europe and creative new challenges made learning a foreign language an experience worth the time spent.



**Spanish Competition Team. Front Row:** N. Nakadate, C. Willard, S. Coon, A. Wagner. **Second Row:** S. Litchfield, E. Overland, J. Wall, S. Madsen, E. Johnson, S. VanDeusen. **Back Row:** R. Hefley, L. VanHouten, D. Kruempel, S. Penney, S. Wessman, M. Rayhons, K. Stevermer.

Entertaining his friends in a Spanish restaurant, senior Lance Van Houten demonstrates a Spanish custom of carbonating cider. (Photo courtesy of Carrie Stidwell)

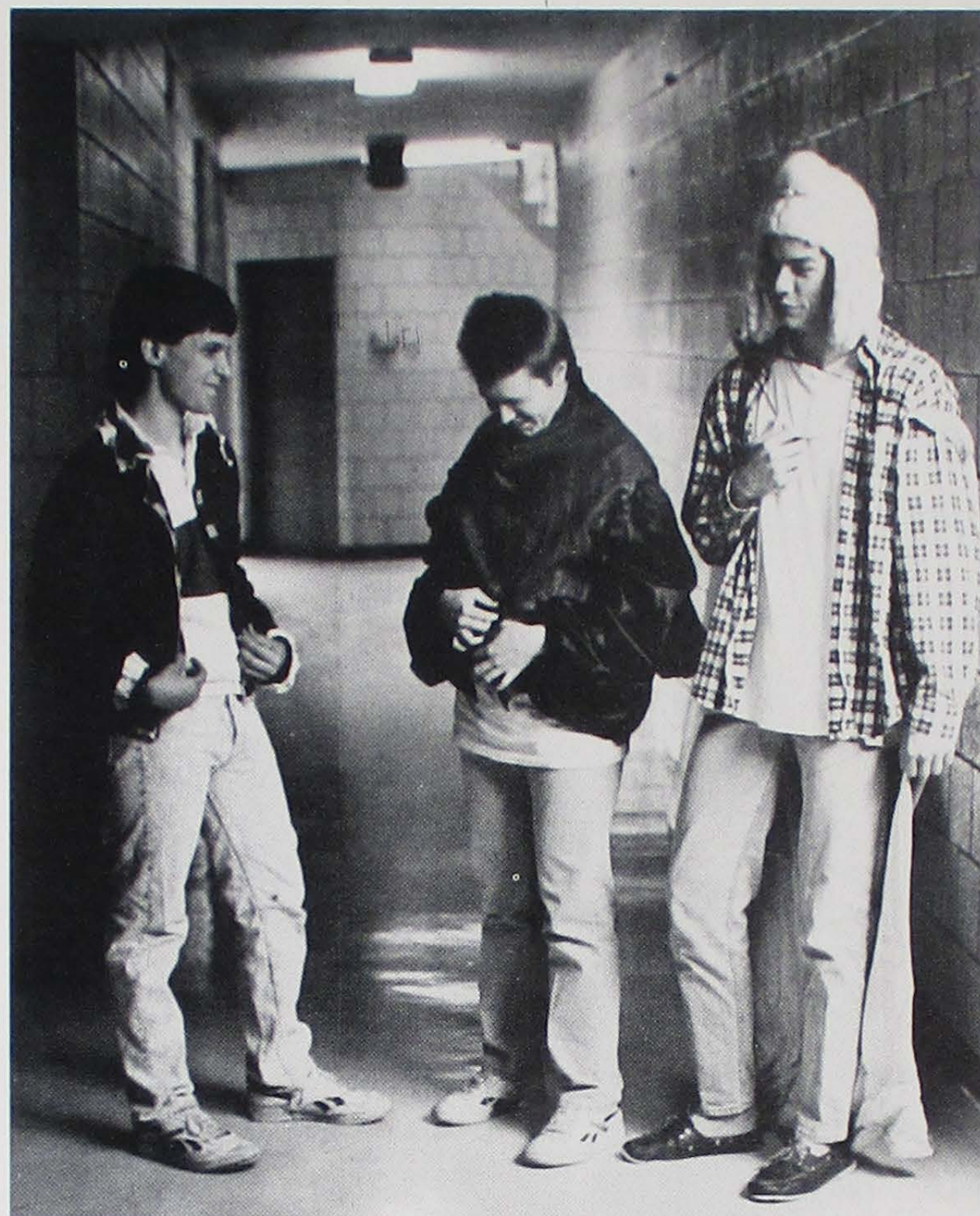






**R**esting in the courtyard, seniors Lance Van Houten, Sarah Post, Neila Anderson and Leah Whigham talk with Teri Mickelson while touring painter El Greco's home. (Photo courtesy of Michelle Morden)

**D**oing his best impersonation of Louis XVI, senior Phil Berger puts together a costume to portray the French king in a play put on by the French 4 class. (Photo by Dan Ketelsen)



**S**tanding in front of a French shop, juniors Steve Beaudry and Sara Gitchell and senior Phil Berger wait for a friend buying flowers for his French family. (Photo courtesy of Amy Hausman)



# Skilled:

Vocational classes helped prepare for life beyond high school

-Stacia Madsen

It's 11 p.m. and you're traveling in your car on a deserted country road when suddenly your fan belt breaks. Would you know how to fix it? Well, if you had taken Auto Mech you should.

Learning skills that could be of use in later years was one reason students chose to take Auto Mechanics as well as Metals, Drafting and Electronics.

Two days a week auto mechanic students learned about cars through book work. On the other days, they gained hands-on experience which ranged from rotating tires to changing oil, to checking engines.

"I wanted to be independent," senior Jenny Trumpy said. "I heard that when a woman goes to get her car fixed she get charged twice as much. I just wanted to get an understanding."

Grasping an understanding when it came to cars interested many students.

"Before I took the class I

... I knew nothing about a car except how to put gas into it. But now I can fix it if it's simple enough and save money at the same time.

-junior Jeremy Babcock

knew nothing about a car except how to put gas into it," junior Jeremy Babcock said. "But now I can fix it if it's simple enough and save money at the same time."

Learning about cars was made easier by the Auto Mech teacher Duane Howard.

"He is an understanding guy; he's in touch with us," junior Shad Crippen said. "He gives demonstrations over the things in the book."

Demonstrations weren't used as much in drafting. Students drew objects from examples in the book. Drawing was aided by computers, which made correcting mistakes easier and prepared students for possible fu-

ture opportunities.

"I want to go into engineering or aerospace design and I need experience in drafting," senior Jeremy Kellen said. "Working with computers now will help me when I have to use them later in my work."

Besides Drafting and Auto Mech, students could also use skills obtained in Metals class later in life.

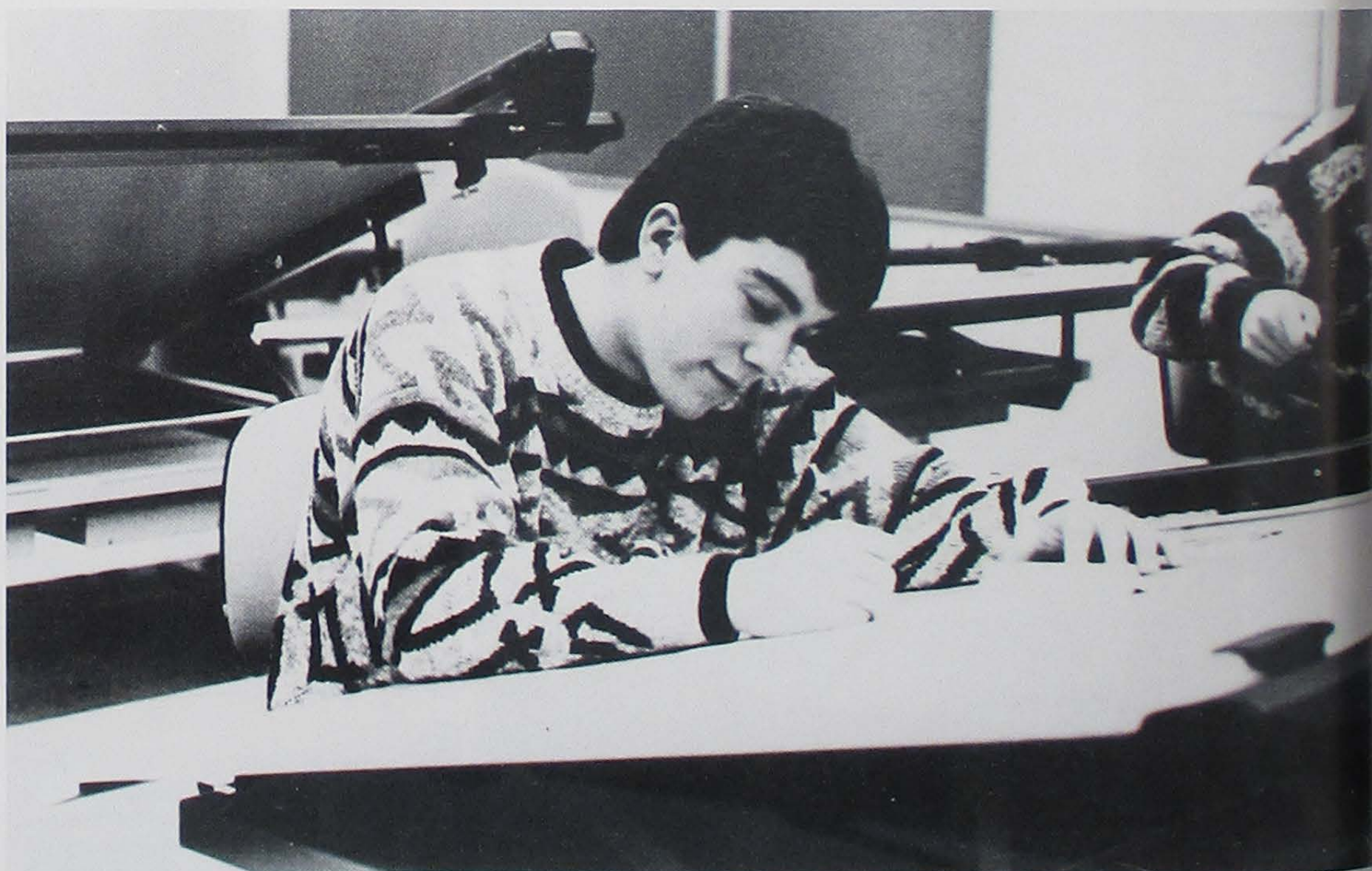
"We learn how to use metals along with how to make them stronger," sophomore Matt Hill said. "I can use it out of high school. I can work on construction crews, weld ships and cars."

In the electronics classes, much of the work was done in labs. They worked at stations and learned how to design circuits and think of practical applications for them.

Whether it was book work or lab work students liked, vocational classes opened doors for some to experience things they might continue after high school.



During a free period, junior Ed Junker works on staining a project for his wood-working class. The class was taught by Jerrold Swenson. (Photo by Lanai Byg)



Working on a drafting assignment, junior Tim Jaspering and senior Jeremy Kellen attempt to finish their projects before class ends. (Photo by Lanai Byg)

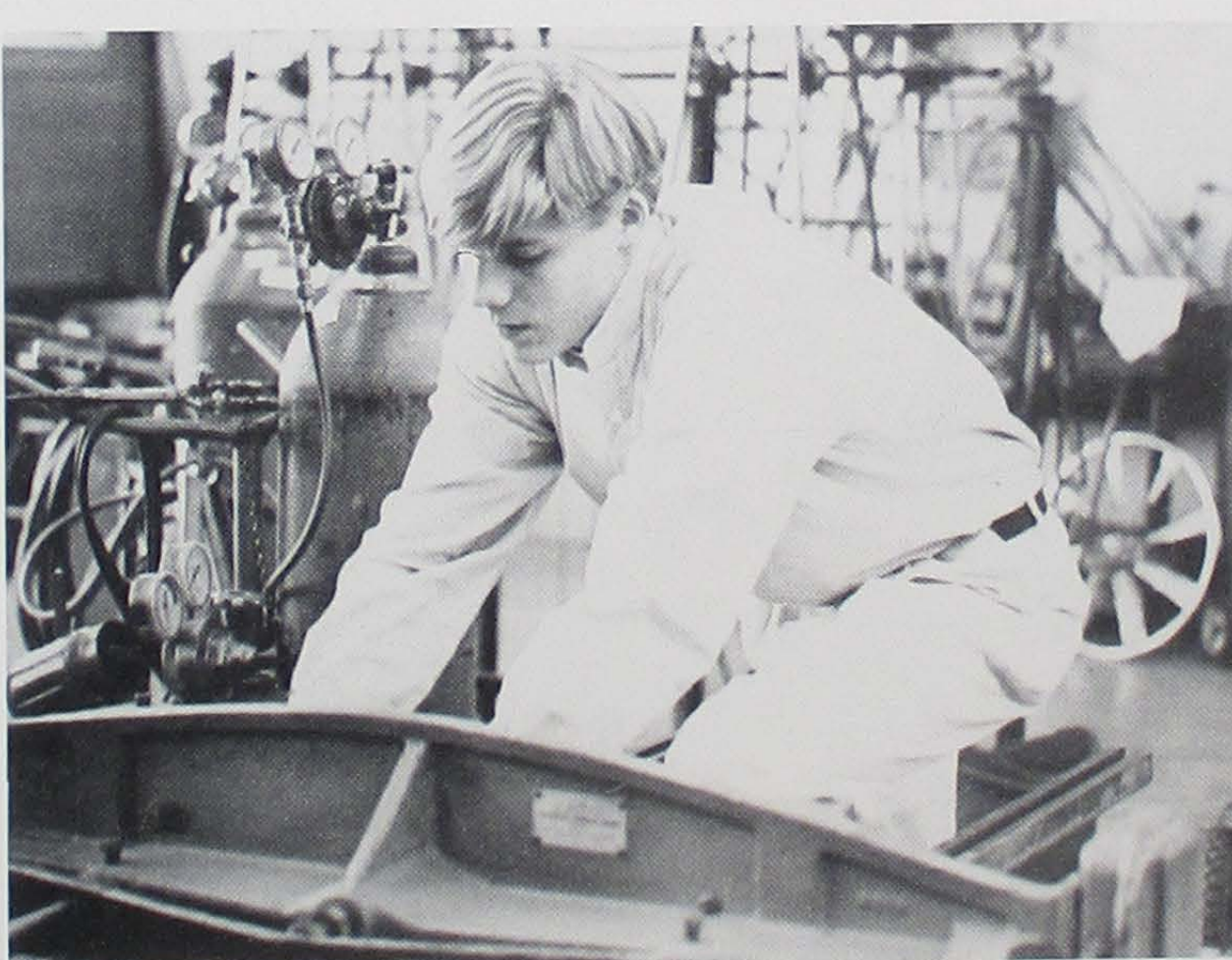






**D**uring the first period Auto Mechanics II class, senior J. J Doyle loosens lug nuts in order to replace an old tire on his dad's Cadillac. (Photo by Lanai Byg)

**I**n Duane Howard's Auto Mech I class, senior Frank Goerner tries to replace a rusted out exhaust manifold pipe on his car as part of his lab work. (Photo by Lanai Byg)



**W**orking on his car in Auto Mech II, senior Matt Booth discovers during lab that he will have to replace an old hose with a new one. (Photo by Lanai Byg)

**T**rimming a piece of metal for his robot is senior Chad Bouton. Bouton took the robot to the Hawkeye Science Fair and earned a \$1000 scholarship for first place. (Photo by Lanai Byg)



# Experience:

DECA, VICA earned credit while mixing work and fun

-Michelle Rayhons

Mooing contests, pushing a suited man into a pool, tee-peeing your teacher's house and tricking a student into eating a carmel onion doesn't sound like your typical class. With fun in mind, DECA and VICA members gained valuable work experience outside and inside the classroom.

"We have parties all the time. Once we had a carmel apple eating contest. We gave (senior) Bob Sansgaard a carmel onion. He had half of it mowd down, then he realized what it was," DECA member, senior Chris Reid said.

In DECA (Distributive Education Club of America), students applied their leadership and work knowledge at conferences. Through interviews and tests in their job area, various awards were obtained throughout the year.

By earning third place in the state competition in a job area, seniors John Weiss and Michelle Davis competed in the national DECA conference in Orlando, Florida.

If you get an angry customer complaining about their checking account, it's not what you learned in math class that's going to help you deal with them. School prepares you for college, DECA prepares you for the work world.

-senior Jeneane Beck

"I think you learn more about yourself. Other classes are always so negative. There's no pressure to learn, so I feel like I learn more," senior John Weiss said.

DECA built members' self-confidence, leadership abilities and social skills, while also serving as a peer group to discuss everyday work problems.

"If you get an angry customer complaining about their checking account, it's not what you learned in math class that's going to help you deal with them. School prepares you for college, DECA prepares you for the work world," senior Jeneane Beck said.

Preparing students for the future was a major goal in both DECA and VICA (Vocational & Industrial Club of America).

"We get cars donated to us. We fix them up and sell them. We have speakers come in to talk to us. It gets us ready for the work world," senior Don Wright said.

The VICA members attended conferences in Nebraska, Kansas City and Des Moines. The trip to Kansas City included a day at Worlds of Fun. And trips like these brought the students together.

You imagine these guys as tough and all. But when Mr. (Don) Faas was in the hospital, all the guys were giving their money to Don Wright to buy him flowers," senior Christy Claassen said.

Along with having fun, DECA and VICA members' abilities grew through work, friends and competitions.

**S**team cleaning a dirty air compressor during class, VICA member, senior Mark DeJoode prepares it to be sold by the school. (Photo by Michelle Rayhons)



**A**t the DECA Halloween party, members pulled a practical joke on senior Katie Tapscott. She ended up sitting in a pail of water. (Photo courtesy of DECA)



**DECA. Front Row:** Tricia Ryan, Stephanie Ottoson, Heather Hatten, Donna Kislingbury, Katie Tapscott, Pam Westvold, Lisa Shaffer, Kristin Adams, Michelle Davis, Beverly Rhoades, Jeneane Beck. **Second Row:** Kami Archbold, Teresa Nutt, Chaeho Choi, Amy Greimann, Brandon Miller, Randy Blitz, Tony Paulson, Ralene Lewis, Coordinator Darrel Abel. **Third Row:** Eric Holm, Scott Anderson, Jason Bauge, Todd Kibsgaard, J. J. Doyle, Paul Flugrad, Wendy Conley, Mindy Woodworth, Erika Mehle. **Back Row:** Tim Madson, Nikki Schnieder, Nena Klingseis, Tami Keigley.





**V.A. Front Row:** Robert Helmbrecht, Chris Canon. **Second Row:** Matt Larson, Pat Simalzried, Adam Wagner, Steve Paterson, Coordinator Don Faas. **Third Row:** Ph Ringsdorf, Christy Claassen, Jamin Reynoldson, Jason Wendt, Mark DeJude. **Not Pictured:** Scott Magnuson, Rob Miller, Don Wright.



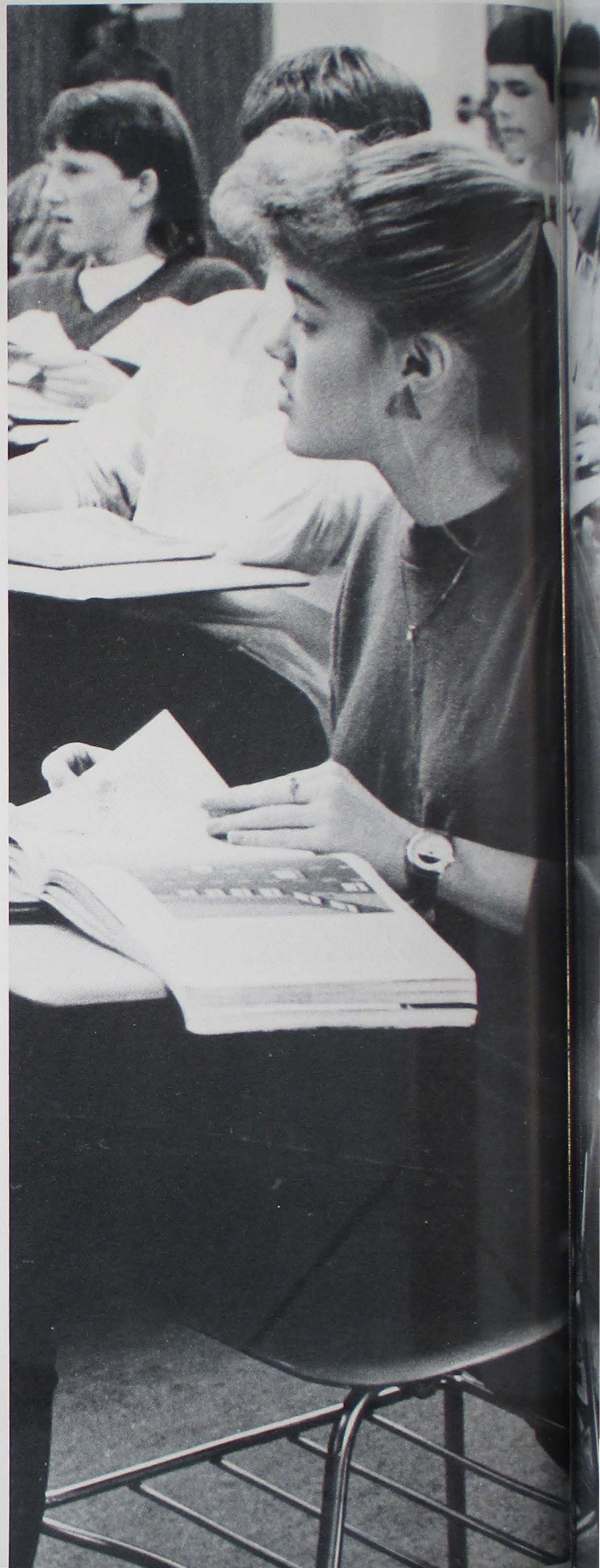
**D**uties of VICA students included working on the United Way project. Seniors Matt Larson and Chris Canon add finishing touches to a sign during class. (Photo by Michelle Rayhons)

**T**hrough DECA, members must work 15 hours a week at their job. Senior Mindy Woodworth straightens swimming suits in the junior section at Younkers. (Photo by Michelle Rayhons)



**L**istening to a lecture about Interstate and highway driving, sophomore Nicci Sartori pays attention in class. (Photo by Amanda Jones)

**J**otting notes during Adult Living class, junior Amy Morrison and senior Annie Weltha talk about life after high school. (Photo by Amanda Jones)



**I**n the new Driver Ed car, sophomore Chris Van Auken and instructor Bob Heighberger go over the pre-start procedures. (Photo by Amanda Jones)



# Freedom: Preparatory classes helped learn about independence

-Jennifer Holden

Sooner or later students discovered that after high school life would be different; no one to answer to, no curfew, no more fights with parents. But being on their own also meant that the services previously found at home would be up to them. They would have to realize food doesn't prepare itself, and Cy-Ride doesn't go everywhere they need to go.

One of the first steps toward independence was to complete the driver education class to get a license.

"I didn't want to take Driver Education through the school, but there is no way around it. The fact is I'd die without my license," junior Molly Holz said.

"I think Driver Ed is really boring. Most of the stuff that you learn is common knowledge, and it's different when driving with parents," sophomore Krista Handeland said.

To break up the boredom of Driver Ed, the classes met four

Now I realize that what I'm learning will help when I go to college. You learn a lot that isn't common knowledge.

-junior Angela Buxton

different times a week, with a mixture of different people in each class.

"I like the different classes, it's a lot easier to learn when there aren't so many people in the class," sophomore Melanie Clapp said.

Many students discovered that a driver's license alone wouldn't buy them freedom. They found that a class such as Adult Living, which exposed situations that they might face after high school, was beneficial.

"I decided that when I go to college it would be helpful to learn how to live without my parents' help," junior Angela Buxton said.

To become more independent, students also found it

helpful to learn how to cook.

"In class we learned how to make bread and things; it's a lot more interesting than I thought it would be," senior Mark De-Joode said.

Adult Living not only taught students how to do household chores, but also how to survive on their own.

"Now I realize that what I'm learning will help when I go to college. You learn a lot that isn't common knowledge," Buxton said.

Some students wanted to learn more than basic skills for their futures, and took career-oriented classes.

"I'm taking interior design because I'd like to decorate my own home some day. I'm also thinking of pursuing a career in interior design," junior Kelli Hemmi said.

Regardless of reasons for taking the courses, most students found that independence wouldn't be easy and classes such as Driver Ed and Home Ec could help.



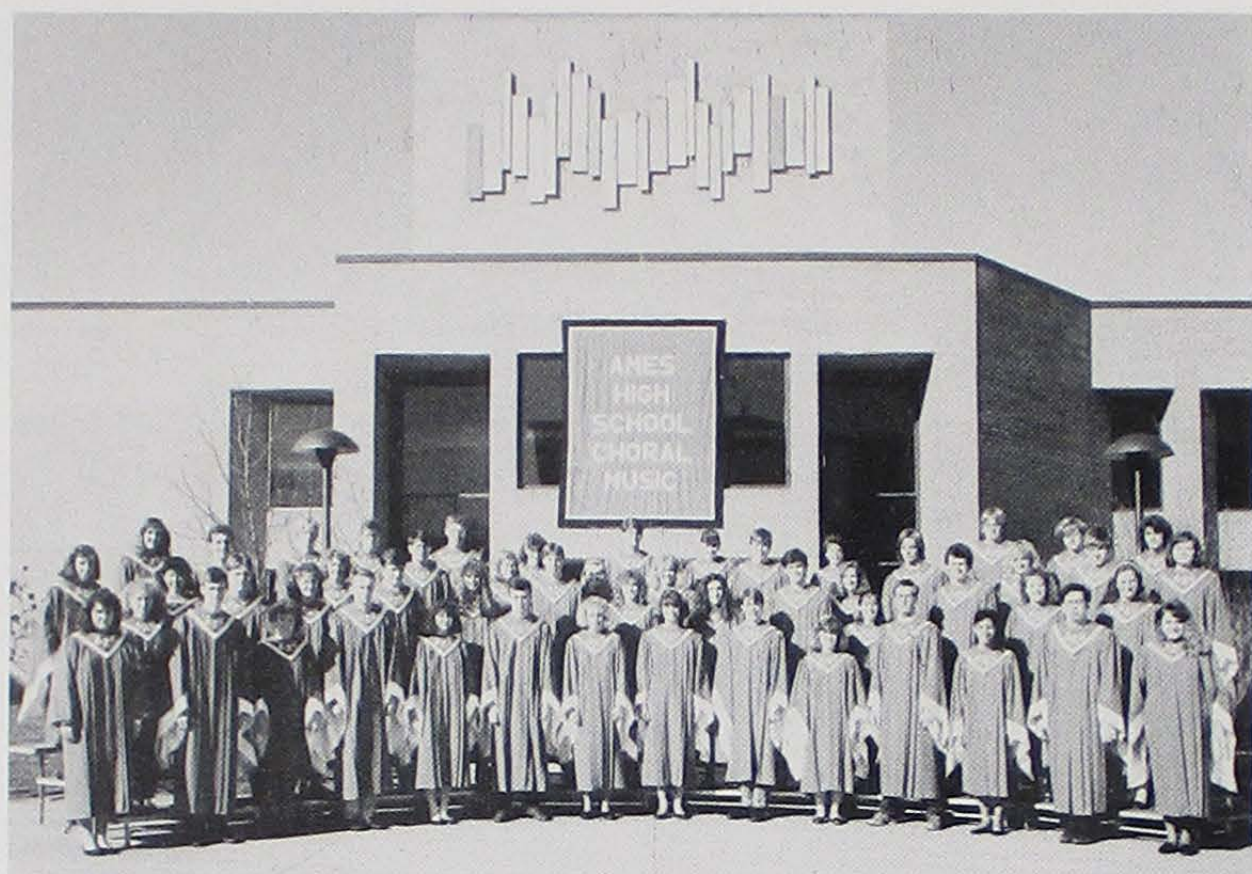
Participating in a discussion in their Adult Living class, juniors Jean Clem and Darice Brinkman discuss teen problems. (Photo by Amanda Jones)

Through a game, sophomore Jennifer Kellen, senior Julie Theile and junior Kim Webb learn about children in Child Development. (Photo by Amanda Jones)





**Chamber Choir. Front Row:** Michelle Hoover, Neila Anderson, Sara Scholten, Rob Umbaugh, Cara Bianchi, Caroline Spike, Margaret Lloyd. **Back Row:** Dan Jolly, Melanie Fidelke, Rod Harl, Jodi Skaff, Jill Osweiler, Todd Boehlje, Ami Soden, Matt Cable, Amy Mangold, Jason Volmer, Gretchen Vogel, Dan Anderson, Rick Kirkpatrick, Adriana Reyes, Rob Parrish, Andy Scott.



**Concert Chorale. Front Row:** J. Osweiler, A. Newman, A. Cheville, M. Cable, J. Skaff, C. Faidley, M. Fidelke, G. Vogel, R. Umbaugh, S. Scholten, D. Jolly, N. Ghoshal, R. Kirkpatrick, C. Bianchi. **Second Row:** M. Thomas, V. Miller, A. Pepper, J. Osweiler, L. Cummings, M. Herman, A. Mangold, A. Reyes, A. Scott, C. Spike, T. Landin, K. Peterson, K. Willson. **Third Row:** S. Pang, S. Klomglan, R. Parrish, R. Peters, M. Lloyd, N. Anderson, T. Boehlje, M. Hoover, H. Shierholz, C. Nelson, S. Harms. **Back Row:** J. Carlson, K. Allen, M. Clark, M. Patterson, C. Tosten, T. Johnson, A. Soden, R. Harl, K. Augustine, C. Osslund, D. Anderson, J. Volmer, E. Dunn, S. Dorr.



**Concert Choir. Front Row:** A. Kihl, K. Magoon, D. Millsaps, A. Horner, C. Scott, J. Farrington, C. Chen, M. Johnson, S. Hendricks, M. Trivedi, A. Murphy. **Second Row:** M. Nelson, K. Oldehoeft, A. Kim, J. Dejong, D. Alexander, M. Faidley, R. Kirkpatrick, G. Morden, H. Callison, S. Ethington, T. Burnham, A. Johnston. **Third Row:** L. McDorman, A. Trivedi, K. Allen, S. Johnson, C. Puffer, J. Sturges, S. Bakken, T. Hoekstra, W. Huntington, M. Clapp, T. Cruse. **Back Row:** M. Menard, K. Handeland, A. Whigham, A. Farrier, G. Wilcken, B. Pepper, C. Remsburg, D. Demoss, T. Stephenson.



**Freshman Choir. Front Row:** M. Patterson, K. Pfeifle, K. Olson, J. Hatfield, K. Goudy, C. Bortz, J. Ballantine, H. Anderson, N. Paul, S. Coon, A. Swyter, K. Peterson, accompanist S. Pang, D. Sibbel. **Second Row:** C. Biggerstaff, A. Meyers, S. Seiler, B. Goodfriend, P. Boyd, M. Ryan, B. Greving, N. Nakadate, C. Spike, R. Millerbernd, E. Powell, K. Kellerhalls, T. Fehr. **Third Row:** L. Ford, K. Daddow, R. Lueth, S. Deluca, K. Johnston, M. Anderson, M. Robinson, C. Brennan, J. Meadows, J. Siebert, M. Prochaska, R. Schwartz. **Last Row:** J. Kamerize, J. Purdy, B. Neibergall, S. Allen, M. Sutch, E. Warne, E. Martin, C. Rehbein, M. Larson, B. Jackson, T. Langston, N. Wendt, T. Carmean.



# Dedicated: Students were serious about singing

-Steve Wuhs

Do Re Mi Fa So La Ti Do. That's the way many students were first introduced to chorus back in fifth grade. But since then, a lot of students have gotten serious about their singing.

"I've taken it every year since seventh grade when it became optional. First I did it because my friends were in it. Then I discovered that I could really sing, so I stayed with it. Now it's a challenge," senior Todd Boehlje said.

For those students who did like to sing, there were a number of activities in which they could get involved.

Many freshmen found the advantage of having their own chorus.

"The variety of people in the Freshman Choir makes it more interesting. People experiment more in ninth grade," freshman Mark Robinson said.

**C**lapping along with the Concert Chorale are sophomore Jodi Skaff and juniors Tim Johnson and Anne Cheville. Concert Chorale was entered after an audition. (Photo by Doug Adams)

First I did it because my friends were in it. Then I discovered that I could really sing, so I stayed with it.

-senior Todd Boehlje

Most choruses met one period a day, with one private voice lesson a week. Many students found the sessions stressful, but others realized the lessons served a purpose.

"It's basically to improve your tone, quality, range and enunciation," freshman Krista Olson said.

Students often found that the voice lessons were helpful in Concert Chorale and Chamber Choir, the most advanced choruses for which auditions were required.

But for those students who didn't like the pressure of an audition, Concert Choir was an option.

"Concert Choir isn't nearly as serious as Concert Chorale. It's more fun because there isn't as

much pressure," sophomore Monty Faidley said.

There were many other activities in which students could get involved. Madrigal was a reproduction of medieval traditions. Ames High and ISU students sang around Ames over the winter holiday, wearing vintage clothes and performing authentic medieval music.

"It was a really unique experience. It felt like you were living in the 16th century," junior Michelle Hoover said.

All these types of training led to special opportunities for singing students. April 1, 60 students went to the State Solo and Ensemble Contest in Boone. While the whole group gave strong performances, 26 acts returned to Ames with 'I' ratings.

"You prepare music and practice it a month before you go. You sing your part for five minutes, then you're finished," senior Caroline Spike said.

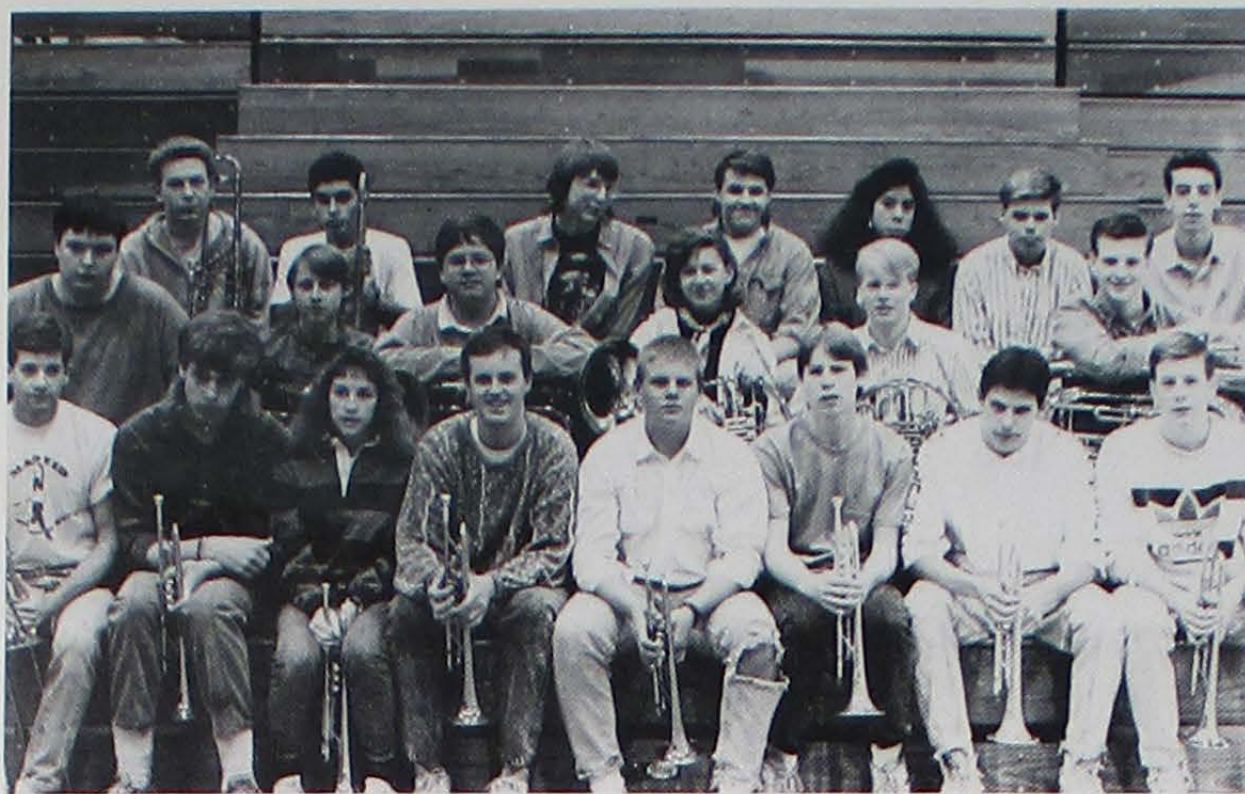
The Do Re Mi of old became more challenging, just as chorus did. That harmless phrase was replaced with Er Zee Lay Ee Bo Ka Koo Na Ma Pa Oo Day Kaka Ka Lee Poon Ga Ray Kakaka.



**A**ccompanists played an important part in the chorus. Playing their respective instruments are senior Sindy Pang, freshman Leigh Martin and junior Joe Kuhl. (Photo by Doug Adams)

**P**erforming for a lively audience are senior Ami Soden, sophomore Margaret Lloyd and senior Neila Anderson in one of four concerts during the year. (Photo by Doug Adams)

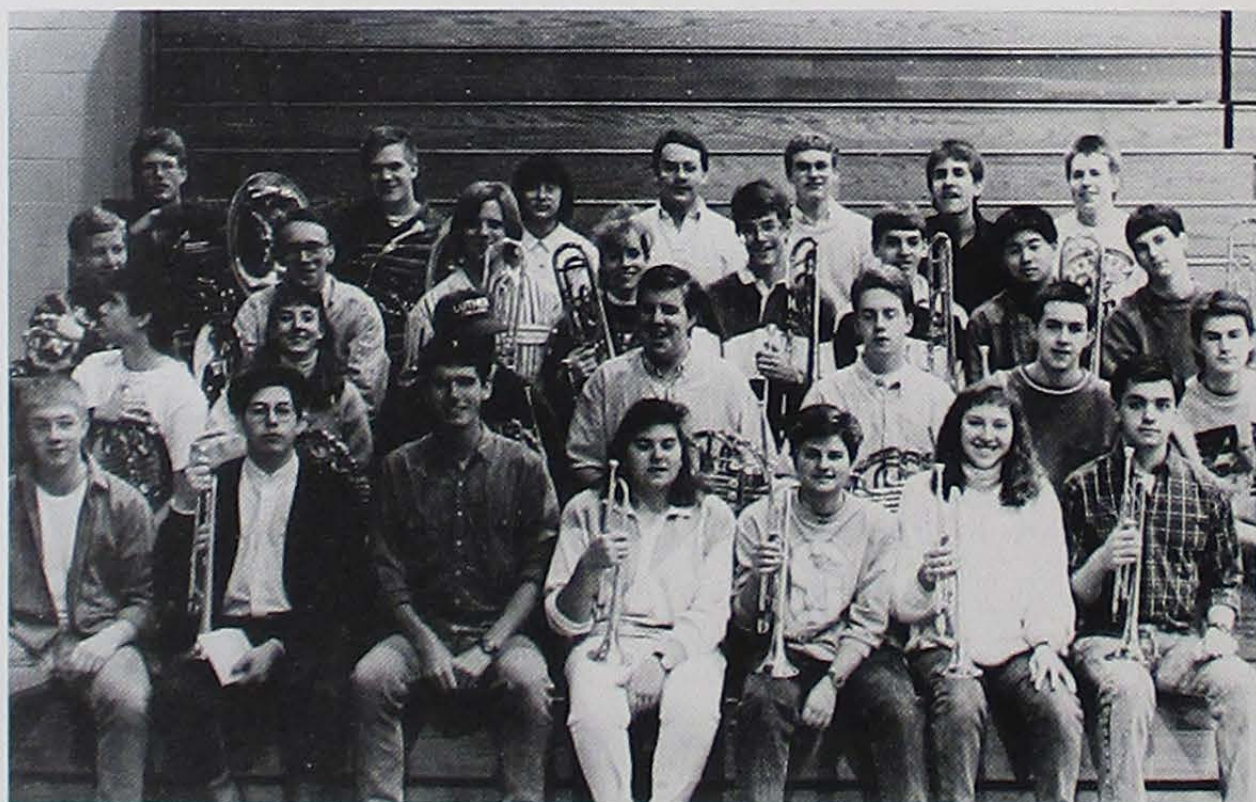




**Varsity brass and percussion.** **Front row:** Mark Titus, Davin Flatten, Breann Brutton, Tom Friedrich, Dave Jurgens, John Brunschean, Jason Brubaker, Brad Hensel. **Second row:** John Paque, Mike Johnson, Karl Lunde, Cara James, Brett Schilling, Travis Senne. **Back row:** Tollif DeJong, Gerald McConnell, Matt Zbracki, Ben Goodwin, FlorAnn Ramsey, Jeff Brown, Steve Litchfield.



**Varsity Woodwinds.** **Front row:** Jessica McKee, Jodi Skaff, Catherine Woodman, Kelli Hemme, Rachel Peterson, Suzanne Harvey. **Second row:** Amy Miller, Rachel Peterson, Noreen Chowdhery, Rhonda Ratashak, Kelly Magoon. **Back row:** Carl Forsling, Sam Johnston, Cindy Hawley, Laura Orning, April Johnston, Ben Jackson.



**Concert brass and percussion.** **Front row:** Joe Newman, Rick Kirkpatrick, Katie Drake, Christine Evans, Jodi Berger, Raji Gandhi. **Second row:** Ed Jackson, Lia Pierson, Dan Jolly, Todd Boehlje, Mike Kavanaugh, Brent Hill, David Sedgwick. **Third row:** George Applequist, Matt Cable, Dan Anderson, Alicia Gilley, Gerald McConnell, Matt Douglas, Kevin Lee, Andrew Buttermore. **Back row:** Dan Dobson, Stuart Penny, Connie Hsu, Eric Wylie, Brent Weber, Jeremy Babcock, David Nickum.



**Concert Woodwinds.** **Front row:** Erik DeLuca, Eric Huang, Wendy Christensen, Kate Wilson, Amy Hausman, Sarah Harms, Cindy Harris, Suzi Hunger. **Second row:** Laura McKlveen, Derek Kruempel, Dan Kliebenstein, Anne Cheville, Vicki Tsai, Becky Rieck, Tony Landin, Becky Moore. **Third row:** Chris Nelson, Chris Goodwin, Chris Osslund, Sara Scott, Amy Mangold, Suzanne Klonglan, Sara McPhail. **Back row:** Jill Osweiler, Heide Greisch, Mike Patterson, Kari Rosenbush, Kirsten Royal, Beth Dinsmore, Rob Parrish.



# Exciting: Practice and competition brought harmony

-Kara Maehner

**/band/** A well-defined range of wavelengths, frequencies or energies of optical, electric or acoustic radiation. (-**The Webster's New Collegiate Dictionary**)

Besides this definition of band, its members drew their own conclusions about the group.

"I think there are really three types of people in band. The freshmen who have to be, the people who are really into it, and people like myself who like to play but don't take it that seriously," junior Tom Friedrich said.

For those who took it less seriously, out-of-school dedication to band was rare.

"I usually practice 30 minutes a week; some people practice an hour a night," senior Dan Kliebenstein said.

But no matter how much practice was done during free time, band members got the chance

**A**t a band lesson, sophomore Kerri Rosenbush practices in hopes of perfecting a piece. Band members attended lessons weekly with instructor Homer Gartz. (Photo by Jamie Watt)

It's incredible. I got goose bumps just listening to the sounds coming from other musicians' instruments. The music is so powerful . . . I saw a side of music that I had never seen before.

-junior Cindy Harris

to polish up on their music in their weekly lessons.

"Sometimes you don't have the time to practice at home, lessons give you more time to practice your music," freshman Sarah Coats said. "It gives you the chance to learn your parts right because the teacher is there to show you how."

To some, the instructional and competitive the opportunities that band offered, such as the All-State band contest, were unequal to ones offered by other activities.

"I really like competing in All-State. It's incredible. I got goose bumps just listening to the sounds coming from other musicians' instruments. The music is so powerful, when I went I saw a side of music that I had never seen before," junior

Cindy Harris said.

One thing seemingly all the musicians geared up for was the Veishea Parade in which the marching band competes every year.

"I think everyone is pretty excited because we compete against all the other bands in the parade," sophomore Vicki Tsai said. "We all just try to do our best."

One of the reasons they have been invited to be in the parade for so many years is because of the band's many achievements. And this year was no different as they placed first in the parade.

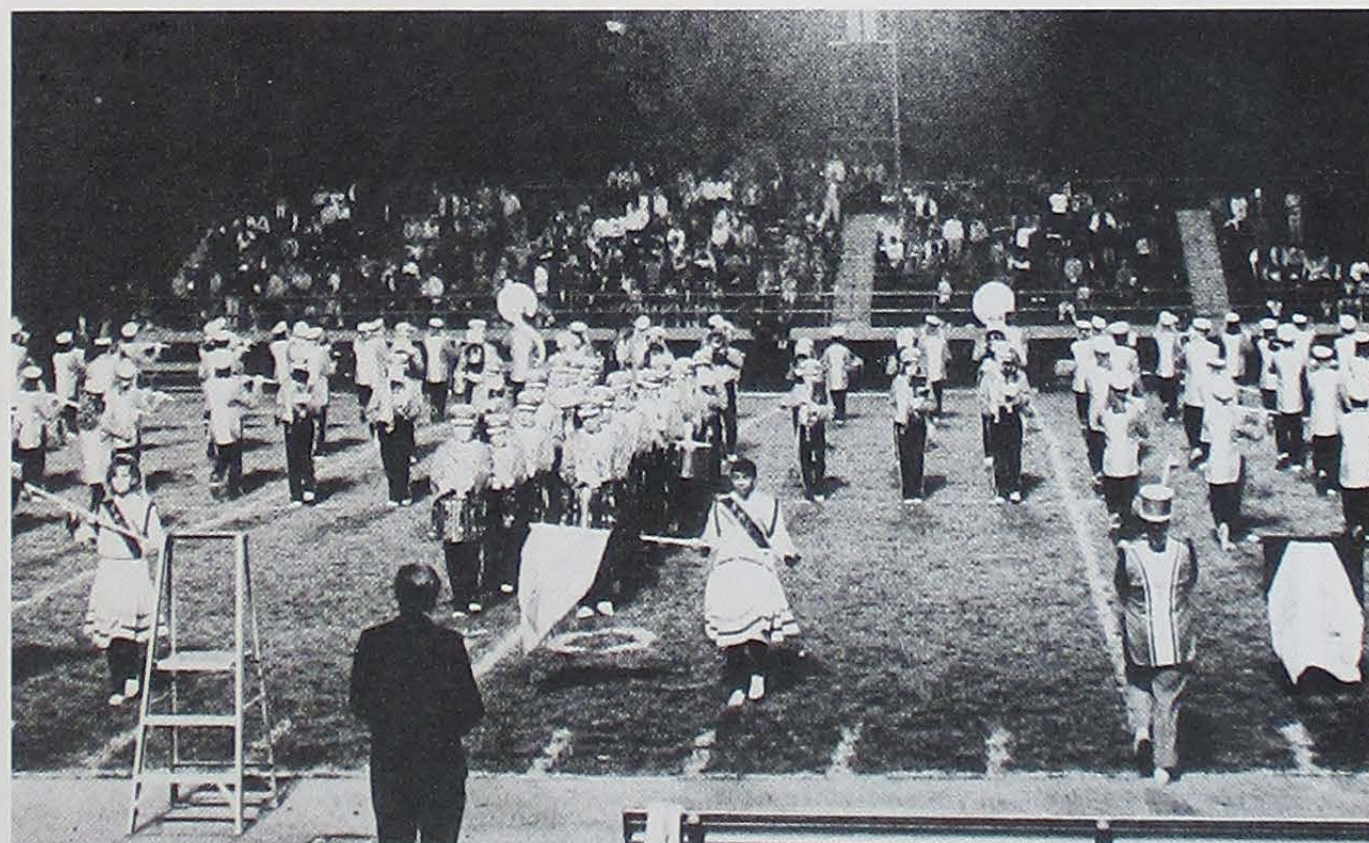
"The entire band is made up of people who want to play. This positive attitude prepares a group and carries through in their performances," band director Homer Gartz said.

Some felt the performances given by the bands at Veishea and at the concerts in fall, winter and spring could represent the band without words.

"When you come to a band concert you realize how people that are totally different can work together," senior John Okishii said.

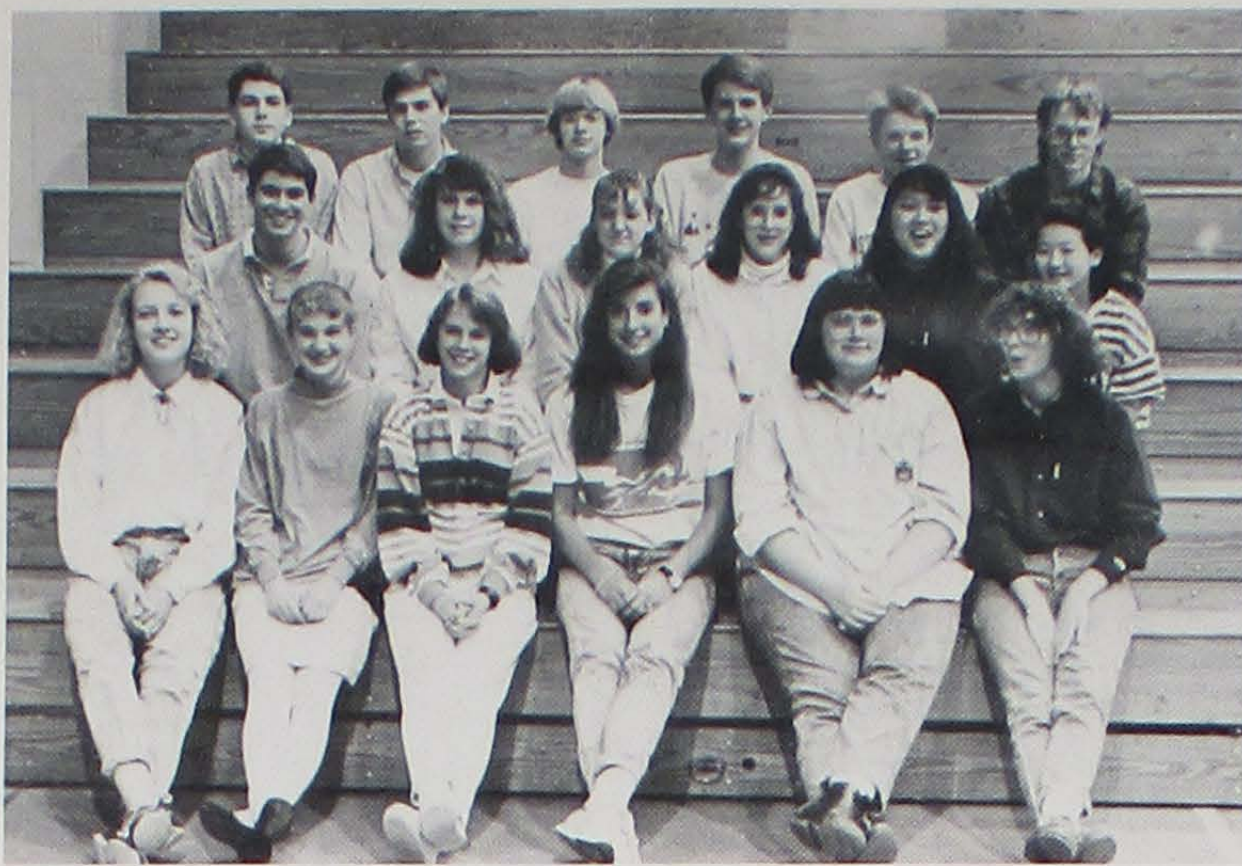


**Freshman Band.** Front row: Stacey Clouser, Amy Sweeter, Laura Young, Summer Knutson, Kathy Melvin, Ann Luttermore, Amy Leeman. Second row: Andy Homan, Solomon Abel, Paul Boyd, Matt Welch, Dan Salsberry, Tim Krogmer, Kari Nass, Jenny Goering. Third row: Sandra Deluca, Christy Phieffly, Sarah Coats, Cassie Biggerstaff, Jeanie Pugh, Vesper Brace, Jenny Gladon, Amy Wagner, Erika Helmuth. Fourth row: Marc Maehner, Bryce Freeman, Matt Haubrich, Mark Milleman, Becci Peterson, Kjersten Johnson, Kate Goudy, Kori Heuss, Amy Sheets, Lisa Moore, Dawn Sibbel. Back row: Matt Abbott, Mark Strahan, Jamie Lang, Jason Swift, Jason Morris, Mike Amtahr, Matt Thomas, Renee Ripp, Holly Anderson, Karin Klocke, Emily Olson.

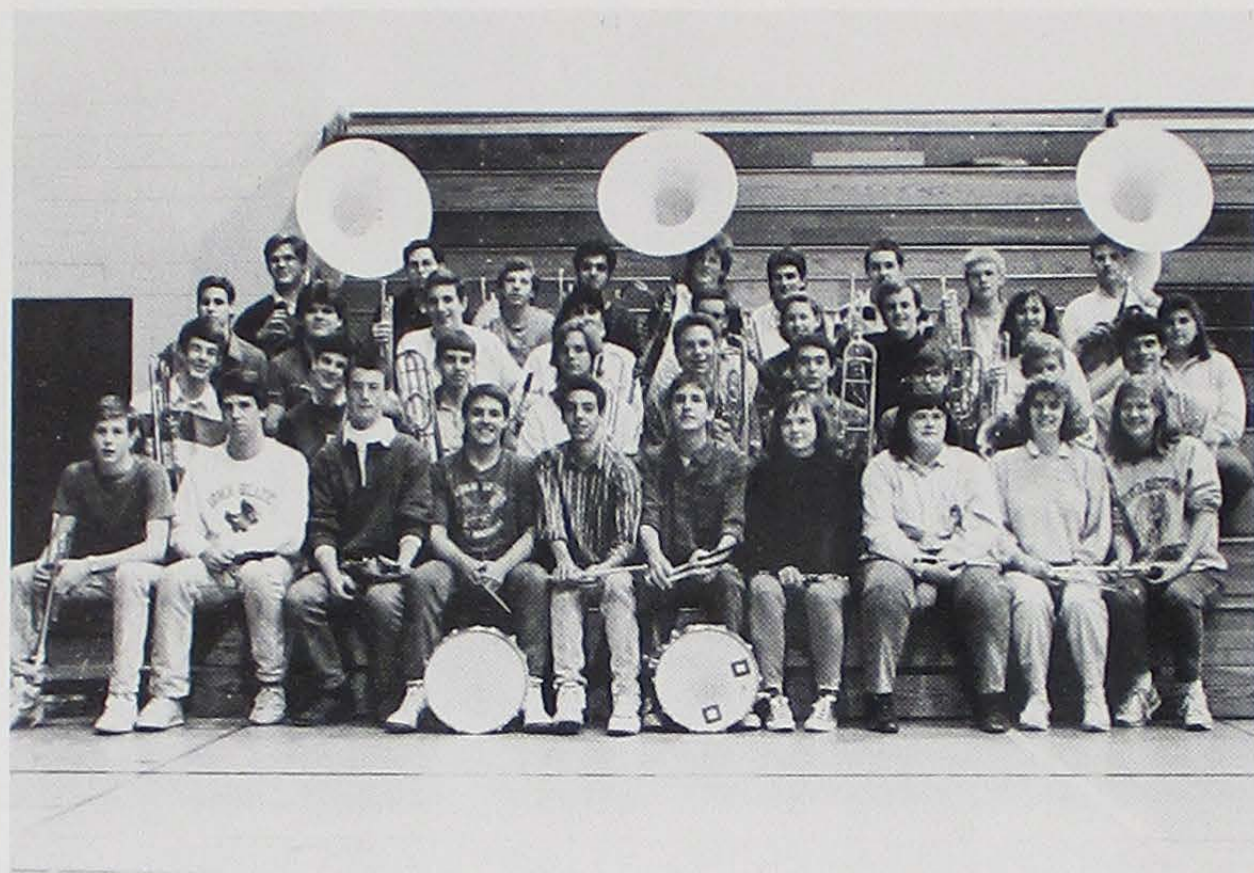
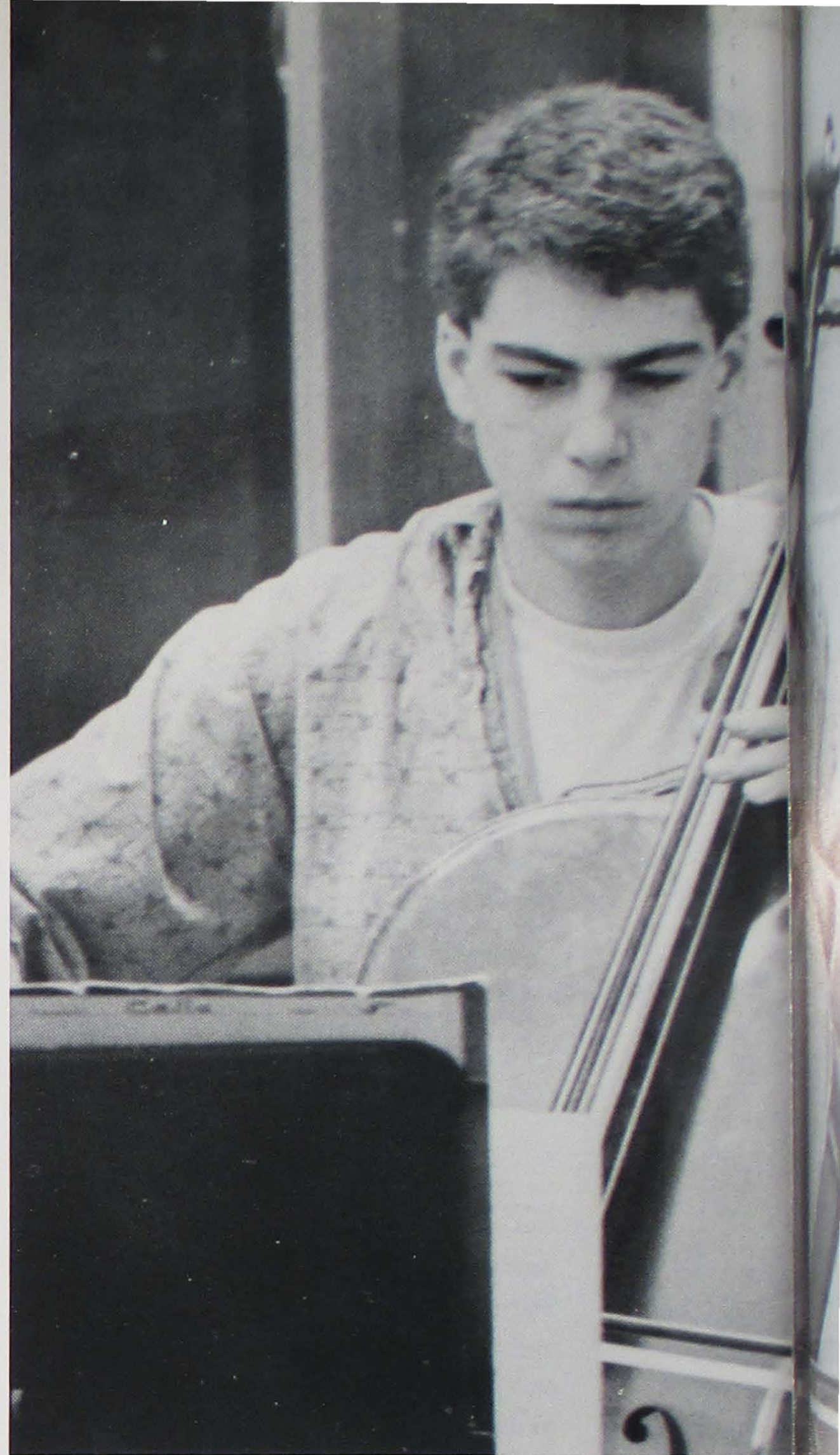


**M**arching at the halftime of an Ames High football game, the band rotates into a formation under the direction of Homer Gartz. (Photo by Jamie Watt)





**Orchestra.** **Front Row:** Catherine Woodman, Nikki McCubbin, Susan Owen, Sharon Miller, Sara McPhail, Kristin McGinness. **Second Row:** Mark Robinson, Solveig Johnson, Leigh Martin, Christine Willard, Wendy Huang, Michelle Goodwin. **Back Row:** Chris Dieter, Joe Kuhl, Tim Hoekstra, Jeremy Babcock, Randy Peterson, John Percy.



**Pep Band.** **Front Row:** B. Langston, D. Kliebenstein, D. Kruempel, B. Goodwin, S. Litchfield, J. Babcock, S. Harms, S. McPhail, S. Klonglan, R. Peters. **Second Row:** G. McConnel, A. Buttermore, M. Douglas, D. Anderson, T. DeJong, N. Zaring, S. VanDeusen, G. Applequist, E. Jackson. **Third Row:** E. Deluca, C. Goodwin, C. Forsling, K. Rosenbusch, D. Jolly, K. James, T. Friedrich, J. Berger, K. Drake. **Back Row:** S. Penny, R. Kirkpatrick, P. Clausius, R. Gandhi, D. Dobson, D. Sedgwick, B. Hill, J. Newman, T. Senne.



**Flag Corps.** **First Row:** Medina Warren, Ife Fadeyi, Jenny Trumpy, Krista Osterberg, Shawn Dorr. **Back Row:** Stephanie Coon, Lisa Elbert, Kelli Hemme, Florann Ramsey, Susie Taylor.



**Dixieland Band.** **Front Row:** Tony Landin, Katie Drake, Dave Sedgwick, Steve Litchfield. **Back Row:** Dan Dobson, Matt Douglas, Dan Anderson.



# Opportunity:

Groups allowed students creativity in activities

-Kim Carey

"Band. Oh, that's where a bunch of people get together and play lots of different instruments." What many people didn't realize was that band consisted of so much more than just "playing instruments." Playing an instrument or being interested in music gave students the opportunity to be involved in a variety of individualized groups.

Playing in the jazz band often allowed students to miss class. Getting out of school, along with having practices only once a week were seen as definite advantages of jazz band.

"Jazz band has about 20 people in it and we only meet once a week. It's cool because we play for a lot of different organizations and we get out of school all the time," junior Andrew Buttermore said.

The fact that the members of flag corps got to choreograph

"The cello is the fourth instrument I've played. I used to play the flute, piccolo and oboe; I'm concentrating on orchestra now," sophomore Chris Dieter said. (Photo by Lanai Byg)

It's fun . . . the actual performance is definitely the best part. It feels great performing something that we've worked so hard on for such a long time.

-senior Ife Fadeyi

and perform their own routines made being a part of the group exciting.

"It's fun because we get to choreograph the routines we perform," senior Ife Fadeyi said. "The actual performance is definitely the best part. It feels great performing something that we've worked so hard on for such a long time."

Being in charge of the group made participating in Dixieland Band a challenge for senior Dave Sedgwick.

"Dixieland band only has two trumpets, two trombones, one clarinet, one tuba, a saxophone and drums. Because of that, it is very individualized. Instead of Homer Gartz directing the band

I do. That creates a much more casual atmosphere," Sedgwick said.

Being allowed to shed the traditional uniform and wear "civilian clothes" was one highlight of pep band.

"The best thing about pep band is that we don't have to wear uniforms. We get to play at the fun events like sports kick-offs, varsity basketball games and pep assemblies," junior Tollif DeJong said.

Meeting a variety of people and taking trips to various concerts were strong points for some members of the orchestra.

"There are a lot of really neat people in orchestra. The members are all really different; there's a lot of variety," freshman Mark Robinson said. "We get to take trips too. We went to Cedar Falls for a contest and stayed over night in a hotel. It was a lot of fun."

From choreographing their own routines, to taking interesting trips, band members took full advantage of the opportunities given to them.



**Freshman Jazz Band:** Front Row: Jennifer Gladon, Jennifer Goehring, Kari Nass, Summer Knudtson, Amy Wagner, Cassie Biggerstaff, Sarah Coats. Back Row: Mark Strahan, Marc Maehner, Mike Amfahr, Jamie Lang, Mark Milleman, Matt laubrich.



**Jazz Band:** Front Row: Eric Huang, Erik Deluca, Rob Parrish, Tony Landin, Jill Osweiler, Jeremy Babcock. Second Row: Peter Fatka, Brent Hill, Christine Evans, Katie Drake, Dave Sedgwick, Jody Berger. Back Row: Matthew Douglas, Kevin Lee, Gerald McConnell, Dan Anderson, Andrew Buttermore.



# Study parties helped ease the pain

-Kim Carey

The fact that the words study and party are opposites makes a study party a definite oxymoron. Most students found that trying to study with friends, even in the right atmosphere, accomplished little more than catching up on the latest gossip.

"Sometimes my friends and I go to the library to try and study, but once we sit down we start talking and we can't concentrate," sophomore Kim Oldehoeft said. "It's easier for me to study with just one friend, that way we can discipline each other."

Some students felt that they needed to be completely alone in order to get anything done.

"I tried to study with one friend right before finals but it didn't work; we didn't get anything done. We just started talking and before we knew it the night was over," freshman Amanda Cooper said.

Along with the temptation to chat, the fact that students had different study techniques also made it difficult to accomplish anything worthwhile when studying with a group of friends.

"I can't study with a lot of people. Even when I'm in class I can't get stuff done unless it's completely quiet. I need to be by myself, that way I don't have anyone to talk to," junior Michelle Hoover said. "It helps me to study alone because then I can study the way I'm used to and not the way everyone else is used to."

While chatting was an obvious problem, some students found that having their friends there did help them.

"My friends can help explain things to me in a different way than the teachers do. It's easier to understand my friends because they speak to me in English," junior Eldree Baer said.

If gossiping was what students wanted to do, they simply grabbed their books and headed over to a friend's house to 'study.' If some serious studying needed to be done . . . students often stayed at home.

"Getting together with friends makes studying more enjoyable, but it's hard to stay on task. We usually don't get anything done," freshman Brian Parks said. (Photo by Amanda Jones)







# First class fiestas

-Steve Wuhs

Need a break? Class getting you down? There's a way out! Just beg your teacher for an in-class party. A lot of students were surprised to learn that their teachers would sometimes put their lesson plans on hold for worn out students.

Parties were given for a number of reasons including birthdays, holidays, certain units, or even for no reason at all.

"All you have to do is remind the teacher that the holiday is

**D**uring a class trip to Taco Time, Spanish teacher Barbara Peterson cuts a birthday cake given to her by her fifth period class which included junior Gretchen Vogel. (Photo courtesy of Barbara Peterson)

coming, brownnose a little and you can get a party," junior Brian Krausman said.

When students got control of the class, they went all out. Festive decorations and music added to the party atmosphere.

"Besides the election stuff around the room, they brought red and blue Kool-Aid and a cake that looked like the American flag to a party in history," sophomore Brandee Griffin said.

Although many classes threw parties, some got away with it more often than others. Among the most frequent party-goers were Spanish classes and the "Spirit" staff.

"We have birthday parties every month, and a lot of people

that aren't on staff stop by. I think it's a subliminal way to make people think 'Spirit' is fun and not hard work," staff member senior Sarah Post said.

Many teachers objected to parties in class, but others found easy justification.

"For the most part, my students work hard and I think they deserve a treat. There's also usually a theme and the party's culturally oriented," Spanish teacher Barbara Peterson said.

Students found that these parties served several purposes: 1) to forget about upcoming tests, 2) to stall progress in class and most of all 3) just to have a good time.

# Help was here

-Jennie Jones

Finding the volume of an eight-sided irregular polygon. Figuring out if the north-bound train or south-bound train is faster. Determining the campaign strategies of Barry Goldwater.

"No problem" for some people, but to others the answers weren't so obvious. In order to better understand the mysteries of physics or the complexities of government, some students sought the help of tutors.

"I had problems in history, so I signed up for help from the 'A-team'. I then started doing my homework so my grades im-

proved," sophomore Chris Van Auken said.

No, the "A-team" wasn't a bunch of ex-servicemen who blew away the bad guys once a week on TV, but rather teachers and volunteers who helped students in specific subject areas.

The program was started by counselor Clemmye Jackson at the beginning of the year.

"I saw there was a need for a tutor program to help students who were having problems in some of the tougher subject areas. So I organized the 'A-team'," Jackson said.

Many teachers were willing to put in the extra time to help their students either before or after school.

"I tutor about seven to eight students two days a week in biology. I enjoy helping students who are willing to give the extra

effort," teacher Kirk Schmaltz said.

As a result of the program, many students gained some understanding in classes that had previously baffled them. There were sessions for most of the tougher courses at school, such as government, U. S. History, physics and biology.

"I knew government was going to be hard for me, and I also knew I needed to do well in it. So when my teacher told some of the students having difficulties about the 'A-team', I decided to go," senior Susan Frank said.

Now previously perplexed people laugh when asked about the velocity of steel balls. Misguided mathematicians scoff at  $(x+y) \times (a-b)$ . And when asked about Franklin Roosevelt's decision to run again in 1940, they just say "no problem."

**P**utting in extra hours, tutor Jean Miller helps out sophomore Cindy Hawley with U. S. History after school. (Photo by Quentin Crowner)



# Prolonging the agony

-Shelley Countryman

It was late Sunday night and the textbooks left untouched since Friday were finally opened. If this scene was familiar, then you joined the ranks of students who practiced the art of procrastination.

Procrastination, putting off until tomorrow what should be done today, was done for different reasons.

"Homework is too boring of a task," senior Kim Konechne said. "When I'm told to do something, I tend to turn against it. I like to do things by my own free will."

For some students, frustration caused procrastination.

"I usually get frustrated with

a subject, so I give up," junior Wendy Huang said.

Additional homework was another cause of procrastination.

"My procrastination habits have gotten worse because I get more assignments," sophomore Jason Madison said.

Other students simply modified their habits.

"I can do things faster than before, so I can start later, or sometimes I do things early in the morning," junior Raji Gandhi said.

Getting up before the sun was only one of many consequences of procrastination, another was guilt.

"I like to stay ahead in my studies. When I procrastinate, I look back and say, 'Why did I do

that?'" freshman Mark Robinson said.

Many students procrastinated because high school sports, drama, music and clubs took up time that otherwise could've been spent on homework.

"There are more fun activities to do, like go to basketball games, that I was never interested in before," sophomore Staci Hendricks said.

Doing everything one wanted to was not always possible. Students found ample opportunity to practice mastering the art of procrastination.

Instead of doing their homework during seventh period, juniors Ken Doran and Brian Krausman lounge and discuss weekend plans in the media center. (Photo by Chuck Bevolo)



# Preparing to test

-Michelle Rayhons

What did a typical high school student do on a Friday night? (A) roam around the city until 12 a.m. or later; (B) stay at home; of (C) study.

If it was the night before the ACT or SAT, answers varied. Common responses were (B) and/or (C), but not always.

"I went out the night before. It was no big deal. I just sort of took it," junior Steve Wohn said.

Other students thought the tests were a big deal, but didn't study regardless.

"I didn't study. It's a general test of knowledge; you either know it or you don't," senior Patrick Marley said.

Many students agreed with him; you knew it or you didn't.

"I did well on the PSAT so I figured I was pretty well set,"

senior Kendra Willson said.

But not everyone had that type of confidence. Some felt they would benefit by studying.

"Studying for the SAT math helped. The actual test problems were the same as the ones on the practice test, but with different numbers plugged in," senior Noah Zaring said.

Studying didn't necessarily make the tests seem easier for everyone though.

"I went over the books, but I have a hard time studying for these tests. It's hard to take a test that can determine your life for the next four years," junior Jill Wall said.

Many students worried about their test scores, especially if their scores didn't meet their expectations. Some even attended camps in order to improve them.

"I didn't do well the first time,

so the summer after my junior year my parents sent me to an SAT camp in Chicago. I didn't want to go, but it improved my score by 150 points," senior Sara Scholten said.

"Tests scores are important, especially when applying to prestigious colleges," senior Sindy Pang said.

Some students worried themselves sick over the tests while others didn't give them a second thought, but regardless of their attitudes ACTs and SATs were a major requirement for students interested in higher education.

Realizing the importance of his ACT test scores, junior Rob Parrish look over test materials in the math IMC prior to taking the exam. (Photo by Michelle Rayhons)





# Classes that challenged

-Connie Hsu

Challenges. People faced them every day. And for some students being challenged academically was important. Reading, understanding, writing, applying and learning were all components of a successful education, and a part of the honors and advanced placement (AP) classes. These classes challenged students beyond the scope of required curriculum.

"I wanted to go beyond the amount of information covered in regular classes and really get into the details of the subjects. I really wanted to be challenged," sophomore Sumit Basu said.

Many students found that in order to succeed in honors and AP courses a lot of extra work was required. But students also discovered that the benefits often outweighed the extra effort.

"Certain aspects of honors (classes) are really challenging. You have to put a lot more time, effort and thought into them, but you also get a lot more out of them. I really learned a lot from the honors classes that I took," junior Josh Murphy said.

One aspect of honors and AP classes that challenged students the most was the level of difficulty in the assignments.

"The (honors) teachers' expectations are really high, so we have to work pretty hard to live up to them," sophomore Wyn

Huntington said. "There's not necessarily more homework, but the homework we do get is really challenging."

For some students, honors and AP courses were appealing as a means of preparing for college careers and the future. Looking ahead was a major part of planning a class load.

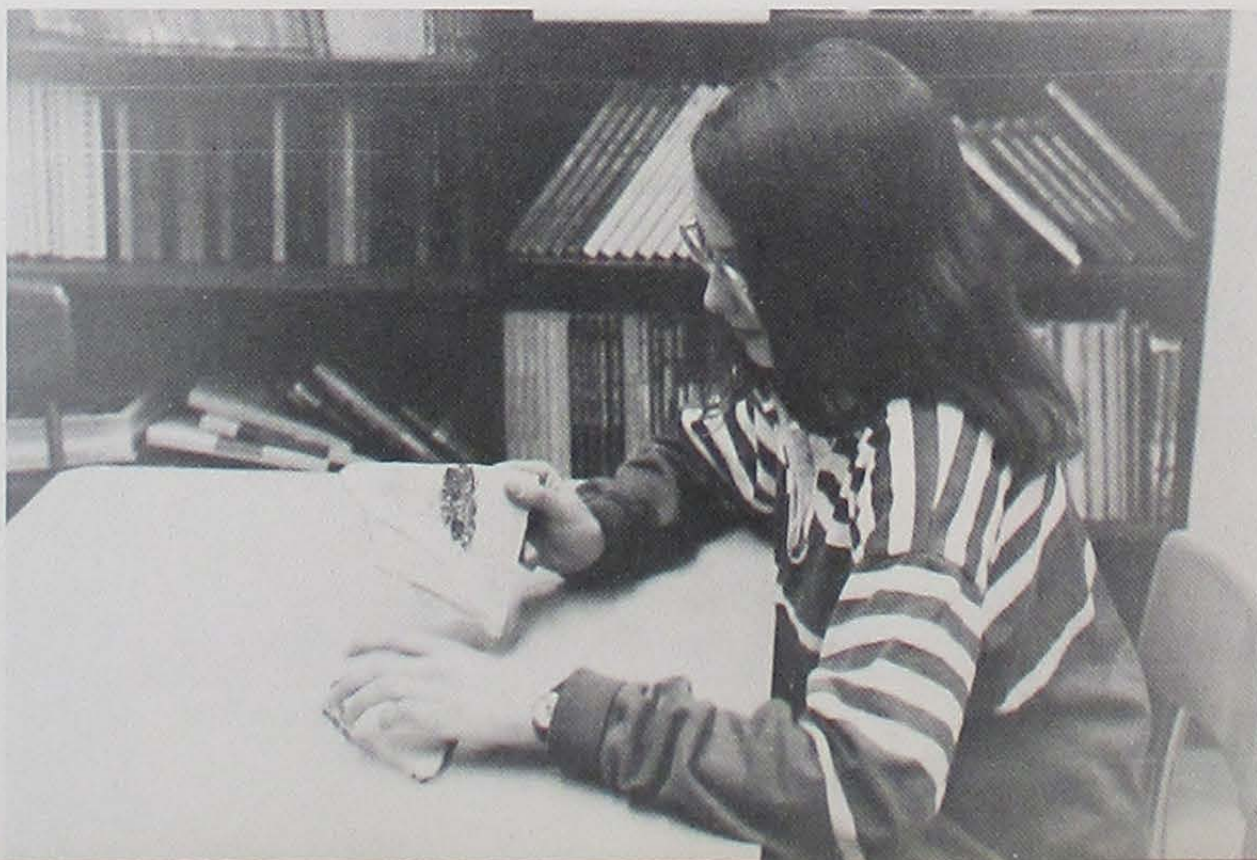
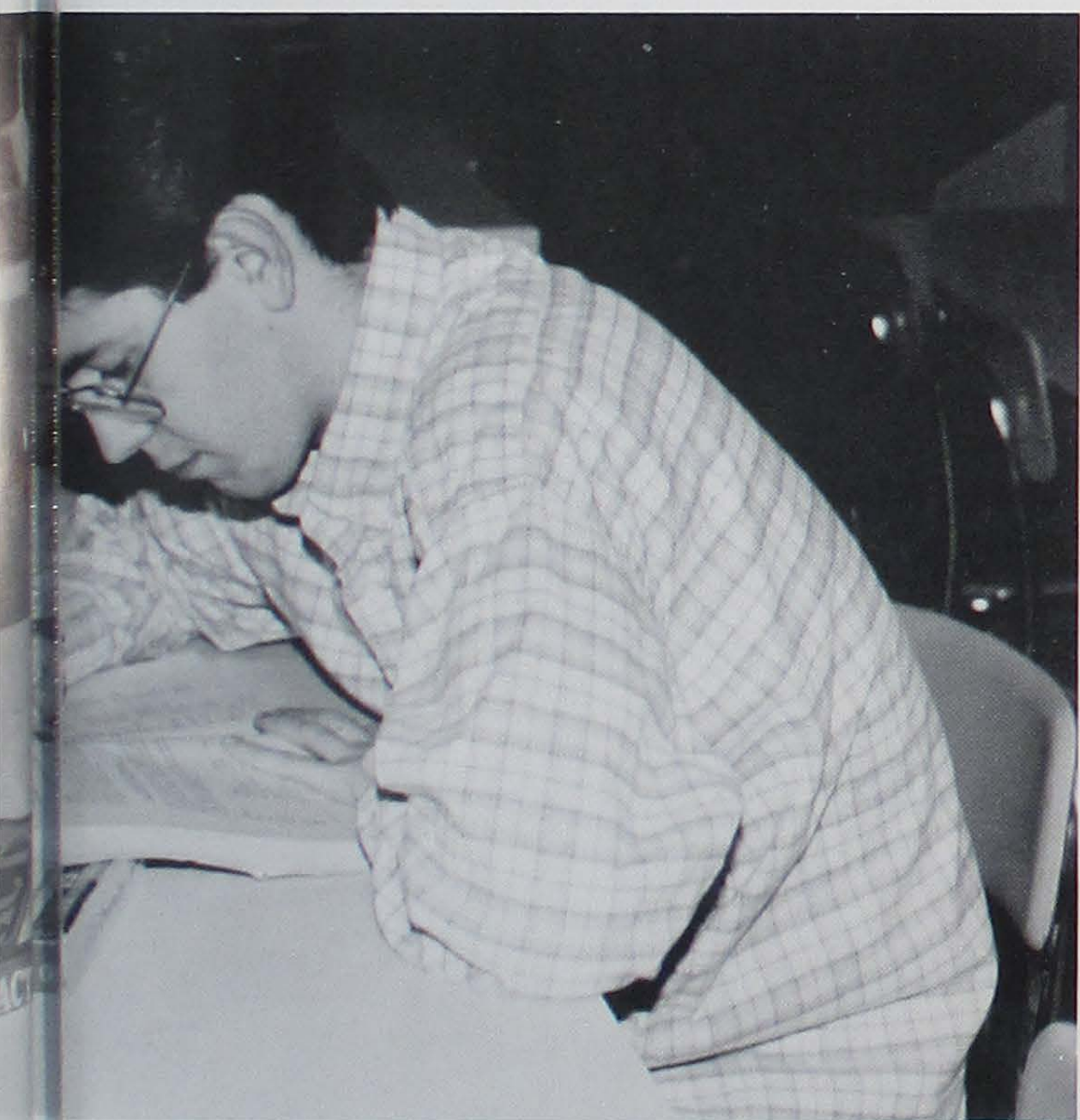
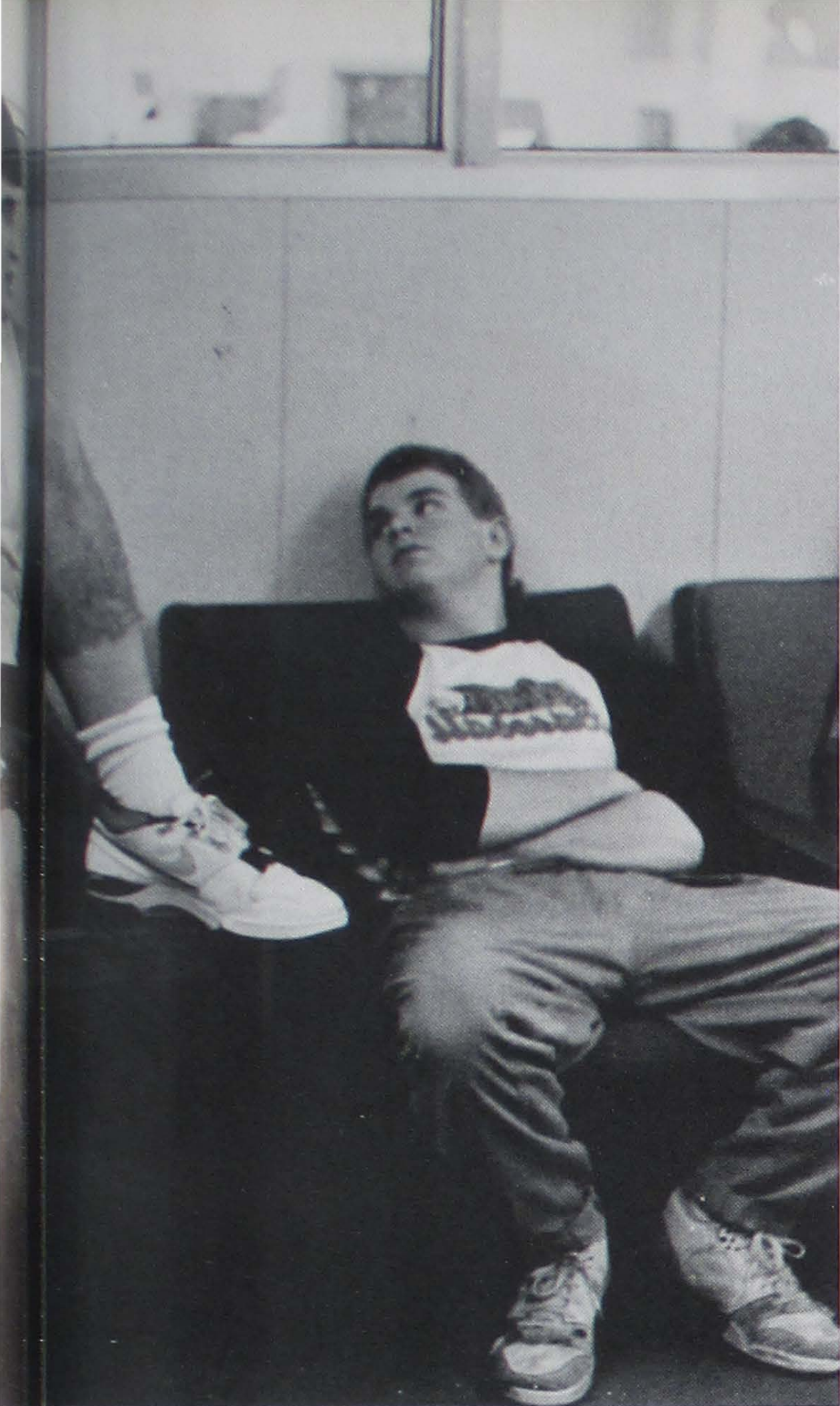
"I took honors classes because when you apply for college, they really look to see if you were challenged in high school," senior Sindy Pang said. "Taking honors and AP courses shows you're willing to work hard and apply yourself."

Other students chose to take honors and AP classes simply because they liked the subject and wanted to learn more about it.

"I really enjoy AP Senior English because it's a good opportunity to get your own ideas out into the open and discuss them," senior Elizabeth Cummings said.

Despite the challenging work load and often difficult subject matter, honors and AP courses gave students a chance to advance in areas they enjoyed studying, or just get a head start on the future.

**S**tudying a fish fossil she found in Wyoming is sophomore Rachel Stansbery. Stansbery was enrolled in one of AHS' honors courses, Honors Biology. (Photo by Quentin Crowner)





*Get A Move*

# On It

*"W*

ow! Get a load of this . . . for the second year straight the varsity football team beat WDM Dowling to share the Metro title. They continued their reign all the way to place within the top eight teams at the Class 4A state championship playoffs."

"Yeah, and remember how the football team sang 'Loyalty' after every victory? And how about those Little Cyclone fans, especially the 'pumpkin-heads', who spent their Friday nights both here and away supporting the teams by yelling their brains out?"

"Yeah, but sometimes we got a little out of hand and yelled the wrong things, like at the hockey games. Parents even had to hand out notices saying that they appreciated our support, but to clean up our language."

"It wasn't a serious problem though. Do you remember the saying made famous by another group of fans, the cheerleaders?"

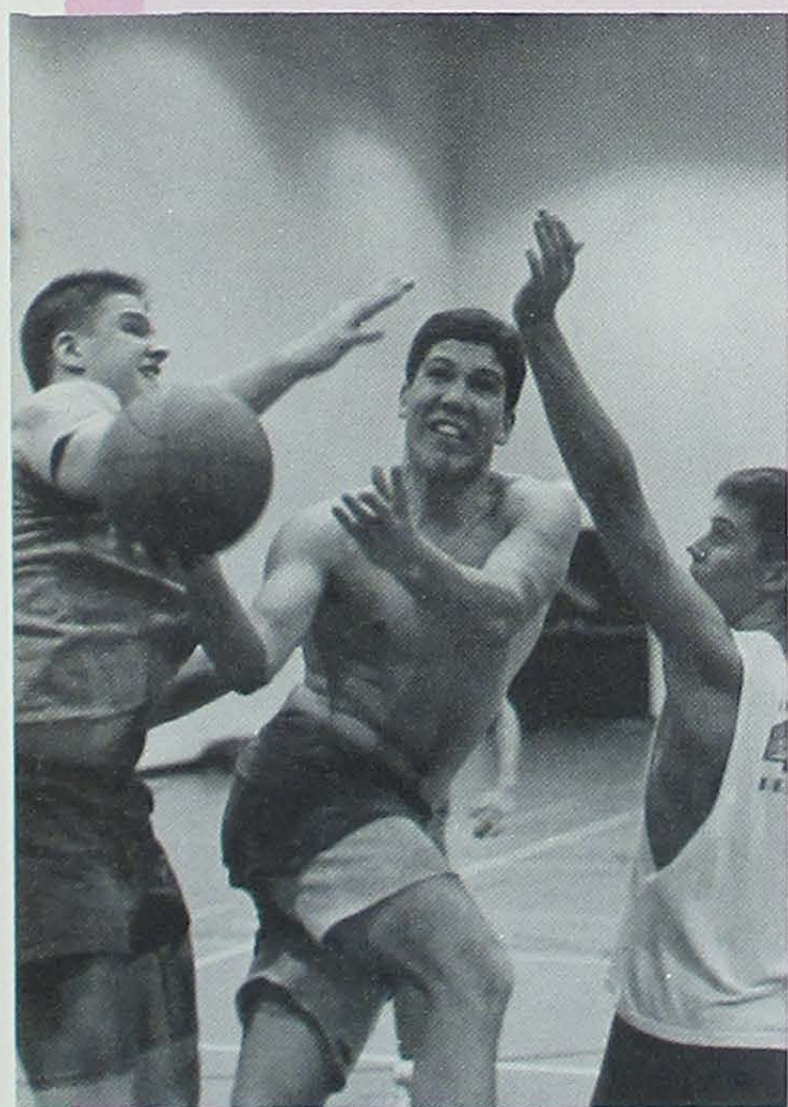
"No, I don't think so, you'll have to remind me. But I do remember the awesome volleyball season — they 'set' their best record, 33-3-6, and captured Ames High's first volleyball Metro title."

"On the other hand, about the only thing people set during intramural volleyball was a record low attendance rate."

"Talking about low attendance, the gymnasts had no attendance at all. In fact there wasn't even a team because the state dropped it as a sport due to the high cost of liability insurance."

"Are you serious? Well, what about the cross-country teams' kooky antics: the girls "forking" Coach Schmaltz's front lawn, and the boys' initiation for freshmen? Even though the teams knew how to have fun, they also took things seriously and both teams ran away with third place finishes in the Metro."

"Well hey, enough gabbing. We don't want to miss out on all the rest of the action — let's GET A MOVE ON IT!"



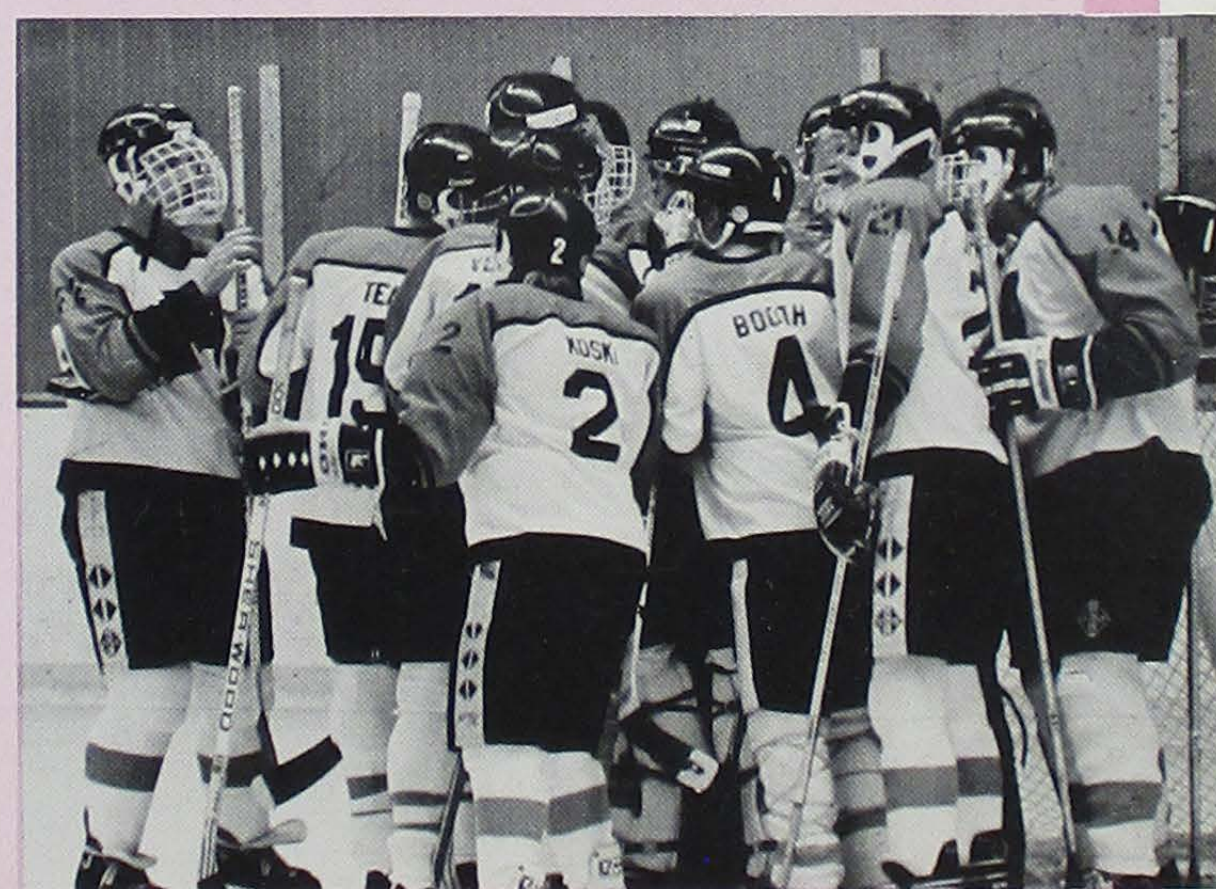
With a grimace, senior Brad Abendroth tries to shoot around junior Jason Berg and senior Bill Reece during the January 18 men's I-Ball game. (Photo by Doug Adams)







“Ames High, Aims Hi . . .” Senior varsity cheerleaders Whitney Olson, Cari Bauman and Kim Koch perform “Loyalty” during a pep assembly before the DM Roosevelt football game. (Photo by Carrie Stidwell)



Gathering at the goal, the Ames High Hockey Club prepares to battle Sioux City. Hockey wasn't considered an official school sport, but many AHS fans attended the home games. (Photo by Chuck Bevolo)

Surrounded by WDM Valley players, freshman Seth Anderson attempts to shoot for two. The freshman team won the January 12 home game, 57-31. (Photo by Doug Adams)



# Support from friends and teammates *Brought out the best*

-Connie Hsu

Girls' cross-country was a sport beyond a sport. Not only did runners benefit by being physically fit, but they achieved many mental gains as well. A positive mental attitude was the key to a good run, and this mentality helped the girls on the team achieve their own personal and team goals.

"To be in cross-country, you have to be committed, hard working and have a good mental capacity," senior Sephe St.Charles said. "You can build up your physical strength gradually, but you really need a good mental attitude to succeed."

Being mentally healthy was important for fulfilling goals in cross-country, and mental outlook often determined the outcome of a race. Many runners agreed that cross-country required more mental concentration than physical commitment.

"You can make or break a race with your mental attitude. Running as part of a team really builds up your self-confidence," sophomore Melyssa Thomas said.

The support of teammates was an important factor in competitions and meets. Runners said that team unity helped keep the team together through the season, and that running with the support of friends gave them extra confidence.

"In cross-country, you're not running for yourself, you're running to help the team's common goals," junior Anne Cheville said.

Daily practices were important as well. Not only did they keep the runners in shape physically and mentally, they also gave the girls a chance to be together as a team.

"All of us talked to each other a lot during our practices, so we got to know everyone really well. The atmosphere was really friendly," freshman Katie Barnhart said.

The team practiced six days a week. This included running four to five miles each day after school and on Saturdays. Strong friendships often developed from the time shared by the team members.

"The team goes through so much together that, feeling the support of your friends, it really eases the pain. Each person has highs and

lows. Your teammates are there with you not only through the highs, but also through the lows," sophomore Heather Callison said.

That teamwork helped the team place third at the Metro Conference meet October 13 and sixth at the state meet October 29, both at Veenker Golf Course in Ames.

But regardless of wins and losses, many runners on the team said they enjoyed participating in cross-country just for the fun of it.

"The most important thing at the end of the season was that we improved. Cross-country is unique among sports, because other sports are so competitive, and in cross-country the members are united as a team," sophomore Jami Stiles said.

The sport challenged the girls both physically and mentally, but it was a challenge each one was willing to face.

**C**oncentration shows on the faces of sophomores Jolyn Brakke and Shay Grundmann, junior Tami Carmean and sophomore Janel Brakke at the state meet October 29. (Photo courtesy of The Daily Tribune)



**A**nd they're off! Junior Anne Cheville and sophomores Shay Grundmann, Jolyn Brakke and Janel Brakke begin the race at the Ames Invite September 3. (Photo by Dan Ketelsen)

**P**ushing herself to overcome her opponent, sophomore Steph Alt races for the finish line at the Ames JV meet October 10. The JV team placed second. (Photo by Dan Ketelsen)



**Girls' Cross-Country.**  
**Front Row:** Allison Campbell, Anne Cheville, Jenny Bernard, Melyssa Thomas, Tara Hensley, Rhonda Ratashak, Cindy Harris, Jolyn Brakke, Robyn Renz. **Second Row:** Tami Carmean, Steph Alt, Diane Dubansky, Heather Callison, Kelley Halliburton, Katie Barnhart, Tracy Rogers, Wendy Zenor, Jami Stiles, Janel Brakke. **Back Row:** Chris Clatt, Wendy Stevenson, Sephe St.Charles, Shay Grundmann, Asst. Coach Dawn Lynch, Coach Kirk Schmaltz, Asst. Coach Christie Dorsch, Susan Cook, Annie Weltha, Neila Anderson, Ashley Myers.



## But Seriously

-Annie Weltha

"Why did you go out for cross-country?"

This was a question the girls on the cross-country team had been asked a thousand times. But it was a difficult question to answer, and I never really knew what to give as a response. Sometimes at 6:30 a.m. Saturday morning practices, I found myself asking the same question. After some deep thought, I have finally come up with a response.

Cross-country was more than just a mental and physical torture for me. It was a real challenge to face, and I had to overcome many obstacles to achieve my goals. But after running in meets I often received a feeling of great self-satisfaction. If I ran my hardest and gave it 100 percent, I felt really good at the finish line, no matter where I placed in the standings. Winning and losing wasn't the most important thing in cross-country.

Each race I ran was a real mental challenge. Because cross-country is a sport that is 90 percent mental and only 10 percent physical I needed a lot of support from my teammates and my coach. I really had to be mentally prepared to run the races. Towards the end of the season the team really pulled together and everyone on the team gave each other a lot of encouragement to make it through.

At the beginning of the season, Coach Schmaltz had said, "The worst thing that can happen is we'll end up being friends." And we all found out he was right. We did all become friends, and our friendships were built out of respect for each other. I had a great respect for anyone who could tough it out and give it their best. These friendships are the kind that will last, and I know I'll never forget them.

In cross-country, there's nothing like a great team to give you the support you need to achieve your goals. ▲



### Girls' Cross-Country

1 first place

Opponent	AHS/Opp
Ames Invite	3rd
Cedar Rapids	6th
Tom Karpan Invite	2nd
Indianola Invite	3rd
Ankeny	2nd
Metro Conference	3rd
Ames JV	2nd
District	1st
State	6th



# Jokes and teamwork helped runners *Strive for the finish*

-Stacy Morford

Every day was April Fools' with the boys' cross-country team. As soon as practice started, the pranks popped up.

The season's jokes began with the freshman initiations and didn't stop.

"The best initiation was when the team handcuffed Jason Burris to a light pole at the corner of 13th and Ridgewood. It was funny until a city worker took away the handcuffs and complained to Coach (John) Sletten," senior Todd Kibsgaard said.

Getting bored with practice, the team would often sneak off during their road runs.

"Sometimes we would bring a football along and we'd stop at Brookside and play. Sletten would get so mad when he found out!" freshman Jason Burris said.

Their games were fun, but occasionally the team's antics got them into trouble.

"Once we mixed up all the locks in the locker room and hid them in the bottom of someone's locker. Mr. Tramp busted us and we had to plant shrubbery for seven hours to redeem ourselves," junior Garth

Dolphin said.

Although the team enjoyed pulling outrageous stunts, they still possessed the teamwork and determination to win.

"We were out there every day together trying to give 100 percent to improve the team. Cross-country demands a lot from each person and requires support from the entire team," sophomore John Ramsey said.

Their coach, John Sletten, was tough with the runners and their workouts, and could fire them up for any meet.

"Steve Beaudry was sick and felt really down at the Ankeny meet, but Coach Sletten got on his case, and he ended up running one of his best races," junior Tom Joensen said.

The team members also helped each other as best they could, and even the least experienced runners could always hear a cheer.

"As freshmen, we struggled a lot because we didn't know what to expect, but Coach Sletten and the other runners were always there encouraging us," freshman Colin Brennan said.

The varsity team was young,

comprised of one senior, four juniors, a sophomore and a freshman.

"When we (the juniors) were freshmen, we set ourselves a goal that by the time we were seniors we would take State. It's looking better, and I still think we can do it," junior Brian Campbell said.

Somewhere between the jokes and reality, the boys' cross-country team pushed their way into third place in the Metro Conference, and fifth place in the state. Their top runners, Campbell and junior Dan Bergan, finished with rankings of 18th and 27th.

"Any team should be satisfied with a fifth place finish at State, but I believe that we really could have done much better," Sletten said.

Overall, the varsity team held a record of five first place finishes and two second place finishes during the season meets. The junior varsity team swept the season undefeated.

"Overall we had a really good year. We started off well and kept it up through the season, pulling out even a little better than we were expected to. There were a lot of surprises and a few disappointments, but in the end, we had had a lot of fun," senior Blair Greimann said.

## Varsity Boys' Cross-Country

5 wins, 3 losses

Opponent	AHS/Opp
Little Cyclone Invite	1st
Cedar Rapids Invite	2nd
Tom Karpan Invite	1st
Indianola Invite	2nd
Ankeny Invite	1st
Marshalltown	1st
Metro Conference	3rd
District 3A	1st
State 3A	5th



**Boys' Cross-Country.**  
Front row: D. Sedgwick, J. Ramsey, G. Willey, J. Burris, B. Greving, A. Lehmkuhl, M. Willard, E. Martin, C. Brennan, M. Fashbaugh. Second row: B. Sanache, C. Nelson, B. Campbell, D. Bergan, N. Block, G. Applequist, A. Farrier, D. Roe, C. Toomson, J. Swift, E. Bibler. Back row: Coach Beatty, Coach Sletten, G. Dolphin, B. Greimann, K. Thompson, R. Netusil, B. Callison, T. Joensen, S. Beaudry, C. Andrews, T. Kibsgaard, M. Stevemer, A. Doyle, J. Gowdy.





After placing third and fifth in the dual meet against Marshalltown at River Valley Park, junior Steve Beaudry and senior Rob Netusil catch their breath. (Photo courtesy of The Daily Tribune)

Neck and neck, runners sophomore Matt Stevermer and freshman Brian Greiving race for the finish line at the Little Cyclone Invitational at River Valley. (Photo by Dan Ketelsen)

## But Seriously

-Blair Greimann

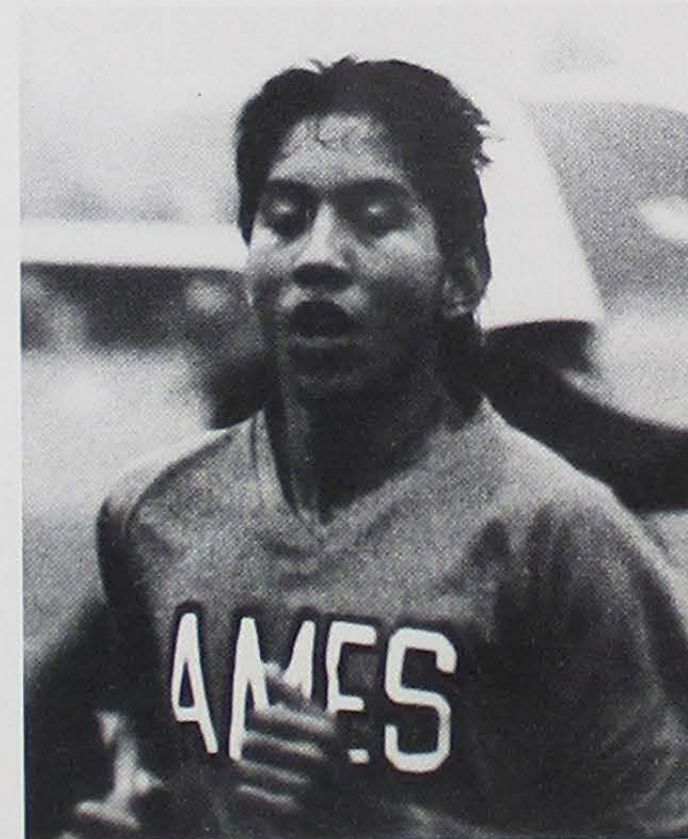
"What?! An 11-mile practice! J.S. has finally gone insane."

Our coach had gone mad. We were positive. There would be no way we would survive; we would go out and never come back; our legs would fall off.

To our surprise, we did make it. We endured the entire season. There were times when we didn't feel like running and felt so tired that we could sleep while running. But not one of us regretted the season or wouldn't do it again.

Oddly, there were many interesting qualities about the season. First of all, no one complained about running time, everyone seemed satisfied with the amount they got. Secondly, there were no coach favorites (OK, maybe Bergan was) and each individual had a fair chance to run at the top. One's position was entirely up to the individual. A little work could move anyone up from the worst to one of the best, no matter what the coach or others believed his talent to be (just ask Kirk Thompson). Consequently, there was no brownnosing either (maybe Tom Joensen tried a few times). I doubt if Coach Sletten would be affected by brownnosing anyway. Another strange thing was that no one blamed others for making them run poorly (I might have tried to blame Thompson a few times, however). We each had to rely on ourselves to do well. There was nothing to drive us but our own determination. Lastly, and perhaps most peculiarly, we were a very close team and always supported each other.

The team stuck together like an orange mucus in races. Throughout the season our team spirit helped us to obliterate every other team we faced. Each day before practice we stretched out in a circle, there was no hierarchy, no superiority. We came to know each individual and formed unbreakable bonds. ▲



Braving the elements of a rainy afternoon at the Tom Karpan Invitational Sept. 15, sophomore John Ramsey strides to a first place finish. The Little Cyclones also placed first. (Photo by Jamie Watt)

To survive the temperature at the state meet at Veenker Golf Course Oct. 29, the varsity runners run in a pack led by junior Steve Beaudry. (Photo by Jamie Watt)





## But Seriously

-Lexi Leacock

"The swimming and diving team is like a family." We've all heard it, but few understand it, or try to understand it.

Here's a brief explanation of why the swimming and diving team is different and what makes its members so close.

First of all, as most well-informed Ames High students know, the pool area is not enormous. It is under a roof, opposed to the open sky that other teams practice under. You can't escape to anywhere, or from anyone easily. Wherever you go, someone will see you and say hello.

But strangely enough, most of us don't want to escape from the restrictive realm of the dome (except during goal 50's and fabulous 100's).

The small area becomes a place of security, almost like a second home. And rather than a place of relaxation, it's a place where friends go to work and experience pain together.

Pain is expected; all sports involve pain. "No pain, no gain," right? Right. But the way we experience it is different. We're in water up to our shoulders, wearing small pieces of lycra and goggles. Weird, eh?

Yes, swimmers are weird. We've heard it often enough, mostly from the mouths of other swimmers.

We got to know each other between swimming laps, doing flip turns at the walls, and from talking to each other (not while we're swimming, of course).

But there is still one thing that never ceases to amaze me - how the whole team will know if one member of the team is upset. One "What's wrong?" down in lane five makes all heads turn. If you don't want to talk about it the response is most likely, "Well, I'm here if you need me." If you're a swimmer, it simply is not possible to be a loner.

I guess all our weirdness built a strong bond. One that was strong enough to create a family. ▲



### Girls' Swimming

2 wins, 7 losses

Opponent	AHS-Opp
WDM Valley	64-108
Boone	104- 66
DM Lincoln	74- 98
Fort Dodge	72-102
WDM Dowling	69-103
DM Roosevelt	68-104
DM Hoover	82- 90
DM East	84- 88
DM North	121- 42
District	5th
State	29th





# Despite inexperience they worked hard at Creating new waves

-Kara Maehner

"Nobody knows a swimmer like another swimmer." That was the girls' swim team motto for the season.

The swimmers and divers knew they were working hard in practice to achieve their goals, but many times their efforts went unnoticed by the student body because of their 2-7 season record.

"We felt like we were ignored as a sport at pep assemblies because of our record. As a school-sponsored sport we should have gotten more recognition," junior diver Stacy Morford said.

The team also felt that their record discredited their ability.

"Our record deceived a lot of people about the talent on our team," senior Lexi Leacock said. "A lot of people don't realize swimming is more of an individual sport rather

than a team sport such as volleyball."

One of the reasons wins were so difficult to come by was the team's rated opponents.

"Five of our meets were against teams rated in the top 10 in the state," junior Eldree Baer said. "But no matter who we were competing against we always pushed our opponents."

One of the ways the team pushed themselves was by doing cheers in the locker room, and talking one-on-one with teammates before a race for encouragement.

"We always made sure whoever was swimming had a pep talk," sophomore Beth Dinsmore said. "It always helps to be reminded of your goals and being told you can accomplish them."

Both the swimmers and divers worked toward individual goals rather than team goals.

But the team itself did have one goal; to qualify as many girls as they could for the state meet.

At Districts, the team qualified swimmers Baer, Leacock, senior

Emily Dunn, freshman Beth Recker, and senior diver Katie Stevermer for State.

"Although it was a great accomplishment to qualify for State since it fulfilled one of my season goals, I was disappointed with the way I placed," Stevermer said. "I expected that I would place higher. I felt like I should have worked a lot harder during the season."

Head Coach Dave Joensen was also upset about the state meet, but for a different reason.

"The girls did their absolute best at State, but we had some unfortunate circumstances. One of our relay teams was disqualified and it cost us points that brought us down in the placings," Joensen said.

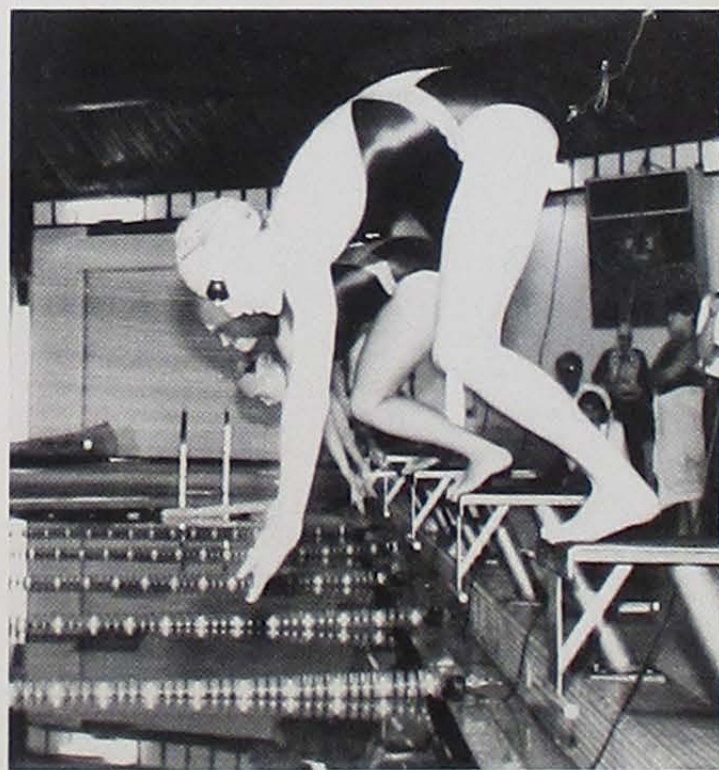
But despite unfulfilled goals, the season was looked upon in a positive way by both the swimmers and divers.

"This year was one of experience," junior Hester Dean said. "We made some mistakes and we learned from them. Improvement can't be made if you don't do that."

In the Oct. 25 meet against DM Hoover, sophomore Brandi Walker swims in the 100 yard backstroke to a fourth place finish. (Photo by Quentin Crowner)



**Girls' Swimming.** Front row: A. Leeman, T. Andrews, A. Wittmer, K. Nass, B. Recker, B. Decker, T. Franko. Second row: H. Martin, J. Wengert, B. Dinsmore, K. Rosenbush, B. Walker. Third row: M. Fidelke, J. Chen, A. Brunner, T. Brown, E. Baer, M. Holz, H. Dean, D. Flatten. Back row: Head Coach Dave Joensen, S. Frank, E. Dunn, K. Stevermer, S. Moreford, C. Handsaker, M. Morden, L. Leacock, E. Joensen.



Exploding off the blocks, junior Hester Dean begins the 100 meter breaststroke. Dean placed third in the meet against DM Lincoln. (Photo by Chuck Bevolo)

After swimming in her last home meet, senior Emily Dunn is presented with a hug after receiving t-shirt from her teammate, junior Eldree Baer. (Photo by Jayna Jarnagin)



## But Seriously

-Adam Langston

Before the football season started this year, no one expected us to accomplish much. No one except the few dozen players who were sweating in the weight room all summer and running in the July humidity and heat. We all had something to prove.

As the season began, the Metro Conference Championship and a trip to the state playoffs were very much on every player's mind.

August, the beginning of the football season, brought two-a-day practices, where besides learning offenses and defenses, we learned the "Three Rules of Success." Our five coaches taught us to practice with "Hard Work," "Enthusiasm" and "Persistence" every day, and to carry those rules into games. These three motivational rules gave us a definite edge over our opponents.

As the competitive season began, I started to realize that there were no stars on our team. That is the great thing about Ames High football. Every player who steps on the field knows that he has worked harder than his opponents to reach his goal. This is true for a third string offensive lineman or a second string defensive back, as well as a starting halfback.

Walking down the hall on Friday, a game day, every person you see wearing his black football jersey shared the same burning desire to succeed.

People who play football at Ames High are part of a team that believes it can win and succeed. The belief we shared this year is one thing that set us apart from the other teams we played. We stuck together and focused on one goal, being state champs, but we also realized there were numerous other things for us to accomplish and achieve.

Despite our disappointing loss to Sioux City Heelan, we reached most of the goals we had set for ourselves, and even some we did not. ▲



### Varsity Football

9 wins, 2 losses

Opponent	AHS-Opp
Fort Dodge	17-14
DM Roosevelt	6-3
DM Lincoln	14-21
DM North	47-6
DM Hoover	14-7
DM East	20-14
WDM Valley	28-7
WDM Dowling	28-27
Marshalltown	21-14
State Playoffs:	
Ankeny	36-21
Sioux City Heelan	7-14





# Enthusiasm and hard work kept gridders *R*ushing to the goal

-Katie Stevermer

The first day of practice the Ames High football players knew they needed to work hard to achieve success. In August, during the first practices, the coaches taught them the "Three Rules of Success" so they could practice those rules throughout the season.

"Hard Work," "Enthusiasm" and "Persistence" allowed the Ames High football team to tie for the Metro Conference Championship, advance to the state playoff quarter-finals and compile a 9-2 record for the season.

The football team practiced the first rule during the summer and regular season practices. "Hard Work" included extra workouts during the summer in order to prepare players for the upcoming season. Lifting weights and running helped to maintain a player's physical condition

and built up his strength and endurance.

"Since we worked so hard on our summer weight program, it gave us an advantage over our opponents before the season even started," senior Adam Langston said.

In practice, whether they were running through ropes for agility or learning plays, they were working hard to prepare for upcoming games. Doing tackling drills, passing drills and defensive and offensive review kept players mentally and physically ready. The coaches kept them in good condition and expected them to challenge themselves.

"The coaches worked us hard because they knew we had the ability and vigor to reach our goals," senior Jason Teal said.

Although they did not always play in varsity games, the junior varsity (JV) players experienced the same pain and completed the season like the varsity players. Being able to run six laps in 12 minutes and show up for practices were requirements for all team members.

"During practice, you have to work hard," junior Jamie Hansen said. "If the coaches don't see you going that extra mile in practice, then why should they believe that you'd go the extra mile in a game?"

As in any sport, while working hard to go the extra mile, it was important to have "Enthusiasm" for practices and games. For Ames High players, staying enthused was rule number two.

"Being enthused was important because it kept us on the playing level we needed to be on each week. It made us participate by watching and learning even when not directly involved," senior Scott Anderson said.

Firing up for a game was not hard. With one game a week during the regular season, players could concentrate on one game and get psyched up for that particular game. From Thursday night poker games to Friday school pep assemblies, and from singing the school song to Saturday morning swimming after a victory, the players had fun with their sport and each other.

continued on page 108

**R**unning the football against Sioux City Heelan in the state playoff quarter-final game, senior Dave Knight dodges a blocker. Heelan won 14-7. (Photo by Dan Ketelsen)



**Y**elling from the sidelines, seniors Derrick Epstein and Matt Smalling cheer the team on against WDM Valley. The Little Cyclones scored four touchdowns to upset the Tigers 28-7. (Photo by Dan Ketelsen)

**D**uring an Ames High victory over DM East, 20-14, junior Jason Berg clears the way for sophomore quarterback Fred Hoiberg. (Photo by Dan Ketelsen)

**Varsity Football.** Front row: S. Gilson, K. Holder, E. Bappe, D. Waller, K. Rattanavongsa, M. Meinhard, P. Nou, J. Hansen, C. Arp, P. Flugrad, R. Schmidt, T. Meinhard. Second row: S. Anderson, J. Teal, D. Pohar, C. Barnum, A. Wagner, M. Pollman, P. Gibbons, J. Titus, G. Garn, G. Thomas, B. Pattinson. Third row: Student Trainer C. Berg, Student Trainer P. Westvold, M. Gabrielson, Assistant Coach D. Williams, Assistant Coach L. Hunt, Head Coach K. Daddow, Assistant Coach M. Flummerfelt, Assistant Coach A. Christian, Assistant Coach C. Pelzer, R. Bucklin, E. Hawbaker. Fourth row: D. O'Berry, G. Will, J. Doyle, M. Unick, B. Gierasch, S. Angus, J. Berg, A. Ostendorf, C. Gibson. Fifth row: C. Goodwin, D. Epstein, D. Knight, J. Heintz, B. Abendroth, A. Langston, C. Wilson, B. Linder. Back row: M. Smalling, C. MacGillivray, B. Anderson, F. Hoiberg, B. Krausman, M. Herman, D. Preston, M. Eckhoff, M. Brown.



# Practice and persistence kept players *Stacking up victories*

continued from page 107

"Those little things we did together were great. Poker and watching movies were a time to relax and have some fun as friends off the field," junior Brian Krausman said. "The school song after a victory was really neat. I think it was something that pleased the fans, parents and faculty. It started a tradition."

Following the tradition of playing in state playoffs, the third rule of "Persistence" helped the players again advance to the state playoffs. After beating Ankeny 36-21, Ames lost to Sioux City Heelan 14-7 and ended their hopes for the state championship.

"In the spring, we talked about being state champs and in the back of our minds we knew we could win the Metro, so that wasn't really our biggest goal, but a step to it," senior Chris Goodwin said.

Although injuries plagued the varsity players, the team overcame those setbacks and forged ahead.

"When (Mike) Urick and (Paul)

Flugrad didn't play, for example, it affected the team, and not only out on the field. When you're a family, it's like losing a son or daughter and it really makes a difference," Hansen said.

Like losing players, losing games can tend to bring a team down mentally, but the Ames High players looked ahead to the next game instead of looking back.

"After the Lincoln game, it just pumped us all up because we were so mad about losing," senior Paul Flugrad said.

Whether they were doing the last rep in the weight room or running 70 yards for a touchdown, the players kept going. They did not quit.

"After the loss (to Lincoln), we didn't give up because we realized that Dowling wasn't too far away and we needed to rise to the occasion to beat them," Flugrad said.

Continuing to improve, instead of giving up, allowed the football team to win nine games, an accomplishment that has not been achiev-

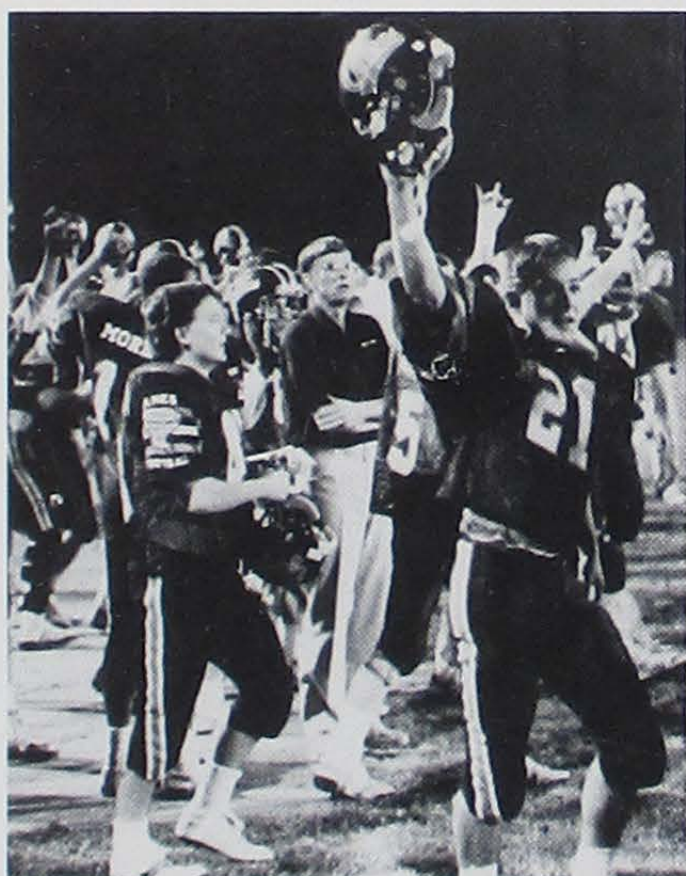
ed since 1921. Of those nine games, one gave them a share in the Metro Conference title, and another advanced them to the state playoff quarter-finals. They were determined to beat each team they played.

They (the players) showed an amazing ability to match the level of their competition," Head Coach Kirk Daddow said.

Learning the "Three Rules of Success" allowed the 1988 football team to challenge themselves during practices and games. "Hard Work," "Enthusiasm" and "Persistence" are rules that they could apply to more than football.

"The rules we learned for football helped us to realize what it takes to succeed in sports and in everything in general," senior Mike Herman said. "They (the rules) are all values that will help us later on."

Not only did the 1988 team have fun and learn to play better football, but they learned the "Three Rules of Success" for life too.



As the last few seconds tick off the scoreboard clock, senior Rob Schmidt and junior Jamie Hansen begin to celebrate the win over WDM Valley. (Photo by Dan Ketelsen)

The JV defensive team pays close attention as junior Gerald Thomas calls a huddle to prepare for the next play in the game against Ankeny. (Photo by Quentin Crowner)







In the last regular season game against Marshalltown, junior Craig Barnum and senior Mike Brown pull down a Bobcat player. Ames won 17-14, and prepared to play in the playoffs. (Photo by Dan Ketelsen)

While the football team rushes off the field, freshman manager Keri Daddow congratulates her father, Head Coach Kirk Daddow after his first coaching victory against WDM Valley. (Photo by Dan Ketelsen)



Playing at Williams Field in Des Moines, senior Dave Knight breaks away from the DM East tackle. Knight was selected as a 1988 All-State and All-Conference player. (Photo by Dan Ketelsen)



# Teamwork and tradition helped *Lead them to success*

-Jennifer Holden

Upholding the winning tradition, the sophomore football team captured second place in the Metro Conference, behind WDM Dowling.

The season began against Fort Dodge August 2 and the sophomore team was faced with problems like injuries and bad weather. At half time the Little Cyclones trailed 7-0.

To add to the situation, it began to rain and the game was cancelled after the third quarter because of it. Although the game didn't count, the experience taught them about teamwork.

"It really wasn't fair that they cancelled the game, they called it just as we were about to pull ahead," sophomore Jesse Pease said.

Even though the season began with a slow start, team confidence still remained high.

"I was surprised that the team from last year was able to learn enough to have confidence in our games and be able to succeed during the season," sophomore Matt Elbert said.

Throughout the season the sophomore team was undefeated, at least until the clash between WDM Dowling. They were the only team to score against the Maroons

defense and found themselves treated rudely by Dowling.

"We didn't get treated very well by Dowling. They didn't let us use a locker room. We had to get ready outside," sophomore Nathan Koch said.

But despite the problems on the field, the sophomores made up for it with team spirit.

"After last year, this season was an all-time high," sophomore Mike Coronas said.

The freshman football team had a great year also. It was a team that was not easily overlooked due to the hard work on the practice field. They also finished second in the Metro Conference behind WDM Dowling.

"Our season was hellish; we had a lot of fun," freshman Del Keigley said.

Throughout the year they met many challenging teams. When they played Dowling, they were the only team in the Metro to hold the Maroons under 50 points. But overall their most exciting game was against DM East. The Little Cyclones came from 22 points behind to win.

"We came from behind and blew East off the map," freshman Mike Stromley said.

The freshman players weren't the only thing new to the football program, they also had a new assistant coach, Mike Riddle.

"He added humor to the practice, but when he yelled at you, you listened," freshman Scott Belzer said.

Since the freshmen are the youngest players in the football program, they didn't get to enjoy the same type of team unity as the varsity did. Instead, they worked together and defined the meaning of the word teamwork.

"All of our wins were due to team spirit, everyone pulled together to win, there wasn't just one star player. We won as a team and lost as a team," Head Coach Ron Bredeson said.

Their season was also different than other teams because there was an A team and a B team. The B team was made for the players who didn't get to see a lot of action during the games.

The season brought many challenges to both the freshman and sophomore teams and those challenges were met. Throughout the season both teams gained experience and confidence, and shared team spirit.

**W**hile avoiding the block, sophomore Pete Egeland tries for the field goal during the DM Roosevelt game at home. Ames held the Rough Riders with a 13-13 tie. (Photo by Doug Adams)



## Sophomore Football

6 wins, 1 loss, 1 tie

Opponent	AHS/Opp
DM Roosevelt	13-13
DM Lincoln	34-7
DM North	32-6
DM Hoover	14-6
DM East	53-12
WDM Valley	28-12
WDM Dowling	8-44
Marshalltown	29-22



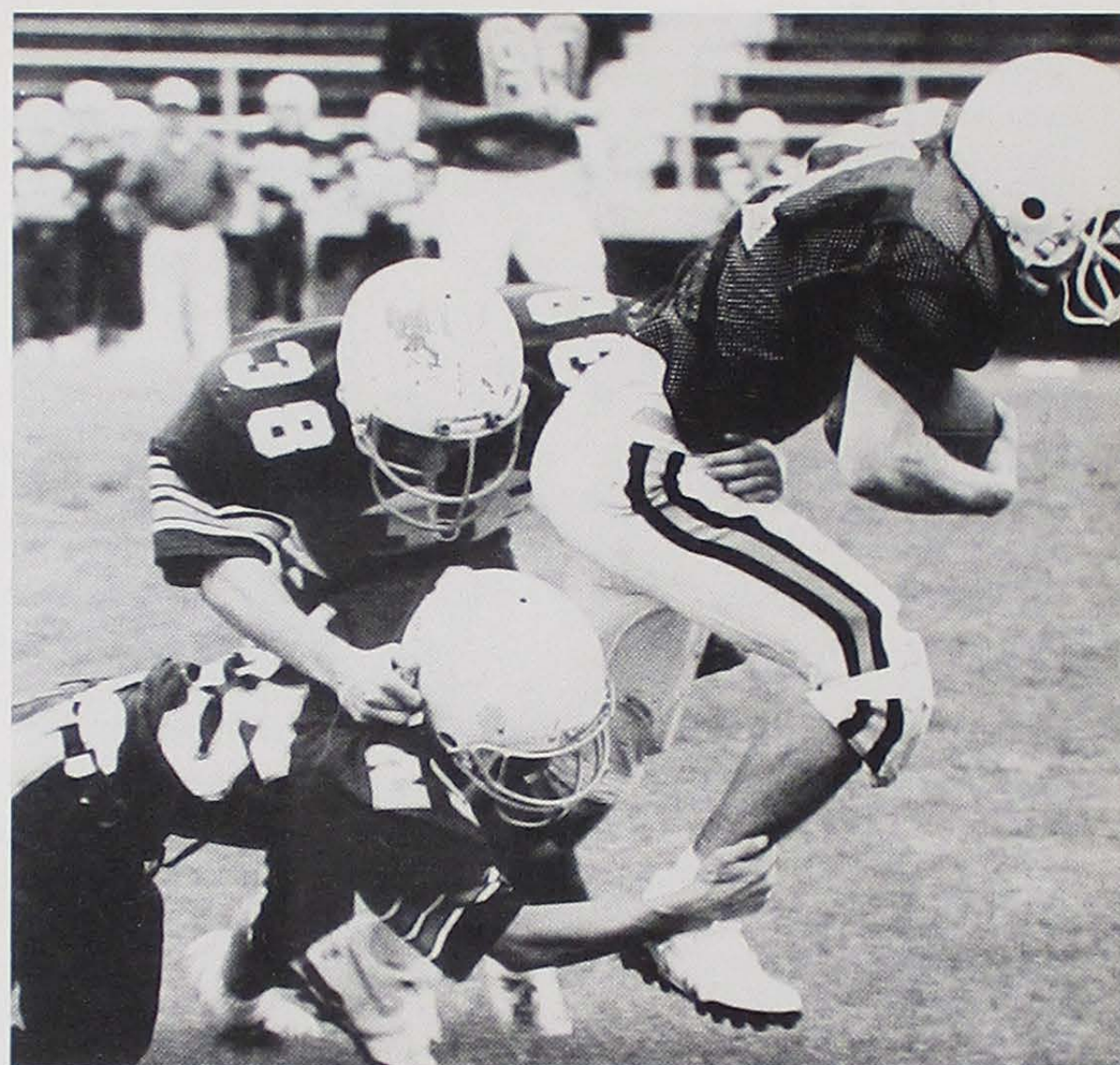
**Sophomore Football.** Front row: C. Moats, Tim Randles, B. Goodwin, J. Holdredge, L. Keltner, D. Alexander, M. Hill, R. DeJoode, D. Wilson. Second row: B. Linder, M. Franco, N. Grebasch, B. Fowles, S. Ottosen, J. Johnson, M. Elbert, D. Purdy. Third row: P. Egeland, T. Womack, Assistant Coach D. HabHab, Coach D. Tramp, Coach J. Duea, T. Legg, S. Elhout. Fourth row: J. Hanson, J. Seim, J. Pease, J. Barnett, M. Lippman, S. Kenealy. Back row: C. Forsling, S. Gunnerson, J. Nelson, B. Geise, N. Koch, M. Converse.





**D**uring the home game against Ankeny, freshman Nathan Uemura avoids a tackle by a Hawk. Ames placed second in the Metro. (Photo by Doug Adams)

**W**hile trying to escape Ankeny's hold, freshman Scott Whiteford gained extra yardage. The Little Cyclones won, 32-20. (Photo by Doug Adams)



## Freshman Football

7 wins, 3 losses

Opponent	AHS/Opp
Fort Dodge	0-22
DM Roosevelt	24- 6
DM Lincoln	16- 8
DM North	18- 6
DM Hoover	8- 6
DM East	28-22
WDM Valley	8- 0
WDM Dowling	6-35
Marshalltown	0-27
Ankeny	32-20



**Freshman Football. Front row:** S. Whiteford, S. Belzer, T. Arp, J. Krogmeier, M. Kubera, J. Bernard, J. Weiss, B. Freeman, J. Lingelbach, N. Pelzer. **Second row:** C. Burkheimer, R. Winsor, B. Parks, J. Moore, J. Greenfield, M. Haubrich, R. Willardson, A. Hagen. **Third row:** Trainers K. Goudy, K. McGinnes, P. Greenfield, S. Wohn, Assistant Coach M. Riddle, Coach R. Bredeson, Assistant Coach B. Vertnam, C. Winkler, Trainers A. Sams, K. Daddow. **Fourth row:** M. Maehner, E. Nessel, T. Gooch, A. Garn, C. Steenhoek, J. Meadows, D. Keigley, M. Stromely, M. Millemen. **Back row:** S. Phipps, G. Carlson, M. Anderson, P. Loutsenhiser, B. Gabal, S. Anderson, J. Cafferty, M. Robinson.



## But Seriously

-Lance Van Houten

Finally! After playing five holes of golf in driving rain and lightning visible in the distance, the tornado sirens went off, sending 45 golfers racing back to the clubhouse. As we sat in the clubhouse playing poker, Mrs. Bartlett came in and told us that the meet had officially been called off and we should go back to school. The guys laughed and said, "No thanks." Then John Alexander interrupted with one of his brilliant ideas.

"Those hackers from Des Moines ran into the clubhouse so fast that they didn't have time to find their balls and pick them up. There's gotta be about 20 balls out there. Let's take carts out and pick the balls up," Alexander said.

But the guys were already racing to get behind the wheel of a cart. Jon Ward, the golf pro, reluctantly gave us permission to use the carts as long as we were responsible and returned the carts to the shed.

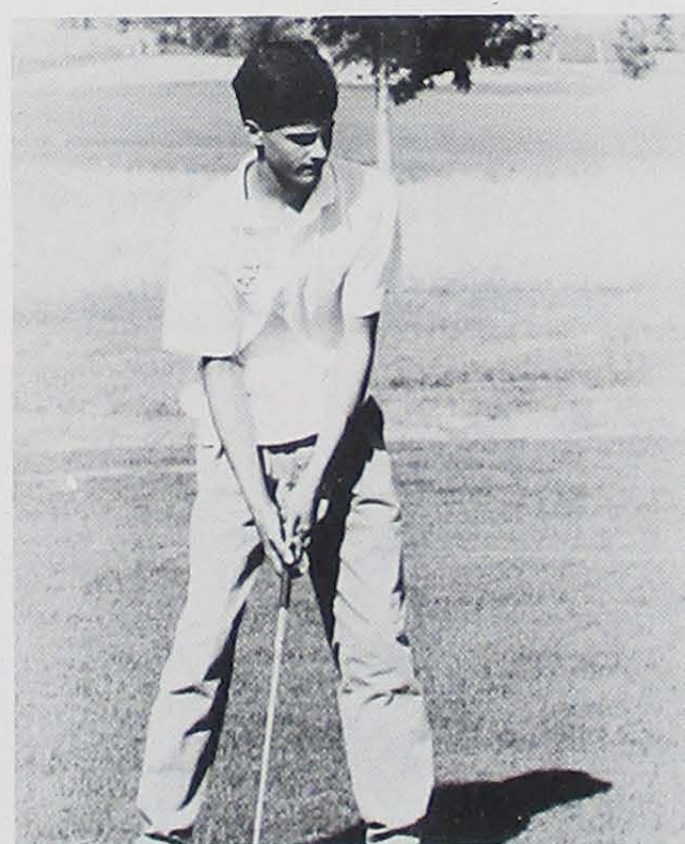
Alexander and I sped down the fairway, racing our teammates to the treasures to be found all over the course. The swamp-like golf course made excellent conditions to test our Evil Kanevil driving skills.

Our cart raced to the eighth hole in hopes of beating Brian Moreland and 'super-frosh' Robbie Swanson to the balls awaiting. Approaching the green we were cut off by Moreland, who seemed to have won the battle, until his cart hydroplaned and crashed into a tree. Immediately, we headed for the clubhouse wanting to get home before Ward found out about Moreland's "incident."

The next day, Moreland told us that their insurance would cover the damage and he was off the hook. We reminded him that he still had to deal with 'Coach'. Mrs. Bartlett gave Moreland a speech but she wasn't too hard on him, and in the end it was just another good time to look back on and laugh about (except maybe for Moreland). ▲

Teeing off at Districts is junior John Alexander. Alexander was a steady player throughout the season and consistently played the top position. (Photo courtesy of The Daily Tribune)

Pitching a shot out of the dreaded sand trap is senior Lance VanHouten. Ames played both DM East and DM Lincoln at the Ames Golf and Country Club, placing second. (Photo by Jamie Watt)



Setting up for a fairway shot is senior Phil Sposito. Sposito shot a 40 at the triangular against DM East and DM Lincoln, which was good enough to be the Little Cyclone's medalist. (Photo by Jamie Watt)

Checking the green for anything that may affect the course of the ball while putting is senior Shawn Lee. Lee shot an 84 at Districts where Ames placed fifth. (Photo courtesy of The Daily Tribune)





# ✓ Competition and pressure left golfers Vying for positions

-Janet Rorholm

It was a game of toughness and endurance. One didn't have to bench 300 pounds and have rippling muscles, or run a mile under four minutes, but they had to be strong mentally. If someone lost their cool they were better off in the clubhouse snarfing candy bars and chugging a Coke because they wouldn't have survived out on the course.

"It's more of a game that you use your head in total coalition with your body. If the bond is broken you can't expect to be competitive," junior Chris Kennedy said.

Although pressure was always a part of the game of golf, members found the season more competitive than past years. Golfers found themselves constantly vying for varsity positions since the team was so evenly matched scorewise. Instead of choosing who would play in the next meet, Coach Kay Bartlett averaged meet scores to play the top seven.

"There was always the pressure to do well. You were afraid if you shot bad, you didn't play in the next meet," junior John Alex-

ander said.

Not only did the team find competition with themselves but also throughout their entire schedule. Originally Ames placed third in the Metro but was then disqualified because of a scoring error and ended up in fifth place.

"At the beginning of the season the younger players were nervous and didn't play very well. We were also missing one of our top players," freshman Chris Bundy said. "Towards the end, we started playing better golf since we'd played more, but Valley and Dowling were better golfers and were too far ahead to catch up with."

The Little Cyclones also had a disappointing finish as they got beaten out at Districts by four strokes, not making it to the state meet. According to golfers, state is the main objective of the season.

"When you don't advance beyond Districts it's disappointing. You always want to do the very best that you can and make it to the top," Coach Bartlett said.

Although the team didn't do as well as they would have liked, they did have fun, especially at practice

where betting was not an uncommon sight.

"To relieve monotony during practice we'd play skins, usually a quarter a hole," senior Ben Klaas said. "Maybe we should have played skins in meets to relax. Many people played better in skins than in stroke play."

Skins was where everyone played out a hole and the losers were supposed to pay the winner a quarter. "Nobody actually took it seriously (the betting). We just did it for fun and the competition of playing under pressure," senior Scott Magnuson said. "Maybe that was our problem. We didn't take practice serious enough; we had too much fun."

Even though the 1988 boys' golf team didn't have very many wins to put next to their record, one shouldn't be fooled about their ability. Each player did their best and was capable of competing at a higher level.

"Not reaching our season long goal of going to State was really disappointing, but the whole team was really competitive from tryouts to the district meet," junior Brian Moreland said. "The competition was what made the season worthwhile."

Boys' Golf. Front Row: Lance Van-Houten, Scott Magnuson, Shawn Lee. Second Row: Ben Klaas, Vance Miller, Mike Divine, Chris Kennedy, Phil Spisito. Back Row: Mike Pollmann, Brian Moreland, John Alexander, Head Coach Kay Bartlett, Matt Clark, Rob



## Boys' Varsity Golf

### 1 first place

Opponent	Opp
DM East/DM North Invite	4th
DM Hoover/DM Roosevelt Invite	5th
DM East/DM Lincoln	2nd
WDM Dowling	2nd
DM Hoover/DM Roosevelt	1st
DM Lincoln Invite	3rd
WDM Valley/North	2nd
WDM Valley Classic	2nd
WDM Dowling Invite	3rd
Metro Conference	5th
District	5th



# Putting in extra time helped *Set the record*

-Stacia Madsen

With nine returning letter winners and six seniors, the Little Cyclone volleyball team had a record-breaking season.

"Even before practice started we were pumped for the season because we knew we were going to do well and we were going to have fun," junior Christa Jungst said.

The team topped last year's record of 24 wins, seven losses and two ties by winning 33, losing three and tying six times. And that was just the start.

"The thing that sticks out most was the girls' willingness to sacrifice," Head Coach Karl Schloerke said.

Sacrifice is what the team did. They had a dietician to make sure they were eating correctly and had a team weight loss goal. They lifted weights, missed Homecoming and attended many camps during the summer.

"Everything was very team oriented. I never heard 'I', it was always 'we'," senior Sharon Miller said.

The team referred to itself as a

family with Coach Schloerke as their father. They often got together for pool parties or dinners at people's houses.

"Winning the Metro was exciting because it was the first time an Ames team has won it, and it was done as a team," junior Sarah Ford said.

The team not only won the Metro Conference, but they won it, going undefeated and with a state ranking.

"I think that being ranked was the recognition of hard work and hours of getting sweaty and all bruised up," Schloerke said.

The team's ranking of sixth dropped to ninth before Sectionals began. They went into Sectionals with high hopes. They first faced Ballard and Ankeny at Ames and came away with victories against both. Then they travelled to Marshalltown and faced the Bobcats. Even though they lost, they had gone farther than any other Ames team.

And although the team didn't make it to State, the Little Cyclone name was heard frequently. They

beat tough teams like South East Warren who had only one loss and one tie during the season, both coming from Ames. Cedar Rapids Jefferson, who went on to State, also lost to Ames in a 16-team invitational.

At the end of the season individual honors were given. Miller and Jungst made the first team All-Metro squad. Junior Dawn Ricketts was awarded second team honors, while seniors Janet Rorholm, Marty Johnson and junior Paige Hoefle received honorable mention.

The junior varsity and freshman teams also had successful seasons. The JV team went 25-1, placing first in the Metro JV tournament and first in the Dowling Invitational. The freshman team went 23-2 and placed second in the freshman Metro tournament.

The accomplishments that the team made reflected all the sweat, time and energy that they put in to it over the year.

**D**uring a game against East, senior Sharon Miller spikes the ball as junior Dawn Ricketts looks on. Ames won the match 3-2. (Photo by Chuck Bevolo)



**D**uring a time out against Marshalltown, junior Deb Forssman, sophomore Janea Carter and junior Krista Posegate get advice from their coaches. (Photo by Chuck Bevolo)

**A**fter a substitution, Head Coach Karl Schloerke congratulates senior Leah Whigham. Ames beat Ankeny 3-0 in the sectional game advancing to semifinals. (Photo by Chuck Bevolo)



**Volleyball. Front row:** Paige Hoefle, Marty Johnson, Amy Greimann, Sarah Ford, Heather Jesse, Dawn Ricketts, Megan Manatt, Sharon Miller. **Second row:** Krista Posegate, Janea Carter, Jennifer Kellen, Leah Whigham, Christa Jungst, Janet Rorholm, Christy Hunt, Shannon Fultz, Sarah Uhlenhopp. **Third row:** Manager Becky Moore, Shannon Madsen, Anya Whigham, Deb Forssman, Assistant Coach Mary Rayner, Assistant Coach Trina Gebhart, Head Coach Karl Schloerke, Assistant Coach Deena McIlrath, Niki Nilsen, Brandee Griffin, Julia Ford, Manager Christy Scott. **Back row:** Amanda Cooper, Niki Wendt, Wendy Nelson, LeAnne Ford, Megan Miller, Holly Forssman, Pam Carlson, Tiffany Scribner, Beth Muller, Jocelyn Ely, Tara Carmean, Marci DeJode.



## But Seriously

-Leah Whigham

We pulled out our knee-pads and volleyball shoes again as the days drew closer to that first day of tryouts. This year there was a definite feeling of competition in the air, urging more players than ever to attend the week of senior-led practices prior to the beginning of the season. The veterans showed the newcomers the various drills they would need to perform in front of the coaches. Everyone had heard horror stories of the three-a-day practices in the 100-plus-degree August days soon to arrive. The team pulled together and, with a lot of help from Coach Schloerke, we made it through those three-a-days.

We started off AHS volleyball's fourth season strong. The wins kept adding up and the fans started showing up. We thrived on the attention and wanted to win more than ever. Finally, we had a crowd, and they were loud as we displayed our skills in serving, passing, setting and hitting.

On the court we worked great together, a reflection of the team off the court. Whether it was Amy's homemade pizza, Janet's early morning muffins, Sharon's fire-ups, Megan's F.Y.I.'s, or Coach's crazy spirit is hard to say, but we all became close friends and played better than any other AHS volleyball team to date.

The six seniors on the team all remember the first year of volleyball at Ames High. Nobody took Ames seriously. Through the years the team got better with a lot of sweat, pain, bruises and dedication. The teams that used to laugh when they saw Ames on their schedule now get out of the way when they see an Ames ball coming their way.

The season is over now, and even though there are six seniors graduating we know that there are outstanding players ready to slip into those bunhuggers in our place. From now on everyone is going to know that AHS volleyball is serious stuff. ▲

### Varsity Volleyball

33 wins, 3 losses, 6 ties

Opponent	AHS/Opp
Boone	3-0
Urbandale	3-0
Early Bird Tournament	1st
WDM Valley	3-0
Metro Invite	1st
DM Roosevelt	3-0
DM East	3-2
Fort Dodge Invite	3rd
WDM Dowling	3-0
DM Lincoln	3-0
Marshalltown	2-3
DM Hoover	3-0
DM North	3-0
Urbandale Tournament	1st
Metro Tournament	1st
Sectionals:	
Ballard	3-0
Ankeny	3-0
Regionals:	
Marshalltown	1-3







**Fall Varsity Cheersquad.** Assistant Coach Christy Griffith, Allison Bundy, Sarah Post, Whitney Olson, Heidi Shierholz, Toni Jackson, Kim Koch, Lori Schorpp, Stephanie Graves, Kim Carey, Laura McKlveen, Steph Davis, Cari Bauman, Coach Diane Wilson.



**Winter Varsity Cheersquad.** Front row: Jayna Jarnagin, Ann Kihl, Kari Konechne. Second row: Terri East, Chantel Jordan, Krista Allen, Liane Westphal. Back row: Kim Carey, Stacey Murray, Tara Hensley, Shannon Fultz, Whitney Olson.



**Sophomore Fall Cheersquad.** Front row: Kristina Smith, Lisa Moore, Kim Oldehoeft, Dawn Newhouse. Back row: Andee Moore, Staci Kepley, Tami Knorr, Nikki Praty.



**Freshman Fall Cheersquad.** Front row: Kelly Craig, Joanna Pelz, Amy Carey. Back row: Elaine Powell, Betsy Niebergall, Krista Olson, Renee Ripp, Stephanie Seiler.



# Taking the tough task of improving spirit

-Stacy Morford

A visitor from DM Hoover once expressed surprise and a bit of intimidation at all the streamers and banners that decorated our high school halls.

And the decorations that sent the first chills to opposing teams did not appear there on their own.

"The cheerleaders spend hours after school and on weekends adding spirit to the school. We spent nine hours on a Sunday just decorating the lobby for homecoming week," senior Allison Bundy said.

While the signs depressed opposing teams' spirits, they inspired the Ames players. But banners weren't the only player motivation.

"Before each game the sophomore cheerleaders made popcorn or bought cookies and candy for the entire sophomore football team. It cheered the team up, and they appreciated us more for it," sophomore Staci Kepley said.

If motivating players wasn't

easy, improving sportsmanship among fans was nearly impossible.

"We tried everything to show good school sportsmanship. We asked the fans not to shout rude comments and we stopped doing cheers like 'Get Out of My Face' that put the opponent down," junior Shannon Fultz said.

Showers of dog food and cynical shouts were common, but a few words of gratitude could cover it all.

"The most important part about cheerleading was the feeling that we were appreciated by the teams. All the time we put in was worth it when someone came up and said 'thanks for coming'," senior Whitney Olson said.

All teams had goals for their seasons, often just to improve. The cheerleaders set out not only to improve their abilities, but to improve players' spirits and fans' attitudes as well.

"When we started the season we had a lot of goals in mind. We wanted to support the teams, improve the school's sportsmanship and, of course, have a lot of fun," freshman Tiffany Scribner said. "I think we did a fine job accomplishing them all."

**F**easting on spaghetti at Assistant Coach Christy Griffith's house, varsity cheerleaders Laura McKlveen and Allison Bundy prepare to cheer for the first football game. (Photo by Kim Carey)



Freshman Winter Cheersquad. Front row: Elaine Powell, Sandra Deluca, Betsy Neibergall, Laura Vermeer. Back row: Tiffany Scribner, Julie Nordyke, Stephanie Seiler, Carrie Booms.



Sophomore Winter Cheersquad. Front row: Andrea Powell, Lisa Moore, Tata Rattanaovongsa, Tami Knorr. Back row: Sheri Goshorn, Krista Handeland, Lauren Simonds, Tami Burnham.



## But Seriously

-Jodi Rhinehart

A wonderful thing happened to the girls' basketball team this year — we had a baby. OK, we didn't have a baby, but our coaches did. Baby Bret came bouncing into the world and we adopted him with open arms. At practice, we warmed up with Lamaze exercises, and at games, we spotted our number one fan in the crowd decked out in his Little Cyclone sweater. Bret, we would like to leave you with a few helpful hints about basketball.

Number One: Good luck charms don't win games. The season was a constant struggle; we were always a step away from success. When times got extra tough, we looked for advantages. We picked up good luck charms and created superstitious rituals. Donna donned three French braids. Stacia wore orange Jockey underwear, and Leah and I would stick plastic thimbles on the end of our pinkies, put them together and chant, "Wonder Thimble powers activate ... form of a win!" Our efforts were futile.

Number Two: When all else fails, try what the coach says (coaches do know what they're talking about). After several discouraging losses, a suggestion came that maybe our offense didn't work. Coach reassured us that the offense was not at fault and he was right. Over the next few weeks we played like a team and improved a great deal.

Number Three: Keep the game in perspective. Through all the long practices, sweat and exhaustion, we gained more than a winning record; we experienced the excitement of competition and learned to work as a team. Although I'm sure you'll hear it thousands of times in years to come, remember, "Winning isn't everything."

Well, Bret, you have a long life ahead of you and a number of games to look forward to. The team wishes the best in all that you do, but we want you to promise us one thing. Always remember how special your parents really are because while they were raising you, they were also raising 12 teenage girls.▲

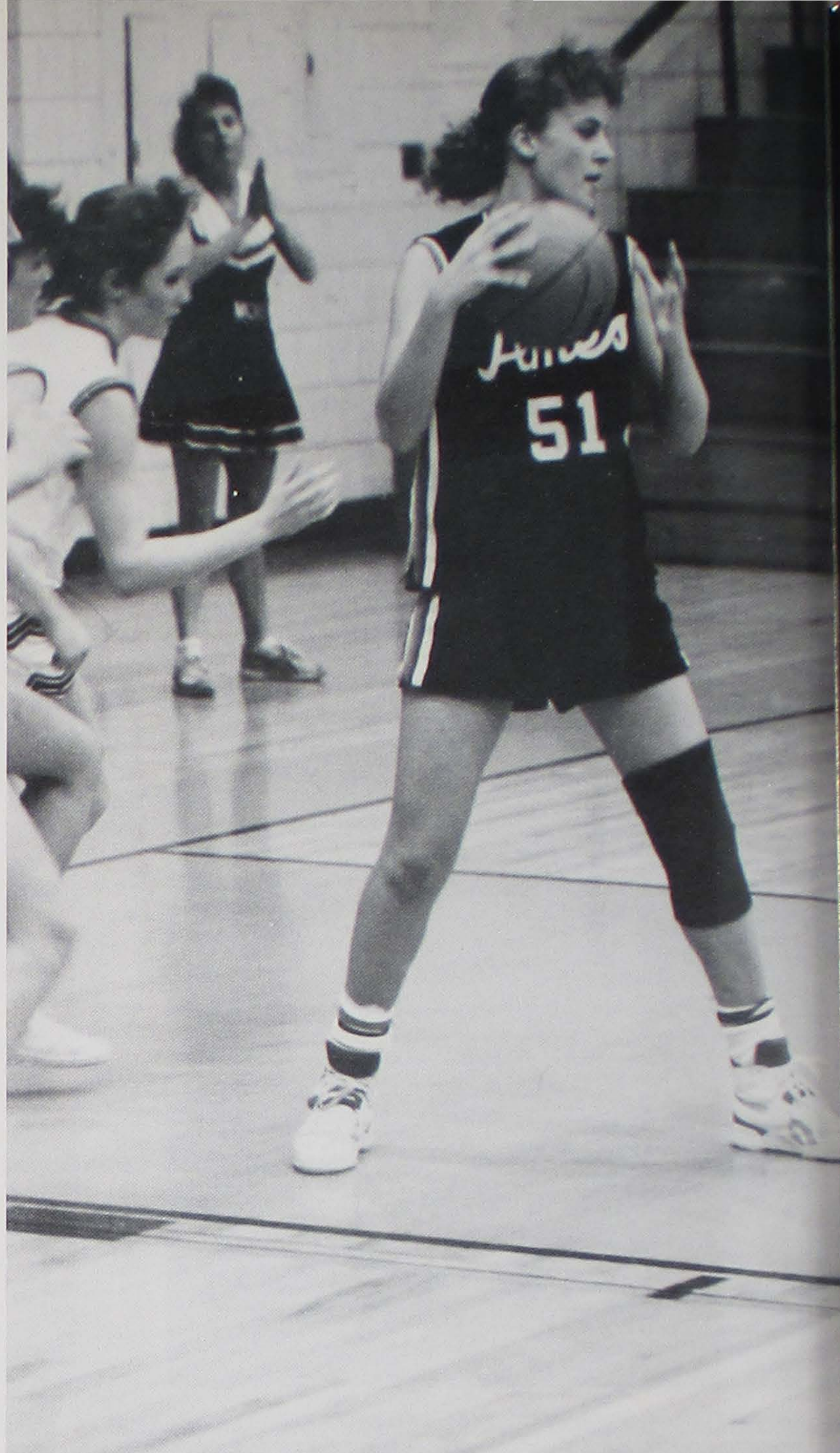
In a home game against Mason City, sophomore Jennifer Kellen looks for an outlet to pass to after grabbing a rebound. The Little Cyclones won 61-52. (Photo by Janet Rorholm)

With two WDM Dowling Maroons guarding her, senior Leah Whigham tries to get a shot off. The team received their second defeat from the Maroons with a score of 48-32. (Photo courtesy of The Daily Tribune)



Getting psyched as they are introduced for a game against Mason City, junior Stacia Madsen and seniors Jodi Rhinehart and Donna Kislingbury exchange high-fives. (Photo by Janet Rorholm)

Blocking out two WDM Dowling Maroons for a defensive rebound, seniors Marty Johnson and Donna Kislingbury try to get the ball quickly to start a fast break. (Photo courtesy of The Daily Tribune)





# A lack of victories led girls to emphasize *Having a ball*

-Bryan Schabel

The girls' basketball team had a somewhat unfulfilling season judging by their 5-16 record, but overall, their success was generally regarded plentiful.

"Sure we didn't have that great of a record, but we had a blast during the season," senior post Toria Simmons said. "It's awesome winning a lot of games, but the most important part of being on a team is having fun . . . and we did."

The season started off with a bad tone, as they lost their first four games to Marshalltown, WDM Valley, Fort Dodge and DM Roosevelt. And early losses sometimes lead to a poor season.

"The first few games really brought us down," senior forward Nikol Schnieder said. "We played top-10 teams in the very beginning of the season, so we were destined to start off on the wrong foot."

The season never did get on track; the girls continued a disappointing year.

"It should have been better; we expected more," senior forward Marty Johnson said. "We had the potential and ability to end with a lot better record than we did. It was disappointing."

Perhaps the team's goals were

too high; they didn't return any starters from the previous year's squad and lacked the size they needed to compare with their opponents.

"One major disadvantage was that we had no height," Coach Rick Ballantine said. "It's hard to win in basketball when most of your team is smaller than the girl she is guarding. The majority of our opponents had at least one girl that was 6'0" tall, but our tallest girl was only 5'10"."

Despite disadvantages, the team still relied on a little superstition to help them through the season.

"Jodi (Rhinehart) and I always put these little plastic thimbles on our fingers and say: 'Wonder thimble powers . . . activate . . . form of . . . a win!'" senior center Leah Whigham said. "After that, we put them in our socks and played the game."

The team did have its fun times. At the end of the season, the team's traditional party also proved entertaining.

"At the party, the seniors all gave the juniors gag gifts," junior post Sarah Ford said. "I got a t-shirt with my name on it and it also said 'I'm spectacular' and 'I'm awesome' because I used to always joke around and say that I was the one who should be starting."

But fun and humor wasn't always a part of the teams' morale; they had

to learn how to accept their losses.

"We learned that winning isn't everything and how to be good losers, if that counts for anything," senior point guard Donna Kislingbury said. "To keep losing was hard, so we learned how to be good sports."

As the squad lost, they also improved. With a schedule including some of the state's top-rated teams, the competition was stiff.

"Even though we lost, we still played well together, and as a team," sophomore center Jennifer Kellen said. "As a result from our tough schedule, we had improved a lot by the end of the season."

The end of the season was the more successful part of the season. The team, came back from winter break and took off with two immediate victories over Mason City and DM East and had a close game with DM Hoover at Hoover.

"The break gave us a chance to start over," junior guard Stacia Madsen said. "We started off like it was a new season; this time we didn't have to start off with top-rated teams."

On February 16, the season came to a close. And despite the statistical outcome of the season, the team still felt it was worth it.

**Girls' Varsity Basketball.** Front Row: Allison Bundy, Toria Simmons, Donna Kislingbury, Nikol Schnieder, Cindy Harris. Second Row: Nicole Devens, Marty Johnson, Sara Ford, Jill Wall, Jodi Rhinehart, Stacia Madsen. Back Row: Leah Whigham, Coach Laura Ballantine, Head Coach Rick Ballantine, Trainer Lori Smythe, Deb Forssman. Not Pictured: Jennifer Kellen.



## Girls' Varsity Basketball

5 wins, 16 losses

Opponent	AHS/Opp
Marshalltown	44-50
WDM Valley	45-65
Fort Dodge	37-55
DM Roosevelt	42-56
Mason City	61-52
DM East	47-42
DM Hoover	47-50
DM North	58-52
WDM Dowling	52-55
DM East	34-44
Cedar Falls	51-63
DM Lincoln	50-67
WDM Valley	50-54
DM East	57-44
DM Roosevelt	40-66
DM Lincoln	43-61
DM Hoover	46-43
Fort Dodge	42-71
DM North	42-48
WDM Dowling	34-48
Mason City	53-58



# Team unity, tough defense and high goals kept the varsity *Stacking up victories*

-Janet Rorholm

Unlike previous years, the '88-'89 boys' varsity basketball team started the season without a lot of hype. No headlines screamed promises of spectacular seasons. Instead, the Little Cyclones quietly stepped out on the floor and silently built one of the best seasons boys' basketball had seen in a long time.

Because of little senior experience, the Little Cyclones were picked to finish fifth in the Metro Conference by the Des Moines Register. They were also pinpointed to have a rebuilding season.

Instead, the Little Cyclones had a season overflowing with highlights. Ames beat DM North, 91-85, in a nailbiting game that went into overtime twice. They also beat rival WDM Valley twice, at home and away. But despite the many highlights, the Little Cyclones cited clinching the Metro title and being rated number one in the Associated Press poll as outshining all the rest.

"It felt good to finally get the recognition we felt we deserved. It showed everyone that Ames High could play basketball and it wasn't just a few good games put together," senior Mike Gabrielson said. "It showed that we could play with anyone in the state."

Unlike teams who fold under the pressure of being rated, the Lit-

tle Cyclones kept their goals focused and continued to play their own style of basketball, seemingly oblivious to the attention they were beginning to receive.

"Being successful didn't make us look past anybody. We went out to play our own game, although it did give us a lot of confidence," senior Monty Muller said.

The Little Cyclones' style of play was due to lack of height. Ames quickly adjusted and used it to their advantage though.

"We were a pretty short team which effected the style of game we played. We liked to run a lot. It also made us play tougher defense," senior Jeff Isaacson said.

According to team members, tough defense and unselfish play were major contributors to Ames' success. It wasn't uncommon for a close game to break open after a few short inbound steals converted to two points.

"We prided ourselves on our defense. One of our goals for every game was to hold the other team under their average scoring, and we usually did," Muller said. "If the other team had an exceptional player we took great pride in stopping what that player could do."

The opposition certainly had a tough time stopping AHS, especially at home where they were undefeated. The opposing team also had a

tough time quieting the many fans who followed their team faithfully.

"We had about twice as many fans as everyone else did, even away. They were great," junior Gregg Garn said. "When they started getting really loud it got our adrenaline going, and we played a lot better."

Despite their attempts at Marshalltown, the Little Cyclones ended their successful season in a loss at Sub-state against Waverly-Shell Rock. AHS started to come back in the second quarter from a large deficit but fell short, 74-60. According to team members, this was their only regret and would have liked to play the game over again.

"In the first half against Waverly-Shell Rock we didn't play anything like we could have. A lot of it was nervousness; we weren't quite ready," junior Tom Joensen said. "They stifled some of the things we had done all season long, and we didn't adjust quick enough."

The season may have ended before the team would have liked, but Ames still came out winners. With an overall record of 18-3, the team had the best season since 1976 (who went 24-0, won the Metro Conference, ranked number one and won State). The Little Cyclones left a hard act to follow.

## Boys' Varsity Basketball

18 wins, 3 losses

Opponent	AHS/Opp
Marshalltown	62-45
WDM Valley	71-68
Fort Dodge	56-61
DM Roosevelt	67-53
DM Hoover	60-66
DM North	91-85
WDM Dowling	65-61
Ankeny	73-43
Boone	92-55
DM East	81-44
DM Lincoln	64-53
WDM Valley	86-70
DM Roosevelt	87-62
DM Hoover	80-64
DM North	85-61
WDM Dowling	79-64
DM East	93-65
DM Lincoln	80-64
Districts	
Webster City	80-54
Ankeny	71-67
Sub-State	
Waverly-Shell Rock	60-74



**Boys' Varsity Basketball.** Front Row: Manager Janine Tabatabai, Manager Pam Westvold, Scorekeeper Mary Buck, Manager Toni Jackson. Second Row: Mike Gabrielson, Kent Kavanagh, Fred Hoiberg, Steve Klein, Jeff Isaacson, Adam Langston, Brian Hansen, Monty Muller. Back Row: Trainer Gary Van Der Heiden, Jeff Dale, Jason Bennett, Brian Campbell, Tom Joensen, Jason Horras, Head Coach Wayne Clinton, Assistant Coach Bud Legg, Brian Krausman, Curro Benitez, Aaron Clinton, Gregg Garn, Eric Bappe, Trainer Todd Wilkerson. Not Pictured: Scott McGlothlen.



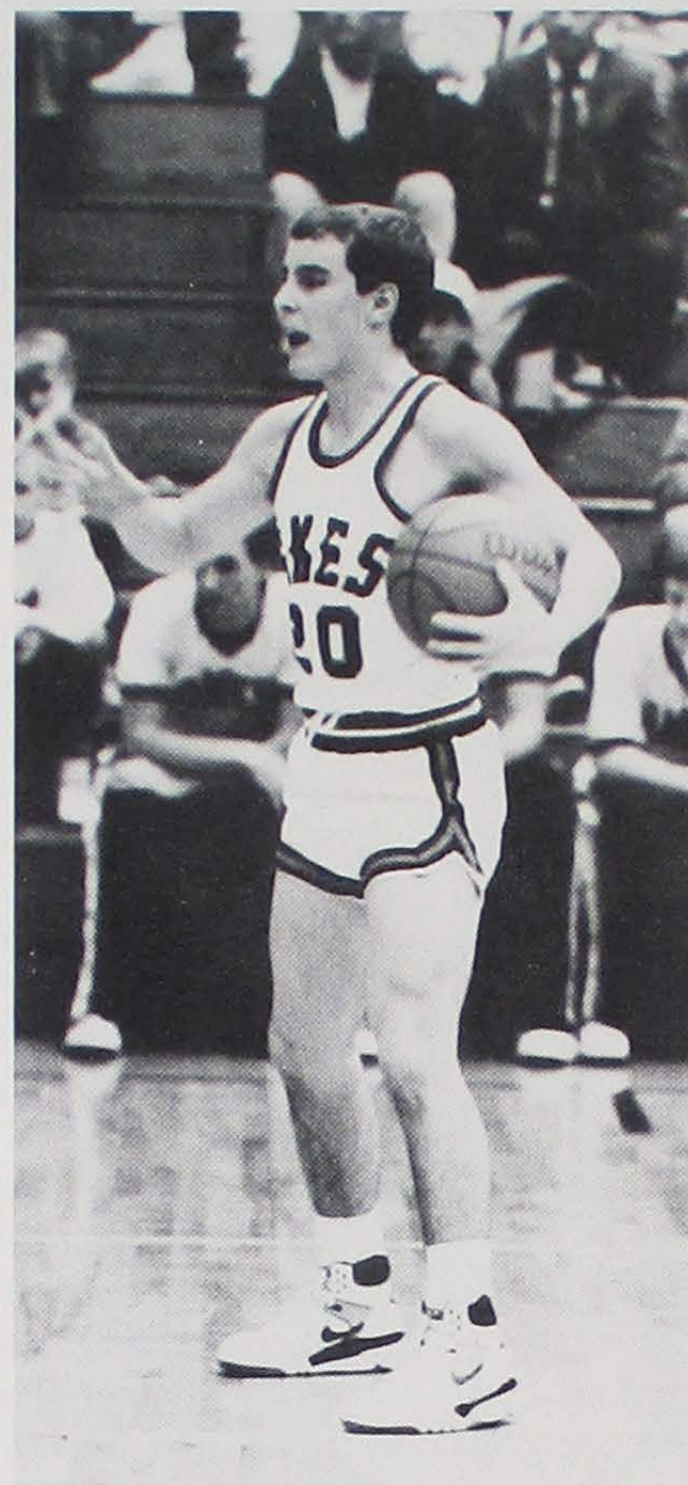


Adding two more points to his total, sophomore Fred Hoiberg shoots over his defender. Hoiberg led all scoring for AHS with 485 points. He was also named first team All-Metro. (Photo by Doug Adams)

## But Seriously

-Monty Muller

During the final minutes of the DM Roosevelt game, junior Eric Bappe comes in off the bench. Bappe takes charge to set things up and run a play. AHS won the game 67-53. (Photo by Dan Ketelsen)



The scene was an emotional one on the night of March 6. All our time and effort, all those days of practice seemed wasted. But then as Coach Clinton and Legg gave their post-game comments, I realized there was more to this season than wins and losses.

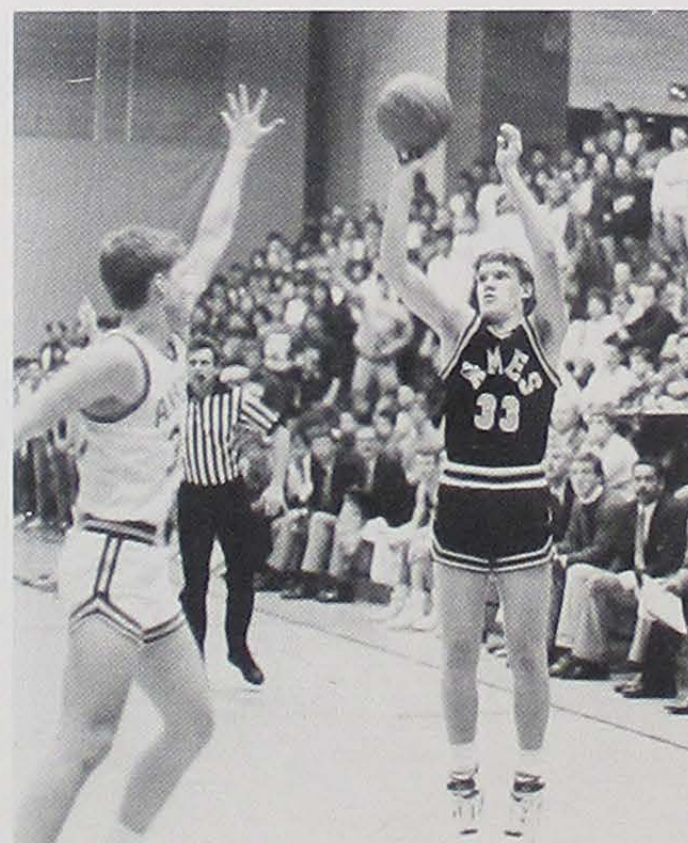
During this time of pain and depression I realized not only the great strides we made, but also the comradery that had formed between all the members of the team. Along the course of the season we became more than teammates, we became close friends.

After every game we would go for pizza and stay there 'til late hours of the night, talking, telling jokes and stories and learning more about each other. After the coaches' talk we got together in our traditional "break down" — hands joined high above our heads, then one word said in unison, "Team."

A poem by a poet on-the-brink, alias Coach Legg, best summarizes the memories of this season, ones I will cherish forever.

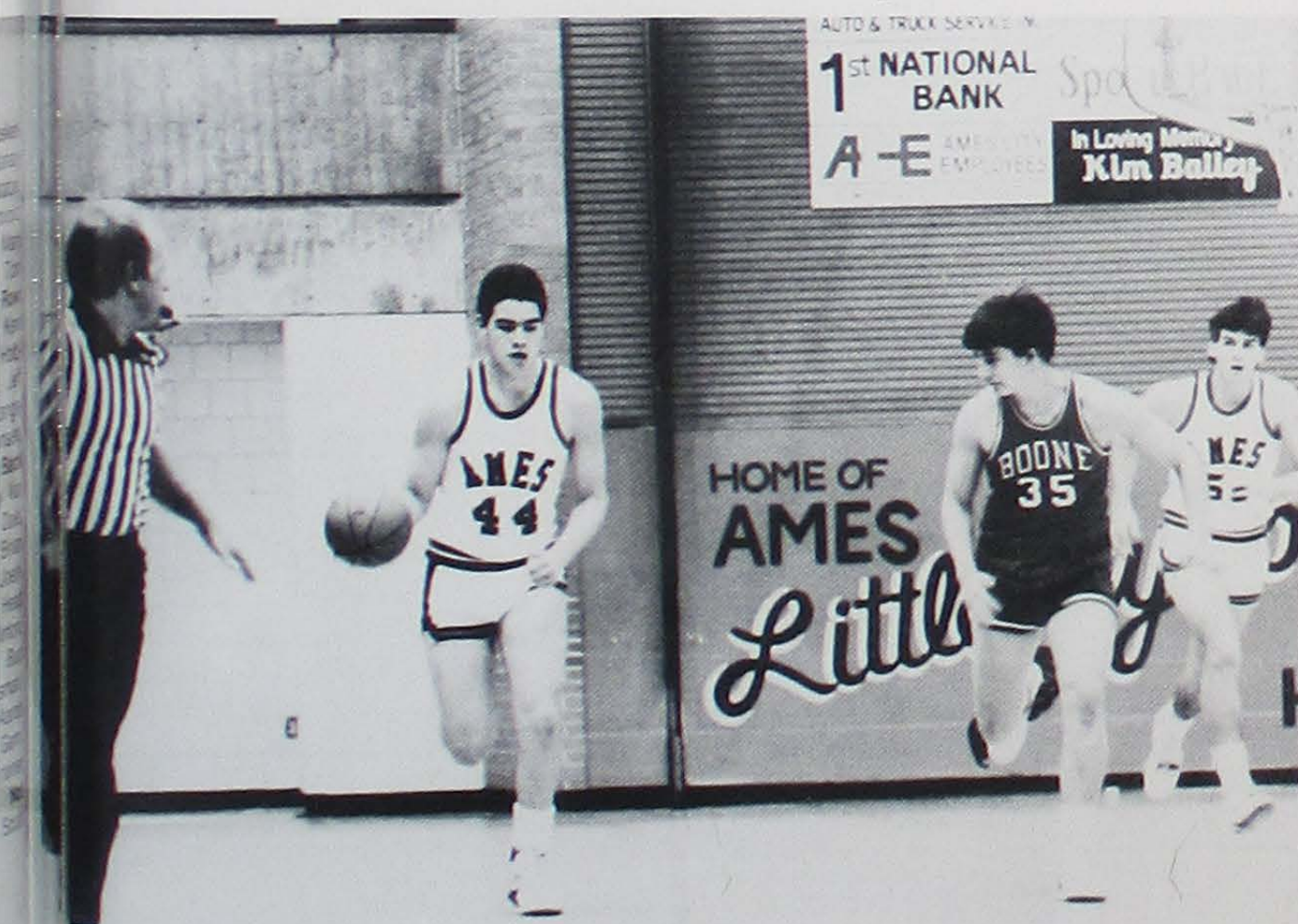
### Memories Live Long and Never Die

There is one thing that I wish to say,  
I hope you remember for more than today.  
Look around and see the team we've got,  
With the little we've given, we've gotten a lot!  
And now that the season's over, forget the score,  
We may have lost the game, but have much more.  
We have each other deep inside,  
If we say we lost everything — then we have lied.  
I hope forever we remember,  
The things we started in November.  
Don't look where we didn't go, just see where we have been,  
And pray that other AHS teams will be strong again.  
All the games in the season are over, but not in our head,  
The replays of great memories will live long and never be dead.▲



In a sectional game against Ankeny, senior Monty Muller shoots a three-pointer. The Little Cyclones consistently used the three-pointer in their offense and Ames won the game, 71-67. (Photo by Doug Adams)

On a fast break in junior varsity game, junior Jason Horras races past a Boone player. Ames won the game, 56-43, and their overall record was 5-5 for the season. (Photo by Dan Ketelsen)





# Coaches and competition made players *Struggle for success*

-Stacia Madsen

Quick starts and missing counterparts plagued the sophomore girls' basketball team. Working with the motto "be active," the team took strides toward a successful season.

The team began with a quick start and a close victory over Marshalltown, 49-44, and stormed by WDM Valley, 56-32. However, on December 10 they faced Fort Dodge who handed them a 35-42 loss.

The season continued its up and down motion with big wins and big losses, including a 40 point victory over DM North, 68-28, and a down-to-the wire rally in overtime against rival Valley, 53-52.

"It was a very emotional season," sophomore guard Jennie Jones said. "We had winning and losing streaks and our team play was never consistent from game to game."

Their new coach, Marvin Bouillon, tried to help the team gain some consistency through his coaching. Bouillon generated the motto "be active" to motivate action from the squad. Along with encouragement from Bouillon, the five starters were helped by emotional support from the bench.

"They (the reserves) worked hard. They did a lot for the team even though they didn't realize it. They supported us all the time and pushed the starters to become better, which made us a better team," sophomore guard Shay Grundmann said.

Toward the end of the season, the sophomore team lost its starting center to the varsity team. Losing the services of Jennifer Kellen forced them to change their style of play.

"It was hard when she (Kellen) moved up. We weren't confident without her. We just kind of gave up," sophomore point guard Christie Hunt said.

Despite losing confidence, the team finished their season with an 11-8 record.

On the other hand, the Freshman A team ended its season with an opposite record, 8-11, and the B team finished with a record of 3-10. Along with the sophomore team, the freshmen had big wins, big losses and a new coach, Vickie Johns.

"She (Johns) wouldn't have a special play designed for one person. There was never any one person better than the other," freshman point guard Bethany Muller said.

By not putting any one person more important than another, Johns created a more relaxed attitude that served the team well.

"Practice wasn't stressed out. We took it easy and I think we played better because we didn't get worked up over little things. We were relaxed," freshman guard Sara Olberding said.

Relaxed attitudes also helped the team work well together, as well as unify the players.

"Everyone on the team was friends. We all thought that we were equal," freshman forward Renee Ripp said. "There was no pressure from the coach which really helped us play together as a team."

Even though the freshman team's record was plagued with losses they credited their successes to a their positive attitude.

"We all went out to win. Although we didn't have a winning season we learned a lot and we had fun, and that's what it is all about," freshman forward Tina Langston said.

**B**efore the start of the game, the sophomore team huddles one last time to discuss their strategy. Despite their efforts, they lost to WDM Dowling, 34-49. (Photo by Janet Rorholm)

## Sophomore Girls' Basketball

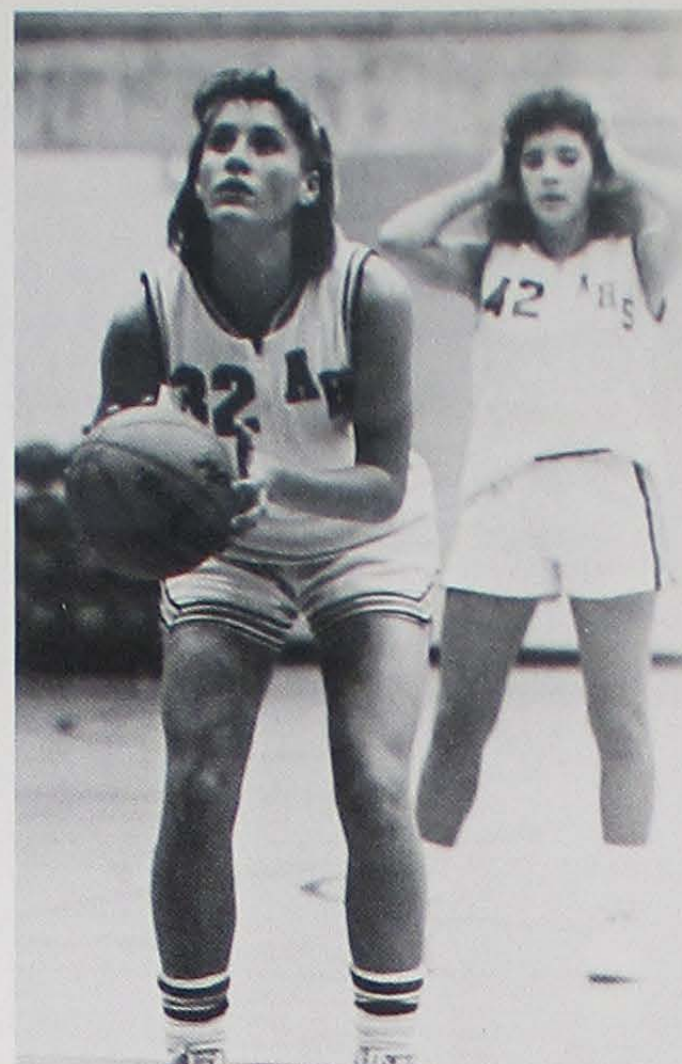
11 wins, 8 losses

Opponent	AHS/Opp
Marshalltown	49-44
WDM Valley	56-32
Fort Dodge	35-42
DM Roosevelt	36-37
Mason City	50-32
DM Hoover	47-34
DM North	68-28
WDM Dowling	48-62
DM East	56-40
Cedar Falls	68-58
DM Lincoln	64-57
WDM Valley	53-52
DM East	41-25
DM Roosevelt	33-48
DM Hoover	39-45
Fort Dodge	39-59
DM North	49-27
WDM Dowling	34-49



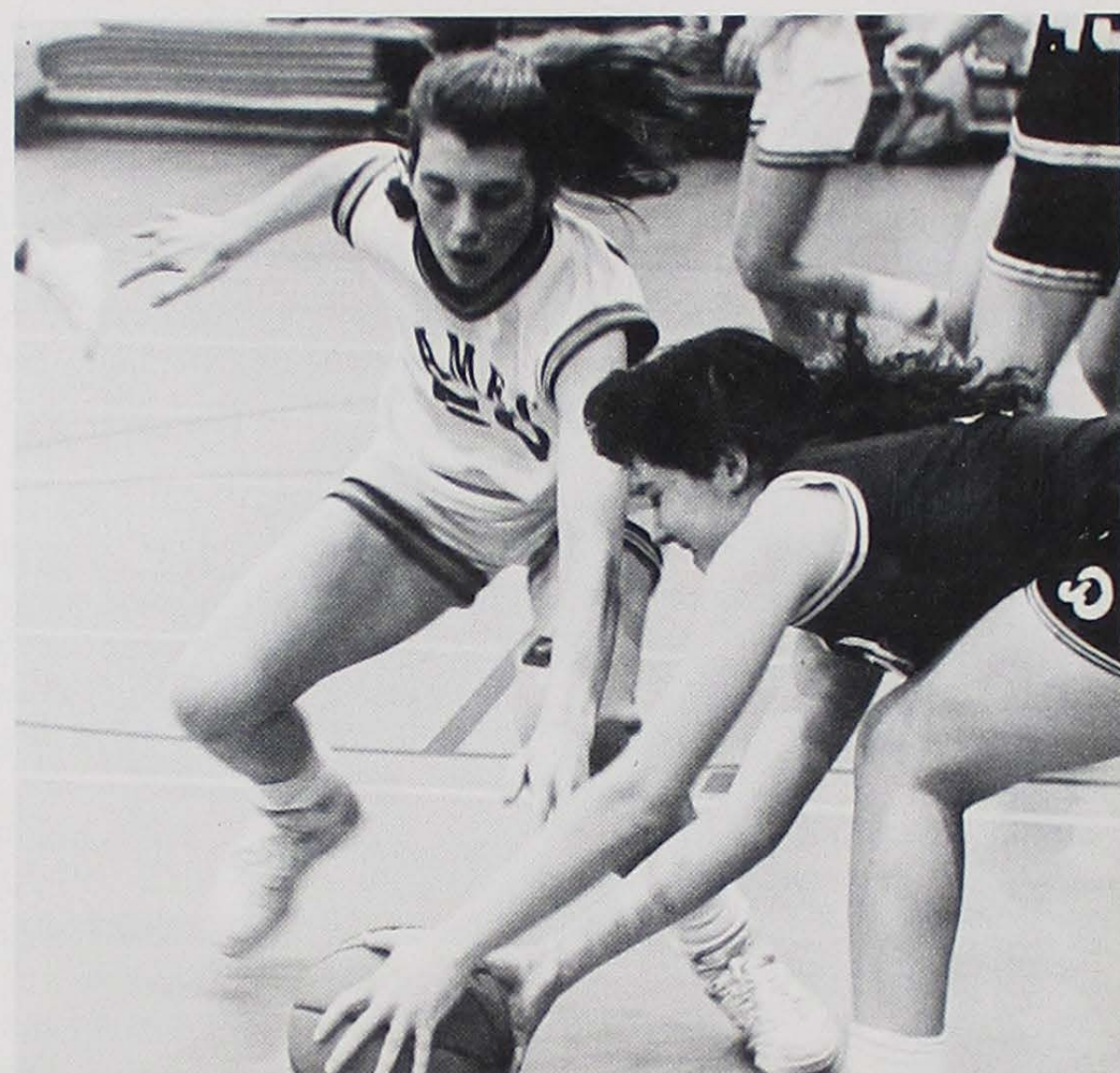
**Sophomore Girls' Basketball.** Front row: Cyndie Long, Colleen Berg, Jamie Stiles, Jennie Jones, Christie Hunt, Chris Clatt. Second row: Manager Missy Johnson, Melanie Clapp, Julia Ford, Brandy Walker, Manager Stacy Hendricks. Back row: Anya Whigham, Jennifer Kellen, Head Coach Marvin Bouillon, Susan Cook, Shay Grundmann, Brandee Griffin.





**A**fter being fouled by a WDM Dowling player, sophomore Shay Grundmann shoots a free throw as teammate Christie Hunt looks on. (Photo by Janet Rorholm)

**A**ttempting to swipe the ball away from a WDM Dowling player, is freshman Holly Forssman. Ames lost the game, 43-51. (Photo by Janet Rorholm)



## Freshman Girls' Basketball

8 wins, 11 losses

Opponent	AHS/Opp
WDM Valley	27-45
DM Roosevelt	34-46
DM Hoover	40-54
DM North	55-24
Miller	64-29
Fort Dodge	43-52
Mason City	69-28
Urbandale Tournament vs WDM Valley	20-44
DM East	43-15
DM Lincoln	38-51
Lenihan	55-31
WDM Valley	36-52
DM Roosevelt	41-31
DM Hoover	26-38
DM North	57-27
WDM Dowling	43-51
DM East	35-28
DM Lincoln	33-34
Fort Dodge	51-52



**Freshman Girls' Basketball.** Front row: Kelly Craig, Sara Olberding, Krista Olson, Amy Sheets, Marie Engelhorn, Tina Langston, Kate Goudy, Renee Ripp. **Second row:** Jennifer Remsburg, Anjie Gupta, Beth Muller, Alison Campbell, Jocelyn Ely, Neena Paul, Pam Carlson. **Back row:** Manager Michelle Peters, Holly Forssman, Karin Klocke, Joanna Pelz, Head Coach Vickie Johns, Megan Freeburg, Amy Biechler, Megan Miller.



# Running, conditioning was rule not exception *Working up a sweat*

-Jennie Jones

Feet thump, shoes squeak and sweat drips after school in the gyms all winter as the freshman and sophomore boys' basketball teams improve their skills and endurance during intense practices.

"We did a lot of running and conditioning, but we could go the whole game and just run and run while the other team hacked for air," freshman forward Mike Pollmann said.

The sophomores didn't have it any easier and sophomore coach John Bachman prided himself on making them work.

"Bachman said he'd have us in the best shape of our lives, and he lived up to that promise," sophomore forward John Seim said.

A variety of drills was incorporated to get the players in shape.

"We ran separators, did four corners, tip drills and scrimmaged each other every day," freshman forward Alex Garn said.

In addition to the extra physical effort on the court, players had to think basketball off the court.

"Before each of the games we had to be quiet and think about what we had to do in the game and to run over what we did in practice so that we could perform our best during

the games," freshman forward Scott Whiteford said.

The stamina they built up produced a winning 12-6 record for the sophomores and led them to third place finish in the Metro conference.

"We'd hoped to place higher in the Metro, but we lost a few games early on because we were missing one of our regular starters. That hurt our hopes for a higher finish," sophomore center Rob Kain said.

Not working as a team plagued the sophomore team early in the season but they made a strong finish by winning 10 of their last 12 games.

"We had no real leadership so it took us a while to get together as a team but all the players learned to take responsibility through experience," sophomore guard Jason Hansen said.

The Freshman A squad ended a notch higher by grabbing second in the conference with a 12-5 record. The B team beat the .500 mark with a 10-7 finish. Both squads were satisfied with their performances at the season's end.

"As a team we accomplished the goals we'd set and were physically ready to challenge any team," freshman guard Chris Bundy said.

As a result both coaches were pleased with the way the players

progressed.

"Coach Bruce Vertanen told us he was really proud of the way we competed over the season," freshman guard Ryan Carver said.

Besides producing winning seasons practice also improved mental attitudes.

"It gave me a more positive outlook on everything and I felt better about myself," sophomore forward Brian Petrus said.

Because of their hard work, the sophomores got a reward halfway through their season.

"After we started winning most of our games, Coach Bachman only made us run during the drills and we didn't have to do additional conditioning," sophomore guard Mike Bergan said.

The intense practices pay off. Then the thumps and squeaks come to a halt for another season. And the floor waits for its next round of abuse from the fresh recruits running, dribbling and shooting their way to conference titles and physically fit bodies.

The offensive drills he learned in practice are incorporated by sophomore Jason Hansen as he dribbles against a DM East player. Ames High won the game 98-46. (Photo by Doug Adams)

## Freshman Boys' Basketball

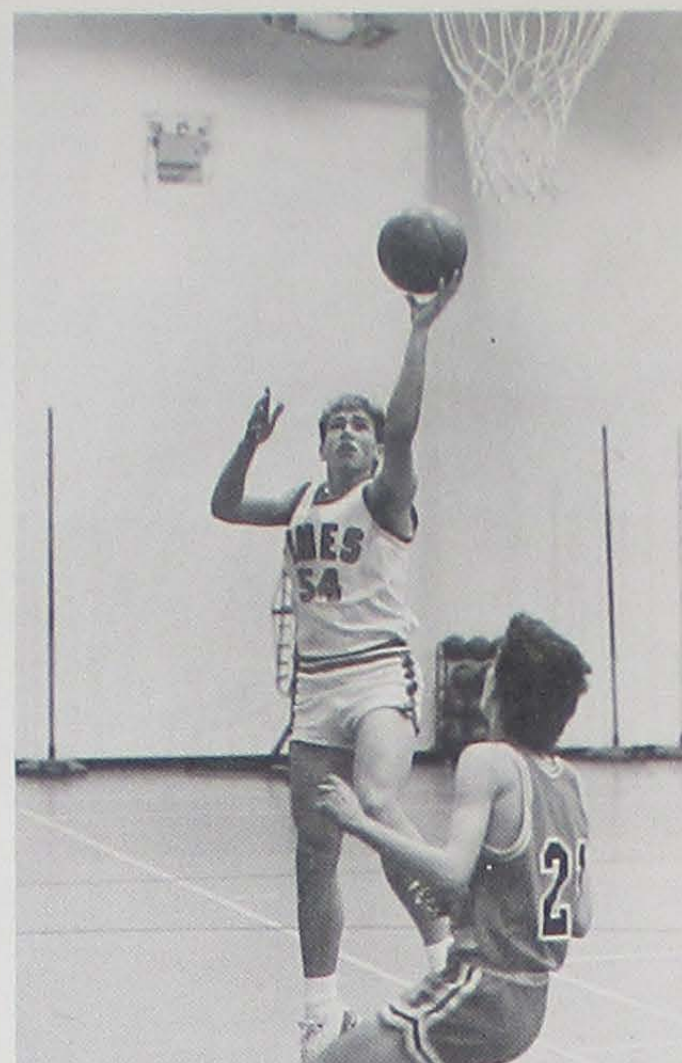
12 Wins, 5 Losses

Opponent	AHS/Opp
WDM Valley	61-43
DM Roosevelt	83-41
DM Hoover	87-35
DM North	61-60
WDM Dowling	51-74
DM East	50-48
WDM Valley	57-31
DM Roosevelt	62-56
Ankeny	76-60
DM Hoover	49-50
DM North	56-52
DM Lincoln	73-70
Miller	67-46
Lenihan	69-67
Anson	55-72



**Freshman Boys' Basketball.** Front Row: Scott Whiteford, Bryce Freeman, Chris Bundy, Kiran Baikerikar, Jon Dale, Ryan Carver, Eric Strong. Second Row: Eric Martin, Seth Anderson, Chad Steenhoek, Mike Pollmann, Guy Willey, Mark Milleman, Alex Garn, Peter Loutzenhiser. Back Row: Manager Christy McGinnis, Assistant Coach Steve Whun, Adam Readhead, Eric Warne, Brian Coffey, Coach Bruce Vertanen, Manager Kari Daddow.





**D**riving up for a quick basket in a game against WDM Valley is freshman Eric Warne. The freshman team went on to win the game 61-43. (Photo by Doug Adams)

**B**eing tailed by a Miller player doesn't affect freshman Adam Readhead as he goes in for an easy two points. The freshmen were victorious with a 67-46 score. (Photo by Doug Adams)



## Sophomore Boys' Basketball

12 Wins, 6 losses

Opponent	AHS/Opp
Marshalltown	71-67
WDM Valley	53-80
Fort Dodge	56-70
DM Roosevelt	40-55
DM Hoover	79-67
DM North	64-69
WDM Dowling	65-61
Ankeny	87-81
Boone	61-37
DM East	83-58
DM Lincoln	77-51
WDM Valley	67-71
DM Roosevelt	80-71
DM Hoover	67-54
DM North	56-60
WDM Dowling	68-59
DM East	98-46
DM Lincoln	67-58



**Sophomore Boys' Basketball.** Front Row: Mike Bergan, Tim Legg, Scott Latterell, Brian Petrus, Jay Johnson, Fungai Muyengwa. Back Row: Coach John Bachman, Bona Lueth, Jason Hansen, Brandon Geise, Rob Kain, Chris Ollila, Bryce Daniels, John Seim, Assistant Coach John Waltz.



## But Seriously

-Paul Flugrad

With the tension of intense workouts, cutting weight and pressure to win, wrestlers do not have a frequent chance to have a fun time. We did, however, find one form of entertainment.

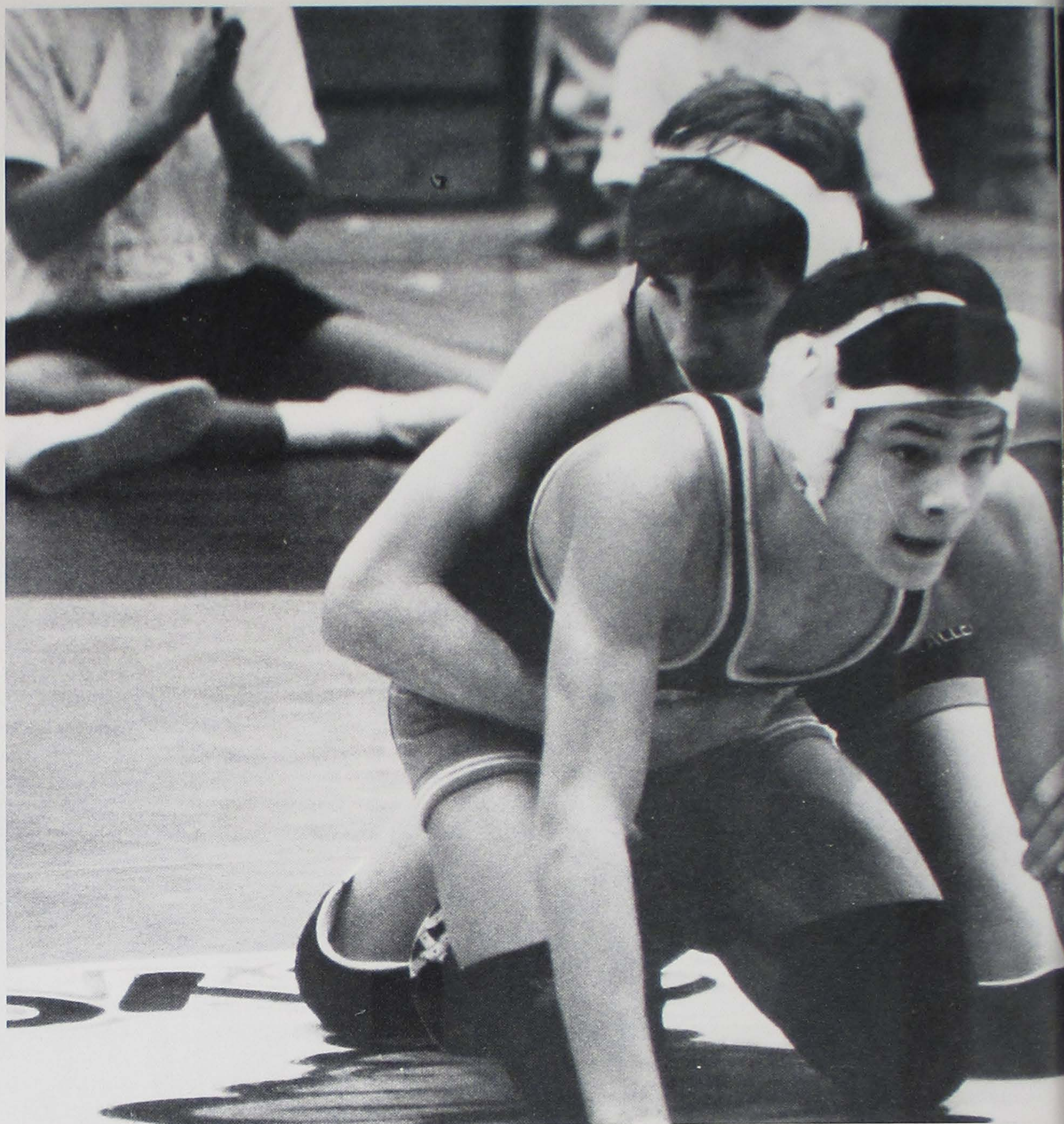
Every day before practice we would pull out two Nerf balls, pile on layers of sweats and play the forever infamous J-ball, commonly called the Eliminator.

This game began in the gym on an early December morning. It started out as a giant game of elimination, but this soon became a bore. One day while I was sitting in the coach's office I noticed two Nerf balls in his desk. I grabbed the balls and J-ball in the wrestling room began. This game quickly became a pre-practice ritual and will always be remembered by the wrestlers. We would spend hours hurling the ball at one another while most of us lost at least two pounds or so.

There were many carefully thought out rules in J-ball. 1) If you were hit, you had sit out until the person that hit you was hit. 2) For safety reasons we made a rule that the ball could not hit the ceiling. Many lights were demolished until we adopted this rule. 3) You could not run with the ball. You could only throw it.

Each wrestler had his own strategy to win, some would team up, but no one would pass up the chance to back stab a friend. If two people standing next to each other just happen to both have a ball one would turn to the other put their Nerf ball on the ground and tell the person, "If you don't hit me I won't hit you!" The person would then proceed to hit the other person in the back when he turned around. Isn't that just like a wrestler?

Tim Randles and Bart Fowles were always the "most wanted." Anyone hit by the Nerf balls became ridiculed and laughed at. These members mark the "family" feeling that we felt for each other. J-ball brought out the back stabber and friend in all of us.▲



### Varsity Wrestling

8 wins, 6 losses

Opponent	AHS/Opp
Newton	55-10
WDM Dowling	9-51
DM Roosevelt	28-35
Mason City	22-25
DM Valley	17-40
DM North	72-0
Boone	47-24
Carroll Kuemper	43-18
DM Hoover	46-12
Marshalltown	27-32
DM East	47-15
DM Lincoln	31-22
Fort Dodge	38-13
Marshalltown (State Dual)	19-38▲





# Eating Lean Cuisine and yogurt, varsity wrestlers were *Watching their weight*

-Becky Dill

You're dieting faithfully and working out diligently trying to lose weight. No, you're not trying to succeed Oprah Winfrey, you're an Ames High wrestler.

The Little Cyclone varsity wrestlers learned they had to make a lot of sacrifices in order to participate in wrestling. They had long, hard practices, far away meets and had to shed those extra pounds.

"I had to lose a fair amount of weight this season. When you haven't eaten all day and then go to practice you're really tired. But when you weigh in it's all worth it," junior Brian Pattinson said.

The varsity squad included five seniors, 10 juniors, four sophomores and one freshman.

Most wrestlers had a variety of ways to lose their weight, ranging

from plain dieting to the extreme of fasting. However, one wrestler found a different way to cut weight.

"I didn't eat anything but fruit and the only meal I ate was dinner. It took me about three weeks to lose the weight. I also did some extra running on the side. It was pretty hard work. The tough part was keeping the weight off," senior Adam Wagner said.

Another member of the wrestling team found a unique way of dieting. By simply chewing gum he curbed his craving for food.

"I feel fortunate that I didn't have to lose a lot of weight. I really didn't eat or drink much and I found chewing gum helped me not to eat. It supposedly triggers your enzymes and makes you very hungry, but I did it anyway," sophomore Tim Randles said.

A state finalist on the team found he could control his appetite by preparing meals for other people. Although he was not actually eating he imagined that he was.

"I made (junior) Paul Clausius eat an entire sundae I created. It had

about five scoops of ice cream, four toppings, whipped cream, nuts and everything. Sitting there watching him eat it helped me to not feel hungry," junior Scott Sams said.

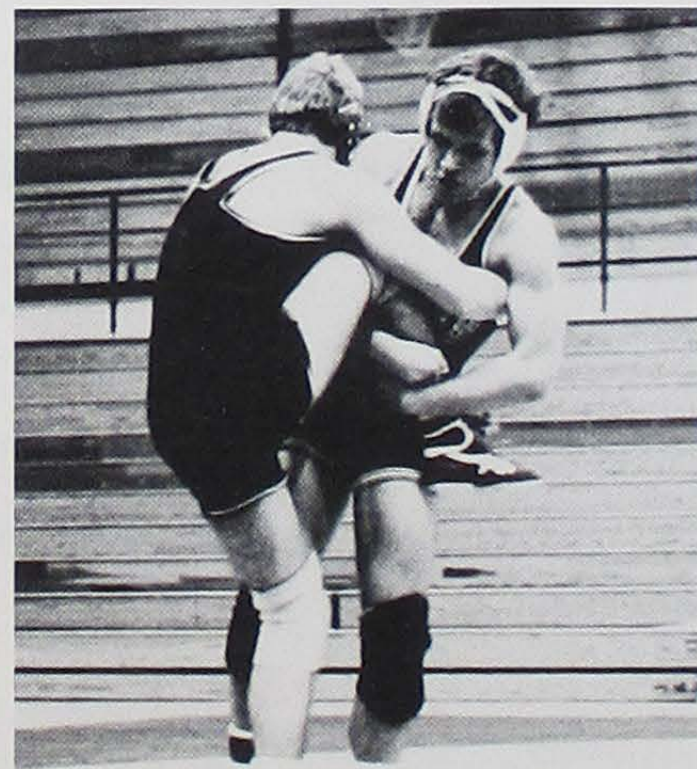
Once the weight was lost, the '89 wrestlers had to prove all those sacrifices were worth it. They started out the season slowly but came back for a triumphant end.

"We started out in the early season with an 0-4 record but the team really pulled together later and managed to finish the season with an 8-6 record. We really improved over time," junior Brian Peter said.

Despite the slow start, the varsity wrestlers placed first at Districts and sent five wrestlers on. Juniors Scott Sams and Kon John and seniors Danny O'Berry, Paul Flugrad and Troy Meinhard all competed at State.

"We started out the season slow, but we made a great comeback. I think we showed everyone exactly what Ames can do," junior Kon John said.

**T**he whistle blows at the Ames Invitational and junior Kon John prepares for a reversal against his WDM Valley opponent. John went on to place second in the 112-pound class. (Photo by James Watt)



**A**t the Ames Invitational, senior Troy Meinhard attempts to perform a leg sweep on his Newton opponent. Meinhard is going for a take down in the 145-pound class. (Photo by James Watt)

**C**hallenging a DM Lincoln wrestler to make the first move at the Ames Invitational, junior Eric Ziebold wrestles at the 135-pound varsity level. (Photo by James Watt)

Varsity Wrestlers. Front Row: Trainer Alison Sams, Scott Sams, Kon John, Tim Randles, Scott Belzer, Manager Libby Black. Second Row: Assistant Coach Wes Worrell, Troy Meinhard, Brian Pattinson, Eric Ziebold, Paul Flugrad, Manager Jennifer Holden, Student Coach Dave Keele. Third Row: Student Trainer Rob Lawton, Assistant Coach Mike Riddle, Paul Gibbons, Danny O'Berry, Matt Meinhard, Eric Peters, Chad Wilson, Assistant Coach Kirk Schmaltz, Head Coach Jack Mendenhall. Not Pictured: Jason Martin, Paul McGee, Gerald Thomas, Carl Forsling, Bart Fowles, Manager Tonja Morken.



# Young talents worked weight off *Escaping useless pounds*

-Stacy Morford

Excellence in athletics never comes naturally. It takes weeks of sweat and pain to prepare for the season.

Wrestling practices pushed that level of pain to the point of being almost unbearable to assure a fit team.

"Our practices were the toughest of all the sports. The coaches really made us work so we could wrestle our best," senior Adam Wagner said.

The wrestlers rarely complained about their practices, though they had plenty of reasons to do so.

"In practice we did warm-ups, reviewed moves and did PH conditioning. PH meant pure hell. We did 50 sit-ups, 50 push-ups, we ran halts, wall sprints and foot fires, and it was pure hell," sophomore Carl Forsling said.

According to coaches, the conditioning helped add needed strength and shed excess weight, two areas vital to making a good wrestler.

"It was important to pay close attention to weight," sophomore Jason Holdrege said. "The night be-

fore one meet I was over by five pounds. The coaches had me ride the exercise bike with four pairs of sweats on for an hour. The day of the meet I was still over by a pound so I had to run for 20 minutes until I finally weighed in OK."

Reaching the necessary weight was not always this difficult if the wrestler was careful and worked his hardest.

"Sometimes you could lose as much as four pounds just during a practice. And if that wasn't enough, relaxing in the sauna for half an hour would sweat off another pound or two," sophomore Bart Fowles said.

Achieving the lowest weight was important, but the effects of weight loss were sometimes detrimental.

"When you lose as much weight as quickly as wrestlers do, your blood sugar level goes way down. At first you got weak and shaky, but after a few days you got used to it," freshman Dragus Lawson said.

All the work came down to excellence in just 12 JV and three freshman meets. And wrestlers thought coaches' were to thank for wins.

"I really wasn't prepared at the

beginning of the season. After a few weeks with the coaches' help I finally knew what I was doing and could control my matches," freshman Nathan Pelzer said.

The coaches weren't the only enforcers. Individuals took well to suggestions from their peers.

"When we found that certain wrestlers were not wrestling up to their potential, we (the coaches) talked to them personally, and then left it up to captains. Their own teammates could usually pull them into line," Assistant Coach Mike Riddle said.

Being young, inexperienced teams, the JV and freshmen had difficulty pulling together in the beginning. They soon found that that old rule of the 'Three Musketeers' was one to wrestle by.

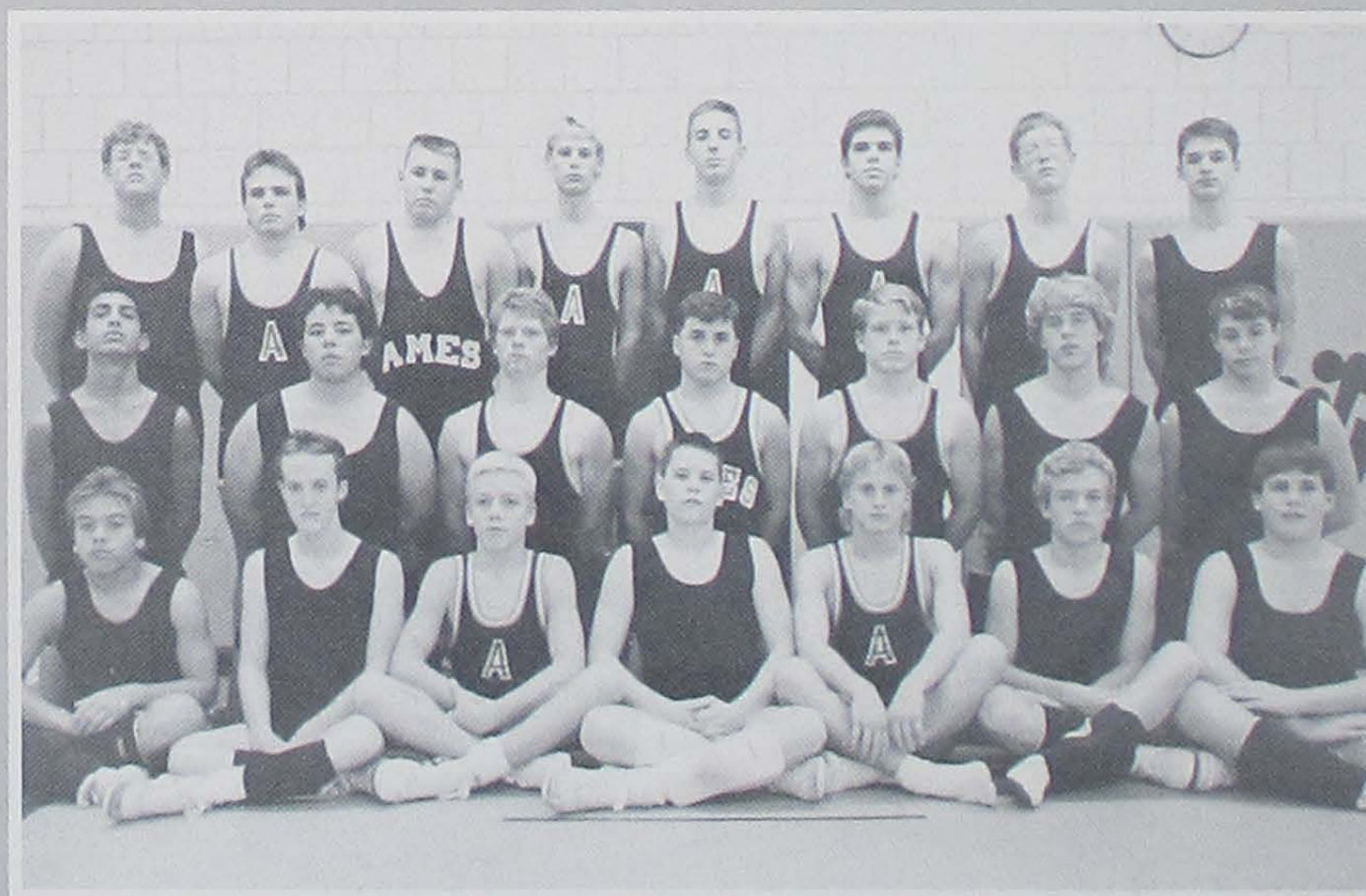
"We started the season as 13 individuals wrestling for ourselves," junior Brian Peter said. "At the end we were 13 individuals wrestling for the team."

After winning a tie-breaking match over WDM Valley, sophomore Bart Fowles receives a hug from coach Kirk Schmaltz. (Photo by Amanda Jones)

## JV/Freshman Wrestling

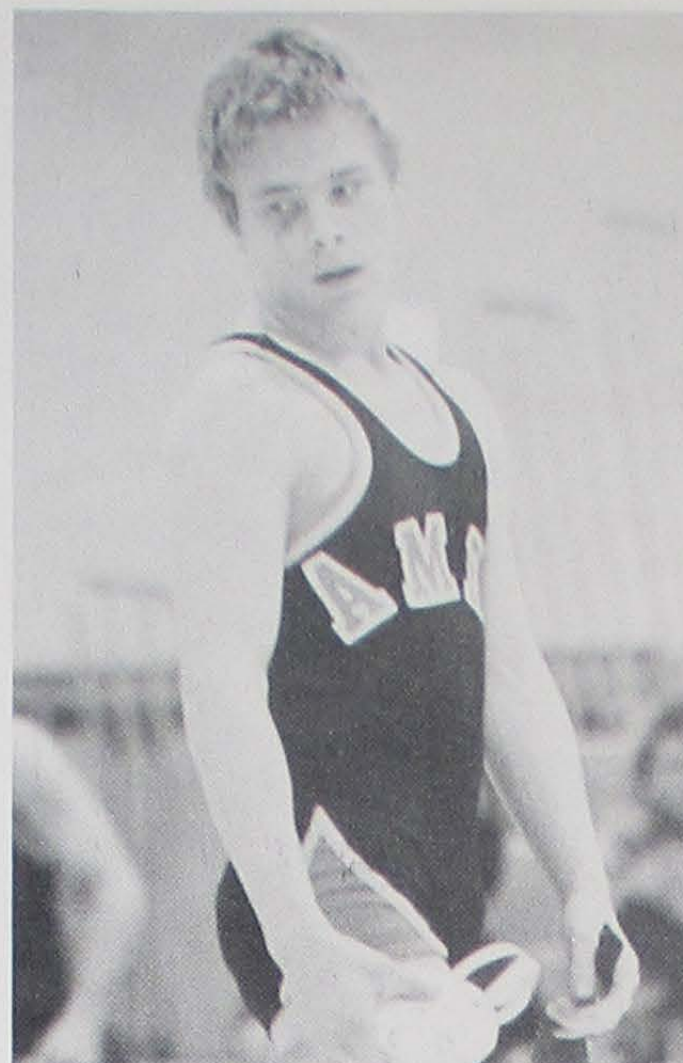
6 wins, 9 losses

Opp	AHS/Opp
Newton	26-48
WDM Dowling	9-24
DM Roosevelt	31-26
Mason City	23-36
WDM Valley	15-39
Boone	50-30
Carroll Kuemper	54-30
DM Hoover	39-36
Marshalltown	35-12
DM East	15-30
DM Lincoln	16-9
Fort Dodge	21-45
WDM Dowling	17-27
Mason City	3-18
WDM Valley	3-58



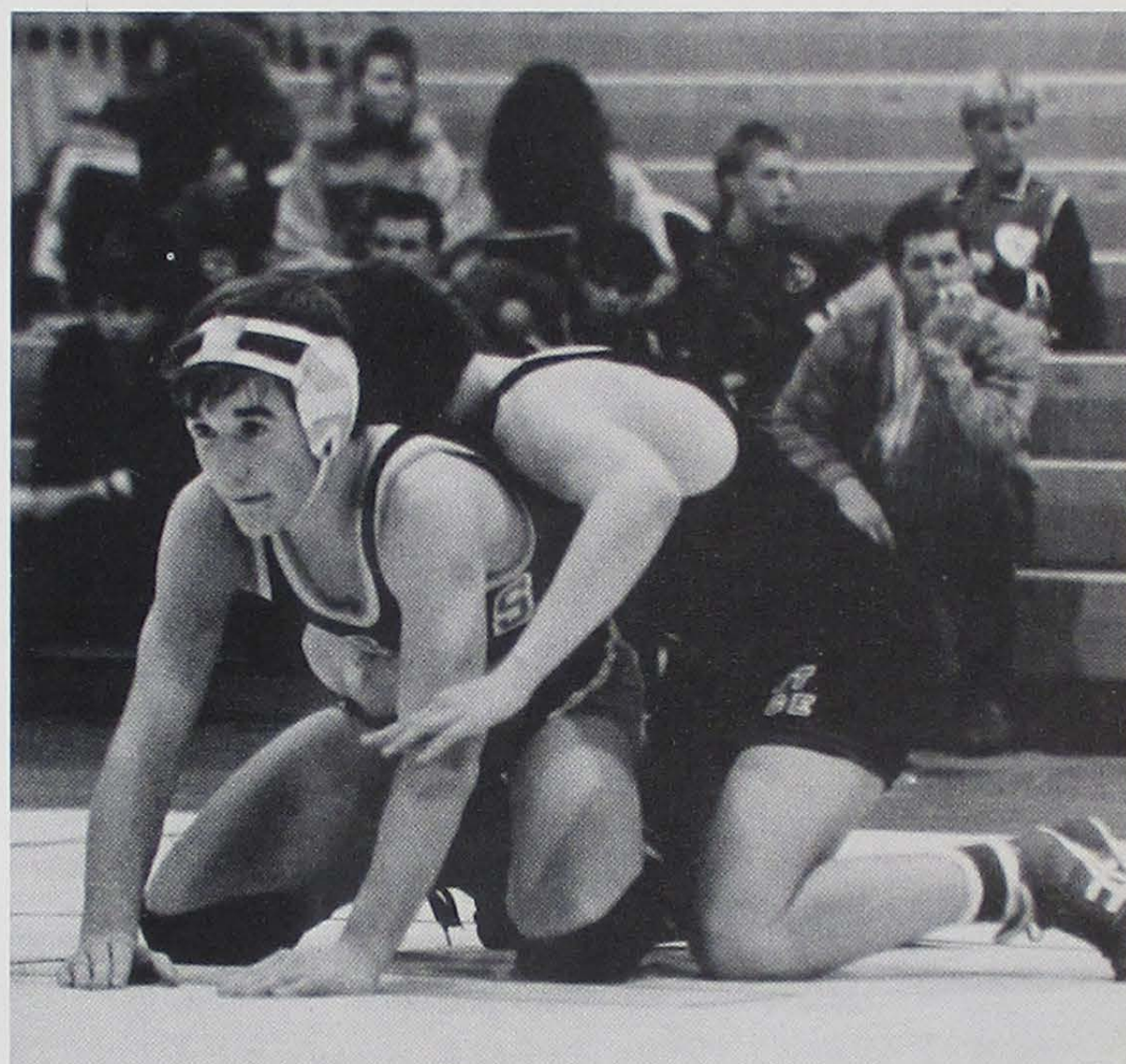
**Freshman and Sophomore Wrestlers.** Front row: Johnny Sundburg, Christian Winger, Lennie Keltner, Nathan Pelzer, Andy Hagen, Jeff Spencer, Jamie Weiss. Second row: Scott Belzer (V), Nick Nakadate, Matt Hill, Tim Randles (V), Eric Peters (V), Del Keigley, Tommy Johnson. Back row: Jim Meadows, Jason Holdrege, Bart Fowles, Matt Anderson, Carl Forsling, Sean Kenaley, Jason Moore, Jason Moutray.





**C**atching his breath after an exhausting match, junior Gerald Thomas eyes his pinned Ankeny opponent, still on the mat. (Photo by Stacy Morford)

**C**oncentrating on his match, junior Paul McGee plots to pin his Fort Dodge opponent. (Photo by Stacy Morford)



**H**armless is not descriptive of wrestling as sophomore Jason Holdrege discovers after breaking a DM Lincoln opponent's nose. (Photo by Stacy Morford)



# Newcomers made waves while *Swimming toward improvement*

-Jennie Jones

The Ames High pool was full of 'guppies' during the winter. No, not baby fish, but new swimmers.

Out of a record 45 members on the team, there were eight seniors, only three being returning letterwinners.

"We were real young this year with more sophomores than any other grade. We did better than I expected though, despite our lack of experience," junior Tim Johnson said.

The few seniors spent a lot of time putting in extra effort, and for one of them, it really paid off.

"It was my last year so I worked real hard. At State I got lifetime bests in all my races so I was ecstatic," senior Boris Bachmann said.

Underclassmen as well worked hard, enduring long, intense practices to make up for the inexperience.

"Most of them weren't that bad; some of them were hell. They helped build character though, and made your body big," sophomore Jeff Brown said.

The hard workouts were liv-

ened up by practical jokes, and by the newcomers' initiation.

"All the 'guppies' got 'swirlies' from the upperclassmen, and some people got their underwear hidden. The worst was when someone had liquid heat put in their shorts. It was wild," freshman Jason Burris said.

For the lucky people who have not been exposed to the 'thrills' of a 'swirlie', it's when a person's head is put in a toilet and the toilet is flushed on them.

Those rites of initiation, as well as 'shared torture,' brought the team together.

"The swim team was close, more so than other sports I've been in. Everybody supported each other all the time," sophomore Joe Nelson said.

The closeness also extended beyond the pool as the team got together outside of practice many times.

"After each meet we would go out to the Pizza House to eat. Sometimes we got together and played poker. That was sort of the team game," sophomore Devon Alexander said.

Get-togethers were often

spurred by the seniors, and they took their leadership roles seriously.

"They provided the team spirit and gave us pep talks before each meet. They also kept the underclassmen in line by threatening 'swirlies'," sophomore Chris Hampson said.

According to team members, that support, as well as Coach Mike Wittmer's famous whistle, helped provide some victories for the team.

"We won a lot of races that we wouldn't have won without the spirit. It helped in many situations," junior Matt Clark said.

Although inexperience plagued the team, it only made them work that much harder to succeed. Some members even said this team had more dedication than ever before. The workouts helped test that dedication, and the members knew one of Mr. Wittmer's favorite sayings was true: if it was easy, everybody would be here.

**P**acing himself as he swims the 200 freestyle in a meet against WDM Valley is sophomore David Jurgens. Despite his performance, Ames lost the meet 62-110. (Photo by Doug Adams)



**A**fter competing in the 100 meter butterfly, senior Boris Bachmann takes a breather along the ropes. Bachmann went on to take first in this event in the state meet. (Photo by Doug Adams)

**T**aking a breath at midstroke while swimming the butterfly, sophomore Brian Carver looks for the wall during the last 10 meters of his race. (Photo by Doug Adams)



**Boys' Swimming.** Front Row: Travis Senne, Dan Salsbury, David Abelson, Eric Potter, Brian Greiving, Jim Krogmeier. Managers: Beth Dinsmore, Heather Martin. Second Row: Scott Sundstrom, Joe Nelson, David Jurgens, Chris Hampson, Mark Robinson, Scott Gunnerson, Brian Carver. Third Row: Matt Clark, Kirk Foote, Tim Johnson, Boris Bachmann, Pat Connolly, Brent Hill, Eric Huang. Back Row: Coach Mike Wittmer, Jeff Brown, Mike Puffer, Quentin Crowner, Dan Kliebenstein, Tom Friedrich.



## But Seriously

-Tony Potter

During the month of October of our senior year, Pat Connolly and I made an insane decision to go out for swimming for the first time. One of our initial fears was having to prance around in a scanty excuse for a swimsuit. The football players had their pads, the basketball players had their jerseys and yes, we had our Speedos. Pat recalls being so scared to buy a swimsuit that it took him two separate trips to The Sports Page to accomplish his mission.

On the first day of swim practice, we were confronted with 30 new faces, and only three were familiar seniors. Little did we know that we were entering a closely-knit family.

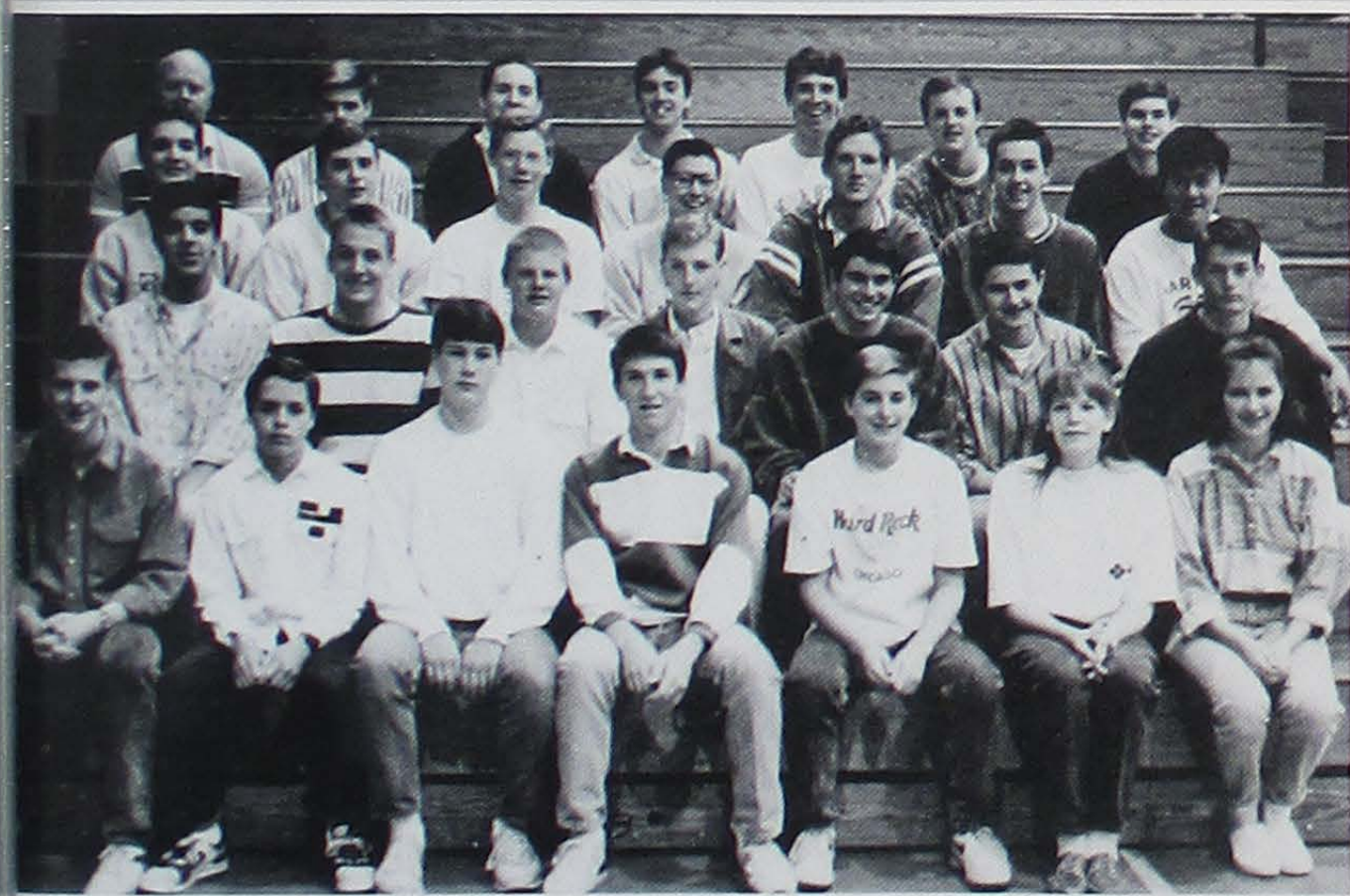
Of course, we were fortunate enough to join this closely knit family as elder parents and the freshmen and the sophomores were our little children who naturally needed a little discipline. Whenever a freshman left his towel out or generally ticked off a senior, he was forced to make a sacrifice to our frequently worshipped porcelin god. Once a particularly mouthy sophomore went home with a pinker than normal belly. Of course, these 'disciplinary actions' were few and far between and generally only love and good feelings flowed between the members of the team.

The practices were long and hard, but we all shared in our pain (some more than others). I'll never forget 'the ever-smiling' Paul Clausius, Tom Friedrich's dedication and Boris Bachmann's silent but strong leadership. As the months wore on, we saw improvements on times, sometimes in victory and sometimes in defeat. We were fortunate enough to host Districts, and we cheered Boris Bachmann, Brent Hill, Tim Johnson and Mark Robinson on to State. Reflecting back on these months, I realize that I made 30 of the best friends that could be made.▲

### Boys' Swimming

#### 3 Wins, 6 Losses

Opponent	AHS/Opp
Ames Invitational	5th
WDM Dowling	70-102
Bobcat Relays	2nd
Fort Dodge	100-72
DM Roosevelt	65-107
WDM Valley	62-110
DM North	137-30
Fort Dodge Invite	4th
DM East	115-49
DM Lincoln	71-100
DM Hoover	75. 5-96. 5
Districts	5th





# Despite discouragement and frustration, hockey players *Struggled to succeed*

-Carrie Stidwell

Bam! Pow! Bop! Crunch! Crack! Kapow! No, this wasn't another episode of 'Batman & Robin'. These sounds came from 'checks' and other methods of bodily harm that hit the walls of the Cyclone Area Community Center.

However, unlike the Dynamic Duo, the Ames High hockey team had problems fighting the powers of evil. Frustration was evident throughout the season and caused discouragement within the team.

"We had the talent, but we got started off on the wrong foot by losing the first five games," freshman goalie Chris Winkler said. "Everybody wanted to hang up their skates and it got really discouraging after a while."

Another factor for frustration was a temporary coaching staff. Halfway through the season, Head Coach Bruce Carman left the team and Assistant Coach Rusty Moore was left in charge.

"Things were pretty unstable with our coaches," sophomore right wing Brody Linder said. "Rusty was closer to us age-wise and we were friends with him before so we worked harder for him and really wanted to win for him."

Strong team leadership was

also a major part of establishing a team attitude and promoting hard work.

"The spirit was always high to win but our problem was that everybody depended on someone else to win," sophomore defenseman Matt Lippman said. "Two or three people can change the attitude of the whole team, and if they got us going, we got motivated."

Although hockey wasn't considered an official school sport, an abundant amount of student fan support appeared Friday nights at the Cyclone Area Community Center. Specially developed chants, cheers and other sounds emitted from the student section of the ice rink. However, during the middle of the season, notices were distributed to students from parent fans saying that student support was appreciated, but to clean up the language of the specially-designed cheers. After this was achieved, fan support still remained strong throughout the season.

"The fans this year were awesome!" senior goalie Brett Callison said. "We got comments from other teams across the state on how great our crowd was, even though our fans had been yelling stuff against them. It was motivating knowing that there were people backing us and it

helped the losses come easier."

Fans also played a minor share in the amount of fighting that occurred during a game.

"Fighting makes the game more exciting for the fans," junior defenseman Jason Berg said. "If you're losing the game, it doesn't really matter if you get in a fight or not. Sometimes we started playing for the crowd, instead of concentrating on the game."

The team played all of the eight Iowa hockey teams at least twice during the season. They also traveled to Chicago and Omaha to play different teams in tournaments.

"Tournaments bring a new aspect to our normal hockey schedule. It's a 'killer' type of a situation; more intense. We usually had a better attitude and had to go full strength," Callison said.

Although their 0-22 record wasn't quite as dynamic as it could've been, most teammates found that attitude was the deciding factor of the season.

"Everybody can be a good winner, but it's hard to walk out with your head held high when you continually lose," senior center Jason Teal said. "I learned a lot from this experience. This season definitely built character."



## Hockey

0 wins, 22 losses

Opponent	AHS Opp
Sioux City	2-6
WDM Valley/Dowling	0-15
Loyola Tournament	5th Place
Urbandale DM	3-5
WDM Valley/Dowling	2-5
Urbandale DM	4-5
Mason City	2-5
Columbus	2-8
Sioux City	3-4
Dubuque	2-5
Sioux City	2-9
Dubuque	1-5
Columbus	0-8
Urbandale DM	5-6
Sioux City	2-14
Waterloo	1-8
Omaha Tournament	3rd Place
Urbandale DM	1-4
Mason City	1-4
WDM Valley/Dowling	1-11
Waterloo	1-7
State Tournament	8th Place



**Hockey. Front Row:** Brett Callison, Chris Winkler. **Second Row:** Matt Lippman, Jason Teal, Joe Koski, Matt Booth, Brody Linder, Zach Vegge. **Back Row:** Assistant Coach Rusty Moore, Chad Gibson, Brett Linder, Joe Ethington, Derrick Hogberg, John Will, Jason Berg, Geoff Will, Head Coach Bruce Carman.





After an official called a penalty, senior captain Jason Teal faces off in the corner against a Dubuque player at the Cyclone Area Community Center. (Photo by Dan Ketelsen)

Celebrating after a goal against Dubuque, senior Joe Ethington and junior Jason Berg converge on center ice to congratulate senior Brett Linder on his goal. (Photo by Chuck Bevolo)



Struggling for the puck, senior Brett Linder becomes tangled with his Dubuque opponent. Linder was the team's leading scorer and received an honorable mention on the All-State team. (Photo by Dan Ketelsen)

After scooping up the puck, senior goalie Brett Callison watches his teammate check a Dubuque opponent. Despite the aggression of the Little Cyclones, the team lost 2-5 (Photo by Dan Ketelsen)

## But Seriously

-Matt Booth

O.K., so maybe we had a bad season. But considering the environment our team lived in, it doesn't surprise me in the least.

For starters, we were not even considered an actual team by our own classmates once we were away from Ames. Students seemed to find more important things to do, such as removing ear wax, than to support the Ames High Hockey team at its 10 away games. It was very hard to concentrate on the game when the opposing fans were screaming that they wanted to kill our mothers.

Being one of the few teams in the league that isn't school sponsored, we were also left out in the cold by the school administration, forced to survive on our own. I think any athlete would agree that performing under the above conditions would be hard at best.

Outside of our regular league games, we traveled to Chicago and Omaha for weekend tournaments. Playing under an intense schedule of two games per day, the spirit of the game was hard to keep alive at the end of the tournaments. Aside from the cold showers, tiny locker rooms, lost water bottles, rude fans, fast food and having to sleep with obnoxious teammates at night, we managed to pull away with a win at each tournament.

When I look back at the season, it's not the losses that come to mind, but the fun times the team had despite the inconveniences. The barbaric conditions that a hockey team must endure seems to only pull the players closer together. Now that my competitive hockey days are over, I hope that the spirit of hockey and what it stands for continues for many generations to come.▲





# But Seriously

-Jenni Thiede

At the beginning of the season, no one thought that we'd come as far as we did at the end of the season. On the first day of practice, we all agreed to set goals, but we knew they couldn't be too high.

The 1989 girls' tennis season was supposed to be a rebuilding season for all of us. We knew that we'd have a lot of good hard practices, but we weren't counting on too many wins.

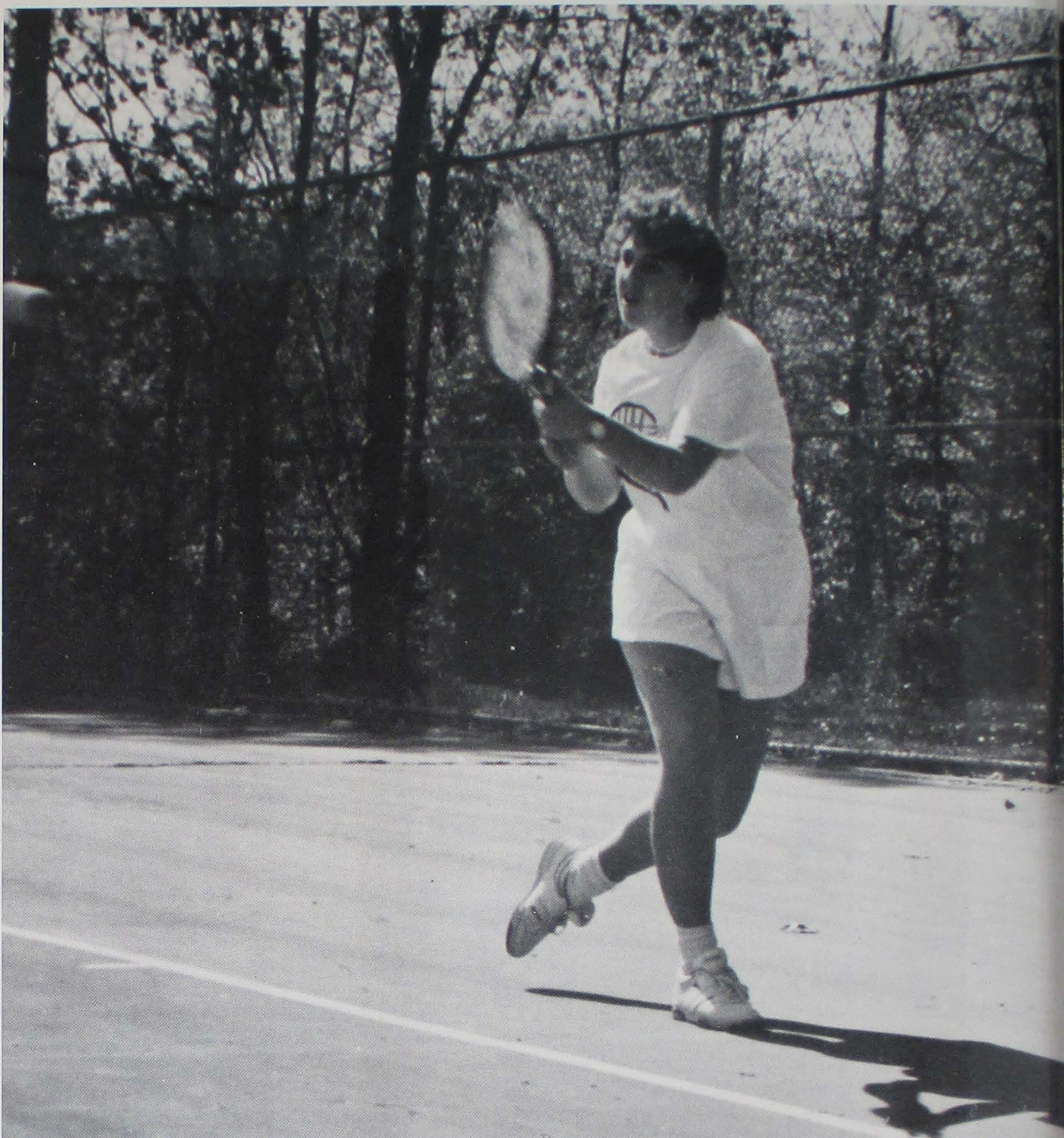
As the season got underway, we needed new goals. We beat WDM Valley and WDM Dowling in very close matches and that gave us a good chance of winning the Metro title.

As the season went on, our practices got harder and we worked together more. We had to support each other and help each other out. When it was time for meets, we always tried to watch each other play. That was sometimes hard, because sometimes you had to give yourself a pep talk before meeting your opponent.

Through all the serious talk and important meets, we never forgot to have fun. We never forgot that senior leadership was a very important part of all sports; we had to take on the responsibility of making practice fun for everyone. The main reason for doing this was to make the freshmen more comfortable, of course.

After the fun was over, we practiced hard so we could be the best we could be. Although tennis is an individual sport, we were all in it together. We lost together and we won together.

When the season was coming to an end, we remembered all the doubts we had at the beginning of the season. We were all out to have fun — no serious commitments were involved. Then somehow we managed to win nine meets (our goal at the beginning of the season was to win seven); we won the Metro and placed third at Sectionals (although we thought we'd do better, we weren't too disappointed). Seeing all this, there's no way one can say that 1989 was a rebuilding year.▲



## Varsity Girls' Tennis

9 Wins, 3 Losses

Opponent	AHS/Opp
Boone	7-4
WDM Dowling	6-5
Marshalltown	10-1
DM East	11-0
WDM Valley	6-5
Fort Dodge	0-9
Sioux City Heelan	6-3
Marshalltown	8-1
DM Hoover	10-1
DM North	10-1
Fort Dodge	3-8
DM Lincoln	7-4
DM Roosevelt	5-6
Sectionals	3rd





# Surprises helped girls to a winning season

## Beating the odds

-Lilian Riad

After losing eight of their 10 top players from last year, the 1989 girls' tennis team wasn't too optimistic about the upcoming season. There wasn't a lot of experience on the team, so the whole team had to work together.

"It took a lot of team effort to bring together our team. None of us was more experienced than others, so it wasn't one person who lost or won; it was all of us," junior Judy Pang said.

Despite the lack of experience and optimism, the team set goals to play the best they could and have a rewarding season.

"We didn't expect to have a winning season. We were determined to play our best and by the end of the season be ranked somewhere in the middle of the Metro," senior Sindy Pang said.

Along with doing their best for the team, individuals set goals for themselves.

"I wanted to win a least half of my matches and have a winning sea-

son. I trained all winter so I was ready to start the season," senior Debbie Dobbs said.

When the season began, the team won its first five meets, including meets against WDM Valley and WDM Dowling. After these important and unexpected wins, the team's doubts were beginning to fade and new team goals were set.

"When we beat Valley and Dowling 6-5, we got really motivated. We were determined to win the Metro title, and we didn't want to share it like we had in the past," junior Heidi Shierholz said.

Winning the Metro title was the season's highlight. Ames had only one loss in the Metro, which was one less than all the other conference teams. That allowed Ames to be the sole winner of the title.

As Sectionals rolled around, the team was optimistic. But a few unexpected losses made them settle for third place.

"A third place finish was kind of disappointing because we thought we could do better. We had come a long way though, so it wasn't like we hadn't accomplished anything," Shierholz said.

Through the wins and the losses the team was like a family. They were supportive of each other

whether they won or lost.

"We always tried to watch each other play and congratulated each other on a job well done," Sindy Pang said.

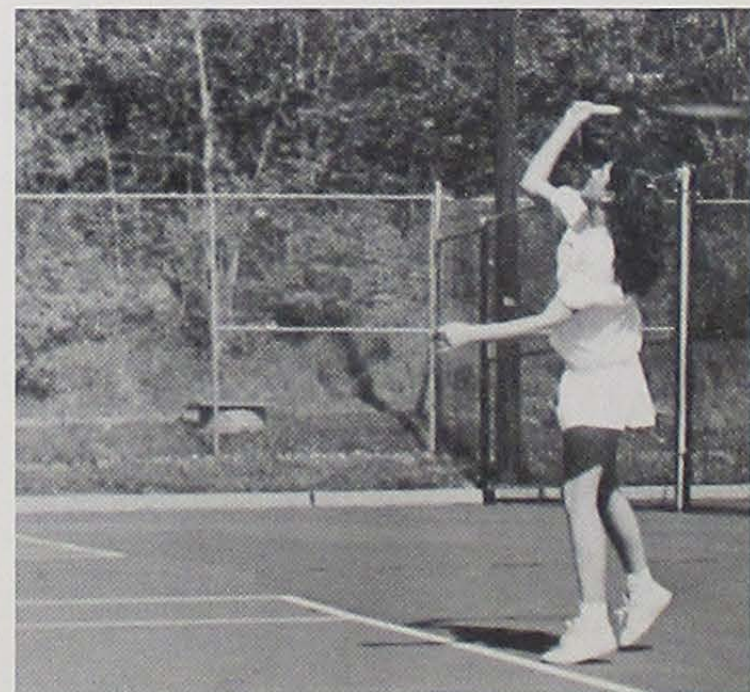
"I've been on the team since I was a freshman and this is the first year that I felt that we were really a team, because we were always supportive of each other," Shierholz added.

Little traditions helped the team become closer. Like families who do certain things on certain occasions, the tennis team did things together to help them have a family-like atmosphere.

"After each meet we always went to the same McDonald's, sat in the same spot and ordered the same food. It was really fun and it brought us closer together," Dobbs said.

Although there were some disappointments, the season ended with a lot of accomplishments that the team never thought possible. Beating WDM Valley and WDM Dowling and having big wins over DM East, DM Hoover and DM North helped the team earn a 9-3 winning record. The 1989 girls' tennis team, according to Shierholz, could be summed up as one of "very pleasant surprises!"

**A**t the courts at Brookside Park, senior Jenni Thiede practices her hitting techniques. Thiede was one of the five seniors who played on the team. (Photo by Chuck Bevolo)



**D**uring practice, sophomore Brandee Griffin works on her serve. Griffin was one of two sophomores who played on the varsity team. (Photo by Chuck Bevolo)

**T**ennis is a rigorous sport. After a tough practice senior Debbie Dobbs cools off with a drink of water. (Photo by Chuck Bevolo)

**Girls' Tennis. Front Row:** Medina Warren, Sindy Pang, Jenni Thiede, Debbie Dobbs, Jenny Lang. **Second Row:** Michelle Rayhons, Judy Pang, Coach Len Thiede, Nicole Devens, Heidi Shierholz. **Back Row:** Christine Chen, Keri Daddow, Carrie Booms, Mindy Jones, Jessica McKee, Emily Olson, Nikki Sartori, Angie Kim, Jennifer Hethcote, Brandee Griffin, Jennifer Kellen.



Tough team tried for #1 but placed third second time around

# Missed opportunities

-Michelle Rayhons

The sound of pounding tennis balls and grunts of competition echoed throughout the Brookside Park tennis courts. The boys' tennis team had a reputation for being tough, and this year's team could be described as even more relentless.

"We have a highly experienced team this year. We were all really used to the whole team and how everyone played. If there was a year to win State, this was it," sophomore Bob Black said.

A few inexperienced teams were no competition for Ames. This allowed JV to play doubles against DM North. They won 11-0.

Eight of last year's varsity players returned and a new student, sophomore Tod Berkey, joined the team. With all but one top player returning, the team had experience as well as depth.

"The top team was pretty close within the top six. He (Coach Keith Hilmer) switched us around quite a bit in doubles towards the end of the season," senior Eric Smith said.

The varsity's experience paid

off. Close to the end of the season the varsity record was 8-0, with the stiffest competition ahead, DM Roosevelt and DM Hoover.

"I haven't had a real hard match yet. Hoover beat Roosevelt and we hope to beat both Hoover and Roosevelt," Berkey said.

Against these rivals, the team fought hard. They beat Roosevelt, 8-3.

"Roosevelt was our biggest win. It was our grudge match from last year, so we were really glad to win," Black said.

But Ames lost to Hoover with a close score of 6-5. They were up 5-2 and lost the rest of the doubles matches. The team ended with a record of 10-1 and placed second in the Metro conference, behind Hoover.

"We had three doubles out on the court and we all figured everyone would win. We were disappointed after losing to them (Hoover) because it kind of shut down our expectations for the season," sophomore Danny Wilson said.

At Sub-State, Ames placed first, beating Carroll Kuemper, 7-2 and

Waterloo West, 5-4 and advanced to State to play among the top four teams.

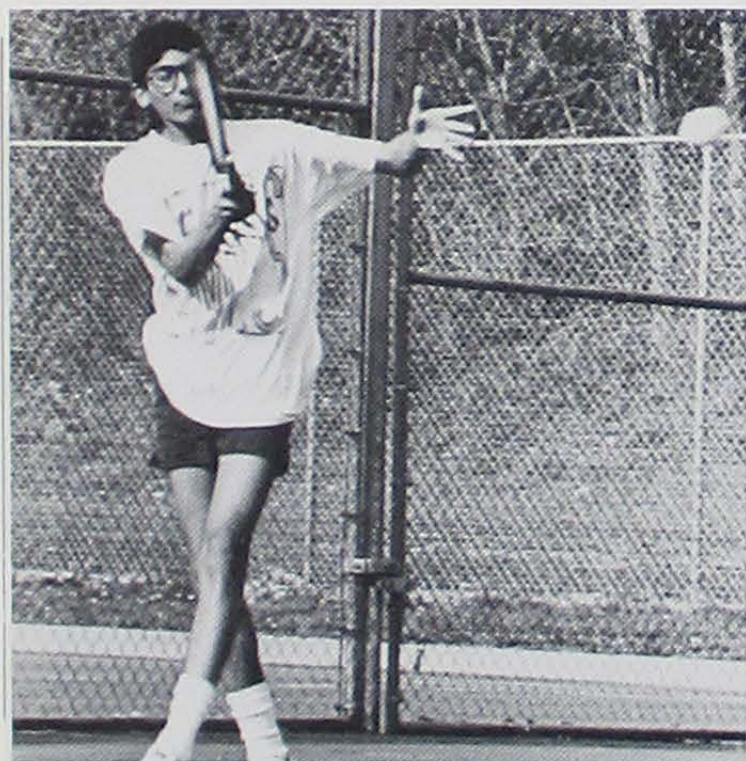
"Where we strive is in competing this year. We won all of our close matches, especially at Sub-State against Waterloo West," Wilson said.

The Little Cyclones ended their season at State, placing third. In the first round Ames lost 3-8 to Dubuque Wahlert, the team that eventually took State. This allowed Ames to place either third or fourth. In the second round they beat Hoover, 6-5.

"We beat Hoover and got some revenge, but we just didn't have a good day," senior Ranjan Dahiya said. "We thought that we were going to win State and it was really disappointing."

Despite a disappointing finish at State, the team was able to maintain its tough reputation with a 10-1 record, proving that they were a tough team to beat.

**P**laying aggressively at the net, sophomore Tod Berkey volleys as senior Bryan Schabel prepares for the next shot. They paired together to play number two doubles at Sub-State. (Photo by Doug Adams)



**H**itting a topspin forehand back to his opponent, sophomore Vaseem Baig plays number two varsity doubles against DM North. He and his partner won the match 7-5, 6-3. (Photo by Doug Adams)

**A**pproaching the net to hit a volley during doubles against Carroll Kuemper, senior Phil Berger assists Ames in placing first at Sub-State. (Photo by Doug Adams)



**Boys' Tennis. Front Row:** Bryan Schabel, Jeff Isaacson, Eric Smith. **Back Row:** Tod Berkey, Jamie Lang, Bassem Baig, Jason Burris, Josh Murphy, Bob Black, Erik Smedal, Eric Huang, Danny Wilson, Ryan Carver, Sam Johnston. **Not pictured:** Phil Berger, Ranjan Dahiya.



## But Seriously

-Jeff Isaacson

Tennis has never gotten very much publicity, so consequently the coach hasn't either. Mr. Hilmer has a very impressive record. Three years ago when he took over as the tennis coach, the team won Districts and made it to the second round of Sub-State. The following three years he took the team one step further to the final four (State) in team tennis. If that doesn't warrant some recognition, then I don't know what does. If someone did that in another sport, they would be considered in the same class as John Wooden of UCLA.

I know you're thinking that anyone could do that if you gave them the same players, but I don't think so. The tennis season isn't long enough to change many things in a person's game. The place where Mr. Hilmer has his impact is in making sure the players are physically ready for the meets and especially mentally ready during the matches. As the coach, you must be able to tell a kid the right things that can help him pull through in a close match.

In the team tennis state meet, Mr. Hilmer helped coach a player during a crucial argument. It was the third set and the player's opponent had obviously screwed up the score because he was deaf (and a freshman, I might add). Coach pulled through for the player by giving him the confidence to stick by his guns.

The tennis coach has often been regarded as a babysitter. If so, Mr. Hilmer is the best around.▲

### Boys' Tennis

13 wins, 2 losses

Opponent	AHS/Opp
Fort Dodge	9-0
Boone	9-2
WDM Dowling	8-3
Marshalltown	8-1
DM East	10-1
WDM Valley	9-2
Ankeny	7-2
DM North	11-0
DM Hoover	5-6
DM Lincoln	10-1
DM Roosevelt	8-3
Districts	2nd
Sub-State	1st
State	3rd





## But Seriously

-Donna Kislingbury

We were going for number three — our third straight state championship. We were working towards it all year, and we knew we had the potential to win.

Our first stroke of bad luck came Friday at State. One of the girls on the shuttle hurdle relay team took a spill and the team failed to qualify. None-the-less, if we ran well in the rest of the events we could still capture another state title.

Saturday was the 4 x 800 final. We were seeded third, but if we ran well we could place higher. I looked back with 50 meters left and saw an Iowa City girl coming up fast. I had to pick up my speed, but I couldn't. My legs just wouldn't move any faster. I fell before the finish line, sending six points down the drain. That was our second stroke of bad luck.

But we still had hope. All was not lost, if we won the last two events, the 4 x 100 and the 4 x 400, we would win State by one point. If we got a first and a second, we would tie.

The 4 x 100 was the closest race I've ever seen. Toria Simmons came from behind to catch a Waterloo West runner at the finish line. It took 10 minutes to study the photo and the decision wasn't in our favor.

So for the third year in a row, the meet came down to the 4 x 400. We still had a chance to tie by winning this race. We had qualified first, but Indianola surprised us in the finals and we ended up in second place.

Our team finished third in the state. Although we lost, this was the biggest learning experience of my life. I learned that a team is what wins championships, not individuals. In previous years we had won as a team, and this year we were defeated as a team. But that defeat wasn't the end of the world like I thought it was. This track season was just another learning experience that makes your life stronger.▲

**S**printing the opening 200 meters in the JV distance medley, junior Robin Renz gives her team the lead. The medley team won the event with a time of 4:50.1 at the Ames Invite. (Photo by Doug Adams)

**J**umping the last hurdle, sophomore Staci Kepley maintains the lead in the junior varsity shuttle hurdle relay. The JV team won the Ames Invite with 178 points. (Photo by Doug Adams)



**B**reaking the tape at the finish line, senior Toria Simmons anchors the 4 x 200 relay team to a victory. The win added 10 points, making the total team score 158 at the Ames Invite. (Photo by Doug Adams)

**J**umping a career best 5 feet 6 inches at the Ames Invite, senior Sharon Miller ties the school and meet record in the high jump. Miller later went on to State and placed third. (Photo by Doug Adams)





Despite disappointment at State, the girls improved

# Reaching new heights

-Janet Rorholm

In the middle of February, nearly 100 girls assembled in the gym for practice. They looked nothing like the two-time defending State champions and Metro champs that they were, but instead, a group of somewhat out-of-shape girls. Determined to produce another successful season, these girls went to work.

To turn these bodies into fine form, the team ran the halls and did aerobics for conditioning. The immediate result, for most, was pain and a lot of sore muscles.

"Stairs were impossible to climb," senior Nikki Schnieder said. "My calves and thighs were so tight. But shin splints were the worst! We started running the halls because of the weather, and cement has no cushion to it."

A couple of weeks, a lot of warm baths and many heating pads later, the 1989 girls' track team was ready for competition. Ames began their season indoors at the Drake Fieldhouse.

"Running indoors is different than outdoors. Handoffs feel different, things are cramped because lack of space and it seems longer, like you're running longer distances," sophomore Steph Alt said.

But the Little Cyclones quickly

overcame the awkwardness of the indoor season and became Ames High's first-ever State Indoor champions. The team then went on to perform well, placing high in all events at their next three indoor meets before beginning their outdoor season.

"After starting off well in the indoor season we were ready to move outside. We started off a little slow, not doing as well as we would have liked. Then we went up against some more challenging teams and we got more psyched and ran a lot better," Schnieder said.

The team started with a win against Mason City at home, but a week later traveled to Mason City and lost by one point to rival Marshalltown. The loss didn't slow Ames, who came back even stronger at the Little Cyclone Invitational. They scored 121 points, twice as many as WDM Dowling's 60.

Ames continued its winning streak at home at the Ames Invitational, beating DM Hoover by 56 points. The Little Cyclones performed well in all events. According to Head Coach Jim Duea, depth was the key to Ames' strong performances.

"It's hard to single any one person out. A lot of our success has been due to our sprinters, led by (Toria) Simmons, (Lia) Pierson and

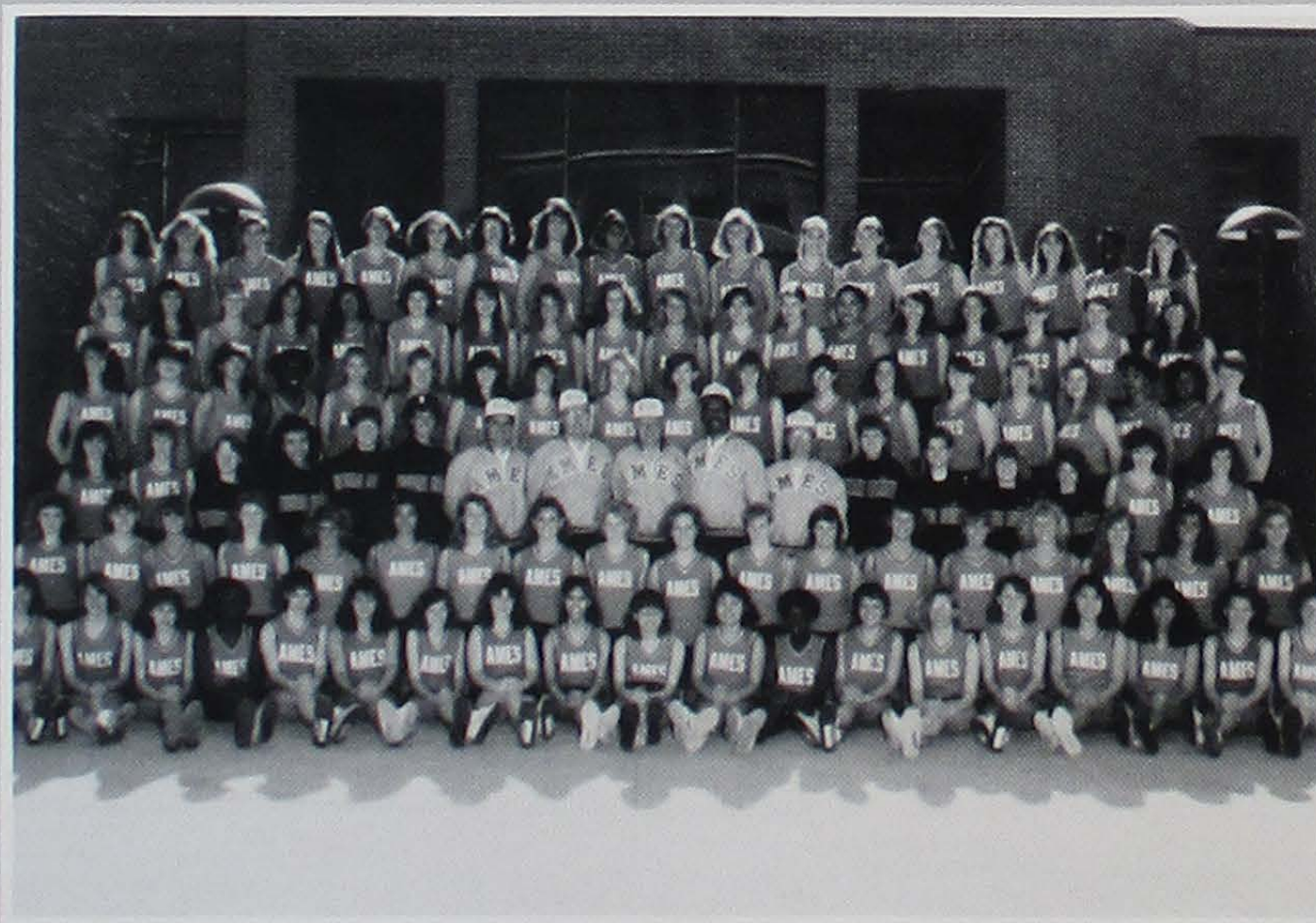
(Donna) Kislingbury. The field events have also consistently contributed with Sharon Miller in the high jump. We've also had solid performances in the hurdles and middle distances," Duea said. "That's been the key, good solid performances in all of the events."

Solid performances helped Ames beat Marshalltown at Districts 110-109. Ames qualified in 11 events for the state meet held at the Drake Stadium. According to District results, Ames' times made the 1989 Metro Champs and defending State Champs underdogs at the state meet with Bettendorf and WDM Valley being their main competition.

State proved to be tough competition for the Little Cyclones and due to a series of mistakes, Ames placed a close third, two points behind Bettendorf and one point from WDM Valley.

"Of course you always want to win (State), but we had a lot of good performances. Unfortunately things just didn't seem to go well," junior Lia Pierson said. "What's important is that in the past few years we've showed that we have tremendous depth. Each year we've graduated many key seniors but we just keep coming back. We just continue to improve."

Girls' Track. Front Row: J. Bernard, A. Campbell, T. Cruse, I. Fadeyi, T. Andrews, K. Holder, T. Franco, A. Bartsch, N. Ghoshal, L. Faush, A. Wagner, J. Kamazire, L. Daza, R. Ripp, V. Wilcox, W. Huang, F. Ramsey, S. Olberding, A. Cheville. Second Row: L. Martin, T. Carmean, R. Renz, R. Rieck, A. Bundy, C. Hunt, R. Faltonson, J. Ely, J. Brakke, C. Long, J. Brakke, S. Parks, J. Stiles, W. Zenor, N. Schnieder, D. Dubansky, C. McGee, B. Dill. Third Row: T. Burnham, K. Heuss, Mgr. D. Wright, Mgr. L. Riad, Mgr. M. Morden, Asst. Coach R. Ballentine, Asst. Coach L. Middleton, Head Coach J. Duea, Asst. Coach W. Clinton, Asst. Coach K. Schmaltz, Asst. D. Lentsch, Asst. L. Sletten, Mgr. K. Goudy, Mgr. D. Newhouse, C. Scott, K. Oldehoeff. Fourth Row: A. Whigham, T. McPeak, D. Cadwell, T. Simmons, M. Dietz, E. Holder, S. Hunger, S. Alt, C. Woodman, K. James, C. Melvin, C. McGinnis, T. Carmean, C. Thompson, D. Dean, E. Kellerhals, C. Fisher, J. Pugh, B. Walker. Fifth Row: N. Anderson, A. Weltha, D. Ricketts, D. Kislingbury, N. Chowdhery, C. Hawley, A. Meyers, B. Muller, C. Haws, J. Gowdy, K. Halliburton, P. Carlson, N. Williams, C. Canow, J. Remsburg, B. Fatland, H. Dean, B. Carlson. Last Row: A. Miller, J. Nordyke, S. Miller, A. Miller, N. Nilsen, J. Kopley, M. Holz, S. Cook, J. Beechum, S. Grundman, L. Whigham, T. Hensley, J. Ford, E. Baer, J. Pelz, J. Folkman, R. Lueth, L. Pierson.



## Girls' Varsity Track

### 7 First Places

Meet	Place
State Indoor	1st
Drake Indoor	Not Scored
Graceland Indoor	Not Scored
Dickinson Invitational	Not Scored
Mason City	1st
Mason City Invitational	2nd
Little Cyclone Invitational	1st
Indianola Relays	2nd
Ames Invitational	1st
Drake Relays	Not Scored
Dodger Invitational	1st
District	1st
Metro Conference Meet	1st
State	3rd



Dedication and desire to win

# Made the difference

-Heather Jesse

The season started with great hopes and expectations. Could the 1989 boys' track team seize the state title for the fourth consecutive year? It was a tall order, but they had dedication and desire which fueled them with the internal energy needed to maintain the tradition. It was this uniting force that made the difference.

In order to keep the winning tradition alive, the team began the season with high goals: to remain undefeated, win the Metro Conference title and repeat as state champions. Although the whole season seemed geared toward State, they had to approach each meet with the same intensity.

"Each meet is a stepping stone or a building block leading up to the ultimate, the state championship," Head Coach John Sletten said.

The state championship had long been in the history of the Ames High boys' track team. Ames had 16 state championships. This was the most in the state of Iowa. Along with the incentive to uphold this record, the talent and depth of the team gave them the power to succeed.

"You know you're on a good

team and that everyone wants to beat you, so you go out there feeling you're the best," freshman Guy Willie said.

But the team didn't always perform their best and sometimes found themselves slipping into moderation. They often fell behind at the beginning of the meets, like at the Bobcat Invitational when it came down to the last race. But the 4 X 400 team worked together to gain the needed points. It was this everlasting energy and pride that made the Little Cyclones different from all the other teams.

"We don't screw off as much as other teams. While the people on other teams can't wait for the meet to be over, we can't wait for the next running event," sophomore John Barnett said.

Another thing that made Ames different was their dedication. Even though they hated the repetition of the warm-ups and drills, the hard workouts and the pressure, they took it seriously.

"Other teams don't have near the discipline that we do. We actually do our workouts," junior Chris Nelson said.

Even though it was necessary for the team to function as a single

unit, individual discipline was very important. Each individual had to do their best in each event or the team would fall apart.

"Track gives you a chance to succeed by yourself. Unlike other sports, such as football, you get a chance to receive more personal recognition," sophomore Jesse Pease said.

But as the state meet approached, individuals began to think more as a team. Team members were willing to give up their individual glory in order to achieve the fourth consecutive state championship for the whole team.

"At first I felt a lot a pressure because I could ruin the tradition for the team if I jumped the gun," senior Mike Gabrielson said. "After we won I was relieved that we kept the string of victories and state championships alive."

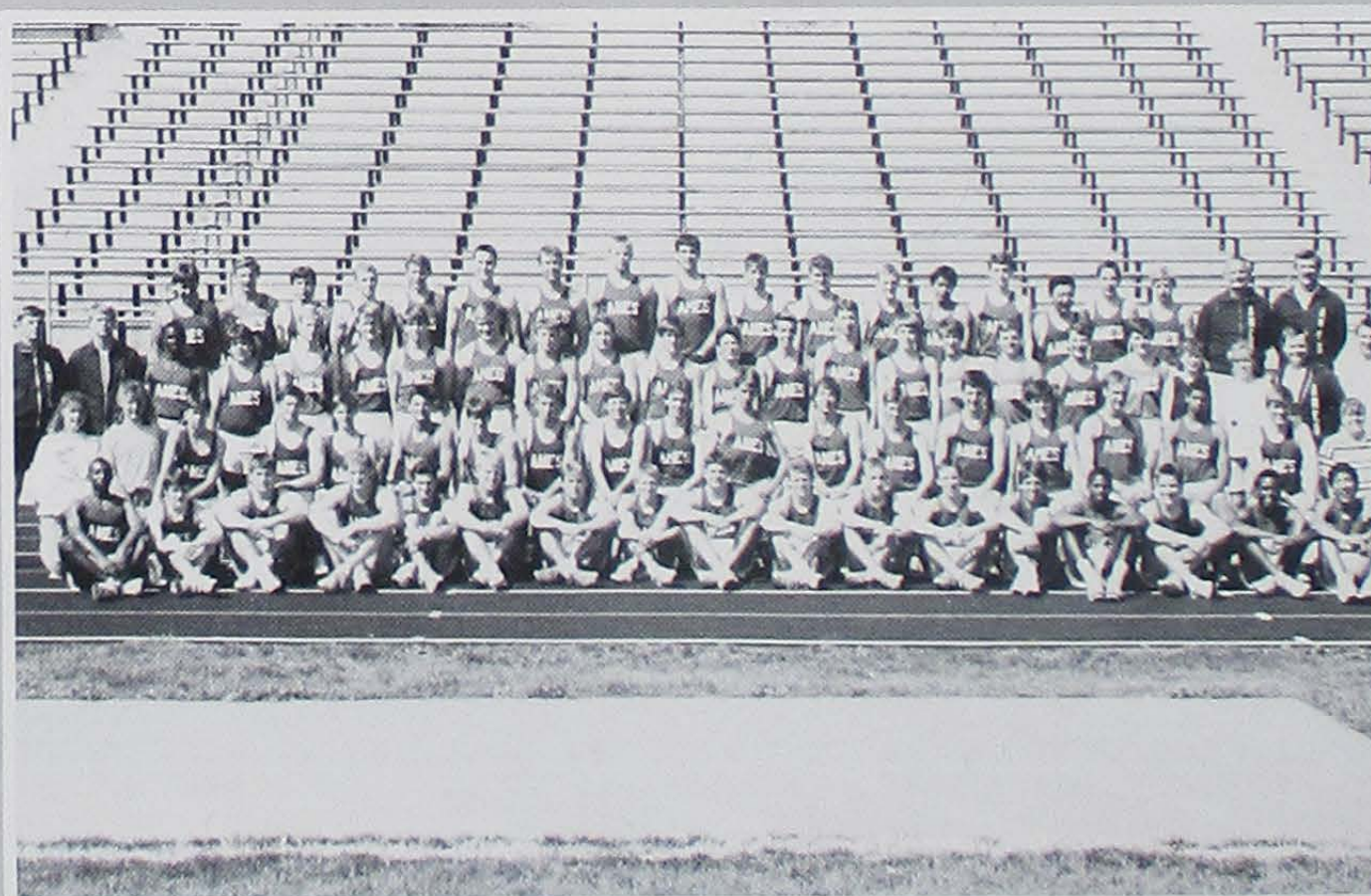
The team also kept their other goals alive. These accomplishments included achieving their sixth Metro Conference title and maintaining their three year winning streak.

The trophies and plaques they received for these victories not only recorded their accomplishments, they once again kept alive the team's pride and dedication.

## Boys' Varsity Track

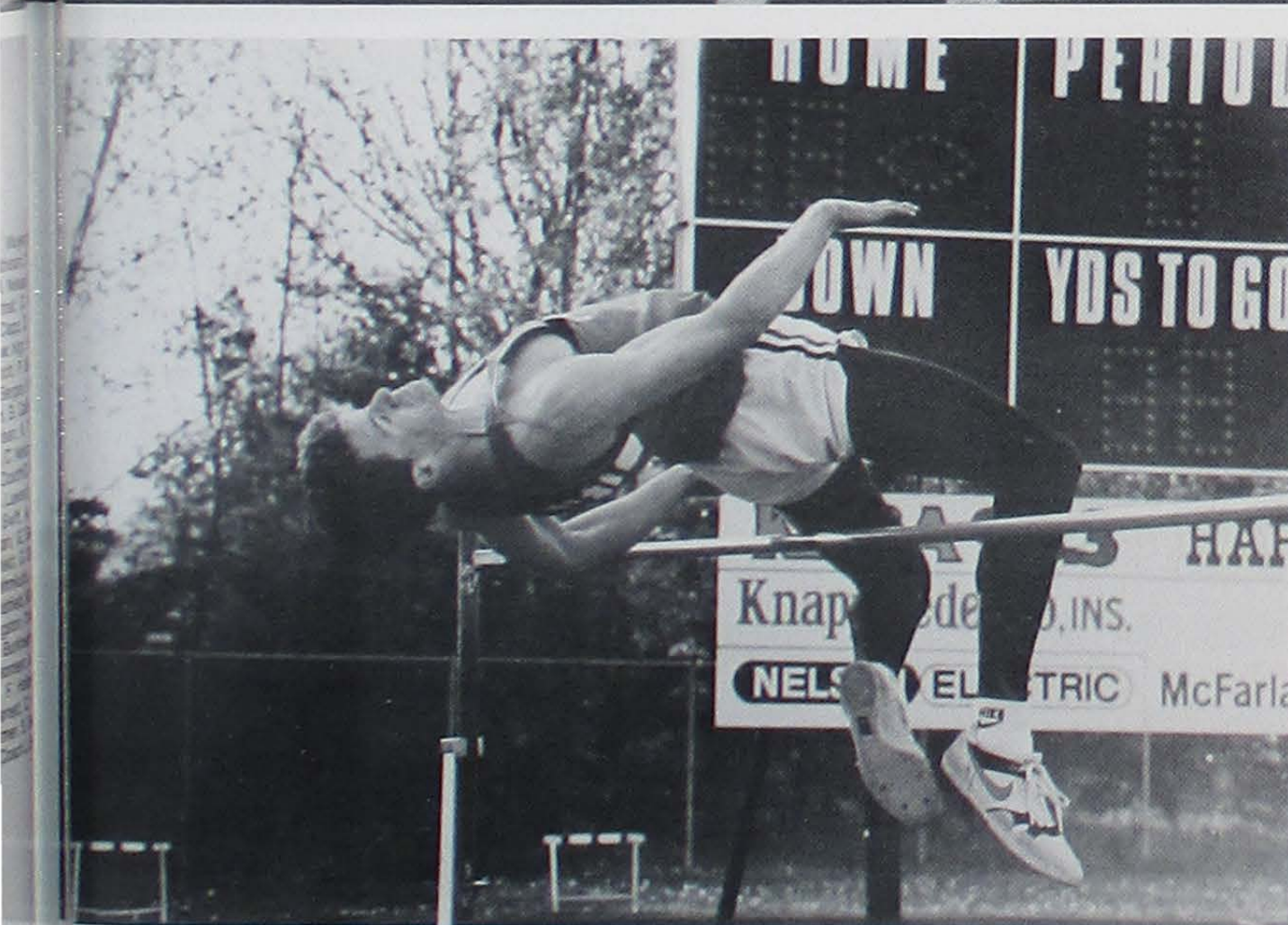
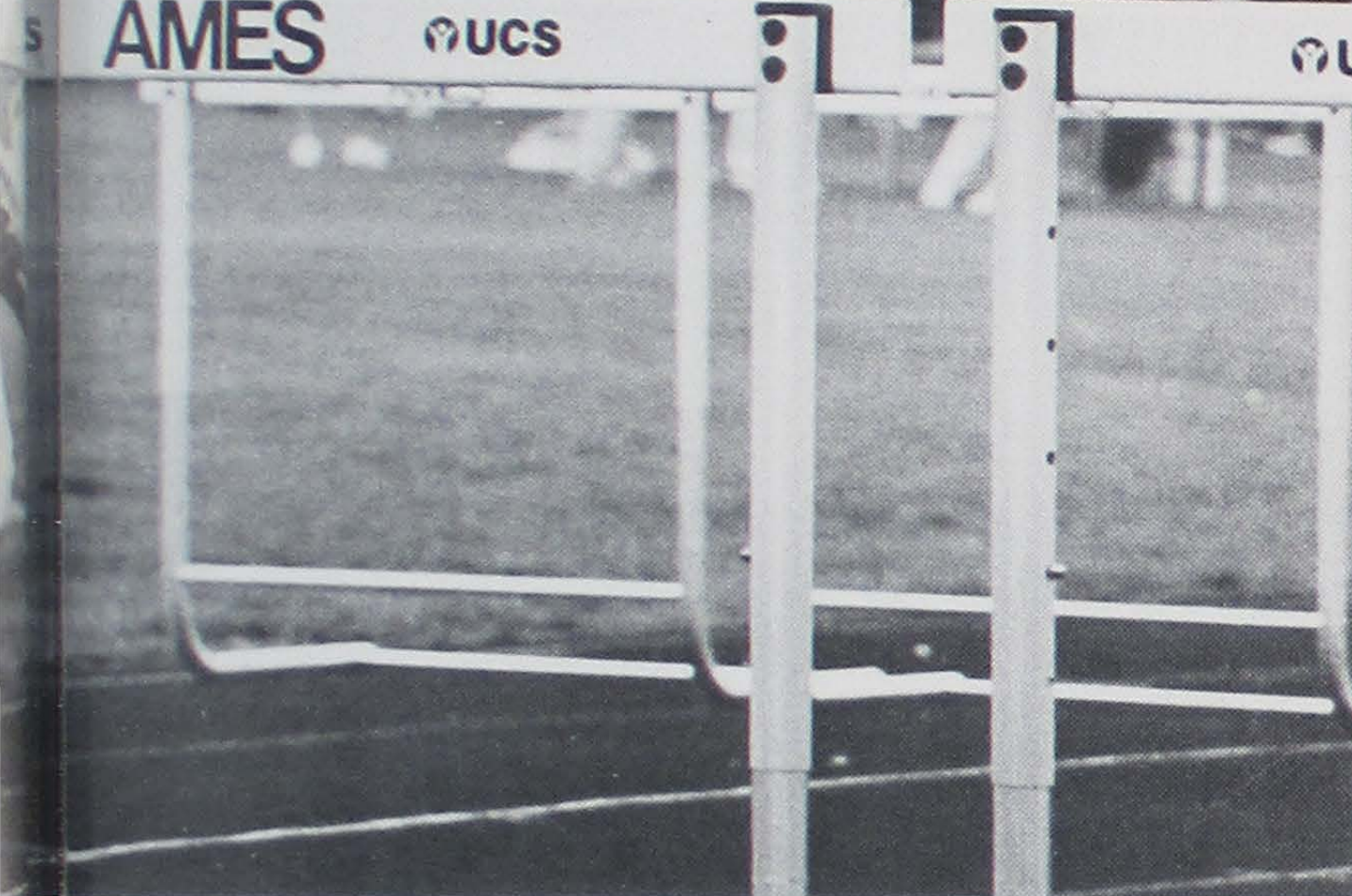
10 first places

Meet	Place
Triangular	1st
Dickinson Relays	Not scored
Wilkinson Relays	1st
Hi Covey Relays	1st
Bobcat Invitational	1st
Drake Relays	Not scored
AMA Classic	1st
Ames Invitational	1st
Hawk Relays	1st
Valley Relays	1st
Metro Conference	1st
State 4A	1st



**Boys' Track.** Front Row: F. Mueyngwa, Willey, E. Hawbaker, M. Mathison, D. Sedwick, J. Martin, S. Gilson, R. Netusil, D. E. Stein, M. Gabrielson, J. Littrell, C. Arp, K. Klebenstein, D. Knight, E. Clapp, C. Hawkins, J. Ramsey. Second Row: Mgr. H. Callson, Mgr. A. Doyle, M. Abbott, P. Bernan, B. Freeman, K. Holder, D. Bergan, M. Millman, A. Farrier, C. Andrews, B. Callison, E. Beaudry, N. Block, T. Joensen, K. Thompson, B. Campbell, A. Clinton, C. Nelson, Mgr. M. Sweet. Third Row: Asst. Coach C. Peizer, Asst. Coach J. Bachman, D. Lawson, J. Lingelbach, M. Anderson, J. Swift, A. Readhead, S. Penney, M. Bergan, G. Gam, S. Wuhs, M. Willard, S. Litchfield, G. Dolphin, E. Martin, B. Greving, A. Lehmkuhl, J. Murphy, S. Whiteford, Mgr. J. Hatfield, Manager A. Gilley, Asst. Coach B. Logston, Trainer T. Wilkenson. Back Row: C. Burkheimer, M. Maehner, T. Womack, C. Toomsen, A. Gam, C. MacGillivray, B. Geise, F. Holberg, B. Krausman, J. Pease, J. Barnett, C. Hampson, B. Sanache, M. Stevermer, S. Bakken, C. Brennan, G. Applequist, Coach J. Sletten, Asst. Coach J. Amfar.





**R**unning the JV 110 meter high hurdles at the Ames Invitational, freshman Adam Readhead concentrates on his form. The JV boys' track team also remained undefeated. (Photo by Doug Adams)

**C**rossing the finish line at the Hi Covey Relays, senior Dave Knight breaks the school record for the 400 meter dash. He broke this record again at State with a time of 47.53 seconds. (Photo by Doug Adams)

## But Seriously

-Ethan Clapp

Coach Sletten's face wrinkled up, his eyes searched the ceiling. "Hawk Relays, May 9th of '86," he said with a sigh. "That's the last one we lost." I smiled. What a record we were carrying.

When the season started out there were a lot of not-so-positive attitudes about this year's track season. We only had three returning lettermen, Robbie (Netusil), myself and Dave (Knight). The three of us had talked a few times before the season had started, and we didn't have much confidence in ourselves or the team to win the fourth consecutive state title. We had one glimmer of hope though. Mike Gabrielson had those ears. He could fly.

Dickinson Relays, the first meet, partially eliminated those negative thoughts. The outcome was a victory for the AHS boys' track team. From then on, each meet slowly built our confidence until we found ourselves at Drake Relays.

After two days of hot women, new records and over 30,000 people, the 80th Drake Relays were over. We walked away with three firsts. Of course we also had some bad spots. (You can't run well on four hours of sleep.)

I found myself in the last few weeks of my high school track career. I looked back over the years and recalled the good memories. Wilkinson Relays had been the best bus rides of track. (Let's keep the secret guys.) I also remember the time when Dave accused the floor of making noises. And when Robbie fell flat on his face running to get Hoya's hat. But the best memory, the classic, is our man Josh Littrell. Remember at practice he received a standing ovation for the major accomplishment over the weekend? Think hard, you'll remember.

Well I feel it's proper to part with a quote from our immortal coach, John Sletten. "Maintain the tradition."▲



**A**t the Metro Conference meet, senior Eric Hawbaker gathers his strength before throwing the shotput. He was the only senior to compete in this event. (Photo by Doug Adams)

**D**espite the cold weather, sophomore John Barnett clears the bar at 6 feet. The Ames Invitational was one of the coldest meets with the temperature in the 30's. (Photo by Doug Adams)



## But Seriously

-Marty Johnson

At the end of our successful 1988 season, Larry, the lucky golf ball, was passed down to the juniors to continue our winning tradition in 1989.

Larry used his magical powers to lead us to our third consecutive Metro title and state meet. Although we took slaughtering the opposition very seriously, if someone saw us out of competition, they would not believe that we were an undefeated varsity golf team.

This awesome team was composed of five super-stud golfers and a study coach.

Starting from the rear was Chantel "Pout" Jordan, who received her name after the Ottumwa Invitational when she whined on the way home as we drove through a severe thunderstorm.

Janet "Bad Attitude" Rorholm earned her name over the past four years from her pessimistic attitude. After being hit by several balls, Janet not only disliked the game, but also had a fear of golf balls.

Janea "Spot" Carter inherited her name. With her parents' names being Dick and Jane and the family not having a dog, Janea was pegged with Spot.

Marty "Fidgety" Johnson got her name from roadtrips. Marty hated riding for a long time and couldn't keep still. To amuse herself, she found new seating arrangements and muttered to anyone who cared to listen. She never shut up!

Reaching the front was Paige "You suck" Hoefle, who honestly believed that golf balls listened to her. Several greens away, one could hear her scream "Sit, bite, break, stop! OK then, off the green! You suck!"

But we must not forget Coach Heiberger. No one will forgive him for his faulty addition when we almost lost a meet. We stood around in disbelief, imagining the headlines until someone caught the mistake.

At the end of the season, Larry was once again passed down. I hope this winning tradition continues and that when stepping up to the tee they remember to "Be a happy golfer."▲



### Girls' Golf

15 first places

Opponent	Place
WDM Valley Classic	1st
DM East/DM Lincoln	1st
Ames Invitational	1st
WDM Dowling	1st
Marshalltown	1st
Ankeny	1st
Metro Conference	1st
DM Hoover/DM Roosevelt	1st
WDM Valley/DM North	1st
Ottumwa Invitational	1st
WDM Dowling	1st
Boone	1st
Sectional	1st
Regional	1st
State	1st





Destroying doubts and building hopes, the girls

# Swung to victory at State

-Steve Wuhs

The girls' golf season didn't seem like it would be a pretty one. Sure, they had placed third at last year's state meet, but three of the top six players on that team graduated. The team didn't have high hopes for the season.

"I had a lot of doubts. A lot of less-experienced people had to play varsity. I didn't know what to expect," junior Paige Hoefle said.

As a result of the less than optimistic attitude, the team had low expectations for itself. Then they had their first competition of the year, the WDM Valley Classic.

"We were really excited because we didn't expect to be as good a team as last year, but we were," sophomore Janae Carter said.

The team was surprised by the

unexpected success in the meet, winning first place. That success inspired them to work harder than they had been.

"I think we're in a state of shock. We're taking it a lot more seriously now that we have a chance," senior Janet Rorholm said.

As the season progressed, the team's first victory turned out to be more than a fluke. The team began to excel, both winning meets and breaking records. Early in the season, the team of Hoefle, Rorholm, Carter and senior Marty Johnson broke the school nine-hole record, taking 161 strokes. The team was encouraged even more by this accomplishment.

"Everyone's concentrating more and trying harder. Once we started to break records, we started working a lot harder," junior Julie Hanson said.

But as they improved, expectations rose also. The goals for many of the team members had changed since the season opened.

"When the season started, all we wanted was to do well in the

Metro. Now we want to take State," junior Sarah Gitchell said.

And those hopes didn't appear to be out of reason. At the sectional meet May 15, the team won a chance to compete in Regionals, winning by a 16 stroke margin. Hoefle also advanced as an individual.

The regional meet also proved a success for the Little Cyclones. The golfers beat their closest opponents, Webster City, by 30 strokes. However, Hoefle didn't move on to the state meet in individual competition.

State was held on May 30 and 31 in Ottumwa, and once again, Ames lived up to high expectations. The girls captured the first State title in Ames High history, beating runner-up Dubuque Hempstead by 39 strokes.

"It really capped off a great season. We had all worked so much and tried so hard, it really paid off," junior Chantel Jordan said.

**F**ollowing her fairway shot, senior Marty Johnson grimaces as she watches her ball veer off in the wrong direction. Despite the shot, Ames cruised to victory. (Photo courtesy of The Daily Tribune)



**Girl's Golf.** Front Row: Paige Hoefle, Sarah Gitchell, Julie Hanson. Second Row: Amy Hausman, Janae Carter, Wendy Christensen, Chantel Jordan. Back Row: Janet Rorholm, Marty Johnson, Coach Bob Heiberger, Kate Wilson, Krista Heinzig.



**P**utting plays an important role in the game of golf, and a match could be won or lost on the green. Junior Julie Hanson lines up and prepares to sink her putt. (Photo by Amanda Jones)

**A**fter leading the Ames High golf team to its first State victory, number one golfer Paige Hoefle examines her medal, while alternate Sarah Gitchell and Judy Hoefle look on. (Photo by Janet Rorholm)



# With wins and losses the Little Cyclones were *Pitching for perfection*

-Becky Dill and Janet Rorholm

The lights of the stadium shine brightly on the field. As you approach home plate you dust off your cleats, take a few practice swings and check the coach's signal. It's the bottom of the ninth, bases loaded, two outs and you're up. You get ready for the pitch. The pitcher winds up and releases the ball. The ball is whirling at you and you swing hard. The sound of your bat and the ball connecting fills your ears. SLAM! It's gone, home run.

For many this is just a dream, but for members of the 1989 boys' baseball team this was something of a reality.

The Little Cyclones belted out a 28-12 season record. They finished 13-8 in the Metro Conference, placing third behind WDM Dowling and DM Hoover. The team also headed to the state tournament, beating both Marshalltown and Boone in District action before falling short to Fort Dodge at Sub-State, 3-4. But that loss shouldn't overshadow their accomplishments.

The '89 team chalked up Ames High's all-time highest team batting average of .349. This record surpassed the previous average held by the 1988 team.

"I think that says a lot of our team," senior Monty Muller said. "We proved we were as good a

team as the teams before us."

The Little Cyclones also entered the record books for slamming the second most home runs with 37. That number is second only to the 1987 team who belted out 56.

The home run gave AHS the confidence they needed when they found themselves down on the scoreboard.

"We always knew we could come back and hit the long ball in the late innings. With just one hit, we could come back and win the game," senior Mike Gabrielson said.

The Little Cyclones also had an abundance of pitchers. Throughout the season, Head Coach Phil Johnson used 14 different pitchers.

"I think having so many pitchers effected us in a positive way," Muller said. "They all could pitch, and they all could pitch well."

Unlike the baseball team, the girls' softball team had only two pitchers and the long ball was rarely seen.

The season consisted of low-scoring games and long innings. In one doubleheader against WDM Dowling Ames lost the first game 10-0. Then the Maroons and the Cyclones battled out the second game in an Ames High record-long game of 16 innings before Dowling handed the weary Cyclones another loss, 1-0.

The '89 softball season was also a season of change for the Little Cyclones. Wes Worrell replaced long-time coach Bud Legg as head coach.

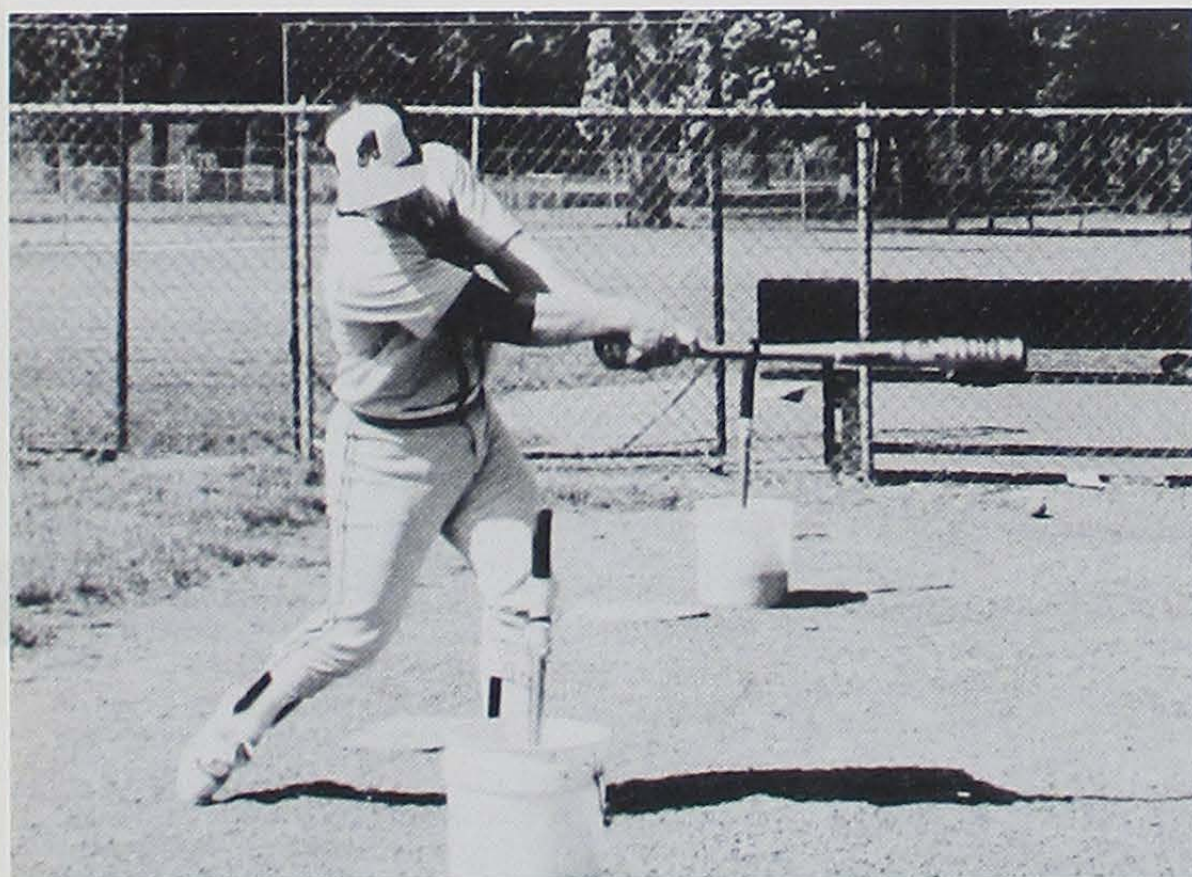
"He (Worrell) encourages us to have fun during the season, which is a really good strategy," junior Sally Metzger said.

Have fun they did, according to teammates, despite finishing seventh in the Metro and 17-20 overall. They did make it past sectional, beating both Denison and Carroll Kuemper to advance to regional where they lost to Boone, 2-3, and Harlan, 0-1.

"As Coach Worrell would say 'We didn't have any huge peaks or any major valleys,' we just played the same the entire year," senior Marty Johnson said. "We had about 20 ballgames that we lost by two runs or less. Those could've gone either way. But those are 'what-ifs'."

So despite all the wins and losses for both the softball and baseball teams, both had the chance to fulfill their dreams at ba-

**D**uring an Ames baseball practice, junior Jason Berg throws the baseball back and forth with one of his teammates. Berg plays both third base and catcher for the Little Cyclones. (Photo by Dan Ketelsen)



**P**racticing his swing before the game, senior Mark Pollman gets ready to knock one out of the ball park. Many players found practicing off the batting tee improved their hitting. (Photo by Sarah Post)

## Softball. Front Row:

Wendy Zenor, Kam Archbold, Nikki Schneider, Lori Shorpp, Kim Bauman, Jodi Reinhart, Marty Johnson. **Second Row:** Janea Carter, Andee Moore, Shannon Fultz, Krista Posegate, Teri Pipitone, Kris Clatt, Stacia Madsen. **Back Row:** Jennie Jones, Sarah Ulenhopp, Julia Ford, Jennifer Kellen, Niki Nielsen, Sally Metzger, Amy Biechler.





## But Seriously

-Mike Herman

"Take pride in your abilities."

"This cold weather is to our advantage."

"This hot weather is to our advantage."

"Don't be so nicey, nicey!"

These are just a few of many quotes from Coach Johnson that will forever bring me back to high school baseball.

Some of the seniors this year were wondering how the new juniors would fit in. It turned out really well, and we are a pretty close-knit bunch of guys. I think this comes through in our nicknames for each other and the coaches. The chief nicknamer is Darrin Pohar. The team goes as follows:

Coach Phil "Barney Rubble" Johnson

Coach Jim "Fred Flintstone" Stillwell

Scot "Herf" Angus

Eric "Chilly Willy" Bappe

Craig "Pete Puma" Barnum

Jason "Weasel" Bennett

Jason "Michelin Man" Berg

Brian "Snagglepuss" Bowman

Mike "While E. Coyote" Brower

Tyler "Tasmanian Devil" Farnner

Mike "Blood" Gabrielson

Brian "30-pack" Hansen

Mike "Mister Salty" Herman

Joe "Radar" Highbarger

Jason "Hoss" Horras

Tim "Casper the Friendly Ghost" Jaspering

Brett "Rhode Island Red" Linder

John "White Flash" Montgomery

Monty "Roger Rabbit" Muller

Brian "Chicken Hawk" Peter

Joe "Shaggy" Peterson

Darrin "Elroy" Pohar

Mark "Bam Bam" Pollmann

Matt "Froid" or "Smelling" Smalling

Lance "Van Halen" Van Houten



**Baseball. Front Row:** Mike Gabrielson, Eric Bappe, Darrin Pohar, John Montgomery, Tim Jaspering, Brian Peter, Mark Pollman.

**Second Row:** Jason Berg, Scot Angus, Lance Van Houten, Michael Brower, Brian Hansen, Brett Linder, Joe Highbarger.

**Back Row:** Tyler Farnner, Jason Horras, Mike Herman, Brian Bowman, Joe Petersen, Monty Muller.



We're out there every day of the summer working hard but having a good time, and these names attest to that. Even though the summer sends Ames High students in hundreds of different directions, something about baseball brings them back together.▲

Helping to load the Ames JV and varsity girls' softball teams onto the travel bus, assistant coach Vicki Jons thinks about the teams, a new game strategy. Ames lost to Boone 4-3. (Photo by Becky Dill)



## But Seriously

-John Okiishi

Soccer. It means different things to different people. To football and baseball players, it's a fall and summertime activity for guys who aren't good at any other sport. To a certain Ames High track coach, it's a sport for "non-athletes." To the girls at WDM Valley, (the kind of girls soccer players pray for nightly), soccer is a sport played by strapping young studs with bronzed bodies and rippling biceps. To an AHS soccer player, soccer means bruised shins, pulled muscles, lots of sweat and North High "Bruce-Lee want-to-be's" sticking their cleats in your face and asking you if you want to fight.

This year's varsity soccer team was a young and struggling team. With only five seniors trying out and two still on the team, the younger team members didn't have much in the way of upper-classmen leadership. Many of the younger team members looked to other sources for role models, evidence being the "Metallica" t-shirts worn to practice and the team motto "kill 'em all."

Our season officially started on May 1. Practices consisted of a 45-minute lecture from the coach, half an hour of drills and a half an hour of scrimmaging. Conditioning was eliminated from the program and we all felt the effects. None of us knew why our new coach ignored this, perhaps he felt that discipline would replace separators and push-ups.

Although our outlook for the year seemed bleak, with a 1-4 record to date, we were all pushing hard and had the motivation and the attitude to win. Even if we didn't win any more games, at least we tied last year's (1-14) record.

And to the team members: I'M TELLING YOU MAN, IF YOU SHOOT 300 TIMES AND ONLY THREE SHOTS GO IN, WE'LL STILL HAVE **STORIES TO TELL OUR KIDS**. (That last part is dedicated to former goalie Jason Teal.)▲

During a junior varsity game against the DM North Polar Bears, sophomore Kevin Greisch battles for the ball as teammate sophomore Chris Dieter waits to assist. (Photo by Marit Munson)

Stopping a DM North player is sophomore Nick Nakadate. Teammate junior Kirk Thompson looks on waiting to help. The JV game was followed by the varsity game in which Ames won, 4-2. (Photo by Marit Munson)



Attempting to steal the ball is sophomore Gustavo Riesco. During the play Riesco was penalized for unsportsman-like conduct. As a result, DM North received a direct kick. (Photo by Marit Munson)

During their first game against DM North, junior Rob Van Auken fights for the ball. This game proved to be one of the most physical that Ames High played. (Photo by Marit Munson)







A new coach and new faces helped the soccer team

# Shoot for success

-Stacia Madsen

The soccer team started its season with a different look. Part of that look was a new coach, Ghazi Halloum. With the new coach came a better attitude and a different approach to the game.

"Ghazi has a different system than the other Metro coaches," junior Doug Bock said. "He has a series of strategies. The plays are complex, but he does a good job teaching it. He has a different approach than coaches in the past. He leaves more up to players. We work on conditioning and other skills on our own."

The different approach and methods used by Coach Halloum were taught during practice.

"We do a little conditioning during practice. We work on skill development, discuss the game we have the night before and we discuss good things and bad things about the game and how to improve on them," junior Kirk Foote said.

The coach wasn't the only new face out on the field. The team had little experience.

"We are a very young team," freshman Jae Bernard said. "We have two freshmen, two sophomores and only two seniors, the rest are juniors."

Some of their inexperience

showed in the first couple of games. The Little Cyclones faced DM Hoover first and lost. They then proceeded to go up against DM Lincoln and suffered a 3-2 defeat. The Little Cyclones' first victory came against DM North, 3-1.

Even though they lost their first two games the team was still confident about their abilities.

"Our best game was against Lincoln," junior Lance Schmidt said. "We made stupid errors. Our shots weren't going in. But we played more as a team. Even though we lost I thought that we played really well. We will beat them next time we play them."

With each game and practice the team got better. Along with the coaches, the players tried to help each other whenever possible. Players helped each other to help strengthen the team.

"The most important thing for any team is that players like each other," Bernard said. "If someone is doing something wrong, someone will point it out and tell the person how to improve on it."

Strength also came from the two seniors on the team. Along with having to demonstrate their experience and leadership, dedication to the sport meant forfeiting their summer to play for Ames High, although they had officially graduated.

"It takes a lot of time, but I love to play and that's why I play," senior James Watt said.

This dedication to the game helped the Little Cyclones improve their record to a 8-8-1 record overall. The team also placed fourth in the Metro behind WDM Valley, WDM Dowling and DM Roosevelt, respectively. The junior-varsity team also had a good season with an 8-6-3 record.

"It was quite a change from last year," Coach Halloum said, speaking of the previous year's record of 1-14. "You could say it was a dramatic change. Our new strategy, along with their will-to-win determination to have a winning season was the key. They struggled at the beginning of the season, but in the final part things started clicking."

Before the season had even begun the team set goals, not only to improve, but also to score a victory over the always tough WDM Valley. By the end of the season all goals had been reached.

After a loss against WDM Valley in the beginning of the season, the Little Cyclones came back and upset the Tigers 4-3 the second time around. The 1989 soccer team had been shooting for success, and had won.

Soccer Team. Front Row: Kevin Greisch, Andy Glatz, Gustavo Riesco, Chris Dieter, Nick Nakadate, Joe Kuhl, John Ramsey, Derek O'Riley, Bill Robinson. Second Row: Edgar Hernandez, Micheal Patterson, Tom Oakland, Brad Lanxon, Bill Kannel, Farshid Khosravi, Tuan Larson, Jae Bernard, Doug Bock, Cindy Harris, Nathan Uemura, Brian Petrus. Back row: Assistant Coach Abas Halloum, Jason Madison, Chris Bovee, Kirk Thompson, Derek Kruempel, Jamie Watt, Todd Schumer, Chris Ollila, John Okiishi, Jason Stetzman, Head Coach Ghazi Halloum.



Running downfield, junior Curro Benitez tries to edge out a DM North player as they head toward the goal. Benitez was an exchange student from Madrid, Spain. (Photo by Marit Munson)

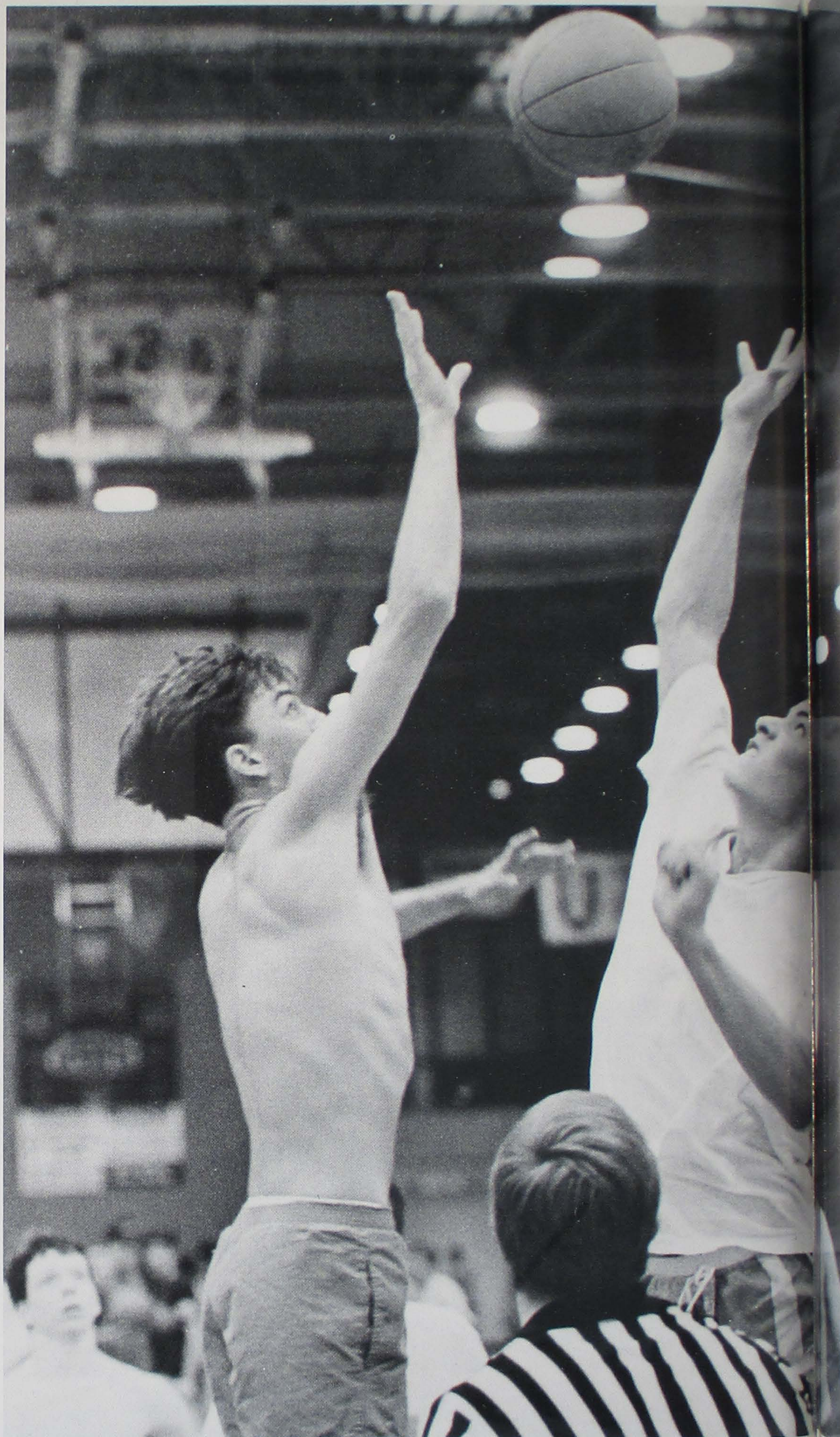


**I**t's height against height as seniors Tony Potter and Phil Berger stretch for the tip off. Potter won the jump but in the end it was Berger's team with the victory. (Photo by Doug Adams)

**A**fter being fouled, sophomore Pete Ege-land shoots a free throw. Making it to the fi-nals of frosh/soph I Ball were the teams cap-tained by sophomores Chris Dieter and Mike Coronas. (Photo by Janet Rorholm)



**A**fter driving towards the basket, senior Kam Archbold quickly finds out it was the wrong thing to do and seeks an outlet. Arch-bold's team, whose record was 7-3, lost the game. (Photo by Janet Rorholm)





# I Ball was a chance to strut some stuff and Shoot some hoops

-Janet Rorholm

Wednesday. Another half hour of sleep and three less minutes of class. During those chilly months of winter Wednesday took on a new meaning. Hostility and threats full of hot air warmed up the halls as basketball players geared up for another night of I Ball.

"It's a tough-man contest. It gets pretty physical out there. No blood, no foul is how we play," senior Seth Gilson said. "It's a lot of people getting out there trying to build up their egos."

After spending so many hours in the weight room, I Ball was a chance to flex those muscles, not to mention a change of pace from that daily routine.

"For me and most other seniors who are sick of school, it was absolutely the only way to make it from weekend to weekend. It was party time at mid-week where you could play hoops and try to shoot as many points as possible or just pound on some people," senior John Niyo

said.

Cheap shots weren't the only reason students played I Ball. Many took it seriously, at least seriously enough to win. Rules weren't always an important factor in achieving this goal.

"Fair is a word that quickly leaves the English language when you step into the gym on Wednesday night," senior Ben Klaas said. "You see everything from Rob Netusil on Mike Urick's shoulders slam-dunking, to bogus scores reported as 108-106."

One thing that was not 'bogus' to an I Baller was tourney time. Tensions ran higher as teams tried to make it to the final game.

The lucky teams of Gilson and senior Bill Reece squared off in front of the school to strut their stuff and in the end it was Reece's team, 53-36.

Hiding in the shadows of guys I Ball was girls' I Ball, found at the middle school. These girls received a bad rep from their counterparts for their happy-go-lucky attitudes and

style of play.

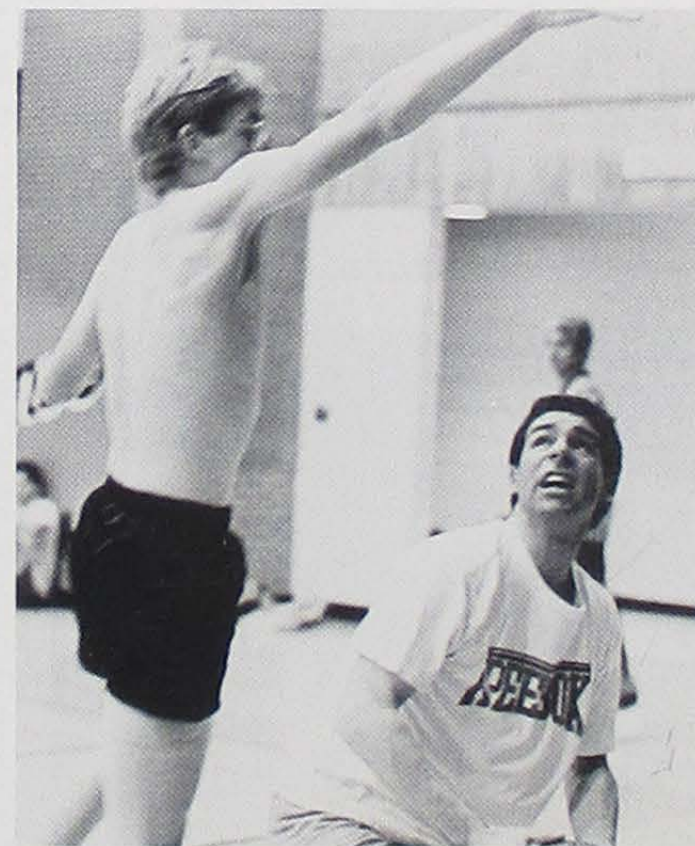
"We were really mad at the guys for slamming us," senior Tammy Scherr said. "Our team took it serious because we were winning. Every Wednesday we were psyched up and ready to play."

Many didn't take it seriously though, and as a result four teams out of eight were kicked out of I Ball for an abundance of forfeits. Despite lack of competition girls' I Ball continued, and in the end it was a face off between Scherr's team and junior Krista Posegate's team.

Pushing, shoving, name-calling and threats yelled at the refs dominated the final game where Posegate's team remained undefeated.

"It got too serious at the end," Posegate said. "I had no intention of it getting that ferocious or rough in our last game. We just wanted to have fun."

So instead of dreaming about a slow night of TV, students could look forward to a night full of fouls, whistles, freethrows, points and sweat. What could be more fun?



Falling for a ball fake by junior Rob Van Auker is junior Brian Bowman. Van Auker gathers his strength to take the ball up for two points. Bowman's team won the game. (Photo by Joe Highbarger)

Despite being outnumbered by the opposition, senior Jason Bauge races in for a lay-up. Ready to ruin Bauge's quest for a couple of points are seniors Ethan Clapp and Ranjan Dahiya. (Photo by Doug Adams)



# Miss to macho

-Bryan Schabel

During Homecoming, a dramatic change came over girls. In less than a week, the sweet, feminine teenagers transformed into hard-hitting guards and tackles, thirsty to pound in the opposing team's heads. Gone were the innocent, wide-eyed faces, replaced by faces with eyes of vengeance and streaks of mud from battle. It was Powderpuff — a time when the girls huddled up and said, "Let's get serious now."

In the opening game, the sophomores trounced the freshmen 21-0. The sophomores were led by runningback Jami Stiles who rushed for over 100 yards.

"I think the score was the best part of the game," sophomore Rachel Faltonson said. "It proved that we're number one, and that the freshmen will never be better than us."

The freshmen received a rude awakening to their football careers with the harsh loss, although they did expect a similar conclusion to the game.

"I wasn't really surprised with the outcome," freshman Amy Carey said. "I was surprised, however, by how rough it was. Even though I didn't really get touched, I heard a lot of complaints from our defensive line about the intensity of the sophomores' offense."

Intensity was very strong in the junior - senior game. All through the preceding week, the traditional "hit lists" appeared in seniors' hands, on the walls of the school or in garbage cans (if an included junior happened to find one of them). The hit lists designated certain juniors who were considered prime targets for physical punishment in the upcoming game.

"The hit lists really didn't scare any of us," junior Heidi Shierholz said. "Nobody actually thought they were serious about it, so we weren't too worried."

The seniors, however, felt that the lists were influential to the juniors.

"We got a note from the junior coaches apologizing for a note that their players wrote to us,"

senior Tammy Scherr said. "They asked us not to take our anger out on their players... so obviously the lists got them worried. We didn't accept the apology."

In the end, the juniors upset the seniors 8-0, and the hit lists' plans were not fulfilled.

"I hated the game," senior Toria Simmons said. "Actually, it wasn't so much that we lost, just that we were so hyped up about beating up some selected girls and we didn't get a chance to follow through with it."

From the sidelines, however, the game was not always a contest of physical ability, but of physical appearance.

"Even though the juniors won, the seniors definitely had the looks as an asset," senior game announcer Josh Littrell said. "Overall it's not whether you win or lose, but rather how your tights fit."

As sophomore Tasha Terrones waits in the backfield, Cyndie Long plows through for a sack. The sophomores dominated the freshman offense to triumph 21-0. (Photo by Jamie Watt)



Like a real coach, senior Jason Teal calls the shots for his sophomore offensive line. Many football players volunteered to coach the all-girl teams. (Photo by Quentin Crowner)







While going for the runner's flags, juniors Jessica Miller and Laura Zachary sandwich senior Debbie Dobbs. The juniors stopped the seniors 8-0. (Photo by Dan Ketelsen)

Crashing the net, juniors Raji Gandhi and Ed Jackson get one behind senior Monty Muller. Muller's team, Demon Beast, later became I V-ball champions. (Photo by Janet Rorholm)



## Spiked into the ground

-John Weiss

Like air escaping from a balloon, the intramural volleyball season fizzled to an end. With the lack of a uniform schedule, many of the 160 participants simply dropped out. But some hung in there and kept the I V-ball spirit alive.

"We always had fun, especially with the upperclassmen," freshman Sean Phipps said. "We made fools out of ourselves, but had fun doing it."

Many seniors also enjoyed the presence of the inexperienced underclassmen at the games, but for a different rea-

son.

"I especially enjoyed slamming on the underclassmen because it's so easy to do," senior Bob Sansgaard said.

Enthused over the idea of fun and sweat mixed together, teams were quickly formed. However, scheduling caused problems.

"I could never make it to the Saturday morning games. They weren't scheduled to begin with, plus I usually had to work," senior Chuck Bevolo said. "It was too unorganized and I could never follow the schedule. That was the main problem."

Some participants felt that the teams were unbalanced, leaving two or three strong teams to dominate the two leagues.

"The taller teams always won, so it was just luck if you had a

good team or not," junior Dave Burnett said.

The flavor of competition was still there, however. Some teams kept their spirit alive by inventing team names, body lingo and high-fives.

"Our team was definitely the tallest, so we called ourselves the 'Tallboys'," senior Angela Doyle said.

Although the intramural volleyball season may have had its ups and downs and the phrase often used in the same sentence with I V-ball was "skip it," it was generally played in the spirit of fun.

"There was no competition and I had a good time. That's what I V-ball is all about," sophomore JaTam Godwin said.

Unleashing his fury, senior Blair Greimann proves his aggressiveness to senior Jeff Isaacson and I V-ball coordinator Mike Riddle. (Photo by Janet Rorholm)



# Take me home

-John Weiss

On a bus trip you could have seen it all. Athletes in all sports had the privilege of riding in either the green school station wagon, a yellow 'Bertha', or the sleek silver-black chartered coach. But all of them were buses in one form or another and each ride was a little different from the last.

"We (the track team) had to ride the yellow 'Bertha' bus because the team was so large. It was always loud and bumpy," senior Dave Sedgwick said.

The hockey team, on the other hand, got a more luxurious ride in a charter.

"I liked the convenience of a bathroom, plus we had a poker table so we could play cards," sophomore Matte Lippman said.

Whether it was a friendly poker game, a sing-a-long or just conversation, each team made it's own entertainment on a bus.

"We always made fools of ourselves. We'd sing the 'Flintstones'," senior softball

player Wendy Zenor said.

In the winter, some buses doubled as ice houses, freezing the occupants inside.

"Our basketball coach started to ride down in his car because the buses got so cold," senior Brian Hansen said.

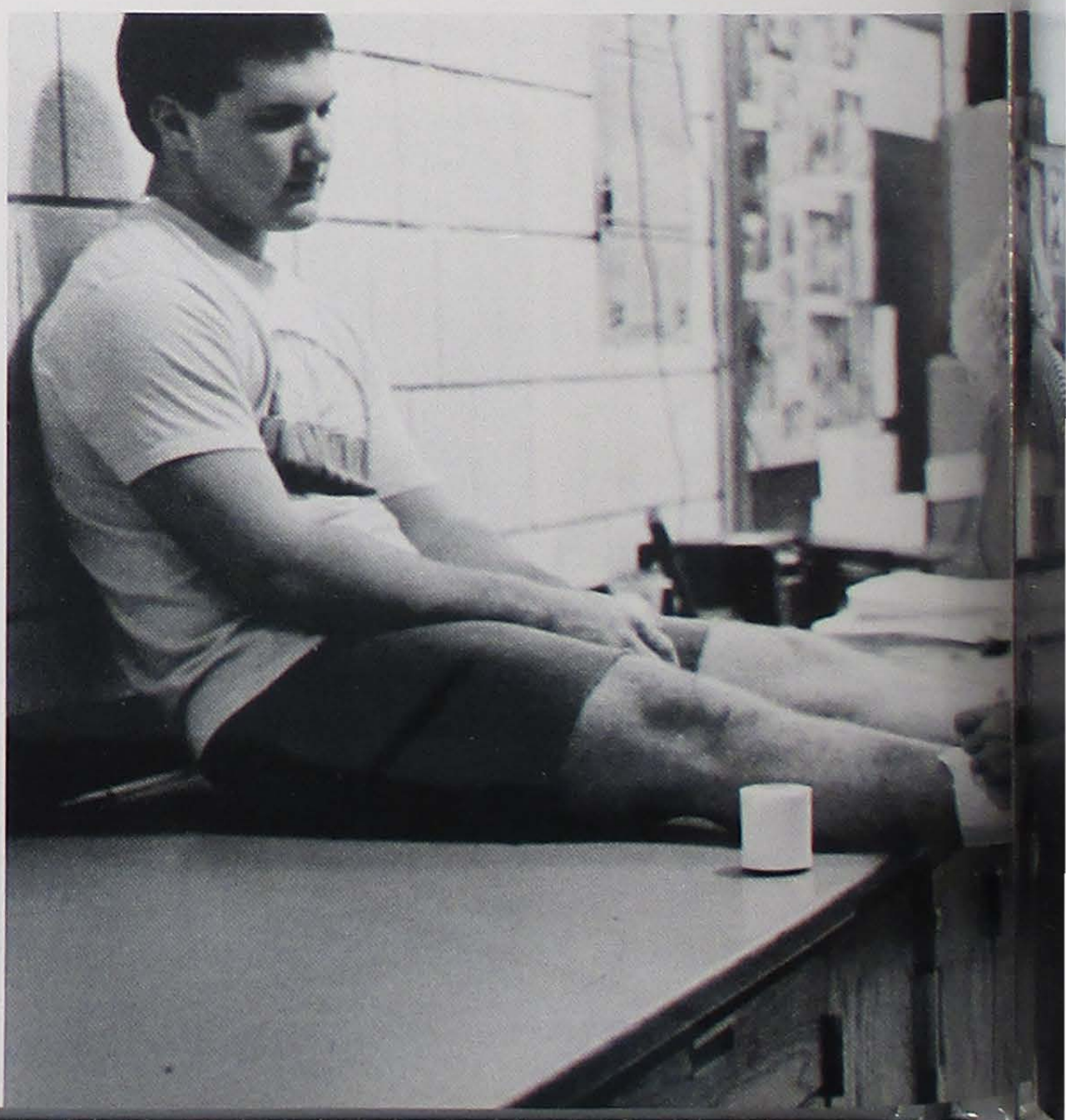
For the girls' basketball team, a bus trip often meant a plate of goodies.

"Ms. Buck, the team statistician, would bake us cherry chip cookies for our bus ride if we won the game before," junior Deb Forssman said.


The secure feeling of riding with an experienced driver was another advantage of a bus ride, most of the time.

"I always felt safe until our bus got pulled over for speeding going to the cross-country district meet," Sedgwick said. "We were going 78 m.p.h. in a 55 m.p.h. zone."

**B**attling in an electronic game of head-to-head football, sophomore basketball players Nathan Koch and Scott Latterel pass time on a bus ride to Des Moines. (Photo by Chuck Bevolo)







# Simply fan-tastic

-Janet Rorholm

The score is tied in the final seconds of the game and the opponent has possession of the ball. Suddenly AHS steals the ball and calls a timeout. The gym erupts into screams and high fives and the chant 'A . . . H . . . S' fills the air.

"I love competition and going to the games. It's a neat feeling when everyone gets together and is working toward the same thing," junior Heidi Shierholz said.

**C**heering against DM East are seniors Marty Johnson, Rod Harl, Mindy Woodworth, Jason Martin and Matt Cable. Ames rallied to beat the Scarlets 20-14. (Photo by Amanda Jones)

Fans often combined their efforts to rattle the opponents, giving Ames the advantage needed at the right times.

"You try to be obnoxious. You sit there and pick on a certain person 'til they get mad and start to do bad. Then their crowd gets mad at us and pretty soon it's our crowd against theirs," senior Rob Netusil said.

Ames didn't get the Good Sportsmanship Award but that didn't bother many fans as they continued their antics at the games.

"They're great! They've got so much spirit. The majority of them are crazy," junior Frank Genalo said. "They don't care what people think, they just go nuts, which makes it fun."

Another thing to do at games was watching the new outfits as they went by. Hats were the 'in thing' with orange hunting caps, Gumby heads and of all things, pumpkins.

"I was watching a Monday night football game and I saw some guys with watermelons on their heads. Watermelons would have been wet and gnarly but pumpkins were in season and the right color," senior Bryan Schabel said. "They were kind of cold and slimy but it was worth it."

Whether wearing a pumpkin, carrying a pom-pom or just stomping their feet, AHS fans loved their teams.



## Taping up loose ends

-Stacia Madsen

With each new sport came a few very important people who helped keep the coaches and players going.

Whether it was filling water bottles, taping players before games, taking statistics or issuing equipment, both trainers and managers had their own reasons for doing the work they did.

"At the time I wasn't in a sport and I wanted to be involved with the school so I became a manager for basketball," sophomore Andee Moore said.

The trainers and managers filled their free time with a very

time-consuming job. They attended all the practices and games and ran errands for the coaches. Trainers also gave athletes treatments while managers helped check out uniforms and took statistics.

"I became a manager for wrestling because I love wrestling and I really wanted to help the guys out," junior Tonja Morken said.

But some people not only thought of the time they had now, but of the future and having a career in a related field.

"I'm thinking of a career in athletic training because there is such a demand for them and they are paid more," sophomore trainer Colleen Berg said.

Other managers didn't have any extra-curricular things to do and this was a way for them to fill that empty space.

But for all the time spent managers and trainers didn't get much notoriety, but they didn't expect any.

"I'm not doing it for recognition, I'm doing it because I like it," junior trainer Becky Jorgensen said.

However, there were rewards for the long hours and for being taken advantage of.

"I love being part of a team and helping them along with the season. It's more rewarding when we have a good season," Jorgensen said.

And despite the outcome, all the long hours and hard work trainers and managers put in, most wouldn't want to quit for anything.

"I wouldn't trade all the time I spent for all the memories I have from it," senior trainer Pam Westvold said.

**B**efore football practice senior Adam Wagner gets taped by senior Nikki Schnieder. Being a trainer was good practice for those interested in sports medicine. (Photo by Jamie Watt)



*But Seriously*

# Folks

"**G**uess what? I got Restricted for the third time this semester for homeroom tardies. I guess that means that I should start waking up earlier, eh?"

"Get serious — even if you woke up at 5:30 a.m. you'd still be late."

"I'm just not a morning person. I can't help it. As a senior, it's my duty to be late for class anyway. I couldn't imagine taking a full eight period class load like you. I mean, why do you do it? I'll never understand why you're such a perfectionist."

"Well, at least I'm at school for more than 10 minutes a day. You're always out to lunch with an open campus pass! If I'm lucky, I may even be able to graduate a semester early with my 32 credits."

"Yeah, but then what will you do? Take college courses or work full time?"

"No, I thought I'd take a break and go on a vacation — maybe skiing in Colorado or sunning in Fort Lauderdale. But then again, I suppose it would be more fun to hang out here in the cold, snowy, dreary Iowa winter."

"Ha, ha, ha, very funny. When I graduate, I plan on leaving Iowa and going somewhere warm! Why trudge around in the snow when I could be lounging under palm trees or bumping into celebrities in Hollywood?"

"Hey now, don't knock Iowa — think of all the fun we've had in good ole' Ames. I mean, out of the 1206 students at Ames High, you and I have managed to stay friends ever since Body Lingo's and J-4 Rollaway were 'hip'."

"I remember those days — how about the time you wiped out in front of the senior rail during your sophomore year! Your face turned so red, I thought it was going to stay that way forever."

"That was so embarrassing! Thanks for reminding me, it's something I'd rather forget."

"What are friends for? Just think — from Mistletoe to the ban of the 'Big Squeeze', the memories of our years at Ames High will be something we'll never forget."



Portraying a cheerleader in senior Craig Neal's One-Act "Love is a Hot Fudge Sundae," junior Gabi Kupfer tries to persuade "Rosie," senior Stephanie Wessman not to commit suicide. (Photo by Chuck Bevolo)







**B**efore going to Halloween haunted houses October 28, seniors Leah Whigham, John Weiss, Marty Johnson and Sindy Pang prepare a fire for their weenie-roast at Brookside Park. (Photo by Chuck Bevolo)



**A**s a drummer for the band "Outrage," senior Brandon Miller entertains party-goers at the "Spirit" -sponsored Sweetheart Dance February 17 with the song "Tom Sawyer" by Rush. (Photo by Doug Adams)

**T**he varsity boys' basketball 93-65 victory over DM East created a party atmosphere. Seniors Janet Rorholm, Sarah Post, Rob Hefley and Chad Bouton celebrate after the game by getting down at the "Spirit" Sweetheart Dance. (Photo by Doug Adams)



# Freshmen

Sue Abbasi  
Matt Abbott  
Mohamed Abdelsadek  
Solomon Abel  
Rebecca Allen  
Stef Allen  
Mike Amfahr



Holly Anderson  
Matt Anderson  
Seth Anderson  
Tamara Andre  
Teresa Andrews  
Tim Arp  
Steve Baccam



Kiran Baikerikar  
Jenni Ballantine  
Catherine Barnhart  
Amy Bartsch  
Jessica Beechum  
Scott Belzer  
Wystan Benbow



Tom Bern  
Jae Bernard  
Peter Bernard  
Christopher Berrett  
Eric Bibler  
Amy Biechler  
Cassandra Biggerstaff



Jeremy Boekelman  
Carrie Booms  
Leslie Booth  
Cheryl Bortz  
Paul Boyd  
Vesper Brace  
Barbara Brandys



Nanette Brka  
Colin Brennan  
Sarah Buchwald  
Chris Bundy  
Chris Burkheimer  
Jason Burris  
Ann Buttermore



Jon Cafferty  
Axa Caliva  
Alison Campbell  
Carolyn Canow  
Amy Carey  
Gus Carlson  
Pam Carlson



Tara Carmean  
Michael Carson  
Ryan Carver  
Stacey Clouser  
Sarah Coats  
Brian Coffey  
Steph Coon







Amanda Cooper  
Kelly Craig  
Janel Crow  
Keri Daddow  
Jon Dale  
Lissa Daza  
Dawn Dean

Marcy DeJoode  
Sandra Deluca  
Ben Drake  
Lisa Elbert  
Jocelyn Ely  
Marie Engelhorn  
Steve Eshelman

Deborah Fackler  
Tina Fehr  
Amy Ferguson  
Darrin Fischer  
Cari Foote  
LeAnne Ford  
Holly Forssman

Sonya Fox  
Theresa Franco  
Megan Freeburg  
Bryce Freeman  
Basem Gabal  
Ray Gardner  
Alex Garn

# Broadening horizons

Becky Dill

Students went on vacation to:

- A) relieve stress
- B) scan the globe
- C) learn about their heritage
- D) none of the above

Many students went on a variety of different trips during their high school careers. Some students went skiing during their vacations, and had stories to tell when they returned.

"I went to Austria to ski and the hotel we stayed at had a hot tub. One night I went to use the hot tub and a couple of oldies were already in the tub, buck naked! I felt very overdressed," sophomore John Barnett said.

Another student's ski vacation proved to be skiing and a trip to 'Hollywood' all in one.

"During spring break I saw some very famous celebrities skiing at Copper Mountain in Colorado like Sally Struthers, Ricky Schroeder and Alan Thicke," junior Craig Barnum said.

Other students felt that bringing a close friend along on their

vacation made the trip more enjoyable.

"I went to Boca Raton, Florida with (senior) Tony Potter during winter break. We golfed, went to the beach and snorkled off a coral reef in the Atlantic Ocean. It was an awesome trip," senior Bill Reece said.

A few students left Ames during winter break to visit relatives who lived out of town.

"I went to visit my father in San Jose, California. We did a lot of shopping at huge malls and we went on a whaling boat where we saw gigantic blue whales. It was really exciting. One of the whales almost hit our boat," freshman Ashley Myers said.

While most students traveled in the United States, some students were able to travel out of the country.

One student got to go behind the iron curtain during the summer and still lived to tell about it.

"Last summer I went to Russia with my grandmother. We went to Leningrad, Moscow and southern Russia," junior Jennie

Pelz said.

Other students also traveled out of the country and received humanities credits from Ames High when they visited Europe.

"I went all over Europe last summer and I had the time of my life. Being in a foreign country was really exciting. They have

totally different laws. It was also fun to be out and around and away from Ames," senior Pat Connolly said.

**S**itting on the beach in Boca Raton, Florida senior Bill Reece gazes at surfers as the tide rolls in. (Photo courtesy of Tony Potter)





Jennifer Gladon  
 Andy Glatz  
 Jennifer Goehring  
 Bob Goodfriend  
 Kate Goudy  
 Jay Greenfield  
 Phil Greenfield



Brian Greving  
 Todd Guge  
 Anjie Gupta  
 Andy Hagen  
 Shawn Hale  
 Tabby Halsrud  
 Scott Harris



Joleen Hatfield  
 Matthew Haubrich  
 Erika Helmuth  
 Kori Heuss  
 Kendal Holder  
 Andy Homan  
 Ali Homer



Brenda Jackson  
 Jeff Jansen  
 Jeff Johnson  
 Kjersten Johnson  
 Tommy Johnson  
 Aaron Jones  
 Mindy Jones



Jeff Kaczmarek  
 Juliet Kamezire  
 Del Keigley  
 Julie Kelso  
 Farshid Khosravi  
 Aaron Klatt  
 Karin Klocke



Summer Knudtson  
 Jim Krogmeier  
 Mike Kubera  
 Jamie Lang  
 Tina Langston  
 Dane Larson  
 Bret Larwick



Andy Lee  
 Amy Leeman  
 Aaron Lehmkuhl  
 Traci Leith  
 Jason Leonard  
 Brian Lewis  
 Allison Lindley



Peter Loutzenhiser  
 Jay Lyon  
 Andrew Maddux  
 Marc Maehner  
 Belinda Mansur  
 Eric Martin  
 Leigh Martin



Andy Masmar  
 Jon McAndrews  
 Tim McDorman  
 Kristi McGinness  
 Jim Meadows  
 Cathy Melvin  
 Mark Milleman



Lisa Millen  
 Megan Miller  
 Renee Millerbernd  
 Tony Mitchell  
 Jennifer Moehlmann  
 Jason Moore  
 Jeremy Moore

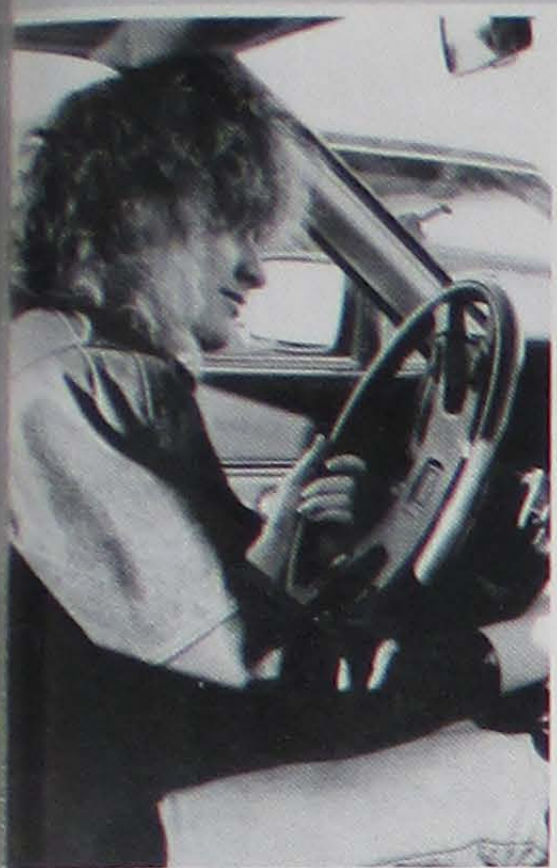


Lisa Moore  
 Marissa Moore  
 Tammy Morrison  
 Jason Moutray  
 Bethany Muller  
 John Murphy  
 Ashley Myers





# Knick-knacks & doodads



-Lilian Riad

"I started when I was in seventh grade. My grandma got me started," junior Jenny Chen said. "I have a collection of foreign and antique coins. Some date back to the Ming Dynasty."

Students collected anything from coins to stuffed animals, and each person had a different reason for starting their collection.

"I collect owls because my mom got me started, and I collect books because I love to read," senior Danny O'Berry said.

Some students collected items that held sentimental value for them.

ue for them.

"I keep old cards and letters that I get, also the gifts and ornaments from Homecoming and Winter Formal. I keep everything that may have sentimental value to me," senior Shelley Countryman said.

Collections of baseball cards and comic books were popular collections among some students.

"I started collecting baseball cards and comic books with my neighbor about five or six years ago," freshman Eric Nasset said. "It's fun because some day they'll be worth something."

While baseball cards, keychains and comic books were

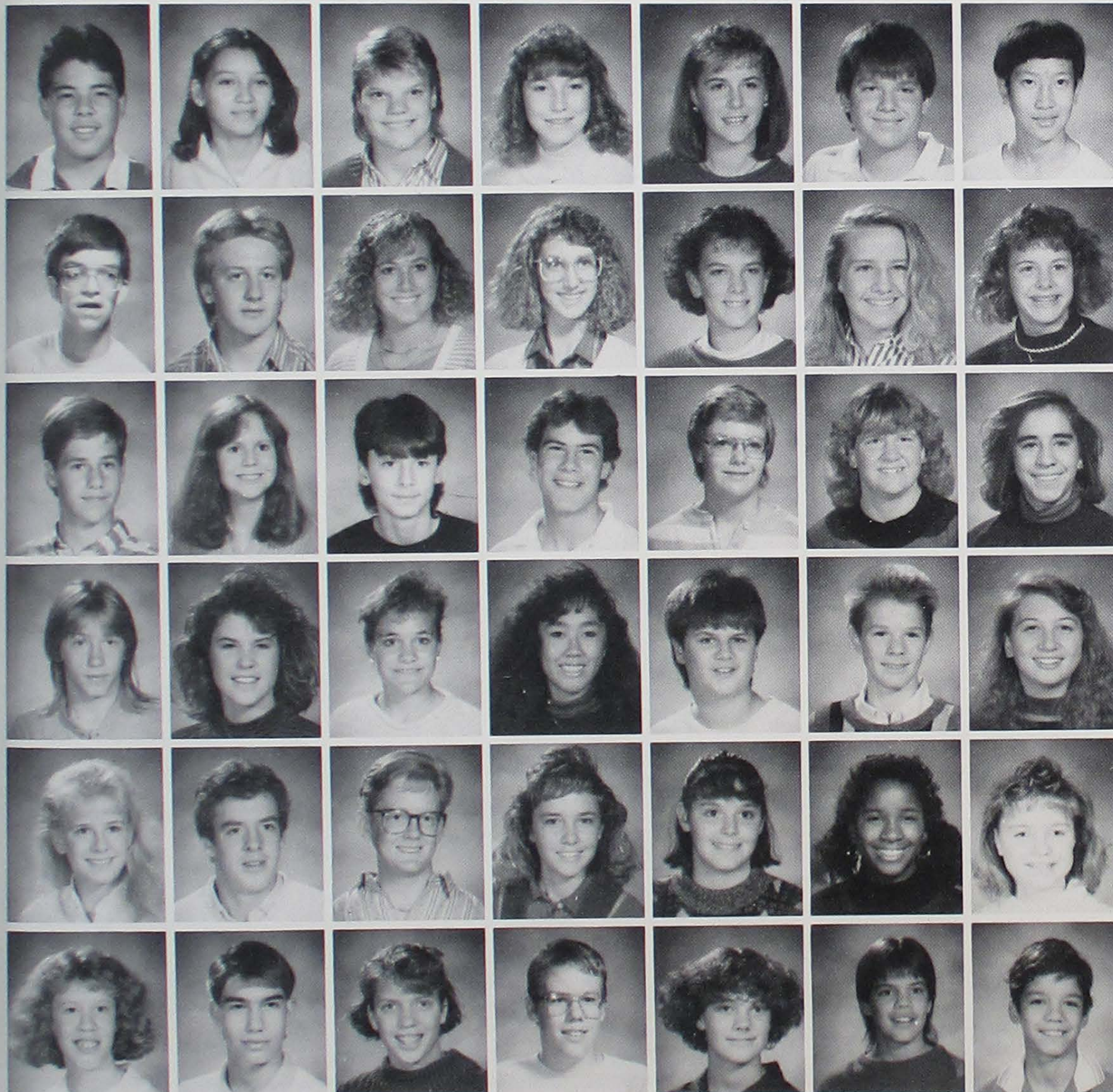
relatively easy to collect and could be bought almost anywhere, other collections were just a little more rare. Often this was due to the student's originality.

"I love dolphins. I collect anything with dolphins on it, but it's hard because there isn't anything like that in Ames," junior Stacia Madsen said.

Some students took their collections seriously, while others added to them on a whim.

"It's something I do unconsciously. I just get a craving to go out and get something to add to my collection," O'Berry said.

Losing her car keys wasn't a problem for senior Wendi Alleman. Alleman owns over 35 key chains measuring over two feet in length. (Photo by Amanda Jones)



Nick Nakadate  
Luisa Narro  
Kari Nass  
Betsy Neibergall  
Wendy Nelson  
Eric Nasset  
Truc Nguyen

Jamie Niemeyer  
Greg Nikkel  
Juli Nordyke  
Stacey Nutt  
Sara Olberding  
Emily Olson  
Krista Olson

Derek O'Riley  
Karen Owens  
Chris Palmas  
Brian Parks  
Stacey Parks  
Maribeth Patterson  
Neena Paul

David Paulson  
Joanna Pelz  
Rabecca Pennington  
Michelle Peters  
Dave Peterson  
Robert Peterson  
Becci Peterson

Christine Pfeifle  
Sean Phipps  
Mike Pollmann  
Elaine Powell  
Mischa Prochaska  
Jeanne Pugh  
Jessica Purdy

Dawn Range  
Adam Readhead  
Beth Recker  
Chris Rehbein  
Jennifer Remsburg  
Joel Reynoldson  
Gustavo Riesco



Renee Ripp  
James Robbins  
Mark Robinson  
Bill Robinson  
Alison Rohden  
Dayna Ross  
Troy Rutter



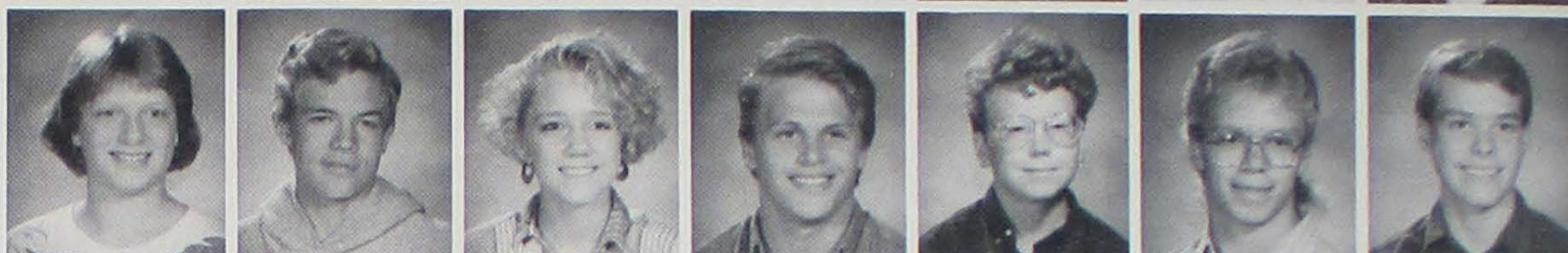
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Dan Sailsbury  
Alison Sams  
Joe Schafer  
Lynn Schomaker  
Kelley Schram  
Rob Schwarzenbach



Chuck Schweikert  
Tiffany Scribner  
Steph Seiler  
Jennifer Sharr  
Amy Sheets  
Joy Siebert  
Mindy Sinn



Michelle Smith  
Jeff Spencer  
Chrissy Spike  
Chad Steenhoek  
Mark Strahan  
Mike Stromley  
Eric Strong



Pepita Stubben  
Johnny Sundberg  
Rob Swanson  
Meghan Sweet  
Jason Swift  
Amy Swyter  
Matt Thomas



# Brownies tried for A's

-Becky Dill

"Mrs. Green, the answer is Napoleon, and might I add that's a lovely dress your wearing," Eugene said.

The entire class let out a loud groan and gazed as Eugene's nose slowly turned a pale shade of brown. Eugene has committed an act that some students commit hundreds of times every day. Eugene has just brownnosed.

"What's brownnosing?" freshman Rob Swanson asked.

Brownnosing was when a student acted extra friendly around a teacher to help ensure the possibility of a good grade. Those students were commonly called brownnosers.

"I brownnose to get extra points and to get on the teacher's good side," sophomore Fungai Muyengwa said.

Other students brownnosed only when they felt it was ex-

tremely necessary or when they didn't want to do time.

"I don't kiss butt! Unless of course it's going to get me out of restricted studyhall," junior Jennie Pelz said.

The term brownnoser was not a pleasant one to some people. It was generally thought of as an insult. And like Pelz, many students denied they were brownnosers.

"I'm not a brownnoser. Everyone tells me I am one though. I'm just extra nice to teachers," senior Allison Bundy said.

Another student didn't think of her actions as brownnosing either.

"I don't consider it brownnosing. I just think it's being courteous to my teachers," sophomore Christy Scott said.

A number of students at Ames High disliked brownnosers and voiced their opinions openly.

"I hate brownnosers. I think

students should get somewhere in class because they deserve it, not because they kiss up to a teacher," junior Scot Angus said.

One student chose to be more graphic when it came time to voice his opinion.

"I think that all brownnosers should be taken out and shot," senior Chuck Bevolo said.

However, some students

found brownnosing an acceptable way to get through high school.

"I don't see anything wrong with brownnosing... as long as it gets you somewhere," junior Jessica Heath said.

**B**rownnosing his way to a better grade, junior Tony Frasher complimented his art teacher Dorothy Gugel on her outfit. (Photo by Jamie Watt)







Wendy Thompson  
Lisa Tobeck  
Josh Twait  
Nathan Uemura  
Laura Vermeer  
Spenser Villwock  
Jodie Vogel

Amy Wagner  
Wendy Ward  
Eric Warme  
Jamie Weiss  
Matt Welch  
Niki Wendt  
Lisa Wharton

Scott Whiteford  
Brian Wierson  
Val Wilcox  
Christine Willard  
Wendy Willard  
Randy Willardsen  
Brian Wille

Guy Willey  
Nova Williams  
Ryan Windsor  
Christian Wineinger  
Chris Winkler  
Kimberly Wirtz  
Angela Wittmer

Danielle Wright  
Becky Yeung  
Tem Yom  
Laura Young

# Not pictured:

Levi Bappe  
Shannon Boever  
Mark Buxton  
Christine Davies  
Amala Devrajan  
Nad Ebelshaiser  
Aaron Garcia  
Michelle Goodwin  
Greg Grewell  
Curtis Hawkins  
Kelly Herredge  
Maria Howell

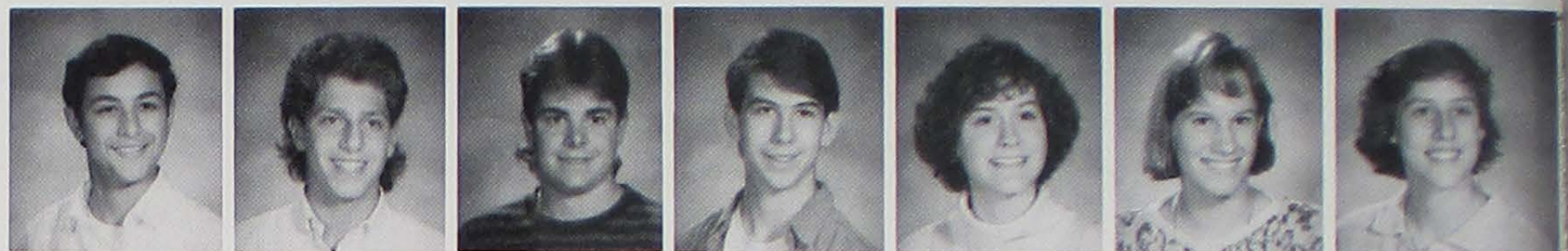
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Erin Kellerhal  
Kai Kellerhals  
Michael Larson  
Ardragus Lawson  
Jamie Lingelbach  
Bona Lueth  
Jason Marshall  
Kim Marshall  
Larry Mitchels  
Jason Moore  
Barry Morgan

Alan Murdock  
Nathan Pelzer  
Ernest Roberts  
Robyn Schwartz  
Dawn Sibbel  
Oune Somsanith  
Andy Stevenson  
Mark Sutch  
Brian Sutton  
Curtis Templeman

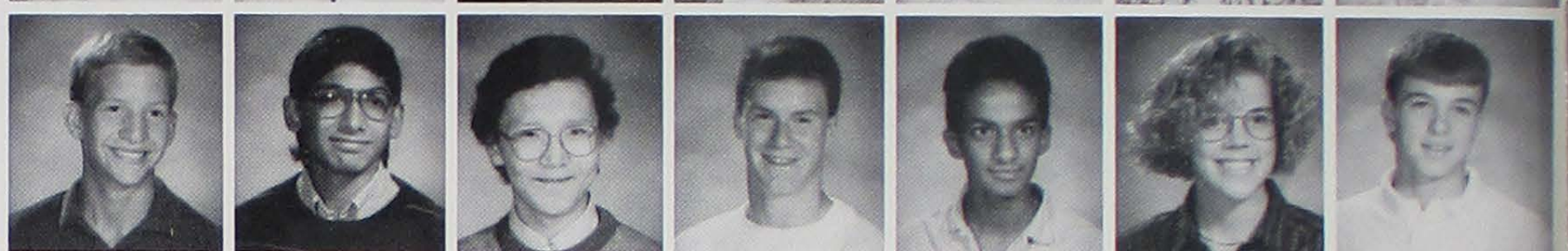


# Sophomores

Nader Abdelsadek  
Dave Abelson  
Devon Alexander  
Brian Allen  
Kimberly Allen  
Steph Alt  
Kim Angell



George Applequist  
Vaseem Baig  
Sean Bakken  
John Barnett  
Sumit Basu  
Colleen Berg  
Mike Bergan



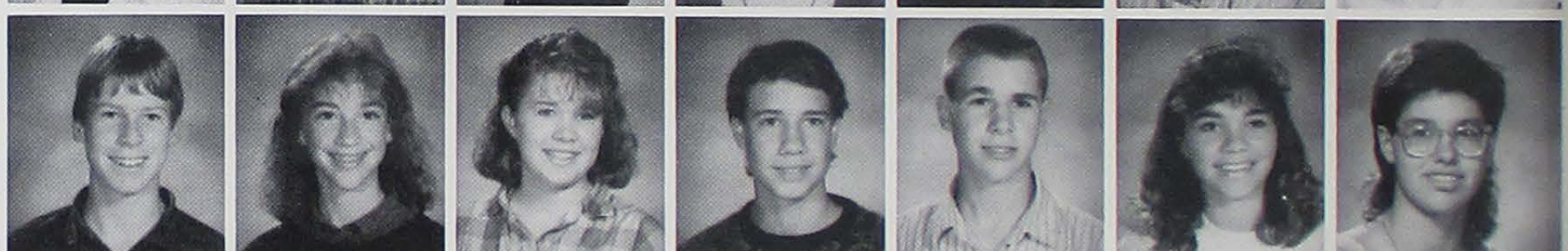
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Tod Berkey  
Jenny Bernard  
Cara Bianchi  
Sonya Bibilos  
Bob Black  
David Bovee



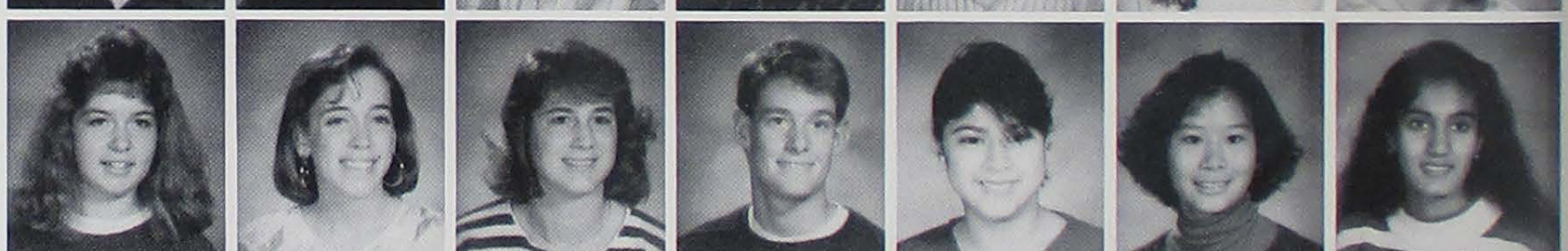
Eunice M. Bowman  
Janel Brakke  
Jolyn Brakke  
Angi Bridges  
Jeff Brown  
Mike Brown  
Jason Brubaker



John Brunscheon  
Breann Bruton  
Leslie Bryant  
Timothy Buchwald  
Brian Burkheimer  
Tami Burnham  
Dawn Cadwell



Heather Callison  
Jenny Carlsen  
Janea Carter  
Brian Carver  
Martha Cervantes  
Christine Chen  
Noreen Chowdhery



Yeon Chung  
Melanie Clapp  
Chris Clatt  
Heather Claus  
Nick Cody  
Matt Converse  
Susan Cook



Mike Corones  
Tami Cruse  
Radha Dahiya  
Trenton Dakin  
Jenny Dally  
Bryce Daniels  
Bryan Davis





# Bleeps and blunders

Michelle Rayhons

From the childhood embarrassment of being laughed at in front of the entire class, to the adult embarrassment of forgetting the check book while grocery shopping, we all had our share of embarrassment. Although it seemed the worst possible fate at the time, embarrassing moments often broke up the monotony of life.

While crossing the road from Wal-Mart to the mall, junior Julie Hanson learned the fate of wetting her pants.

"I was laughing so hard I had to sit down in the middle of the road. I had to stand up and my shorts were all wet. I walked backwards when I got up," Hanson said.

During Driver Ed, sophomore Nicole Stocks had an interesting experience.

"I thought he (Jack Mendenhall) wanted me to do a 180 degree turn, but he really wanted me to pretend that another car was coming toward me, so I swerved and went into a ditch," Stocks said.

Sophomore Matte Lippman had a similar experience but one much more publicly noticeable.

"On the way back from the football breakfast, I crashed my car on the corner of 24th and Northwestern. All the school buses, Cy-Rides and football players drove by laughing and honking," Lippman said. "I walked into school and the whole varsity team was sitting on the senior rail laughing at me."

Neighbors gawked at firetrucks going to freshman Beth Recker's house after she had put out a kitchen fire.

"I called back the fire department but they said they had to ventilate the house. A police car and two fire engines came. The whole neighborhood was standing in the street watching," Recker said.

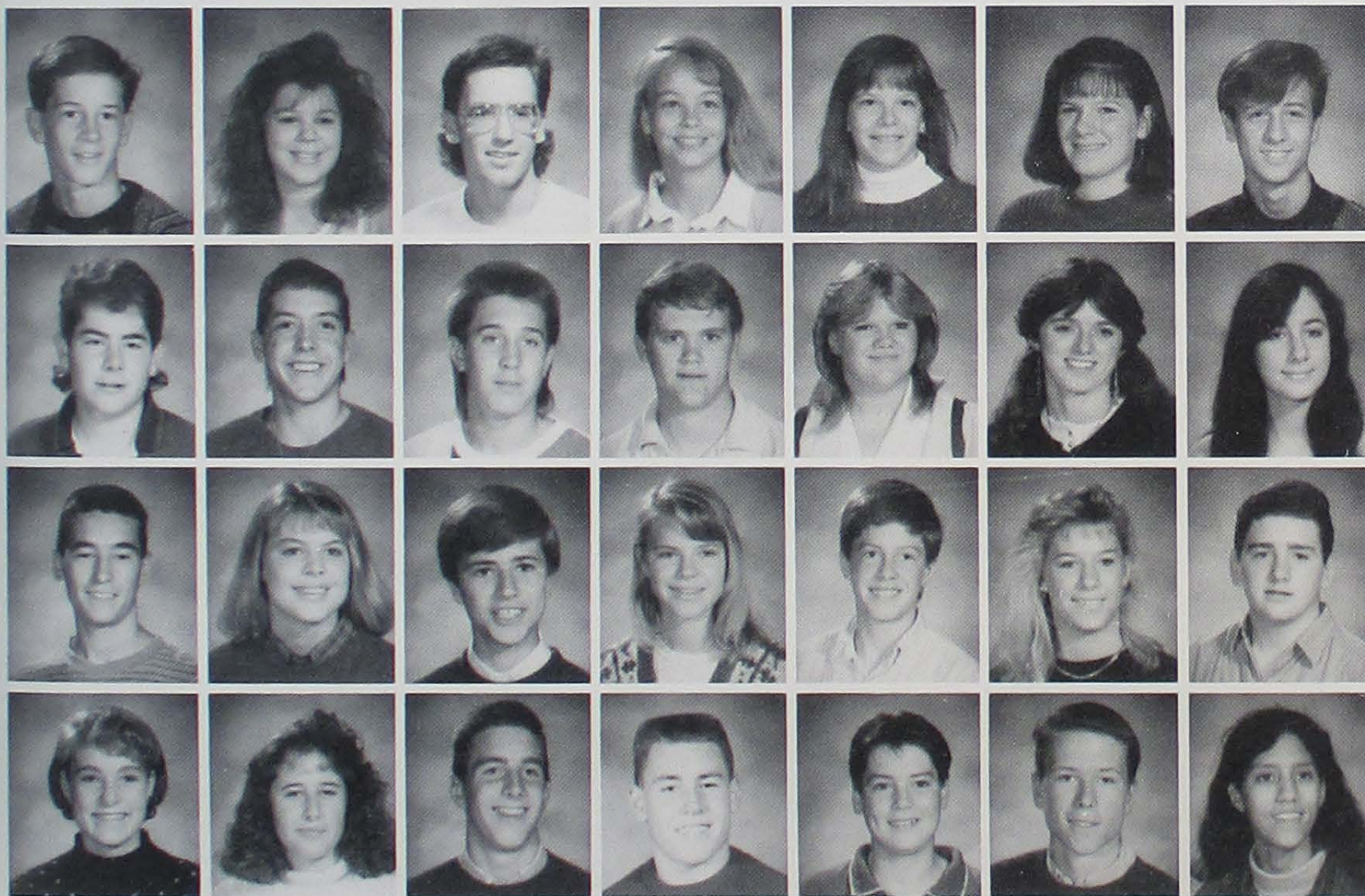
Another embarrassing moment came for senior Neila Anderson. After being crowned Homecoming queen she mistakenly wished the football team good luck against DM North instead of their actual opponent, DM Hoover.

"Right when I had said it I knew what I had done. So I just handed the microphone to (senior) Boris (Bachman)," Anderson said. "The next day all the football players kept saying 'Beat North, Beat North!' and the cheerleaders even had signs that said 'Beat North' on them."

Not all of us have been

laughed at in front of class, but almost everyone has had their share of embarrassing moments.

Receiving a balloon bouquet on his 18th birthday, senior Jeff Moravetz grins with embarrassment. The bouquet was a present from sophomore Dawn Hunter. (Photo by Quentin Crowner)



Ryan DeJoode  
Dana DeMoss  
John Denning  
Michelle Dietz  
Beth Dinsmore  
Rachel Donaldson  
Bert DuChene

Adam Durlam  
Pete Egeland  
Sean El-Hout  
Matt Elbert  
Becky Elliott  
Linda Erickson  
Sylvia Ethington

Monty Faidley  
Rachel Faltonson  
Andy Farrier  
Beth Fatland  
David Flippo  
Laura Floden  
Andy Forbes

Julia Ford  
Tammy Ford  
Carl Forsling  
Bart Fowles  
Matt Franco  
Brandon Geise  
Nupur Ghoshal



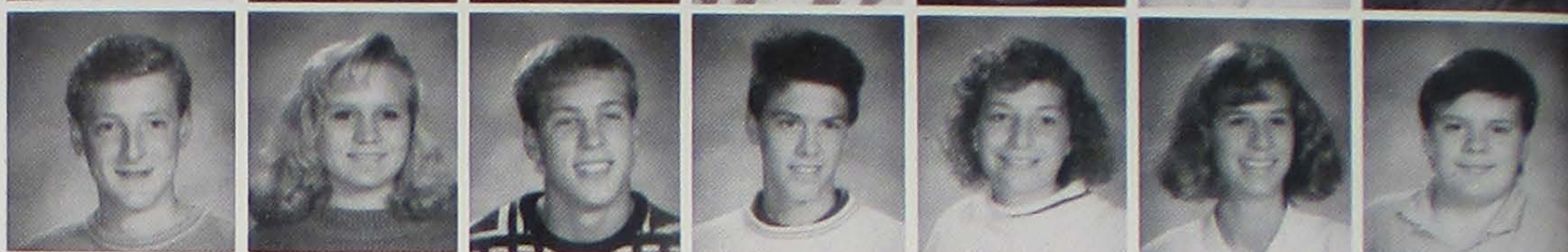
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T.J. Glenn  
JaTam Godwin  
Sheri Goshorn  
Brian Gouran



Nathan Grebasch  
Kevin Greisch  
Brandee Griffin  
Scott Groat  
Shay Grundmann  
Scott Gunnerson  
Christine Hall



Chris Hampson  
Krista Handeland  
Jason Hansen  
Todd Hawbaker  
Cindy Hawley  
Claire Haws  
Cary Heggen



Karen Heggen  
Staci Hendricks  
Robert Hentzel  
Jennifer Hethcote  
Matthew Hill  
Brandon Hinderaker  
Tim Hoekstra



Fred Hoiberg  
Elizabeth Holder  
Jason Holdredge  
Tammy Horness  
Brian Hostetter  
Cindy Houser  
Connie Hsu



Donald Huber  
Suzi Hunger  
Christie Hunt  
Dawn Hunter  
Wyn Huntington  
Ben Jackson  
Kara James



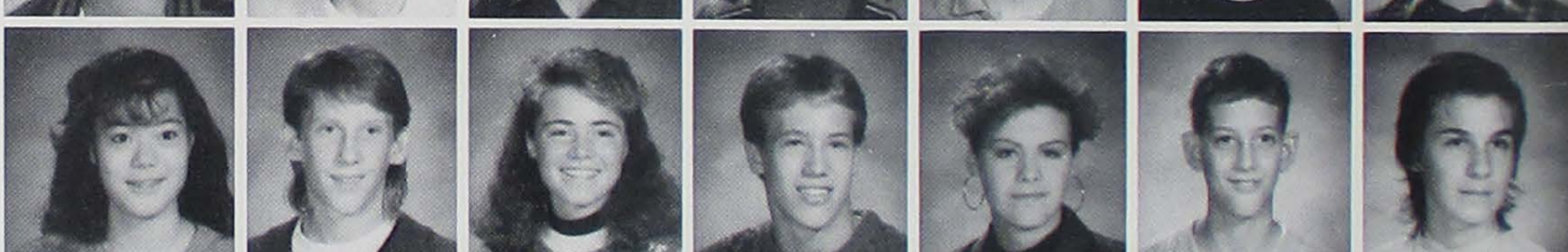
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Sam Johnston  
Jennie Jones



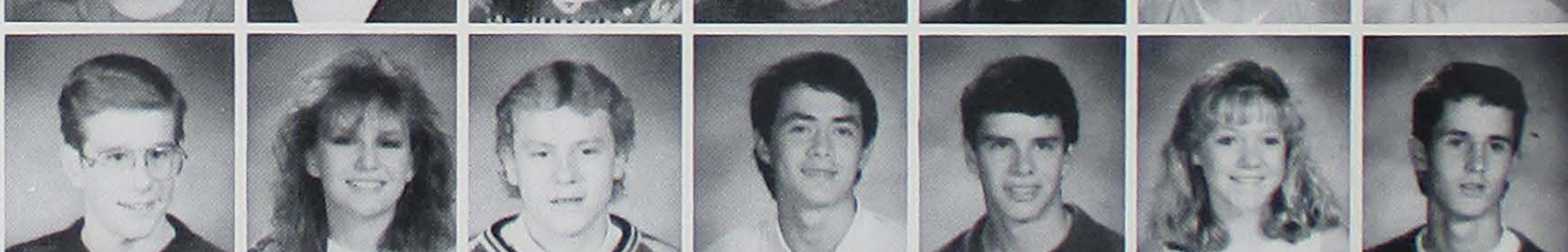
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Jennifer Kellen  
Sean Kenealy  
Staci Kepley  
Mike Ketelsen



Angie Kim  
Frank Klaus  
Tami Knorr  
Nathan Koch  
Cara Kooiman  
Jason Kotouc  
Kurt Lakin



Brad Lanxon  
Amy Larson  
John Larson  
Tuan Larson  
Scott Latterell  
Jenni LaVille  
Tim Legg



Andrew Liao  
Brody Linder  
Matt Lippman  
Stephen Litchfield  
Margaret Lloyd  
Cyndie Long  
Rosie Luft







Karl Lundy  
Jason Madison  
Lisa Madson  
Heather Martin  
Sherri Massey  
Gerald McConnell  
Nikki McCubbin

Joshua McGrigg  
Jessica McKee  
Amy Miller  
Dyan Millsaps  
Chad Moats  
Mary Mohler  
Andee Moore

Lisa Moore  
George Morden  
Nicki Moreland  
Amy Murphy  
Fungai Muyengwa  
Aaron Nelson  
Joseph Nelson

Tia Nemitz  
Dawn Newhouse  
Joe Newman  
Jim Nguyen  
Kim Nguyen  
Yinan Ni  
Jamie Nicholson

Niki Nilsen  
Jaime Ogbourne  
Kimberly Oldehoeft  
Chris Ollila  
Laura Orning  
Tim Oshel  
Scott Ottoson

Jesse Pease  
Eric Peters  
Lisa Petersohn  
Cara Peterson  
Brian Petrus  
Erik Potter  
Andrea Powell

# Old habits die hard

Stacia Madsen

From picking their noses and wiping it under a desk to coughing up phlegm and swallowing it, students had their share of bad habits.

"I don't know what my bad habits are. I guess I talk too fast, I bite my nails, I blab about nothing, I slouch. . .," sophomore Niki Nilsen said.

Most students had a couple of bad habits, but some tried to have fun with them.

"I love staring at people; it's so much fun. People hate it when I stare at them," junior Diane Dubansky said.

Some students' bad habits appeared when they got angry,

upset or worried.

"When I get upset I chip off all my nail polish," sophomore Christy Scott said.

But then some students couldn't help their habits.

"I'm very nosey. I have to know everything. I go to people's houses and go through their drawers," senior Chuck Bevolo said.

Students may have looked through other people's things outside of school, but in school they had better things to do.

"When I space off in school I start drawing obscene pictures on my folder," freshman Jae Bernard said.

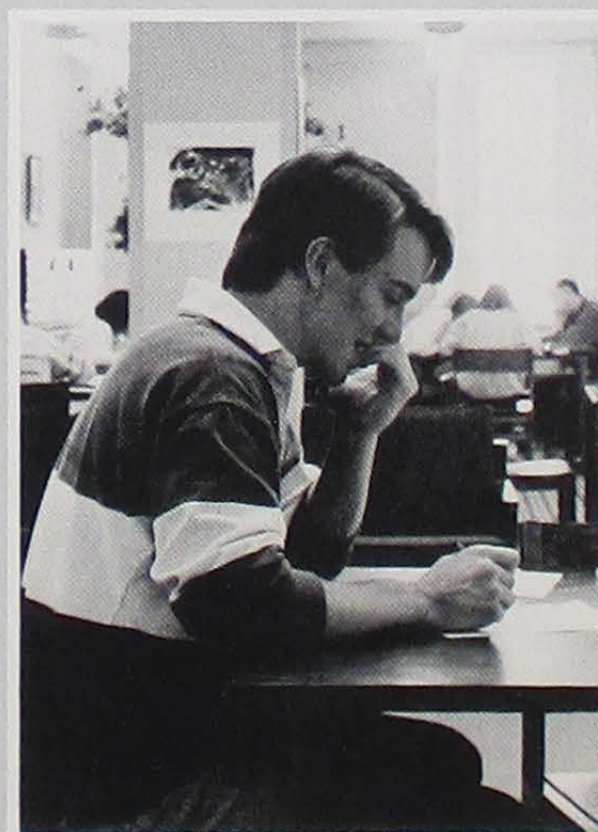
While most could draw up a list of their own bad habits,

some students found it easier to name those of others.

"I hate it when people use cliches all the time or when people borrow pens and don't return them, or people who can't sing, sing all the time. I also hate it when people pick fuzzies off my sweater," junior Tenaya Darlington said.

Once people discovered their own bad habits, some tried to change them, but often without success.

"I've tried to stop procrastinating, but once I get into a pattern of doing something it is impossible to get out of. I can stop for awhile but then I get back into it again," junior Shannon Madsen said.



Free periods were the best time for people's bad habits to surface. Senior Mike Brown's bad habit was chewing on his nails. (Photo by Jamie Watt)



# Friends 'til the end

-Steve Wuhs

Everyone needs friends. They help you through the rough times and celebrate the good times with you. But it took a special relationship to stand the test of time.

Sophomores Christie Hunt and Melyssa Thomas had been friends for over seven years. Hunt credited understanding for the durability of their friendship.

"She (Thomas) understands how I feel. We have the same views on a lot of subjects," Hunt said.

Understanding was just one trait of extended friendships. Trust was another.

Juniors Steve Beaudry and Dan Bergan had been close friends since Dan's brother Mike introduced them 12 years ago.

"I can tell Steve some things and I don't have to worry about anyone else finding out," Ber-

gan said.

Juniors Brian Campbell and Gabi Kupfer met when they were in the same second grade class. Kupfer recalled when they were going together and bought matching velcro wallets.

"We can look back upon those times and laugh. When I take out my wallet I think of Brian," Kupfer said.

Freshmen Holly Forssman and Neena Paul became friends when they first met on the play ground in fifth grade. They remained great friends through school.

"We can talk to each other about everything, and I think some people wish they had someone they could talk to about everything," Forssman said.

Other students had friends they didn't do any particular activities with.

Seniors Bill Reece and Tony Potter met six years ago when

Tony moved into Bill's neighborhood. They had been best friends since.

"Tony's always there when I need to talk, or I can go over to his house and just hang out with friends for awhile," Reece said.

So whatever the reasons, friends were important people. They were someone to just sit around with or someone who

you could tell your deepest secrets. They were people you could depend on.

**G**iving her long-time friend junior Jennie Pelz a ride home from work is junior Jill Wall. They have been friends for more than 12 years. (Photo by Steve Wuhs)



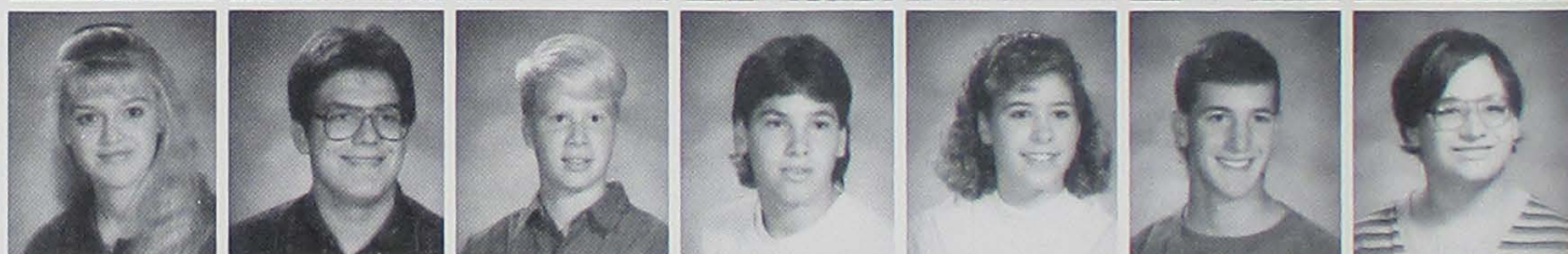
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Chuck Puffer  
Dwayne Purdy  
Florann Ramsey  
John Ramsey  
Tim Randles  
Rhonda Ratashak



Tata Rattanaovongsa  
Cade Remsburg  
Michelle Rice  
Angela Rickert  
Rebecca Rieck  
Kari Rosenbusch  
Barrin Sanache



Nicci Sartori  
Jason Schaufenbuel  
Brett Schilling  
Chris Schipper  
Christy Scott  
John Seim  
Bill Seliger



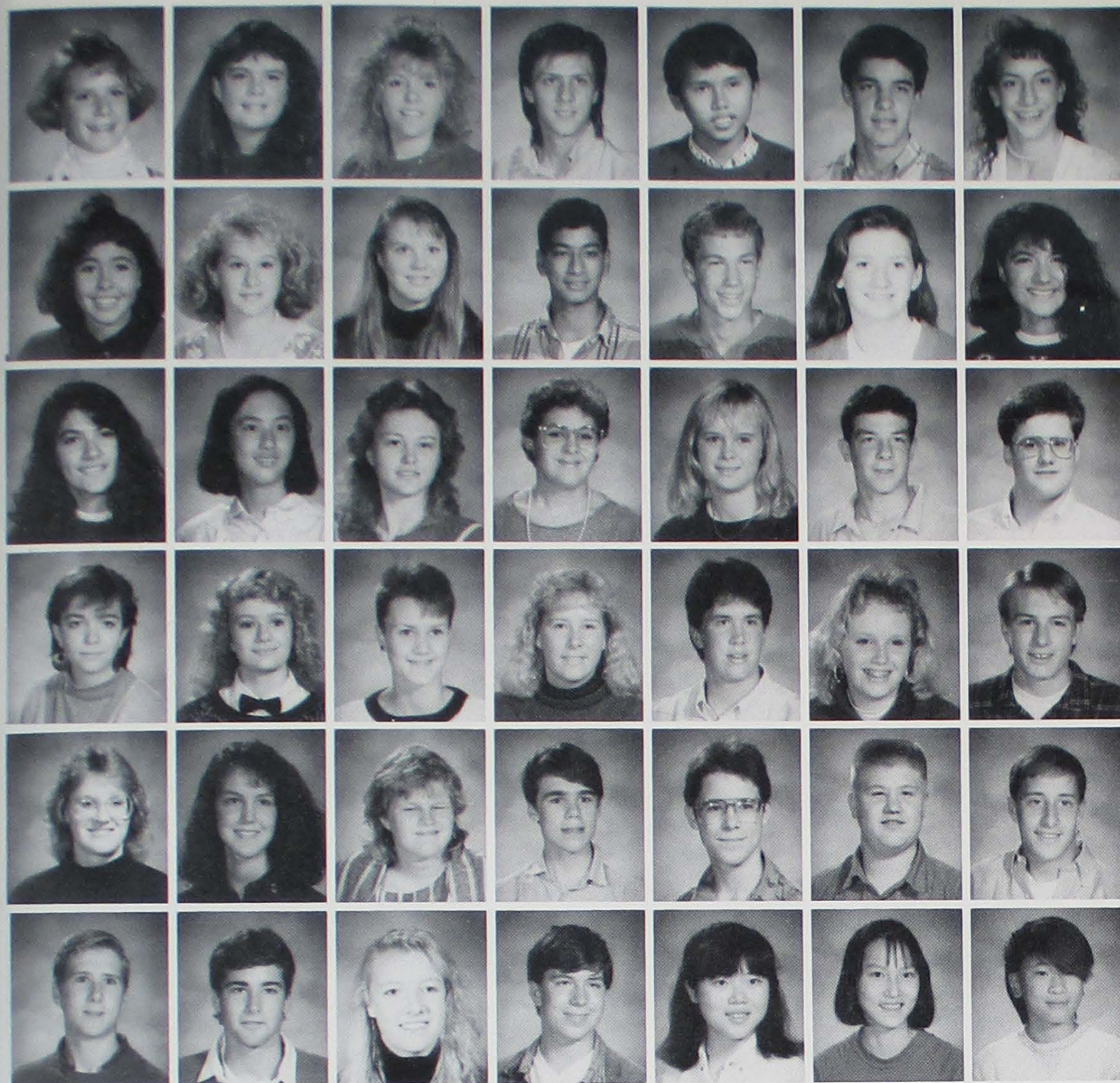
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Amy Slater  
Erik Smedal



Jess Smith  
Kristina Smith  
April Soden  
Sarah Spear  
Rachel Stansbery  
Matt Stevermer  
Jennifer Stewart







Jami Stiles  
Nicole Stocks  
Amanda Stoffel  
Jeremy Stone  
Punto Suguri  
Scott Sundstrom  
Susie Taylor

Tasha Terrones  
Melyssa Thomas  
Colista Thompson  
Jonathan Ticku  
Cory Toomsen  
Mary Trahanovsky  
Anjali Trivedi

Mira Trivedi  
Vicki Tsai  
Donna Tweet  
Amy Tyler  
Sarah Uhlenhopp  
Chris Van Auken  
John VanderGaast

Sarah VanDeusen  
Katherine Vaughan  
Brandy Walker  
Julie Wengert  
Mark Wessman  
Addie West  
Chad West

Mary Whaley  
Anyah Whigham  
Melissa Wierson  
Geoff Wilcken  
Matt Willard  
Chris Wilson  
Danny Wilson

Alan Winge  
Tate Womack  
Catherine Woodman  
Aaron Wright  
Lin Xia  
Connie Yi  
Greg Yi

# Not pictured:

Carey Adams  
Neal Arends  
David Baldus  
Joseph Banks  
Jessica Brelfelt  
Christopher Dieter  
Rena Fouts  
Benjamin Goodwin  
Bryon Hagen

Remi Iyewarun  
Staci Kedley  
Leonard Keltner  
Tanya Kruger  
John Larson  
Matthew Lewis  
Daniel Mayer  
Donny Mayn  
David Mongar

Tiffany Norton  
Archie Ore  
Tracy Pyle  
Aimee Smith  
Christopher Sowers  
Rusty Strong  
Jason Stutzman  
Chad Watson  
Scott Wicks



# Juniors

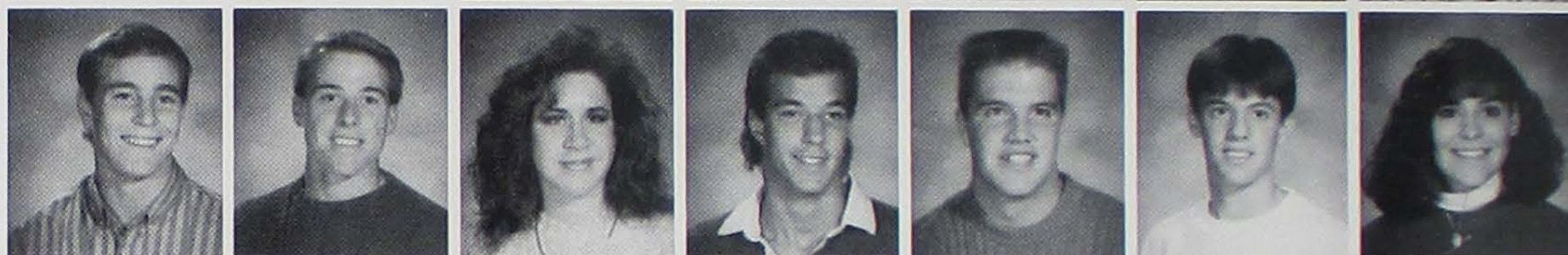
Kurt Akkurt  
Jeff Alfred  
Krista Allen  
Dan Anderson  
Monte Anderson  
David Andre  
Chris Andrews



Scot Angus  
Rob Armstrong  
Jeremy Babcock  
Heather Backstrom  
Eldree Baer  
Michael Bailey  
Chad Baker



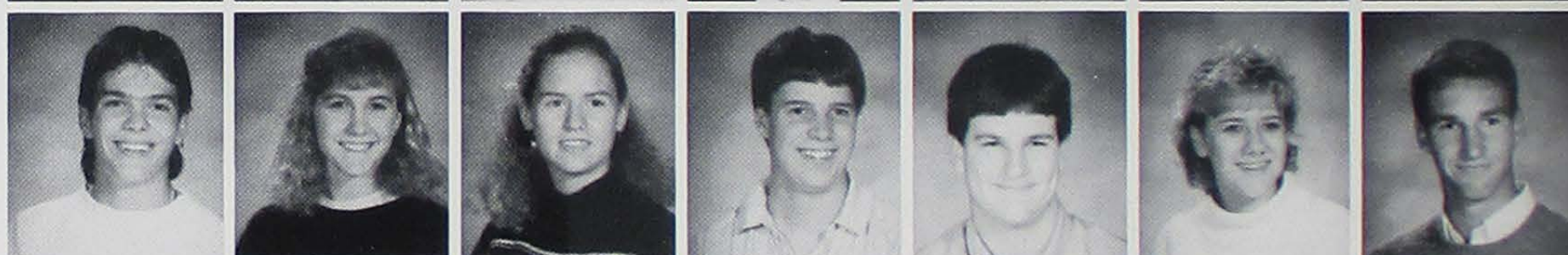
Eric Bappe  
Craig Barnum  
Genny Bates  
Steve Beaudry  
Jason Berg  
Dan Bergan  
Debby Bitz



Ward Black  
Nathan Block  
Doug Bock  
Kirstin Born  
Brian Bowman  
Heidi Brayton  
Darice Brinkman



Michael Brower  
Angie Brunner  
Eva Bryne  
David Burnett  
Andrew Buttermore  
Angela Buxton  
Brian Campbell



Mike Cantonwine  
Brenda Carlson  
Sharon Carlson  
Tami Carmean  
Gabriela Cervantes  
Jenny Chen  
Anne Cheville



Ron Chieves  
Matt Clark  
Paul Clausius  
Jean Clem  
Aaron Clinton  
Richard Cooper  
Shad Crippen



Quentin Crowner  
Jeff Dale  
Debi Damstrom  
Tenaya Darlington  
Stephanie Davis  
Hester Dean  
Tollif DeJong







Nicole Devens  
Becky Dill  
Dan Dobson  
Garth Dolphin  
Staci Dooley  
Ken Doran  
Matt Douglas

Curt Dowdy  
Diane Dubansky  
Mark Eckhoff  
Mike Eischen  
Beth Eitter  
Geoff Emmel  
Dean Erickson

Christine Evans  
Jeremy Faden  
Chad Faidley  
Jodie Farrington  
Lana Fehr  
Laurie Foderberg  
Jennifer Folkmann

Kirk Foote  
Sarah Ford  
Deb Forssman  
Tony Frasher  
Tom Friedrich  
Shannon Fultz  
Raji Gandhi

# Practice makes perfect

-Lilian Riad

Perfection /per-fek-shen/: an unsurpassable degree of accuracy or excellence. This definition of perfection, as given by Webster's dictionary, was taken literally by many students. And to some, it served as a way of running everyday life.

"My room has to be spotless all the time, otherwise I will go insane. I won't have anything to do with it if it isn't neat," senior Jessica Gowdy said.

Perfection played a big part in the lives of students who participated in sports, played instruments or had hobbies. Perfection often meant the fine line between playing on varsity and sitting on the bench.

"When I play basketball or run in track, I always want it to be perfect. I'm never really happy with myself because I always think I can do better," freshman Jenny Remsberg said.

Students who participated

in competitions often felt that they had to be perfectionists. The motto 'practice makes perfect' could have made the difference between coming in first or last place.

"I'm constantly practicing my piano, but I have to because in competition everyone has to be perfect," sophomore Angie Kim said.

Perfection may have helped students succeed, but it often was not easily reached. Sometimes students had to accept disappointment.

"I try to be perfect in everything I do, especially my music and homework," sophomore George Appelquist said. "It's disappointing sometimes, but I like to know that I tried to make it as perfect as I could."

For most students, perfection was something desirable, but not necessarily the answer to happiness. Instead, many were satisfied by simply doing the best that they could.

"I strive to work as hard as possible in school, but as long as I manage to keep my head above water I'm fine," junior

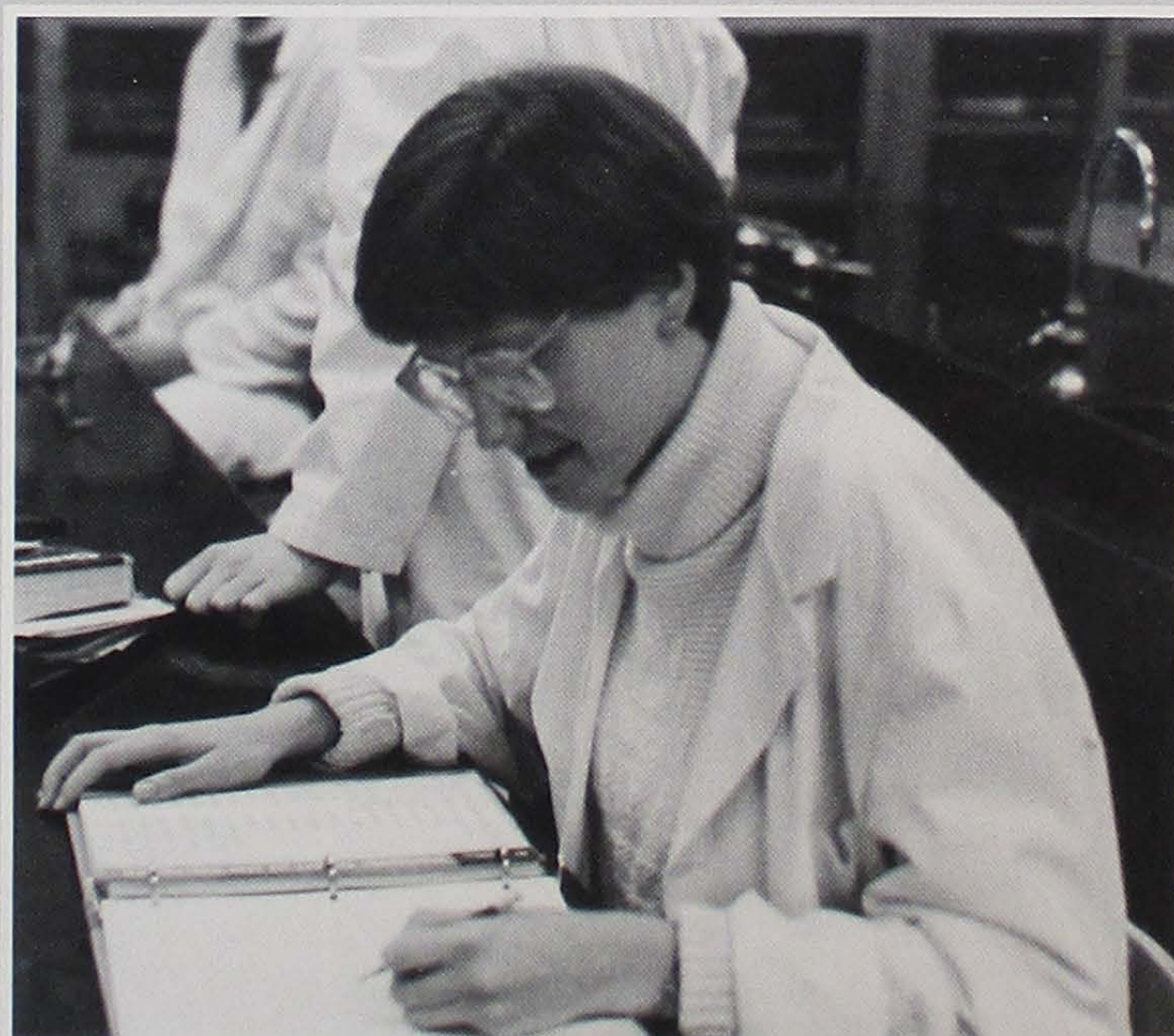
Tenaya Darlington said. "I just complain a lot and make people think I'm under heavy suffering!"

Although many students attempted to perfect the things they did, not everyone understood why they bothered.

"I really don't see the reason behind it all," freshman Derrek

O'Riley said. "Why would someone spend all their time and effort trying to attain something that's impossible?"

"I'm an extreme perfectionist, I'm never satisfied even if I get all A's." During her Chemistry B class, senior Michelle Morden rewrites her lab. (Photo by Dan Ketelsen)





Gregg Garn  
Frank Genalo  
Paul Gibbons  
Sarah Gitchell  
Stephanie Graves  
Maria Groeneveld  
Kelley Halliburton



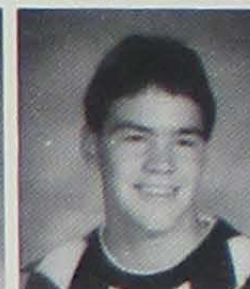
Jamie Hansen  
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Sarah Harms  
Cindy Harris  
Suzanne Harvey  
Amy Hausman  
Jessica Heath



Kelli Hemme  
Tara Hensley  
Paige Hoefle  
Jennifer Holden  
Kirk Holder  
Molly Holz  
Dorie Homan



Natalie Homan  
Michelle Hoover  
Allison Horner  
Christine Hornsby  
Jason Horras  
Eric Huang  
Wendy Huang



Becky Huehn  
Tina Hutchinson  
Mignon Iber  
Danny Jackson  
Ed Jackson  
Bob Jackson  
Jayna Jarnagin



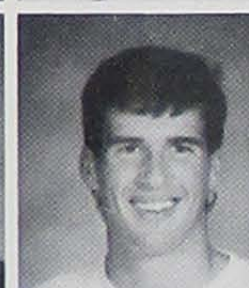
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Tom Joensen  
Kon John  
Timothy Johnson  
April Johnston  
Amanda Jones



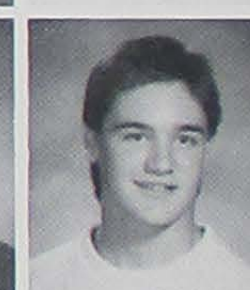
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Christa Jungst  
Chris Kennedy  
Ann Kihl  
Suzanne Klonglan



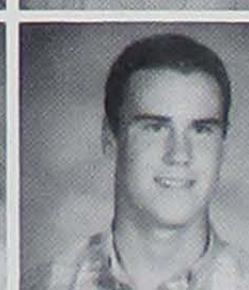
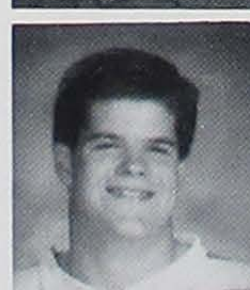
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Jodi Koppes  
Brian Krausman  
Derek Kruempel  
Steve Kubera  
Joe Kuhl  
Gabi Kupfer



Jim Lacasa  
Erik Langeland  
Rob Lay  
Ty Le  
JP Leary  
Kevin Lee  
Holly Lephart



John Livingston  
Beth Luecke  
Colin MacGillivray  
Shannon Madsen  
Stacia Madsen  
Kara Maehner  
Kelly Magoon



Amy Mangold  
Chad Marty  
Valerie McAndrews  
Mike McDaniel  
Lisa McDorman  
Paul McGee  
Scott McGlothlen





# Dance until midnight

Steve Wuhs

It's Friday night and the basketball team just annihilated the opponents. The fans are pumped up and ready to party. So what's a high schooler to do? Go to the post-game party in the cafeteria, of course.

So you pay \$2 and trot down the front stairs to a crowded, sweaty, steamy lunchroom. Why do high-schoolers want to go?

"There's no other place you can go to just dance. In a town like Ames there's nothing else to do," junior Heidi Shierholz said.

Some students found other reasons to go to the parties.

"(Carrie) Stidwell and I go to

watch other people dance. We get a kick out of it," senior Megan Manatt said.

Although school parties were popular year-round, some had higher attendance than others.

"I went to the one before school started just to see what the parties would be like. I went to Mistletoe because I heard it was the best party of the year," freshman Juli Nordyke said.

Other students used school parties as an excuse to stay out later.

"My parents usually want me home by midnight, but I can stay out later if they know I'm at the school," sophomore Chris Hampson said.

One negative side to the parties

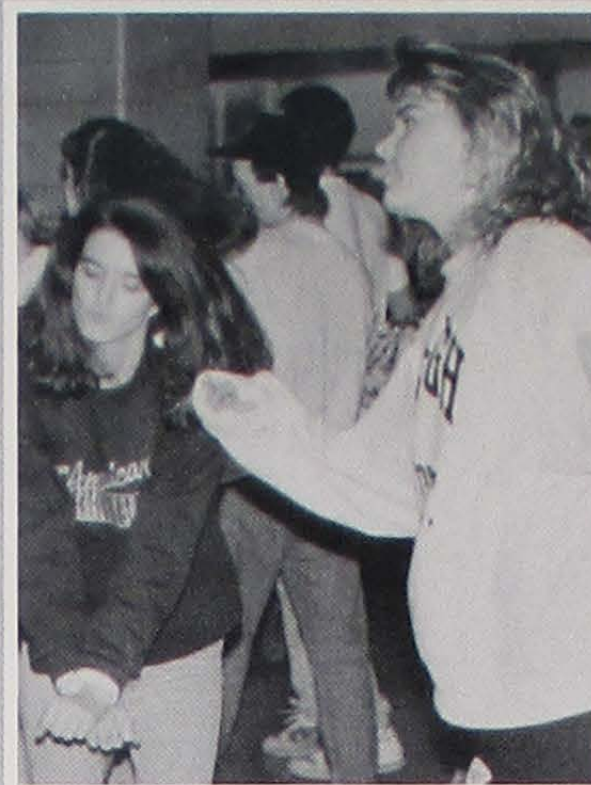
was the music. A small group of parents objected to some of the songs being played.

Sophomore Jolyn Brakke thought the parties were fun until the proposed censorship changed her thinking.

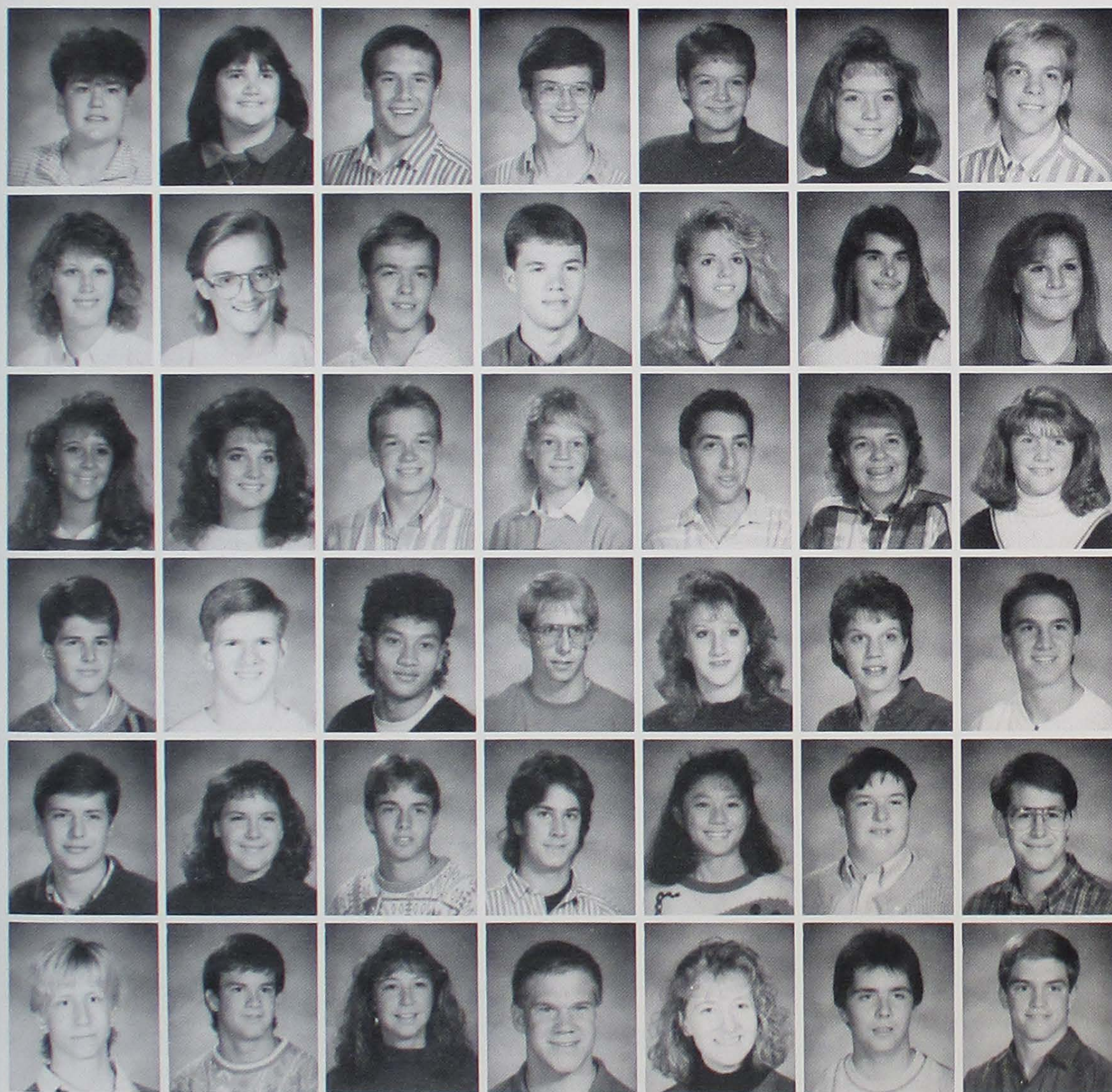
"It's stupid because we listen to that kind of music anyway. Why can't we listen to it at parties?" she said.

So whatever the reason, school parties were a place to go to see your old friends and make some new ones. They were also a place to cut loose.

"I go. I dance. I get down. I get funky. I leave," senior Chad Bouton said.



Jammin' to the beat at an after-game party are seniors Melanie Stover and Pam Westvold. The parties were a place to cut loose after a hard week. (Photo by Steve Wuhs)



Tricia McPeak  
Sara McPhail  
Matt Meinhard  
Brian Messenger  
Sally Metzger  
Jessica Miller  
Brian Mills

Becky Moore  
Charles Moore  
Mike Moore  
Brian Moreland  
Stacy Morford  
Audrey Morken  
Tonja Morken

Amy Morrison  
Amy Moutray  
Kurt Munson  
Marit Munson  
Josh Murphy  
Stacey Murray  
Michelle Nelsen

Adam Nelson  
Chris Nelson  
Phil Nou  
Tom Oakland  
Valeri Olson  
Chris Osslund  
Alan Ostendorf

Jeff Osweiler  
Jill Osweiler  
Aaron Overland  
Erik Overland  
Judy Pang  
John Paque  
Robert Parrish

Michael Patterson  
Brian Pattinson  
Jennie Pelz  
Stuart Penney  
Anne Pepper  
Brian Pepper  
Brian Peter



Jed Peterson  
Joe Peterson  
Kevin Peterson  
Thavone Phimmason  
Lia Pierson  
Teri Pipitone  
Krista Posegate



David Preston  
Lana Rahfeldt  
Khone Rattavongsa  
Michelle Rayhons  
Susan Recker  
Robyn Renz  
Dawn Ricketts



John Ries  
Jeff Robson  
Dan Roe  
Traci Rogers  
Kirsten Royal  
Tri Salihima  
Keith Sambos



Scott Sams  
Katie Schafer  
Lance Schmitt  
Todd Schumer  
Tammy Schwieger  
Andy Scott  
Shika Seecharan



David Serovy  
Greg Sherrard  
Heidi Shierholz  
Troy Sills  
Amy Jo Smith  
Patricia Smith  
Carrie Soy



# The restricted hour

-Michelle Rayhons

No one likes to waste valuable time. Through sleeping, working or observing others, students in restricted studyhall (RSH) tried to make interesting use of every minute.

"If I get restricted, it's something good because I'll get my homework done. Otherwise I just sit in the library and talk," junior Becky Huehn said.

Other students filled the period with a pastime or fun activity.

"I usually read skateboard magazines and read the newspaper. Every 10 minutes I look at the clock. The last 10 minutes I usually crash," junior Chad Smith said.

Observing others in restricted also passed time.

"I like to watch the people who have in-school suspension fill their army jackets up with

food and pop. They just sit back there and eat, listen to their music and sleep all day," junior Darice Brinkman said.

Receiving 10 periods of restricted studyhall for four tardies a semester to homeroom became controversy during the year.

"I was in there all the time, just for tardies. People do worse things and don't even get restricted. I never get in trouble for anything but tardies," senior Susan Frank said.

Many disagreed with the school's discipline system and believed it could be dealt with differently.

"A lot of times I just sleep because I don't have any homework to do. I think that restricted is a waste of everybody's time. I don't like their (the school's) policy. If you're tardy to class they shouldn't make you sit in a

room for hours," senior Ashraf Gabal said.

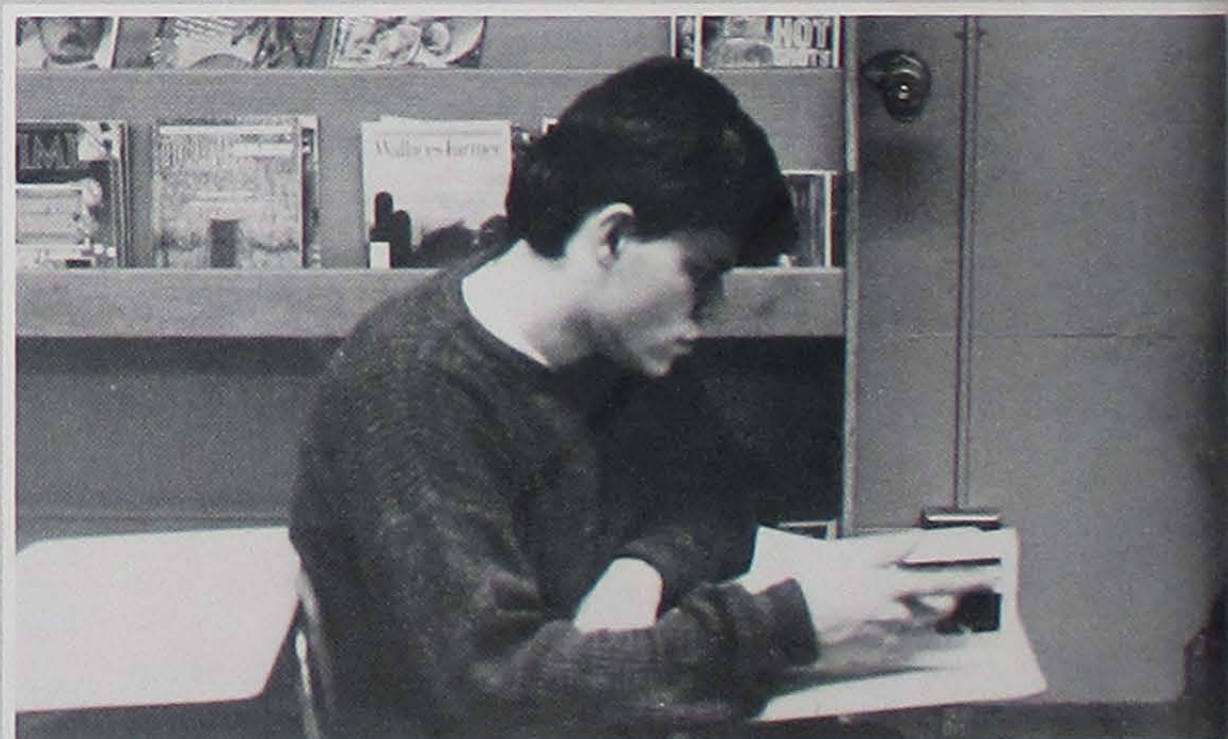
But junior Jamie Hanson enjoyed restricted studyhall and agreed with the school's system.

"I love it. I can sleep. I don't think the school could do anything else (to discipline)," Hanson said.

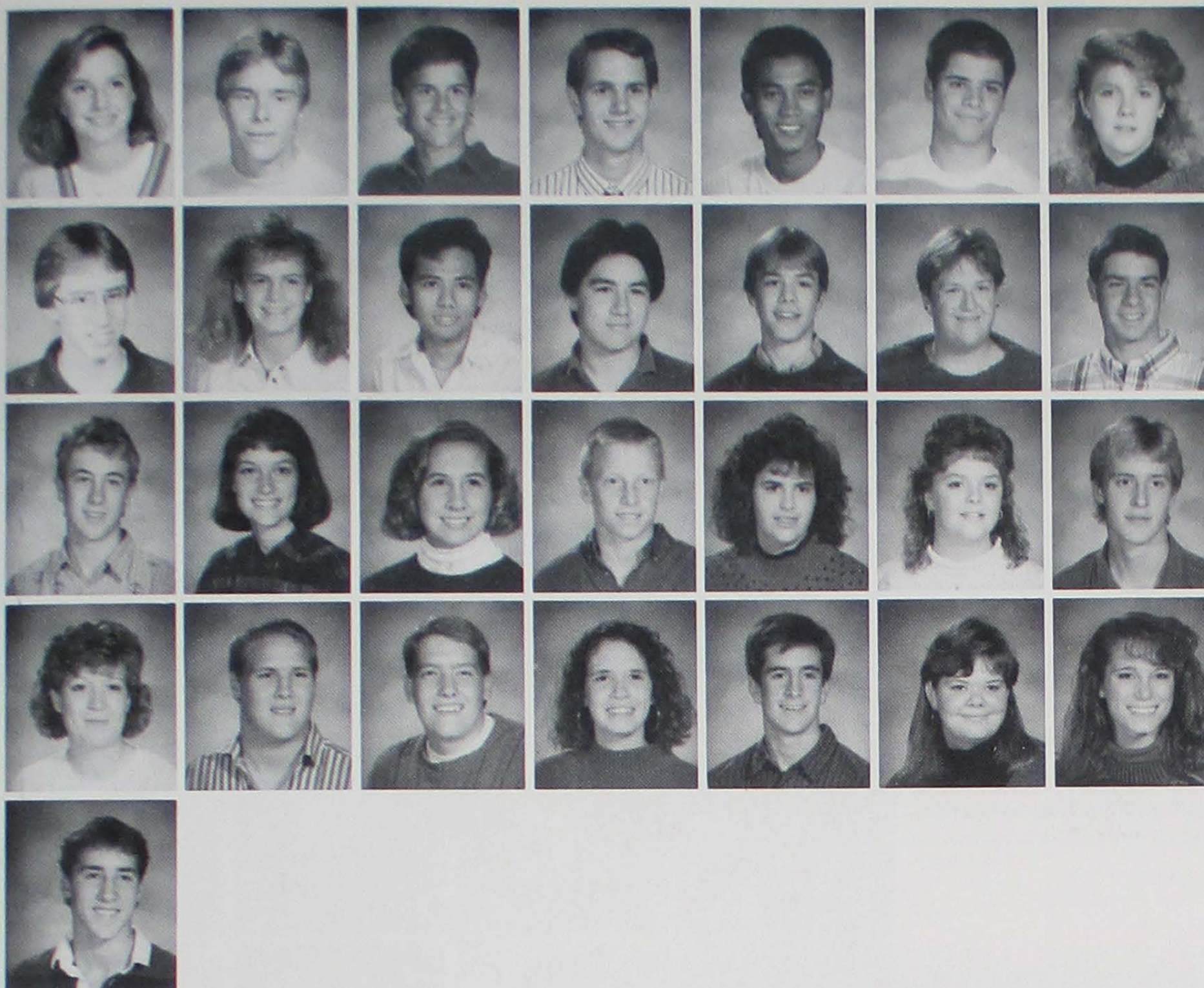
Restricted could be what you

wanted it to be. To some it was a time to do homework when they normally would talk in the media center, but for others it was a waste of time.

By flipping through a magazine, senior David White makes use of his time during a typical day of restricted studyhall. (Photo by Quentin Crowner)







Wendy Stevenson  
Gerald Thomas  
Robert Thompson  
John Thrasher  
Sorl Thun  
Jay Titus  
Kim Toillion

Jason Toppenberg  
Chris Tosten  
Sayral Trieu  
Jeff Uemura  
Robert Umbaugh  
Holly VanWinkle  
Rob Van Auken

Zach Vegge  
Gretchen Vogel  
Jill Wall  
Dan Waller  
Kimberly Webb  
Shannon Westbrook  
Geoff Will

Michelle Willardsen  
Chad Wilson  
Steve Wohn  
Beth Wollaston  
Steve Wuhs  
Camille Young  
Laura Zachary

Eric Ziebold

# Not pictured:

Jeremy Adams  
Brad Alber  
John Alexander  
Jason Althoff  
Bartolome Benitez  
Jeremy Bennett  
Ross Bittner  
Eric Brant  
Denise Calderon  
Pramilla Chahal  
Rakesh Dahiya  
Jaime Daza  
Rob Dearmore  
Christopher Dinzy  
Jennifer Doty

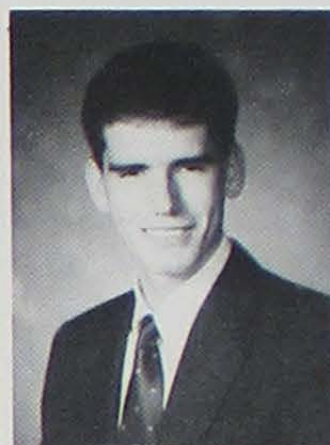
Jim Edmunds  
Gregory Ellis  
Martin Fashbaugh  
Larry Havens  
Edgar Hernandez  
Heather Hudson  
Mick Johnson  
James Key  
Kevin Lee  
James Leslie  
Kate Mitchell  
Ronald Morris  
Michelle Myers  
Sherri Nikkel  
Kelly Peterson

Randy Peterson  
Buddy Price  
Todd Rhoden  
Donald Schultz  
Jamison Sipes  
Chad Smith  
Tamra Takle  
Chris Tilley  
Gretchen Watts  
Nicole Wesley  
Jeremy White  
Mark Wilson  
Jason Wiseman



# Seniors

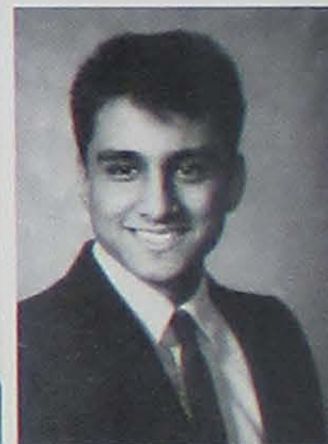
**Brad Abendroth:** Football 12; I Ball 12. **Doug Adams:** Student Council Co-President 12; Concert Band 12; Marching Band 10, 11, 12; Track 10, 11, 12; Student Council 10, 11; "Spirit" Staff 12; I Ball 10, 11, 12; Speech Club 12; Varsity Band 10, 11. **Kristin Adams:** Powderpuff 10, 12; DECA 12; Senior Girls' Club 12; Volleyball 10; I Ball 10, 11; I V-ball 10, 11. **Wendy Alleman:** Flag Corps 10; Flag Corps Co-Captain 11, 12.



**Trevor Andersen:** Soccer 10, 11, 12; I Ball 10, 11, 12; I V-ball 10, 11, 12. **Brent Anderson:** Football 12; I Ball 11, 12; I V-ball 10. **Neila Anderson:** Cross-Country 10, 11, 12; Track 10, 11, 12; Concert Chorale 11, 12; Senior Class Vice-President 12; Homecoming Court 12; Senior Girls' Club Co-President 12; Chamber Singers 11, 12; Class Treasurer 11; Big Sis/Lil' Sis Chairman 12; Student Council 12; "Spirit" Staff 10; Homeroom Officer 10; All-Metro Conference Sportsmanship Committee Member 12. **Scott Alan Anderson:** Football 10, 11, 12; Track 10, 11, 12; I Ball 10, 11, 12; Powderpuff Coach 12; DECA 12.



**Kam Archbold:** Basketball 10, 11; Softball 10, 11, 12. **Chris Arp:** Football 12; Track 10, 11, 12; Cross-Country 10; I Ball 10, 11, 12; Powderpuff Coach 12; "Web" Staff 12. **Michael Asefa:** Track 11; Swimming 12; I Ball 11; I V-ball 12; Debate 12. **Kartik B. Athreya:** Powerlifting 12; I Ball 11, 12; I V-ball 11, 12; Airbands 12.



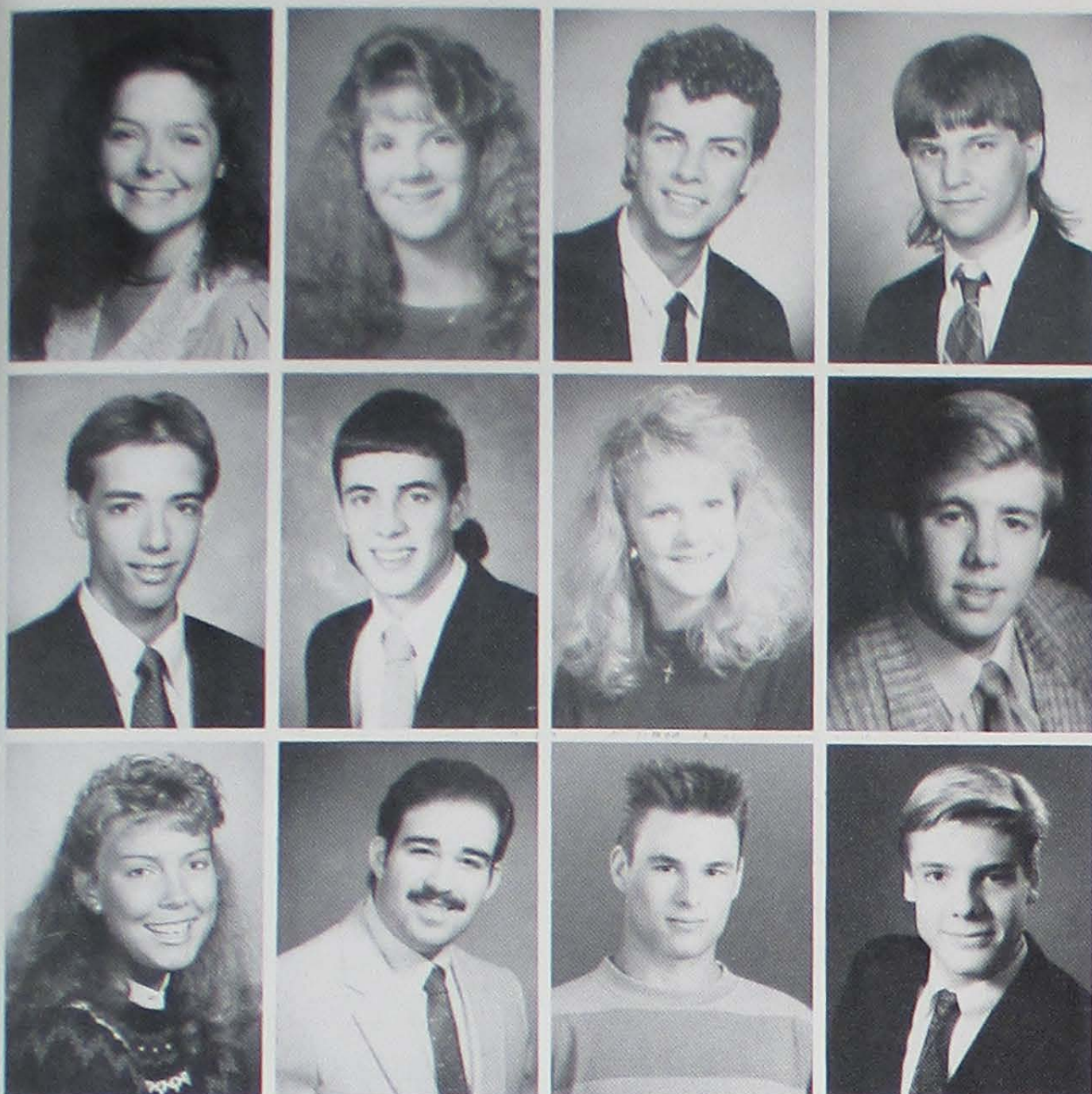
**Karen Augustine:** Concert Choir 10, 11, 12; One-Acts "Limbo" 12; Speech Club 11, 12; Model U.N. 10, 11; "Spirit" Staff 10; Class Senate 10, 12; Environmental Committee 10, 11, 12; Volunteers 10, 11; Small Group Vocal 12. **Bounthavy Baccam.** **Boris Bachmann:** Swimming 10, 11, 12; I V-ball 10, 11; Student Council 11. **Kari Baker:** Powderpuff 10, 11, 12; Volunteers 10, 11, 12; Cadet Teaching 12; I V-ball 10, 11, 12.



**Angie Ballantine.** **Ann Basart:** Tersichore 10, 11, 12; Tersichore Choreographer 11, 12; AHS TV Show 11, 12; Speech Club 12; Class Senate 11; I V-ball 11, 12; Powderpuff 10; Homecoming Committee 11; Play Production 12; Volunteers 11. **Angela Bass:** Powderpuff 10, 11, 12; Volunteers 12. **Jason Bauge:** I Ball 11, 12; Basketball 10; Baseball 10, 11, 12; DECA 12.







**Cari Ellen Bauman:** Class Treasurer 12; Student Council 10, 11, 12; Junior Executive Council 11; Senate 10; Homeroom Officer 11; Rules Committee 11; Homecoming Committee 12; Senior Girls' Club 12; Cheersquad 10, 11, 12; Varsity Cheer Captain 12; Softball 10, 11, 12; Homecoming Court 12; Big Sis/Lil' Sis 11; I Ball 10, 11, 12; Volunteers 10, 11, 12; Powderpuff 10, 11, 12. **Jeneane Beck:** "Web" Staff 12; DECA 12; Track 10, 11; Powderpuff 11, 12; Sophomore Mixed Choir 10. **Philip Berger.** **Jeff Berryhill.**

**Charlie Bevolo:** Airbands 12; Manager/Trainer (Football/Track) 10; "Spirit" Staff 12; "Web" Staff 12; AHS TV Show 12; Volunteers 12. **Randy Bitz:** DECA 12; I Ball 10, 11, 12. **Libby Black:** Manager (Wrestling) 12; Mat-maid 10, 11, 12; Powderpuff 10, 11, 12; Volunteers 12. **Todd Boehlje.**

**Kimberly Boller:** Cadet Teaching 12; Powderpuff 11, 12; I Ball 11, 12; Senior Girls' Club 12. **David Bonello:** Speech Club 10; Track 10, 11, 12; Football 10; Airbands 12. **Matt Booth:** Hockey 11, 12; I V-ball 11, 12; Airbands 12. **Chad Bouton:** I V-ball 10, 11, 12; Speech Club 11, 12; Speech Club President 12; Play Productions/Cast 10, 11; AHS TV Show 11; One-Acts 10, 11.

# Following their instincts

Kara Maehner

Just like the board game Life, we all come to a space in our lives when decisions must be made.

"I either want to go far away or stay right here. I want to stay because it's where my house and my friends are, but if I left Iowa I'd want to go as far away as possible to get the biggest change," senior Mike Urick said.

Living in the heartland of America with a view of amber rows of corn and the pungent odor of pigs tended to get old after living with it for so many years.

"I like the idea of going someplace new and meeting new people. I've lived in Ames all my life and it's getting boring," senior Eric Holm said.

Besides the need for a change of scenery, for some there was also a need for college specialty programs.

"I chose St. Olaf because they offer the best programs related to the things I'm interested in," senior Sara Scholten said.

Some students' decisions to leave Iowa had to do with future employment as well as their college education.

"I'm going to Hollands College in Virginia. I'm glad that I'm getting out of Iowa because there is no job market here," senior Heather Murrell said.

Some athletes involved in sports that had lower popularity in Iowa chose to look into schools with greater interest in their sport.

"The reason I didn't look into Iowa for college is because college volleyball is the best on

either of the coasts. Midwest volleyball isn't really strong yet," senior Sharon Miller said.

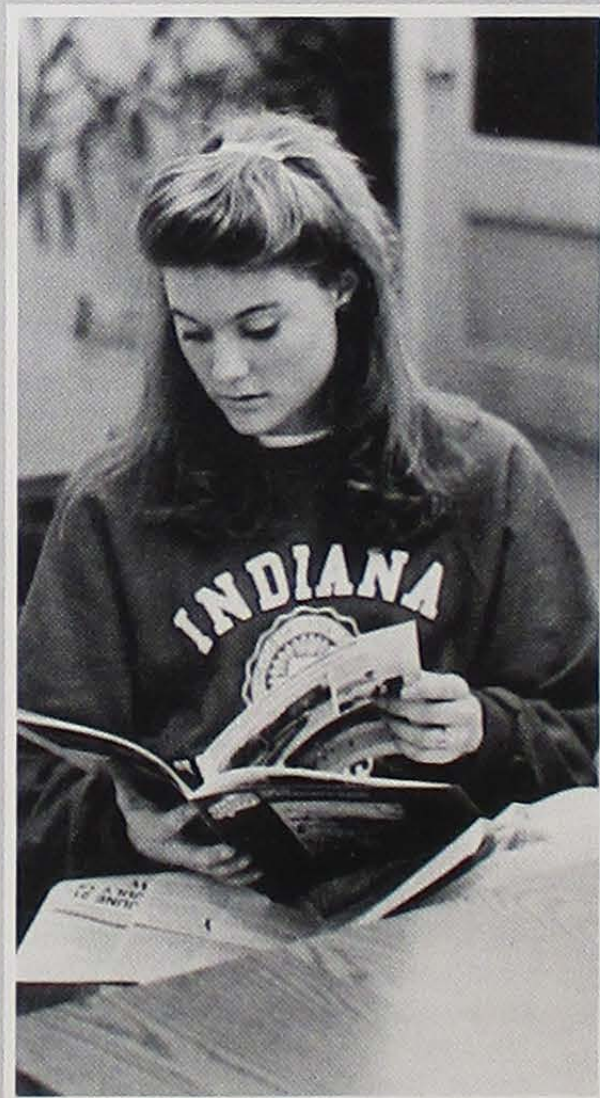
Others were concerned about finding the right social atmosphere to fit their needs.

"I want to go to University of Chicago because it's a party school," senior John Niyo said.

While some left the state because it meant parties and no parents, others achieved the need to be independent without leaving Iowa.

"I'm going to Iowa State and living in the dorms to get away from home, but I'm still close enough to get my laundry done," senior Mark Pollmann said.

No matter what choices they had to make, seniors eventually got through their day of reckoning and continued down the path in the game of Life.



Browsing through a brochure, senior Megan Manatt wears a collegiate sweatshirt of the school she plans to attend next fall, Indiana. (Photo By Chuck Bevolo)



**Mike Brown:** Powderpuff Coach 12; Baseball 10; Football 10, 11, 12; I Ball 10, 11, 12. **Stephanie Bryan. Rich Bucklin. Allison Bundy:** Cheersquad 10, 11, 12; Cheersquad Captain 10, 12; Basketball 10, 11, 12; Powderpuff 10, 11, 12; Cadet Teaching 12; Senior Girls' Club; Senate 11; Homecoming Committee 10, 11, 12; I V-ball 11; Student Council 12; Airbands 12; Volunteers 10, 11; Track 12.

**Angela Buxton:** Track 11; Powderpuff 10; I Ball 10; Manager (Boys' Swimming) 10; Homeroom Officer 10, 11; Volunteers 10, 11; Drama Activities 11. **Matt Cable. Brett Callison. Chris Canon.**

**Kim Carey:** Fall Cheersquad 10, 11, 12; Winter Cheersquad Captain 12; Terpsichore 11; Terpsichore Choreographer 12; Senate 10, 11, 12; Powderpuff 10, 12; Senior Girls' Club; "Spirit" Staff 12. **Wendy Christensen. Ethan Clapp:** Track 10, 11, 12; Football 10; I Ball 10, 11, 12; Airbands 10, 12; Volunteers 10, 11, 12. **Renee Clapp.**

**Kristine Lee Coffey:** Drama Activities 12. **Wendy Conley:** DECA 12; DECA State Officer 12; Track 10, 11, 12; Powderpuff 10, 11, 12; I Ball 10, 11, 12; I V-ball 11, 12. **Patrick Connolly:** Varsity Band 10; Concert Band 11; Marching Band 10, 11; Pep Band 10, 11; Jazz Band 10, 11; Play Production 10; "Web" Staff 12; Class Senate 10, 11; Swim Team 12; I Ball 10; I V-ball 10, 11, 12. **Scott Coon:** Chess Team 10, 11, 12; Chess Club President 12; Academic Decathlon 12.

**Christy Cooney:** Cross-Country 10, 11; Track 10; Basketball 10, 11; Speech Club 10. **Michelle Rae Countryman:** "Scratch Pad" Design Co-Editor 12; "Spirit" Staff 12; Soccer Manager 11, 12; I V-ball 10, 11, 12; Volunteers 12; Swing Choir 10; Concert Choir 11; All-State Contest 11; Sophomore Mixed Choir 10; Small Group Vocal 11. **Connie Craven. Elizabeth Cummings:** "Scratch Pad" Co-Editor 12; "Scratch Pad" Board 11; Concert Chorale 12; Play Production 11; Small Group Vocal 12; Drama Activities 10; Track 10, 11; Big Sis/Lil' Sis 12; Senate 11; Sophomore Mixed Choir 10.

**Ranjan Dahiya:** Tennis Team 10, 11, 12; I Ball 12; I V-ball 10, 12; Soccer 11, 12. **Debbie Davenport. Aileen Davis. Michelle Davis:** Concert Choir 11; Mixed Chorus 10; Powderpuff 10, 12; DECA 12; Track 10, 11, 12; Cross-Country 11; I Ball 12; Terpsichore 12.

**Mark DeJoode. Eric DeLuca:** Soccer 10, 11; Concert Band 10, 11, 12; Jazz Band 10, 11, 12; Pep Band 10, 11, 12; Academic Decathlon 11, 12; Play Production 11, 12; I Ball 10, 11, 12; Orchestra 10; AHS TV Show 10, 11. **Mike Divine:** Golf Team 11, 12; Academic Decathlon 12; Speech Club 10, 11, 12; I Ball 10, 11, 12; Debate 10. **Deborah M. Dobbs:** Tennis 10, 11, 12; Winter Cheersquad Captain 10; Powderpuff 10, 12; Speech Club 11; All-State Contest 11; Terpsichore 10, 11, 12; Terpsichore Choreographer 12; I Ball 11, 12; I V-ball 12; Senate 11; Homecoming Committee 11; Senior Girls' Club; Ambassadors 12; Rules Committee 10.





# Taking it easy

Jennifer Holden

Joe gazes longingly out the window. He sees his friend Bob walking out to the parking lot. Joe's stomach grumbles and he realizes that it is only noon, but Bob is done with school for the day.

No, this wasn't a scene from a bad foreign film, this was just one example of full loads vs. no loads.

Some seniors were short the necessary credits required to graduate and were forced to take unwanted courses.

"I ended up with a lot of classes because of credits, so I don't care what grade I get, just if I graduate or not," senior Davin Flatten said.

Then there were the students who took extra classes, just so they could be around their friends.

"I'm taking a lot of classes because it gives me something to do and it's social," senior Jenni Thiede said.

Some seniors had part-time jobs that took away from their free time. In order to get homework done they often pulled late-nighters.

"I usually don't start my homework until 10:30 or so. I'm taking a lot of classes on top of my work schedule at Save-U-More. I need all the classes for credits," senior Cristy Handsaker said.

Besides jobs and homework athletics and extracurricular activities took away from free time after school.

"I guess I'm lazy when it comes to homework. After (wrestling and football) practice I'm just too tired to do it," senior Adam Wagner said.

Whether they were tired or lazy, many chose to take only the courses they needed to get by.

"I only took the bare minimum needed to graduate," senior Seth Gilson said.

Graduating wasn't their only worry. Some seniors didn't want to worry about grades so they chose 'easier' classes.

"Since this is my senior year, I'm taking the easiest classes possible so I don't have to worry about my grades. I'm in peer intern and accounting," senior Angela Doyle said.

But then there were those who found ways to avoid time-

consuming classes such as chorus and band.

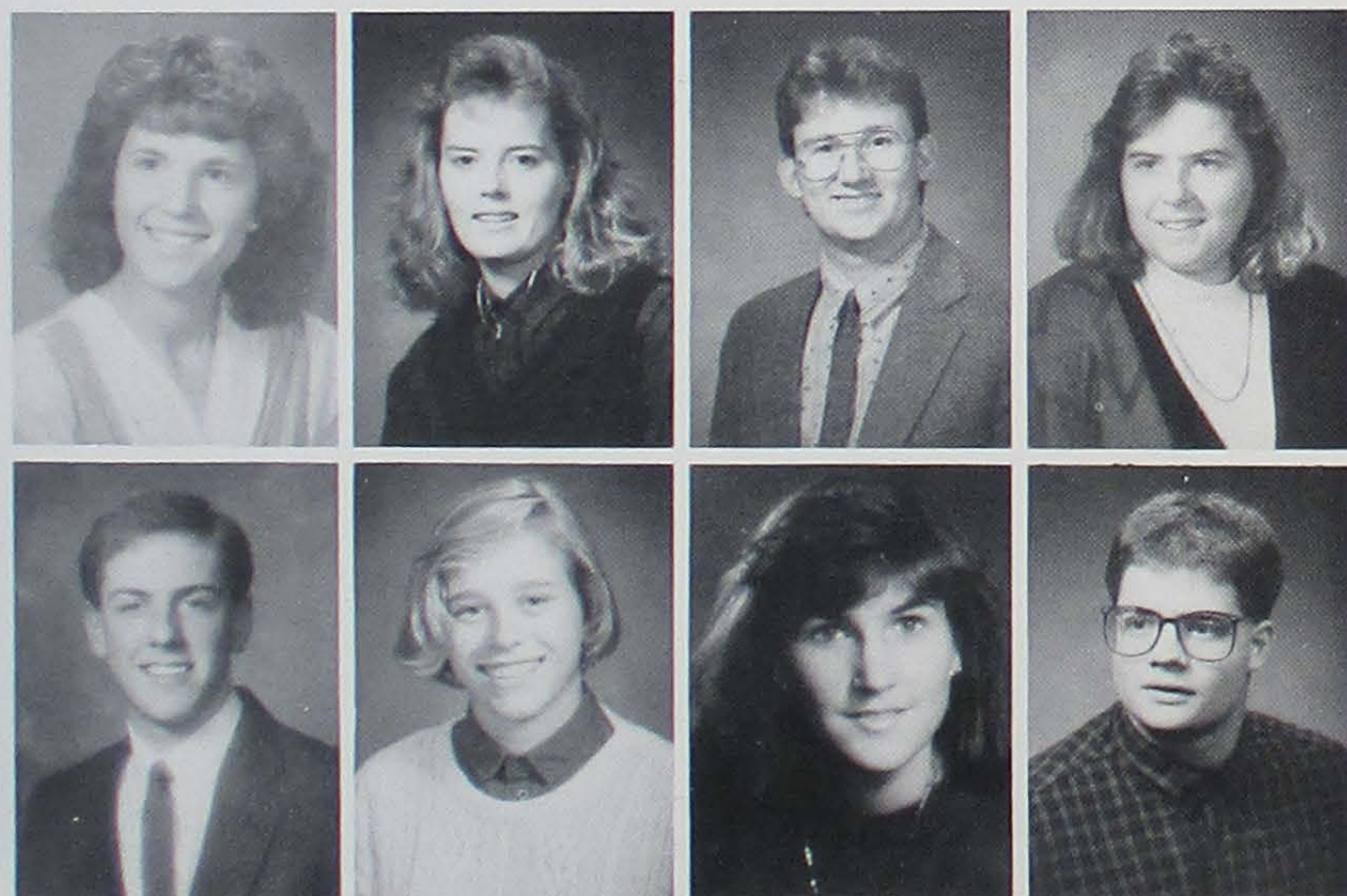
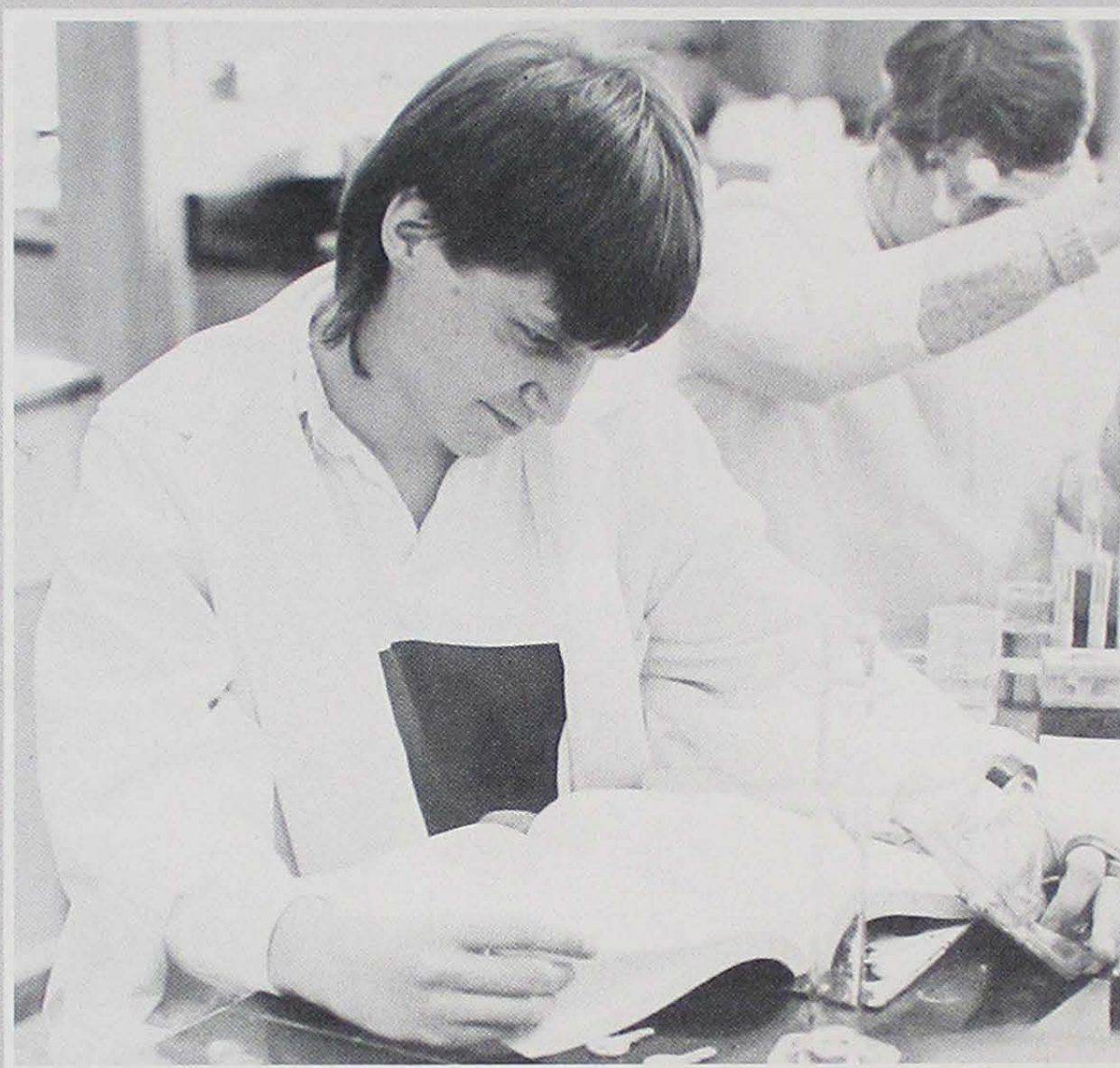
"I took Chemistry B instead of (Chemistry) A because 'B' has one more lab period and I wouldn't have to take another class. Now I have more free time," senior Toria Simmons said.

Some seniors didn't want anything filling their time their fi-

nal year of high school.

"This is my last year at Ames High," senior Barb Heinz said. "I don't want to do homework, I want to have some fun."

During one of his eight periods, senior Jeff Berryhill works in his chemistry lab. The only free period he had was a 30-minute lunch. (Photo by Dan Ketelsen)

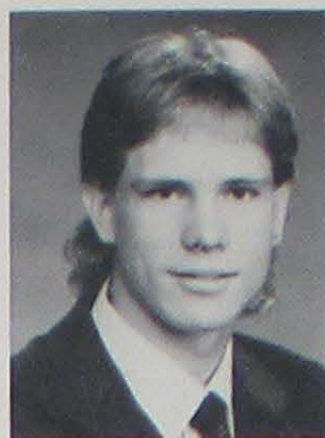


**Shawn Dorr:** Sophomore Mixed Choir 10; Concert Choir 11; Concert Chorale 12; Flag Corps 11, 12; I V-ball 11; Track 10. **Angela Marie Doyle:** Manager (Boys' Cross-Country) 10, 11, 12; Manager (Boys' Track); 10, 11, 12; Volunteers 11, 12; I V-ball 10, 12; I Ball 11; Powderpuff 10, 12; Cheersquad 10; Big Sis/Lil' Sis 11, 12. **John Doyle. Katie Drake:** Concert Band 10, 11, 12; Marching Band 10, 11, 12; Jazz Band 10, 11, 12; Pep Band 12; All-State Contest 11, 12; Sophomore Mixed Choir 10; Senate 10.

**Dan Dular. Emily J. Dunn:** Swim Team 10, 11, 12; Swim Team Captain 12; Concert Chorale 11, 12; Sophomore Mixed Choir; Madrigal 10. **Terri East:** Track 10, 11; Volunteers 10, 11, 12; Cheersquad 12; Senior Girls' Club; I V-ball 11, 12; I Ball 10; Airbands 12; Powderpuff 10, 12. **Derrick Lane Epstein:** Football 10, 11, 12; Track 10, 11, 12; I Ball 11, 12; Homecoming Court 12.



**Joe Ethington:** Hockey 10, 11, 12; I Ball 10, 11, 12; I V-ball 11, 12. **Ifeoluwa Fadeyi:** Track 10, 11, 12; Marching Band 10, 11, 12; Terpsichore 12; Sophomore Mixed Choir 10; Mat Maids 11, 12; Senior Girls' Club 12. **Tyler C. Farner:** Baseball 10, 11, 12; I Ball 10, 11, 12; I V-ball 11, 12; Airbands 12. **Peter Fatka.**



**Melanie Lea Fiddelke:** Concert Chorale 10, 11, 12; Chamber Singers 12; Small Group Vocal 11, 12; Madrigal 12; Manager (Girls' Swimming) 12. **Deborah L. Flatt:** Terpsichore 12; Senior Girls' Club 12; Volunteers 11; Scholastic Art Award in Printmaking 12; Scholastic Art Award in Mixed Media 12; Scholastic Art Award in Photography 12; Powderpuff 10. **Bill Flick.** **Paul Flugrad.**



**Susan Frank:** Varsity Band 10, 11; Marching Band 10, 11; Sophomore Mixed Choir 10; Track 10; Swimming 11, 12. **Mike Gabrielson:** Football 10, 11, 12; Baseball 10, 11, 12; Basketball 10, 11, 12. **Chad Gibson:** Football 10, 12; I V-ball 11, 12; Hockey 10, 11, 12; Airbands 12; Powderpuff Coach 12; Volunteers 10, 11, 12. **Bill Gierasch.**



# Controlling Interest

-Stephanie Wessman

"It's 1:00 in the morning; where have you been?"

"I'm 18-years-old, Mom. I can take care of myself!"

As seniors, students often wanted more say in how to run their lives. But for their parents, it was natural to assert control.

"They're flipping out, totally clamping down. They never see me and they want to," senior Lexi Leacock said. "My parents are going to miss me. They're afraid to let me go."

Some seniors felt smothered because their parents set curfews and prevented them from making decisions on their own.

"I want more freedom and my mom doesn't want to give me any," senior Mike Puffer said. "But even though she yells more, she still gives me more freedom."

Some students did receive the luxury of getting more liberties their senior year.

"They give me more freedom — I begged for it, but I get more rights," senior Matt Zbaracki said.

While some parents relented and allowed their children more freedom, others were still constrictive.

"I'll be glad to get out because I want to find out who I am," senior Emily Dunn said. "I can't do that when I'm under my parents' control."

And then there were the students who had no real problem getting along with their parents. Some felt that being a senior brought them more respect.

"I have a very open relationship with my parents. I can tell them anything and know that my parents will give me good advice," senior Kim Konechne

said. "This year hasn't changed much, except they've given me more freedom."

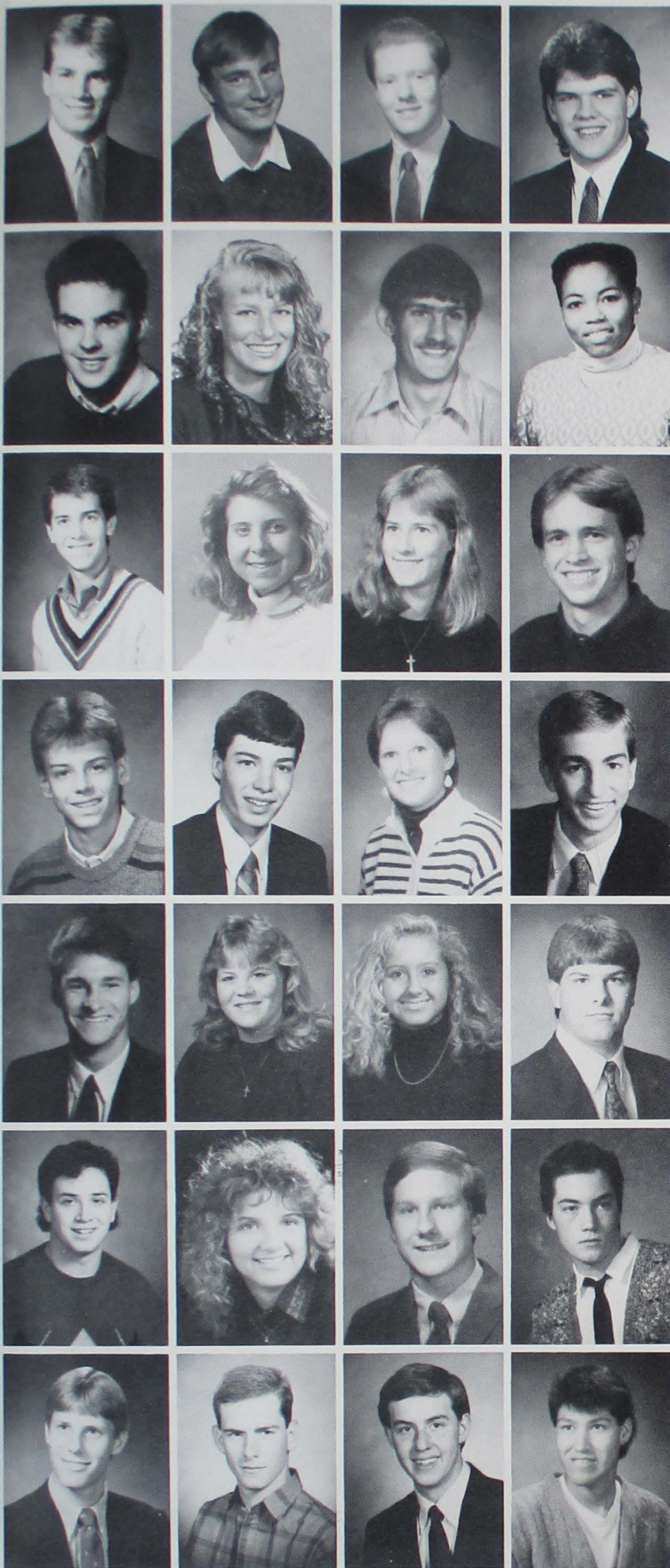
For seniors, the way their parents treated them during their last year of high school made a real difference. It made those graduating either ready to

escape or glad the relationship with their parents had deepened.

In between bites, senior Ethan Clapp interacts with his parents. Mealtime was one of the few chances busy seniors got to spend time with their families. (Photo by Jamie Watt)







**Seth C. Gilson:** Football 10, 11, 12; I Ball 10, 11, 12; Homecoming Court 12; Track 10, 11, 12. **Frank Goerner:** I Ball 10, 11, 12. **Joe Goodfriend:** Soccer 10; Chess Club 10, 11; Speech Club 10; Drama Activities 10. **Chris Goodwin:** Football 10, 11, 12; I Ball 10, 11, 12; Play Production 10; "Web" Staff 12; Concert Band 12; Powderpuff Coach 12; I V-ball 12; Tennis 12.

**Rolf Gould. Jessica Gowdy:** Manager (Boys' Cross-Country) 10, 11, 12; Manager (Boys' Track) 10, 11; Powderpuff 10, 11, 12; Cheerleading 10; I V-ball 10, 12; I Ball 11; One-Acts 11; Terpsichore 12; Senior Girls' Club 12. **Ronald Gregory:** Swimming Special Olympics 11; Volleyball Special Olympics 12. **Amy Greimann:** Volleyball 10, 11, 12; Softball 10; Basketball 10; DECA 12; Powderpuff 10; Ambassadors 11, 12.

**Blair Greimann:** Cross-Country 11, 12; Track 10, 11, 12; Soccer 11, 12; I Ball 11, 12; I V-ball 11, 12; Basketball 10; Baseball 10; Football 10; Senate 11, 12. **Shawna Greiner:** Cheerleading 10; Terpsichore 10, 11, 12; Senate 11; Powderpuff 10. **Heidi Greisch:** Marching Band 10, 11, 12; Varsity Band 10; Concert Band 11, 12; Jazz Band 10; Play Production 10; Sophomore Mixed Choir 10; Volunteers 11, 12. **Tim Grewell:** Senate 10; Track 10; I Ball 10, 11.

**Steve Groat:** Swimming 10, 11, 12; I Ball 10, 11, 12. **Jeff Hamilton:** I Ball 11, 12. **Cristy Handsaker:** Diving 10, 11, 12; Volunteers 12; I V-ball 12; Marching Band 10; Varsity Band 10. **Brian Hansen:** Basketball 10, 11, 12; Baseball 10, 11, 12; I V-ball 12.

**Rodney S. Harl:** Concert Choir 11, 12; Sophomore Mixed Choir 10; Small Group Vocal 11, 12; Madrigal 11, 12; Chamber Singers 11, 12; Class President 10; Student Council 10; One-Acts 12; Play Cast 12; I Ball 10, 11, 12; I V-ball 10, 11, 12; Accompanist 10; Homecoming Committee 10, 11; Senate 10; Airbands 12; All-State Contest 11, 12. **Hope Hathaway:** Volunteers 10, 11, 12. **Heather Hatten. Eric Hawbaker:** Varsity Band 10; Concert Band 11, 12; Jazz Band 10; Pep Band 10, 11; Football 12; Powderpuff Coach 12; Track 12; I Ball 11, 12.

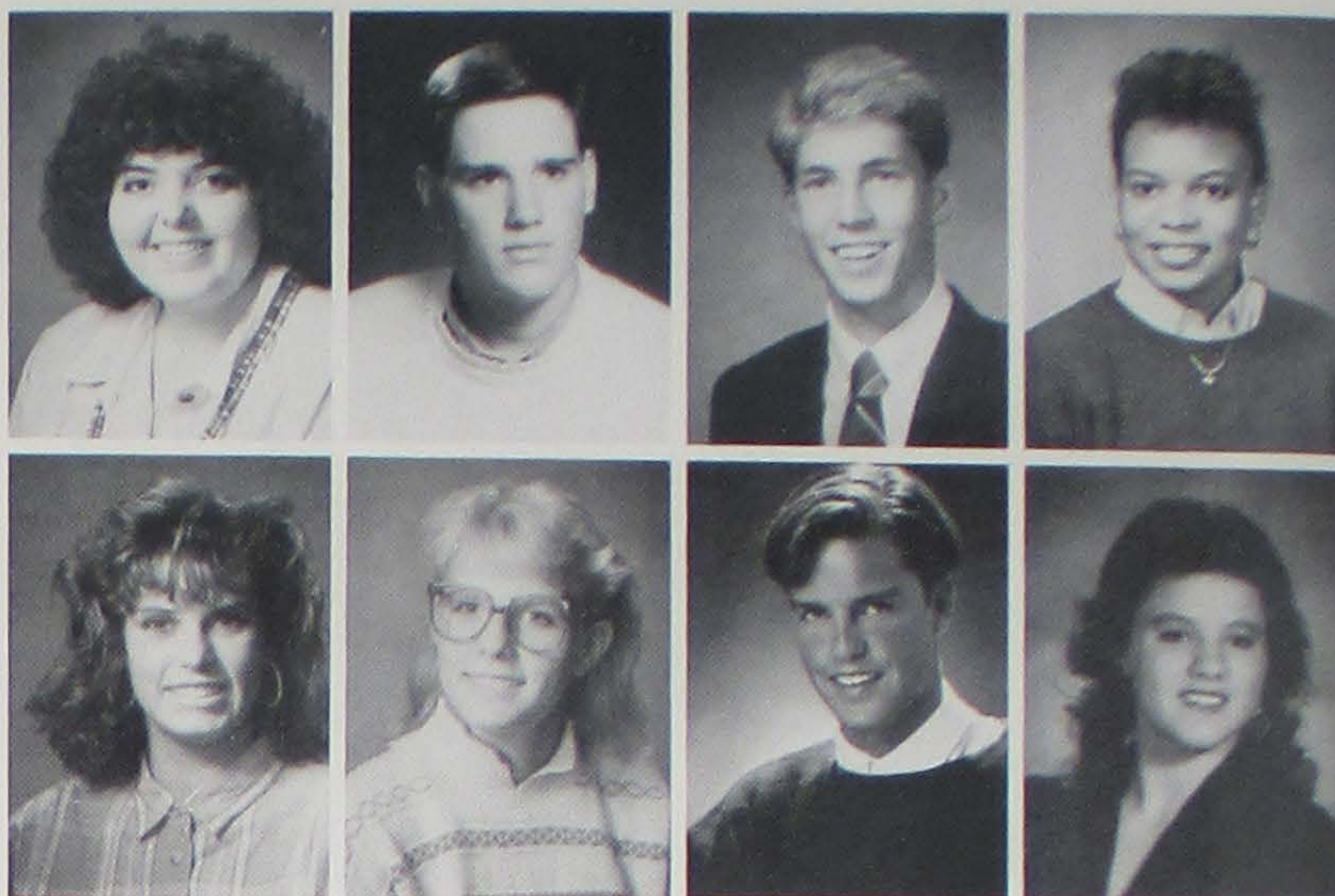
**Robert Hefley:** Play Casts 10; One-Acts 10, 12; Play Production 10, 12; Speech Club 12; I V-ball 10, 11; Sophomore Mixed Choir 10; Concert Choir 11; Swim Team 10; Manager (Girls' Swimming) 11. **Barbara Heins:** Powderpuff 11; Track 11. **Dayton Heins:** AHS TV Show 10. **Jim Heintz:** Football 10, 11, 12; Basketball 10; Senate 12.

**Mike Herman:** Concert Chorale 11, 12; Sophomore Mixed Choir 10; Baseball 10, 11, 12; Football 12; I Ball 11, 12; I V-ball 11; Basketball 10; Senate 10; Powderpuff Coach 12; Model UN 12. **Joe Highbarger:** I Ball 10, 11, 12; Baseball 10, 11, 12; Cadet Teaching 12; Ambassadors 12; Volunteers. **Brent Hill:** Swimming 10, 11, 12; Jazz Band 10, 12; Concert Band 11, 12; Pep Band 10, 11, 12; Marching Band 10, 11, 12; All-State Contest 12; I Ball 10, 11, 12; Varsity Band 10. **Andrew Hodges:** Play Production 10, 11; Thespians 11.



**Christa Holden:** Sophomore Mixed Choir 10; Volunteers 11, 12; Mat Maids 11, 12. **Eric Holm:** Swim Team 10; I V-ball 11, 12; DECA 12. **Jeff Isaacson:** Basketball 10, 11, 12; Tennis 10, 11, 12; I V-ball 11, 12; Baseball 10. **Toni Jackson:** Cheersquad 10, 12; Thespians 10, 12; One-Acts 12; Play Production 10, 12; Drama Activities 10, 12; One-Acts Director 12; Airbands 10, 12; Senate 12; Homecoming Committee 12; Student Review Board 12.

**Dawn Johnson:** Track 10; "Spirit" Staff 11; Drama Activities 12; Cheersquad Alternate 12. **Marty Johnson:** Basketball 10, 11, 12; Volleyball 10, 11, 12; Golf 10, 11, 12; Softball 10, 11, 12; Senate 12; Ambassadors 12; Volunteers 11, 12; Key Club 12; Big Sis/Lil' Sis 12. **Timothy W. Johnson.** **Yvonne Johnson.**



# They did it their way

-Katie Stevermer

While walking through the green pines and sparkling white snowflakes of "Winter Wonderland" at the Winter Formal, most students took it all for granted ... but to the 32 Senior Girls' Club members, the dance displayed their time and effort working together.

"We worked together pretty well as a group most of the time. Some people seemed like they had to be in control, but without that we wouldn't have gotten things done," senior Whitney Olson said.

Before making specific decisions about the dance plans, the members formed committees for fund raising to pay for the expenses. By sponsoring an all-school party and selling holiday wreaths, greenery and frozen yogurt from "I Can't Believe It's Yogurt," the girls raised enough money to cover the entire dance without the aid of school funds.

"We took charge of fund raising activities in order to provide money for putting together a successful Winter Formal," senior Kim Konechne said. "It

gave us the opportunity to work as a team towards a common goal."

While working together as a team to raise the money, they brainstormed for ideas for the dance. Thinking of ideas for a theme, decorations and party favors allowed everyone to offer creative suggestions for the Winter Formal.

"We all worked on things together. No one put down anyone else's ideas, and we got to see those ideas develop," senior Jenni Thiede said.

Developing their ideas as well as valuable friendships between members taught the girls the importance of cooperation. By making use of good leadership and organizational skills, the senior girls worked together without the aid of an adult supervisor.

"Without an adviser the dance was actually made up of the students' ideas. There was no faculty influencing our ideas," senior Susan Owen said. "It was the students' party, not the faculty party."

In organizing the Winter Formal, committees for decora-

tions, food, gifts, invitations, music and photography were formed. Each committee was responsible for reporting their activities and decisions to the entire club at the Friday morning meetings.

"Among the committees we delegated responsibilities and chose a chairperson," senior Kim Koch said. "Then, in the committees we made decisions together."

After months of cooperation

and working together to organize the Winter Formal, the girls celebrated the success of the dance together amidst the green pine trees and sparkling white snowflakes.

**Senior Girls' Club.** Front row: Carrie Stidwell, Nella Anderson, Debbie Dobbs, Laura McKlveen, Cari Bauman, Allison Bundy, Kim Carey, Megan Manatt, Whitney Olson, Melanie Stover. Second row: Michelle Morden, Lilian Riad, Kim Koch, Nikki Schnieder, Sharon Miller, Adriana Platt, Jenny Lang, Terri East, Sarah Post, Carol McGee, Katie Tapscott, Jeneane Tabatabai. Back row: Kim Konechne, Toria Simmons, Melanie Fidelke, Debbie Platt, Jenni Thiede, Jessica Gowdy, Susan Owen, Katie Stevermer, Tammy Scherr, Lori Schorpp. (Photo by Jamie Watt)







**Daniel Robert Jolly:** Concert Band 10, 11, 12; Jazz Band 10, 11; Concert Chorale 11, 12; Chamber Singers 12; Pep Band 10, 11, 12; Small Group Vocal 12; Madrigal 12; Marching Band 10, 11, 12. **Cheryl Kaplan:** Play Cast "Beggars on Horseback" 11, "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12; Play Production 11, 12; One-Acts 11; One-Acts Director 12; Thespian 11, 12; Terpsichore Choreographer 12; Speech Club 11, 12; Marching Band 10, 11, 12; "Web" Staff 12; Concert Band 10, 11, 12. **Michael P. Kavanaugh:** Varsity Band 10; Concert Band 11, 12; Marching Band 10, 11, 12; Pep Band 10, 11; Play Cast "Hamlet" 10, "Beggar on Horseback" 11, "Antigone" 11; One-Acts Director 12. **Tammy Keigley:** DECA 12.

**Jeremy Kellen:** Visions 10, 11, 12. **Dan Ketelsen:** I Ball 10, 11, 12; Track 10, 11; I V-ball 11, 12; "Spirit" Staff 12; "Web" Staff 12; Airbands 12. **Todd Kibsgaard. Richard W. Kirkpatrick:** Concert Chorale 12; Concert Choir 11, 12; Chamber Singers 11, 12; Concert Band 11, 12; Pep Band 11, 12; Vocal Contest Ensembles, Vocal Contest Solo 11, 12; Madrigal 10, Varsity Band 10, Jazz Band 10, Sophomore Mixed Chorus 10, 11; Choir Librarian 10, 11, 12.

**Ben Klaas:** "Web" Staff 12; Speech Club 11; Student Review Board 11; Golf Team 11, 12; I Ball 10, 11, 12; I V-ball 12. **Steve Klein:** Basketball 10, 11, 12. **Dan Kliebenstein:** Varsity Band 10, 11; Concert Band 12; Marching Band 10, 11, 12; Pep Band 11, 12; Jazz Band 11; Soccer 10, 11, 12; I Ball 10, 11, 12; I V-ball 10, 11, 12; Swim Team 12; Track 12. **Nena Klingseis:** DECA 12; Powderpuff 12.

**David Knight:** Football 10, 11, 12; Track 10, 11, 12. **Kimberly Koch:** Cheersquad 10, 12; Senior Girls' Club 12; Big Sis/Lil' Sis Committee 12; Manager (Cross-Country) 11; Powderpuff 10. **Wendy Koch. Paul Kokemiller.**

**Kim Konechne:** Senior Girls' Club 12; Volunteers 12; I V-ball 12; Office Assistant 12. **Tony Landin:** All-State Contest 10, 11, 12; Concert Band 10, 11, 12; Concert Chorale 12; Senate 12; Jazz Band 11, 12; Pep Band 10, 11, 12; Chess Club 10, 11; Marching Band 10, 11, 12. **Jennifer Lang:** Tennis Team 10, 11, 12; Powderpuff 10, 11, 12; Terpsichore 11, 12; Terpsichore Choreographer 12; Senior Girls' Club 12; I Ball 10, 11, 12; I V-ball 12; Homecoming Committee 11; Volunteers 10, 11, 12. **Adam Langston:** Football 10, 11, 12; Basketball 10, 11, 12; Baseball 10; Homecoming Court 12; Powderpuff Coach 12.

**Alexis Leacock:** Swim Team 10, 11, 12; Terpsichore 10, 11, 12; Terpsichore Choreographer 12; One-Acts 12; Speech Club 12. **Karen Lee. Shawn Lee:** Golf Team 10, 11, 12; Wrestling 10. **Debbie Lewis:** Speech Club 10, 11, 12; Play Cast "Beggars on Horseback" 10; Drama Activities 10; Concert Choir 11; Sophomore Mixed Chorus 10.

**Ralene Lewis:** DECA 12. **Brett Linder:** Hockey 10, 11, 12; Baseball 10, 11, 12; Football 10, 12; Track 10; I Ball 10, 11, 12; Airbands 12; Homeroom Officer 10, 11; Powderpuff Coach 12. **Joshua Littrell:** Track 10, 11, 12; Class Vice President 11; Homeroom Officer 10, 12; Senate 10, 11, 12; Student Council 10, 11, 12; I Ball 10, 11, 12; I V-ball 11, 12; Airbands 11, 12; Speech Club 11, 12; Varsity Band 10; Marching Band 10. **Tim Madson.**



**Scott Magnuson. Megan Sue Manatt:** Volleyball 10, 11, 12; HOBY Representative 10; Terpsichore 10, 11, 12, (Choreographer) 12; Big Sis/Lil' Sis Committee 12; Senate 10, 11, 12; Senior Girls' Club 12; Softball 10; Powderpuff 10; I Ball 10, 11, 12; Volunteers 10, 11, 12; Track 10; AHS TV Show 10, 11, 12; Counselors Advisory Committee 12. **Patrick Marley:** Thespians 12; Play Cast "Teahouse of the August Moon" 10, "Hamlet" 10, "In Sight" 11, "Beggar on Horseback" 11; "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12, "Blood Wedding" 12; One-Acts 10, 11; One-Acts Director 12; Speech Club 11, 12; I V-Ball 10, 11, 12; I Ball 10; Chorus 10; Concert Choir 11; "Scratch Pad" Board 12. **Jason Martin:** Wrestling 10, 11, 12; Track 11, 12.

**Mark Mathison:** Track 10, 11, 12; I Ball 10, 11, 12; Football 10. **Allison McCann. Pat McCarthy. Carol Sarah McGee:** Track 10, 12; I Ball 10, 11, 12; I V-ball 12; Cheersquad 10; Ambassadors 11, 12; Senior Girls' Club 12; Powderpuff 10, 11, 12; Volunteers 10, 11, 12; Airbands 12.

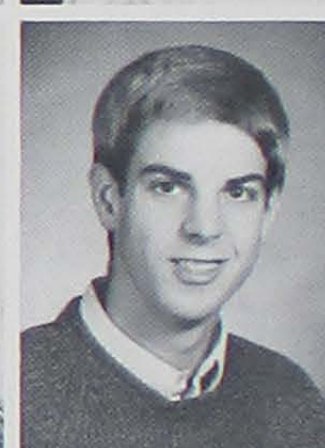
**Laura McKlveen:** Cross-Country 10; Track 10, 11; Cheersquad 12; Swimming 11; Terpsichore 11, 12; Senior Girls' Club 12; Powderpuff 10, 11, 12; Concert Band 10, 11; Marching Band 10, 11; Student Council Committee 12; Senate 10, 11, 12; Speech Club 10; Airbands 12. **Erika Mehle. Troy Meinhard:** Wrestling 10, 11, 12; Football 10, 11, 12; Powderpuff Coach 12. **Brandon Miller:** Football 10; Varsity Band 10; Concert Band 11; Marching Band 10, 11; Jazz Band 10, 11; Pep Band 10, 11; "Web" Staff 12.

**Sharon Miller:** Volleyball 10, 11, 12; Track 10, 11, 12; Gymnastics 11; Softball 10; Orchestra 12; Senior Girls' Club 12; I Ball 10, 12; Ambassadors 11, 12; Volunteers 11, 12. **Vance Miller:** Golf 12; One-Acts 12; Concert Chorale 12; Concert Choir 11; Sophomore Mixed Choir 10. **Kate Mitchell. John Montgomery:** Baseball 10, 11, 12; I V-ball 11, 12; I Ball 10, 11, 12; Football 10.

**John Moore:** Football 10, 11; I Ball 12. **Marc Moore:** Wrestling 10, 11; Football 10. **Jeff Moravetz:** Cadet Teaching 12; I V-ball 11; I Ball 10, 11, 12; Track 10, 12. **Michelle Morden:** Volunteers 11, 12; Swimming 11, 12; Cadet Teaching 12; "Spirit" Staff 10; Senior Girls' Club 12; Manager (Track) 10, 11, 12; (Cross-Country) 10.

**Monty Muller:** Basketball 10, 11, 12; Baseball 10, 11, 12; Senate 12; Ambassadors 12; Volunteers 12. **Heather Murrell. Craig Neal:** Play Production 10, 11, 12; Drama Activities 10, 11; Thespians 12; One-Acts Director 12; Speech Club 11; "Spirit" Staff 12; "Web" Staff 12; "Scratch Pad" Board 11; AHS TV Show 11; Play Cast 10, 11, 12; Terpsichore (Choreographer) 11, 12. **Rob Netusil:** Varsity Band 10; Marching Band 10; Track 10, 11, 12; Cross-Country 10, 11, 12; Soccer 10, 11, 12; I Ball 10, 11, 12; Volunteers 12.

**Allen Newman:** AHS TV Show 10, 11, 12; Concert Chorale 12; Concert Choir 11; Sophomore Mixed Choir 10; Small Group Vocal 11. **David Nickum:** Concert Band 10, 11, 12; Debate 12; I Ball 11, 12; Marching Band 10, 11, 12; Sophomore Mixed Choir 10; Volunteers 12. **John Niyo:** "Web" Staff 12; I Ball 10, 11, 12; I V-ball 11, 12; Soccer 10, 12. **Teresa Nutt:** DECA 12; I V-ball 10; Powderpuff 10, 12; Manager (Basketball) 10.







**Danny O'Berry**, **John Okiishi**: Soccer 10, 11, 12; I V-Ball; Band 10; Senate 10. **Whitney Olson**: "Scratch Pad" Board 11; Cheersquad 10, 11, (Captain) 12; Homecoming Court 12; Terpsichore 10, 11, (Choreographer) 12; One-Acts 12; Senior Girls' Club 12; I V-ball 12; Powderpuff 10, 12; Senate 10; Homeroom Officer 10; Tennis 10. **Krista Osterberg**: Flag Corps 10, 11, (Co-Captain) 12; "Scratch Pad" Board 12; Sophomore Mixed Choir 10; Volunteers 10, 11, 12; I V-ball 12.

**Stephanie Ottoson**: DECA 12; Big Sis/Lil' Sis 11, 12; Volunteers 10. **Susan Owen**: Gymnastics 10, 11; Senior Girls' Club 12; Volunteers 12; Orchestra 12. **Sindy Pang**: Student Council 10, 12; Homeroom Officer 10, 11, 12; Senate 10, 11, 12; Tennis 10, 11, 12; Concert Chorale 12; Ambassadors 11, 12; Curriculum Committee 12; Homecoming Committee 10, 12; Senior Girls' Club 12; Mock Trial 10. **Tony Paulson**.

**David Pederson**: Senate 10; Speech Club 12. **Rachel Peters**. **Mike Peterson**: DECA 12; "Scratch Pad" Board 12; Varsity Band 10, 11; Concert Band 12; Marching Band 10, 11, 12; Jazz Band 12. **Randy Peterson**.

# Edging Forward

-Michelle Rayhons

To feel the power, the excitement and the academic pleasure, some seniors took college classes. Seniors who took classes at ISU or Des Moines Area Community College (DMACC) experienced an edge in front of their peers.

For advanced math, language and specialty classes, some seniors made their way to the Iowa State campus.

"I took French IV as a junior and I wanted to go on. I really want to be fluent. It looks good on transcripts," senior Laura McKlveen said.

One senior felt the need to take a philosophy course not offered at school.

"I wanted to take a more challenging class in the humanities. It's prerequisite for almost all the philosophy classes in college and I can get the credit

transferred," senior Noah Zarling said.

Another student combined high school drafting courses with design courses at ISU not offered at the high school.

"I'm taking Design Studies 120 and 121. I was going to graduate early but there's no need to graduate early when I can take the (high school) classes I need for free," senior Erik Surber said.

Some seniors found the college classes quite tough.

"It's more concentrated. You do a lot more in one class than at the high school," senior Whitney Olson said.

Senior Dawn Johnson took classes to get college credit.

"I'm taking it (Composition at DMACC) just to get it out of the way for college credit next semester," Johnson said.

Night school courses were always an option for seniors who

needed the credits.

"It's a good alternative if you are failing a class and you need the credit. I wouldn't recommend anyone dropping out of school to take these night school classes," senior Rich Bucklin said.

Moving towards higher edu-

cation, seniors found an extra credit, a rewarding class or a good experience.

After an informal French class at the Maintenance Shop, seniors Laura McKlveen and Whitney Olson chat with ISU classmates. (Photo by Michelle Rayhons)





**Adriana Platt:** "Spirit" Co-Editor 12; "Spirit" Sports Editor 11; Senior Girls' Club 12; Golf Team 11, 12; Senate 11, 12; Powderpuff 10, 12; I Ball 10, 11, 12; Terpsichore 12; Cheersquad 10; Volunteers 11, 12; I V-ball 11, 12; Homecoming Committee 11. **Laura Poduska:** Speech Club 11. **Darin Pohar:** Baseball 10, 11, 12; I Ball 11, 12; Football 12; Golf 10, 11; Basketball 10; Powderpuff Coach 12; Airbands 12; I V-ball 11. **Mark Pollmann:** Baseball 10, 11, 12; Football 10, 11, 12; Basketball 10, 11; I Ball 12; Powderpuff Coach 12.

**Jim Poppen:** Football 10, 11; I Ball 12; Track 10. **Sarah Post:** "Spirit" Design Editor 12; Gymnastics 10, 11; Powderpuff 12; I V-ball 11, 12; Cheersquad 12; Senate 11; Speech Club 11; "Web" Staff 12; Senior Girls' Club 12; Homeroom Officer 12; Homecoming Committee 11. **Tony Potter:** I Ball 11, 12; Airbands 10, 12; Basketball 10; Swimming 12; Volunteers 11, 12; Senate 12; I V-ball 11, 12. **Mike Puffer:** Swimming 12.

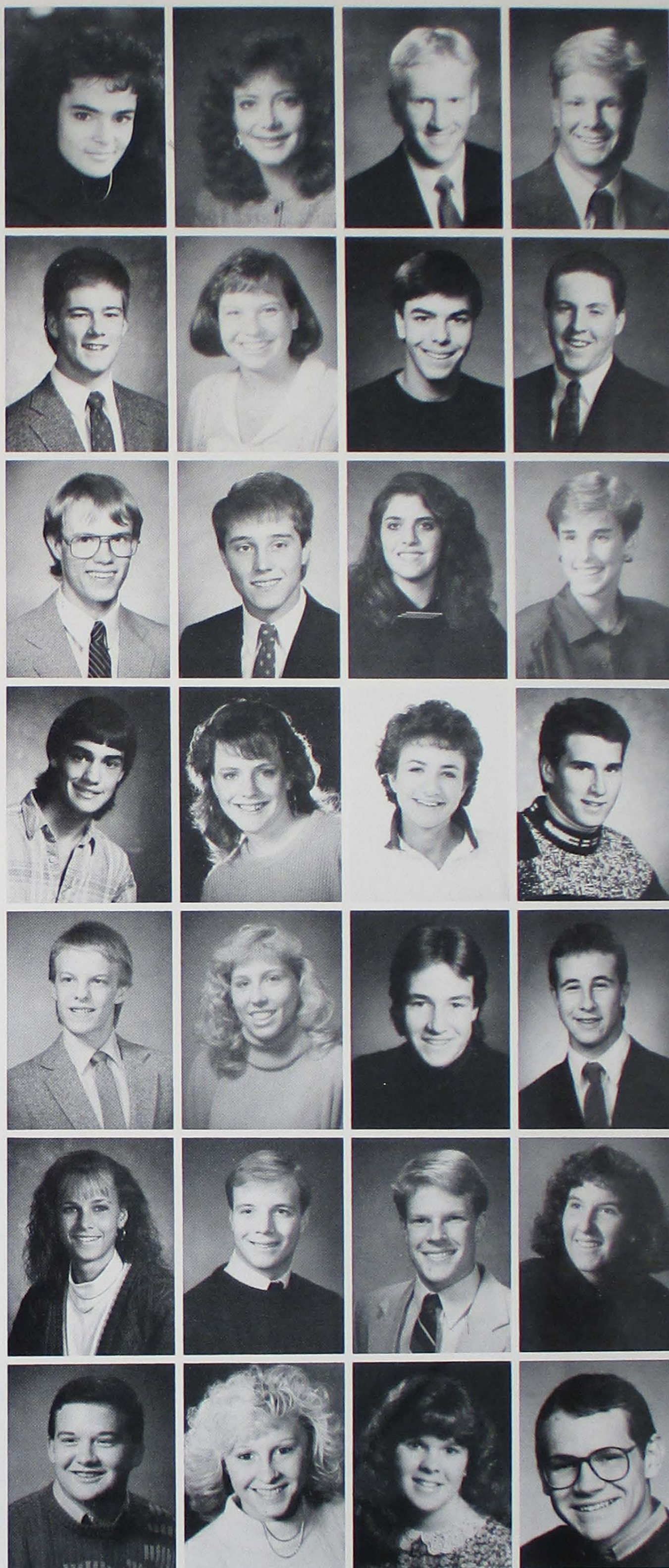
**John Pursey:** Orchestra 10, 11, 12; Play Production "Beggar on Horseback," "Insight" 11; "Blood Wedding" 12, "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12; One-Acts 12. **Bill Reece:** I Ball 10, 11, 12; I V-ball 11, 12; Baseball 10; Track 10; Speech Club 11. **Adriana Reyes:** Concert Choir 11; Concert Chorale 12; Small Group Vocal 11; Madrigal 12; Speech Club 10, 11, 12; "Scratch Pad" Board 10; Track 10, 11, Manager (Soccer) 11; Senate 11; I V-ball 11, 12; I Ball 10. **Jodi Rhinehart:** Basketball 10, 11, 12; Softball 10, 11, 12.

**Jamin Reynoldson.** **Beverly Jean Rhoades:** Powderpuff 10, 12; DECA 12; I Ball 10, 11; Track 10; Ambassadors 11. **Lilian Riad:** Flag Corps 10, 11; Powderpuff 12; "Spirit" Staff 12; Senate 12; Senior Girls' Club 12; Track 10, 11; Manager (Track) 12; Volunteers 12; Mat Maids 11, 12. **Christopher Ried:** Senate 12; DECA 12; I Ball 12; Track 12; Airbands 12; Volunteers 11, 12.

**Ron Ringsdorf:** Airband 12. **Janet Rorholm:** Volleyball 10, 11, 12; Basketball 10, 11; Golf 10, 11, 12; "Spirit" Sports Editor 12; "Spirit" Staff 11; "Web" Staff 12; Marching Band 10; Varsity Band 10. **Jason Rosonke:** I Ball 11, 12; I V-ball 11, 12. **Matt Royer:** Varsity Band 10, 11; Marching Band 10, 11; Sophomore Mixed Choir 10.

**Tricia Ryan:** Softball 10, 11, 12; Terpsichore 12; DECA 12; Powderpuff 10. **Bob Sansgaard.** **Bryan Jeffrey Schabel:** Tennis 10, 11, 12; I Ball 11, 12; "Spirit" Staff 11, 12; I V-ball 12; Speech Club 12; Athletic Council 12. **Tammy Scherr:** Volunteers 10, 11, 12; Senior Girls' Club 12; Cadet Teaching 12; I Ball 10, 11, 12; I V-ball 11, 12; Powderpuff 10, 11, 12; Track 10; Airbands 12; Big Sis/Lil' Sis Program.

**Rob Schmidt:** Tennis 10, 11, 12; Football 12. **Nikol Schnieder:** Manager/Trainer (Football) 10, 11, 12; Powderpuff 10, 11, 12; Volleyball 10; Softball 10, 11, 12; Basketball 10, 11, 12; Senior Girls' Club 12; DECA 12; Track 10, 12. **Sara Scholten:** Sophomore Mixed Choir 10; Concert Choir 11, 12; Madrigal 11, 12; All-State Contest 11, 12; Speech Club 11, 12; Play Cast "Bye-Bye Birdie" 10; Play Production 10; One-Acts "M\*A\*S\*H" 10; "After Liverpool" 11; Senate 11; Small Group Vocal 10, 11, 12; Model U.N. 11. **Mark Schomaker:** I Ball 11, 12.





# Allowed to leave

—Bryan Schabel

After three long years, those who finally made it to their senior year had their lives enhanced with a fringe benefit that quite possibly changed their lives — open campus, the ability to leave the school during free periods.

"I don't know how I survived without open campus," senior Dan Kliebenstein said. "My schedule miraculously ended up so I don't have to be at school until fourth period. I wake up at 9:00, eat my chocolate-chip pancakes and watch my daily quota of cartoons."

For many seniors, variety rarely existed; they did the same things at the same time and at the same place every single day.

"I'm done for the day at 11:20," senior Kristin Adams said. "I go home, eat whatever there is, and watch my soaps: 'The Young and the Restless,' 'All My Children' and 'One Life to Live.' After that, I go to work. It's exactly the same except there's different exciting episodes."

For the seniors with larger

schedules, the freedom only allowed them to leave for lunch. Still, they were able to get away from cafeteria food legally.

"Every day I make my trip to Great Plains Sauce and Dough Company," senior Darrin Pohar said. "I make the daily \$1.05 purchase of a huge slice of sausage pizza and a glass of water and sit at the same seat. Occasionally I do splurge for another piece, just for variety."

Variety added excitement to other seniors' meals. They found various ways to spice up a meal during their lunch break.

"If it's nice and cloudy out, I always head for Kentucky Fried Chicken," senior Pat Connolly said. "My friends and I all order 'Square Deals' and eat only by looking at our reflections in the ceiling windows of the greenhouse and never at our food. It does get pretty messy however, especially when you try and feed the people next to you."

However, many students felt that going home and getting their school work done was more beneficial than wasting their valuable time.

"I usually go home and do my

homework," senior Debbie Dobbs said. "It's more quiet there so I can get everything done and go out at night."

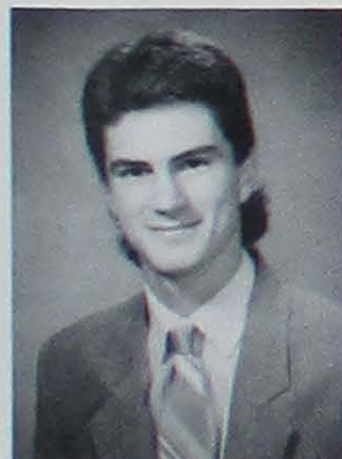
The privilege of open campus during free periods allowed some seniors to either study or kick up their feet and relax. The fringe benefits of these spare moments allowed seniors some

time when they didn't have to get serious.

After visits with Associate Principal Bill Ripp, seniors Shawna Greiner and Ryan Uetz maneuvered their schedules to eat together every day. (Photo by Dan Ketelsen)



**Lori Schorpp:** Volunteers 10, 11, 12; Key Club President 12; Senior Girls' Club 12; Softball 10, 11, 12; Fall Cheersquad 12; Powderpuff 10, 11, 12; I Ball 10, 11, 12; Manager (Girls' Basketball) 10; Track 10; Cross-Country 10; I V-ball 12. **Matthew Scott:** I Ball 11. **Bronwyn Scrutton:** Powderpuff 10; I V-ball 10; Drama Activities 10. **Steve Sederburg.**



**Dave Sedgwick:** Cross-Country 10, 11, 12; Track 10, 12; I Ball 10, 11, 12; Varsity Band 10; Concert Band 11, 12; Marching Band 10, 11, 12; Pep Band 10, 11, 12; Jazz Band 10, 11, 12. **Lisa M. Shaffer:** DECA 12; Volunteers 10, 11. **Toria Ardrienne Simmons:** Track 10, 11, 12; Basketball 10, 11, 12; Senior Girls' Club 12; Powderpuff 10, 11, 12. **Angie Slater:** I Ball 11, I V-ball 10; Ambassadors 12; Powderpuff 10, 12; Volunteers 11, 12.



**Matt Smalling:** Baseball 10, 11, 12; I Ball 10, 11, 12; I V-ball 10, 11, 12; Student Review Board 11; Student Athletic Council 12; Senate 11; Ambassadors 12; Track 10. **Deb Smith:** Terpsichore 10, 11, (Choreographer) 12; Thespians 11, 12; Speech Club 11; Ambassadors 12; Drama Activities 10, 11, 12; Play Productions 10, 11, 12; One-Acts 11, 12; Concert Choir 11. **Eric Smith:** Tennis 10, 11, 12. **Gary Smith:**

**Ami Soden:** Sophomore Mixed Chorus 10; Concert Choir 11; Chamber Choir 11, 12; One-Acts 11; Spanish Competition 11. **Jerry Spencer:** Cadet Teaching 12. **Caroline Spike:** Chamber Singers 11, 12; One-Acts 10; Speech Club 11, 12. **Dawn Spitzig:** Senate 10; Track 9; Mat Maid 10; I Ball 10.

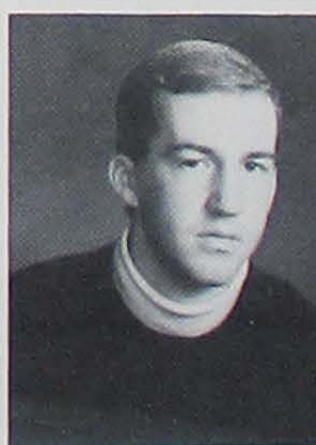
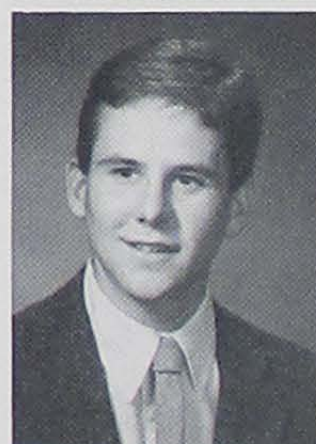
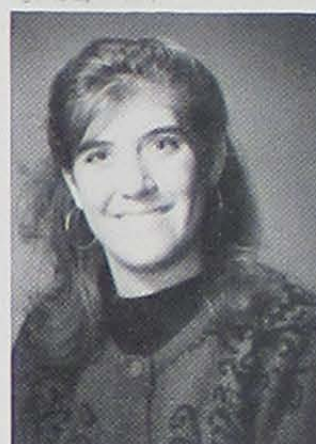
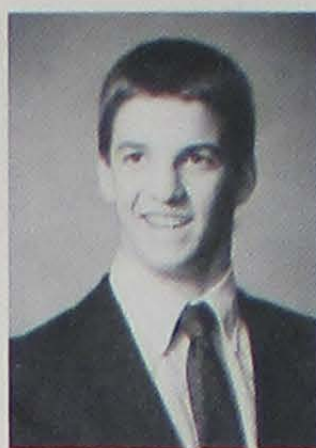
**Phil Sposito:** Golf 10, 11, 12; Tennis 12; I Ball 11, 12. **Mark Stenberg:** Manager (Track) 10. **Tina Stephenson.** **Catherine Stevermer:** Gymnastics 10, 11; Diving 10, 11, 12; "Spirit" Staff 12; "Web" Staff 12; Terpsichore 12; Volunteers 10, 11, 12; Senior Girls' Club 12; Powderpuff 12; Spanish Competition 12; Tutoring 12.

**Carrie Alison Stidwell:** "Spirit" Co-Editor 12; "Spirit" Staff 11, 12; Senior Girls' Club Co-President 12; Student Council 11, 12 (Secretary) 11; Powderpuff 10, 11, 12; Big Sis/Lil' Sis Committee; Senate 10, 11; Volunteers 10, 11, 12; Cheersquad (Captain) 10; Terpsichore 12; I Ball 11, 12; I V-ball 12; Curriculum Committee 11; Ambassadors 11; Airbands 12. **Anne Stinehart:** Marching Band 10, 11; Varsity Band 10; Concert Band 11; Pep Band 11; Volunteers 12; I V-ball 12. **Melanie Stover:** Powderpuff 11, 12; Cross-Country 10, 11; Track 10; I Ball 12; I V-ball 12; Senior Girls' Club 12; Terpsichore 10, 11 (Choreographer) 12; Trainer 10, 11; Volunteers 11, 12; Office Assistant 12. **Michelle Strable.**

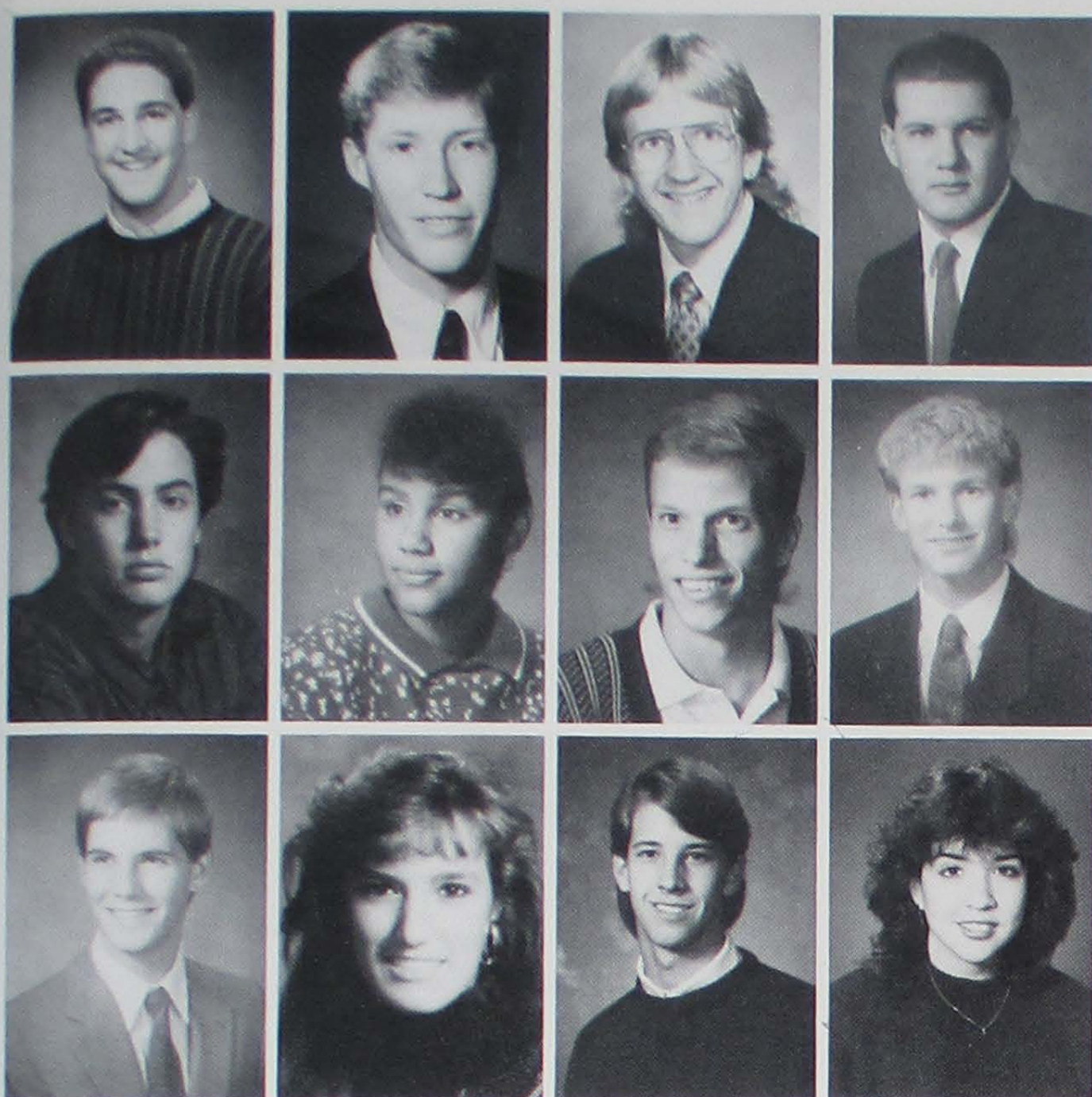
**Jeff Sturges:** One-Acts 12; Terpsichore 12; Chorus 10, 12; Senate 11, 12. **Erik Surber:** Soccer 12; Ambassadors 11, 12; Senate 10; I Ball 10, 12; Volunteers 11, 12. **Janine Tabatabai:** Volunteers 10, 11, 12; Senior Girls' Club 12; Cheersquad 10; Manager (Basketball) 12; Powderpuff 10, 11, 12; I Ball 12; Mock Trial 12; Key Club 12. **Katherine Tapscott:** Volunteers 10, 11, 12; Ambassadors 11, 12; Key Club 12; Senior Girls' Club 12; DECA 12; Powderpuff 10, 11, 12.

**Jason Teal:** Hockey 10, 11, 12; Football 11, 12; Soccer 10, 11, 12; Powderpuff (Coach) 12; I Ball 10, 11, 12; Airbands 11, 12; I V-ball 11, 12; Tennis 12. **Julia Theile:** Cheersquad 10; Track 11; Cross-Country 11; Terpsichore (Choreographer) 12; Powderpuff 10. **Jenni Thiede:** Tennis 10, 11, 12; Volleyball 10, 11; Senior Girls' Club 12; Powderpuff 10, 12; Volunteers 10; Matmaid 10. **Todd Thompson.**

**Mark David Titus:** Varsity Band 10, 11, 12; Marching Band 10, 11, 12; Track 10, 11, 12; I Ball 10, 12. **Mike Toomsen:** I Ball 10, 11, 12. **Jennifer Marie Trumpy:** Flag Corps 11, 12; Sophomore Mixed Choir 10; I V-ball 12; Volunteers 12. **Ryan Uetz:** I Ball 11, (Captain) 12; Statistician (Football) 11, 12.







**Michael Urick:** Football 10, 11, (Captain) 12; Senate 11, 12; Student Council 11, 12; I Ball 10, 11, 12; Homecoming Court 12; Powderpuff (Coach) 12; Airbands 12. **Lance Van Houten:** Baseball 10, 11, 12; Basketball 10; "Web" Staff 12; I Ball 11, 12; I V-ball 11, 12; Airbands 12; Volunteers 11, 12; Ambassadors 12; Spanish Competition 11, 12. **Jason Volmer:** One-Acts 11, 12; Thespians 12; Play Cast "Teahouse of the August Moon" 10, "Beggar on Horseback" 11, "Antigone" 11, "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12, "Blood Wedding" 12; Play Production 10, 11, 12; Chorus 10, 11, 12. **Adam Wagner:** Swimming 11; Football 12; Wrestling 12; I Ball 12; Powderpuff Coach 12.

**Nick Ward. Medina Warren:** Tennis 10, 11, 12; Flag Corps 10, 11, 12; Senior Girls' Club 12. **James E. Watt:** Soccer 10, 11, 12; Wrestling 10; I Ball 11, 12; I V-ball 11, 12; "Spirit" Staff 12. **Brent Weber:** Concert Band 12; Varsity Band 10, 11; Marching Band 10, 11, 12; AHS TV Show 11, 12; I Ball 10, 11.

**John Weiss:** Football 10; I Ball 10, 11, 12; I V-ball 11, 12; DECA 12; Track 10; "Spirit" Staff 1st sem. 12; Mock Trial 10. **Andrea Lynn Weltha:** Track 10, 11, 12; Cross-Country 10, 11, 12; Manager (Hockey) 10, 11, 12; Twirler 10, 11; Powderpuff 10 (Manager) 12; Varsity Band 10; Senior Girls' Club 12; Airbands 12. **Jason Wendt:** VICA 12. **Stephanie K. Wessman:** "Scratch Pad" Co-Editor 12; "Scratch Pad" Board 10; "Spirit" Staff 11, 12; Play Casts 10, 11, 12; One-Acts 12; Play Production 10, 11, 12; Track 10, 11; I Ball 10, 11, 12; Speech Club 10; Drama Activities 10; Senate 11; I V-ball 11, 12; Spanish Competition 11, 12; Volunteers 12; Sophomore Mixed Choir 10.

# Relentlessly Pursued

-Steve Wuhs

Through most of their junior and senior years, many students were pursued, harassed and hounded by recruiters from colleges and universities around the country. These schools stuffed students' mailboxes with letters asking them to consider that school in their futures.

Colleges began pursuing many students as early as their sophomore year for activities in which they were involved.

"I don't know how they got my name from the Spanish competition but the Central College reps started calling me soon after it," senior Cindy Pang said.

Students found a lot of problems with recruiting. Often schools wanted an athlete to participate without offering them a scholarship.

"I decided to go to UNI and the coach asked me to walk on, but they couldn't offer me any money because they're a Division III school," senior swimmer Emily Dunn said.

Almost all students had troubles choosing the school they would attend.

"It's really hard. You just have to narrow it down to the schools that really want you," senior Chris Goodwin said.

This choice was made even more complicated when the student was being pursued by a number of good schools offering scholarships.

"I had some schools that were just dreams, some were reasonable and some I was sure I could get into. West Virginia was just a dream come true," senior volleyball player Sharon Miller said.

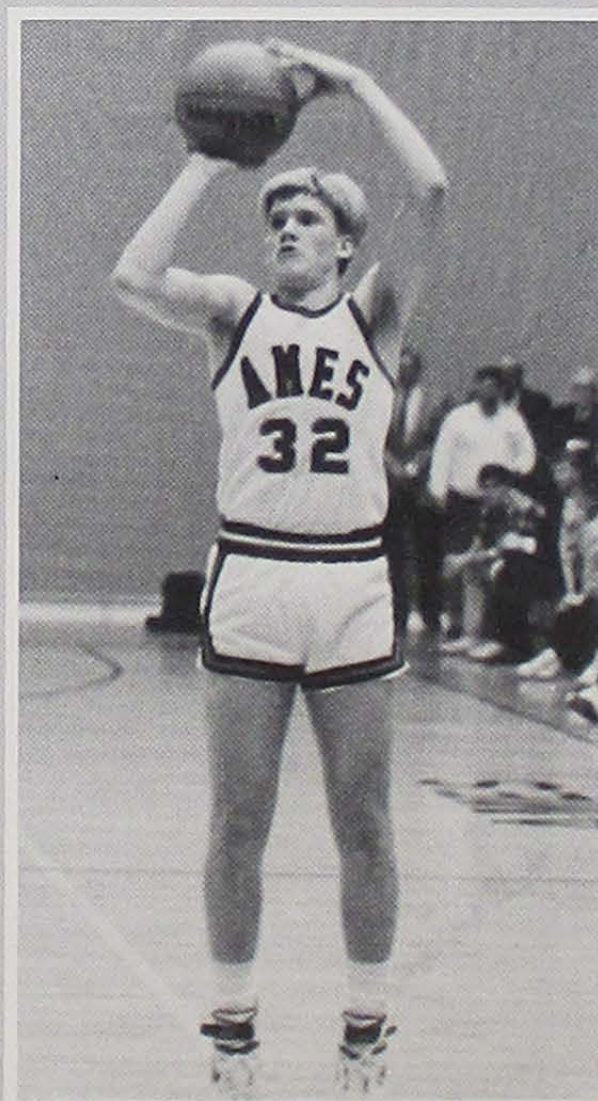
Many students also had problems getting the colleges to stop sending them information.

"They're so persistent. They're always sending more applications, assuming I misplaced the last ones they sent or something," senior Nikol Schnieder said.

Students were pursued by one other kind of recruiter. The armed forces sent representatives to the school on a regular basis to talk with students.

"The Marine rep was very convincing and charismatic. He gave me the 'yankee-doodle' patriotic bit and really made me want to enlist," senior Paul Flugrad said.

No one could escape the mailboxes jammed with college brochures and flyers, but it was an opportunity for students to find the school best for them.



Going up for a three-pointer is senior guard Monty Muller. Muller was recruited for his basketball and baseball skills. (Photo by Doug Adams)

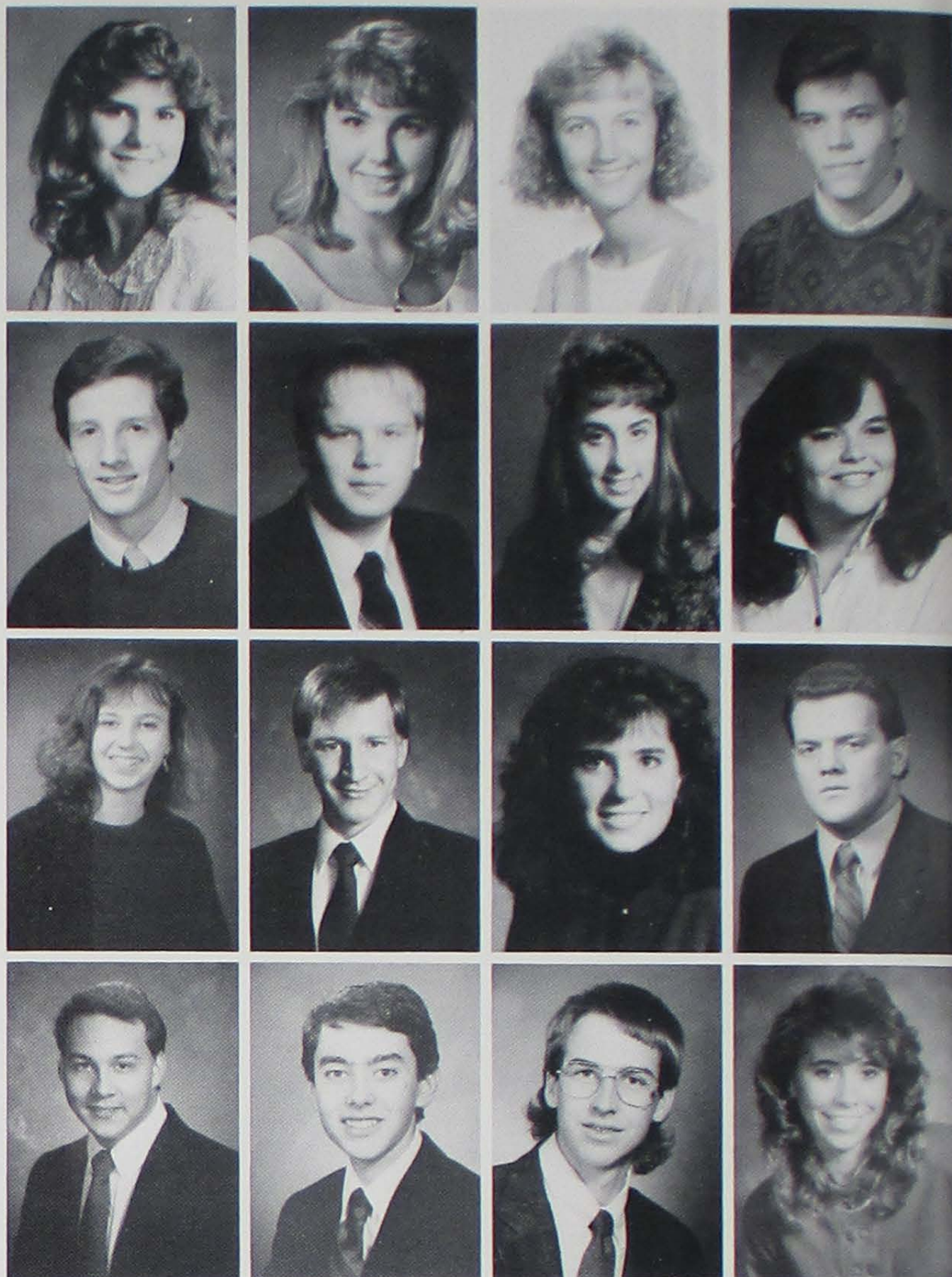


**Liane Westphal:** Cheersquad 10, 12; "Spirit" Staff 11; "Web" Staff 11. **Pamela Westvold:** Volunteers 10, 11, 12; Powderpuff 10, 11, 12; Manager (Basketball) 11, 12; (Football) 11, 12; Airbands 12; Track 10, 11, 12; DECA 12; Senior Girls' Club 12; I Ball 12; I V-ball 12; Sophomore Mixed Chorus 10. **Leah Whigham:** Basketball 10, 11, 12; Track 10, 11, 12; Volleyball 10, 11, 12; Softball 10, 11, 12; I V-ball 10; Student Advisory Committee 12; Ambassadors 12. **David White:** AHS TV Show 12; Play Production 10, 11, 12; Speech Club 11; Academic Decathlon 12; Thespians 11, 12; One-Acts 11, 12; Play Cast "Beggar on Horseback" 11, "Insight" 11, "Antigone" 11, "Blood Wedding" 12, "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12.

**Jason D. White:** Volunteers 12; Computer Lab Assistant 11, 12; Chemistry Lab Assistant 12. **Matt Wiggins.** **Katherine Wilson:** Concert Band 10, 11, 12; All-State Contest 10, 11, 12; State Band 11; Golf 10, 12. **Melissa Wilson:** Sophomore Mixed Choir 10.

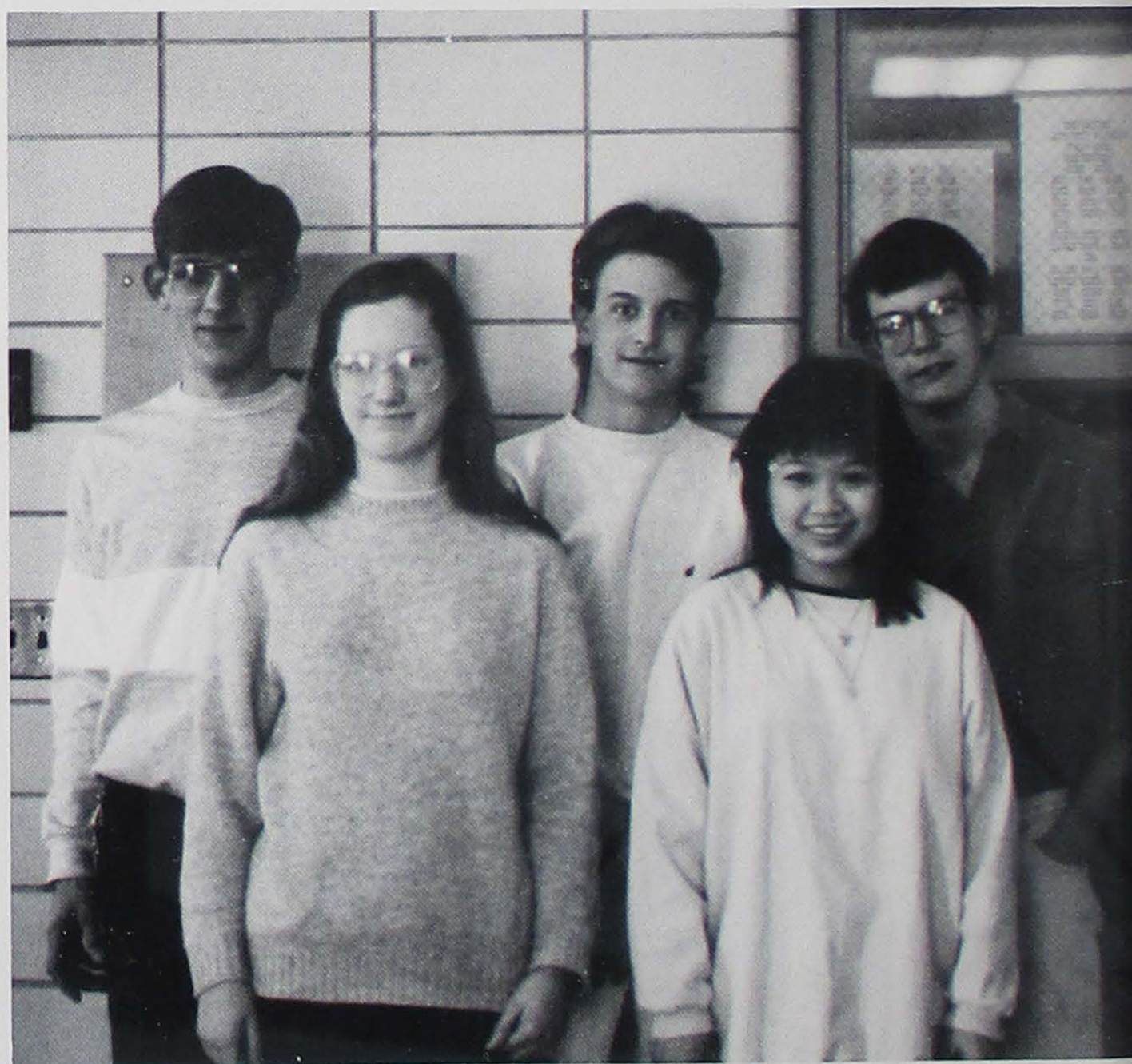
**Rachel Wilson:** Terpsichore 11, 12. **Doug Wiskus.** **Mindy Woodworth:** Powderpuff 10, 11, 12; Cheersquad (Captain) 10; Volunteers 10, 11, 12; I V-ball 11, 12; DECA 12; Senior Girls' Club 12; Key Club 12. **Don Wright:** Wrestling 11.

**Eric Wylie:** Concert Choir 11, 12; Mixed Choir 10; All-State Contest 11, 12; Madrigal 10, 11, 12; Small Group Vocal 10, 11, 12; Varsity Band 10, 11; Concert Band 12; Marching Band 10, 11, 12; AHS TV Show 10, 11, 12; One-Acts 10; I Ball 10. **Noah Zaring:** Student Council Co-President 12; Academic Decathlon 11, 12; Debate 11, 12; Mock Trial 10, 11; Soccer 10, 11, 12; I Ball 10; I V-ball 11; Model United Nations 11, 12; AHS TV Show 11; Knowledge Master Team 11, 12; Band 10, 11, 12; Pep Band 10, 11, 12; One-Acts 12; Play Cast "I'm Sorry the Bridge is Out, You'll Have to Spend the Night" 12, "Blood Wedding" 12. **Matthew Zbaracki:** Basketball 11; I Ball 12; Band 10, 11, 12; Pep Band 10. **Wendy Zenor:** Powderpuff 10, 11, 12; Basketball 10; Track 10, 11, 12; Cross-Country 12; Softball 10, 11, 12; I Ball 10, 11, 12; I V-ball 10, 11, 12; Homecoming Court 12; Senate 12.



# Additional Seniors

**Ron Gregory.** **Kendra Wilson.** **Doug Cheville:** DECA 12. **Judicia Lomantow.** **David Hayes.**





Brent Anderson



1971-1989

You are God's gift-  
a treasure we share  
And now you are back  
in His precious care,  
As you set sail  
through the water so blue  
Remember our love  
is always with you.

excerpt from a poem by  
Mrs. Carol Anderson

# Not Pictured

Jason Anderson. Mark Angove. Neil Arends. David Baldus. Tom Besler: VICA 12. Amber Bryant. Chae Ho Choi. Dong Hee Chung. Jill Churchill. Christy Claassen: Volunteers 10, 11, 12; Track 10, 11; VICA 12; Student Council 10; Sophomore Mixed Choir 10. Linda Fausch. Davin Flatten. Ashraf Gabal. Chris Goos. John Goos. Michael Hathaway. Robert Helmbrecht. Lee Kearney. Donna Kislingbury: Track 10, 11, 12; Basketball 10, 11, 12; DECA 12; Powerpuff 10, 11, 12; "Spirit" Staff 11; Volunteers 11, 12; Manager (Cross-Country) 10. Corinna Lohberg. Melissa McDonald. Heather Miller. Rob Miller. Jodi Moore. Wilma Narro. Chuck Pille. Jonathan Quigley. Michael Robinson. Peggy Rohovit. Matt Ryan: Track 10; Recording Studios Supervisor 12. Philip Schafer: I Ball 11, 12; I V-ball 11; Model U.N. 11, 12; Academic Decathlon 11, 12;

AHS TV Show 10, 11, 12; One-Acts 11, 12. Patrick Schmalzdreid. William Schumann. Sarah Scott: Concert Band 11, 12; Varsity Band 10; Marching Band 10, 11, 12. Peg Smith. Sephe St.Charles: Cross-Country 10, 11, 12; Track 10, 11, 12; Cheersquad 10; Volunteers 11, 12; One-Acts 11, 12; Homeroom Officer 11; Speech Club 12. Mendy Stangler. Kristina Steffes: Play Production 10; Play Crew "Bye-Bye Birdie" 10, "Teahouse of the August Moon" 10. Jay Swanson. Angela Tjelmeland. Thi Kim Tran. Ming Lap Truong. Balinda Vowell. Jennifer White. Jeanine Wicker. John Will. Brian Wollaston. Zhihong Yin.

# Escaping Early

Michelle Rayhons

By mid-year most seniors had caught the 'senoritis' bug. Many dreamed of escaping school and saying goodbye, but only a few did something about it by graduating early.

For the juniors who graduated a year early, it was usually a decision made with confidence.

"I'm excited. I'm proud of myself. I want to get out of Ames," senior Kate Mitchell said.

However, some juniors felt the effects of missing that extra year.

"I'll miss a lot of things. I'll miss seeing my friends grow up," senior Angela Buxton said. "My friends, they're kind of split up. They've said 'Oh, you're so lucky but you're going to miss so much'."

Senior Toni Jackson felt as if she had outgrown high school

and was ready to move on.

"I've outgrown high school now. I think this high school is too confined. You have to put on a face. I think it's a positive thing (early graduation)," Jackson said.

Graduating early to work was common for those seniors who finished school after first semester.

"I wanted to work and get some work experience. I went to an auction school over the summer in Kansas City. I'd like to be an auctioneer," senior Bill Flick said.

Having enough credits to graduate and being satisfied with the number of classes taken, senior Dan Dular also decided to leave a semester early.

"I had time to take extra (high school) classes and still graduate early. It was a happy medium," Dular said.

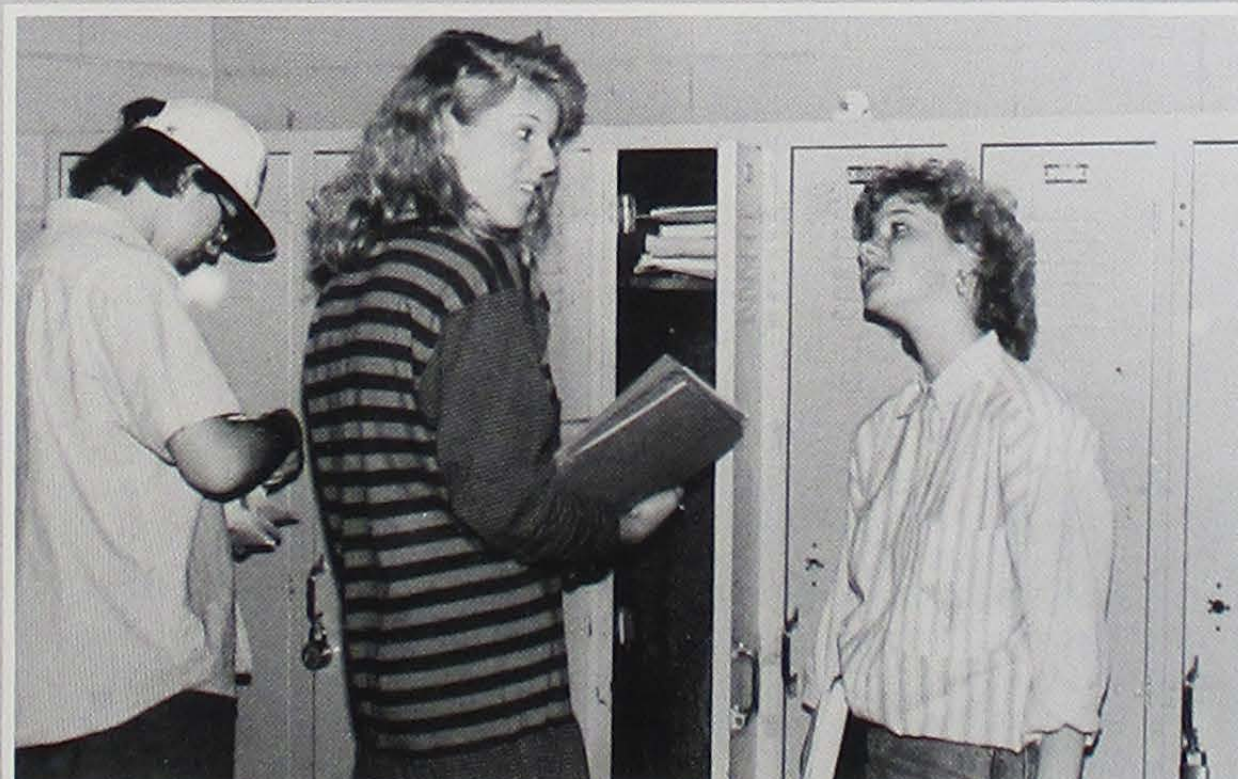
Senior Angie Ballantine finished school early to get a start in college.

"I'm in Des Moines Area Community College (DMACC) to bring up my grades so I can enroll at ISU next semester," Ballantine said.

Whether it was to work, relax

or continue studies, early graduation became a remedy for 'senoritis'.

As senior Angela Buxton talks to junior Stacy Morford, she feels one drawback of early graduation, missing friends. (Photo by Michelle Rayhons)





# Students rake it in

-Stephanie Wessman

## ACADEMIC

### Presidential Academic Fitness Award

Doug Adams, Trevor Andersen, Karen Augustine, Boris Bachman, Ann Basart, Jeff Berryhill, Todd Boehlje, Wendy Christensen, Michelle Countryman, Elizabeth Cummings, Ranjan Dahiya, Michael Divine, Deborah Dobbs, Joseph Ethington, Joseph Goodfriend, Blair Greimann, Shawna Greiner, Jeff Hamilton, Rod Harl, Mike Herman, Brent Hill, Jeff Isaacson, Marty Johnson, Yvonne Johnson, Cheryl Kaplan, Michael Kavanagh, Donna Kislingbury, Ben Klaas, Dan Kliebenstein, Kim Koch, Kim Konechne, Tony Landin, Jennifer Lang, Adam Langston, Alexis Leacock, Megan Manatt, Jason Martin, Mark Mathison, Laura McKlveen, Troy Meinhard, Michelle Morden, Wilma Narro, Allen Newman, David Nickum, John Niyo, John Okiishi, Whitney Olson, Susan Owen, Cindy Pang, David Pedersen, Sarah Post, Jodi Rhinehart, Janet Rorholm, Bryan Schabel, Philip Schafer, Sara Scholten, Eric Smith, Caroline Spike, Mark Stenberg, Catherine Stevermer, Anne Stinehart, Jeff Sturges, Jennifer Trumpy, Minh Truong, Lance Van Houten, Stephanie Wessman, Leah Whigham, Jennifer White, Kendra Willson, Noah Zaring

### National Merit Commended Students

Wendi Alleman, Todd Boehlje, Rod Harl, Jennifer Lang, Adam Langston, John Niyo, Michael Peterson, John Pursey, Bronwyn Scrutton

### National Merit Scholar Finalists

Jeff Berryhill, Scott Coon, Michael Divine, Blair Greimann, Joseph Highbarger, Dan Kliebenstein, Troy Meinhard, David Nickum, David Pedersen, Philip Schafer, Caroline Spike, Jeff Sturges, Kendra Willson, Noah Zaring

### National Black Achievement Commended Scholars

Toni Jackson, Daniel O'Berry

### National Black Achievement Finalist

John Niyo

### State of Iowa Scholars

Douglas Adams, Karen Augustine, Michelle Countryman, Ranjan Dahiya, Blair Greimann, Jeff Hamilton, Michael Kavanagh, Daniel Kliebenstein, Jennifer Lang, Adam Langston, Troy Meinhard, Michelle Morden, David Nickum, David Pedersen, Philip Schafer, Catherine Stevermer, Jennifer Trumpy, Leah Whigham

### Academic Decathlon

Dan Anderson, Jeff Berryhill, Scott Coon, Erik DeLuca, Michael Divine, Dan Dobson, Molly Holz, Philip Schafer, David White, Kendra Willson, Noah Zaring

### Des Moines Register's Academic

#### All-State Regional Winner

Karen Augustine

### Quiz Bowl

David Andre, Jeff Berryhill, Rob Hentzel, Noah Zaring

### Academic Achiever Award

Michelle Morden

### Certificate of Merit Sysap

Jason White

### State Chess Championship Award

David Andre

## ART

### AMVETS - Iowa Poster Graphics

#### Contest

Michelle Countryman

### Brigham Young University Art Talent Award

John Okiishi

### David Burton Stone Memorial Art Award

John Okiishi, Eric Smith

### First National Bank Art Award

Chaeho Choi, Craig Neal, Matthew Ryan, Katherine Wilson

### Frank Miller Scholarship in Art

Michelle Countryman

### Iowa Sign Association Graphic Art Award

Sarah Post

### Jeffrey Brown Memorial Photography Award

Doug Adams, Laura Poduska, Sarah Scott

### National Congressional Arts Caucus, "Artistic Discovery"

Katherine Wilson

### University of Iowa Paul Patton

#### Grahame Scholarship in Art

Krista Osterberg

## CITIZENSHIP/LEADERSHIP

### Brayton Family Scholarship

Minh Truong

### Century III Leader's Award

Karen Augustine

### Congressional Youth Leadership Award

Rachel Peters

### D.A.R. Good Citizen's Award

Sindy Pang

### The Heart of Caring/Peer Helping Award

Audrey Morken

### Hugh O'Brien Leadership Award

Sonya Bibilos

### Intercultural Language and Dance Volunteer

Martha Trujeque

### Lt. Robert Duane Peterson Scholarship

Kim Carey

### Outstanding Senior Award, LDA of Central Iowa

Mark Mathison, Jerry Spencer

### Pat Dale Memorial Scholarship

Sharon Miller

### Principal's Leadership Award

Neila Anderson

### Story City Bar Association American Citizenship Award

Michelle Morden, Monty Muller, Sindy Pang, Jerry Spencer

### Youth Citizenship Soroptimist Award

Karen Augustine

## EDUCATION

### Ames Education Association Scholarship

Michelle Morden

### Beta Tau Delta Scholarship

Michelle Morden

### Hangar Scholarship

Michelle Morden

## ENGINEERING

### Ball Corporation

Chad Bouton

### Hawkeye Science and Engineering Scholarships (3)

Chad Bouton

### International Science and Engineering Fair (First, Grand)

Chad Bouton

### NASA Award

Chad Bouton

### Rockwell International Award

Chad Bouton

### University of Iowa (UI) College of Engineering

Ranjan Dahiya, Adriana Platt

## FOREIGN LANGUAGE AWARDS

### Congress-Bundestag Exchange

Tenaya Darlington

### Goethe Institute Award

Lisa Elbert, Jeff Isaacson, Anne Stinehart, Geoff Wilcken

### National French Exam

Jeff Berryhill, Adam Langston

### National German Exam

Michael Divine, Robert Hentzel, Molly Holz, Kurt Munson, Anne Stinehart, Geoff Wilcken

### National Spanish Exam

Jaime Daza, Robert Hefley

## HONORS PROGRAMS

### ISU Honors Program

Leah Whigham

### Marquette Academic Honor Award

Deborah Dobbs

### Simpson College Honor Scholarship

Melanie Fiddelke

### UI Honors Scholarship

Boris Bachman, Wendy Christensen, Jennifer Lang

## HONORS GRADUATES

Neila Anderson, Karen Augustine, Jeff

Berryhill, Michelle Countryman, Rod Harl, Jeff Isaacson, Daniel Kliebenstein, Laura McKlveen, Michelle Morden, David Nickum, Sindy Pang, Sara Scholten, Caroline Spike, Catherine Stevermer, Kendra Willson

## INDUSTRIAL ARTS

### Industrial Technology Award

Doug Adams, Chad Bouton, Dan Dula, Mark Mathison, Don Wright

### Shaffer's Auto Body Company Scholarship

Don Wright

### United Technologies Award

Chad Bouton

## INSTITUTIONS

### American Institute of Business Alumni Academic Scholarship

Donna Kislingbury

### Bradley University Dean's Scholarship

Shawna Greiner

### Brown University Scholarship

Adam Langston

### Central College Distinguished Scholarship

Neila Anderson

### Clarke College Board of Trustees Scholarship

Joseph Highbarger

### Clarke College Teachers in Catholic Schools Award

Joseph Highbarger

### Coe Alumni Scholarship

Vance Miller

### Howard R. Bowen Scholarship

Michael Kavanagh

### Indian Hills Community College Foundation Scholarship

Shawn Dorr

### Iowa State University (ISU) Academic Achiever

Karen Augustine



Top 10 percent of the Class of '89: Front Row: C. Stevermer, S. Pang, S. Scholten, C. Spike, D. Spitzig, McKlveen, M. Countryman, L. Leacock, J. Trumpy. Second Row: W. Olson, C. Kaplan, K. Augustine, S. Greiner, W. Christensen, K. Koch, N. Anderson, M. Morden. Third Row: J. Berryhill, M. Kavanagh, B. Bachman, K. Willson, T. Meinhard, R. Dahiya, D. Nickum, M. Divine. Back Row: J. Hamilton, J. Sturges, D. Adams, B. Greimann, D. Kliebenstein, M. Herman, J. Isaacson, A. Langston, R. Harl.



## INSTITUTIONS continued

**ISU Freshman Agriculture**  
Ann Basart, Leah Whigham  
**ISU Grant**  
Elizabeth Cummings  
**ISU Minority Achievement Scholarship**  
Toni Jackson  
**ISU Scholarship of Recognition**  
Michelle Countryman, Dan Kliebenstein, Caroline Spike, Catherine Stevermer, Jeff Sturges  
**Luther College Preus Presidential Scholarship**  
Brent Hill  
**Morningside College Achievement Award**  
Eric Wylie  
**Northwest Missouri State University Regents Scholarship**  
Todd Kibsgaard  
**Strive Scholarships to DMACC**  
Stephanie Bryan, Mark DeJoode, Steve Groat, Andrew Hodges, Paul Kokemiller, John Moore, Matthew Royer, Jerry Spencer, Jason Wendt  
**UI Athletic Grant-in-Aid**  
Boris Bachman  
**UI, Iowa Center for the Arts Scholarship**  
Jason Martin  
**UI "Opportunity Iowa" Scholarship**  
Boris Bachman  
**University of Michigan (UM) Martin Luther King Scholarship**  
John Niyo  
**JM Grant**  
John Niyo  
**JM Scholarship**  
John Niyo

**University of South Dakota Ringley Scholarship**  
Allen Newman  
**Waldorf College Baseball Scholarship**  
Matt Smalling  
**Wartburg College Presidential Scholarship**  
Jeff Isaacson  
**Wartburg College Regents Scholarship**  
Troy Meinhard

**JOURNALISM/ENGLISH**  
**English Department Award for Excellence**  
Michelle Countryman  
**IHSPA Spring Writing Contest First Place**  
Janet Rorholm  
**Iowa Dietetic Association Award**  
Jennifer Jones  
**"Web"**  
Staffer of the Year  
Janet Rorholm  
**ISU Journalism Alumni Scholarship**  
Michelle Countryman  
**"Scratch Pad"**  
Prose:  
Doug Adams, Yvonne Johnson, Christine Hall  
Poetry:  
David Nickum, Matthew Welch, Mark Sutch  
**"Spirit"**  
Best Photographer:  
Douglas Adams  
Best Page Editor:  
Heather Jesse  
Special Recognition for Service:  
Adriana Platt, Carrie Stidwell  
Staffer of the Year:

Sarah Post  
Best Section Editor:  
Catherine Stevermer  
**National Council of Teachers of English Writing Award**  
Whitney Olson  
**Scott Berryhill Memorial Scholarship**  
Kim Carey  
**Scottish Rite Essay Contest Second Place**  
Karen Augustine  
**United Nations (Local) Essay Contest First Place**  
Karen Augustine

**MILITARY**  
**U.S. Army ROTC Scholarship**  
Boris Bachman  
**U.S. Air Force Scholarship**  
W. John Weiss

**MUSIC**  
**Central Music Award**  
Neila Anderson  
**Luther College Music Scholarship**  
Brent Hill, Dan Jolly  
**Mike McNertney Memorial Music Scholarship**  
Eric Wylie  
**UI Music Scholarship**  
Wendy Christensen

**SCIENCE AND MATH**  
**Drake Physics Prize**  
Chad Bouton  
**George Washington Carver Scholarship**  
Ifeoluwa Fadeyi  
**Hach Foundation Scholarship**  
Rod Harl

**Herb F. Tschopp Memorial Math Scholarship**  
Scott Coon  
**ISU Biotechnology Scholarship**  
Dan Kliebenstein, Caroline Spike  
**Mathematics Award**  
David Andre, Sumit Basu, Jeff Berryhill, Scott Coon, Frank Genalo, Rob Hentzel, Eric Huang, Kevin Lee, Geoff Wilcken  
**Computer Club Certificate of Excellence**  
Brian Allen, Sumit Basu, Robert Hentzel, Ron Shinar  
**Rensselaer Math and Science Award**  
Frank Genalo  
**RJR Nabisco Ag and Life Sciences Scholarship**  
Dan Kliebenstein

**SERVICE ORGANIZATIONS**  
**Ames City Employees' Credit Union**  
Michelle Morden, Nikol Schneider  
**Ames Home Builders Auxiliary**  
Randall Bitz  
**Ames Jaycees Scholarship**  
Brent Hill  
**Ames Women's Club Scholarship**  
Donna Kislingbury, W. John Weiss  
**Business Horizons Scholarship**  
David Burnett, Lana Rahfeldt  
**Iowa Elks Association Scholarship**  
Michelle Morden  
**Optimist Club Award**  
Michelle Morden  
**Wal-Mart Scholarship**  
W. John Weiss

**THEATER**  
**Children's Theater Scholarship Award**  
Robert Hefley

# Battling for scholarships

-Shelley Countryman

While trying to finish high school, seniors also had to prepare for the step after graduation. For many, this meant battling for scholarships to afford the cost of continued education.

"I couldn't afford out-of-state tuition to the University of Michigan. Since I already had a full-tuition scholarship to Iowa State University, it really affected my college choice," senior Caroline Spike said.

To receive a scholarship, many seniors had to go through a rigorous application process.

"I hated filling out the Elk's Foundation scholarship. I needed two letters of recommendation from teachers, two

from the community, and an official high school transcript. I also had to write an essay 300 words or less on why I deserved the scholarship," senior Michelle Morden said.

Although many students weren't fond of writing them, essays were required for many academic scholarships.

"It takes forever to write all those essays and be creative," senior Karen Augustine said.

For art scholarships, students had to produce samples of their work, in addition to writing essays.

"There is more detail involved in applying for an art scholarship. You have to fill out applications, get letters of recommendation, send either original artwork or slides, and state the size of the artwork and the medium used," senior John Okiishi said.

It was also necessary for students applying for music scholarships to show samples of what they could do.

"I went to the Dorian Choral Festival and registered for an audition. I was notified later that I'd been offered a general music scholarship," senior Dan Jolly said.

Waiting to receive an acceptance or rejection letter could be as nerve-wracking as applying for the scholarships.

"I have no idea how many people are applying for the Frank Miller Iowa Scholarship. I'm really curious if I have a chance to win it," senior Debbie Lewis said.

According to their interests and qualifications, seniors found the scholarships they needed and survived to take that big step following graduation.

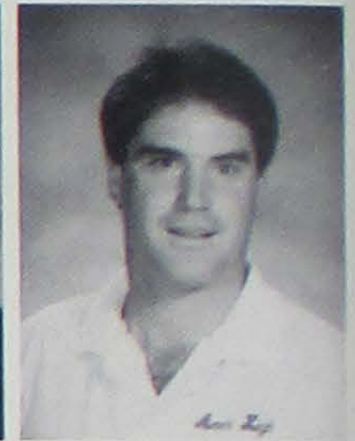
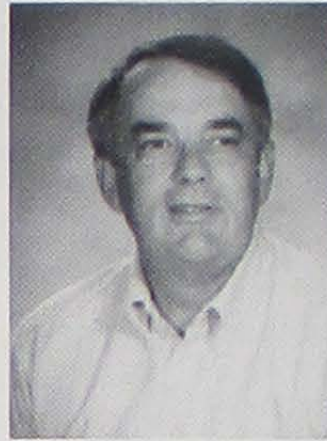


Seniors, including many who won scholarships, attended the annual Honors Banquet. Senior Mike Herman takes the chance to tell about his future plans. (Photo by Amanda Jones)

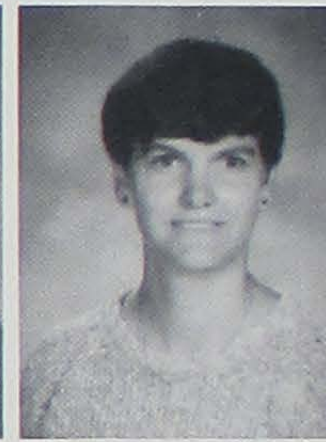


# Faculty

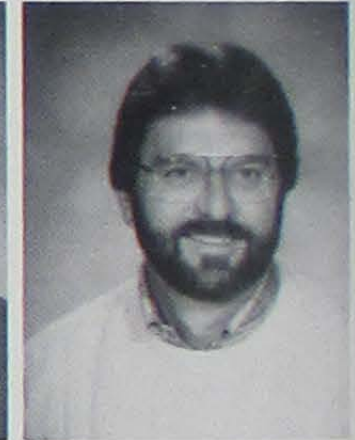
**Darrill Abel:** Distributive Education Coordinator; DECA sponsor; Typing. **Roger Andersen:** Band 9; Band Lessons. **Keith Bailey:** Physical Education 9, 10, 11, 12; CPR 10. **Rick Ballantine:** Orientation Tutor; Project Success Tutor; Girls' Basketball Head Coach; Girls' Track Coach.



**William Barrett:** Special Needs 9; Odyssey of the Mind Supervisor. **Ron Bredeson:** Pre-Algebra; Geometry B; Math IMC Supervisor. **Judy Brunner:** Educational Assistant. **Mary Buck:** Educational Assistant.



**Karen Bruton:** Project Success Work Coordinator. **Carol Burrow:** Media Teaching Assistant. **Dolores Bryiel:** Educational Assistant. **Harold Dorr:** Biology B; Introduction to Business; Business Math.



**Lloyd Dresser:** Parking Attendant. **James Duea:** Girls' Track Head Coach; American History. **Gerald Dunn:** Biology B; Physical Science; Greenhouse Coordinator. **Kari Ellett:** Educational Assistant.



**Doug Elliot:** Food Service Assistant. **Bonnie Epstein:** Project English 9, 10; Resource Room. **Donald Faas:** Auto Mechanics I, II; T&I Related Class; T&I Cooperative; Industrial Technology Coordinator. **Elaine Faas:** Attendance Secretary.







**John Forssman:** English 10 Literature; English 10 Writing Workshop; Honors English 10 Writing Workshop; Honors English 10 Literature; Survey of American Literature; Basic Composition; Composition for the College Bound 12. **Betty Furr:** German I, II, III, IV; Wombat Adviser; German Trip Sponsor. **Merle Garman:** Business Law; Accounting; Business Organization and Management. **Karlene Garn:** Media Specialist.

**Homer Gartz:** Instrumental Music; Band Department Coordinator. **Robert Gibbons:** Earth Science; Science Department Coordinator; Science Teacher Specialist. **Reggie Greenlaw:** Mental Disabilities; Recreational Skills; Vocational Preparation; EBCE; Cooperative Work Experience; Language Arts; Community Mobility. **Dorothy Gugel:** Art Department Coordinator; Foundations 2-D Expression; Printmaking I; Advanced Printmaking; Painting I; Advanced Painting; Fibers I; Advanced Fibers; Art Survey; Photography I; Advanced Photography; Color Photography.

# Staff stayed fit

-Katie Stevermer

Being smashed into lockers, rammed into doors, shoved into passing students and generally jostled along through the hallways was reason enough to stay in shape. But many faculty members exercised for reasons beyond simply surviving the halls.

"Part of it (exercise) is habit. Twenty-three years ago I quit smoking so I started exercising," physical education teacher Keith Bailey said. "It is a means of stress management, and I use it as a means of weight control rather than controlling my eating habits."

Staying physically active was important not only to control weight and remain in good physical condition, but also to remain mentally conditioned.

"I have to have a goal at the end of some sort. It psychologically effects the mind. By tuning up the body, the mind works better. There's no reason to be unfit and out of shape," Dean of Students Dale Tramp said.

To stay in shape, many faculty members made use of school

facilities. The weight room, pool and track were used by faculty during their free periods or outside school hours.

"My time is so precious that it is handy to have a facility where I teach. It makes it possible," language teacher Toni Woodman said.

For administrative assistants, desk jobs limited their activity during the day, so some staff members walked in the gym or down the halls during lunch hour.

"Anne Stokka and I go 20 times around the gym in a half an hour. That walking gets me through the long afternoon," administrative assistant Georgia Vondra said.

After a long day at work, many faculty members went to fitness centers to work out and revive themselves.

"I go (to aerobics) after work when I'm tired, and it's sort of a rejuvenization. I can do so much more because I feel so much better," media center assistant Margaret Jacobsen said.

Although gaining energy and getting in shape were the main benefits of exercise, many

teachers found that the social aspect made exercise even more worthwhile.

"Mr. (Keith) Hilmer, Mr. (Bob) Gibbons, Mr. (Keith) Carlson and I play tennis on evenings and weekends all year. Through all the fellowship, we share productive professional tips between sets," history teacher Richard White said.

Besides improving their phys-

ical condition and releasing tension through exercise, faculty members also gained extra muscles to survive the student-packed halls.

Talking while walking, language teachers Sally Schonhorst and Terri Mickelson walked briskly through halls during the winter months. (Photo by Dan Ketelsen)





# Doing the unexpected

-Kara Maehner

The sweet smell of coconut tanning oil and the bronzed skin absorbing the brilliant rays of the day represented summer for most students.

Students were doing everything under the sun, including working in the fields. Some students that took jobs as bean walkers may have been surprised to find out that the brute in the row next to them pulling weeds without hesitation might have been their math teacher, Marilyn Hanson.

"I spend my whole summer outside. I have a farm with 50 acres of beans that I walk twice a summer," Hanson said.

During the summer it seemed as though faculty members were everywhere, doing things that students would least expect of them.

"This summer I'm officiating softball instead of coaching. I've been coaching since 1966. Coaching takes a lot of time away from my wife and family. I've already missed a lot of my daughter's growing years," guidance counselor Bud Legg said.

Mr. Legg wasn't the only teacher who looked forward to the free time that summer would unfold.

"During my vacation time I like to spend as much time on myself as possible. I love to do things with my free time I couldn't do during the school year. Every summer I take a college course at the university and take a trip to Mexico," Spanish teacher Barbara Peterson said.

While some chose to use their vacation improving their own knowledge, others spent their time and expertise educating others.

"I take students on a field trip every summer to at least 10 state parks and monuments," math teacher Ron Bredeson said.

While some took their vacations with youth, others took vacations, in a sense, to recapture it.

"I go to Lake Okoboji every summer to my parents' place. I look forward to going every year because I've gone since I was 5 years old, 30 years running," media specialist Carol Burrow said.

In contrast to spending their

summer a 'typical' way, some teachers broke tradition by jumping at a special opportunity.

"I'll be working at a greenhouse in Des Moines that is the third or fourth largest grower of flowers in Iowa," biology teacher Jerry Dunn said.

While some worked in new surroundings, others were familiar with the jobs waiting for them.

"During the summer I work as an artist and I have a business that does freelance work," art teacher Susie Petra said.

If you thought summer break

was an escape from some of the routine-stricken teachers and staff, you should have kept your eyes open for the unexpected.

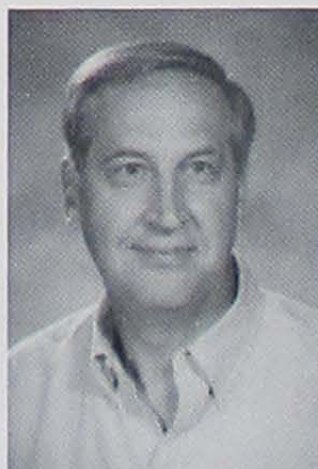
"During summer my husband and I motorcycle and camp all over Iowa and in near states," secretary Phyllis Wor said.

Taking time out between races, Kirk Schmaltz sits with his daughter. Schmaltz volunteers time to start races at the Iowa Games. (Photo courtesy Kirk Schmaltz)



**Marilyn Hanson:** Algebra I-A; Trigonometry; Analytic Geometry; Probability and Statistics; Mathematics Department Coordinator. **Ken Hartman:** Chemistry A; Computer Applications; Computer Department Coordinator. **Bev Horn:** Special Education. **Ray Huston:** Custodian; Food Service.

**Daniel Jensen:** U.S. History. **Nancy Johnson:** French II. **Phil Johnson:** Formal Geometry; Informal Geometry; Head Baseball Coach. **Jane Jorgensen:** Educational Aide.



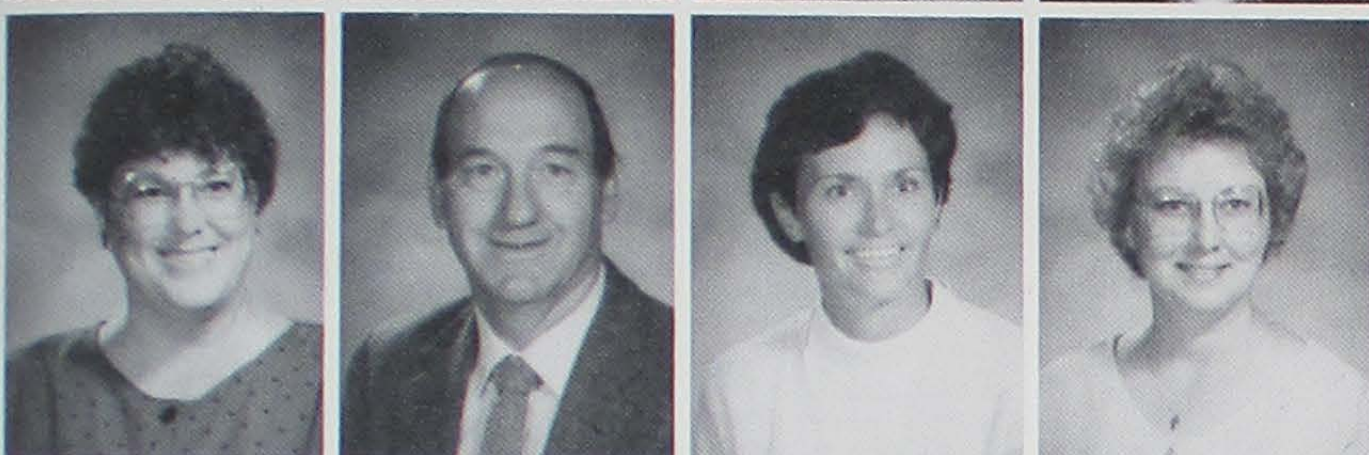




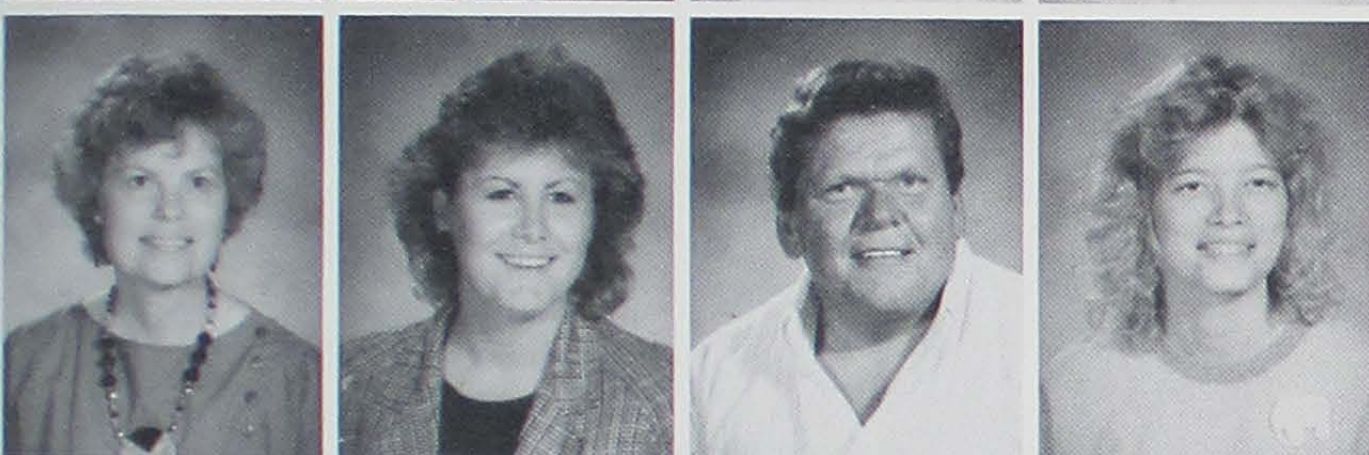
**Tom Jorgensen:** Sociology; U.S. History. **Mary Kautsky:** Physical Education; Modern Dance; C.P.R.; Terpsichore. **Dick Lang:** Computer Science; Beginning Programming; Computer Applications; Drafting and Graphics; Research and Development; Computer Club Adviser; Odyssey of the Mind Adviser; Ski Trip Chairperson 9, 10. **Sue Lawler:** Spanish I; Spanish II.



**Bud Legg:** Counselor; Senior Class Adviser; Coordinator of Awards Assembly; Assistant Boys' Basketball Coach. **Ylene Longwell:** Media Specialist. **Leslie Maze:** Guidance Counselor; Project Success. **Joni McNab:** Adult Education Director.



**Mary Mekemson:** Special Class with Integration; Language Arts; Vocational Preparation; Consumer Buying; Experience Based Career Education; Cooperative Work Experience; Special Olympics Coach. **Jack Mendenhall:** Physical Education; Department Coordinator; Head Wrestling Coach. **Terri Mickelson:** Spanish I; Spanish IV; Spain Trip Leader. **Jean Miller:** Orientation Education Program; Project Success; The 'A-Team'.



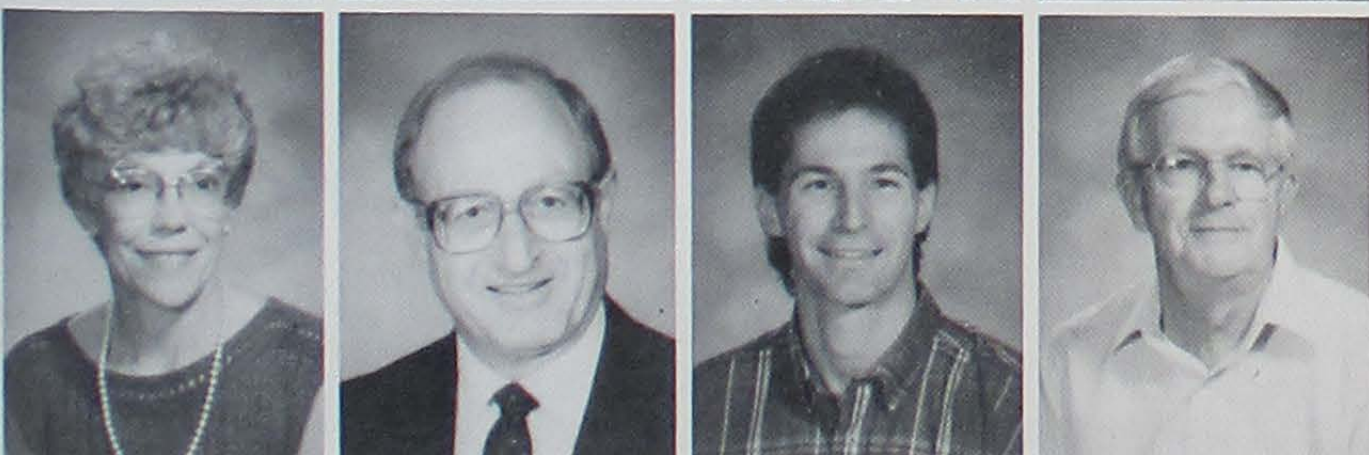
**Sharon Morford:** Project English; Career Prep; Project Math. **Kendi Neff:** Introduction to Journalism; English 10 Literature; "Web" and "Spirit" Adviser. **Robert Nehring:** Custodian. **Sharon Nibbelink:** Guidance Counselor; Substance Abuse Intervention Counselor; Ambassador Sponsor; Freshman Senate Sponsor.



**Paul Olsan:** Industrial Arts and Technology. **Jane Olson:** Guidance Counselor; Student Council. **Janet Olson.** **Carl Pelzer:** English 9, 10; Basic Composition; Composition for the College Bound; Assistant Varsity Football Coach; Assistant Boys' Track Coach.



**Suzanne Peters:** Project English; Project Math; Learning Disabilities Resource Room Teacher. **Michael Peterson:** Honors Biology; Chemistry A; 'A-Team' Tutor. **Barbara Peterson:** Spanish II, III; Spanish Competition Team Coach; Student Assistance Team Member; National Spanish Exam Sponsor; Student Review Board. **Susan Petra:** Foundations 2-D, 3-D; Graphics I; Advanced Graphics; Drawing I; Jewelry I; Advanced Jewelry; Sculpture I; Advanced Sculpture; Ceramics I; Advanced Ceramics.



**Alice Richard:** Project Success Reading Teacher. **William Ripp:** Associate Principal; Senior Class Sponsor. **Ron Rittgers:** Peer Helping; Peer Intern; Student Assistance Team Member; Young Life Leader. **Irv Rosheim:** World Studies; U.S. History; History Day Teacher.



**Donna Schepers:** Child Development/Parenting; Adult Living; Foods and Nutrition; Textiles and Clothing; Housing/Interior Design. **Kirk Schmaltz:** Biology A; Girls' Cross-Country Coach; Girls' Track Coach; Wrestling Assistant Coach. **Sally Schonhorst:** French II, III, IV; Foreign Language Department Coordinator. **Gary Schwartzhoff:** Concert Chorale; Concert Choir; Freshman Choir; Chamber Singers; All-State; Small Ensembles; Choral Director.

**Marvin Scott:** Western Civilization I, II; A.P. Western Civilization; Debate Club Sponsor; U.S. Government; Model U.N. Sponsor; Economics; Albino/Pigment Adviser. **Bernadette Siebert:** Support Staff. **Vincent Simon:** Custodian. **Norma Sisson:** Media Specialist, Building Phase III Committee, AEA Building Representative.

**John Sletten:** Mass Media; Composition for the College Bound; Discussion and Argumentation; Survey of American Literature; English 10 Speech; Boys' Cross-Country Coach; Boys' Track Coach. **Ray Smalling:** Restricted Studyhall; In-School Suspension Adviser. **Marilyn Smith:** Personal Health and Wellness; Physical Education. **Mona Smith:** World Literature; Perspectives in Literature; Creative Writing; Composition for the College Bound; Spanish I; Spanish Competition; Quiz Bowl and Dialogues.



# Breaking the routine

-Jennifer Holden

"Gee, I wonder what is happening on 'The Young & the Restless.'"

During school, students had problems with daydreaming, staying awake and tuned in to class, while teachers had some of the same problems. So they tried to make their classes more interesting.

To help teachers stay in tune, many found new ways to cope.

"My days are always interesting. I find skills that are a challenge to students, and it's interesting to see the wide variety in skill," P.E. instructor Keith Bailey said.

Teachers tried to relieve the boredom of daily routines with new teaching methods.

"During the year I teach students to take risks. I don't believe in the 'Teacher up front, student in the back', I like stu-

dents to take an active part in classroom discussion without prodding them. My motto is grab the bull by the horns," Business teacher Merle Garman said.

Although new teaching methods helped teachers from boredom, it all depended upon the participation of the students.

"To get kids involved we play games like the Lottery and Jeopardy in Spanish. It seems to be effective, or they fake it real well," Spanish teacher Sue Lawler said.

Also to keep their day interesting, many teachers got to know students one-to-one.

"It's exciting when you get to meet with a student individually. It's interesting to get to know the students," Educational Assistant Judy Brunner said.

Many teachers felt that students relieved the boredom of a day.

"At times I overhear students

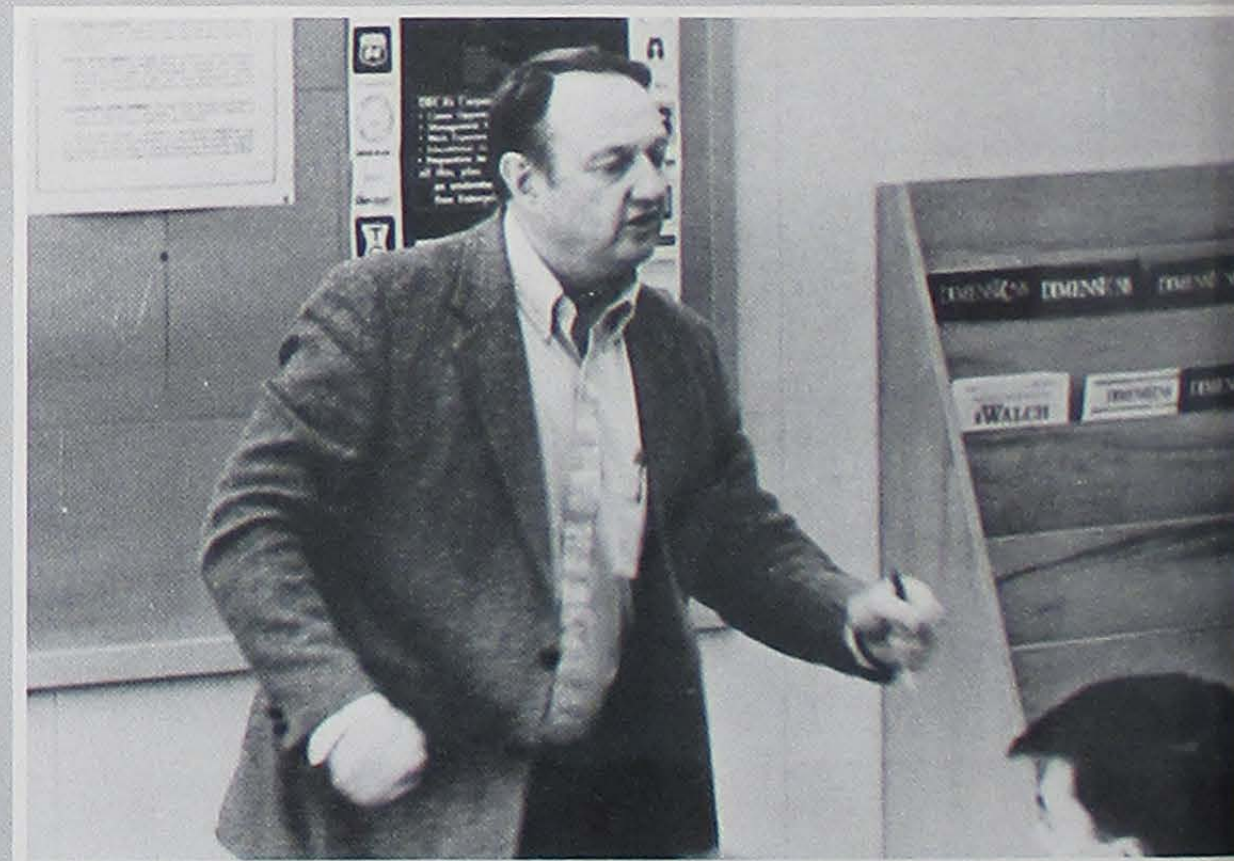
'gossip'. It's interesting and fun to hear what they say," Brunner said.

Some teachers believed that boredom was a state of mind and their days, interesting or not, depended on their teaching.

"As long as you keep busy, you won't be bored. I adjust my

teaching so that every class is different," Sociology teacher Tom Jorgensen said.

"Money making involves risk taking." Business Teacher Merle Garman teaches students to take risks. (Photo by Chuck Bevolo)







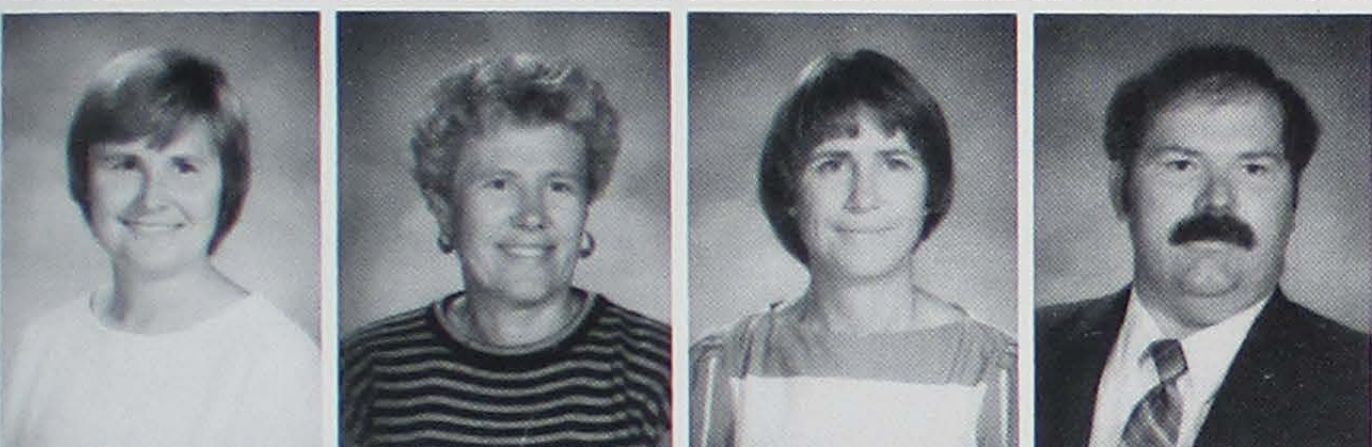
**Sorn Somsanith:** Custodian. **Mary Sterling:** Associate Principal; Freshman Adviser. **Ann Stokka:** Bookkeeper. **Jerrold Swenson:** Drafting Graphics; Architectural Drafting and Design I, II; Wood Materials; Wood I, II; Contract Woods.



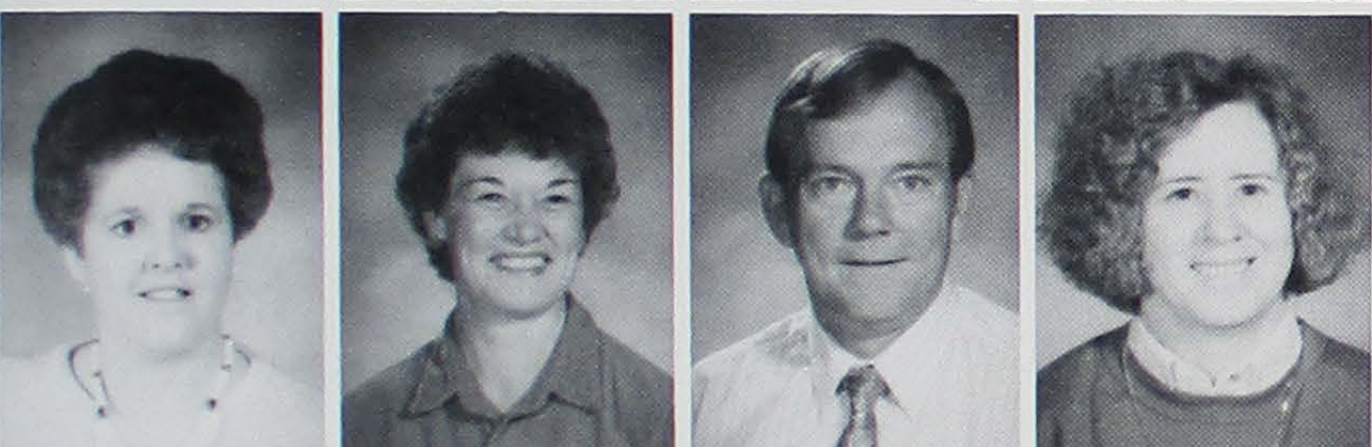
**EleNore Tallman:** Project English 11, 12; Career Preparation. **Sylvia Torry:** Custodian. **Dale Tramp:** Dean of Students; Counselor; Night School Coordinator; Ames High Volunteer Coordinator; Sophomore Football Coach. **Eileen Tramp:** School Nurse.



**Jack Troeger:** Earth Science. **Gene Ulvestad:** Algebra I-A, I-B. **Tony VanderZyl:** Algebra II-A; Probability and Statistics-A; Pre Algebra. **Mary VanMarel:** Career Exploration; English as a Second Language; Work Alternative Program; Ames High Night School.



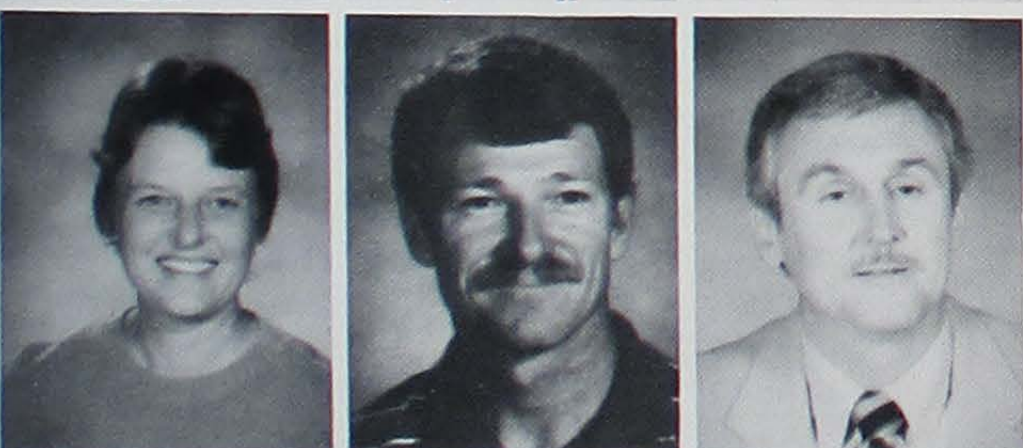
**Elizabeth Verhoeven:** World Issues; World Studies; Algebra I-B; AHS Law Adviser. **Georgia Vondra:** Secretary. **Mary Wauson:** Recreational Skills; Consumer Buying B; Special Needs Workshop. **Larry Wearth:** Custodian.



**Phyllis Webb:** Associate Principal's Secretary. **Barbara White:** Composition for the College Bound; Sophomore English. **Richard White:** Anthropology; U.S. History; U.S. Government; Social Studies Department Coordinator. **Rose Wilcox:** Business Applications; Business Communications; Speedwriting; Typing I, II, III; Cadet Teaching Program, Business Department Coordinator.



**Charles Windsor:** Physics B; Director of Girls' Intramurals; Director of 9, 10 Boys' Intramurals. **Phyllis Wirth:** Front Office Secretary. **Nikki Wittmer:** Attendance Secretary. **Walter Wood:** Algebra II-B; Essential Math; Trigonometry; Analytic Geometry.



**Toni Woodman:** French I, II; Member of the Steering Committee. **Wes Worrell:** Physical Education; Assistant Wrestling Coach; Head Softball Coach. **Larry Zwagerman:** Guidance Counselor; Sophomore Student Senate Adviser; District Vertical Guidance Committee Chairperson.





**Food Service Staff. Front Row:** Cathy Craven, Jeanne Bohning, Sharon Mott, Vicky Greenlee, Ruth Alber, Patty Montag. **Second Row:** Judy Hopson, Val Krokowski, Lee Thorson, Joyce Bowers. **Back Row:** Irene Kever, Marilyn Larson, Charlene Wee, Shirley Hulse, Carol Loken, Mary K. Mahoney, Ray Huston. **Not pictured:** Elaine Anderson, Iona Lenning.



**School Board Members. Front Row:** Brian Anderson, Carolyn Jons, Mike McGinness. **Back Row:** Howard Shapiro, Bill Summers, Walt Struve, Tim John.

# Not Pictured

**Stephen Adams:** Earth Science. **Cynthia Anderson:** Substance Abuse Intervention Counselor. **John Bachman:** Special Education Assistant; Sophomore Boys' Basketball Coach; Assistant Boys' Track Coach. **Carolyn Bolinger:** English 10 Writing Workshop; English 9; Composition for the College Bound; Survey of American Literature. **LoAnn Campbell:** Survey of American Literature; Honors American Literature; American Literary Masterpieces; Composition for the College Bound; English 10 Writing Workshop; NCTE Achievement Awards in Writing Coordinator. **Keith Carlson:** English Dept. Coordinator; Perspectives in Literature; Survey of American Literature; British Literature; Advanced Placement Senior English; Basic Composition; Composition for the College Bound; English 10 Writing Workshop. **Kirk G. Daddow:** Composition for the College Bound; Advanced Placement Western Civilization; English 10 Writing Workshop; Freshman ELP Coordinator; Head Football Coach; Academic Decathlon Coach; "Scratch Pad" Adviser. **Jean Hagert-Dow:** Art. **George Duvall:** Algebra II-B; General Math; Pre-Algebra. **Anita Dyer:** Media Secretary. **Doug Elliott:** Custodian; Food Service. **Ralph L. Farrar:** Principal. **Marilyn Goll:** Nurse. **J. Joan Griffith-McNab:** Adult Education; Cheerleading Adviser. **Hank Hansen:** English 10 Speech; Discussion and Argumentation; Drama Activities; Theatre Arts; Thespian Adviser; Director of Theatre. **Leatha Hansen:** Educational Assistant. **John Hilgersen:** World History. **Keith Hilmer:** Algebra I-A; Applied Math; Advanced Placement Calculus; Boys' Tennis Coach; Boys' Intramural Director. **Sheri Hilmer:** Athletic Secretary. **Duane Howard:** Auto-mechanics I; Automechanics II; Metals and Plastics. **Clemmye Jackson:** Counselor; Project Success Coordinator; Junior Senate Adviser. **Margaret Jacobson:** Media Secretary. **Roger Jacobson:** Typing I; Accounting; Consumer Economics, AHS Law Adviser. **James Jones:** Physics. **Steve Linduska:** Media Specialist. **Frank McGreevy:** Custodian. **Thomas Nehls:** Instrumental Music. **Robert Nehring:** Custodian. **Ruth Ornberg:** English 9; Developmental Reading; Basic Composition. **Susie Petra:** Art. **Khamtanh Phompheng:** Custodian. **Mary Kay Polashek:** Orchestra; Theory. **Dave Posegate:** District Athletic Director. **Alice Richard:** Reading; Project Success. **Michael Riddle:** Assistant Freshman Football Coach; Assistant Varsity Wrestling Coach; Head Freshman Baseball Coach. **Harold Rittgers:** Custodian. **Annette McArthur Rowley:** Speech I; English 10 Speech Workshop; Composition for the College Bound; British Literature; World Literature; Speech Club Adviser. **Kirk Schmaltz:** Biology; Girls' Cross-Country Coach; Assistant Girls' Track Coach. **Mary Ann Schmidt:** Counselor; Dean of Students; Student Council Adviser. **Doan Schmitz:** Custodian. **Richard W. Schneider:** U.S. Government; Social Psychology. **Floyd Sturtevant:** Chemistry B; Honors Chemistry; Science Seminar Adviser. **Eileen Tramp:** Nurse. **Mike Wittmer:** Physical Education. **Wes Worrell:** Physical Education. **Lora Yates:** Custodian.



# More than met the eye

Stephanie Wessman

It's a bird! It's a plane! It's my ... TEACHER?!

Teachers weren't necessarily the dull, lifeless beings many students thought they were. To the surprise of many, some teachers hadn't even considered teaching when they graduated from high school.

The courses Dick Schneider took in high school prepared him to be a jet engine mechanic, not the social studies teacher he eventually became. He joined the Air Force and was an engine instructor by the time he was 20.

"The 10-week instructor course taught me the rudiments, the strategies of teaching, as well as all the undergraduate training in education I had," Schneider said. "The subjects may change, but the strategies of teaching remain the same."

Art teacher Susie Petra was another faculty member who hadn't considered teaching as a profession.

"I just kind of grew into it," Petra said. "I think we all grow into things and then grow out of them. Being a freelance artist allows me to do the things I want

to do, the things that fulfill me."

Fulfillment meant something else to those teachers who had trouble making ends meet. Some planned to teach but had to find another way to make money before they landed a teaching job.

French teacher Toni Woodman ran a machine that stuffed junk mail. Her midnight to 4 a.m. shift allowed her to be home with her children.

"I didn't tell them (the factory) I had a college education because I was afraid they wouldn't hire me," Woodman said. "It was during a financially difficult time."

Although finances weren't a problem, biology teacher Harold Dorr's parents felt it was more important to have another career in mind instead of just joining the family construction business.

"I had fun in high school, so it took me the first couple years of college to settle down," Dorr said. "I kind of fell into teaching."

Dorr also worked as a typesetter. And being involved in journalism was something he and counselor Bud Legg had in

common.

"It was a job that really didn't seem like work," Legg said. "For me, the most important part was to stress the positive because you can find the bad anytime."

This translated into later trying to turn the negative parts of a student's life into something good.

Teaching may not have been their original intention, but most decided that teaching was better than other jobs they could

hold.

And for students, discovering that their teachers had lives outside of correcting tests or listening to their problems was as much of a shock as getting a visit from Mr. Snuffelupagus.

Practice makes perfect for social studies teacher Tom Jorgensen. To make extra money, he's played at weddings and parties for over 25 years. (Photo by Amanda Jones)





# Get a *Clue*

Remember when skateboards, bowling, denim jackets and U2 were popular? That was also when movies cost \$4 for an adult seat, a cheeseburger cost 80 cents at McDonald's and compact discs were increasing in popularity and decreasing in price. The next six pages are packed with other things you may

have clued in on. Try identifying parts of the school, take a pop quiz on fads or wind your way through the maze of school life — again. Also included is a refresher course on the year's best movies and music. You'll find it all here, and much more, so . . . get a clue.

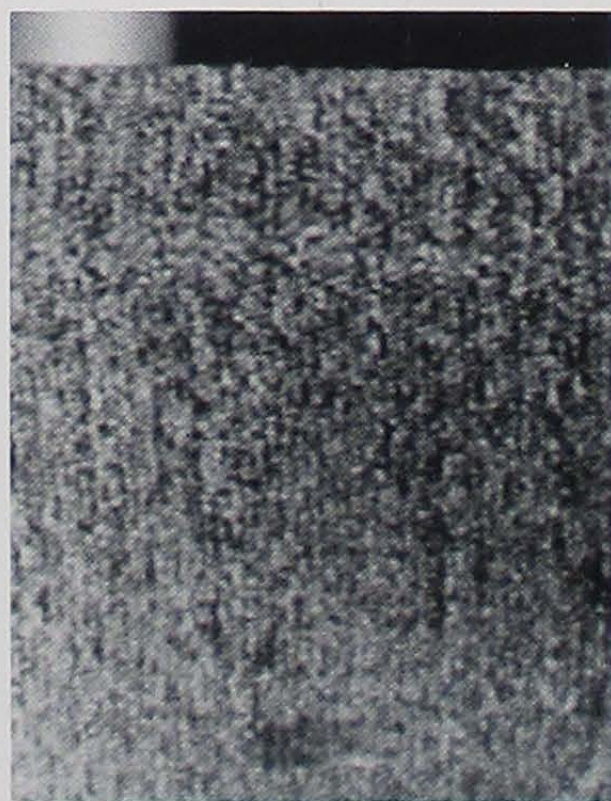
## EYEBALL BENDERS

You rushed through the halls to class every day to beat the tardy bell for homeroom and the one-minute music for class. Was everything just a blur, or can you identify the following items and their locations in the school? Hints are provided to help give you a clue. (Photos by Janet Rorholm, answers p. 205)

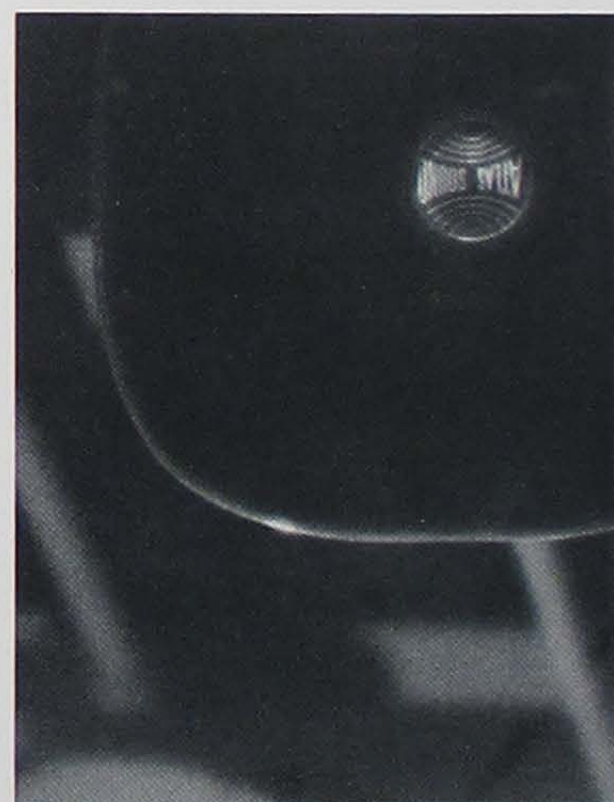


'Round, and 'round, and 'round it should go, but where it's handle and drum went, nobody knows.

This was too high for someone 5'2" to utilize, and uncomfortable for someone 6'2". And, NO underclassmen allowed.

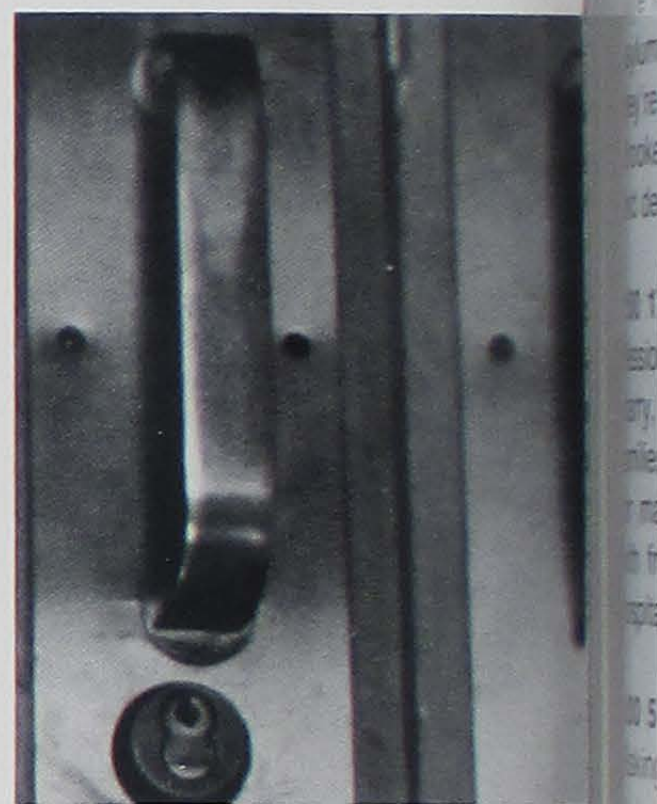


Welcome to A S H I S H O L. Some people believed it was the signpost for the Twilight Zone, others called it art.



May I have your attention please? This item was brought to you for your listening pleasure.

Beware, all who enter here, was the warning. Unless, of course, you had an open campus pass and a will of armor.



Before entering the labyrinth of hall you should've taken plenty of supplies and checked your destination with this.





# FIND THE IMPOSTORS

If you can find all three shows masquerading as real shows on local networks, check for sprouts — you may have become a couch potato! (answers p. 205)



## FRIDAY-PM

**12:30 13 ALL MY CHILDREN**  
Skye returns from the insane asylum; Niko and Julie find out they're not legally married; Brooke discovers she's barren and decides to adopt.

**2:00 17 LIFELINES**  
Passions rise as Dick and Traci marry, merging the two feuding families; Dr. Waterman is sued for malpractice in connection with frequent stillbirths at the hospital.

**3:00 5 GERALDO**  
Risking breaking his nose again, host Geraldo Rivera tackles controversial topics with the guests and audience.

**4:00 8 PEOPLE'S COURT**  
Insults fly through the public forum as Judge Wapner presides over a small claims court. Hosted by Doug Lewellyn.

**13 OPRAH WINFREY**  
60 pounds lighter, Oprah interviews guests about topics concerning America, such as fat and dieting.

**6:00 17 21 JUMP STREET**  
Five undercover cops, based in a chapel, enter high schools disguised as students and catch juvenile thieves.

**6:30 13 THE COSBY SHOW**  
Dr. Cliff Huxtable gives advice freely to his wife, five children, parents, son-in-law, twin grandchildren and pregnant patients.

**7:00 13 ALF**  
The Tanner family takes in an Alien Life Form from the planet Melmac who eats cats.

**7:30 5 THE WONDER YEARS**  
Kevin Arnold remembers his childhood capers while growing up in the 1960's, especially a particular interest in a girl

named Winnie.

**8:00 8 TV 101**  
Nine kids learn about the complexities of life while covering controversial topics for a broadcast journalism course.

**9:00 8 NIGHTWATCHERS**  
Detective Waldorf and his assistant Tina Bopp track killers wanted by the government.

## SATURDAY-AM

**9:00 8 PEE WEE'S PLAYHOUSE**  
Pee Wee Herman and Chairy celebrate the word of the day.

**10:00 17 TEENAGE MUTANT NINJA TURTLES**  
Utilizing the city sewer systems, four turtles protect Earth from the evil forces of the universe.

**10:30 5 SLIME CREATURES FROM OUTERSPACE**  
Captain Slimey plots to destroy Earth and rule the universe, but his arch enemy, Super Kat foils his plans again.

**11:30 13 THE COMPLETELY MENTAL MISADVENTURES OF ED GRIMLEY**  
The very decent Miss Malone joins Ed, his pet mouse Sheldon, and his goldfish Moby on a wild adventure. Guest appearance by Count Floyd.

## The shaded truth

From John Lennon to Elton John, students were mimicking the styles of the stars. This is not about music, this is about one of the hottest, or rather coolest, trends in fashion — sunglasses.

Known to many students as "shades," they came in a variety of sizes, shapes and colors. Round or wrap-around lenses, tortoise-shell frames or black frames with neon bows were only a few of the newest styles.

Whether they were making a fashion statement, or interested in protecting their eyes from the glaring sun, many students chose to wear a pair of funky sunglasses and had it made in the shade.

Trying to find the perfect pair, sophomore Janea Carter looks at sunglasses at Coach House Gifts. Getting the right pair was important for many students. (Photo by Janet Rorholm)





# HOW HIP WERE YOU?

Fieros, leather bomber jackets, "multiples," and neon apparel were all popular this year. Can you remember these other fads? (answers p. 205)

1. A Big Squeeze is:
  - a. a wrestling hold
  - b. a plastic drink container sold at Kwik Shop.
  - c. an orange-juice-making party.
2. Scruples is/are:
  - a. what most students lacked
  - b. a new board game for great party fun.
  - c. unethical principles that promote action.
3. Styling mousse is:
  - a. a pudding of thick consistency that can be sculpted.
  - b. what an artist does when drawing a large deer with thick horns.
  - c. a thick foam in many different "flavors" used for fixing hair.
4. "Jammin'" means:
  - a. eating lots of jelly with friends.
  - b. enjoying the music.
  - c. crushing your fingers in a car door.
5. "Chill out" means:
  - a. Relax, it's no big deal.
  - b. the expected high is -10 degrees Fahrenheit.
  - c. abbreviated talk for "The cafeteria ran out of chili; we have to eat BBQ pork rib sandwiches again."
6. "Rad" means:
  - a. totally cool.
  - b. a very small circle with a short radius.
  - c. someone who is 'really bad.'
7. Cons are:
  - a. the losing league of professional basketball.
  - b. the opposite of prose, in English class.
  - c. basketball shoes, also known as Converse hightops.

## Catchphrase

To see how perceptive of advertising you were, try to name the business and/or products each of the following phrases sold. (answers p. 205)

- |   |   |
|---|---|
| 1. Life's too interesting for a snack that isn't. | 14. Good time. Great taste.               |
| 2. It's the cheesiest.                            | 15. Avoid the Noid.                       |
| 3. The one that gets used.                        | 16. Who's that kid?                       |
| 4. They're wonderful!                             | 17. A word to the wise.                   |
| 5. So happy together.                             | 18. Crunch all you want, we'll make more. |
| 6. What a luxury car should be.                   | 19. We're out to win you over.            |
| 7. I heard it through the grapevine.              | 20. Treat yourself oh so good.            |
| 8. When you care enough to send the very best.    | 21. Who could ask for anything more?      |
| 9. All the colors of imagination.                 |   |
| 10. It ain't easy bein' cheesy.                   |   |
| 11. You can't beat the feeling!                   |   |
| 12. We do it like you'd do it.                    |   |
| 13. The heartbeat of America.                     |   |





Making our way through another year of school was no easy task, but we made it. From winding our way through the halls as freshmen just learning the ropes, to misguiding underclassmen as seniors, we managed to find our classes, clubs, Student Services, and perhaps became too familiar with the administrative offices.

Freshmen and sophomores rushed to study hall, juniors tried to make every homeroom check, seniors made a special effort to be on time for government class, and we all made at least one mad dash to beat the tardy bell in homeroom. That doesn't even begin to describe the hectic schedules of classes and activities many students had.

If you're game to see if you could survive the craziness again, try to help Average Alice and Worried Willy get from freshman registration in the top left corner, to senior graduation in the bottom right corner. If you can't find the correct route, be thankful you made it through when it counted!



"Grades are like a rat race. The problem with running in a rat race is that even if you win, you're still a rat."

A color portrait photograph of a young woman with dark, wavy hair and bangs. She is wearing a white collared shirt under a dark vest. She is standing in front of a light-colored wall with a grid pattern, possibly a window or a tiled wall. The photo is mounted on a page with a grid pattern.

"Anyone thinking it's cool to drink and drive is really stupid, but lucky to be alive."

"A learning mind must be more than just a vacuum, it requires a filter."



“Why do we celebrate at a birth and mourn at a death? Because it is not we who are involved.”

**-freshman Cassandra Biggerstaff**



# Brushes with greatness

-Kim Carey

Music blared, smoke filled the air and bodies were smashed together so tightly that people were passing out. No one seemed to mind though . . . this was Van Halen.

"I was in the third row being squished by a ton of people and getting beer poured all over me," senior John Montgomery said. "Eddie (Van Halen) tossed his traditional red bandana into the crowd. Me and five other people jumped up for it. I won."

From rock stars to movie stars many students had hopes of meeting, or at least catching a glimpse of, someone famous.

"I was at the O'Hare Airport in Chicago coming back from Spring Break. I said 'hi' and he (Mr. T) said 'hi' back. He was nice and he had a big heart," freshman Krista Olson said.

Sometimes students just hap-

pened to be in the right place at the right time and were able to meet or bump into someone famous.

"When I went to Chicago I saw the Cubs play and I got autographs from second baseman Ryne Sandburg and announcer Harry Carey. I had a baseball with me so I leaned over the dugout and Ryne signed it. After the game I met Harry Carey," sophomore Ryan DeJode said.

Knowing the right person also helped some students in meeting someone famous.

"One day the ISU tennis coach called and told me that the lead singer from REO Speedwagon was at The Racquet Club. I got to play tennis with him for an hour or so," sophomore Danny Wilson said.

Celebrities' personalities didn't always match that of their character.

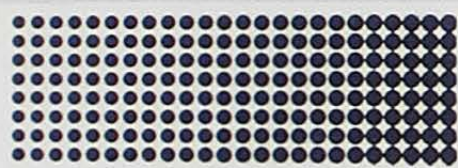
"I saw Tattoo from Fantasy

Island in the lobby of The Waldorf. He was short, slimy-looking and had a harem of tall, sleezy blonds with him," senior Megan Manatt said.

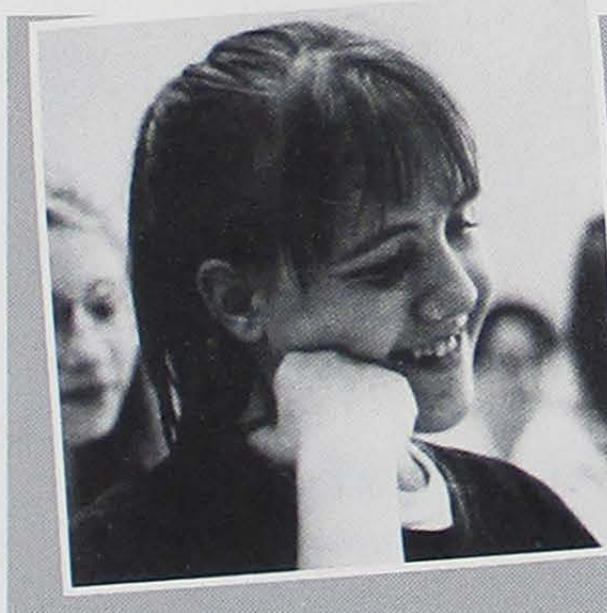
While some students realized that not all celebrities were what they had envisioned most found that a "brush with greatness"

was an exciting experience.

In Aspen, Colorado, senior Pat Connolly meets his idol, biker Andy Hampton, at the Coors International Bike Classic. The meeting was purely by chance as Connolly biked by. (Photo courtesy of Pat Connolly)



## Do you remember when . .

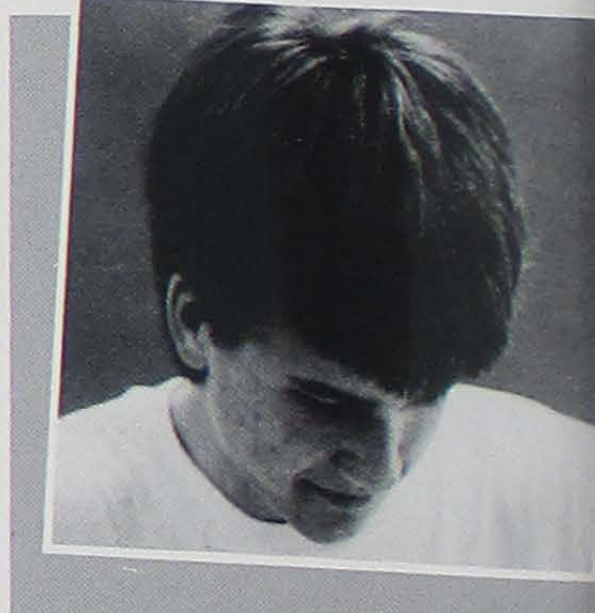


" . . . Mr. (Jack) Troeger ate rocks in Earth Science? He was explaining the difference between soapstone and shale, and he bit off a piece of each and told us soapstone tastes gritty. He called it the tooth test."

-freshman Lisa Elbert

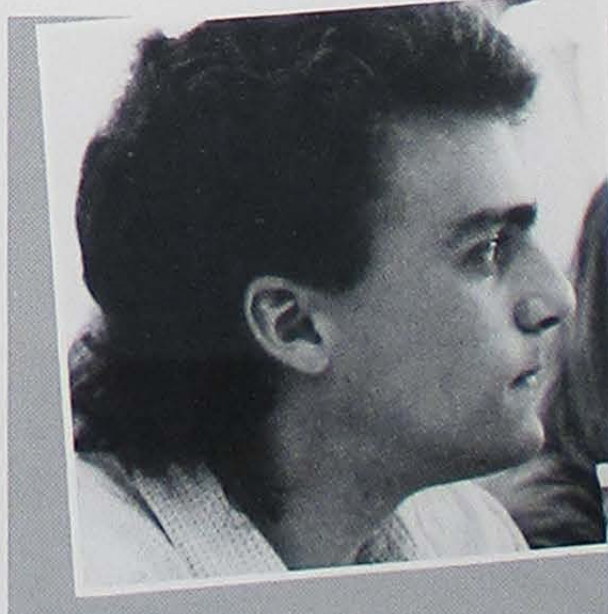
" . . . all the Ames High fans ran on the football field after we beat Dowling and won the Metro title? It was cool how everyone supported the team."

-sophomore Chris Ollila



" . . . the cheerleaders had people line up, spell Ames High backwards, eat a whipped cream pie, drink a can of pop, and then put their forehead on a baseball bat and run around in a circle? That was hilarious."

-junior Anne Pepper



" . . . the Stiffes airband did a perfect rendition of Van Halen's song 'Panama' right down to the lewd body movements? They got one day in-school suspension and one day out for their performance."

-senior Jeremy Keller



# Reaching for the stars

Students were striving to reach their own personal goals, but they also liked to take a break and relax with their favorite movies and music.

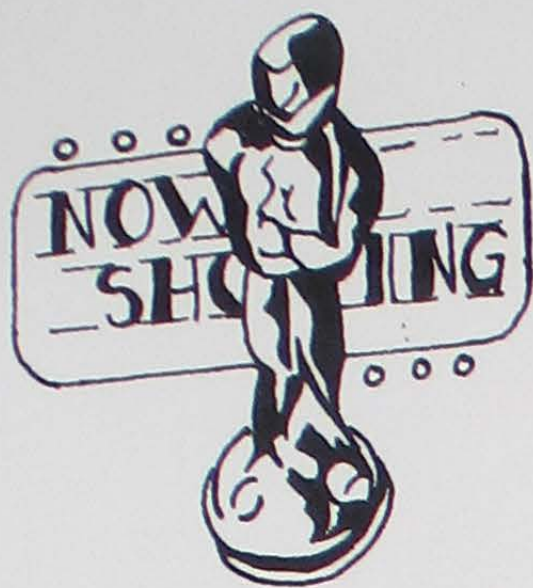
Many students chose to invest in albums of their own with prices varying depending on whether a record, cassette or compact disc was chosen. The Grammy Awards for the albums released in 1988 were presented February 22, 1989. Some of these winners are also on the list of top 10 albums of 1988.

Some students rented movies from video stores instead of going to the theater. Many of these were among the top 10 movie rentals for 1988. The Oscar Awards for 1988 movies were presented March 29, 1989.

## Top Video Rentals

1. "Dirty Dancing" by Vestron Video
2. "Lethal Weapon" by Warner Home Video
3. "Fatal Attraction" by Paramount Home Video
4. "The Untouchables" by Paramount Home Video
5. "The Witches of Eastwick" by Warner Home Video
6. "No Way Out" by HBO Video
7. "Outrageous Fortune" by Touchstone Home Video
8. "Robocop" by Orion Home Video
9. "Stakeout" by Touchstone Home Video
10. "Tin Men" by Touchstone Home Video

compiled by "Billboard" magazine)



## Oscar Awards

**Best Film** - "Rain Man" produced by Mark Johnson

**Best Actress** - Jodie Foster in "The Accused"

**Best Actor** - Dustin Hoffman in "Rain Man"

**Best Supporting Actress** - Geena Davis in "The Accidental Tourist"

**Best Supporting Actor** - Kevin Kline in "A Fish Called Wanda"

**Best Director** - Barry Levinson for "Rain Man"



## Grammy Awards

**Album of the Year** - "Faith" by George Michael

**Song of the Year** - "Don't Worry, Be Happy" by Bobby McFerrin

**Best New Artist** - Tracy Chapman

**Best Rap Group** - D.J. Jazzy Jeff and Fresh Prince

**Best Performance Music Video** - "Where the Streets Have No Name" by U2

## Top Albums

1. "Faith" by George Michael
  2. "Kick" by INXS
  3. "Hysteria" by Def Leppard
  4. "Dirty Dancing Soundtrack"
  5. "Appetite for Destruction" by Guns n' Roses
  6. "Introducing the Hardline According to Terence Trent D'Arby" by Terence Trent D'Arby
  7. "Bad" by Michael Jackson
  8. "Tracy Chapman" by Tracy Chapman
  9. "Tiffany" by Tiffany
  10. "Tunnel of Love" by Bruce Springsteen
- (compiled by "Rolling Stone" magazine)



**ANSWERS:** EYEBALL BENDERS 1. Ames High School sign, NE corner of school grounds. 2. door handle, main door of building. 3. stripped pencil sharpener, media center. 4. senior rail, lobby. 5. speaker, back hall. 6. directory, lobby. TV GUIDE IMPOSTORS Lifelines, Nightwatchers, Slime Creatures From Outerspace. HOW HIP WERE YOU? 1. b. 2. b. 3. c. 4. b. 5. a. 6. a. 7. c. CATCH-PHRASE 1. Twix candy bars. 2. Kraft Macaroni and Cheese. 3.

U.S. West Direct yellow pages. 4. Ruffle's potato chips. 5. Golden Grahams cereal. 6. Ford-Lincoln-Mercury cars. 7. California raisins. 8. Hallmark cards and gifts. 9. Crayola crayons. 10. Cheetos. 11. Coca-cola. 12. Burger King. 13. Chevrolet cars. 14. McDonald's. 15. Domino's pizza. 16. Oreo cookies. 17. Energizer batteries. 18. Doritos. 19. Hardee's. 20. Kudo's granola bars. 21. Toyota cars.



Getting down to

# Business

"H

urry up! Let's get down to business. I don't know about you, but I've got places to go, people to see and shopping to do!"

"Well, first things first. Have you eaten lunch yet? I was thinking that we could grab tacos or something like that."

"Sounds good to me. I'm absolutely famished, but first I have to cash my paycheck. I'm totally broke."

"Broke? But what about the money you get from working for DECA? You work all the time — you should have a lot of dinero."

"Yeah, but my problem is that I blow all of my money on clothes, food and weekends! What I really need to do is deposit it all in my bank and never touch it again."

"Tell me about it — today at school I spent \$8 on my senior t-shirt, \$12 on our senior class picture and \$25 on a 'Spirit'."

"Speaking of the yearbook, a guy on the 'Spirit' staff told me that it costs about \$22,000 to produce it each year. Can you believe that?"

"Seriously? Where do they get all that money?"

"I guess the staff sells about \$10,000 worth of ads to businesses in Ames as well as the proceeds from book sales. They also sponsored the 'Spirit' Sweetheart Dance on February 17. And can't parents buy senior ads? I'm sure all that money helps pay for the yearbook."

"Oh yeah . . . my parents bought one and submitted a totally ugly baby picture of me! I'm going to be so embarrassed when the yearbook comes out!"

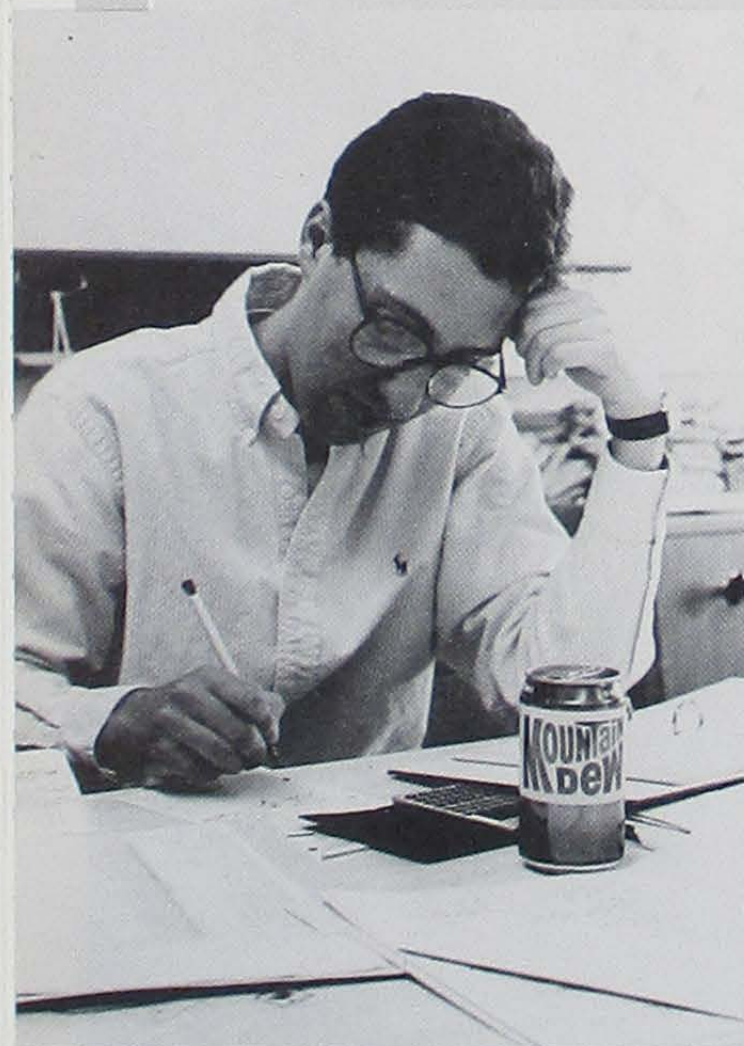
"Hilarious! I can't wait to see you as a little baby!"

"Well, if we don't hurry up and eat, you'll be seeing me as an old woman. My stomach's growling like there's no tomorrow."

"OK, OK, I get your point. I'm ready to go — but only on one condition."

"What's that?"

"After we chow, let's celebrate the art of spending money by buying some donuts. Let's get down to some serious eating!"



Attempting to balance "Spirit's" business records, junior business manager Josh Murphy checks ad receipts. The "Spirit" staff sold ads to businesses for funds to produce the yearbook. (Photo by Amanda Jones)





After handing a customer a 'twist' cone, junior Jay Titus receives the 58 cents for the cost of a cone at McDonald's. Titus had worked under the 'golden arches' for one year. (Photo by Sarah Post)



Working at Randall Foods, senior Jason Rosonke loads groceries at the drive-up. Rosonke's other tasks included sacking groceries, counting bottles and stocking shelves. (Photo by Sarah Post)

After school, sophomore Cara Bianchi browses through single tape cassettes at Musicland. Single cassettes were a less expensive alternative (\$2.95) to buying a full tape (\$10.95). (Photo by Sarah Post)





DELIGHT	1.99	NACHOS WITH REAL CHEESE	2.39	EXTRA CHEESE	20	BIG JUAN COFFEE .35
BURRITO	1.35	CHIPS N' CHEESE	1.09	EXTRA MEAT	40	
BURRITO	.99	DESSERTS		REAL SOUR CREAM	25	
BURRITO	2.39	CHERRY EMPANADA	.69	KIDS STUFF		
		SUGAR CRUSTOS	.39	SOFT MEAT BURRITO OR SOFT TACO	1.59	
				<small>INCLUDES MEXI FRIES AND DRINK</small>		



At Taco Time, junior Cara Peterson, senior Debbie Flatt, and sophomore Kim Allen are ready to take your order and get it to you in a hurry.

511 Lincoln Way

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## Benson Motor, Inc.

Selling Buick and GMC  
trucks  
Complete service and  
body repair

1613 South Duff  
232-2462

## The Smile Shop

Marvin K. Freeburg, D.D.S.  
137 Lynn Ave.  
292-7262

J.J. Doyle

Congratulations J.J. Go For It!!!  
The best is yet to come.  
We love you,  
Mom, Dad and Katie



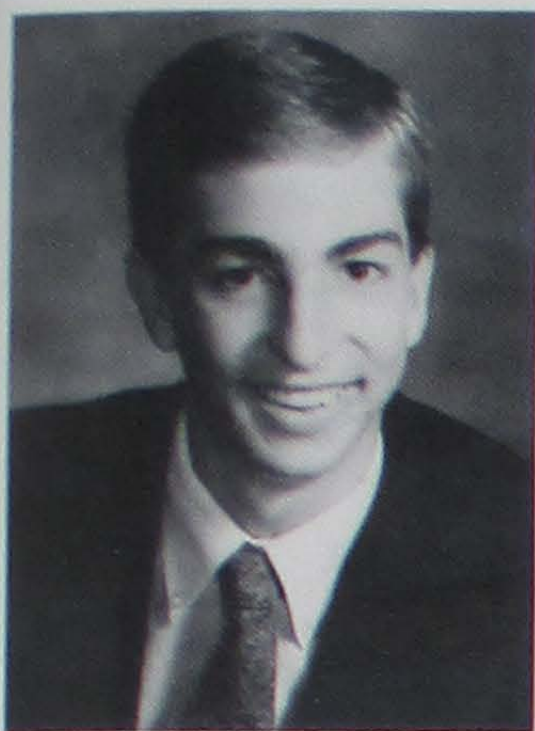
# IT'S YOUR MONEY.

WE'RE GOING  
TO TREAT YOU RIGHT.

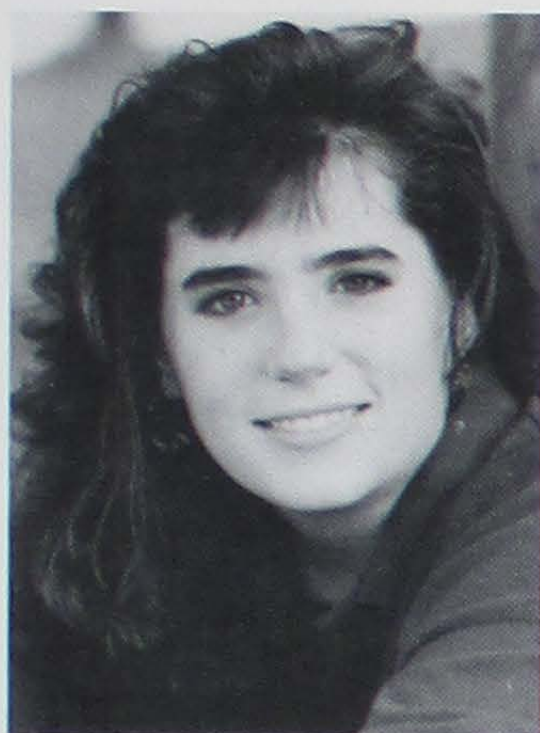


5th and Kellogg  
233-3130

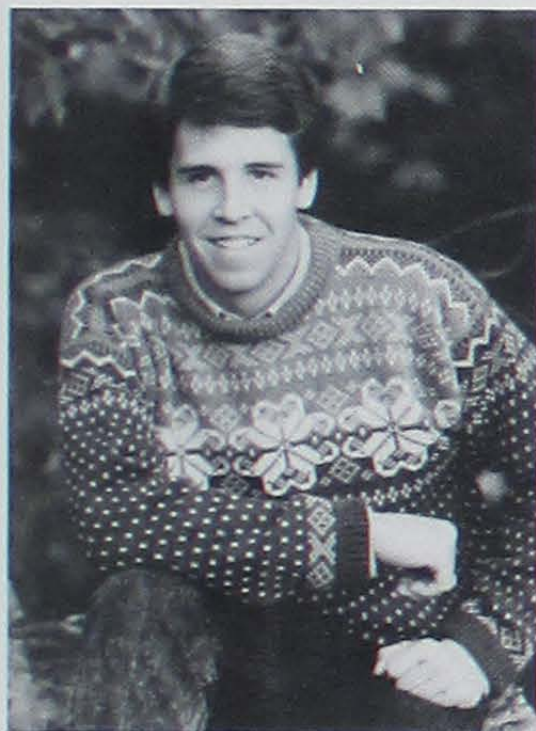




Brian Hansen



Mindy Woodworth



Dan Kliebenstein

**Jacquelyn's**

Deer Run  
RR 4  
292-9605

## AMES ORAL SURGEONS

1212 Duff Ave.  
232-6830



551 S. Duff  
232-4231

## Arnie's Petro Palace



*Congratulations Seniors!*

Lincoln Way & Elm

232-6670

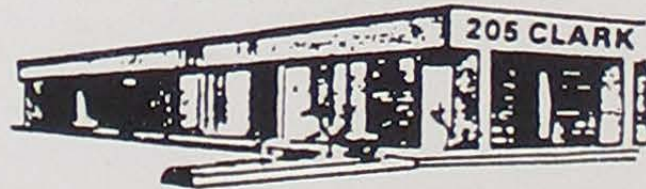


Men's and Women's  
clothing

226 Main St.  
232-3261

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"INSURE WITH CONFIDENCE"



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ALL LINES INSURANCE  
AUTO - HOME - FARM  
PERSONAL & COMMERCIAL  
BOATS - BONDS  
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SR-22 FILINGS



JAN P. SEVERSON  
E. M. SEVERSON  
STEVEN L. RUST  
SANDRA J. REED

205 Clark  
232-7203



**Todd Boehlje**

You are so special, sensitive and good, and I am proud of everything about you. I love you and wish you great success.

Love,  
Mom



**Carol McGee**

Congratulations, Carol! Follow your dreams, we know you can do it.

Love,  
Mom, Dad, Paul and Susie



**Tricia Ryan**

Best of luck in the future. We love you lots!

Love,  
Mom, Dad, Andrea and Becky



# WE SUPPORT YOU IN YOUR ACADEMICS AND ACTIVITIES



**Ames Parks and Recreation Employees:** Matt Zbracki, George Morden, Michelle Morden, Matt Smalling, Brent Hill.

*AMES*  
*Parks and Recreation*

1500 Gateway Hills Park Drive

292-6228

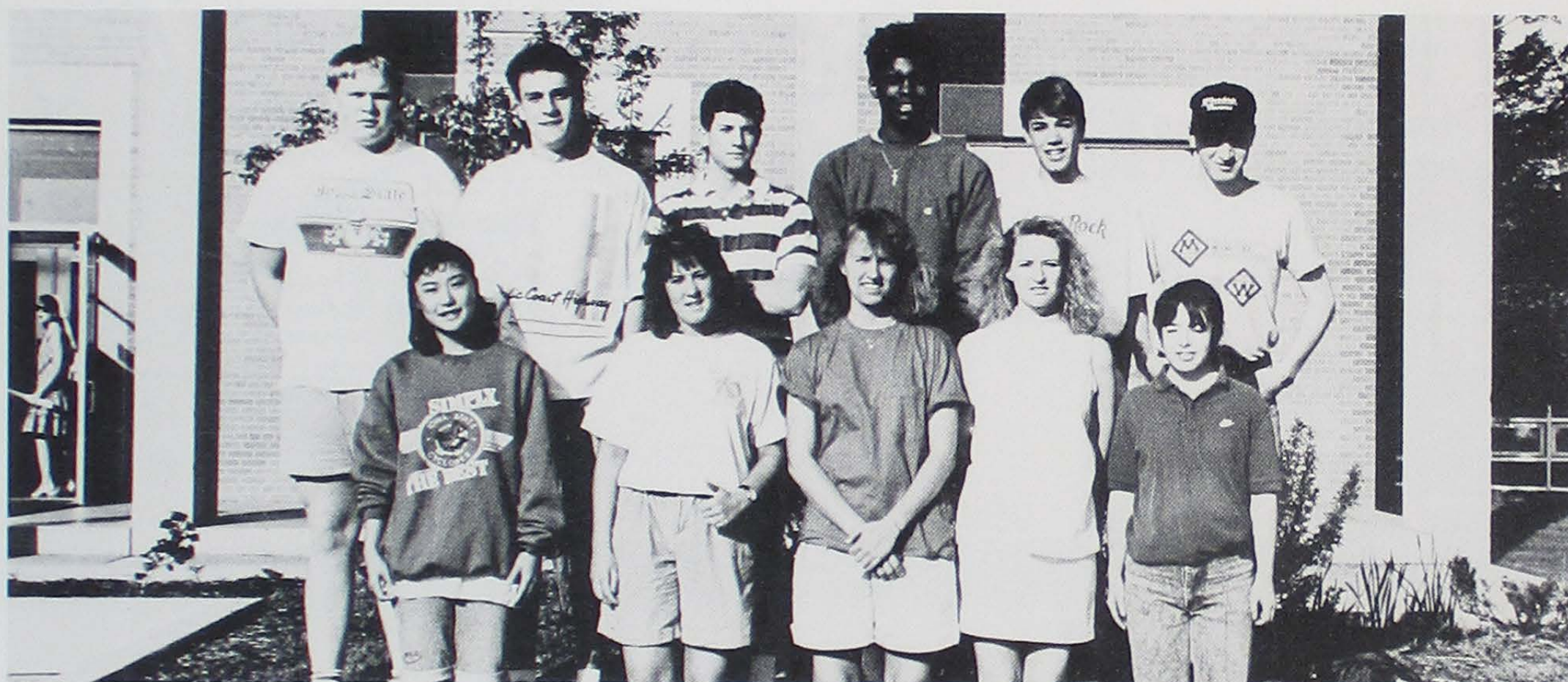




**Mary Ann Dunn**  
Professional Bridal Consultant

620 Lincoln Center  
Ames, IA 50010  
(515) 233-1058

## Congratulations Seniors!



**McDonald's Employees, Front row:** Ann Kihl, Kari Baker, Stacia Madsen, Shannon Madsen, Kirstin Born. **Back row:** Matt Wiggins, Jeremy Kellen, Mark Titus, Craig Neal, Rob Umbaugh, Doug Wiskus.



3621 Lincoln Way  
123 S. Duff  
217 Welch St.

292-5200  
232-1234  
292-5689



**Sunstrand - Sauer**

2800 13th St.  
239-6000

**Todd & Sargent Inc.**

Highway 69 N.  
232-0442

**Music Center**

417 Douglas  
233-4203

**The Advertiser**

508 Kellogg  
233-1251

**Conley's Plumbing, Heating & Cooling**

538 N.E. 2nd St.  
233-2047

**Dr. C. G. Egeland D.D.S.**

110 11th St.  
232-4236

**Downtown Studio of Dance Design**

227 1/2 Main St.  
232-8908

**Ames Hearing Aid Center**

118 E. 13th St.  
233-1367

**Wanda's Childrens Wear**

323 Main St.  
232-4288

**Kim J. Wass, D.D.S., P.C.**

515 Grand Ave.  
232-2152

**The Frame Shop**

208 Main St.  
232-8408



Chantel Jordan  
Class of '90



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**Standard**

**TOTAL CAR REPAIR & TOWING** Domestic & Foreign

**24 HOUR WRECKER SERVICE -  
RADIO DISPATCHED**

**FREE car wash with self-serve OR full serve fill**

<b>RON'S STANDARD</b>	<b>AMERICAN AUTOMOTIVE</b>
Lincoln Way & Duff	118 S.E. 5th, Behind APCO
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*"Where Customer Satisfaction Is Our Guarantee!"*



... Where **Quality** is our First Concern

# BIKE WORLD



300 Main Street

232-3669

**A**t Bike World, senior Pat Connolly checks the condition of his bike and often purchases biking necessities.

## Katie Stevermer

Congratulations, Katie! We are proud of you and your accomplishments! Good luck and lots of happiness in the future!

Love,  
Mom, Dad, Matt and Scott



803 24th 232-4214

435 S. Duff 233-4450

## Dan Kliebenstein

Congratulations! We are very proud of you and wish you the best in the future.

Love,  
Mom, Dad, Shawn and Heather



★ *Magi Jewelry*



Four characteristics that determine the quality of a diamond. Consult me.

Quality. It's as important  
in diamonds as in  
anything else you own.

There's more to a diamond than meets the eye. And to understand the differences between diamonds is to understand the 4C's—Cut, Color, Clarity and Carat-weight. It's these 4C's that determine the value of a diamond.

The differences between diamonds are subtle indeed. But to people of discriminating taste, it's quality that makes all the difference. Your jeweler is the expert where diamonds are concerned. And he can show you high-quality diamonds in all sizes. They simply look better and will enhance your jewelry, no matter what the design.

Quality. It's unmistakable. And it's as important in diamonds as in anything else you own.



707 24th St.  
232-8845

## Sharon Miller

Raising you has been an experience . . . a great one! Best of luck in everything you do.

We love you,  
Mom, Dad, Mike, Lisa  
and Amy





### Jeremy Kellen

Congratulations! We are so proud of you. You're a terrific guy.

We love you,  
Dad, Mom, Jennifer, Ben  
and Zach



### Phil Sposito

Congratulations! Best wishes and much happiness in the years ahead. We love you!

Mom, Dad and Lori



### Jenny Lang

Congratulations Ferdie! We're proud of you!

Love,  
Mom, Dad, Christy and Jamie



EMPLOYEE OWNED



FOOD STORES

3600 W. Lincoln Way, Westridge Plaza, 292-5543  
Open 7 a.m. to 10 p.m., 7 days a week

*"A Helpful Smile in Every Aisle"*



Hy-Vee Employees: Jamie Sipes, Sorl Thun, Kurt Munson, Jodi Koppes, Erika Mehle, Sarah Scott.

3600 W. Lincoln Way

292-5543



### Shawn Dorr

No longer forward nor behind  
I look in hope or fear;  
But, grateful, take the good I find,  
The best of now and hear.

— Whittier

Love,  
Your family



### Chris Arp

As you leave this stage in your life  
keep the memories and move on to  
the new challenges ahead! We've  
gained much from sharing your ex-  
periences.

Love,  
Mom, Dad and Tim



### Kim Koch

Go get 'em tiger! We know you will  
succeed in whatever you do. We  
love you.

Mom, Dad, Dan, Kris  
and Nathan



## Downtown Deli



During their lunch break, seniors Pat Connolly, Melanie Stover, John Niyo, Pam Westvold, and Tony Potter take time to select a sandwich at Downtown Deli.

328 Main St.  
232-3626

24 HR.  
SERVICE

### ALLERGIES A PROBLEM?

### COMPLETE DUCTWORK CLEANING!

- AUTHORIZED LENNOX DEALER
- 24 HR. SERVICE (ALL MAKES)
- FREE ESTIMATES
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HEATING & COOLING

Congratulations to the Class of 1989!



Pet Shop  
and Groom Room

120 Hayward

292-4646





## G.C. Woodworking, Inc.

Architectural and Custom Woodworking  
• CRESTWOOD • DURA SUPREME • PLATO

222 Bell Ave.

232-0423

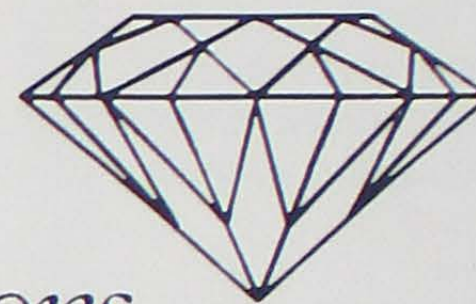
Ames  
Racquet  
& Fitness  
Center



320 South 17th  
232-1911



## Ames Silversmithing



*For the special occasions  
in your life . . .*

- Diamonds
- Precious Gemstones
- Designers
- Goldsmiths

220 Main

Downtown

232-0080



231 Main Street  
232-9375

Band & Orchestra Instruments  
Guitars & Amps  
Electronic Keyboards  
Combo Equipment  
Printed Music  
Accessories & Gifts

### Kim Carey

May you find happiness in all you do. You've filled our lives with love, and we're proud of you. CHEERS TO YOU!

Mom, Dad, Amy, Ryan, Lindsay  
and B.J.



### Julia Madeline Theile

To our favorite ballerina, who liked "clean" Jell-o, corn on a stem and "dry" carrots. May you continue to dance through life with all the enthusiasm and determination you have always shown to us. Thanks for all those memories.

Love always,

Mom and  
Dad







**The Home Of Mini-Pricing®**



**Randall Foods Employees. Front row:** Teri Pipitone, Katie Stevermer, Susie Owen, Amy Morrison, Kara Maehner, Katie Tapscott, Dave Sedgwick. **Back row:** Lilian Riad, Angela Doyle, Kim Carey, Chris Kennedy, Jason Rosonke. (Photo courtesy of Randall Foods)

**Congratulations  
Class of '89**

North Grand Mall

232-3481



### Scott Anderson

Congratulations! We wish you the best of luck and much success for your future.

Love,  
Mom and Dad



### Rod Harl

You have brought us great joy.  
Wishing you a lifetime of happiness.  
Mother, Dad and Brent



Congratulations  
Seniors

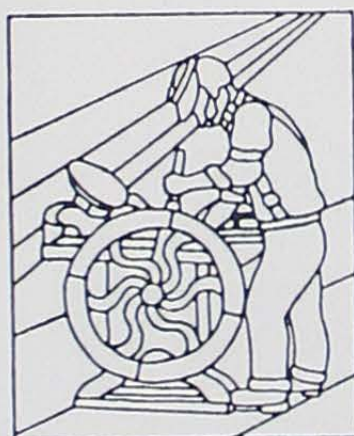
Fast Film  
Developing

Pyle Photo  
Service

121 Main St.  
232-7363

## SIGLER PRINTING

"Good Impressions Since 1958"



429 S. Duff  
232-6997

## SAVE U MORE



**Save U More employees:** Front row: Becky Huehn, Michelle Rayhons, Liane Westphal, Whitney Olson, Tata Rattavongsa. Back row: Janel Brakke, John Vandergaast, Brian Krausman, Paul Gibbons, Eric Bappe, Jolyn Brakke.

## DISCOUNT

## FOOD STORE

538 S. Duff

232-2961



## SCHOENEMAN'S HOME CENTERS

- Ceiling tile
- Hardware
- Lumber
- Paint
- Paneling
- Plumbing
- Plywood



Main & Northwestern  
232-2372

### Melanie Stover

Always our sweetheart, Melanie.  
Dad, Mom, Carrie, Marie,  
Ben and Tim



### David Sedgwick

Congratulations David! We wish you  
the best of luck in all you do.  
Mom, Dad, Mark and Jonathon



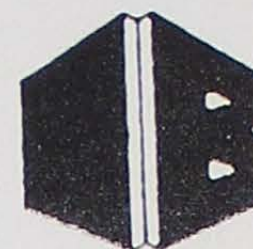
# WAL-MART



At Wal-Mart your satisfaction is guaranteed.

3015 N. Grand

233-1345



Iowa Benefits Inc.

Dick Clem, President  
Class of 1958

Specializing  
in Group  
Insurance

1619 S. High St.  
232-8585



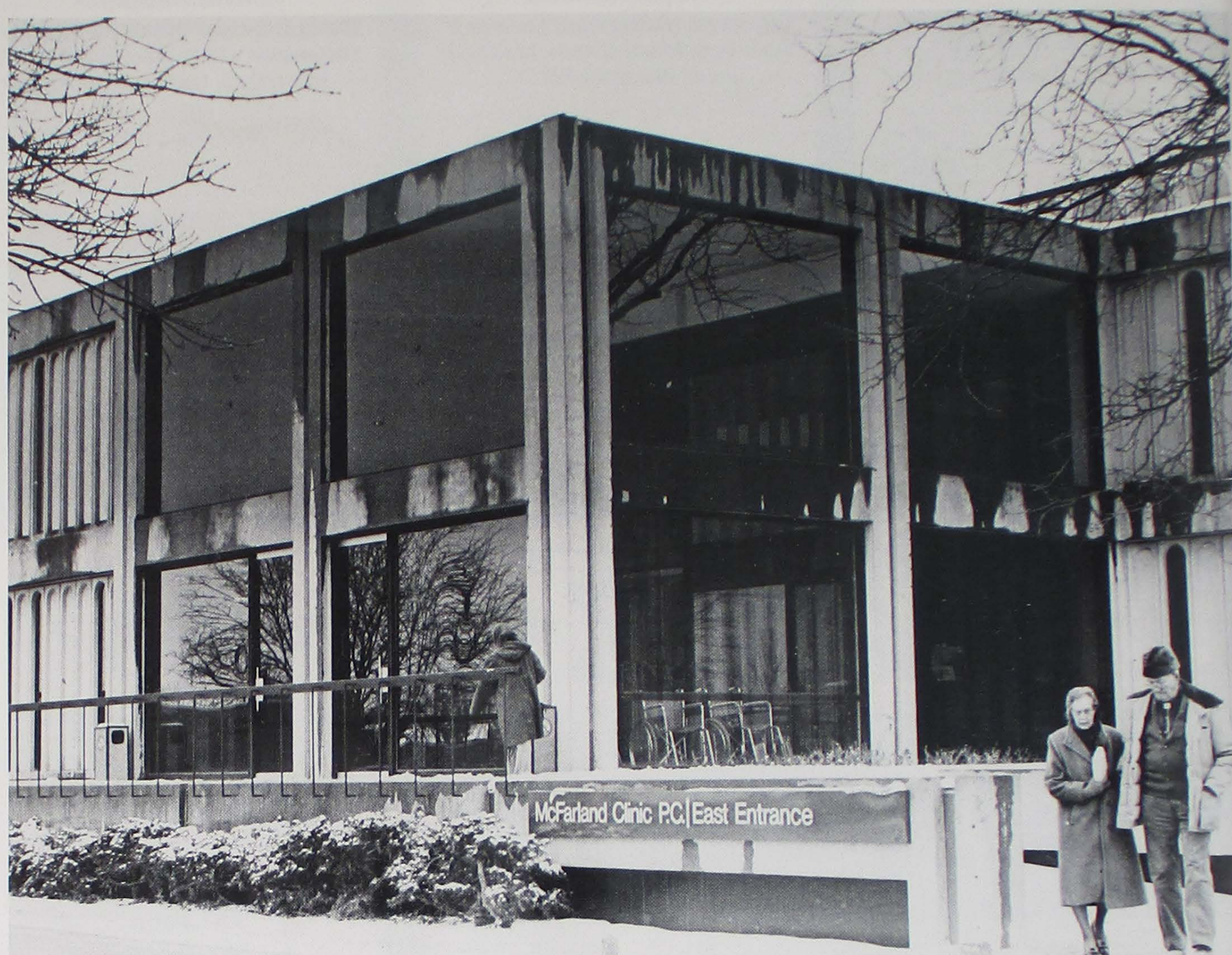
Sugar Tree Ltd.

- Gifts
- Floral Arrangements
- Decorative Accessories
- Coffee Treats
- Light Lunches
- Special Desserts

312 Main St.  
232-3442







McFARLAND CLINIC, P.C.

1215 Duff Ave.

239-4400



# Firestone



## Allison Bundy

To our All-American - "Stay Cool!"  
We love you and are proud of you.

Love,  
Mom and Dad



## Jason Wendt

Glad to see you on the "road" to  
success!

Love,  
Mom, Niki  
and Grandpa Bud Lange



**J**unior Heidi Shierholz is a friend of Water's Firestone owner, Bill Waters.

120 Lincoln Way 232-3743

# MAYFAIR ONE HOUR CLEANERS

SHIRT LAUNDERERS • COIN LAUNDRY  
FORMAL WEAR RENTAL and SALES

508 LINCOLN WAY (Downtown):.....232-2952  
3339 LINCOLN WAY (West).....292-2331  
303 WELCH (Campustown).....292-5480  
512 LINCOLN WAY (Coin Laundry)..232-9701  
24th and GRAND (North).....232-1723  
510 LINCOLN WAY (Formalwear).....232-4644  
Office.....232-2952

## Century 21

103 S. 6th St.  
233-3070

## Foto Shop

317 Main St.  
232-8050

## Tom's Barber Shop

415 Main St.  
232-9289

## Mama Capone's

213 Duff Center  
233-1000

## Cyclone Printers Inc.

311 Lincoln Way  
232-1603

## Haps Air Service

R.R. 2  
232-4310



# KEN'S PRO SERVICE

Lincoln Way & Duff  
232-9967

# fanfares shoes®

North Grand Mall

233-5168



## Sail Aweigh Travel

Computerized  
Service Agency Locally  
Owned by Sandi  
and Dave Austin  
406 Main St. 233-5203



At Sail Aweigh Travel, senior Jenny Lang helps senior Adriana Platt prepare a ticket reservation.



"60 Years  
of Helping  
People"

6th and Duff 232-6175

## SOMEDAY!



Calais GT Coupe

# WILSON

*Olds-Cadillac Co.*

2212 S. Duff

Ames, Iowa 50010





# Many doors open for you upon Graduation . . .



*And at United Bank and Trust many doors open for you, too!*

1. One door and four convenient locations.
2. Student loans
3. Checking accounts
4. Savings accounts
5. ATM cards

Plus many more services are available for you. Stop in at any of our convenient locations to find out what doors are open to you. United Bank and Trust . . . because you shouldn't have to go it alone.



## UNITED BANK AND TRUST

MAIN OFFICE: 405 Main

232-8200

### Brandon Miller

Bran - You're on your way, good luck and love always!

Mom, Dad, Lisa and Mindy



**Presents Authentic  
Hickory Smoked Specialties**

### FEATURING

\*BBQ\* Ribs\* Chicken\*  
\*Sandwich Varieties\*

Beef Turkey Ham  
Saucy Southerner  
Gourmet Burgers  
Deli Sandwich Sandwiches

\*Salad Creations\*  
\*Homemade Soups\*

### CO-STARRING

\*Over 100 Ice Cream Selections\*

### PRODUCED BY

'THE GOOD PEOPLE'  
WORKING HARD TO  
SERVE YOU BEST!

121 S. 16th St.  
232-8940

America's Favorite Store

**3800 W. Lincoln Way, Ames**  
**292-8360**



# VAUGHAN

MINWAX

NATIONAL

CHAN NEL LOCK

Lexel



SKIL

Red Devil

muralo



ZINSSER  
QUALITY SINCE 1849

At one of the two Carr Hardware locations, senior employees Dan Ketelsen, Chris Arp and John Weiss will answer any of your questions and help you with all of your hardware needs.

## Congratulations Class of '89!

**CARR HARDWARE**  
306 Main 232-6324  
Ames, Iowa 50010

*True Value*  
HARDWARE STORES

**CARR'S NORTH**  
24th & Grand 232-1791  
Ames, Iowa 50010



# GOODYEAR

Goodyear takes you home  
on tires for your car,  
light truck, RV or farm.

AUTO REPAIR - TUNE - UPS  
OIL CHANGES - ALIGNMENT  
BRAKES - SHOCKS - MUFFLERS



**Crownier Tire**  
& Automotive Center, Inc.

"We are the difference"

**232-6003**

2910 S. Duff Av, Ames

## Brent Hill

We are very thankful for you and  
wish all life's best.

Love,  
Mom, Dad, Bryce and Bjork



# TARGET

Good Luck Seniors

620 Lincoln  
Way  
233-3150

Freshman Tiffany Scribner not  
only supported Ames High, but also  
was a fan of Target stores where her  
father was a manager.



## Monty Muller

Congratulations! Thanks for all of  
the happiness and joy you have  
brought us these past 18 years. We  
are very proud of you and your ac-  
complishments. The best is yet to  
come!

Our love is with you always,  
Mom and Dad



**FRED Winkler**  
DECORATING AND SONS

Some day freshman Chris Winkler  
may decide to help out his father and  
work with his decorating business.



PHONE 292-4146 . 1507 FLORIDA AVE. . AMES, IOWA 50010



Creatif.  
Imagine it.  
Create it.  
Live it.



The way you look makes a statement. And, your hair is your signature... spiked, slicked back, soft, sleek or tousled—depending on your mood. Whatever your mood, your stylist will help create the look with Creatif® styling products: Gel, Mousse, Shaping Lotion and Design Spray. With Creatif products, whatever you imagine can be created and whatever you create can be lived. Creatif, by Redken. Because Redken knows more about hair.

**FA Finesse**  
**IMAGEMAKERS**

REDKEN

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Custom  
Steel  
Service

217 High Ave.  
233-1075

### Janet Rorholm

Thanks for the memories. May determination be your guide in the future. Best of luck.

Love,  
Mom, Dad and Mike



### Erika Mehle

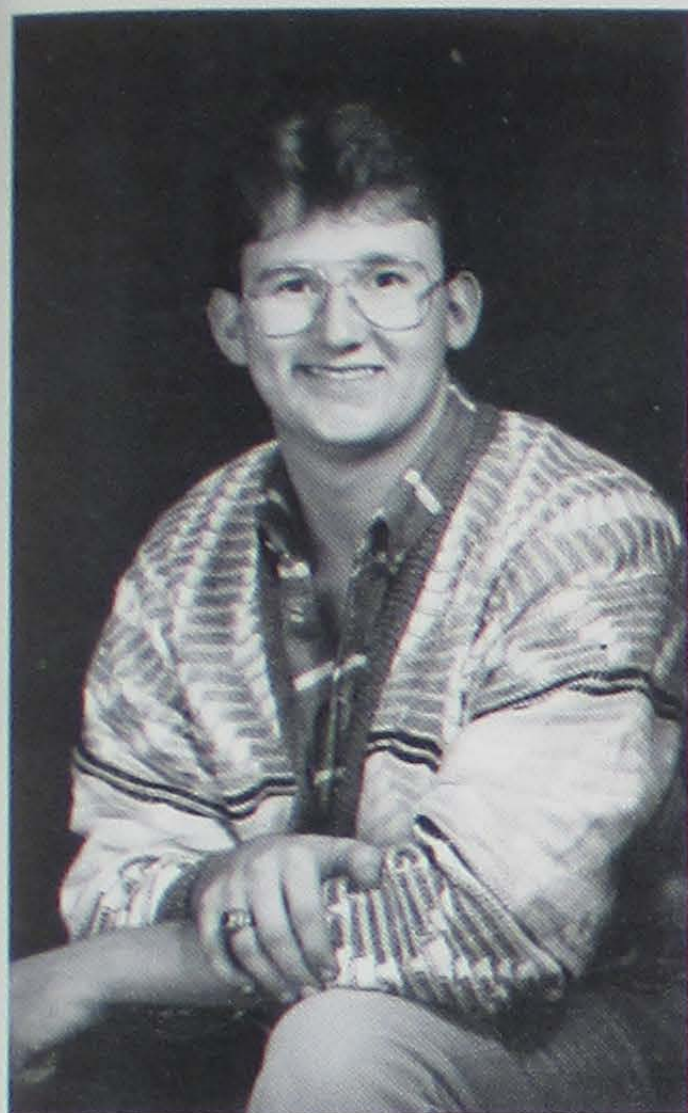
You've come a long way baby and you'll go a long way. Keep up the good work.

Love,  
Mom





# SEARS



At Sears, Ames High employee, senior J.J. Doyle is always willing to help you choose exactly what you need.

North Grand Mall  
232-6424

## Dawn Spitzig

You've come a long way baby and we are so proud of you!

Love,  
Mom and Dad



## Cheryl Kaplan

As you begin your college career, we wish you the best that life has to offer. We are so proud of you.

Love,  
Mom, Dad and Alissa



Ames  
Greenhouse  
AND Floral

"LOCATED IN THE BIG BLUE BARN"

DOWNTOWN  
3011 South Duff

CAMPUSTOWN  
2522 Lincoln Way



BATMAN - SAYERS ABSTRACT & TITLE

SINCE 1890



205 Clark Ave.  
232-8133

Cari Bauman, Class Of '89



**Bryan Schabel**

Congratulations! You now have the foundation for a happy, productive life.

Love,  
Mom, Dad, Chris,  
Dora and Brad



**YOUR FUTURE  
IS OUR  
BUSINESS.**



3910 W. Lincoln Way  
292-7910  
Member SAIF

Backed by full faith and credit of the Federal Government.

**W.W. Stidwell  
D.D.S., P.C.**

General Dentistry

13th & Duff  
232-6775



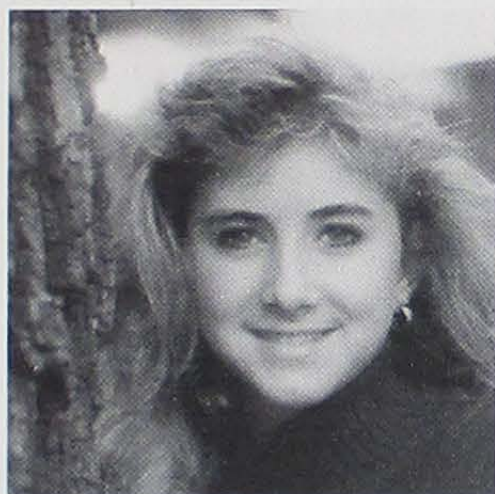
Laura McKlveen



Allison Bundy



Boris Bachmann

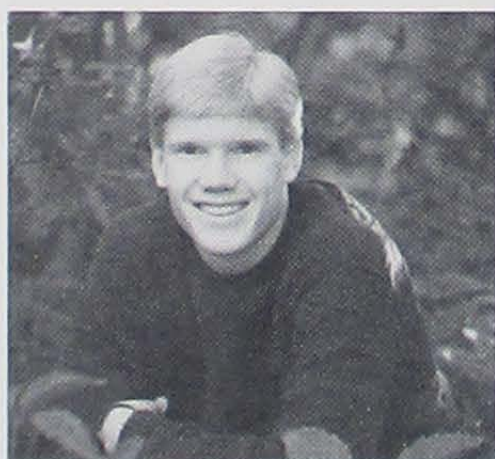


Kam Archbold

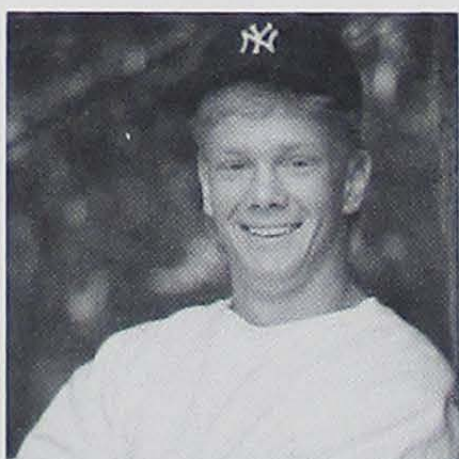


Sharon Miller

*Craig  
Carroll  
Photography*



Monty Muller



Mark Pollmann



Lori Schorpp

**Good Luck Seniors**

110 Sherman

232-1209

**FIRST  
NATIONAL  
BANK**



**D**ECA Students, seniors Kristin Adams and Jeneane Beck work together sorting checks at First National Bank.

**MAIN BANK**  
5th and Burnett  
232-5561





**FAMILY PRACTICE MEDICAL CLINIC**  
Family Physicians



Thomas D. Gartin, M.D., D.A.B.F.P.  
Lowell D. Bond, M.D., D.A.B.F.P.

1128 Duff Ave.  
232-4421

**Tony Potter & Pat McCarthy**

Congratulations! You survived Ames Public Schools. We both take pride in both of you. You are wonderful people who learned to appreciate each other. We know it wasn't always easy.

Love,  
Mom and Bill, Dad and Rosanne



**Ames  
Total Fitness  
Center**

Powercise • Nautilus • Olympic  
Weight Room/Free Weights • Aerobic  
Classes/10 Daily •  
Coed Whirlpool • Nursery (Supervised)  
• Tanning • Fitness  
Testing • Wellness Profile • Special  
Programming • Ample Parking •  
Stairmasters • Tread Mills • Lifecycles •  
Lifepowers

126 South 3rd Street  
232-4741

**COACH HOUSE GIFTS**

From greeting cards to stuffed animals, Coach House has a broad selection of gifts for every occasion



Senior Debbie Dobbs

North Grand Mall 232-3574

**Stephanie Wessman**

Good luck in everything you do —  
we're behind you all the way.

Love,  
Mom, Dad and Mark



**Michelle Davis**

Through the years there have been laughs and tears, but through it all we knew you could achieve your goals. Stay sweet and sincere and may life hold good things for you.

Love,  
Mom, Dad, Steph and Ryan



HAIR, etc. **J**  
hyllis  
by Jones

Hair, Skin, Nail Care  
Tanning & Toning

So. 3rd & Washington  
Ames, Iowa 50010  
515-232-5162





**Mary Kay's**  
FLOWERS & GIFTS



3134 NORTHWOOD

232-3993

### Pam Westvold

You've got it all Pammer! Don't worry — be happy!

Love,  
Mom, Dad and Doug



## Congratulations Senior Gymnasts!!



1987-88 Gymnasts: Seniors Sarah Post, Susie Owen, Katie Stevermer and Sharon Miller

**Snyder**  
HOME OF THE SUPERBUY

*The old  
corner Drug Store  
...for today!*

207 S. Duff  
233-1145

**I Can't Believe It's  
Yogurt!**  
GREAT TASTE - NATURAL

.C.B.I.Y. Employees: seniors Deb Smith and Sarah Post

131 Welch Ave. 292-6751



### Wendy Conley

You are such a joy! We are very proud of you. Congratulations.

Love,  
Mom and Amy



### Persephone St. Charles

"The light of God surrounds you;  
The love of God enfolds you;  
The power of God protects you;  
The presence of God watches over you.  
Wherever you are, God is!"  
And all is well.

Love, Mom



### Anne Stinehart

Way to go, Anne! Best "witches" to you in all your future adventures.

Love,  
Mom, Donna and everybody





### Davin Flatten

Best Wishes: With friends like yours,  
life is bound to be meaningful.

Love,  
Mom and Dad



## Peeple's Records and Tapes

We offer a wide selection of music  
from tapes to records to  
music posters.

303 Welch Ave. 292-4437

### Annie Weltha

Congratulations Annie! Reach for  
your dreams and always know that  
you are loved. Keep smiling!

Love,  
Mom, Dad and Wade



## HONDA OF AMES



Ames High Alumni of Honda of Ames say "Congratulations!"

538 S. Duff 233-3273

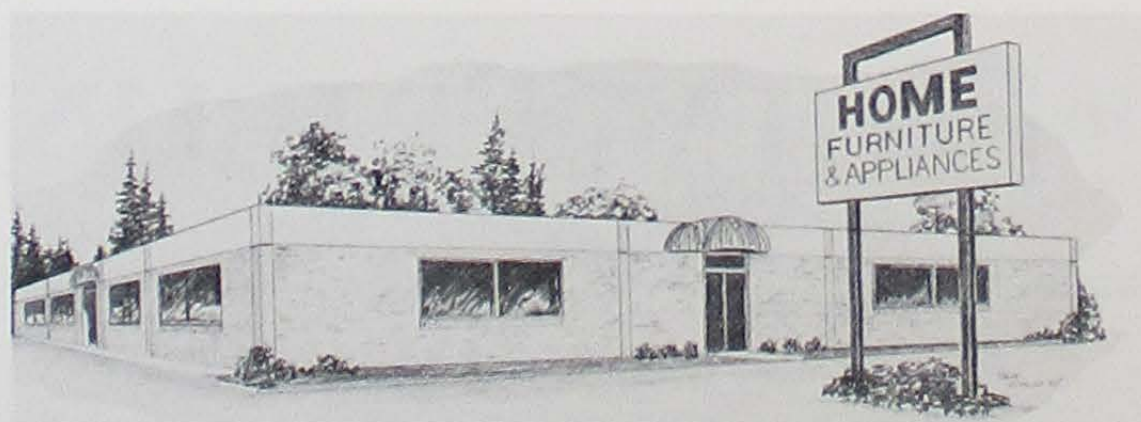
### Megan Manatt

Vaya con Dios, Megan.

Love,  
Mom and Dad



## Home Furniture & Appliances



400 S. Duff Ave. 232-6233



# Would you like to enjoy the Web after graduation?

- A. Yes
- B. Indeed
- C. Certainly
- ☒ D. All of the above



By subscribing to *The Daily Tribune*, you will receive news about Ames High, local and national news, indepth sports coverage, entertainment, movie reviews, advertising and award-winning photography.

Whether you'll be away from home attending college or pursuing a career, keep in touch by subscribing to *The Daily Tribune*. For subscription information, call 232-2160.

## THE DAILY TRIBUNE



MID-IOWA'S DAILY NEWSPAPER

317 Fifth Street • Ames, Iowa 50010 • 232-2160

### Adriana Platt

Congratulations kid! Everything is going to turn out just fine. Thanks for all the joy you've brought into my life.

Love,  
Dad



### Sarah Post

You have been such a joy, Sarah. Congratulations, and much success in whatever you do.

Mom, Dad, Kathy,  
Deb and Julie



### Carrie Stidwell

Congratulations! This is our chance to "Get Serious" and say we're proud of you and we love you!

Mom, Dad, Cathy





**Dairy Queen**  
123 Lincoln Way  
232-5715

**Steven A. Holm**  
323 6th St.  
232-4732

**The Gift Vine**  
311 Main St.  
232-5085

**A.J. August Men's Wear**  
North Grand Mall  
232-6621

**Monty's Barber**  
2801 West St.  
292-3131

**Dr. Jeffery Herrick D.D.S.**  
620 5th St.  
233-2778

**H & R Block**  
126 Main St.  
232-0343

**Buck-Stanforth Dental Office**  
616 5th St.  
232-5401

**Ames Insurance Associates**  
803 24th St.  
233-4455

**Tallmon Jewelers**  
236 Main St.  
232-2468

**Dr. Donald Good D.D.S.**  
405 5th St.  
233-2898

**Coe's Campus Flowers**  
303 Welch  
292-5432

**Tryon's Baseball Cards**  
420 Main St.  
233-4416

**Door Store & Fence Store**  
R.R. 4  
292-4292

**Everts Flowers and Gifts**  
412 Burnett  
232-5634

**G. Harold Newell Farm Management**  
205 Clark  
232-8100

**Carriage House Meat & Provision Co.**  
1131 Dayton Rd.  
232-2273



**Mike Herman**

The best just keeps getting better!  
Congratulations, we're proud of  
you.

Mom and Dad



**Wendy Christensen**

You've worked hard and made us  
very proud!

We love you,  
Mom, Dad and Heather



**Boris Bachmann**

"You are the wind beneath our  
wings."

Love,  
Mom and Dad



**GEORGE WHITE**

**CHEVROLET ■ PONTIAC ■ SAAB**



New Highway 30 and 69 South P. O. Box 845

AMES, IOWA 50010

**We Make It Easy**



**PETE TEKIPPE**  
**Photography, Ltd.**

Story City, Ia  
733-4352





## Knapp-Tedesco Insurance Agency



Senior Neila Anderson and her brother, freshman Seth Anderson stand with their father at his Knapp-Tedesco office.

414 Northwestern

232-7060

## Engeldinger's

YOUNG PEOPLE'S OUTFITTERS



In his mother's store, senior Pat Connolly cuddles with one of the bears that can be purchased at Engeldinger's.

North Grand Mall 232-4705

## Woody's

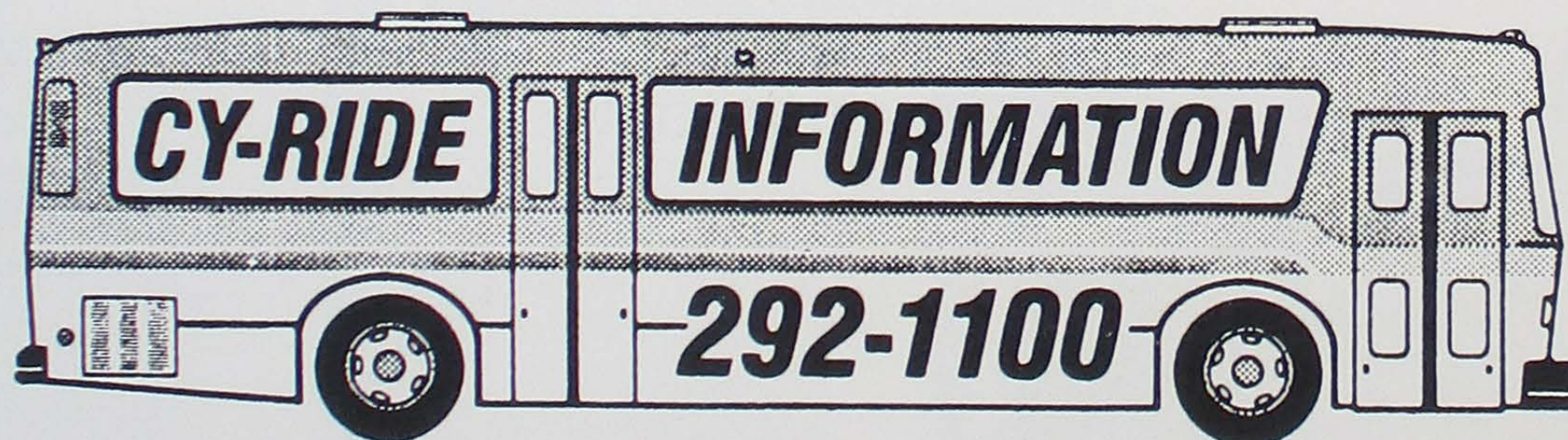
Complete Full  
Service Station  
Mini  
Convenience  
Self Service Gas  
7-9 Daily

419 Lincoln Way  
233-3241



At Woody's, senior employees Mindy Woodworth and Janine Tabatabai will help you find everything you need.

# Congratulations Seniors



1700 6th St.

292-1100



# Congratulations Class of '89!

Ames Senior High School

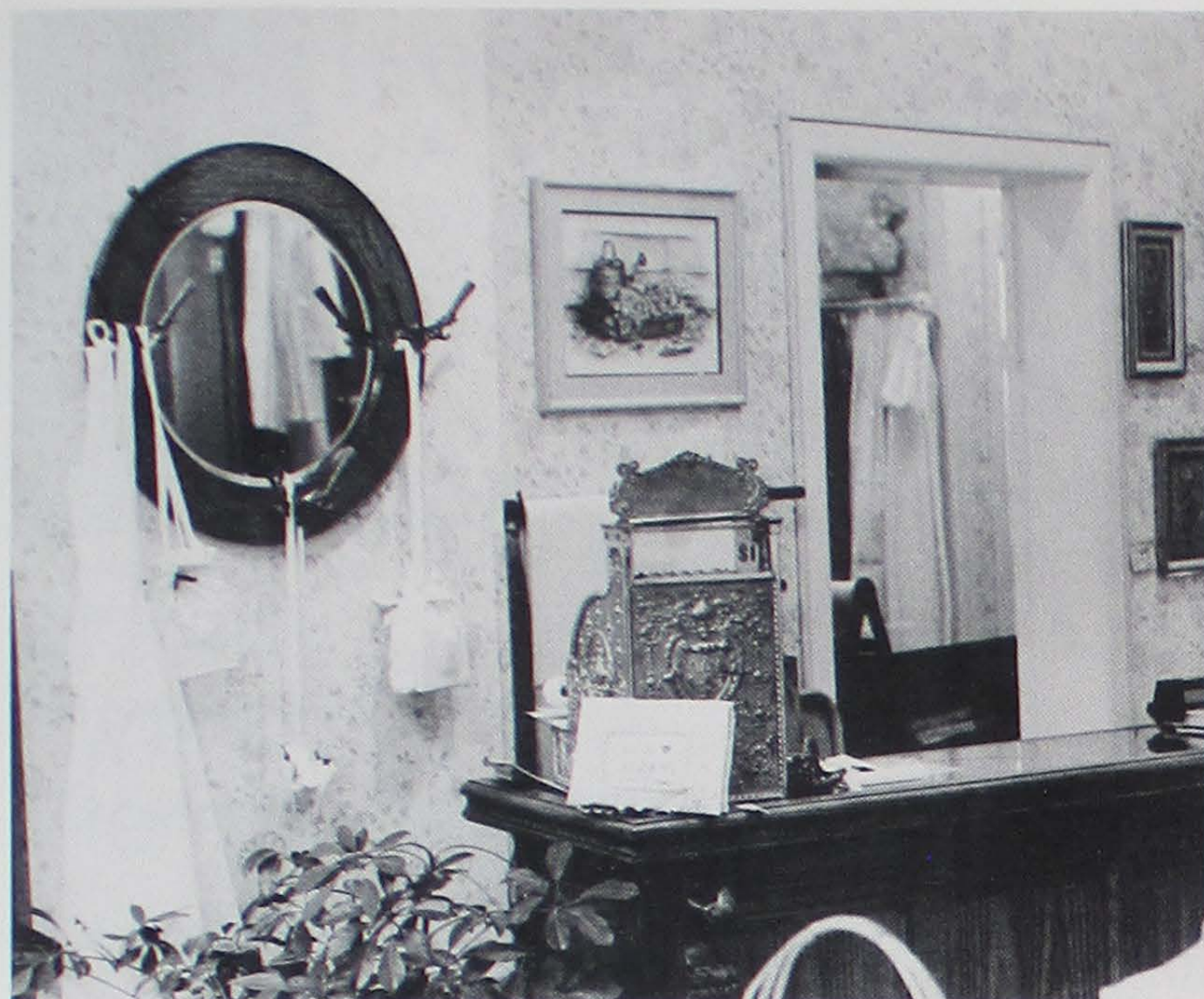


Remember your roots  
They will give you  
courage  
To choose your own  
dreams,  
Wisdom to choose your  
own path . . .  
And wings to fly.

Wandling Engineering



# Bath on Main and Petticoat Place



301 Main St. 232-5325

## Cari Bauman

Congratulations Cari! Our very best to you.

Mom, Dad and Chad



## Ife Fadeyi

As you graduate, we commit you unto the lord. May his word be a lamp unto thy feet and light unto thy path. With him you will make it.

We love you,

Dad, Mom,

brothers and sisters



*Physician's Optical of Ames*

The only place  
to  
buy great  
glasses

1202 Duff  
233-3230

**DONUTLAND®**  
"A TASTE OF EXCELLENCE"



120 Lincoln Way  
232-9311

**Donutland Employees:** junior Stacy Morford, senior Stephanie Wessman and senior Jenni Theide.



# NORTH GRAND VALU-RITE, INC. DRUG

North Grand Mall 232-8020

## Jeff Isaacson

Congratulations Jeff! It paid to start early.

Love,  
Mom, Dad and Jill



## Steve Groat

Congratulations! Best of luck in the future.

Love you always,  
Mom, Dad and Scott



# NELSON Electric

116 CLARK AVE. AMES, IOWA PH. 232-2445

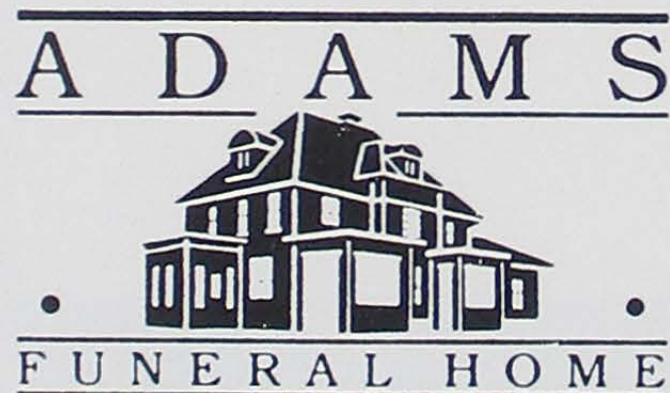
Established 1908

Classes of '26, '57, '63, '83, '90, '94, '98

# The Country Gourmet

*A wide variety of gourmet foods  
to choose from*

6th & Grand 232-1787



502 Douglas 232-5121

# Beacon Microcenter

For all your computer needs at home, school or work, check into Beacon Microcenter. Providing you with sales, support, service and training.



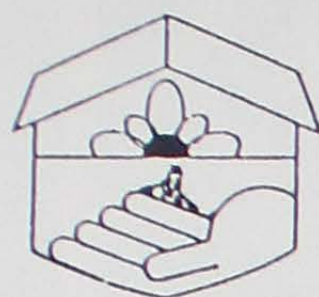
213 Lincoln Way 233-4807



# Congratulations Graduates

## Youth and Shelter Services, Inc.

Business Office, P.O. Box  
1628  
Ames, Iowa 50010  
(515) 233-3141  
24-Hour Crisis Line 233-  
2330



- **FAMILY HOUSE** is our family counseling center. Here, professional counselors help youth resolve family conflicts depression and personal problems. Families learn to work together toward a healthier life.
- **ROSEDALE SHELTER** provides a safe, structured, temporary home for youth in crisis. Young people without a home, children in danger, youth from families in turmoil can stay here while they regain control of their lives.



- **SUMMERFEST**, the largest youth run festival in Iowa has been a part of the Ames Community since 1971. Teenagers are responsible for planning, organizing and raising the money needed to support all of the activities and events which are a part of Summerfest.



- **THE SUBSTANCE ABUSE INTERVENTION PROGRAM** includes: (1) a Chemical Dependency Counselor located at Ames High School; (2) an Intervention Team made up of school personnel who assist the Counselor in helping students and their families; and (3) special support groups designed to help meet the students' needs. The Counselor, Sharon Nibbelink, works closely with school personnel to identify students with substance abuse problems and helps the student through counseling and support.



- **PEER HELPING CLASS** is a YSS program which nurtures the developmental transition from adolescent to adulthood. The class helps youth reach out to others while growing as a person and building their self-esteem.



- **JAMFEST** is an alcohol-free three band jam and dance held for young people from all over Story County. The rock and roll festival is organized by high school students and Boomerang, a community volunteer group.



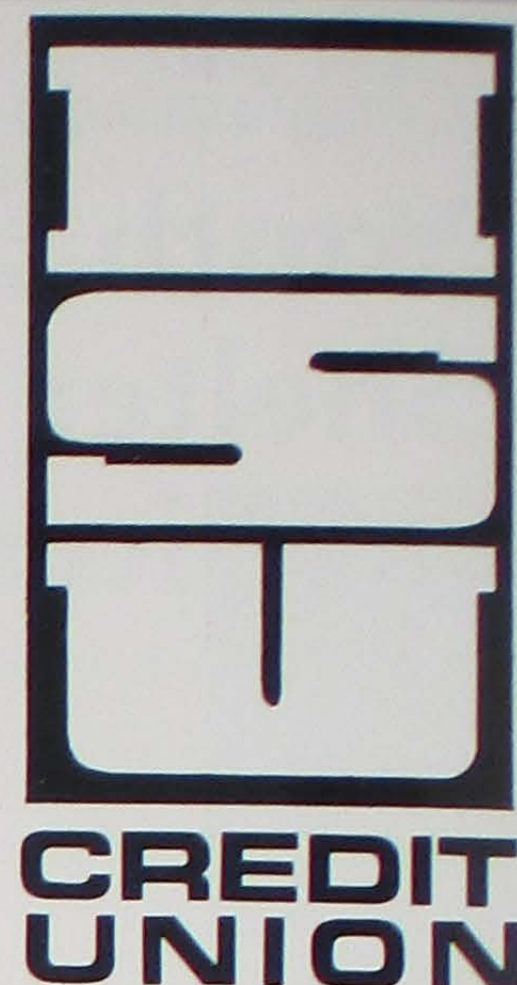


**Burger King Employees. Front row:** Ben Baccaam, Michelle Davis, Dave White. **Back row:** Nick Ward, John Okiishi, Noah Zaring.



**Congratulations  
Class of '89!**

209 Lincoln Way 232-6550



THOMAS M. STARK, D.D.S., M.S.D.  
Orthodontist



1212 DUFF AVENUE  
AMES, IOWA 50010  
515-232-2255

**Smith, Nutty,  
Sharp, Benson  
& Juhn**  
Attorneys at law

618 Douglas  
232-1471



**F**rom photo developing to school supplies, Drug Town employees, seniors Chuck Bevolo and Tim Madson will provide you with quick and efficient service.



3700 W. Lincoln Way 292-6191





328 Main St.  
Town Center  
232-4710

Monday-Friday  
Saturday  
Evening Hours  
Available

8-5  
8-3

### Josh Littrell

Dear Cookie Monster,  
Use your mouth to good purpose.  
Good luck in the future.

Love,  
Mom and Dad



**IRRIGATION**  
Corporation

Residential, Commercial Underground  
Sprinkler Systems

2812 S. Duff 232-8765

### Sara Scholten

Congratulations to a very special  
girl. Best wishes for a happy and  
rewarding future.

Love,  
Mom, Dad and Marc

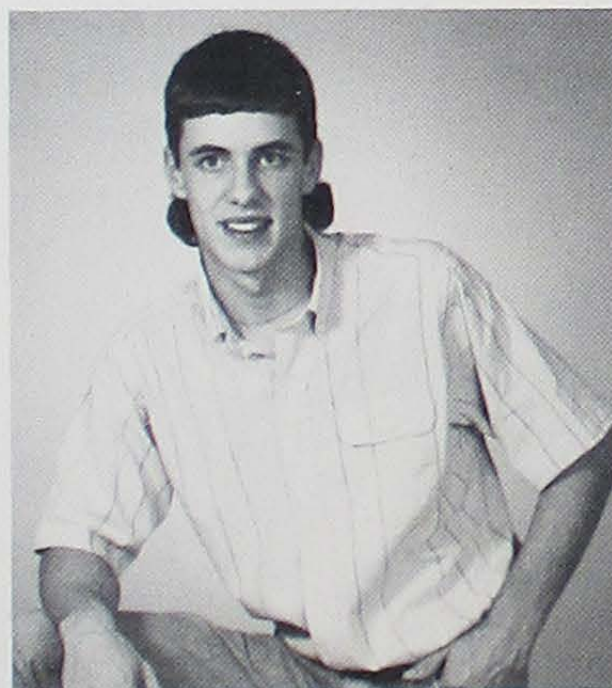


**bitz**  
**roofing**<sup>INC.</sup>

**RUBBER ROOFING  
BUILT-UP ROOFING  
SHINGLING**

**"WE'RE PROFESSIONALS"**  
*Quality Work At A Fair Price*

2028 Pullman St. 233-1560



**S**enior Randy Bitz may work at his  
father's business, Bitz Roofing Inc., next  
year.

### Brekke's

**Town and Country  
Store Inc.**

Your one stop store:  
Garden products, bulk Burpee  
seeds, Birdseed Bay or bulk lawn  
seed, lawn fertilizer and Purina Pet  
products.

R.R. 2 232-7906



### Mike Peterson

The best is yet to come, Mike! With all our love and best wishes for happiness and success.  
Mom and Dad



**Why Original Recipe<sup>™</sup>  
is bursting with flavor.**



**Good  
Luck  
Graduates!**

**Cross The Road  
To Great Taste!**

509 Lincoln Way 232-3616  
North Grand Plaza 232-8800

## FAREWAY STORES



Fareway Employees: Jerry Spencer, Gerald Thomas, Scott Anderson and Brad Abendroth.

619 Burnett

232-3543

## AMES SAVINGS AND LOAN ASSOCIATION

**"Where it's the people behind you that count."**

Downtown at 424 Main St. 232-2714  
North Grand at 23 24th St. 233-3276  
Ames, Iowa 50010

Story City at 423 Broad St. 733-4308  
Story City, Iowa 50248

### Scott Coon

Everything you want to be is within your grasp! You're a winner!

Love,  
Mom, Dad and Steph





### Kim Konechne

Look out world - here comes our Kim! Keep that lovely smile always on your face and a song in your heart. We love you!

Dad, Mom and Kari



### Debbie Dobbs

You are the sunshine in our lives. Congratulations and best of luck!

Love,  
Mom, Dad, Richard, Steve and Emily



## DORAN CLINIC For Women

Robert Doran  
David Kemp  
Laurie Freier

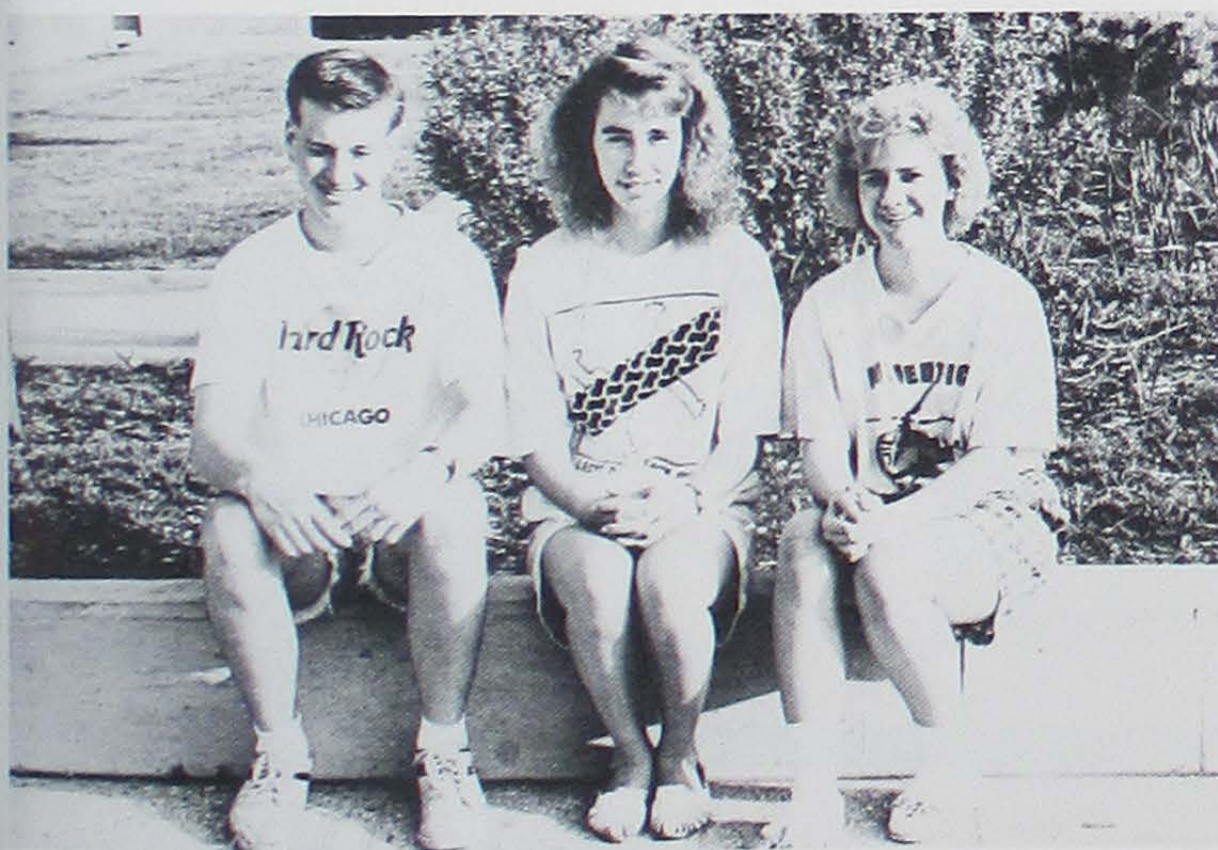
110 11th St.  
232-5960



## Student Supply Store

Senior Sarah Post browses through the selection of ISU clothing at Student Supply Store.

2424 Lincoln Way 292-7220



## Sounds Easy Video Rental

Sounds Easy Employees: Travis Senne, Sarah Spear and Angela Buxton.

620 Lincoln Way 232-6636 3704 W. Lincoln Way 292-0552



## Drs. Harms, Vos, and Scallon

1114 Duff  
232-2450



At Little Wishes, junior Jill Osweiler shows off some of the gifts they have to offer.



## Little Wishes

"Your Big Sis-Little  
Sis Headquarters"

dolls ♥ books ♥  
miniatures ♥ party  
favors ♥ teddies ♥  
toys

Shoppes on Grand  
6th and Grand  
233-6010



225 Main

232-9870

## Stevens Memorial Chapel

607 28th St.  
232-5473

## Alfred's Carpet & Decorating

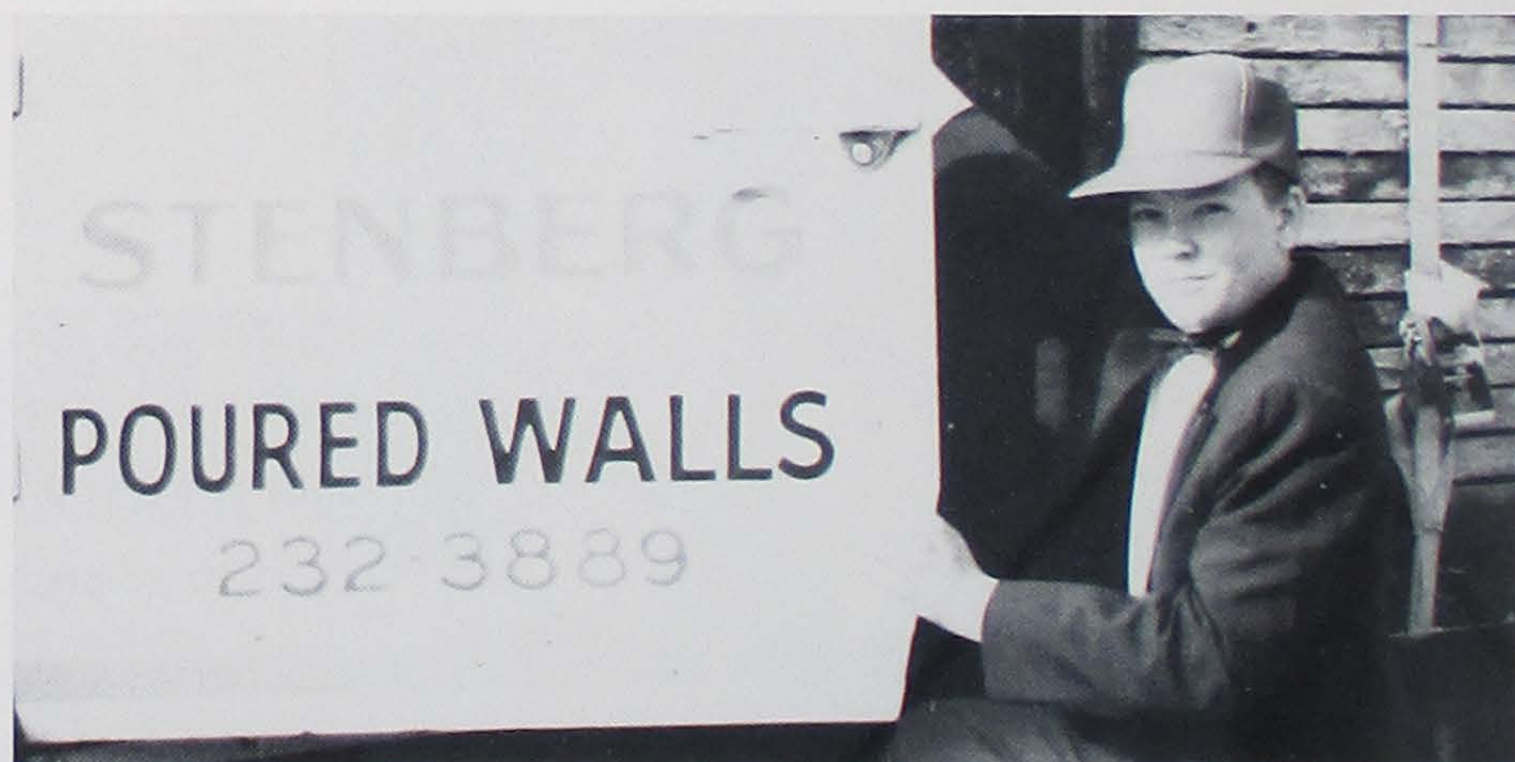
See our design  
staff for all  
your floor and  
wall covering  
needs

128 Lincoln Way  
232-1306

## Stenberg Concrete Construction, Inc.

504 E. Lincoln Way

232-3889



Working for his father, senior Mark Stenberg helps out with all of their construction jobs.



### Karen Augustine

Way to go, Baby Bear!  
Love,  
Mom and Dad



### Jodi Rhinehart

Congratulations Jodi! We are so proud of you! Best wishes for a great future. We love you.  
Mom and Dad



### Wendy Zenor

Congratulations to a special girl with a special smile. You've been a joy!  
Love,  
Mom, Dad, Kim and Jenny



## DD PYLE CO

Certified Public Accountants

Robert D. Pyle; Principal  
Dennis D. Pyle CPA  
Douglas G. Pyle CPA  
Daniel E. Buss CPA

- ACCOUNTING & BOOKKEEPING SYSTEMS
- AUDITING • BUSINESS CONSULTING
- TAX PREPARATION & PLANNING
- DATA PROCESSING
- FINANCIAL PLANNING
- MANAGEMENT ADVISORY SERVICES

**232-2505**

GRAND AT FIFTH AMES

## JOHN HUBER CLOTHIER

Fine Classic  
Clothing  
for Men  
and Women

404 Main St.  
233-4948

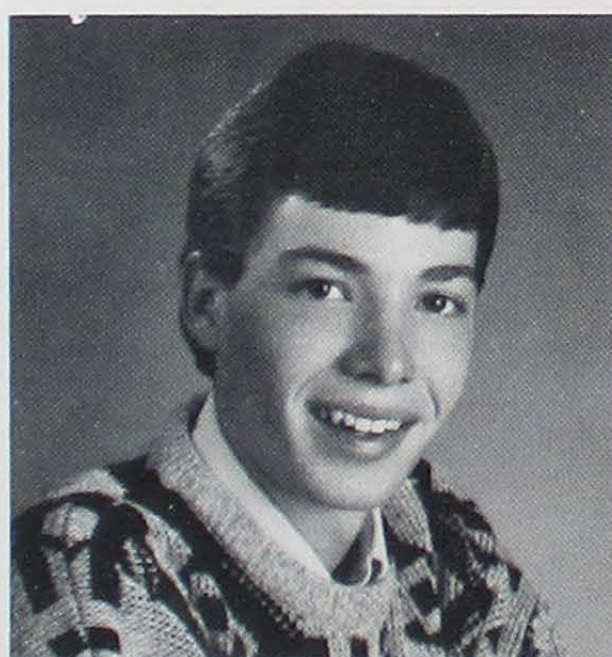
### Angela Doyle

Best wishes, Angela. You make us proud! With our love and admiration.  
Dad, Mom, Alison and Cale



# Valentino's Ristorante

PIZZA  
PASTA AND  
PIZZAZZ!



Senior employee Jeff Hamilton is always willing to serve you the pizza of your choice.

2500 Ferndale 233-2111

### Matt Cable

We are proud of who you are and what you have become. We love you.

Mom, Dad and Steve





## Ailurophobic

"The fear of crashing into an island of cannibals in a very expensive leer-jet."

-freshman Brian Parks

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## Beri-Beri

"The uncontrollable laugh caused by something that is so stupid that it's funny."

-sophomore Jason Holdredge

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"The annoying squares on the back of the shirt of someone who sits too close to the chalkboard."

-senior Steve Klein

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Using masking tape to create the word "Yippee" senior Angela Doyle waits patiently as senior Jessica Gowdy adds the finishing touches before commencement on May 24. (Photo by Whitney Olson)



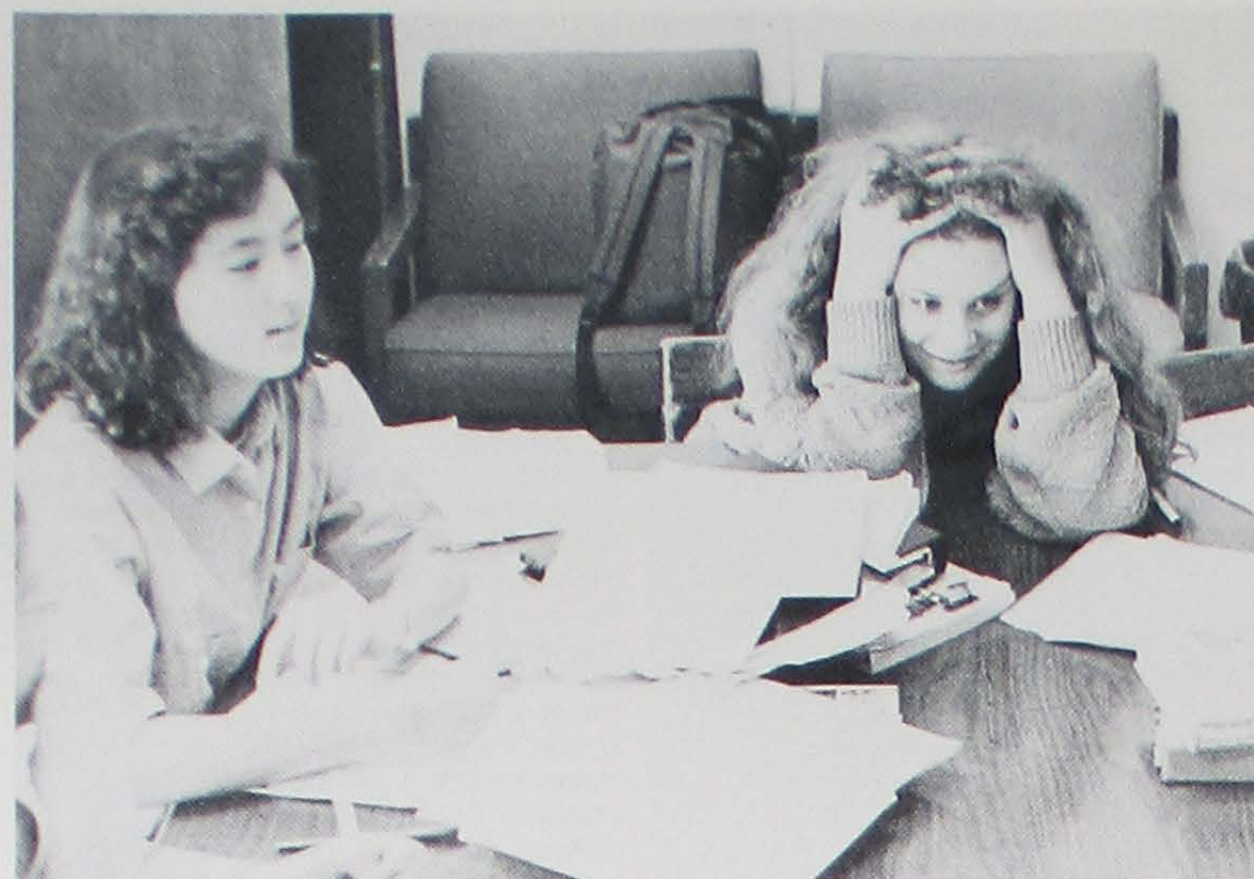
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"What Dr. Farrar becomes when he puts his arm around you and asks you how you're doing at a party."

-junior Kirstin Born

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At a Scratch Pad board meeting, senior co-editor Liz Cummings shows her frustration over a missed deadline. (Photo by Lanai Byg).

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## Eupepsia

"The caffeine high you get after drinking a Super Kwik Kwencher of Pepsi."

-sophomore T.J. Glen

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"It's something you say when you slip on a rock."

-junior Ken Doran

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"It's a new TV award for sports follies."

-freshman Chris Barrett

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"It's a polaroid camera that likes both sexes."

-sophomore Jessica Dejong

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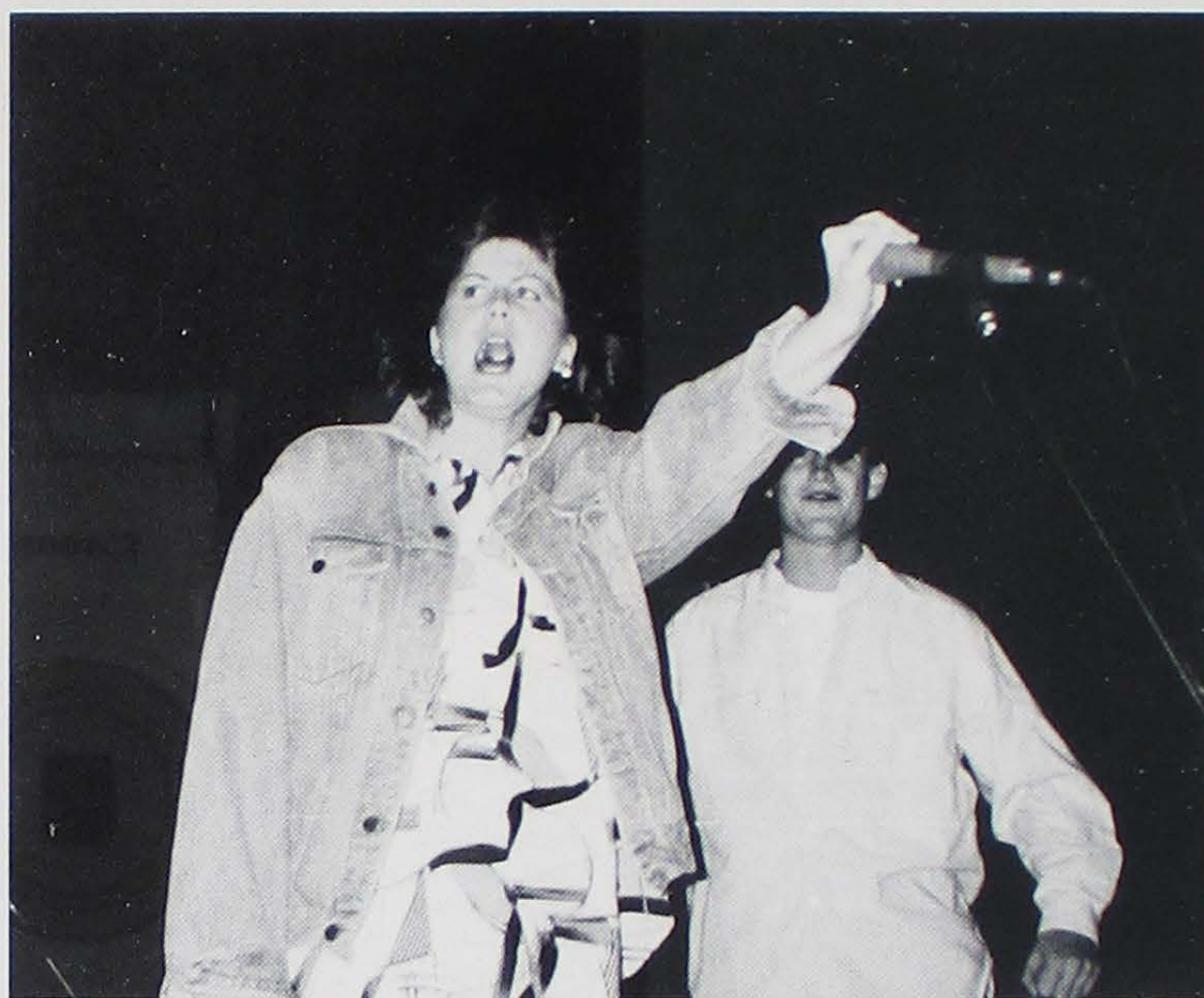
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## Impasto

"Something you buy at K-mart."

-junior Stephanie Davis



At the Key Club Luau, "Spirit" adviser Kendi Neff sings "Happy Trails" with Outrage. She sang because students donated money to see her on stage as a fundraiser for the Tom Jorgensen Fund. (Photo by Sarah Post)

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"Something that happens when you don't wear a bra."

-junior Laura Zachary

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## Khedive

"Fred Hoiberg's slam dunk that shattered the backboard of a basketball hoop."

-sophomore Lisa Petersohn

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## Lazulite

"A satanic Midget from hell."

-freshman Dragus Lawson

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As the first leg of the 4 x 400 girls' freshman relay, Jeanne Pugh edges out her competition at the Drake Relays on April 28. The freshman relay team finished first. (Photo by Doug Adams)

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## Moshav

"When girls shave their legs in the winter time with a lawn mower."

-junior Jessica Heath

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"What they will call geeks in the year 2000."

-senior Matt Booth

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"Someone who feels obligated to tell about their sexual exploits."

-junior Matt Meinhard

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"A chicken with the flu."

-sophomore Sarah Spear

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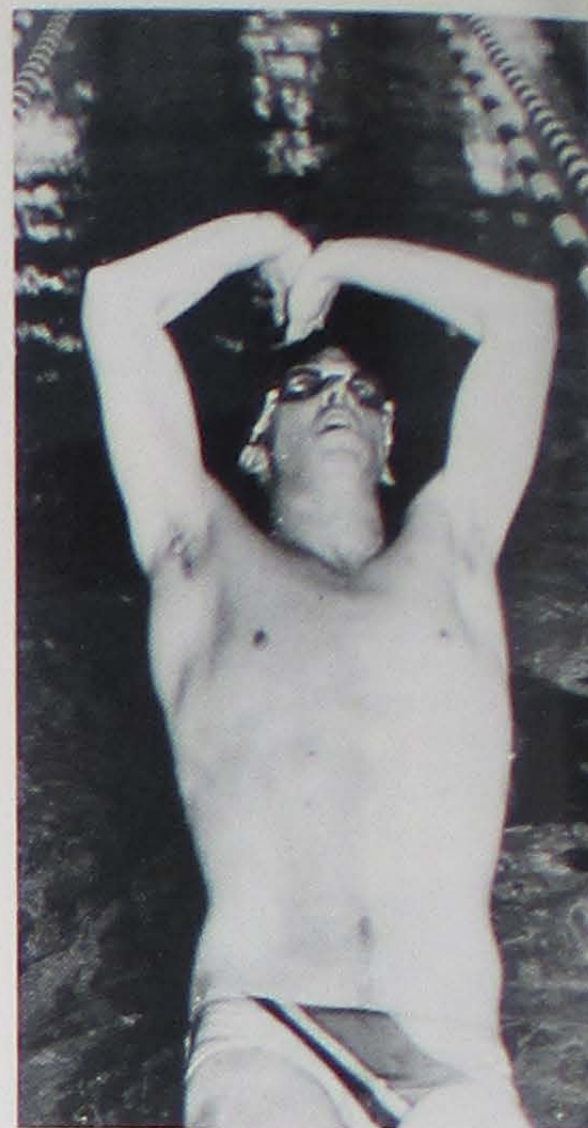
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## Quotidian

"A person who makes up quotes in history class."

-sophomore Jeff Brown

Quigley, Jon 189



Entering the water at the start of his 200 yard backstroke race, junior Quentin Crowner concentrates on his entry during a home meet against DM Hoover. (Photo by Chuck Bevolo)

## Rudesby

"A deformed Frisbee."

-sophomore Jason Hansen

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## Spittlebug

"A little bug that spits on you and lives in an Oak tree."

-freshman Brian Greving

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## Teasel

"A girl who can't take a joke."

-sophomore Ryan DeJoode

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To celebrate a touchdown, senior Phil Berger gets sprayed with flourescent orange string while seniors Eric Smith, Erik Surber and Pat Connolly look on during the quarter-finals football game. (Photo by Chuck Bevolo)



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## Volkslieder

"An interchangeable part put into Volkswagons by uncertified Volkswagen mechanics."

-junior Paul Clausius

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## Witenagemote

"A teacher with long blonde hair, size 10 feet and wears a fat tie."

-freshman Bona Leuth

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## Xylophagous

"First cousin of Snuffleupagus off my favorite show Sesame Street."

-senior Janet Rorholm

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## Yapock

"Animal slippers consisting of yaks or other creatures replacing socks."

-senior Steve Kle

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## Zebu

"A skinny 6'5" senior who pushes freshmen around in the halls."

-freshman Emily Olso

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**Note:** The English language is full of unique words. And students occasionally adopt new meanings for some of those words. The definitions on this and the preceding pages are the definitions some AHS students came up with for 26 such words.



Cooling off outside, juniors Amanda Jones and Krista Posegate discuss their after prom plans. Many students attended the after-prom party sponsored by junior parents. (Photo by Jayna Jarnagin)

## Ultimogeniture

"Multiple skateboard ramps in one area for thrashing pleasure."

-junior Rob Armstrong

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# Getting Serious!

"Spirit" Volume 77 was produced after hundreds of hours of work by a 29-member staff at Ames High School in Ames, Iowa. "Spirit" was printed by Walsworth Publishing Company in Marceline, Missouri. The multi-million dollar account was serviced by company executive Donald Trump. (Just checking to see if you're paying attention). Actually it was serviced by company representative Verna Sturtevant and customer service representative Carmen Thomas.

The theme, "GET SERIOUS!" was created by the editors at a hot and stressful Ball State journalism camp in July of 1988. "Get serious" is a common saying for "yeah, right," and it gives a "fun" message to the book. Another connotation is that students took a variety of things seriously, ranging from sports to studies, excelling in many. It relates to all aspects of Ames High, both serious and not-so-serious.

The cover and endsheets were designed by design editor, ads design editor and artistic genius Sarah Post (Confucius say pg. 7)! The "GET" is printed 72 point Helvetica in silver foil, with the triangle background 100 percent Flag Blue (Tempo 305), the circle 100 percent Cerise (Tempo 600) and the horizontal lines Spring Green (Tempo 403). Geometric shapes spell out "SERIOUS" using Cerise (Tempo 600) and Flag Blue (Tempo 305) as applied color. The entire cover is on a 70 percent black screen. Sarah also designed some spiffy sweatshirts which the staff purchased and made everyone in the school jealous because they were so cool.

The 256 pages were printed on gloss double-coated enamel 80-pound paper. Body copy is 10 point Helvetica, captions are 8 point Helvetica with an 18 point raised initial overburned on a 30 percent black rectangle, and bylines are 8 point Helvetica Bold. Headlines and other copy are set in Helvetica, Helvetica Bold, Palatino, Jefferson and Avant Garde.

The folios, parts of the cover, artwork and index letters were submitted as camera-ready art using black and color screens. Screens are done in 10, 20, 30, 50, 70 and 100 percent black and process color. The geometric shapes in the Table of Contents are repeated in their respective sections as shapes in headlines. Each section has two mini-feature spreads. Columnar layout is used throughout the book, as well as the "trendy" plus-column effect in the Student Life and Sports sections, the opening spreads and the dividers.

In the Student Life section, "You Can't be Serious!," all headlines are 72 point Avant Garde Bold with a capital letter overburning a 50 percent Flag Blue (Tempo 306), Cerise (Tempo 600), Spring Green (Tempo 403), or 30 percent black rectangle and have an 18 point Avant Garde subhead. The Classes and Clubs section, "This is Serious Stuff," has 60 point Palatino headlines, with a capital letter overburning either a 30 percent black square or a 50 percent Flag Blue (Tempo 306) square. A double-decked 18 point Palatino headline follows. The Sports section, "Get a Move on it," has 72 point Jefferson headlines with a 98 point Jefferson raised initial overburning a 30 percent black or 50 percent Cerise (Tempo 600) triangle and has 18 point Helvetica kickers. Scoreboards and team photos are enclosed by a 30 percent black shadow box. The People section, "But Seriously Folks," consists of 60 point Helvetica headlines overburning a 20 percent black screen box. "Getting Down to Business," the Ads section, uses freeform layout. The Index, "Get a Clue," uses camera-ready artwork and black screens.

Five insane staff members attended summer journalism camps at Iowa State and Ball State to prepare themselves for the challenge of creating a yearbook. The staff also attended the Iowa High School Press Association (IHSPA) state conference in Ames (it was a long drive).

The 1988 "Spirit" received second-place sweepstakes honors in the IHSPA fall yearbook contest. It also received a Medalist Certificate in the Columbia Scholastic Press Association competition and an All-American rating in the National Scholastic Press Association competition, much to rookie adviser Kendi Neff's delight.

We want to thank everyone who helped us produce this book: "The Daily Tribune" and Ames businesses, the Media Center Staff for their patience when we messed up the media center, Sorn Somsanith for his patience, our parents for their patience, and especially the staff who helped make it all come together (even though they weren't very patient)! We'll miss you guys! Also, a round of applause goes to our friend, sidekick and adviser, Kendi Neff, who puts up with more than she should have to for the amount of money she gets paid.

As we bid "adieu" to Room 202, the computers and the 1989 staff, we'll leave with one piece of advice . . . GET SERIOUS!

**-co-editors-in-chief, Carrie Stidwell and Adriana Platt**







When the days were crossed off Senior Countdowns and graduation caps stopped their flight, the school doors closed and the year was history, allowing us to finally kick back, relax and

## Get Serious!

**Y**ippee! We did it! After a million days of school we are outta here!"

"I know — it's awesome. I was worried for awhile; with two weeks of school left I still had two make-up gym classes and a research paper due before I could graduate. But now I have my diploma in my hot little hand and I can concentrate on important things . . . like getting a serious tan!"

"Speaking of diplomas and graduation, wasn't commencement cool? The slide show and speeches brought back memories of things I had totally forgotten, all the way from first grade to 12th grade!"

"And don't forget the reappearance of the pencil sharpener handles that people handed the school board president when we received our diplomas — that was hilarious!"

"I bet the teachers were glad to get them back, but they were probably happier to get us out of their classes!"

"No doubt! But during the last month of school everyone was getting out of their classes with the Drake Relays, Veish-ea, the choir tour . . . not to mention those other days when we were just too sick to come to school."

"Yeah, what a coincidence that the days it was beautiful outside, we just didn't feel very well, huh? Oh well, we were so busy going to graduation parties, going to track meets and watching 'Damn Yankees', that we had more serious things to think about than school."

"Yeah, like getting a tan!"

"Give me a break, is that all you're thinking about? What about those freshmen who still have three years to go? What advice would you give to them to help them survive?"

"Well, to quote Charles Dickens (see, I did learn something in school!), in high school there are the best of times and the worst of times, but there is always enough time to get serious!"

**I**nstead of doing the 'hula' at a Hawaiian graduation party held at Beamers, sophomores Chad West and Fungai Muyengwa jam in a different way while wearing Hawaiian attire. (Photo by Carrie Stidwell)



**T**he month of May was packed with senior graduation parties which were held in a variety of places. Students attempt to form a giant human pyramid at a party held in the ISU football stadium on May 3. (Photo by Carrie Stidwell)

**A**s members of the Concert Chorale, senior Rick Kirkpatrick, junior Kris Oslund and senior David Nickum perform a song using percussion instruments. The choir was directed by Gary Schwartzhoff. (Photo by Doug Adams)







**C**ollapsing after the 4x800, junior Brian Campbell catches his breath. Ames captured its fourth consecutive Class 4-A title, proving when it came to track, the team got serious! (Photo by Doug Adams)



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